

On the roads

It's time to become a Goodfellow By Johnny 'O

Goodfellows has contributed thousands of dollars to Club Kokomo and CK's Coyote Kids program, and for eight years CK members have returned the favor by becoming Goodfellows and assisting the all-volunteer group in bringing smiles to needy children's faces during the Christmas season. It is that time for Club Kokomo members to sign up and become a Goodfellow.

Center Township Trustee office, Club Kokomo, Kokomo Firefighters, Kokomo Tribune, and the Marine Corps League helped Goodfellows during registration and shopping last year. Johnny 'O asks Club Kokomo members to spend three hours helping Goodfellow recipients shop this year at Meijer Dec. 14 (Sunday) and Dec. 16 (Tuesday). The dates are designated as Club Kokomo volunteer dates.

It is easy to become a Goodfellow. Just contact Johnny 'O at (765) 438-9545, or email john_wiles_150@comcast.net

Last year, Goodfellows, including 37 CK volunteers, provided clothing to more than 1,000 children in Howard County. Goodfellows is the only organization that can say that all the money it receives from We Care is used at Christmas to purchase clothing for needy children in Howard County.

Goodfellows also receives individual and corporate donations. Money from these sources not spent on the Christmas program is used for scholarships and other youth programs, such as Coyote Kids. As it has for several years, Goodfellows donated \$2,500 to Club this year.

At 104 years old, Goodfellows is the oldest Christmas gift program in Howard County. It was started by Kokomo Tribune employees in 1911. The program now is a not-for-profit organization that is directed by a community-based volunteer board of directors. There are no paid staff positions.

Jean Lushin, Center Township Trustee, has been the Goodfellows' unpaid volunteer director for 35 years. Johnny 'O has been associated with Goodfellows for 44 years. He is a member of its board of directors.

Johnny 'O is proud that fellow CK member Charlie Skoog received Goodfellows' 2008 Volunteer of the Year Award.

Charlie has led the charge the last eight years in recruiting CK members for Goodfellows. CK Goodfellows help bag recipient clothes or use hand-held scanners to total dollar amounts before applicants go through the cash register lines at Meijer's in December.

Approved families receive vouchers for clothing. Parents will redeem the vouchers at Meijer's from 6 p.m. to 9 p.m. Dec. 14-18. Recipients are assigned a specific day to shop with the number of shoppers each session based on the total number approved for assistance. Last year, about 150 families shopped each night.



CLUB MEETING—MONDAY, NOV. 10TH 6 P.M. AT MARTINO'S ITALIAN VILLA

1929 N Washington, Kokomo,

Social Hour @ 5 p.m. soft drinks will be provided!!!

CK Awards Committee will meet following the November club meeting - Please contact Ricke Stucker for questions

28th Annual Cole Porter 5K/15K Runs October 04, 2014 Peru, IN

15K Run

- 1 Parker Jones 54:39.2
- 2 Nicholus Hippersteel 55:35.0
- 3 Chris White 57:20.7
- 4 Braden Timmons 59:23.0
- 5 Clifford Lane 59:57.7
- 6 Steven McDorman 1:05:11.4
- 7 Travis Marley 1:05:35.3
- 8 Noel Shafer 1:05:56.7
- 9 Lance Gallahan 1:06:08.3
- 10 Shane Kirkpatrick 1:10:29.3
- 11 Benjamin McFarland 1:10:42.3
- 12 Victor Lopez 1:10:42.4
- 13 Unknown 1:10:44.4
- 14 Kyle Tolliver 1:11:41.2
- 15 Brian Wright 1:12:05.8
- 16 Gwen Grimes 1:13:12.3
- 17 Robert Wise 1:13:19.9
- 18 Jeff Butts 1:13:45.6
- 19 David Springer 1:14:04.6
- 20 Kirk Robinson 1:14:18.9
- 21 Jacob Riley 1:15:35.3
- 22 Nick Butts 1:18:01.2
- 23 Shomay Sarver 1:18:07.0
- 24 Bernadette Lane 1:18:18.1
- 25 Jana Skoog 1:18:47.9
- 26 Mike Deardorff 1:22:04.7
- 27 Dave Carl 1:22:49.6
- 28 Jenny Draper 1:22:56.9
- 29 Ashley Shanks 1:23:20.9
- 30 Barb Millsbaugh 1:23:25.8
- 31 Ivan Lopez 1:24:35.0
- 32 Patricia Hamm 1:24:38.2
- 33 Rosellen Connolly 1:25:58.4
- 34 Amy Million 1:26:45.6
- 35 Alissa Stalter 1:27:01.7
- 36 Baily Beiswanger 1:27:48.7
- 37 Don King 1:28:16.4
- 38 Oscar Wells 1:28:27.8
- 39 David Reinagle 1:29:02.9
- 40 Kim Anderson 1:29:56.7
- 41 Jane Horner 1:30:03.2
- 42 Jerry Prickett 1:31:24.7
- 43 Justin Wall 1:31:56.6
- 44 Carrie Gallahan 1:32:17.0

- 45 Terri Jackson 1:32:23.2
- 46 Luann Neff 1:32:27.3
- 47 John Peters 1:32:32.7
- 48 Grace Atkins 1:32:35.3
- 49 Markus Fuller 1:32:35.3
- 50 Jason Cary 1:33:18.2
- 51 Mike White 1:33:18.4
- 52 Mitch Haper 1:33:18.7
- 53 Betsy Reinhardt 1:33:48.8
- 54 Mary Scully 1:34:44.4
- 55 Susan Scagnoli 1:34:45.6
- 56 Michael Warnock 1:34:52.2
- 57 Lori White 1:35:27.6
- 58 Gregory Townsend 1:36:44.1
- 59 Marianne Wilson 1:47:44.7
- 60 David Hughes 1:49:29.2
- 61 Wanda Miller 1:54:20.2
- 62 Steve Sohm 1:55:51.5
- 63 Sarah Sheaver 2:09:27.8

