

CKRR Looking to 2015

Attention Members: We are expecting additional interest in our September club meeting so we are changing the location to accommodate all of those who wish to attend.

September Club Meeting is September 8, 2014 at Brookside Free Methodist Church
190 E 400 S, Kokomo, IN 46902 (highway 26, near entrance to Indian Heights) at 6:00 p.m.

Topics of Discussion:

Next year's club race calendar
New Club Website
Baby strollers in club races

Please join us for the discussion and votes on these issues as affect all club members. Only current club members are allowed to vote. Please make sure your membership is current. If you have other issues you want to see included on the agenda, please contact Patricia@PatriciaWeitzel.com
Thank you

Race Calendar Draft

2015	Event
14-Feb	CK Sweethart Race 5K
14-Mar	Old Ben5K-Kokomo
21-Mar	Norris-Amboy 5K 9AM
4-Apr	CK Ultimate10m, 5m Logansport
9-May	Norris-Kokomo 8:30AM
16-May	MCF Prison Breakout 5K Bunker Hill
4-Jun	Thursday Coyote Kids #1 Kokomo
11-Jun	Thursday Coyote Kids #2
13-Jun	Norris-Greentown 5m 8AM
18-Jun	Thursday Coyote Kids #3
20-Jun	Bona Vista 5K Kokomo
25-Jun	Thursday Coyote Kids #4
4-Jul	Haynes-Apperson 4m,3m,1m Kokomo
4-Jul	Haynes-Apperson Kids Track Kokomo
9-Jul	Thursday Coyote Kids #5
11-Jul	Race for Grace 5K Logansport
16-Jul	Thursday Coyote Kids #6
18-Jul	Panther Prowl 5K Russiaville
23-Jul	Thursday Coyote Kids #7 Rain Week
30-Jul	Thursday Coyote Kids awards?
1-Aug	Norris-Converse 5K 8AM
15-Aug	Cam Race for Shelter 5K Kokomo
22-Aug	Runnin the Shores 5K Kokomo
5-Sep	Steps to Recovery Kokomo
12-Sep	CK GNO 5K 5PM Kokomo
26-Sep	Bee Bumble 10k, 5K Burnettsville
3-Oct	Cole Porter 15K, 5K Peru
10-Oct	Saints on the Run 5K
7-Nov	CK Charity Run 5K Kokomo
26-Nov	Thursday CK CARES 5K Kokomo
31-Dec	Thursday CK NY Eve 5K2PM Kokomo

Individual Highlights:

- 1 CKRR Looking to 2015
- 1 A Little Club Walking News
- 1 Oct Newsletter Deadline
- 2-3 Race results
- 3 Wednesday Night Race Results
- 3 Sept Club Meeting
- 4 Points Standings
- 4 Wednesday Nite Reminder
- 5 Notable Happenings
- 5 2014 Club Point Schedule
- 5 Sept Birthdays
- 5 Additional Schedule Dates
- 5 Chaplin's Chatter
- 6 Club Minutes

A little club walking news...

On August 9th several Club Kokomo race walkers participated in the 34th Annual Demotte, Rotary Ramble 5k.

The overall winner of the 5k walk was Melissa Moeller of Valparaiso in a time of 25:37.8 bettering her previous record of 26:33 set in 2013. Runner-up and first overall male walker was Vince Lorenz in a time of 25:56.5 breaking the previous record set by Club Kokomo's Jerry Lambert of 26:47 set in 1992. Lorenz's 25:56.5 is a new personal record for a 5k walk.

Mary Miller was the second overall female finisher (4th overall) with a time of 32:35.7. Toney Lorenz was 10th overall (37:49.8) and Jim Gross was eleventh overall (38:12.1).

Demotte's Rotary Ramble is an official judged race. To be a legal race walker one foot must always remain in contact with the ground at all times.

Oct Newsletter Deadline

Do you have something for our October newsletter? Please forward it to me by Sept 29th for publication.

Norris Ins 5K Run & Walk August 2, 2014 Converse, IN

5K Run

1 Kyle Collins 16:05
2 Kory Kennedy 16:25
 3 Riley Carter 16:44
 4 Scott Colford 17:10
 5 Jared Rockaed 17:13
 6 Kevin Moser 17:14
 7 Landry Williams 17:19
 8 Ethan Sharp 17:21
 9 Braden Tankersley 18:16
 10 Jacoby Rough 18:37
 11 Toran Fiene 18:48
 12 Jerry Williams Jr. 18:49
 13 Robert Krevda 19:07
 14 Josh Scott 19:20
15 Noel Shafer 19:31
 16 Justin Taflinger 19:37
 17 Colton Pearce 19:43
 18 Pablo Morales 20:12
 19 Alex Taylor 20:16
 20 Claire Collins 20:31 1st woman
 21 Adam Collins 20:40
 22 Tim Taflinger II 20:46
23 Chris Lasley 21:15
 24 Colin Hartd 21:39
25 Nate Nicholson 21:40
 26 Gary Callahan 21:46
 27 Brian Hubble 21:51
 28 Grant Dakin 21:53
 29 Eric Senard 21:56
 30 Cami Hansen 22:02
 31 Hunter Purtee 22:12
 32 Joshua Scott 22:14
 33 Ethan Akers 22:15
 34 Jayden Scott 22:26
35 Aaron Craig 22:28
36 Natalie Nicholson 22:30
 37 Mario Rangel 22:35
 38 Jeff Scott 22:42
 39 Gary Williams 22:50
 40 Tim Overmeyer 22:55
 41 Jeff Butts 23:07
42 Stu Nicholson 23:13
43 Keith Hill 23:18
 44 Terry Engle 23:20
 45 John Conner 23:23
 46 Neil Tate 23:30
 47 Lorraine Gamble 23:35
 48 Ryan Garrett 23:40
 49 Eli Seward 23:43
 50 Brice Shanes 23:56
 51 Elizabeth Sasso 24:00
 52 Amy Wooten 24:14
 53 Ben Barnett 24:14
54 Billy Stanton 24:41
 55 Elvia Rodriguez 24:41
56 Ron Greene 24:57
 57 Mollie Gamble 24:51
 58 Elaine Sweet 25:00
59 Jennifer Van Horn 25:00
 60 Joy Eltinga 25:00
 61 Connie Gamble 25:02
62 Mark Shorter 25:08
63 Micheal Graham 25:27
 64 Mike Wise 25:41
 65 Keith Vautaw 25:43
 66 DeWain Cobbs 25:53
67 RJ Kerr 26:04
 68 Kurtis Rangel 26:08
 69 Denise Pearson 26:11
 70 Steve Wagner 26:15
71 Warren Tierney 26:15
 72 Ruth Ozmun 26:17

