May 2014

# The RoadRunner

Club Kokomo Road Runners

# COYOTE KIDS 2014 - Ray & Robin Tetrault



It's time for Coyote Kids! The first night is Thursday, June 5<sup>th</sup> and every Thursday night (except the 3<sup>rd</sup> of July) through July. The dates are 6/5, 6/12, 6/19, 6/26, 7/10, 7/17, and 7/24 to make up a rain night if necessary. We can always use volunteers to run, guide, register, help at the finish line, parking, encourage the runners, and pass out popsicles & ribbons

New registrations start at 5:00 pm each Thursday night. The 25 and 50 yard runs start at 6:15pm and will continue until about 6:45 or until everyone has had a chance to run. The 220 yard run starts after warm ups at 6:30 pm. Each race follows when the previous race finishes. Parents can run with their children, but we will also have volunteers from our club to run alongside, guide, and encourage the fast and the slow! So come out and be

part of a life changing program!

If you can come at 4:30 PM to help set up that would be greatly appreciated. We always need help with the parking also. We have great sponsors to thank for allowing us to continue to offer a quality FREE program to families.

Spread the word and check out the website coyotekids.org and the Coyote Kids facebook page for announcements. If you are interested in volunteering please email me at <a href="mailto:rayrobin@email.com">rayrobin@email.com</a> so I can give you your assignments. Several have already committed to being a part. If you don't have young children, please sign up to volunteer.

See you in June on Thursday nights at Coyote Kids!

### Individual Highlights:

- 1 Coyote Kids 2014
- 1 Special Notes & May Meeting
- 1 Indy 500 Packet Pick Up
- 2 Wednesday Night Race Results
- 2 Member News
- 2 May Birthdays
- 2 May Newsletter Deadline
- 3 2014 Club Points Schedule
- 3 Additional 2014 Schedule
- 3 RRCA Running Safety Tips
- 4 Race Results
- 4 A Member's Thank You
- 4 From the President's Pen
- 5 Points Standing
- 5 Chaplain Chatter
- 6 Club Minutes

## June Newsletter Deadline

Do you have something for our May newsletter? Please forward it to me by May 30th for publication.

## **Race Reports**

Have you run a race outside of our club calendar? Remember you can earn points for two half marathons, one marathon, one volunteer and one Ultra.

I can be reached either by email or phone - - -

Linda Kendall – editor Jbm1100@gmail.com 765-860-4564

# NEXT CLUB MEETING - MONDAY, MAY 12TH AT 6 P.M. AT MARTINO'S RESTURANT SOCIAL HOUR AT 5 P.M.

# Take Note - Norris Insurance 3m walk / 4 m run

Please take notice – the Norris May 10<sup>th</sup> race begins at 8:30 a.m. There may have been previous conflicting info online but the newsletter schedule and registration forms are correct.

## Wednesday Night Race Results

#### Jackie Sanders Miracle Mile Wednesday, April 2, 2014 Highland Park Walk/Bike Path

- 1. Parker Jones 5:21
- 2. Max White 5:30
- 3. Charlie Skoog 9:00
- 4. Ray Tetrault 9:03
- 5. Kevin Campbell 9:17
- 6. Robin Tetrault 9:47
- 7. Ken Huston 9:55
- 8. Melisa Jones 10:55
- 9. Bruce Savage 11:04 10. Dorian Gray 12:18
- 11. Jerry Leach 14:21
- 12. Shirley Bugher 15:22

#### Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

- 1. Riley Jones 24:16
- 2. Gwen Grimes 24:16
- 3. Parker Jones 24:16
- 4. Phil Rozzi 24:43
- 5. Charlie Skoog 30:01
- 6. John Cleaver 30:27
- 7. Vern Keller 31:34
- 8. Zoe Hubbard 32:22
- 9. Ann Hubbard 32:23
- 10. Mary Barnes 38:13
- 11. Sue Keller 45:15