5K Run

- 1 Alex Kuepper 20:00.1
- 2 Samantha Raber 20:15.4 1st woman
- 3 Jeff Sinkovics 20:36.8
- 4 Blake Trigg 21:45.3
- 5 Gary Callahan 22:10.7
- 6 Aaron Craig 22:18.0
- 7 Phil Rozzi 22:25.0
- 8 John Conner 23:17.4
- 9 Lori Working 24:19.3
- 10 Kenneth Dingman 24:22.7
- 11 Chloe Strong 24:28.1
- 12 Ronnie Greene 24:35.8
- 13 Vernie Criswell 24:47.6
- 14 Michael Graham 24:49.4
- 15 Cara McKellar 25:07.6
- 16 RJ Kerr 25:15.6
- 17 Anna Rangel 25:16.5
- 18 Elizabeth Smith 25:19.2
- 19 Mark Shorter 25:32.2
- 20 Jim Koontz 25:55.8
- 21 Rebecca Baber 26:13.2
- 22 Warren Tierney 26:15.8
- 23 Michael Gaskins 26:33.7
- 24 Tony Brewer 26:45.1
- 25 Trish McCarty 27:05.4
- 26 Max Elmore 27:26.0
- 27 Polly Irwin 27:29.7
- 28 Mike Daugherty 27:30.4
- 29 Scott Deyoe 27:48.8
- 30 Zac Butts 27:51.5
- 31 Craig Johnson 27:55.2

- 32 Emilie Hubbard 27:56.1
- 33 Larry Chalos 27:58.3
- 34 Ann Hubbard 28:12.8
- 35 Brian Arwood 28:19.2
- 36 Sarah Kotterman 28:25.5
- 37 Rudy Suryantoro 28:32.5
- 38 Sarah Gibson 28:38.2
- 39 Lisa Frank 28:47.9
- 40 Austin Jump 29:33.5
- 41 Mariana Stout 29:33.7
- 42 Rip Hudson 30:15.0
- 43 Whitley Sunday 30:15.7
- 44 Tom Miklik 30:36.8
- 45 Bill Barnett 30:36.8
- 46 Tami Baker 30:38.1
- 47 Michael Judson 30:40.6
- 48 AJ Bytnar 31:15.0
- 49 Emily Foreman 31:31.2
- 50 Kyle Armstrong 31:54.4
- 51 Braxton Armstrong 31:54.6
- 52 Anabel Maldonado 31:55.6
- 53 Donieta Ross 31:57.1
- 54 Ethan Snyder 32:10.7
- 55 Mat Snyder 32:15.3
- 56 Kari Abbott 33:47.7
- 57 Sara Sarver 34:03.1
- 58 Melissa Duckwall 35:23.2
- 59 Kathy Snyder 35:23.3
- 60 Amy Hyndman 36:49.9
- 61 Angie Siders 37:06.8
- 62 Kathryn Wall 37:26.7
- 63 Mike Steele 38:40.1
- 64 Alisha Boyd 39:04.4
- 65 Heather Kendall 39:24.2
- 66 Jeffrey Bracht 39:32.6
- 67 Michelle Fishburn 40:02.3
- 68 Kara Robinson 40:16.2
- 69 Abner Hechanova 40:27.2
- 70 Lorie Beckley 41:01.3
- 71 Bruce Savage 42:11.8
- 72 Makayla Taque 42:15.4
- 73 Holly Hurlburt 42:23.9
- 74 Charity Musselman 42:24.9
- 75 Jim Berkshire 42:53.4
- 76 Amara Laycock 43:05.4
- 77 Christina Glenn 44:12.0
- 78 Diana Brehmer 44:12.4
- 79 Sue Keller 45:22.3
- 80 Gloria Taque 48:06.5
- 81 Sally Chalos 52:21.7
- 82 Ben Dandino 1:00:31.0
- 83 Rick Dandino 1:08:09.7

5K Walk

- 1 Vince Lorenz 25:39.3
- 2 Mary Miller 32:34.5 1st woman
- 3 Greg Wall 35:28.8
- 4 Della Glassburn 35:47.1
- 5 Vernon Keller 36:39.4
- 6 Carissa Mongosa 36:51.5
- 7 Toney Lorenz 38:27.3
- 8 Jan Wall 38:36.8
- 9 Stephen Wilson 38:37.8
- 10 Macee Strycker 39:39.8
- 11 Carrie Strycker 39:40.9
- 12 Meredith Wagner 39:57.3
- 13 Bob McBride 41:08.3
- 14 Kyle Lindsey 41:09.7
- 15 Michelle Nichols 41:12.3
- 16 Diana Harmon 41:14.6
- 17 Kimberly Richardson 41:21.7
- 18 Chari Deyoe 41:22.5
- 19 Sharon Petty 41:31.2
- 20 Kurt Krauskopf 41:31.7
- 21 Kevin Whitted 41:45.8
- 22 Anita Dillman 42:32.1
- 23 Carrie Williams 42:32.7
- 24 Risa Krauskopf 43:23.1
- 25 Sofia Stout 43:33.6
- 26 Robin Michael 44:20.5
- 27 Rita Clingaman 44:29.2
- 28 Madelyn Strycker 45:00.1
- 29 Kathy Kranz 45:00.2
- 30 Jason Birchmeier 45:41.8
- 31 Mary Brown 45:57.7
- 32 Pam Wiles 46:00.5
- 33 Juanita Wiles 46:00.6
- 34 Mary Betzner 46:02.8
- 35 Jenny Lindsey 47:02.1
- 36 Erica Huffman 47:25.5
- 37 Mary Berkshire 47:31.1
- 38 Janet Warder 47:50.2
- 39 Jayne Stucker 48:22.5
- 40 Delaney Roseberry 48:22.6
- 41 Karen Foreman 49:06.3
- 42 Linda Allen 50:02.6
- 43 Brandi Keith 50:18.3
- 44 Chloe Keith 50:19.5
- 45 Vicki Lederle 50:51.0
- 46 Jim Lederle 50:59.8
- 47 Angela Lorenz 51:26.0
- 48 Brandi Wernz 51:59.0
- 49 Carol Savage 53:50.1
- 50 Todd Leininger 56:21.3
- 51 Martha Sipe 58:43.0
- 52 Marcia Appleton 58:50.6