73 Amy Million 26:17
74 Anna Rangel 26:20
 75 Steve Colford 26:44
 76 Bethany Kirkwood 26:58
 77 Whitney Shaffer 27:12
 78 Bill Bauson 27:14
 79 Kate Collins 27:15
 80 Jill Collins 27:21
81 Cara McKellar 27:25
82 Jerry Meiring 27:36
 83 Kristi Shaffer 27:42
 84 Stephanie Foster 27:45
85 John Peters 27:54
 86 Cassie Bauson 28:03
 87 Morgan Tinkel 28:08
 88 Daniel Wyant 28:14
 89 Ethan Harts 28:14
 90 Jami Maynus 28:28
 91 Mark Smith 28:31
 92 Mark Miles 28:35
 93 Bud Ozmun 28:37
94 David Hughes 28:43
95 Ann Hubbard 28:48
 96 Kelly Smith 29:00
 97 Steve Hendricks 29:13
 98 Claire Hendricks 29:13
 99 Jacob Vaughn 29:17
100 Tom Miklik 29:20
 101 Sierra Horner 29:34
 102 Victoria Huzinga 29:40
 103 Jeremy Roberts 29:42
 104 Stan Ridlen 29:45
 105 Peyton Harts 29:58
 106 David Frey 29:58
 107 Beth Wilson 30:05
108 Marianne Wilson 30:10
 109 Adam Ormund 30:24
 110 Gary Green 30:24
111 Laura Cook 31:24
112 Greg Townsend 31:28
 113 Tamera Rangel 31:36
 114 Kahla Hewitt 31:36
 115 Jill Miles 31:45
 116 Ann Morris 31:58
 117 Kelsey Koon 32:23
 118 Dallas Garrett 33:19
 119 Alice Kelly 33:13
120 Ricke Stucker 34:24
121 Bill Menges 34:45
122 Robin Cole 34:58
 123 John McPherson 34:59
 124 Laura McGran 35:31
 125 Renee Biehl 36:00
 126 Elizabeth Bevington 36:50
 127 Maria Cline 38:35
 128 Cassidy Miles 38:35
 129 Leon Agullana 39:46
130 Bruce Savage 39:49
131 Jonah Hughes 40:07
 132 Karen Harts 41:22
 133 Kim Hare 41:42
 134 Drake Heitz 42:58
 135 Lexus Biehl 43:01
136 Sue Keller 43:36
 137 Aaron Garrett 45:22
138 Shirley Bugher 59:38

5K Walk

1 Vince Lorenz 26:17
2 Mary Miller 32:37 1st woman
3 Vernon Keller 33:59
4 Greg Wall 35:02
5 Toney Lorenz 37:39
 6 Linda Miller 37:39
7 Stephen Wilson 38:36
8 Jim Gross 38:40
9 Jan Wall 38:50

10 Jeanne DeAngulo 40:03
 11 Lon Akers 40:04
12 Bob McBride 40:32
13 Kevin Whitted 41:08
14 John Mohr 43:15
15 Robin Michael 43:17
16 Jeff Freeman 46:09
 17 Jan Mace 46:50
 18 Risa Krauskopf 47:06
 19 Bryon Garret 47:41
20 Jayne Stucker 47:44
 21 Deb Tatman 48:52
22 Mary Lou Rutherford 49:49
 23 Lorinda Fuller 49:50
 24 Melony Scaff 50:47
 25 Debbie Howell 50:47
 26 Larry Howell 53:59
 27 Kim Hopper 60:01
28 Carol Savage 60:07
 29 Kim Douglas 60:08
 30 Melody Phillips 60:08

5K Wheelchair

1 Alex Leveron 28:55
 2 Bob Burnsworth 28:57

Fun Run

1 Grant Elzinga 8:27

CAM "RUN FOR SHELTER"