#### Jackie Sanders Miracle Mile Wednesday, April 9, 2014 Highland Park Walk/Bike Path

- 1. Parker Jones 5:29
- 2. Sam Grant 6:40
- 3. Corey Moore 7:53
- 4. Hannah Moore 7:58
- 5. Ron Moore 7:59 6. Rosellen Connolly 8:33
- 7. Rob Shanks 8:45
- 8. Cara McKellar 8:48
- 9. Jennifer Miller 9:07
- 10. Kayla Bullock 9:10
- 11. Kevin Campbell 9:23
- 12. Charlie Skoog 9:44
- 13. Ken Huston 9:51
- 14. Arianna Shanks 10:35
- 15. Ashley Shanks 10:37
- 16. Bruce Savage 11:15
- 17. ArianaGetts 11:33 18. Kobi Moore 11:51
- 19. Tami Moore 11:52
- 20. Geana Moore 12:08
- 21. Jeff Freeman 12:58
- 22. Jerry Leach 14:33
- 23. Joe Yeagle 15:02
- 24. Kelsey Townsend 17:19
- 25. Wesley Townsend 22:51
- 26. Terry Townsend 22:51

#### Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

- 1. Parker Jones 23:58
- 2. Gwen Grimes 23:59
- 3. Bronwyn Getts 27:10
- 4. John Cleaver 28:26
- 5. Kayla Bullock 28:26
- 6. Mike Daugherty 28:32

- 7. Ashley Shanks 28:37
- 8. Charlie Skoog 29:34
- 9. Jennifer Miller 31:15
- 10. Kelsev Kennedv 31:39
- 11. Vern Keller 32:28
- 12. Anna Bullock 37:59
- 13. Audrey Miller 38:00
- 14. Sheree Bullock 38:23
- 15. Valerie Miller 40:15
- 16. Jeff Freeman 41:44
- 17. Sue Keller 43:41

#### Jackie Sanders Miracle Mile Wednesday, April 16, 2014 Highland Park Walk/Bike Path

- 1. Parker Jones 6:27
- 2. Andrew Doran 6:33
- 3. Gwen Grimes 6:38 4. Rosellen Connolly 8:14
- 5. Charlie Skoog 8:30
- 6. Emily West 8:46
- 7. Kevin Campbell 9:52
- 8. Ken Huston 9:58
- 9. Joe Yeagle 11:13
- 10. Mary Barnes 11:25
- 11. Max Elmore 11:53
- 12. Ron Word 12:47
- 13. Jeff Freeman 13:14
- 14. Terry Townsend 14:41 15. Jerry Leach 14:52
- 16. Melisa Jones 16:09
- 17. Jana Skoog 16:09
- 18. Jeanine Elmore 16:17
- 19. Shirley Bugher 16:38

## Joe Kidd Rangel 5K Old Ben/Highland Park 5K

- 1. Charley Werst 22:34
- 2. Parker Jones 22:50
- 3. Gwen Grimes 22:55
- 4. Charlie Skoog 27:28
- 5. Kayla Bullock 28:21
- 6. Mike Daugherty 28:55
- 7. Vern Keller 33:05
- 8. Dorian Grav 38:11
- 9. Mary Barnes 38:13
- 10. Jeff Freeman 41:24
- 11. Sue Keller 45:00
- 12. Kelsey Townsend 45:52

#### Jackie Sanders Miracle Mile Wednesday, April 23, 2014 Highland Park Walk/Bike Path

- 1. Parker Jones 5:27
- 2. John Anderson 6:37
- 3. Riley Jones 7:35
- 4. Gwen Grimes 7:35
- 5. Rosellen Connolly 8:14
- 6. Alex Anderson 8:08
- 7. Jacob VanHorn 8:18
- 8. Kayla Bullock 8:34
- 9. John Cleaver 8:40
- 10. Rosellen Connolly 8:48
- 11. Anna Bullock 9:34
- 12. Sheree Bullock 9:38
- 13. Ken Huston 9:51
- 14. Kevin Campbell 9:51 15. Melissa Jones 10:51
- 16. Bruce Savage 10:56

