

**CLUB MEETING – MONDAY, OCT. 13TH 6 P.M.
AT MARTINO'S ITALIAN VILLA**

1929 N Washington, Kokomo,

Social Hour @ 5 p.m. and for this month PIZZA & SOFT DRINKS will be provided!!!

Attention Members: Please see the minutes from last month's club meeting. Motions were made and the 1st of two votes were taken regarding the clubs constitution. The 2nd discussion and vote will be at our Oct club meeting.

Below are just one of the highlighted items – please join us for the discussion and votes on these issues as they affect all club members.

Currently

Bylaws
Duties of the Editor

2. Qualifications for year-end points awards

- (1) Male or female 0-12, 13-19, 70-74, 75-79, and 80+ must finish 5 point races.
- (2) All other runners must finish 10 point races.
- (c) A walker must finish a minimum of ten (10) of the point races.

Change to:

- (1) Male or female 0-12, 13-19, 70-74, 75-79, and 80+ must finish 6 point races.
- (2) All other runners must finish 12 point races.
- (c) A walker must finish a minimum of twelve (12) of the point races.

Individual Highlights:

- 1 Oct Club Meeting
- 1 Club Constitution Change
- 1 Nov 8 – Charity Race
- 1 Additional Schedule Dates
- 2-4 Race results
- 4 Wednesday Night Race Results
- 4 Nov Newsletter Deadline
- 5 Points Standings
- 6 2014 Club Point Schedule
- 6 Donations Accepted
- 6 Club Minutes
- 7 2015 CKRR Race Calendar
- 7 Cold Water Running Tips
- 7 October Birthdays
- 7 Chaplin's Chatter

Nov 8th – Charity Race

The Charity Race ...it's just around the corner can you believe it? I'm going to talk about the history of this race because we have so many new members I think it kind of kicks off the season of giving but it has a relaxed feel since ALL participants run/walk or volunteering get 20 points!

The first Charity Race was held on December 15, 1985, at Bill and Sue Heck's on Old Sycamore. Seventeen run/walkers collected \$90 for a needy family for Christmas.

This event has raised around \$43,000 over the years! This year's event returns to the UAW Local292 Fellowship Hall on the corner of Alto and Park Rd. The location, distance and time have changed over the years but the purpose remains the same....giving back to a needy community. There is no set entry fee, just a free will donation which will benefit the Magic and Care Closets for Kokomo Center Schools.

The need remains great for this program! The post race brunch will again have biscuits and gravy and I invite you to bring a dish to share with your friends/family. We need runners walkers and as always volunteers. The race starts at 9:00 am...hope to see you there, for more info or to volunteer call me Jeannie Townsend@ 437-2076

Additional Schedule Dates

Kokomo Education Foundation 5K - October 10, 2014

Contact Aaron Hyman – Middle School Athletics 765.455.8085 ext 370 or cell phone 765.419.2992
They are in need of VOLUNTEERS to help the day of the race, please contact Aaron for more details or to sign up

SAVE THE DATE: Saturday, Dec. 6 ~ KHCPL will host its first RUDOLPH FAMILY FUN RUN. The 5K run/walk includes a cool T-shirt, reindeer antlers, Rudolph nose, medal, trophies, door prizes, snacks, and an expert who can help YOU improve your time and train for a mini, marathon, or triathlon. All ages and all abilities welcome as well as pets on leashes. Check out the library's Facebook page and our website regularly for registration and run information.

CK Awards Committee will meet after the November monthly meeting at Martino's

Please contact Ricke Stucker if you have any questions

5th Annual Gilead House Steps to Recovery Foster Park Kokomo September 6, 2014 5K Run

1. Kory Kennedy 17:13
2. Scott Colford 17:44
3. Braden Timmons 18:46
4. Dana Neer 19:13
5. Ben Nordon 19:51
6. Nathan Young 19:54
7. Noel Shaffer 20:56
8. Chris Lasley 22:05
9. Aaron Craig 22:14
10. Brittani Gillem 23:26 1st woman
11. Keith Hill 23:35
12. Paul Cook 23:38
13. Corbin Callis 23:40
14. Ron Green 23:49
15. Mikel Ringley 25:20
16. Jana Skoog 25:52
17. Cara McKellar 25:57
18. Steve Colford 26:03
19. Mark Shorter 26:10
20. Jeff Elftman 26:21
21. Jennifer Van Horn 26:24
22. Warren Tierney 26:32
23. Anna Rangel 26:55
24. Rudy Suryantoro 27:39
25. Michael Daugherty 27:59
26. Candice Caston 28:01
27. Ann Hubbard 28:05
28. Neal Thompson 28:34
29. John Peters 29:12
30. Jordan Hayes 30:01
31. Laurie Ousley 30:02
32. Kathy Murdoch 30:22
33. Kevin Pendleton 30:40
34. David Hughes 30:44
35. Jarrod Davis 32:23
36. Christa Paro 33:04
37. Missy Sutton 33:22
38. Rachel Smith 33:38
39. Taylor Trine 33:53
40. Jesse Jones 33:54
41. Laura Cook 34:08
42. Matt Clark 34:16
43. Derrick Hughes 34:25
44. Bill Menges 34:33
45. Justin Bradhead 35:51
46. Robin Cole 35:55
47. Antonio Wiley 36:46
48. Marietta Miles 37:09
49. Cam Dockerty 37:40
50. Bruce Savage 39:30
51. Kristianna Upchurch 40:05
52. Anita Upchurch 40:06
53. Aja Mallory 40:31
54. William Pollard 40:34
55. Tiaqua Randall 41:03
56. Jermaine Clark 41:03
57. Jeffrey Roberts 41:38
58. Tawon Wright 45:23
59. Sue Kellar 45:53
60. Stephanie Oden 47:54
61. Brenda Barnes 47:56
62. Cindy Suryantoro 49:24
63. Leann Cianteo 52:32
64. Claudia Ziebell 52:32
65. Jeannie Townsend 52:58
66. Shirley Bugher 55:59

5K Walk

1. Vern Kellar 34:58

2. Greg Wall 35:26
3. Kevin Whitted 40:46
4. Bob McBride 41:24
5. Jenni Tudor 42:28
6. Kasey Hutchins 42:43
7. Robin Michael 43:21
8. Anita Dillman 43:25
9. Carrie Williams 43:25
10. John Mohr 43:52
11. Amanda Bogue 44:10
12. Jayne Stucker 46:47
13. Erica Huffman 47:49
14. Tammy Bell 47:55
15. Zach Thomas 52:00
16. Gale Keppel 52:59
17. George Devine 52:59
18. Shannyn Stanley 55:54
19. Chilsen Exmeyer 55:55
20. Amy Davenport 55:57
21. Mike Greathouse 55:58
22. Carol Savage 56:00
23. Susie Greathouse 56:03
24. Misty Bass 56:04
25. Shawna Morgan 56:05
26. Brooke Golladay 58:18
27. Ralph Jackson 58:19
28. Tabitha Elrod 58:38
29. Brian Davis 58:39
30. Jessica Nester 59:15
31. Rob Baszmer 59:30
32. Tamara Stackhouse 1:00:17
33. Angela Trusty 1:00:19
34. Jessica Franz 1:01:23
35. Kristan Ross 1:01:26
36. Bryan Gadsen 1:01:52
37. Denese Cook 1:03:58
38. Jenni Ward 1:03:59
39. Dawn Carter 1:04:00
40. Melissa Lynch 1:04:06
41. Steve Lynch 1:04:07
42. Britt Carroll 1:04:08
43. Earl Perringn 1:07:09
44. Grant Small 1:07:10