Dec Newsletter Deadline

Do you have something for our December newsletter? Please forward it to me by Nov. 28th for publication.

Call for articles

Do you have something to share with our members? I am looking for those who would like to share their encouraging story or uplifting result with our members. Please email me at JBM1100@gmail.com

Wednesday Night Race Results

Jackie Sanders Miracle Mile Wednesday, Oct 1, 2014 Highland Park Walk/Bike Path

1. Parker Jones 5:47
2. Kayla Bullock 6:55
3. Ron Moore 7:17
4. Hannah Moore 7:21
5. Jacob Vanhorn 8:01
6. Charlie Skoog 9:10
7. Randy Miller 9:26
8. Jenny Tudor 9:37
9. Ethan Snyder 10:07
10. Melissa Jones 10:29
11. Kathy Snyder 10:35
12. Geana Moore 11:01
13. JoDee McClish 11:44
14. Bruce Savage 12:35
15. Valerie Miller 13:43
16. Amanda Bell 14:46
17. Jerry Leach 14:48
18. Theresa Barlow 14:48
19. Shirley Bugher 16:49
20. Carol Savage 17:22
21. Sue Phifer 17:22
22. James Bell 17:24
23. William Henry 17:24

Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Christian High 22:00
2. Parker Jones 22:00
3. Anna Bullock 28:34
4. Charlie Skoog 29:34
5. Ethan Snyder 34:50
6. JoDee McClish 37:20
7. Audrey Miller 37:55

Jackie Sanders Miracle Mile Wednesday, October 8, 2014 Highland Park Walk/Bike Path

1. Noah Gallaher 7:44
2. Jacob Vanhorn 7:46
3. Dorian Gray 8:48
4. Jenny Tudor 9:37
5. Melissa Jones 10:26
6. JoDee McClish 12:10
7. Ethan Snyder 12:57
8. Jeff Freeman 13:57
9. Amanda Bell 14:11
10. Bruce Savage 14:52
11. Sue Phifer 15:28
12. Shirley Bugher 17:03

Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Christian High 22:21
2. Noah Gallaher 24:18
3. Parker Jones 24:23
4. Gwen Grimes 24:23
5. Mike Daugherty 28:04
6. Dorian Gray 30:18
7. Mark Schelbert 31:00
8. Matt Snyder 33:09
9. JoDee McClish 38:26
10. Jeff Freeman 43:30

Jackie Sanders Miracle Mile Wednesday, October 15, 2014 Highland Park Walk/Bike Path

1. Steve McDorman 5:54
2. Christian High 6:42
3. Kayla Bullock 6:45
4. Paul Sanders 6:52
5. Jacob Vanhorn 7:42

6. Parker Jones 7:55
7. Gwen Grimes 8:03
8. Charlie Skoog 8:19
9. Jennifer Miller 8:54
10. Bruce Savage 12:59

Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Parker Jones 21:03
2. Christian High 21:03
3. Paul Sanders 21:48
4. Ashley Shanks 25:31
5. Anna Bullock 26:45
6. Charlie Skoog 27:30
7. Max Elmore 28:35
8. Jennifer Miller 29:20

Jackie Sanders Miracle Mile Wednesday, October 22, 2014 Highland Park Walk/Bike Path

1. Parker Jones 5:03
2. Byron Bundrent 5:26
3. Tom Abney 5:43
4. Paul Sanders 6:42
5. Kayla Bullock 7:09
6. Joseph Packard 7:11
7. Jacob Vanhorn 7:18
8. Jennifer VanHorn 8:09
9. Sonja Glover 8:46
10. Scott Glover 8:47
11. Jennifer Miller 9:05
12. Jenny Tudor 10:00
13. Melissa Jones 10:51
14. Audrey Miller 12:11
15. Bruce Savage 12:34
16. Jeanine Elmore 14:23
17. Jerry Leach 14:32
18. Shirley Bugher 16:30
19. Carol Savage 16:54

Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Weston Gingerich 20:13
2. Tom Abney 20:14
3. Christian High 21:37
4. Paul Sanders 21:49
5. Parker Jones 23:05
6. Kayla Bullock 23:09
7. Gwen Grimes 23:13
8. Anna Bullock 26:46
9. Charlie Skoog 26:56
10. Max Elmore 27:12
11. Dorian Gray 32:05
12. Jennifer Miller 33:08
13. Audrey Miller 33:49
14. Jeff Freeman 42:49