August 16, 2014

Oakbrook Valley

5K RUN

1 Kory Kennedy 17:17
2 Braden Timmons 19:07
3 Christian High 20:06
4 Tom Abney 20:20
5 Noel Shafer 21:13
6 Heather Weber 21:22 1st woman
 7 Stephen Davis 21:37
8 Jordan Ousley 22:33
 9 Gary Callahan 23:08
10 Aaron Craig 23:57
 11 Nicole Peel 24:15
12 Keith Hill 24:47
13 Shelly Wyman 25:16
14 Paul Wyman 25:47
 15 Mike Wise 26:18
16 Mark Shorter 26:32
17 Charlie Skoog 26:55
18 R J Kerr 27:10
19 Michael Graham 27:19
20 Cara McKellar 27:43
21 Warren Tierney 28:26
 22 Cole Wise 28:27
23 Jacob Van Horn 29:05
24 Jennifer Van Horn 29:18
25 Anna Rangel 29:45
26 Scott Deyoe 30:19
 27 Jerry K. Fennell 30:25
28 Ann Hubbard 30:57
29 David A. Hughes 31:06
 30 Laurie Ousley 31:23
 31 Darren Miracle 32:11
32 Marianne Wilson 32:40
 33 Kelsey Koon 32:54
 34 Chris Cook 32:55
 35 Jason Rush 34:16
36 Alex Studebaker 35:38
37 Kelly Studebaker 36:54
38 Stan Shuey 37:40
39 Jp Wyman 38:09
 40 Marci Whitesell 38:21
 41 Tricia Nelson 38:28
42 Kathryn Wall 38:51

43 Sophia Wyman 43:20
 44 Ava Cothorn 43:21
45 Laura Cook 43:35
46 Anita Upchurch 45:45
 47 Kristianna Upchurch 45:46
 48 Danielle Rascoe 45:47
49 Sue O Keller 51:16
50 Shirley Bugher 57:43

5K WALK

1 Vince Lorenz 27:49
2 Mary Miller 33:47 1st woman
3 Vernon V Keller 36:17
4 Greg A. Wall 36:52
5 Toney Lorenz 39:32
6 Bob McBride 41:27
7 Jan A. Wall 41:41
8 Jenny Tudor 42:27
9 Kevin Whitted 42:30
10 Stephen Wilson 43:19
 11 Elizabeth Wilson 43:21
12 Robin Michael 43:54
13 Anita Dillman 45:49
14 Carrie Williams 45:51
 15 Rob Wilson 1:04:55
 16 Carol Torrents 1:04:56

Runnin' the Shores 5K

August 23, 2014

5K Trail Run

1 Kory Kennedy 18:00.4
2 Braden Timmons 20:00.3
3 Dana Neer 21:15.9
4 Noel Shafer 21:39.9
 5 Paul Paese 22:49.8
 6 Brittiani Gillem 22:59.6 1st woman
 7 Jacob Riley 23:36.5
8 John Anderson 23:48.9
9 Phil Rozzi 23:49.4
 10 Gary Callahan 23:56.9
 11 Diana Jones 24:27.6
 12 Cheryl Parrott 24:36.9
13 Aaron Craig 24:46.7
14 Michael Anderson 25:17.4
 15 Jeff Cardwell 25:23.9
 16 James Ball 25:24.4
 17 Lori Working 26:00.5
 18 Robert Lechner 26:07.4
19 Keith Hill 26:18.3
 20 Paul Cook 26:29.3
 21 Mike Wise 26:42.1
 22 Nikhil Sharma 26:49.2
 23 Patrick Bath 26:49.6
 24 Sabrina Edwards 26:56.7
 25 Leigh Swartzendruber 27:09.7
 26 Charles Conwell 27:11.5
 27 Amy McKittrick 27:12.1
 30 Matt Welke 27:23.5
 31 Kushe Welke 27:23.7
32 Jana Skoog 27:28.8
33 Mark Shorter 27:33.7
34 Cara McKellar 27:35.9
 35 Elizabeth Smith 27:44.1
36 Charlie Skoog 27:45.7
 37 Taylor Young 27:57.3
38 Warren Tierney 28:07.6
39 Tarin Serra 28:11.8
40 Rj Kerr 28:18.7
 41 Rudy Suryantoro 28:22.3
42 Michael Graham 28:27.7
43 Corey Moore 28:29.3
 44 Tami Moore 28:29.9
45 Mike Deardorff 28:43.7