1m

1. Steve Sherwood 16:59
2. Megan Bond 18:39
3. Tabitha Henry 19:24
4. Asia Newby 19:24
5. Kris Kanable 20:37
6. Jennifer Walker 20:59
7. Stephanie Livingston 21:00
8. Michael Hugher 21:22
9. Frank Allen 21:23
10. Ray Jones 21:25
11. Jacqueline Jones 21:26
12. Justin Wogerman 21:27
13. Nick Bowser 21:27
14. Ryan Durr 21:28
15. Brad Begley 21:29
16. Jade King 21:30
17. Cassie Schwieter 21:30
18. Victoria Wunderlich 21:31
19. Rachel Dukes 21:32
20. Keirsten Long 21:32
21. Brittany Lake 21:33
22. Caylee Maddox 21:34
23. Lillian Doty 21:34
24. Brooke Snyder 21:35
25. Maddie Greer 21:36
26. Ellie Rush 21:36
27. Katie Taylor 21:38
28. Azhane Beard 21:38
29. Carmen Gorsuch 21:41
30. Madie Singer 21:42
31. Maddie Barber 21:42
32. Abbie Landrum 21:46

33. Kelsey Frazier 21:48
34. Kelsey Grann 21:52
35. Hannah Harrison 21:52
36. Kayle Fields 21:56
37. Avery Dunn 22:00
38. Annmaire Weimer 22:01
39. Cara Miller 22:05
40. David Ruebush 22:32

7th Annual Girls Night Out 5K Run and Walk Downtown Kokomo, IN 5PM Sat Sept 13, 2014 5K Run

1. Heather Weber 19:26
2. Brittiani Gillem 21:42
3. Gwen Grimes 22:20
4. Kelly Wright 22:48
5. Diana Jones 22:52
6. Abigail Schwenk 23:50
7. Lori Working 24:22
8. Jennifer Van Horn 24:49
9. Tami Moore 24:50
10. Elvia Rodriguez 25:06
11. Hannah Moore 25:34
12. Dana Culp 25:42
13. Cara McKellar 25:44
14. Elizabeth Smith 25:47
15. Rebecca Hayes 25:47
16. Jana Skoog 25:50
17. Anna Rangel 26:01
18. Molly Flook 26:27
19. Tasha Schwenk 26:31
20. Maddi McKinney 26:34
21. Kayla Bullock 26:34
22. Pam Wolfe 26:51
23. Sydney Boley 27:13
24. Ann Hubbard 27:32
25. Stephanie Wray 27:36
26. Mary White 27:37
27. Ari Dill 27:52
28. Amy Lytle 27:53
29. Emma McKinney 28:01
30. Kassie Jahr 28:20
31. Nancy Anderson 28:34
32. Bethany Wilson 28:41
33. Stephanie Foster 28:41
34. Laurie Ousley 28:45
35. Arianna Shanks 28:48
36. Anna Bullock 28:52
37. Beth Wittenbach 28:52
38. Paula Kucholick 29:10
39. Karen Williams 29:24
40. Terri Jackson 29:28
41. Andrea Larson 29:29
42. Michelle Larson 29:30
43. Laura Roberts 29:36
44. Kathy Murdoch 29:37
45. Betsy Reinhardt 29:46
46. Susan Mack 29:47
47. Kathleen McKinney 29:55
48. Lora Felker 30:00
49. Kim Pitts 30:02
50. Jenny White 30:03
51. Jennifer Miller 30:20
52. Angela Grimes 30:52
53. Diana Garner 31:10
54. Missy Howell 31:11
55. Krista Sarver 31:41
56. Anita Upchurch 31:55
57. Kristianna Upchurch 31:55
58. Gabriella Mawbey 33:03
59. Nicole Mawbey 33:03
60. Sophia Schaeffer 33:16
61. Lauren Weber 33:18
62. Carrie White 33:22
63. Stephanie Kebrdle 33:22

64. Shelby Gilbert 33:29
65. Nicky Rodman 33:48
66. Rachel Elwood 33:50
67. Laura McGraw 33:56
68. Grace Bagwell 34:08
69. Lee Lavengood 34:25
70. Ashley Shanks 34:26
71. Robin Cole 34:39
72. Kimberly Johns 35:14
73. Neveya Claar 35:16
74. Emily Matthews 35:19
75. Kelly Studebaker 35:20
76. Tami Baker 35:21
77. Amber Longwith 35:26
78. Dianne Taylor 35:42
79. Ashley Alumbaugh 35:47
80. Sophia McKillip 35:48
81. Cassie McKillip 35:48
82. Lizzie Felker 36:21
83. Rachel Bridges 36:22
84. Kelsey Long 36:23
85. Angie Siders 36:39
86. Kathryn Wall 36:40
87. Kayla Hudson 36:11
88. Meredith Cirriano 36:46
89. Mary Barnes 37:12
90. Dawn Miller 37:21
91. Michelle Glassburn 37:35
92. Amber White 37:40
93. Bethany Payne 38:56
94. Kendall Pagington 39:11
95. Robyn Pagington 39:11
96. Julie Kendall 39:20
97. Geana Moore 39:22
98. Gloria Dunn 39:37
99. Molly Mavrick 39:41
100. Maria Cline 39:45
101. Natalie Weber 39:54
102. Sophia Wyman 40:23
103. Joy Valentine 42:43
104. Jennifer Coomer 42:43
105. Debbie Beachy 42:48
106. Sue Keller 44:34
107. Ashlyn Rose 45:27
108. Amanda Jones 45:41
109. Brenda Walker 47:08
110. Stacy Pearce 48:12
111. Cyrissa Sheppard 48:21
112. Katelyn Kingseed 48:28
113. Tammy Ticfer 48:28
114. Emily Farrell 50:06
115. Laura Cook 50:36
116. Cheyenne Shepherd 50:50
117. Kelly Brogotti 50:51
118. Mary Page 50:53
119. Kelli Keener 51:23
120. Buffey Hedrick 53:47
121. Shirley Bugher 55:27
122. Veena Sinkfield 55:27
123. Graciela Cavazos 57:25
124. Sara Cavazos 57:25
125. Sandra Dance 58:02
126. Raeann Walden 58:23

5K Walk

1. Mary Miller 32:47
2. Jan Wall 39:00
3. Jeanne De Angulo 39:48
4. Sheree Bullock 40:07
5. Tonya Goodier 41:23
6. Kelly Sisk 41:28
7. Jenny Tudor 41:28
8. Lori Akers 42:02
9. Kathy Snyder 42:19
10. Anita Dillman 42:26
11. Carrie Williams 42:29
12. Elissa Hughes 42:40

15. Christine Watson 42:59
16. Alexandra Rosales 45:23
17. Stacy Rosales 45:24
18. Sherry Kestle 45:59
19. Dawn Gladingski 46:03
20. Michelle Nelson 46:04
21. Nicole Bright 46:04
22. Shannon Moore 46:04
23. Erin Ciscell 46:04
24. Brooke Grider 46:44
25. Kimberly Wynkoop 48:28
26. Erica Huffman 48:32
27. Leslie Love 49:40
28. Debbie Tatman 49:11
29. Erin Cottrell 50:35
30. Mirra Weir 50:35
31. Dawn Coop 51:07
32. Rae Graham 51:08
33. Eva White 51:24
34. Debbie Monticue 51:30
35. Hannah Walls 51:36
36. Carol Zumwalt 51:57
37. Rachel Reed 51:58
38. Aubrey Brooklin 52:52
39. Aubrey Dedaker 52:53
40. Jessica Boyce 53:30
41. Becky Barends 53:31
42. Brandy Dedaker 53:44
43. Autumn Phillips 53:44
44. Theresa Blackburn 53:48
45. Valerie Snyder 53:48
46. Sarah Showalter 54:20
47. Melinda Showalter 54:21
48. Anitha Sinkfield 55:26
49. Kim Brewster 55:36
50. Teresa Gifford 55:37
51. Carol Savage 55:39
52. Natalie Castillo 56:13
53. Michelle Carter 56:13
54. Amanda Kelly 56:22
55. Kristina Coughlin 56:23
56. Jaleen Rhine 56:36
57. Kendal Madden 56:54
58. Chloe Madden 56:54
59. Kim Combs 56:58
60. Donna Ridenour 57:02
61. Beth Hilbert 57:02
62. Erin Stickrod 57:10
63. Amy Walls 57:10
64. Nancy Grobengieser 57:17
65. Rebecca Killingbeck-Smith 57:17
66. Lacy Salgat 57:41
67. Maryann Woodring 58:00
68. Brooklyn Dance 58:01
69. Stacy Sullivan 58:22
70. Vanessa Salgat 58:22
71. Patty Cohee 58:24
72. Karen Bricker 58:25
73. Nicole Burris 58:25
74. Lisa Sheets 58:55
75. Ashley Kenyon 59:31
76. Tina Kenyon 59:31
77. Jody Alexander 59:54
78. Amanda Spencer 59:55