Jackie Sanders Miracle Mile Wednesday, October 29, 2014 Highland Park Walk/Bike Path

1. Wes Gingerich 6:48
2. Charlie Skoog 8:58
3. Jenny Tudor 9:48
4. Sean Day 10:01
5. Leeann Cianteo 10:56
6. Shirley Bugher 16:50

Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Wes Gingerich 19:25
2. Parker Jones 19:26
3. Charley Werst 22:15
4. Kayla Bullock 24:10
5. Gwen Grimes 24:19
6. Joseph Packard 26:00
7. Anna Bullock 26:21
8. Charlie Skoog 26:42
9. Max Elmore 27:07



**Jackie Sanders Miracle Mile – 5:45 p.m.
Joe Kidd Rangel 5K – 5 p.m.**

Free to ALL – at Highland Park
Registration located at concession stand

Thanksgiving Day-Kokomo Cares Run

Come on out on Thanksgiving morning for a 5K run/walk that has become a family tradition for many. The entry fee is \$10 per person and all proceeds go to "We Care" at WWKI. There are no frills and no t-shirts, but there are medals to all finishers and a pie drawing before the race. Grace Fellowship Church provides home-made cookies for refreshments. We begin the Christmas season kickoff with Christmas music to run by! What is better than a brisk walk/run before a HUGE Thanksgiving dinner?

You can register early and send your check to CKRR % Mark Shorter at 2936 Congress Dr, Kokomo, IN 46902. The forms can be found on our facebook page.

Race day registration for the run starts at 6:30 a.m. in Rodger's Pavilion and goes until 7:30. The race starts at 8 AM at the snack stand in Highland Park. Invite friends and family to join you for this great fund raiser for We Care so YOU can be a part.

If you haven't volunteered this year for club points we can always use you. I have 3 so far. Please contact us at least a week before the race. Better yet, if you want to volunteer call at 878-4457 (home) and leave a message or email us at rayrobin@email.com. Thank you!

See you there! Ray and Robin Tetrault

Runner 0-12

Female

Nicholson, Natalie 95-5
 Moore, Hannah 87-5
 Wyman, Sophia 72-5
 Weber, Lauren 54-4
 Kantz, Ella 40-2
 Shanks, Arianna 30-2
 Weber, Natalie 21-2
 Gollner, Esther 15-1
 Felker, Elizabeth 10-1

Male

Studebaker, Alex 174-10
 Van Horn, Jacob 85-5
 Hughes, Jonah 75-4
 Wyman, JP 57-4V
 Moore, Corey 40-2
 Gollner, Nathan 20-1
 Shanks, Clayton 20-1
 Cleaver, Jake 15-1

Runner 13-19

Female

Getts, Bronwyn 95-5H
 Bullock, Anna 82-5V
 Bullock, Kayla 82-5
 Merrick, Valerie 35-2
 Abney, Allison 20-1
 Cleaver, Madison 20-1
 Gollner, Sarah 20-1V
 High, Hannah 20-1
 Jones, Carly 20-1
 Ladow, Jillian 20-1H
 Gollner, Hannah 10-1

Male

Timmons, Braden 340-17MHH
 Hughes, Noah 57-4
 Nicholson, Nathan 50-3
 Anderson, Alex 27-2
 Breedlove, Jeremy 20-1
 Bettegnies, Samuel 15-1
 Elliott, Austin 15-1
 Moser, Chase 12-1

Runner 20-24

Female

Grimes, Gwen 164-9
 Hubbard, Emilie 160-9
 Kennedy, Kelsey 62-4
 Longwith, Amber 35-2
 McCracken, Nikki 35-2H
 High, Kasey 20-1
 Hoch, Natalie 20-1

Male

Kennedy, Kory 300-15
 Jones, Billy 12-1

Runner 25-29

Female

Wall, Kathryn 200-10
 Tetrault, Megan 40-2HH
 Heflin, Laura 30-2

Male

Jones, Parker 155-8H
 Ousley, Jordan 145-8HV

Walker 25-29

Male

Lorenz, Vince 320-16HV

Runner 30-34

Female

Shanks, Ashley 205-11HH
 Goad, Melissa 140-7H
 Leger, Valerie 35-2V
 Anderson, Angela 32-2V
 Monroe-Boley, Rebekah 15-1

Male

Anderson, Michael 100-5HV
 Leger, Luke 20-1V

Runner 35-39

Female

Van Horn, Jennifer 265-14H
 Wright, Kelly 60-3H
 Moore, Geana 47-3
 Gollner, Angie 35-2

Male

Lasley, Chris 180-9H
 Wright, Maurice 55-3H

Walker 35-39

Female

Tudor, Jenny 180-9
 Huffman, Erica 100-6

Runner 40-44

Female

Weber, Heather 180-9MH
 Nicholson, Michele 75-4
 Culp, Dana 67-4H
 Felker, Lora 32-2H
 Kantz, Anne 30-2
 Bettegnies, Stacey 27-2
 Weitzel, Patty 20-1V
 Cleaver, Brooke 10-1

Male

Craig, Aaron 267-15HV
 High, Christian 215-11MHH
 Hill, Keith 180-13HH
 Tomlinson, Brad 95-5HH
 Reinagle, David 72-4HH
 Nicholson, Stu 42-3
 Weber, TA 25-2
 Gollner, Steve 20-1V
 Kirk, Aaron 20-1H
 Riggie, Scott 20-1