46 Anna Rangle 28:55.4
 47 Wendell Kellett 29:00.6
 48 Cole Wise 29:12.9
 49 Jenny White 29:21.4
 50 Scott Curry 29:34.6
 51 Karen Lesko 29:37.1
 52 Melissa Lewis 29:50.4
 53 John Wieske 29:50.7
 54 Sarah Manuel 30:12.2
 55 Jeff Nelson 30:16.6
 56 Dan Lewis 30:17.4
57 Ann Hubbard 30:21.1
58 Jacob Van Horn 30:28.4
59 Jennifer Van Horn 30:34.7
60 Alex Anderson 30:42.4
 61 Cindy McClure 30:58.9
62 Chase Moser 31:16.9
 63 Jamie Dunlap 31:24.9
 64 Doug Dunlap 31:24.9
 65 Charlotte Mayer 31:34.6
66 Scott Deyoe 31:36.6
67 Laurie Ousley 31:43.9
68 Nancy Anderson 31:49.8
 69 Mike Federspill 31:50.2
 70 Corbin O'Neal 32:00.7
 71 Trezdon O'Neal 32:02.8
 72 Frank Greene 32:03.6
 73 Valeri Amend 32:09.4
 74 Stephen Lawler 32:14.4
 75 Marla O'Dell 32:25.4
 76 Claudie Eads 32:58.6
77 David Hughes 33:11.4
 78 Kristi Ball 33:18.9
 79 Kelli Keener 33:21.9
 80 Angie Roe 34:16.9
 81 Kelsey Koon 34:19.9
82 Marianne Wilson 34:56.4
 83 Steve Bell 35:06.4
 84 Terry McGaffney 35:27.7
 85 Emma O'Dell 35:43.2
 86 Kim Erickson 36:10.9
 87 Rae Mays 36:11.7
 88 Jason Rush 36:11.7
89 Alex Studebaker 36:20.1
 90 Cindy Cooney 36:25.8
91 Kelly Studebaker 36:31.3
 92 Jeff Lemasters 36:34.2
 93 Debbie Lemasters 36:34.6
 94 Sara Greene 36:40.6
95 Anita Upchurch 36:45.5
 96 Kristianna Upchurch 36:45.5
97 Bill Menges 38:07.1
98 Amber Longwith 38:26.6
 99 Lindsay Ousley 38:52.6
 100 Cassie Salinas 38:53.4
 101 Mona Sadler 39:31.6
 102 Jan Halperin 39:53.7
103 Robin Cole 40:57.4
104 Stan Shuey 40:57.9
 105 Laura Miller 41:06.6
 106 Danielle Rascoe 43:06.9
 107 Tracy Brown 43:30.2
 108 Marsha Sanders 43:52.1
 109 Stacy Hogwood 44:46.9
110 Sue Keller 46:58.4
111 John Paul Wyman 48:29.4
 112 Faith Sanders 48:32.1
 113 Sarah Parry 48:32.5
 114 Ava Cothorn 50:32.8
115 Lauren Weber 51:33.9
 116 Willie Oliver 52:01.2
 117 David Armstrong 52:01.5
118 Sophia Wyman 52:04.8
 119 Sharon Abad 52:58.7
 120 Lauren Lesko 52:59.5
 121 Kelly Brugotti 54:21.7
 122 Cheyenne