Rosebud Run

1. Kelsey Weber 1:51
2. Clara Cavazos 1:54
3. Mia Van Horn 2:04
4. Elise Wittenbach 2:14
5. Alexis Farrell 2:15
6. Emelia Flook 2:20
7. Leah Snyder 2:26
8. Maggie Weber 2:30
9. Taliah Wright 2:31
10. Addie Wright 2:32

11. Olivia Ruch 2:55

14th Annual Bee Bumble 5K Run and Walk & 10K Run, Burnettsville, IN Sat Sept 27, 2014 5K Run Results

1 Kory Kennedy 16:59.35
2 Juan Campos 18:49.57
3 Monty Ream 19:01.00
4 Denny Priest 19:19.45
5 Zach Russell 19:43.51
6 Heather Weber 19:53.35 first female
7 Richard Conn 20:47.45
8 Brian Vansoest 20:54.53
9 Kyle Smith 21:05.86
10 Jason Cline 21:28.60
11 Blayne Hamel 21:37.60
12 Paul Paese 21:46.58
13 Jeff Scott 21:46.98
14 Aaron Craig 21:59.10
15 Quinton Veach 21:59.15
16 Gary Callahan 21:59.55
17 Terry Lett 22:06.77
18 Rich Hartwick 22:07.85
19 Rebecca Baber 22:08.60
20 Dirk Raderstorf 22:22.32
21 Alex Ledonne 22:38.95
22 Gary Williams 22:43.60
23 Levi Pritts 22:44.35
24 Brayden York 23:13.85
25 Aleesha Hammel 23:15.61
26 Lorie Working 23:24.81
27 Shelly Wyman 23:29.11
28 Danielle Hilton 23:31.55
29 Steve Carney 23:34.10
30 Abby Stainko 23:40.92
31 Julie Rausch 23:43.36
32 Bruce Nicoll 23:46.30
33 Shane Myers 23:58.11
34 Ronnie Greene 24:02.69
35 Rick Martinez 24:17.91
36 Kreyll Henderson 24:25.36
37 Hanna Moore 24:27.36
38 Ron Moore 24:28.26
39 Elizabeth Loposser 24:29.30
40 Jess McCarty 24:29.86
41 Garret Nache 24:33.79
42 Kayla Bullock 24:38.86
43 Elizabeth Smith 25:03.86
44 Luke Swartzendruber 25:23.11
45 Nicholas Buehler 25:25.36
46 Michael Graham 25:26.37
47 Cara McKellar 25:31.31
48 Mikayla Morgan 25:35.59
49 RJ Kerr 25:37.44
50 Patrick Shafer 25:37.61
51 Keith McAndrews 25:38.36
52 Brian Swartzendruber 25:39.68
53 Kathy Vaiukel 25:43.75
54 Steven Knecht 26:04.67
55 Mike Deardorff 26:23.74
56 Scott Deyoe 26:28.61
57 Wayne Jeffers 26:28.82
58 Warren Tierney 26:36.86
59 Ann Hubbard 26:49.34
60 Mandy Murray 26:51.16
61 Trish McCarty 26:57.45
62 Tasha Schwenk 26:57.85
63 Melanee Howard 27:00.86
64 Kelly Denham 27:03.76
65 Jim Bolen 27:07.82
66 Karen Frank 27:09.48
67 Kenneth Swinehart 27:27.73

68 Anna Bullock 27:28.35

69 Mike Daughterty 27:29.76
70 J.T. Veach 27:30.11
71 Lydia Raderstorf 27:36.44
72 John Peters 27:40.11
73 William Hawthorne 27:41.78
74 Kasey High 27:53.97
75 Jane Milleman 28:02.68
76 Megan Raderstorf 28:03.87
77 Sherry Cole 28:30.70
78 Don Overman 28:11.37
79 Cindy Reinke 28:25.62
80 Jeff Lowry 28:26.24
81 Lillian Campos 28:27.53
82 Derek Conwell 28:29.10
83 Katie Swartzendruber 28:30.11
84 Megan Veach 28:30.75
85 David Cosgray 28:31.53
86 Clayton Shanks 28:34.59
87 John Mcleland 28:53.29
88 Angie Sterrett 29:07.51
89 Jared Sterrett 29:11.79
90 Emily Orsinger 29:20.12
91 Brenda Flores 29:32.32
92 Arianna Shanks 29:48.81
93 Aubry Jackson 29:49.82
94 James Berschire 30:04.82
95 Katie Hill 30:09.28
96 Stephen Hill 30:10.29
97 Bob Burgess 30:14.35
98 Lori Kosnatica 30:19.45
99 John Kosnattka 30:21.29
100 Milissa Goad 30:21.37
101 Robert Edwards 30:24.75
102 Jenny Quasebarth 30:25.62
103 Julie Dennison 30:26.87
104 Lynette Baker 30:33.86
105 William Snow 30:35.12
106 Jay Dennison 30:36.32
107 Brenda Buehler 30:50.34
108 Matthew Buehler 30:50.73
109 Jenny Lambert 30:50.73
110 Jonni Goodman 30:52.87
111 Kaitlyn Metts 30:55.20
112 Kisha Hale 31:00.87
113 Melissa Stewart 31:01.12
114 Valri Creviston 31:02.87
115 David Lavegood 31:05.18
116 Michael Woodworth 31:07.82
117 Carli Murkve 31:21.12
118 Christiana Black 31:32.62
119 Brandon Foutch 31:45.13
120 Tommy Oliar 31:46.56
121 Ashley Connell 31:51.32
122 Christin Lowry 32:01.88
123 Dasha Vanata 32:16.88
124 Stephanie Rambo 32:38.63
125 Erin Morehead 32:42.63
126 Keri Hamilton 32:44.13
127 Nellyka Nowak 32:45.42
128 Natalie Weber 32:48.67
129 TA Weber 32:51.85
130 Lee Lavengood 32:58.38
131 Christina Werner 33:05.88
132 Anna Roe 33:15.75
133 Cookie Maciejewski 33:32.13
134 Byron Rentschler 33:37.84
135 Patrick Rentschler 33:39.88
136 Kristyne Alvarado 33:45.18
137 Sara Sharkey 33:46.20
138 Mark Waibel 33:50.49
139 Jacob Wall 33:57.99
140 Criscinda Hall 34:04.63
141 Deana McKinney 34:05.63
142 Teresa Clark 34:05.63
143 Jennifer Buttice 34:05.88