Walker 40-44

Female

Bullock, Sheree 60-3V

Runner 45-49

Female

Moore, Tami 155-8MH
 Cook, Laura 152-9
 Wyman, Shelly 135-7MHV
 McCracken, Joni 80-4H
 Anderson, Kim 20-1
 Snow, Suzie 15-1
 Gruel, Carrie 10-1
 Wiles, Bea 9-1

Male

Shafer, Noel 345-18MHH
 Graham, Michael 218-16V

Priest, Jay 115-6MHH

Moore, Ron 89-6
 Wyman, Paul 79-5V
 Getts, Paul 64-5H
 Weitzel, Virgil 49-3H
 Abney, Tom 40-2
 Lutes, Daniel 20-1M
 Werst, Tommy 20-1H
 Merrik, Steve 9-1

Walker 45-49

Female

Savage, Carol 165-9
 Price, Lisa 80-4

Runner 50-54

Female

McKellar, Cara 375-19UV
 Hubbard, Ann 222-16
 Ousley, Laurie 181-12H
 Studebaker, Kelly 157-13HH
 Wilson, Marianne 116-10
 Freeman, Pam 37-3H
 Anderson, Nancy 22-2

Male

Tierney, Warren 265-18HV
 Neer, Dana 240-12HV
 Rozzi, Phil 227-13UHV
 Deyoe, Scott 202-13HHV
 Olsen, Paul 30-2H
 Anderson, John 27-2
 Cleaver, Tom 9-1

Walker 50-54

Female

Miller, Mary 340-17H
 Deyoe, Chari 80-5H
 Heflin, Jean 35-2

Male

Whitted, Kevin 220-11

Runner 55-59

Female

Skoog, Jana 295-15HH
 Rangel, Anna 270-15UH
 Tetrault, Robin 206-13MHHV
 Upchurch, Anita 101-7H
 Barnes, Mary 91-7H
 Barlow, Theresa 20-1V
 Boles, Vicki 20-1V

Male

Deardorff, Mike 214-12HH
 Kerr, RJ 180-10
 Tetrault, Ray 166-11V
 Freeman, Jeff 120-9HHV
 Savage, Bruce 96-8
 Townsend, Greg 77-5V
 Strong, Earl 60-3H
 Rodgers, Mark 40-2H
 McAndrews, Keith 35-2
 Meiring, Jerry 27-2
 Ladow, Jeff 20-1H

Walker 55-59

Female

Stucker, Jayne 180-9V
 Inman, Jane 20-1H

Male

Clements, Damon 80-4UM
 Inman, Steve 20-1H

Runner 60-64

Female

Keller, Sue 324-19HH
 Cole, Robin 220-11
 Bugher, Shirley 201-16
 Townsend, Jeannie 47-3V
 Acton, Rhenda 30-2

Male

Greene, Ron 320-15MHH
 Shorter, Mark 263-17HV
 Skoog, Charlie 229-14HHV
 Menges, Billy 56-5
 Miklik, Tom 44-3H
 Kilcline, Steve 20-1V
 Kilcline, Steve 20-1V
 Spencer, Rick 20-1V

Walker 60-64

Female

Wall, Jan 300-15H
 Williams, Carrie 252-16
 Hobbs, Barbara 94-6HH
 Lorenz, Angela 12-1

Male

Keller, Vernon 355-18HH
 Wall, Greg 235-15H
 Lorenz, Toney 232-17HV
 Wilson, Stephen 103-9V
 Hobbs, Melvin 83-6HH

Runner 65-69

Male

Hughes, David 337-18HV
 Stucker, Ricke 65-4V
 Leininger, Phil 40-2V
 Barnett, Bill 20-1

Walker 65-69

Female

Dillman, Anita 340-17
 Rutherford, Mary Lou 145-9H
 Brown, Diane 20-1V

Male

McBride, Bob 290-15
 Michael, Robin 225-14

Runner 70-74

Female

KleinKnight, Sarah 60-3
 Gerhart, Susan 20-1H

Male

Peters, John 180-10V
 Stanton, Billy 160-8
 Shuey, Stan 92-5V
 Sullivan, Dale 30-2

Walker 70-74

Male

Mohr, John 235-13H
 Gross, Jim 140-7
 Coughlin, Dan 20-1V

Walker 75-79

Male

Lambert, Jerry 140-7H

Runner 80+

Male

Case, Riley 100-5

2015 CKRR Race Calendar

- 14-Feb CK Sweethart Race 5K (V)**
- 14-Mar Old Ben5K-Kokomo
- 21-Mar Norris-Amboy 5K 9AM
- 4-Apr CK Ultimate10m, 5m Logansport (V)**
- 9-May Norris-Kokomo 8:30AM
- 16-May MCF Prison Breakout 5K Bunker Hill
- 13-Jun Norris-Greentown 5m 8AM
- 20-Jun Bona Vista 5K Kokomo
- 4-Jul Haynes-Apperson 4m,3m,1m Kokomo (V)**
- 11-Jul Race for Grace 5K Logansport
- 18-Jul Panther Prowl 5K Russiaville
- 25-Jul Jerome Active Water 5K
- 1-Aug Norris-Converse 5K 8AM
- 15-Aug Cam Race for Shelter 5K Kokomo
- 22-Aug Runnin the Shores 5K Kokomo
- 5-Sep Steps to Recovery Kokomo
- 12-Sep CK GNO 5K 5PM Kokomo (V)**
- 26-Sep Bee Bumble 10k, 5K Burnettsville
- 3-Oct Cole Porter 15K, 5K Peru
- 17-Oct Saints on the Run 5K
- 7-Nov CK Charity Run 5K Kokomo (V)**
- 26-Nov CK CARES 5K Kokomo (V)**
- 31-Dec CK NY Eve 5K2PM Kokomo (V)**

Notable Highlights!