Shepherd 54:21.9

123 Shirley Bugher 59:28.4

5K Trail Walk

1 Vince Lorenz 28:27.9

2 Rosellen Connolly 30:44.9 1st woman

3 Mary Miller 34:49.6

4 Vernon Keller 36:36.9

5 Greg Wall 37:28.2

6 Toney Lorenz 41:23.7

7 Jan Wall 42:20.8

8 Bob McBride 42:38.4

9 Jeff Marrah 42:42.2

10 Kevin Bolyard 42:45.1

11 Kevin Whitted 43:53.7

12 Liam Paden 44:04.7

13 James Paden 44:46.9

14 Christine Watson 45:11.5

16 Jenny Tudor 45:15.6

17 Kenneth Thomas 45:15.6

18 Deb Cardwell 45:17.4

19 Carri Williams 45:20.2

20 Anita Dillman 45:23.5

21 Robin Michael 45:23.5

22 John Mohr 45:35.4

23 Molly McBride 46:28.2

24 Joy Balentine 47:08.3

25 Jennifer Coomer 47:08.9

26 Robyn Schmidt 47:50.7

27 Courtney Cardwell 48:08.4

28 Noah Cardwell 48:08.4

29 Kammy Conwell 48:35.2

30 Lanell Thomas 48:36.2

31 Karmen Glaspy 49:15.2

32 Lisa Price 49:15.6

33 Alan Breeden 49:16.9

34 Savannah Silvers 49:53.4

35 Kevin Silvers 50:03.7

36 Kelly Silvers 50:03.7

37 Roberta Myers 50:06.4

38 Julia Donahue 50:40.6

39 Clint Erickson 51:24.7

40 Cindy Erickson 51:24.8

41 Jacob Reed 51:42.3

42 Kelly Paden 51:42.3

43 Brad Reed 51:44.5

44 Danielle Rush 52:27.1

45 Claire Radel 52:40.2

46 Marie Radel 52:40.6

47 Julie O'Keefe 52:47.9

48 Steve Kiley 52:48.7

49 Seema Sood 52:58.3

50 Aditi Sood 52:58.7

51 Rob Lesko 52:59.2

52 Cindy Suryantoro 53:15.2

53 Terry Howell 54:04.5

54 Cathy Howell 54:04.7

55 Terri Holcomb 56:41.3

56 Charleene Warner 56:42.2

57 Anh Lee 56:50.2

58 Carol Ives 56:50.5

59 Michelle Johnson 57:21.7

60 Sue Stiles 57:22.1

61 Caroline Jewell 57:22.1

62 Debbie Crockett 57:36.1

63 Olga Donahue 57:36.1

64 Steve Eastman 57:47.2

65 Gene Kostrewa 57:47.2

Jackie Sanders Miracle Mile

Wednesday, Aug 6, 2014

Highland Park Walk/Bike Path

1. Kory Kennedy 4:59

2. Tom Abney 5:43

3. Adrienne Shepherd 6:30

4. Parker Jones 6:50

5. Gwen Grimes 7:00

6. Kevin O'Keefe 7:01

7. Phil Rozzi 7:34

8. Ari Leger 7:55

9. Mary Lucas 8:01

10. Rilee Jones 8:02

11. Matt Snyder 8:16

12. Abbie O'Keefe 8:22

13. Jacob VanHorn 8:29

14. Charlie Skoog 8:30

15. Jessica Estep 8:33

16. Max Elmore 8:44

17. Luke Leger 8:54

18. Ava Gibson 9:22

19. Dan Gibson 9:23

20. Katie Harbaugh 9:53

21. Ethan Snyder 10:25

22. Vern Keller 11:24

23. Melissa Jones 11:36

24. Lilli Dennis 12:05

25. Julie O'Keefe 12:07

26. Bruce Savage 12:36

27. Valerie Snyder 12:51

28. Jerry Leach 13:55

29. Jeanine Elmore 15:10

30. Brice Gambill 15:27

31. Shirley Bugher 16:18

32. Carol Savage 16:52

33. Leah Snyder 17:05

34. Owen Snyder 17:13

35. Kathy Snyder 17:13

36. Jeannie Gambill 17:42

37. Embree Gambill 17:44

38. Reeves Gambill 17:58

39. Todd Gambill 17:58

40. Dan Gibson 23:28

41. Phil Rozzi 24:02

42. Charlie Skoog 27:00

43. Dorian Gray 31:27

44. Adam Pickard 34:26

45. Adrienne Shepherd 34:27

46. Angel Shepherd 34:27

47. Max Clark 37:10

48. Julie Shroll 37:31

49. Jeff Freeman 45:05

Jackie Sanders Miracle Mile

Wednesday, August 13, 2014

Highland Park Walk/Bike Path

1. Parker Jones 5:12

2. Tom Abney 5:49

3. Allison Abney 6:08

4. James Sherbino 6:27

5. Clayton Shanks 7:32

6. Jacob VanHorn 7:43

7. Ari Leger 8:29

8. Colan Ruch 8:30

9. Luke Leger 8:44

10. Charlie Skoog 8:44

11. Jon Cooper 9:01

12. Ethan Snyder 9:37

13. Matt Snyder 9:38

14. Robin Tetrault 9:45

15. Ann Hubbard 9:52

16. Kevin Campbell 10:11

17. Mike Thrasher 10:22

18. Audrey Miller 11:20

19. Valerie Miller 11:23

20. Jennifer Miller 11:23

21. Ray Tetrault 11:26

22. Melissa Jones 11:32

23. Thomas Anderson 11:44

24. Michael Anderson 11:45

25. Brice Gambill 12:02

26. Valerie Leger 12:17

27. Bruce Savage 12:31

28. Emma Aldridge 12:44

29. Emilie Leger 12:45

30. Molly O'Keefe 12:47

31. Embree Gambill 13:36

32. Jerry Leach 14:07

33. Theresa Barlow 14:07

34. Piper Anderson 14:34

35. Angela Anderson 14:34

36. Leah Snyder 15:04

37. Valerie Snyder 15:17

38. Owen Snyder 16:01

39. Carol Savage 16:45

40. Shirley Bugher 17:13

41. Reeves Gambill 17:59

42. DeAnna Ancil 18:56

43. Sue Bond 18:56

Joe Kidd Rangel 5K

Old Ben/Highland Park 5K Course

1. Tom Abney 19:32

2. Steve McDorman 20:28

3. Parker Jones 24:36

4. Rilee Jones 24:38

5. Gwen Grimes 24:38

6. John Cleaver 27:26

7. Charlie Skoog 27:27

8. Rosellen Connolly 27:41

9. Ann Hubbard 30:01

10. Mark Schelbert 31:18

11. Dorian Gray 31:57

12. Ari Shanks 34:03

13. Vern Keller 35:27

14. Sue Keller 47:04

Jackie Sanders Miracle Mile

Wed, August 20, 2014

Highland Park Walk/Bike Path

1. Parker Jones 5:13

2. Jacob Vanhorn 8:06

3. Dorian Gray 10:00

4. Ethan Snyder 11:28

5. Brice Gambill 11:29

6. Melissa Jones 11:47

7. Bruce Savage 12:39

8. Jeff Freeman 13:57

9. Doirs Campbell 14:48