144 Connie Foutch 34:22.38

145 Nonie Frye 34:29.63
146 Dale Sullivan 34:29.71
147 Robin Cole 34:29.93
148 Rachel Prieboy 34:31.95
149 Amy Vanweelden 34:35.82
150 Charlee Schwenk 34:41.13
151 Anna Waibel 35:05.94
152 Steve Colford 35:09.62
153 Aaron Mcquiston 35:22.59
154 Scot Hamilton 35:23.63
155 Greg Lind 35:47.14
156 Peggy Hofmeyer 35:47.20
157 Matthew Tam 35:47.38
158 Kelsie Lind 35:48.41
159 Mary Smith 36:02.89
160 Doug Shafer 36:11.62
161 Kathryn Wall 36:15.27
162 Taylor Seymour 36:20.13
163 Lynn Saylor 36:35.98
164 Carrie Groves 36:39.34
165 Kathy Logan 36:41.88
166 Kayla Hudson 36:45.18
167 Ty Queen 37:01.37
168 Cathy Collins 37:17.39
169 Cindy Mcleland 37:21.64
170 Lauren Weber 37:27.77
171 Leo Burns 37:47.31
172 Susan Hand 38:19.89
173 Isaac Lashbrook 38:25.90
174 Sophia Wyman 38:26.11
175 Geana Moore 38:35.48
176 Jeffrey Racht 38:59.82
177 Dennis Richey 39:07.37
178 Bryce Coble 39:11.63
179 Chelsey Baker 39:17.39
180 Susan Hovermale 39:29.89
181 Doug Hovermale 39:51.52
182 Alisha Boyd 39:53.89
183 Kelsey Miller 40:08.16
184 Lilly York 40:14.40
185 Darcie York 40:15.56
186 Melissa Crain 40:24.14
187 Penny Lawson 40:27.88
188 Jeannie Townsend 40:28.89
189 Tabatha Griffin 41:44.40
190 Emy Bridge 41:52.40
191 Rhonda Richey 41:59.18
192 Molly McBride 42:28.65
193 Evvie Nicholas 42:30.65
194 Tanya Abramczyk 42:50.90
195 Victoria Cross 42:52.65
196 Kaden Simons 43:25.40
197 Dakota Vanweelden 43:25.64
198 Aaron Turley 44:01.45
199 Deborah Turley 44:13.15
200 Sue Keller 44:14.43
201 Steve Criswell 44:34.56
202 Sherri Dyer 45:55.14
203 Ann Goshert 46:47.13
204 Holly Hurlburt 47:54.66
205 Ganner Hoffman 49:11.28
206 Jesse Hoffman 49:11.89
207 Jeremy Hoffman 49:14.35
208 Holden Hoffman 49:15.37
209 Denis Hoffman 49:17.41
210 Cheryl Grieger 51:51.98
211 Shirley Bugher 54:36.37
212 Monica Queen 57:27.64

5K Walker Results

1 Vince Lorenz 25:41.52
2 Damon Clements 28:24.62
3 Mary Miller 32:27.50 first female

4 James Canning 33:05.38

5 Vernon Keller 34:28.18
6 Greg Wall 35:13.32
7 Linda Miller 37:03.89
8 Peggy King 37:25.49
9 Jamie Rozzi 37:37.39
10 Toney Lorenz 37:42.64
11 Keilla Jones 37:50.82
12 Janet Wall 38:28.18
13 Meg Shaffer 39:04.57
14 Sheree Bullock 39:10.30
15 Sarah Crowell 39:30.79
16 Roger Rhine 39:33.90
17 Theresa Crowell 39:48.65
18 Raye Jean Swinehart 40:16.51
19 Chari Deyoe 40:34.78
20 Kevin Whitted 40:53.31
21 Robin Michael 41:05.65
22 Susan Scott 41:24.15
23 Marsha Daughterty 41:30.90
24 Dorrell York 41:37.63
25 Sharron Petty 41:42.90
26 Sherry Kestle 41:56.40
27 Anita Dillman 41:56.54
28 Lyndsi Rogers 42:07.13
29 Shelly Schrock 42:16.15
30 Kylie Hermanson 42:16.26
31 Kim Lowry 42:20.15
32 John Mohr 42:25.86
33 Carrie Williams 42:28.10
34 Sydney Young 42:32.36
35 Kim Rehm 42:39.22
36 Chris Pherson 42:51.41
37 Matthew Hibbets 42:56.58
38 Christine Watson 42:57.59
39 Brayden Watson 42:59.66
40 Helen Bracht 43:11.35
41 Kristen Scott 43:30.89
42 Tina Scott 43:40.45
43 Carl Scott 43:40.80
44 Kiley Nason 44:10.16
45 Ashley Wilson 44:11.11
46 Aaron Pedigo 44:12.32
47 Mike Beckley 44:16.77
48 Cole Kucholick 44:23.54
49 Paula Kucholick 44:24.57
50 Vicki Criswell 44:31.88
51 Stacy Dougherty 44:35.13
52 Cassidy Young 44:37.56
53 Ross Andrews 44:46.91
54 Bob McBride 44:53.86
55 Sandy Pittman 45:18.16
56 Pam Welton 45:31.37
57 Carol Shafer 45:36.33
58 Jayne Stucker 45:39.38
59 Erica Huffman 45:54.62
60 Sally McAndrews 45:57.46
61 Gayle Pitstick 46:06.41
62 Jeanna Lidecker 46:08.85
63 Pam Simons 46:13.74
64 Jenny Winebrenner 46:30.29
65 Mary Lou Rutherford 46:41.87
66 Lisa Webber 46:43.16
67 Amanda Cosgray 46:43.30
68 Megan Peppers 46:56.66
69 Jessica Miller 47:02.16
70 Jill Fisher-Ehrlich 47:05.29
71 Makayla Snider 47:22.34
72 Mindy Leal 47:23.92
73 Kelsey Koon 47:55.68
74 Karen Stevens 47:58.99
75 Lorie Beckley 48:07.60
76 Nancy Baker 48:16.67
77 Lindsay Prifogle 48:17.17
78 Larry Rausch 48:20.17

79 Renee Lett 48:33.30

80 Sara Wright 48:44.67
81 Monica Gainor 48:51.78
82 Annette Urbin 48:59.92
83 Kim Duvall 48:59.92
84 Jeanie Andrews 49:06.84
85 Jerry Lambert 49:17.40
86 Virgil Shaffer 49:29.98
87 Jennifer Hill 50:28.31
88 Roxie Foerman 50:28.51
89 Tarah Maus 50:37.19
90 Emily Carlson 50:37.24
91 Kevin Bracht 50:40.88
92 Tori Wireman 50:42.55
93 Stacie Criswell 50:43.56
94 Rick Wallace 50:48.17
95 Sally Schultz 50:48.85
96 Sheryl Layer 50:55.67
97 Sandy Cotner 51:29.47
98 Marquita Culross 51:29.67
99 Linda Weybright 51:40.63
100 Jessica Key 51:52.43
101 Tracy Whitaker 51:52.87
102 Amy Schnelle 51:53.17
103 Debby Berkshire 52:08.72
104 Trina Harris 52:09.33
105 Alisha Mellen 52:22.93
106 Bill Peppers 52:29.46
107 Diane Brantley 52:31.18
108 Becky Shildmyer 53:06.18
109 Joe Shildmyer 53:06.64
110 Sandy Tyrie 53:08.18
111 Phyllis Cox 53:14.97
112 William Cox 53:15.37
113 Cheryl Snider 53:26.93
114 Ashley Woolever 53:27.18
115 Sue Peppers 54:06.18
116 Darlene Daily 54:06.43
117 Jean Cloud 54:20.68
118 Cheryl Mallow 54:27.18
119 Pat Delucca 54:27.44
120 Melinda Eisenbise 54:39.65
121 Tricia Gillam 54:40.18
122 Stacie Stutzman 54:40.68
123 Jamie Brandt 54:57.13
124 Cathy Miller 54:58.14
125 Rochelle Pena 55:23.93
126 Alexis Pena 55:25.62
127 Ed Norris 55:45.90
128 Missy Shrontz 56:12.91
129 Sheryl Buzbee 56:14.74
130 Amy Smith 57:45.69
131 Stacey Pedigo 57:45.90
132 Donna Babb 58:26.19
133 Micaela Layer 59:30.19
134 Zachary Schoensiegel 1:00:57.51
135 Deb Carlson 1:00:58.70
136 Frank Schoensiegel 1:01:04.44
137 Denise Schoensiegel 1:01:04.69
138 Catina McCord 1:01:23.34
139 Tabitha Fritzman 1:01:23.95
140 Emily Rentschler 1:05:10.21
141 Brooke Rentschler 1:05:11.84