- 17. Mary Barnes 11:24
- 18. Max Elmore 11:52
- 19. Jeff Freeman 12:00
- 20. Ron Greene 12:07 21. Shirley Bugher 16:07
- 22. Jeanine Elmore 17:08
- 23. Carol Savage 17:12

#### Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

- 1. Parker Jones 22:51
- 2. Ron Greene 22:52
- 3. Gwen Grimes 24:45
- 4. John Cleaver 27:53
- 5. Mike Daugherty 27:58
- 6. Cara McKellar 28:17
- 7. Kayla Bullock 28:19 8. Rosellen Connolly 28:45
- 9. Anna Bullock 31:19
- 10. Sheree Bullock 31:33
- 11Vern Keller 31:44 12 Dorian Gray 36:50
- 13. Mary Barnes 38:01
- 14. Jeff Freeman 39:32

## 15. Sue Keller 46:54 Jackie Sanders Miracle Mile Wednesday, April 30, 2014

- Highland Park Walk/Bike Path
- 1. Clayton Shanks 5:58
- 2. Rob Shanks 8:33 3. Charlie Skoog 8:49
- 4. Ken Huston 9:50
- 5. Mellissa Jones 10:17
- 6. Mary Barnes 10:30
- 7. Bruce Savage 10:49
- 8. Ron Word 11:33 9. Doris Campbell 13:22
- 10. Jerry Leach 14:23 11. Jeff Freeman 15:18
- 12. Shirley Bugher 16:01
- 13. Jeanine Elmore 17:21
- 14. Carol Savage 17:21 15. Max Elmore 17:23

## Joe Kidd Rangel 5K Old Ben/Highland Park 5K

- Course
- 1. Charley Werst 23:04
- 2. Christian High 23:04 3. Parker Jones 23:53
- 4. Riley Jones 23:55
- 5. Gwen Grimes 23:56
- 6. Bronwyn Getts 24:08
- 7. Phil Rozzi 24:08 8. John Cleaver 27:56
- 9. Rosellen Connolly 28:13
- 10. Charlie Skoog 28:15
- 11. Kayla Bullock 28:30 12. Cara McKellar 28:58
- 13. Anna Bullock 30:39 14. Sheree Bullock 31:23
- 15. Vern Keller 32:01 16. Ari Shanks 33:09
- 17. Ashley Shanks 33:09
- 18. Kevin Campbell 33:23 19 Dorian Gray 35:57
- 20. Mary Barnes 36:28 21. Sue Keller 45:25

## **Member News**

Braden Timmons & Noel Shafer completed their first marathon at the Crossroads of Northwest Indiana Marathon. Braden finished 5th & Noel came in 52nd.

Bronwyn Getts ran the Sam Costa with bib #922 F01-19, 1:00:25

Waverly Neer raced in the professional/elite collegiate heat of the 5000 meters (3.1 miles) at Stanford University on Friday April 4th, placing ninth (fourth college runner) with a personal best time of 15:37:8 (5:01 per mile pace). Her time is a Columbia University record, and is the fourth best time in the nation among 2014 collegiate runners.

Brad Tomlinson recently returned from Naples, FL where he ran in the Paradise Half with a time of 1:38:05 and finished 25th overall

Christian High ran the Carmel half marathon on 4/12/14 with a time of 1:30:17 finishing 42 out of 1452.