- Scott Riggle placed 9th in his age division (93 overall) in the Purdue Half Marathon on Oct 18, 2014 with a total time of 1:38:44.8, which meant a pace of 07:31.
- Matt York placed 1st in his age division (6 overall) in the Purdue Half Marathon on Oct 18, 2014 with a total time of 1:19:30.0, which meant a pace of 06:03.
- Ron Greene completed the Bank of America Chicago Marathon with a time of 4:20:08
- David Reinagle completed the Purdue Half as well with a time of 2:18.
- Kelly Studebaker completed the Purdue Half with a time of 2:23:46 as well as the Adams Mill Half Marathon on Oct 4th with a time of 2:48:11.
- Jeff Freeman completed the Loveland Half Marathon on Oct 19th.
- Brayden York ran in the 5K on Oct 18, 2014 at Purdue with a total time of 22:41.0 and a pace of 07:18.
- Keith Hill ran the Green Lake 13.1 with a time 1:58.06
- Dan Lutes completed the Jackson Hole Marathon on Aug 30th with a time of 3:50:48 finishing 25th of 179 overall and 5th of 30 in Age M50-59.
- David Hughes completed the Parlor City Trot Half Marathon on Aug 30th in Bluffton with a time of 2:42:49
- Ashley Shanks completed two half's this summer – the Iscream Half in Portage, In on Aug 31st and then the Inaugural Queen Bee on Oct 11th in Cincinnati, Ohio
- Robin Tetrault completed the St Louis Marathon with a time of 5 hrs 55 minutes.
- Braden Timmons completed the Parlor City Trot with a time of 1:28:02.2 which meant a pace of 6:43.
- Noel Shafer also completed the Parlor City Trot with a time of 1:48:02.7 which meant a pace of 8:15.
- Earl Strong finished 564 over all in the Fort4Fitness Half Marathon on Sept 27th with a time of 1:53:12



Saints on the Run 5k

by Heather Weber

As a young woman, I began running during a time in my life that was full of decisions and low self-esteem. Due to the positive influences of running my decision making was clearer and more Christ centered. God apparently had a plan for me as he blessed me with 4 girls. I felt called to find a way to mentor young ladies during an influential time of their lives. That is how the Saints on the Run program and 5k were born.

The Saints on the Run program was started to help girls at Sts. Joan of Arc and Patrick School learn about virtues while developing friendships and running. We call this Faith and Fun! The girls from the program wanted to reach out to women in need in our community and chose Birthright, a help center for pregnant and new moms. They knew that through hosting a 5K they could collect newborn clothing and funding to support the cause they had chosen.

Through their program they encouraged each other and loved the idea of hosting a 5k where they could encourage others at any fitness level to participate in a 5k. There were 30 girls from 2nd-5th grade in the program with many who completed their first 5k on October 11, 2014. Many who felt such a sense of accomplishment they were beaming for weeks.

The first annual Saints on the Run 5k took place on October 11, 2014. It was a beautiful day for a community wide fall run along Emerald Lake and finishing on the path at St. Joan of Arc Church. There were over 100 participants. A run fun was hosted for kids 7 & under prior to the race and a game area was available for kids who race the run fun to play in during the event. Next year there will also be a supervised Activity Room for fun runners so parents can participate in the 5k without the need for babysitting. The event concluded with entertainment from Gary Rhum and the school students he has been working with. New instruments were purchased with some of the 5k money from sponsors.

Overall winners were Parker Jones 16:35, Maya James 20:45. Walkers: Vince Lorenz 25:25, Tonya Goodier 39:48. For complete results see CKRR Facebook page.

Our program verse is: Timothy 4:7 Fight the good fight, Finish the Race, Keep the Faith.

There were several members of the community who came out for the event that had not done a 5k before. Several reached out to me weeks later to tell me how accomplished they felt. To me that was a great sign of success. I feel that the whole running/walking community is one who builds one another up and encourages one another. Isn't that what life should be about?! Thank you to all the volunteers that come out to help with the run, I felt so blessed to be a part of Club Kokomo and have your support.

1 Thesalonians:5:11 Therefore, encourage one another and build one another up, as indeed you are doing

Join us next October 18 for another great event. Encourage a friend to join you.



2014 Club Point Races

November 8

CKRR Charity 5K Run/ Walk
Points 20 for Each Finisher
Time: 9 AM
Location: UAW 292 Union Hall
Contact: Jeannie Townsend

November 27

Club Kokomo Cares 5K Run/Walk
Time: 8 AM
Location: Rogers Pavilion
Highland Park, Kokomo, IN
Contact: Ray & Robin Tetrault, Mark Shorter
Phone: (765) 878-4457

December 31

CKRR New Year's Eve
5K Run/ Walk
Time: 2 PM
Location: UAW Local 292
Contact: Joni McCracken

11-2 Nathan Gollner
11-7 Tom Mikik
11-8 John Mohr
11-9 Noah M. Hughes
11-9 Marty Menges
11-10 Lisa Hearn
11-11 Riley Case
11-16 Ed Oliphant
11-17 Rebekah Werst
11-18 Stan Shuey
11-20 John P. Peters
11-20 Suzie Snow
11-21 Diana Brown
11-25 Bill Barnett
11-26 Damien Sadler
11-28 Dan Coughlin
11-28 Michele Nicholson
11-30 Sophia Wyman

November Birthdays

Christian High - 2014 RRCA Indiana Half Marathon Masters Championship!