10K Run Results

1 Julian Romero 35:23.60
2 Scott Colford 35:29.56
3 Matt York 36:25.62
4 Landry Williams 36:47.13
5 Christian High 37:30.89
6 Clifford Lane 39:04.89
7 Scott Groves 39:06.89
8 Scott Williams 39:35.82

9 Braden Timmons 39:49.39

10 Byron Bundrent 41:32.15
 11 Shonn Parmeter 42:15.36
 12 Steve McDorman 42:26.32
 13 Andy Sprunger 43:29.29
14 Noel Shafer 43:31.31
 15 Eric Crowell 44:10.38
 16 Tasha Mitchell 44:19.72 first woman
17 Chris Lasley 44:30.51
 18 Jackie Hartwick 45:17.66
 19 Stephanie Good 45:41.40
 20 Alonso Guajardo 45:41.74
 21 David Morris 46:11.35
 22 Bob Maciejewski 46:26.82
 23 Jeff Scheffeer 46:28.44
24 Phil Rozzi 46:35.55
 25 Ken Perez 46:56.16
 26 Aandrew Achey 47:18.83
 27 Paul Cook 47:43.86
 28 PPhillip Meyer 48:02.39
 29 Lisa Rhine 48:09.31
 30 Angie Brown 48:10.12
 31 Curtis Wilson 48:36.53
 32 Megan Long 48:40.61
 33 Triva Woodley 49:48.39
 34 Audrey Eaker 50:22.54
 35 Bernadette Lane 50:24.36
 36 Ralph Zarse 50:38.83
 37 Leigh Swartzendruber 50:55.17
 38 Shane Deford 50:58.17
 39 Mandy Hall 51:00.34
 40 Steven Smith 51:17.92
 41 Gregg Nydegger 51:19.55
 42 Doug Miller 51:28.22
 43 Vernie Criswell 51:37.57
 44 Eduardo Reynoso 51:53.40
 45 Caleb Bewley 51:53.60
 46 Randy Woodley 51:54.45
 47 Martha Mota 52:45.17
48 Anna Rangel 52:47.67
 49 Jim Steinberger 54:01.17
 50 Bryan Foley 54:03.17
 51 Megan Raderstorf 54:04.43
52 Ashley Shanks 54:14.69
 53 Rosellen Connolly 54:26.82
 54 Sabrina Layton 54:42.88

55 Hilory Nowak 54:45.12
 56 Lana Deford 54:48.68
57 Dana Culp 54:50.22
 58 Forrest Hamilton 54:58.14
 59 Brianne Richey 55:13.93
 60 Marla White 55:13.93
 61 Dale Cross 55:22.3
 62 Kristen Sprunger 55:23.13
 63 Chris Riordon 55:24.68
 64 Chuck Ave 55:47.68
65 Emilie Hubbard 55:51.85
 66 Doug Leman 56:19.54
67 Hannah High 57:19.43
 68 Tara Brown 57:58.76
 69 Kiley Petrie 58:01.93
 70 Stephanie Wray 58:44.88
 71 Nikita Parsons 59:47.37
72 Mark Rodgers 59:55.39
73 Gregory Townsend 1:01:15.62
 74 Gina Goodman 1:01:24.36
 75 Crystal Shockley 1:01:25.58
 76 Chantel Crawn 1:02:08.26
 77 Karen Ulerick 1:03:05.22
 78 Kelly Clark 1:03:05.93
 79 Ana Ave 1:03:48.79
 80 John Rogers 1:04:05.87
81 Anita Upchurch 1:04:19.70
 82 Kristianna Upchurch 1:04:19.86
 83 Jennifer Miller 1:04:44.95
 85 Lisa Andrews 1:06:45.34
 85 Joe Stephens 1:05:18.43
 86 Michael Hartz 1:06:45.45
 87 Beth Green 1:07:23.45
 88 Sarah Schroder 1:07:26.45
89 David Hughes 1:08:20.64
 90 Holly Tibbett 1:08:58.20
 91 Shawn Shoemaker 1:09:11.17
 92 Brenda Graham 1:11:51.96
 93 Kimberly Johns 1:11:58.21
 94 Kris Bewley 1:14:00.72
 95 Laura Sheets 1:14:01.19
 96 Laurie Elliott 1:14:07.32
 97 Vickie Buck 1:15:10.67
98 Alex Studebaker 1:16:16.22
99 Kelly Studebaker 1:16:25.57
 100 Melinda Rogers 1:23:11.49
 101 Mayra Romero 1:23:11.99

Wednesday Night Race Results**Jackie Sanders Miracle Mile
Wednesday, Sept 3, 2014
Highland Park Walk/Bike Path**

1. Steve McDorman 6:33
 2. Christian High 6:33
 3. Parker Jones 6:33
 4. Jacob Vanhorn 8:00
 5. Charlie Skoog 8:10
 6. Kayla Bullock 8:15
 7. Rosellen Connolly 8:29
 8. Luke Leger 8:45
 9. Ari Leger 8:46
 10. Colan Ruch 8:47
 11. Ethan Snyder 9:49
 12. Ann Hubbard 9:50
 13. Anna Bullock 10:45
 14. Brad Pic 11:15
 15. Amia Pic 11:15
 16. Bruce Savage 12:15
 17. Brice Gambill 13:13
 18. Audrey Miller 13:14
 19. Sheree Bullock 13:22
 20. Mia VanHorn 14:13
 21. Jennifer VanHorn 14:13
 22. Jeanine Elmore 14:37
 23. Valerie Miller 14:48
 24. Jennifer Miller 14:48
 25. Valerie Snyder 16:18
 26. Leah Snyder 16:19
 27. Reeves Gahill 17:00
 28. Todd Gahill 17:07
 29. Embree Gambill 17:09
 30. Carol Savage 17:18
 31. Shirley Bugher 17:32

**Joe Kidd Rangel 5K
Old Ben/Highland Park 5K
Course**

1. Parker Jones 17:49
 2. Christian High 21:06
 3. Gwen Grimes 23:16
 4. Rilee Jones 23:16
 5. Kayla Bullock 26:55
 6. John Cleaver 27:03
 7. Charlie Skoog 27:05
 8. Rosellen Connolly 27:13
 9. Max Elmore 28:53
 10. Ann Hubbard 29:35
 11. Mike Daugherty 30:04
 12. Anna Bullock 30:23
 13. Ethan Snyder 33:22

14. Mark Schelbert 33:30
 15. Kathy Snyder 38:04
 16. Jeff Freeman 43:15

**Jackie Sanders Miracle Mile
Wednesday, Sept 10, 2014
Highland Park Walk/Bike Path**

1. Parker Jones 7:27
 2. Jacob Vanhorn 7:34
 3. Gwen Grimes 8:45
 4. Charlie Skoog 9:04
 5. Bruce Savage 12:19
 6. Carol Savage 17:09
 7. Shirley Bugher 17:11