Boston Marathon runners included -Christian High with a time of 3:14:11. Heather Weber with a time of 3:24:31 Jay Priest with a time of 3:59:10

# May Birthdays

- 5-7 Matt Tetrault
- 5-10 Luke Bailey 5-10 Shawna Werst
- 5-13 Joni McCracken
- 5-13 Dana Neer
- 5-13 Nathan Nicholson 5-14 Jeremy Breedlove
- 5-15 Lisa Price
- 5-17 Mike Deardorff 5-17 Jim Gross
- 5-17 Keith McAndrews 5-18 Benjamin Weitzel
- 5-21 Sue O. Keller
- 5-21 Kathryn Wall 5-22 Kathleen Leach
- 5-24 Adrian Glover
- 5-24 Braden Timmons 5-25 Jane Inman
- 5-27 Anna Bullock 5-27 Bob McBride
- 5-28 Alex Anderson
- 5-29 Isaac Werst

## 2014 Club Point Races

### May 10

Norris Insurance 3m Walk/ 4m Run

Time: 8:30 am

Location: Jackson Morrow Park.

Kokomo, In Contact: John Norris Website: norrisinsurance.com

#### **May 17**

MCF Prison Breakout 5K

Time:

Location: Bunker Hill Contact: Anne Hubbard

### May 24

CKRR Almost Free 5K

Time: 8 am

Location: Highland Park Contact: Mark Shorter

#### June 7

Bona Vista 5K Run/Walk

Time: 8 am Location:

Contact: Vicki Boles

#### June 14

Norris Insurance 5m Run/3m Walk

Time: 8 am

Location: Greentown, IN Contact: John Norris Phone: (765) 395-7761 Website: norrisinsurance.com

### July 5

CKRR Haynes Apperson 4m, 3m and 1m

Time: 8 am

Location: Memorial Gym, Kokomo, IN Contact: Mike Anderson & family

#### July 12

Race for Grace 5K Run

Time: 8 am?

Location: Calvary Presby, 7th & Spencer

Strs. Logansport Contact:

Phone: (574) 753-0505

## July 19

Western Panther Prowl 5K Run/Walk

Time: 8 am

Location: Russiaville. IN Contact: Gary Jewell

NOTE: Please do NOT park in the lot at Waddell's IGA. It is reserved for their

customers only.

### August 2

Norris Insurance 5K Run/ Walk

Time: 8 am

Location: Converse, IN Contact: John Norris Website: norrisinsurance.com

## August 16

CAM Race for Shelter 5K Run/Walk

Time: 8 am

Location: Oakbrook Valley, Russiaville, IN Contact: Oakbrook Community Church Phone: (765) 252-7030

### August 23

Runnin the Shores 5K -

Time: Location:

Contact: Rebecca Monroe

#### September 6

5th Annual Steps to Recovery 5K

Time: Location:

Contact: Reba Harris

## September 13

Annual CK Girls Night Out 5K

Time: 5:00 pm

Location: Downtown Kokomo Contact: Rebecca Monroe

## September 27

14th Bee Bumble 5K/10K

Time: 8:00 am Burnettsville, IN Contact: Don Hurd

#### October 4

Cole Porter 5K Run/Walk, 15K Run

Time: 9:00 AM

Location: Circus Bldg, Peru, IN

Contact: Jim Yates

#### October 25

YMCA Jack-o-lantern Jog - maybe

5K Run/Walk Time: 8am

Location:YMCA, Kokomo Contact:

### November 8

CKRR Charity 5K Run/ Walk Points 20 for Each Finisher

Time: 9 AM

Location: UAW 292 Union Hall Contact: Jeannie Townsend

#### November 27

Club Kokomo Cares 5K Run/Walk

Time: 8 AM

Location: Rogers Pavilion Highland Park, Kokomo, IN Highland Park

Contact: Ray & Robin Tetrault, Mark Shorter

Phone: (765) 854-1393

#### December 31

CKRR New Year's Eve 5K Run/ Walk

Time: 2 PM

Location: UAW Local 292 Contact: Joni McCraken

## **Additional Schedule Dates**

## Apperson Kids Track & Field

July 5

Location: Memorial Gym Track Field Kokomo, IN

Contact: Jordan Ousley

## **Covote Kids Schedule**

Location: Jackson Morrow Park

Kokomo, IN

Contact: Robin & Ray Tetrault

June 5, 12, 19 & 26

July10, 17, 24 (rain date if necessary)