10. Kevin Campbell 14:49

11. Amanda Bell 15:31

12. Valerie Miller 15:46

13. Kayla Bullock 15:46

14. Jennifer Miller 15:47

15. Sue Phifer 16:43

16. Shirley Bugher 17:13

17. Audrey Miller 17:31

18. Carol Savage 17:35

19. Reeves Gahill 10:11

20. Todd Gahill 20:12

Joe Kidd Rangel 5K

Old Ben/Highland Park 5K Course

1. Parker Jones 23:27

2. Phil Rozzi 23:38

3. Gwen Grimes 25:52

4. John Cleaver 28:17

5. Kayla Bullock 28:35

6. Lisa Hopkins 28:53

7. Russ Hopkins 29:59

8. Robin Tetrault 31:05

9. Dorian Gray 33:47

10. Audrey Miller 40:20

11. Sherry Bullock 41:13

12. Jeff Freeman 44:20

13. Sue Keller 48:50

1. Steve McDorman 20:54

2. Riley Jones 23:42

3. Parker Jones 23:42

4. Gwen Grimes 25:33

5. John Cleaver 28:14

6. Lisa Hopkins 29:07

7. Russ Hoskins 29:26

8. Kayla Bullock 30:50

9. Anna Bullock 31:43

10. Valerie Miller 31:49

11. Jennifer Miller 31:50

12. Ann Hubbard 31:53

13. Ethan Snyder 31:43

14. Matt Snyder 38:28

15. Kathy Snyder 39:59

16. Audrey Miller 40:55

17. Mary Barnes 41:43

18. Sherry Bullock 42:18

19. Sue Keller 49:32

Jackie Sanders Miracle Mile

Wednesday, August 27, 2014

Highland Park Walk/Bike Path

1. Parker Jones 5:12

2. Jacob Vanhorn 8:02

3. Ari Leger 8:49

4. Robin Tetrault 10:18

5. Lisa Hopkins 10:27

6. Russ Hopkins 10:27

7. Melissa Jones 10:41

8. Valerie Leger 11:05

9. J D McClish 11:55

10. Bruce Savage 12:13

11. Amanda Bell 14:41

12. Sue Phifer 15:50

13. Carol Savage 17:39

14. Shirley Bugher 17:51

Joe Kidd Rangel 5K

Old Ben/Highland Park 5K Course

1. Parker Jones 23:27

2. Phil Rozzi 23:38

3. Gwen Grimes 25:52

4. John Cleaver 28:17

5. Kayla Bullock 28:35

6. Lisa Hopkins 28:53

7. Russ Hopkins 29:59

8. Robin Tetrault 31:05

9. Dorian Gray 33:47

10. Audrey Miller 40:20

11. Sherry Bullock 41:13

12. Jeff Freeman 44:20

13. Sue Keller 48:50

Points Standings

(V= volunteer, H=half marathon, M=marathon)

Runner 0-12

Female

Natalie Nicholson 95-5
Sophia Wyman 55-3
Hannah Moore 47-3
Ella Kantz 40-2
Lauren Weber 32-2
Esther Gollner 15-1

Male

Alex Studebaker 154-9
Jacob Van Horn 85-5
Jonah Hughes 75-4
Corey Moore 40-2
JP Wyman 37-3
Nathan Gollner 20-1
Jake Cleaver 15-1

Runner 13-19

Female

Bronwyn Getts 95-5 H
Anna Bullock 52-3 V
Valerie Merrick 35-2
Kayla Bullock 27-2
Allison Abney 20-1
Madison Cleaver 20-1
Sarah Gollner 20-1 V
Carly Jones 20-1
Jillian Ladow 20-1 H
Hannah Gollner 10-1

Male

Braden Timmons 260-13
MH
Noah Hughes 57-4
Nathan Nicholson 50-3
Alex Anderson 27-2
Jeremy Breedlove 20-1
Samuel Bettegnies 15-1
Austin Elliott 15-1
Chase Moser 12-1

Runner 20-24

Female

Gwen Grimes 124-7
Emilie Hubbard 120-7
Kelsey Kennedy 62-4
Nikki McCracken 35-2 H
Natalie Hoch 20-1
Amber Longwith 20-1

Male

Kory Kennedy 260-13
Billy Jones 12-1

Runner 25-29

Female

Kathryn Wall 140-7
Laura Heflin 30-2
Megan Tetrault 20-1 H

Parker Jones 135-7 H
Jordan Ousley 125-7 H

Walker 25-29

Male

Vince Lorenz 260-13 H

Runner 30-34

Female

Melissa Goad 120-6 H
Ashley Shanks 105-6
Valerie Leger 35-2 V
Angela Anderson 32-2 V
Rebekah Monroe-Boley 15-1

Male

Michael Anderson 100-5
HV

Luke Leger 20-1 V

Runner 35-39

Female

Jennifer VanHorn 230-12H
Kelly Wright 40-2 H
Angie Gollner 35-2
Geana Moore 27-2

Male

Chris Lasley 140-7 H
Maurice Wright 55-3 H

Walker 35-39

Female

Jenny Tudor 140-7
Erica Huffman 30-2

Runner 40-44

Female

Heather Weber 140-7 MH
Michele Nicholson 75-4
Dana Culp 32-2 H
Anne Kantz 30-2
Stacey Bettegnies 27-2
Sheree Bullock 20-1 V
Lora Felker 20-1 H
Patty Weitzel 20-1 V
Brooke Cleaver 10-1

Male

Christian High 195-10
MHH
Aaron Craig 187-11 H
Keith Hill 145-11 H
Brad Tomlinson 95-5 HH
Stu Nicholson 42-3
David Reinagle 32-2 H
Steve Gollner 20-1 V
Aaron Kirk 20-1 H
Scott Riggie 20-1
TA Weber 10-1

Runner 45-49

Female

Tami Moore 135-7 MH
Laura Cook 117-7
Shelly Wyman 95-5 MH
Joni McCracken 80-4 H
Suzie Snow 15-1
Carrie Gruel 10-1
Bea Wiles 9-1

Male

Noel Shafer 265-14 MH
Michael Graham 183-14 V
Jay Priest 115-6 MHH
Ron Moore 69-5
Paul Getts 64-5 H
Paul Wyman 59-4
Virgil Weitzel 49-3 H
Tom Abney 40-2
Daniel Lutes 20-1 M
Tommy Werst 20-1 H
Steve Merrik 9-1

Walker 45-49

Female

Carol Savage 105-6
Lisa Price 80-4

Runner 50-54

Female

Cara McKellar 295-15 UV
Ann Hubbard 162-12
Laurie Ousley 159-10 H
Marianne Wilson 96-9
Kelly Studebaker 88-9
Pam Freeman 37-3 H
Nancy Anderson 10-1

Male

Dana Neer 200-10 H
Warren Tierney 200-14 H
Scott Deyoe 170-11 HHV
Phil Rozzi 167-10 UH
Paul Olsen 30-2 H
John Anderson 27-2
Tom Cleaver 9-1

Walker 50-54

Female

Mary Miller 260-13
Chari Deyoe 50-3 H
Jean Heflin 35-2

Male

Kevin Whitted 160-8

Runner 55-59

Female

Jana Skoog 235-12 HH
Anna Rangel 200-11 UH
Robin Tetrault 166-11 HV
Mary Barnes 81-6 H