**Joe Kidd Rangel 5K
Old Ben/Highland Park 5K
Course**

1. Parker Jones 20:06
 2. Charlie Skoog 28:46

**Jackie Sanders Miracle Mile
Wednesday, Sept 17, 2014
Highland Park Walk/Bike Path**

1. Christian High 5:42
 2. Jacob Vanhorn 7:39
 3. Kayla Bullock 7:40
 4. Hannah Moore 7:49
 5. Ron Moore 7:51
 6. Rosellen Connolly 8:07
 7. Demetrius Douglas 8:41
 8. Matt Snyder 9:27
 9. Dorian Gray 9:39
 10. Jenny Tudor 10:06
 11. Jennifer Miller 10:09
 12. Ethan Snyder 11:01
 13. Melissa Jones 11:02
 14. Brice Gambill 11:21
 15. Geana Moore 11:25
 16. Mary Barnes 11:25
 17. Kathy Snyder 12:22
 18. Sheree Bullock 12:44
 19. Shirley Bugher 17:28
 20. Todd Gambill 17:34
 21. Reeves Gambill 19:06

**Joe Kidd Rangel 5K
Old Ben/Highland Park 5K
Course**

1. Christian High 20:27
 2. Parker Jones 23:35

3. Gwen Grimes 23:41
 4. Kayla Bullock 25:42
 5. Ron Greene 27:31
 6. Max Elmore 28:47
 7. Dorian Gray 30:31
 8. Jenny Tudor 33:12
 9. Ethan Snyder 33:38
 10. Matt Snyder 33:39
 11. Mark Schelbert 34:47
 12. Vern Keller 36:08
 13. Kathy Snyder 38:02
 14. JoDee McClish 39:09
 15. Jeff Freeman 46:22
 16. Sue Keller 47:54

**Jackie Sanders Miracle Mile
Wednesday, Sept 24, 2014
Highland Park Walk/Bike Path**

1. Kayla Bullock 6:47
 2. Christian High 6:50
 3. Hannah Moore 7:22
 4. Ron Moore 7:23
 5. Jacob Vanhorn 7:33
 6. Anna Bullock 7:46
 7. Charlie Skoog 7:55
 8. Ashley Shanks 7:56
 9. Rosellen Connolly 8:05
 10. Matt Snyder 8:06
 11. Jennifer Miller 8:42
 12. Dorian Gray 8:47
 13. Ethan Snyder 9:21
 14. Kathy Snyder 10:56
 15. Geana Moore 11:12
 16. Sheree Bullock 12:18
 17. Audrey Miller 12:33
 18. Jerry Leach 14:49
 19. Shirley Bugher 17:25

**Joe Kidd Rangel 5K
Old Ben/Highland Park 5K
Course**

1. Parker Jones 19:07
 2. Christian High 21:22
 3. Ashley Shanks 25:36
 4. John Cleaver 27:43
 5. Charlie Skoog 28:37
 6. Dorian Gray 30:18
 7. Jenny Tudor 34:30
 8. Audrey Miller 37:46
 9. Vern Keller 42:14
 10. Jeff Freeman 44:05
 11. Sue Keller 47:58

**Nov Newsletter
Deadline**

Do you have something for our October newsletter? Please forward it to me by Oct. 30th for publication.

Call for articles

Do you have something to share with our members? I am looking for those who would like to share their encouraging story or uplifting result with our members. Please email me at

JBM1100@gmail.com



Points Standings

(V= volunteer, H=half marathon, M=marathon)

Runner 0-12

Female

Nicholson, Natalie 95-5
 Moore, Hannah 87-5
 Wyman, Sophia 72-5
 Weber, Lauren 54-4
 Kantz, Ella 40-2
 Shanks, Arianna 30-2
 Weber, Natalie 21-2
 Gollner, Esther 15-1
 Felker, Elizabeth 10-1

Male

Studebaker, Alex 174-10
 Van Horn, Jacob 85-5
 Hughes, Jonah 75-4
 Wyman, JP 57-4V
 Moore, Corey 40-2
 Gollner, Nathan 20-1
 Shanks, Clayton 20-1
 Cleaver, Jake 15-1

Runner 13-19

Female

Getts, Bronwyn 95-5H
 Bullock, Anna 82-5V
 Bullock, Kayla 67-4
 Merrick, Valerie 35-2
 Abney, Allison 20-1
 Cleaver, Madison 20-1
 Gollner, Sarah 20-1V
 High, Hannah 20-1
 Jones, Carly 20-1
 Ladow, Jillian 20-1H
 Gollner, Hannah 10-1

Male

Timmons, Braden 300-15MH
 Hughes, Noah 57-4
 Nicholson, Nathan 50-3
 Anderson, Alex 27-2
 Breedlove, Jeremy 20-1
 Bettagnies, Samuel 15-1
 Elliott, Austin 15-1
 Moser, Chase 12-1

Runner 20-24

Female

Grimes, Gwen 144-8
 Hubbard, Emilie 140-8
 Kennedy, Kelsey 62-4
 Longwith, Amber 35-2
 McCracken, Nikki 35-2H
 High, Kasey 20-1
 Hoch, Natalie 20-1

Male

Kennedy, Kory 300-15
 Jones, Billy 12-1

Runner 25-29

Female

Wall, Kathryn 180-9
 Heflin, Laura 30-2
 Tetrault, Megan 40-2HH

Male

Ousley, Jordan 145-8HV
 Jones, Parker 135-7H

Walker 25-29

Male

Lorenz, Vince 280-14H

Runner 30-34

Female

Shanks, Ashley 145-8
 Goad, Melissa 140-7H
 Leger, Valerie 35-2V
 Anderson, Angela 32-2V
 Monroe-Boley, Rebekah 15-1

Male

Anderson, Michael 100-5HV
 Leger, Luke 20-1V

Runner 35-39

Female

Van Horn, Jennifer 265-14H
 Wright, Kelly 60-3H
 Moore, Geana 47-3
 Gollner, Angie 35-2

Male

Lasley, Chris 180-9H
 Wright, Maurice 55-3H

Walker 35-39

Female

Tudor, Jenny 180-9
 Huffman, Erica 80-5

Runner 40-44

Female

Weber, Heather 180-9MH
 Nicholson, Michele 75-4
 Culp, Dana 67-4H
 Felker, Lora 32-2H
 Kantz, Anne 30-2
 Bettagnies, Stacey 27-2
 Weitzel, Patty 20-1V
 Cleaver, Brooke 10-1

Male

Craig, Aaron 227-13H
 High, Christian 215-11MHH
 Hill, Keith 160-12H
 Tomlinson, Brad 95-5HH

Nicholson, Stu 42-3
 Reinagle, David 32-2H
 Weber, TA 25-2

Gollner, Steve 20-1V
 Kirk, Aaron 20-1H
 Riggie, Scott 20-1

Walker 40-44

Female

Bullock, Sheree 60-3V

Runner 45-49

Female

Moore, Tami 155-8MH
 Cook, Laura 152-9
 Wyman, Shelly 135-7MHV
 McCracken, Joni 80-4H
 Snow, Suzie 15-1
 Gruel, Carrie 10-1
 Wiles, Bea 9-1

Male

Shafer, Noel 305-16MH
 Graham, Michael 198-15V
 Priest, Jay 115-6MHH
 Moore, Ron 89-6

Wyman, Paul 79-5V
 Getts, Paul 64-5H

Weitzel, Virgil 49-3H
 Abney, Tom 40-2

Lutes, Daniel 20-1M
 Werst, Tommy 20-1H

Merrick, Steve 9-1

Walker 45-49

Female

Savage, Carol 125-7
 Price, Lisa 80-4

Runner 50-54

Female

McKellar, Cara 355-18UV
 Hubbard, Ann 207-15
 Ousley, Laurie 181-12H
 Studebaker, Kelly 117-11
 Wilson, Marianne 96-9
 Freeman, Pam 37-3H
 Anderson, Nancy 22-2