Christian High ran the Indianapolis Half Marathon on 10/18 finishing in 1:21:13 - 3rd overall. It was also the RRCA State Championship Race and he was awarded the 2014 RRCA Indiana State Half Marathon Master's Champion.

The 19th Annual Indianapolis Half Marathon was once again awarded the privilege of being the Road Runners Club of America (RRCA) Indiana Half Marathon Championship Event for 2014! This is a prestigious honor from the RRCA that we are very proud of as we are competing against other excellent events throughout the state of Indiana. This distinction is awarded annually by the RRCA to events that meet and exceed their high standards for quality and performance.

RRCA Indiana Half Marathon Champions are named for the top finishing Indiana runner in each of the following Male and Female categories: Overall, Masters (age 40+), Grand Masters (age 50+), and Senior Grand Masters (age 60+).

We are excited to announce that Christian High won the **2014 RRCA Indiana Half Marathon Masters Championship!** Congratulations on this excellent achievement!



Club Kokomo Roadrunners Meeting – Oct 13, 2014

1. Meeting opened at 6:0 PM by President Patricia Weitzel.
 2. Prayer by Chaplain Charlie Skoog
 3. Motion from Vern Keller and second by John Peters to accept minutes and vote passed.
 4. Brief Treasurer's report by Mark Shorter.
 5. Second vote for the request to raise the required races in the Constitution for those members age 20 – 69 from 10 races to 12 to be eligible for point awards beginning in 2015 was taken. Vote failed with seven yes' and eleven opposed.
 6. Race Summary: Cole Porter – several commented they wish additional awards would have been given for the 5K. The purpose of the race was highlighted as it is to raise funds for the Nickle Plate Trail as this is their primary fund raiser.
Community Race – 'Saints on the Run' – Heather Weber discusses the purpose of the program as a girls mentoring/running program which hosted over 100 participants. They had a great turn out as well as weather. Looking forward to 2015 as this race will be a CKRR points race.
Steppin Up 4 Haiti – brief discussion on race. Results are posted on the club's Facebook page.
 7. New website development – Linda Kendall gave a brief description of the new website that is currently under development. Please watch our site for further developments.
 8. City of Kokomo will be enforcing the 60 day requirement for notification to the Traffic Department for board approval. If you know any race director, please make sure they are aware.
 9. Heather Weber asks how we can develop a children's involvement and get families involved. Possibly have a family registration rate rather than individual rates as many times families are hindered due to cost. Consider recognizing children who participate to encourage and motivate them. Ricke Stucker is over the awards committee so Heather will get with him to discuss.
 10. Two new timers were purchased and given to Charlie Skoog to begin using at club events.
- Meeting adjourned –

Attendance – Ron Greene, Carol & Bruce Savage, Heather & TA Weber with Laureen, Kelsey & Maggie Weber, Jana & Charlie Skoog, Myrna Tappan, Milt Brown, Mark Shorter, Sue & Vernon Keller, Sheree Bullock, Stan Shuey, Patty Weitzel, Jeannie & Greg Townsend, John Peters, Angie & Toney Lorenz, Anna Rangel, Jeff Freeman, Scott Deyoe, Phil Rozzi and Linda Kendall

St Louis Marathon 2014 – The End of a Journey by Robin Tetrault

I ran my 26th state in my quest for a marathon in every state. If you saw the posts on Facebook you saw that Ray did not run but rode the bike as my support. I will begin this marathon story with why Ray was on a bike. Ray was having a lot of knee pain so we went to a sports medicine orthopedic doctor. He was expecting to hear he was getting older and needed to strengthen leg muscles and do some weight training or maybe even some therapy. Unfortunately the news we got that day stopped us in our tracks....literally. He was told the x-rays showed bone on bone on that leg and he would need a partial knee replacement at some time. He was NOT to run anymore! WHAT?! Our minds were spinning as we tried to comprehend what the doctor was saying.



Ray had surgery for a torn meniscus 18 years ago and the padding that was left that surgery had worn away from years of use. There was no more repair to it. He could only replace it with plastic. We had already signed up for this marathon and he had signed up for the half at the Monumental in November for his second half marathon for 2014. We sold the monumental half and made a change of plans for St Louis. I ran and Ray rode the bike. ☹

The marathon is a small part of this story. My husbands' life - long running career has come to a screeching halt! He can bike and swim, but no impact on the knees. This is the main part of what I wanted to share. It was a huge disappointment that we are still trying to wrap our brains around. We had to decide if I would continue the quest for 50 states alone. We have decided instead of spending the money to do the marathons that we would finish the renovations on our home. If there happens to be a vacation and a marathon in a state I haven't done, I will do it. He will be my support on a bike in that case. I guess God has a new plan for us as we seek to do His will as long as we are on this earth! We will continue to do Coyote Kids because it inspires young people to run and that can

benefit them for the rest of their lives. Ray doesn't have to run to lead Coyote Kids anyway. Ray has also, really enjoyed assisting Joni coaching the Western girls in cross country and track. I guess if you can't keep up with them (which he hasn't been able to do for a while) then you can inspire THEM to do their best! We will still be a part of the club, but Ray is no longer able to run the races. So when you think about complaining about running or aches and pains, getting up early to run, speed work, or going to a race.... remember to appreciate and be thankful that you can still run and/or walk. You never know when it may be taken away from you.