Anita Upchurch 62-4 H
Theresa Barlow 20-1 V
Vicki Boles 20-1 V

Male

Mike Deardorff 182-10 HH
Ray Tetrault 166-11 V
RJ Kerr 140-8
Jeff Freeman 80-7 H
Bruce Savage 61-6
Greg Townsend 47-3 V
Earl Strong 40-2
Jerry Meiring 27-2
Jeff Ladow 20-1 H
Keith McAndrews 20-1
Mark Rodgers 20-1 H

Walker 55-59

Female

Jayne Stucker 120-6 V
Jane Inman 20-1 H

Male

Damon Clements 80-4 UM
Steve Inman 20-1 H

Runner 60-64

Female

Sue Keller 262-15 HH
Shirley Bugher 169-13
Robin Cole 160-8
Rhenda Acton 30-2
Jeannie Townsend 20-1 V

Male

Ron Greene 240-12 HH
Charlie Skoog 229-14
HHV

Mark Shorter 213-14 H
Billy Menges 44-4
Tom Miklik 32-2 H
Steve Kilcline 20-1 V
Steve Kilcline 20-1 V
Rick Spencer 20-1 V

Walker 60-64

Female

Jan Wall 240-12 H
Carrie Williams 187-12
Barbara Hobbs 94-6 HH

Male

Vernon Keller 300-15 HH
Toney Lorenz 188-14 H
Greg Wall 185-12 H
Stephen Wilson 93-8 V
Melvin Hobbs 83-6 HH

Runner 65-69

Male

David Hughes 237-13
Ricke Stucker 65-4 V
Phil Leiningner 40-2 V

Walker 65-69

Female

Anita Dillman 260-13
MaryLou Rutherford 130-8
H

Diane Brown 20-1 V

Male

Bob McBride 235-12
Robin Michael 175-11

Runner 70-74

Female

Sarah KleinKnight 60-3
Susan Gerhart 20-1 H

Male

Billy Stanton 160-8
John Peters 100-6
Stan Shuey 92-5 V
Dale Sullivan 15-1

Walker 70-74

Male

John Mohr 195-11 H
Jim Gross 140-7
Dan Coughlin 20-1 V

Walker 75-79

Male

Jerry Lambert 120-6 H

Walker 80+

Male

Riley Case 100-5

Don't forget to come out to our weekly Wednesday evening Run/Walk in Highland Park, it's free, great training, fun and fellowship! Joe Kidd Rangel 5K starts at 5 PM and the Jackie Sanders Miracle Mile is at 5:45 PM. Register at Charlie Skoog's parked by the Concession stand shelter. Also Charlie is looking for someone to help time so he can run the 5K. Thanks all!!!

2014 Club Point Races

September 6

5th Annual Steps to Recovery 5K

Time:

Location:

Contact: Charlie Skoog

September 13

Annual CK Girls Night Out 5K

Time: 5:00 pm

Location: Downtown Kokomo

Contact: Rebecca Monroe

September 27

14th Bee Bumble 5K/10K

Time: 8:00 am

Location: Burnettsville, IN

Contact: Don Hurd

October 4

Cole Porter 5K Run/Walk, 15K Run

Time: 9:00 AM

Location: Circus Bldg, Peru, IN

Contact: Jim Yates

November 8

CKRR Charity 5K Run/ Walk

Points 20 for Each Finisher

Time: 9 AM

Location: UAW 292 Union Hall

Contact: Jeannie Townsend

November 27

Club Kokomo Cares 5K Run/Walk

Time: 8 AM

Location: Rogers Pavilion

Highland Park, Kokomo, IN

Highland Park

Contact: Ray & Robin Tetrault, Mark Shorter

Phone: (765) 854-1393

December 31

CKRR New Year's Eve

5K Run/ Walk

Time: 2 PM

Location: UAW Local 292

Contact: Joni McCracken

9-1 Valerie Merrick
9-2 Reagan Barnes
9-4 Ron Moore
9-4 Graysen Neer
9-5 Stu Nicholson
9-5 Bella Wright
9-6 Anna Rangel
9-8 Stacey Bettegnies
9-8 Amy R. Irick
9-9 Anne Kantz
9-9 Vernon Keller
9-10 Reeves Gambill
9-10 Mackenzie Wiles
9-13 Tobey Manning
9-13 Earl Strong
9-16 Wm. (Bill) Bennett
9-16 Emily Riggle
9-17 Steve Kilcline
9-17 Corey Moore
9-18 Barbara Hobbs
9-20 Nikki McCracken
9-20 Kelsey Weber
9-20 Bea Wiles
9-21 Lora Felker
9-22 Donald Andrews
9-25 Myra Moser
9-26 Theresa Barlow
9-26 Todd Gambill

September Birthdays

Notable Happenings

* Susan Gerhart completed the Indy Mini with a time of 3:18.

* Pam Freeman also completed the Indy Mini.

* Shelly Wyman completed the 70.3 Ironman in Muncie on July 12th

* Phil Rozzi and Anna Rangel completed the Howl at the Moon Ultra

Marathon on Aug 9th with a time of 34.44

* Barb & Mel Hobbs continue on their half marathon each month quest with the following races: June, Charlevoix Michigan where Barb finished 3:34:58 and Mel at 3:55:14; July brought Chicago Rock 'n' Roll where Barb finished with 3:38:29 and Mel at 3:38:32; then August brought the Old Farts Half in Lowell Michigan where Barb finished with a time of 6:31:57 and Mel at 6:31. Barb reports to me that yes, that time was correct. It was a trail race which included monster hills, rope burns and mud with a total elevation gain of 2,690 feet. They quickly realized that they were crazy (but committed) and that the marathoners were even crazier because they had to do the race twice!!