Male

Tierney, Warren 230-16H
 Neer, Dana 220-11H
 Rozzi, Phil 207-12UHV
 Deyoe, Scott 190-12HHV
 Olsen, Paul 30-2H
 Anderson, John 27-2
 Cleaver, Tom 9-1

Walker 50-54

Female

Miller, Mary 320-16H
 Deyoe, Chari 65-4H
 Heflin, Jean 35-2

Male

Whitted, Kevin 200-10

Runner 55-59

Female

Skoog, Jana 275-14HH
 Rangel, Anna 250-14UH
 Tetrault, Robin 186-12HHV
 Upchurch, Anita 101-7H
 Barnes, Mary 91-7H
 Barlow, Theresa 20-1V
 Boles, Vicki 20-1V

Male

Deardorff, Mike 194-11HH
 Tetrault, Ray 166-11V
 Kerr, RJ 160-9

Savage, Bruce 81-7

Freeman, Jeff 80-7H

Townsend, Greg 62-4V

Rodgers, Mark 40-2H

Strong, Earl 40-2

McAndrews, Keith 35-2

Meiring, Jerry 27-2

Ladow, Jeff 20-1H

Walker 55-59

Female

Stucker, Jayne 160-8V
 Inman, Jane 20-1H

Male

Clements, Damon 80-4UM
 Inman, Steve 20-1H

Runner 60-64

Female

Keller, Sue 304-18HH
 Cole, Robin 220-11
 Bugher, Shirley 201-16
 Townsend, Jeannie 47-3V
 Acton, Rhenda 30-2

Male

Greene, Ron 280-14HH
 Shorter, Mark 248-16HV
 Skoog, Charlie 229-14HHV
 Menges, Billy 56-5
 Miklik, Tom 32-2H
 Kilcline, Steve 20-1V
 Spencer, Rick 20-1V

Walker 60-64

Female

Wall, Jan 280-14H
 Williams, Carrie 237-15
 Hobbs, Barbara 94-6HH

Male

Keller, Vernon 340-17HH
 Wall, Greg 215-14H
 Lorenz, Toney 200-15H
 Wilson, Stephen 93-8V
 Hobbs, Melvin 83-6HH

Runner 65-69

Male

Hughes, David 297-16V
 Stucker, Ricke 65-4V
 Leininger, Phil 40-2V

Walker 65-69

Female

Dillman, Anita 320-16
 Rutherford, Mary Lou 145-9H
 Brown, Diane 20-1V

Male

McBride, Bob 270-14
 Michael, Robin 210-13

Runner 70-74

Female

KleinKnight, Sarah 60-3
 Gerhart, Susan 20-1H

Male

Peters, John 160-9V
 Stanton, Billy 160-8

Shuey, Stan 92-5V

Sullivan, Dale 15-1

Walker 70-74

Male

Mohr, John 235-13H
 Gross, Jim 140-7

Coughlin, Dan 20-1V

Walker 75-79

Male

Lambert, Jerry 140-7H

Runner 80+

Male

Case, Riley 100-5

Are you interested in holding an office within the club – please contact Mark Shorter to add your name to this years ballot!

2014 Club Point Races

October 4

Cole Porter 5K Run/Walk, 15K Run
Time: 9:00 AM
Location: Circus Bldg, Peru, IN
Contact: Jim Yates

November 8

CKRR Charity 5K Run/ Walk
Points 20 for Each Finisher
Time: 9 AM
Location: UAW 292 Union Hall
Contact: Jeannie Townsend

November 27

Club Kokomo Cares 5K Run/Walk
Time: 8 AM
Location: Rogers Pavilion
Highland Park, Kokomo, IN
Highland Park
Contact: Ray & Robin Tetrault,
Mark Shorter
Phone: (765) 878-4457

December 31

CKRR New Year's Eve
5K Run/ Walk
Time: 2 PM
Location: UAW Local 292
Contact: Joni McCracken

Donations Accepted

Bona Vista Industries will be starting three new programs on Oct. 1st, 2014. The programs are as followed: Volunteer, Education and Entrepreneurship. The Entrepreneurship program allows our adult consumers to create art. You can help by donating a few items you may have around the house:

Cardboard boxes	Magazines
Bottle Caps	Extra fabric or yarn
Old Pillows	Paint
Any glass jars	Old belts or belt buckles
Key rings	Newspaper
Buttons	

Please place items in a drop box located at The Crossing building. *Small items should be placed in a bag to keep separate.* We thank you in advance for your donations! Please contact Vicki Boles with any questions.

Club Kokomo Roadrunners Meeting – Sept 8 , 2014

- Meeting opened at 6:02 PM by President Patricia Weitzel.
- Prayer by Chaplain Ricke Stucker
- Minutes of previous meeting were approved after a correction to add Carol and Bruce Savage in attendance.
- Brief Treasurer's report by Mark Shorter.
- Elections are this year; please let Mark Shorter know if you are interested appearing on the ballot.
- Race Summary: Girls Night Out - 160 pre-registered participants and needing volunteers - great opportunity for the guys.
Steps to Recovery – Charlie Skoog reports the race was an awesome event and that they are very thankful for the support and turnout.
- Charlie Skoog made a motion to return the equipment deposit for Glo – n- the – Mo and Steps to Recovery – seconded by Milt Brown. Motion passed.
- 2015 Race Calendar – Charlie Skoog made motion with Vicki Boles second to add Jerome Active Water 5K on July 25th – Passed with 1 opposed
Saints on the Run 5K is on Oct 17th
GNO 5K benefits will be given to Open Arms Ministry's
Heather Weber made a motion with Vicki Boles 2nd to approve the calendar as stands with the above changes – Passed with 3 opposed.
- Milt Brown made a motion with Richard Kerkhof 2nd to raise the required races for those members age 20 – 69 from 10 races to 12 to be eligible for point awards beginning in 2015. Passed in first discussion and vote; will be voted on once again at Oct 2014 club meeting.
- Ricke Stucker made a motion with Charlie Skoog 2nd to raise the required races for those members age 19 and under and those 70 and older from 5 races to 6 beginning in 2015 for those members to be eligible for point awards. Passed in first discussion and vote; will be voted on again at the Oct 2014 club meeting.
- Volunteering was discussed about being a requirement for point awards. Following the discussion it was decided that volunteering would be encouraged but not a requirement of the club. A motion was made by Vicki Boles, but was withdrawn after the group discussion.
From the discussion a 'Responsibility List' was discussed and a traveling club board at races so people could take from race to race so that folks could sign up for upcoming events that need help.
It was brought out that 20 volunteers are needed for most events.
Charlie Skoog suggested a Volunteer Coordinator for the club. Also Stan Shuey previously created a list of all duties for races and this Volunteer Coordinator could help publicize these needs for future races. Melissa Jones volunteered to take on that responsibility for the club. Gwen Grimes will be added to the directory on our web site and will begin sharing the future volunteering opportunities for members.
- Patty Weitzel talked with Dana Neer about the Haynes Apperson race and the future club recognition on race tee shirts and marketing material. It was agreed that the club would be added. The Anderson family has agreed to head up the race for 2015.
- Club Domain Name has been purchased - www.clubkokomoroadrunners.com Christian High has agreed to head up the setup of the web site and assist in the running of the site. Linda Kendall will head up the club group and get volunteers to help in website design and setting up content.
The owner of the former website informed us it would be disabled since we had purchased a new domain.
- Jayne Stucker made a motion with Robin Coles 2nd to purchase 2 new stop watches. Motion passed and Mark Shorter will order them.
- Robin Cole made a motion with Charlie Skoog 2nd to give the proceeds from the CK Charity race to the Magic Closet only and remove the Giliad House – since they currently have their own unique fund raising race. Motion passed.
- Heather Weber asked about how a race gets CKRR sponsorship for future races. Vicki Boles made a motion and Charlie Skoog 2nd to sponsor the Saints On The Run for \$125. Motion passed.
- Request was made to have additional donations for Magic Closet as the need is great within the school system. Linda Kendall will reach out to the school for a list of items needed. We will collect donations at our race to be donated to Magic Closet.
- Discussion regarding strollers at races – Patty Weitzel contacted our insurance carrier regarding the policy and the requirements. We cannot advertise it, but they are allowed but have to start at the back of the field.
- Vicki Boles would gladly accept any tennis shoes, trophies with no dates and medals with no writing on back as these are used with her involvement with Bona Vista and their clients.
- Active.com is now phasing out so in the future Get Me Registered will be the site used for online registrations.