July 31-Awards

## RRCA GENERAL RUNNING SAFETY TIPS

- DON'T WEAR HEADPHONES. Use your ears to be aware of your surroundings. Your ears may help you avoid dangers your eyes may miss during evening or early morning runs.
- Run against traffic so you can observe approaching automobiles. By facing on-coming traffic, you may be able to react quicker than if it is behind you.
- Look both ways before crossing. Be sure the driver of a car acknowledges your right-of-way before crossing in front of a vehicle. Obey traffic signals.
- Carry identification or write your name, phone number, and blood type on the inside sole of your running shoe. Include any medical information.
- Always stay alert and aware of what's going on around you. The more aware you are, the less vulnerable you are.
- Carry a cell phone or change for a phone call. Know the locations of public phones along your regular route.
- Trust your intuition about a person or an area. React on your intuition and avoid a person or situation if you're unsure. If something tells you a situation is not "right". it isn't.
- Alter or vary your running route pattern; run in familiar areas if possible. In unfamiliar areas, such as while traveling, contact a local RRCA club or running store. Know where open businesses or stores are located in case of emergency.
- Run with a partner. Run with a dog.
- Write down or leave word of the direction of your run. Tell friends and family of your favorite running routes.
- Avoid unpopulated areas, deserted streets, and overgrown trails. Avoid unlit areas, especially at night. Run clear of parked cars or bushes.
- Ignore verbal harassment and do not verbally harass others. Use discretion in acknowledging strangers. Look directly at others and be observant, but keep your distance and keep moving.
- Wear reflective material if you must run before dawn or after dark. Avoid running on the street when it is dark.
- Practice memorizing license tags or identifying characteristics of strangers.
- Carry a noisemaker. Get training in self-defense.
- When using multi-use trails, follow the rules of the road. If you alter your direction, look over your should before crossing the trail to avoid a potential collision with an oncoming cyclist or passing runner.
- CALL POLICE IMMEDIATELY if something happens to you or someone else, or you notice anyone out of the ordinary. It is important to report incidents immediately

The RRCA encourages our members and the press to reproduce and circulate these tips. Please be sure to acknowledge the RRCA as your source for General Running Safety Tips.

## **Race Results**

CKRR Ultimate 10m run, 5 mile run, 5 mile Walk Logansport, IN April 5, 2014 10 Mile Run

- 1. Cole Jackson 57:40
- 2. Scott Colford 59:47
- 3. Parker Jones 1:01:35
- 4. Dana Neer 1:05:32
- 5. Jay Priest 1:09:52
- 6. Pablo Morales 1:10:59
- 7. Brad Tomlinson 1:11:23
- 8.SteveMcDorman 1:15:32
- 9. Chris Lasley 1:16:52
- 10. Manuel Torres 1:18:25
- 11. Kelly Wright 1:19:55
- 12. Ron Greene 1;20:37
- 13. Jordan Ousley 1:22:25
- 14. Nicole Hampshire 1:22:25
- 15. Jeff Scott 1:23:09
- 16. Keith Hill 1:23:52
- 17. Tarin Serra 1:24:36
- 18. Michelle Larson 1:25:01
- 19. Charlie Skoog 1:27:10
- 20. Tami Moore 1:27:27
- 21. Dana Culp 1:27:55
- 22. Jennifer Van Horn 1:28:06
- 23. Jon Serra 1:28:13
- 24. Connie Gamble 1:29:02
- 25. Jana Skoog 1:31:55
- 26. Angela Marrow 1:32:54 27. Shane Hillman 1:32:54
- 28. Kevin Lucy 1:34:12
- 29. Bethany Kirkwood 1:35:05
- 30. Mike Deardorff 1:35:21
- 31. Melissa Goad 1:35:38 32. Mark Shorter 1:36:02
- 33. Maurice Wright 1:36:30
- 34. Kelly Sears 1:46:27
- 35. David Hughes 2:11:18
- 36. Fred Chew 2:11:18