* Cara McKellar also participated in the Howl at the Moon on Aug 9th.

* Vernon Keller completed the Biggest Loser Chicago ½ Marathon walk on Sunday, Aug 3 in 2:43:58 with a 12:31 mile pace. He came in first in his age division 60-64.

* Sue Keller completed the Biggest Loser Chicago ½ Marathon Run on Sunday, Aug 3 in 3:34:34 with a 16:23 mile pace. Sue was able to finish forth in her age division 60-64.

* Matt York won the 3rd annual Lake Max Sprint Triathlon in Culver on Aug. 9th. Parker Jones, also a club member finished 4th. Some other local runners finished in the top 10 – Rich Bollinger – 9th and Chris Frazier – 10th. This event included 41 participants including 65 children in the inaugural kids triathlon.

Additional Schedule Dates

September 19, 2014 – 9th Annual Run@Work & 3rd Annual Run@School Day

Kokomo Education Foundation 5K - October 10, 2014

Contact Aaron Hyman – Middle School Athletics 765.455.8085 ext 370 or cell phone 765.419.2992

They are in need of VOLUNTEERS to help the day of the race, please contact Aaron for more details or to sign up

SAVE THE DATE: Saturday, Dec. 6 ~ KHCPL will host its first RUDOLPH FAMILY FUN RUN. The 5K run/walk includes a cool T-shirt, reindeer antlers, Rudolph nose, medal, trophies, door prizes, snacks, and an expert who can help YOU improve your time and train for a mini, marathon, or triathlon. All ages and all abilities welcome as well as pets on leashes. Check out the library's Facebook page and our website regularly for registration and run information.

Chaplain's Chatter

Early cross country results show Western and Kokomo leading the county boys' teams and Western and Eastern leading the county girls' teams. CK has three 5K points' races in September: Steps to Recovery, Girls' Night Out, and the Bee Bumble. Enjoy the month's heat because the winter of 2015 is supposed to be colder than last year.

The starting point for all happiness is shifting the focus away from yourself. If all you think about is yourself, you're going to be pretty miserable person. If you truly want to be happy in life, you have to care about the needs of those around you.

Paul gives Timothy as an example of this in Philippians 2:20-21: "There is not one like Timothy for having a real interest in you; everyone else seems to be worrying about his own plans and not those of Jesus Christ" (LB).

Most people are worrying about their own plans and aren't looking out for the interests of others. Most people don't get up in the morning and give their first thought to how someone else is doing. Most people are concerned with their own problems. And, that's why most people are unhappy with their lives.

If you want to be one of those rare, unselfish people, you've got to change your focus. You have to shift your focus away from yourself to other people. That's not something that comes naturally, so it's something that you have to learn to do.

I have to admit that it saddens me how many times that I have missed the needs of people around me that I love because I wasn't paying attention. I wasn't taking an interest in them. I hadn't shifted the focus from me to the others in the room. Because I wasn't looking out for their needs, I missed their needs. And that grieves me, a lot.

Instead of grieving missed opportunities, be intentional about looking away from yourself and to the needs of others, where you'll find happiness in serving God through serving others. "Don't be obsessed with getting your own advantage. Forget yourself long enough to lend a helping hand" (Philippians 2:4 MSG).

We can ask ourselves: 1. What are the distractions that keep me from focusing on the needs of others? 2. What needs have I neglected to address in someone's today to shift my focus toward helping that person?



Club Kokomo Roadrunners Meeting –Aug 11, 2014

1. Meeting opened at 6:00PM by President Patricia Weitzel.
 2. Prayer by Chaplain Ricke Stucker
 3. Minutes of previous meeting were approved.
 4. Brief Treasurer's report by Mark Shorter.
 5. Elections are this year; please let Mark Shorter know if you are interested in running for a position.
 5. Robin Tetrault reported that Coyote Kids had a successful year and thanked everyone for volunteered and participated this year.
 6. Motion for \$150 mile marker sponsorship at Cole Porter race from Charlie Skoog and Bruce Savage. Motion approved.
 7. Vicki Boles made motion & 2nd by Vern Keller for a Kokomo Education Foundation 5K sponsorship for \$150. Motion carried.
 8. Saints on the Run race for Oct 11, 2015 is proposed for 2015 club calendar. The calendar will be discussed at the September meeting.
 9. Haynes Apperson Race is being considered to finish in the new baseball stadium. Dana Neer, Michael Anderson and Terry Townsend are organizing the changes for the 2015 race.
 10. Charlie Skoog moved and Scott Deyoe seconded the purchase of a club domain name. Approved Patty Weitzel will look into this.
 11. Concern over baby carriages and infants during races. This too will be researched and discussed at Sept meeting.
 12. Questions regarding the finances of the club. How much are the CD's and where do they stand.
 13. Ricke Stucker feels the stop watches need replaced; one unit does not work well.
- Meeting adjourned

Those present were Mark Shorter, Ron Greene, Joe Yeagle, Vicki Boles, Patty Weitzel, Linda Kendall, Milt Brown, John Peters, Sue & Vernon Keller, Charlie Skoog, Jeff Freeman, Jenny Tudor, Ricke and Jayne Stucker, Scott Deyoe, and Robin Tetrault.



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