Those present were Sarah Kleinknight, Gary Jewell, Sue & Vernon Keller, Mellissa Jones, Gwen Grimes, Rilee Jones, Sharon Whelan, Shirley Bugher, Jenny Tudor, Dorian Gray, Jeff Freeman, Ricke and Jayne Stucker, John Peters, Charlie Skoog, Milt Brown, Ron Greene, Richard Kerkhof, Robin Cole, Vicki Boles, Patty Weitzel, Linda Kendall, Mark Shorter, Heather & TA Weber, Terry Jones, Robin Tetrault, Joe Yeagle and Parker Jones.

2015

CKRR Race Calendar

14-Feb	CK Sweethart Race 5K	Volunteer Opportunity
14-Mar	Old Ben5K-Kokomo	
21-Mar	Norris-Amboy 5K 9AM	
4-Apr	CK Ultimate10m, 5m Logansport	Volunteer Opportunity
9-May	Norris-Kokomo 8:30AM	
16-May	MCF Prison Breakout 5K Bunker Hill	
13-Jun	Norris-Greentown 5m 8AM	
20-Jun	Bona Vista 5K Kokomo	
4-Jul	Haynes-Apperson 4m,3m,1m Kokomo	Volunteer Opportunity
4-Jul	Haynes-Apperson Kids Track Kokomo	
11-Jul	Race for Grace 5K Logansport	
18-Jul	Panther Prowl 5K Russiaville	
25-Jul	Jerome Active Water 5K	
1-Aug	Norris-Converse 5K 8AM	
15-Aug	Cam Race for Shelter 5K Kokomo	
22-Aug	Runnin the Shores 5K Kokomo	
5-Sep	Steps to Recovery Kokomo	
12-Sep	CK GNO 5K 5PM Kokomo	Volunteer Opportunity
26-Sep	Bee Bumble 10k, 5K Burnettsville	
3-Oct	Cole Porter 15K, 5K Peru	
17-Oct	Saints on the Run 5K	
7-Nov	CK Charity Run 5K Kokomo	Volunteer Opportunity
26-Nov	Thursday CK CARES 5K Kokomo	Volunteer Opportunity
31-Dec	Thursday CK NY Eve 5K2PM Kokomo	Volunteer Opportunity

Coyote Kid Calendar

4-Jun	Thursday	Coyote Kids #1 Kokomo
11-Jun	Thursday	Coyote Kids #2
18-Jun	Thursday	Coyote Kids #3
25-Jun	Thursday	Coyote Kids #4
9-Jul	Thursday	Coyote Kids #5
16-Jul	Thursday	Coyote Kids #6
23-Jul	Thursday	Coyote Kids #7 Rain Week
30-Jul	Thursday	Coyote Kids awards?

Cold Weather Running Tips

- Always follow the RRCA General Safety Guidelines
- Leave the headphones at home. Your ears may help you avoid dangers your eyes cannot see. Wet, wintery conditions may weaken tree limbs causing them to fall. Hearing the crack before the fall may be the difference between avoiding a falling branch or being tackled by a dead limb.
- Avoid running on the roads in snowy conditions. Drivers have a decreased ability to maneuver and stop.
- Winter means fewer daylight hours. Wear bright-colored, reflective clothing or a reflective vest so you are noticeable to area traffic. For added visibility, wear a lightweight headlamp or flashing light.
- Wear layers of clothing that will help you maintain your core body temperature during the run but will keep you warm during warm-up and cool-down phases.
- Consider wearing traction devices on your shoes if sidewalks, trails or roads have snow or ice cover.
- If you drive to a running trail or route, leave a change of dry cloths and a blanket in the car for emergency situations.
- Stay alert and aware of your surroundings and the weather conditions. Oncoming storms can quickly drop the temperature putting you at risk for frostbite or hypothermia if you are caught wearing the wrong clothes.
- Know where to find shelter on your route if the weather gets really bad.
- Do not ignore shivering. It is an important first sign that the body is losing heat, and you may be in danger of hypothermia.

For more information on cold-weather conditions and cold-weather health concerns, visit [the Centers for Disease Control and Prevention](http://www.cdc.gov).

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10-1 Sonja Glover	10-17 Jordan Ousley
10-1 Clayton Shanks	10-21 Elise Glover
10-2 Christian High	10-21 Anne Wiles
10-2 Rob Shanks	10-22 Jennifer Van Horn
10-5 Linda Kendall	10-23 Madison Cleaver
10-5 Natalie Weber	10-23 Kelsey Kennedy
10-6 Nancy Anderson	10-23 Rebekah Monroe-Boley
10-6 Tracy Manning	10-23 Ricke Stucker
10-8 Mary Miller	10-24 Tom Cleaver
10-9 Rick Spencer	10-26 Jeannie Townsend
10-11 Melissa Goad	10-30 Vicki Boles
10-12 David Hughes	10-31 Paul Getts
10-12 David A. Hughes	10-31 Scott Glover
10-15 Chris Lasley	10-31 Geana Moore
10-16 Valerie Leger	10-31 Scott Riggle
10-17 Landrum Neer	

October Birthdays

Chaplain's Chatter



MLB playoffs. IHSAA CC Tournament begins. Cole Porter 5K/10K. Howard County Sports Hall of Fame Induction Ceremony. Fall Break. CK Hall of Famer David Hughes' birthday.

Study after study has linked gratitude to happiness; psychologists and sociologists have proven that the more grateful we are, the happier we are. If we want to have healthy relationships, we have to start with an attitude of gratitude. We will be far happier and enjoy our relationships more if we develop the habit of being grateful for the people in our life. Philippians 1:3 says, "Every time I think of you, I give thanks to my God" (NLT).

That simple truth is the source of good relationships. When people stop doing this in a marriage, they crumble. When we stop remembering why we got married in the first place and the good times in our relationship and we stop being grateful for our mate, our marriage is on a long slide into oblivion.

When we think of the people in our life, is our first feeling gratitude? Probably not. More often it's, "What do they need to do for me? What are our problems? What do we have to get done?" Our first thought is not gratitude. But Paul's first thought for his friends was one of gratitude, and it is the model that we should follow if we want our relationships to last.

Here's the problem: the longer that we know someone; the more likely we are to take that person for granted. Isn't that true? The longer we know someone, the easier it is to focus on that person's faults and the bad times instead of the happy times.

That's why it takes effort on our part to make the decision to have an attitude of gratitude for the people in our lives. The longer our relationships, the harder it may be to remember. But, when we develop the habit of giving thanks to God when we think of our spouses, children, parents, siblings, neighbors, coworkers, and small group members, it's going to have an eternal impact on our relationships.

Consider: 1. What NEGATIVE thoughts do we need to replace with words of GRATITUDE? 2. For whom in your life are you thankful? Have you told God? Have you told THOSE PEOPLE? 3. Why do you think God wants us to thank Him for the people He has placed in our lives?

Always thanking God for His gift of grace,
Ricke



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