The story for the marathon is short and sweet. We drove to St Louis to spend some time with old friends from our hometown in Baldwinsville, NY, that now live in St. Louis. It was great to catch up, stay with friends, and run the marathon. It was a VERY HILLY marathon! I continued my run/walk method with a lot of walking uphill. It was a beautiful, cool, sunny day and I was thrilled to finish such a difficult marathon in 5hrs 55 minutes. They allowed 7 hours to finish. There was great crowd support and bands playing every few miles. The race was very well organized with a great expo before the race. The expo was a large one. That is always a highlight for me as you have so many great running accessories all in one place. You always find something you just HAVE to have!

One amusing story happened while Ray was riding around on the course coming to find me. He was stopped by one of the monitors on the course. He was told he couldn't be on the course without a number. It was forbidden. He explained he was assisting his wife. The man told him, "Well you can't be on the course without a number". Ray said, "Well I have a number!", and he pulled his marathon bib out of his pocket! It was pretty funny! He had his number just in case he needed it and it did come in handy. After all, he had paid for it and picked up his packet! They didn't bother him anymore. I was sure glad to have him encourage me in the second half of the race. I struggled as the half split off from the full marathoners and the crowd grew VERY small. Once I got to mile 20 I was revved up and ready to take it to the finish. The hardest part was a 1 mile uphill at mile marker 23. That was not fun, but knowing how close I was to the end gave me a great push!

My best advice for running a marathon is "HAVE FUN!" Especially if you only want to run one. Don't go for a "killer time" but go for the "joy in the journey". Pick an enjoyable one to do and do your best to train for it. Find a friend to run with or bike alongside you and be thankful for good health and a beautiful world God created to run in! "And in everything give thanks, for this is the will of God in Christ Jesus, concerning you". I Thessalonians 5:18

Individual Highlights:

- 1 It's time to become a Goodfellow
- 1 Nov Club Meeting
- 2 Race results
- 2 Dec Newsletter Deadline
- 3 Wednesday Night Race Results
- 3 Thanksgiving Day – Kokomo Cares Run
- 4 Points Standings
- 5 2015 CKRR Race Calendar
- 5 Saints on the Run 5K
- 5 Notable Highlights
- 6 2014 Club Point Races
- 6 November Birthdays
- 6 Christian High – RRCA Indiana Half Marathon Masters Champion
- 6 Club Minutes
- 7 St Louis Marathon 2014 – The End of a Journey
- 7 XL Shirts & LG Shorts give-away
- 7 Presidents Pen
- 8 The Race for Grace
- * Club Membership Renewal Form

XL Shirts & Large Shorts give-away!

PS to my article....Ray has **XL shirts and Large shorts** mostly stay-dry long sleeved and short sleeved to give away. Just let me know if you would like anything. I will try to remember to bring them to the charity run for anyone that may need some running clothes. - Robin Tetrault

Presidents Den

“Those who expect moments of change to be comfortable and free of conflict have not learned their history.” Joan Wallach Scott

Change. Our club is experiencing change on many levels. Some say we have shifted from a competitive running club to a club with walkers, joggers and baby strollers. Indeed, we have changed. Our group includes people of all abilities and competitive natures. We have swapped out old technology in order to bring our club more flexibility with our online and social presence. We have opted for more club races. Change is in the air and it isn't possible without you, our club member. Club members have been showing up at our monthly meetings, in record numbers. It is wonderful seeing everyone come out to discuss and vote on issues about which they feel strongly. If you see the need for change in our club, please, come to one of the monthly meetings, make a motion and see if anyone else feels the same way you do. If enough other members agree with you, we will work on making the necessary changes. There is no one person in our club who makes changes, all of the changes are made as a group and as a club member, you have the right to vote on those changes.

I wish you all a wonderful Thanksgiving season. May God richly bless you and your family through the holiday season. Please do not forget to join us for the upcoming Charity Run and the CKRR Cares race.

Patty



The Race For Grace

by Charlie Skoog

I'm writing this article to introduce myself as your new Club Kokomo Chaplain. I am replacing Ricke Stucker who has stepped aside after serving as our Club Chaplain for the last two years. Thankfully Ricke is still with us but I will miss the Chaplain's Chatter article he faithfully composed each month. Ricke closed each article with the encouragement of "Always thanking God for His gift of grace". Ricke and I have a lot in common. We love to compete and we love the sport of running but the greatest thing we have in common is the knowledge that we are both sinners, saved only by God's Amazing Grace. We did not always know or accept that fact but it was the encouragement and prayers of some special Club Kokomo friends in 2002 and 2003 that changed our destiny forever. Last month Ricke wrote about gratitude and we are forever grateful that we accepted God's gift of Grace. My desire in accepting this position is to be an encouragement to all. I don't have all the answers but I know where to look and Who to look to. I love to share my faith knowing there is a truth and it will set you free, there is too a peace that surpasses all understanding. In closing I will be praying for all, which you might think is humanly impossible but I believe in a God who makes all things possible. If you have a prayer request or concern I would be glad to hear from you knowing God has good intentions for all who call upon His name.

Additional Schedule Dates

SAVE THE DATE: Saturday, Dec. 6 ~ KHCPL will host its first RUDOLPH FAMILY FUN RUN. The 5K run/walk includes a cool T-shirt, reindeer antlers, Rudolph nose, medal, trophies, door prizes, snacks, and an expert who can help YOU improve your time and train for a mini, marathon, or triathlon. All ages and all abilities welcome as well as pets on leashes. Check out the library's Facebook page and our website regularly for registration and run information.



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Check our new website
Currently under development
www.clubkokomoroadrunners.com

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Facebook – Club Kokomo
Roadrunners