#### 5 Mile Run

- 1. Kory Kennedy 29:46
- 2. Gwen Grimes 37:43 1st

#### woman

- 3. Carly Jones 38:16
- 4. Phil Rozzi 40:24
- 5. Mike Gaines 41:02 6. Todd Hostetler 41:39
- 7. Billy Stanton 41:47
- 8. Ethan Hostetler 42:53
- 9. Billy Jones 43:44
- 10. Joni McCracken 44:31 11. Warren Tierney 45:16
- 12. Rocky Ellis 45:48
- 13. Emilie Hubbard 47:14 14. Jenny White 48:32
- 15. Laurie Ousley 49:33
- 16. Mike Daugherty 50:35
- 17. Abigail Barger 50:46
- 18. Robin Tetrault 51:29
- 19. Ray Tetrault 53:08
- 20. JenniMykkanen 53:39
- 21. Ann M. Hubbard 54:04
- 22. Virgil Weitzel 54:38
- 23. Michael Graham 54:42
- 24. Kelly Studebaker 1:05:48
- 25. Sue Keller 1:11:03
- 26. Lisa Kesling 1:11:04
- 27. Megan Landis 1:17:14
- 28. Shirley Bugher 1:25:25

## A Member's Thank You!

Just a passing along a note of how Club Kokomo impacts our children. Zach Miller just ran his 1st marathon in Carmel today with a time of 3:02.45, qualifying him for the Boston Marathon next year.

The little boy who used to bake his 4H cookies and bring them to

Club Kokomo to taste test before submitting them for judging has grown up! The Wiles can attest to this! Club Kokomo is like another family. Zach received much encouragement from CK members when he used to run during his elementary and middle school years.

I do not have any email addresses but Mark Shorter's and Linda's so I am sending this to you guys to say Thank You for all Club Kokomo does! Feel free to pass this along to others because so many people have touched Zach's life.

Even though he now lives around Carmel, perhaps we can connect him with other Boston qualifiers in the future.

Thank you! - Mary Miller -



## 5 Mile Walk

- 1. Vince Lorenz 44:44
- 2. Mary Miller 52:46 1st woman
- 3. Toney Lorenz 1:04:48
- 4. Jim Gross 1:04:50
- 5. Bob McBride 1:09:15
- 6. Marsha Daugherty 1:10:19
- 7. Anita Dillman 1:12:14

## From the President's Pen

Spring! Glorious spring has arrived! The grass is green, the birds are singing and the runners are running outside. Have you signed up for the "Almost Free" race yet? If you get your registration form in before the deadline, you, as a club member, do not have to pay to participate. This is our club's way of saying "Thank You" for being a member. A few of our regular volunteers will not be at the race. We need you to help! If you volunteer for this CKRR event, you will receive volunteer points. With most of the volunteer jobs, you can still run the race. You will, however, only receive points for the volunteer work and not for running the race.

Some of our newer members have asked how they can earn club points and why they want club points. Let me give you a brief run down. Points are only awarded to club members. If you are not a club member at the time you run a race, and later become one, we do not go back and assign points. So, please get your membership forms in as soon as you can.

Club members in each age division receive: 20 points to any club member who volunteers at a CKRR event (Ultimate, Almost Free, Haynes Apperson, Girl's Night Out, Charity Run, Club Kokomo Cares, and New Year's Eve races). You can earn volunteer points one time and you will not earn race points at the same event. 20 points for 1st place, 15 for 2nd, 12 for 3rd, 10 for 4th, 9 for 5th, 8 for 6th, etc. Age divisions are the same for, runners and walkers, men and women. They are 0-12, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44,45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+. Racing one and/or two half-marathons, and/or marathon and/or one ultra-marathon is good for 20 points.

Now that you know how to get points, you may be wondering what you do with the points you receive. Prizes are awarded at the annual banquet. Both runners and walkers must finish 10 races and be in the top 3 of your group to be eligible for awards (you can keep an eye on your standing, in the monthly newsletter.) Runners and walkers (male or female) in the 0-12, 13-19, 70-74, 75-79, and 80+ age groups must finish 5 races and be in the top 3 of their age group to be eligible for awards. The point's award year is from January 1 through December 31. All awards are presented at the annual awards luncheon.

If you notice what you think is an error, in your points, please contact the newsletter editor and "kindly" present what you believe is the error. Please remember, we are all volunteers.

Hope to see you all at the "Almost Free" race next month.

# **Points Standings**

(V= volunteer, H=half marathon, M=marathon)

# Runner 0-12 Female

Natalie Nicholson 35-2 Ella Kantz 20-1 Hannah Moore 12-1

#### Male

Jonah Hughes 20-1 Corey Moore 20-1 Jake Cleaver 15-1

# Runner 13-19 Female

Madison Cleaver 20-1 Bronwyn Getts 20-1H Carly Jones 20-1

#### Male

Braden Timmons 60-3M Samuel Bettegnies 15-1 Noah Hughes 15-1

## Runner 20-24 Female

Emilie Hubbard 50-3 Gwen Grimes 44-3 Natalie Hoch 20-1 Nikki McCracken 15-1

#### Male

Kory Kennedy 60-3 Jordan Ousley 50-3 Billy Jones 12-1

## Runner 25-29 Female

Kathryn Wall 40-2 Laura Heflin 30-2 Megan Tetrault 20-1H

## Male

Parker Jones 60-3
Walker 25-29

## Male

Vince Lorenz 60-3 Runner 30-34

## Female

Melissa Goad 40-2 Valerie Leger 15-1 Angela Anderson 12-1

## Male

Michael Anderson 20-1

## Runner 35-39 Female

Jennifer Van Horn 55-3 Kelly Wright 20-1 Geana Moore 15-1

### Male

Chris Lasley 40-2 Maurice Wright 15-1

# Runner 40-44 Female

Michele Nicholson 40-2 Stacey Bettegnies 27-2 Heather Weber 20-1M Anne Kantz 15-1 Brooke Cleaver 10-1

### Male

Brad Tomlinson 60-3H Keith Hill 42-3 Scott Riggle 20-1 Christian High 15-1 Dana Culp 12-1

## Runner 45-49 Female

Joni McCracken 60-3 Tami Moore 35-2 Laura Cook 27-2 Carrie Gruel 10-1 Bea Wiles 9-1

### Male

Jay Priest 75-4MH Noel Shafer 60-3M Michael Graham 37-3 Ron Moore 27-2 Virgil Weitzel 20-1

## **Walker 45-49**

**Female** Lisa Price 20-1 Carol Savage 15-1

# Runner 50-54 Female

Cara McKellar 55-3V Ann Hubbard 42-3 Laurie Ousley 40-2

#### Male

Dana Neer 60-3
Phil Rozzi 50-3
Scott Deyoe 44-3H
Warren Tierney 35-3
Kevin Whitted 9-1
Tom Cleaver 8-1
Walker 50-54

## Female

Mary Miller 40-2 Jean Heflin 20-1

# Runner 55-59 Female

Jana Skoog 80-4H Robin Tetrault 50-3H Mary Barnes 27-2 Anna Rangel 15-1

### Male

Mike Deardorff 52-3H Ray Tetrault 50-3 Keith McAndrews 20-1 Greg Townsend 20-1V RJ Kerr 15-1

# Walker 55-59 Female

Jayne Stucker 60-3V

#### Male

Damon Clements 20-1 Runner 60-64 Female Sue Keller 60-3 Shirley Bugher 30-2

#### Male

Charlie Skoog 70-4H Ron Greene 60-3H Mark Shorter 39-3 Steve Kilcline 20-1V Steve Kilcline 20-1V Rick Spencer 20-1V

# Walker 60-64 Female

Jan Wall 40-2 Carrie Williams 30-2

#### Male

Toney Lorenz 44-3 Vernon Keller 40-2 Greg Wall 30-2

## Runner 65-69 Male

David Hughes 55-3 Phil Leininger 40-2V Robin Michael 27-2 Ricke Stucker 20-1V

## Walker 65-69 Female

Anita Dillman 60-3 Diane Brown 20-1V Mary Lou Rutherford 15-1 Male

Bob McBride 40-2

## Runner 70-74 Male

Billy Stanton 60-3 John Peters 30-2

## Walker 70-74 Male

Jim Gross 60-3 John Mohr 30-2 Dan Coughlin 20-1V

## Walker 75-79 Male

Jerry Lambert 20-1

Walker 80+ Male

Riley Case 20-1

# **Chaplain's Chatter**

The 90<sup>th</sup> Kokomo Relays. The Indy Mini. 3 Saturday CK races. Golf. Mushrooms. Motorccle rides. Free physicals for Howard County athletes at KHS. Mother's Day. Sectional and Regional track meets. The Indy 500. Memorial Day. Fun month!

Our extended family is showing up for dinner and we're really dreading it because some of them are very hard to get along with. Should we just be gracious and pretend that everything is okay, or should we confront them?

Instead of seeing this as a problem, why not ask God to help us see it as an opportunity to bring our family closer together?

How might we do this? One way would be to do all we can to include others in our planning and preparation – even some who aren't normally included. The main thing is to make everyone feel welcome.

Then, pray about this gathering, asking God in advance to defuse any potential problems and hurt feelings, and to make it a time of peace and joy. In addition, begin our meal with a prayer, thanking God not only for the food He has provided, but also for the privilege of being together as a family.

Finally, ask God to help us be an example of grace and kindness to our family. It could do much to calm some who might otherwise be tempted to speak critically or unwisely.

Always thanking God for his gift of grace,

Ricke



CK Meeting April 14, 2014

- 1. Opening prayer by Chaplain RickeStucker
- 2.Brief Treasurer's report by Treasurer Mark Shorter
- 3. Minutes of the previous meeting were approved.
- 4. Mike Cowan Scholarship Committee reported that they have 2 candidates.
- 5. Robin Cole has again volunteered to pick up 500 Festival packets this year. Members must give their confirmation and copy of their ID to Robin by April 29, 2014.
- 6. Ultimate Race director RickeStucker stated that were 71 participants. However, the number of volunteers to help with the race was low. Those present were reminded that if we do not have volunteers to work at our races, we may not have those races the next year.
- 7. Almost Free Race. Location has not been determined as of yet. Park Board is meeting this week. If a location (Foster Park or Highland Park) is not determined by Friday April 18, then Club Kokomo will cancel the race.
- 8. Charlie Skoog moved and Greg Townsend seconded, "To allow MCF Prison Breakout 5K race to use the Club Kokomo timing equipment." Approved
- 9. Jeannie Townsend moved and Charlie Skoog seconded "To give \$100 to Cass and Fulton County Extension Homemakers 5K Run and Fun Walk in honor Rhenda Acton." passed
- 10. Charlie Skoog thanked those that volunteered at the Sam Costa water stop.
- 11. We looked at the future races to clarify any problems. Mark Shorter said he would contact Dave DuBois at the YMCA for information about the YMCA Jack-O-Lantern 5K.
- 12. New Business:
- A. Charlie Skoog moved and Diana Brown seconded, "To use Get me Registered as the club's online registration site." passed B. Vicki Boles moved and RickeStucker seconded" To purchase Microsoft Publisher for Editor Linda Kendall to use for the newsletter." passed Meeting adjourned

Those present were: Dan Coughlin, Diana Brown, Joe Yeagle, Jeannie and Greg Townsend, Myrna Tappan, Milt Brown, John Sites, Patricia Weitzel, RickeStucker, Robin Cole, Richard Kerkhof, Charlie and Jana Skoog, Vicki Boles



2936 Congress Drive Kokomo, IN 46902