April 2014

The RoadRunner

Club Kokomo Road Runners

Winter in Florida - Jeannie Townsend

It was a long long winter everyone agrees. Spring is here most days, just a few leftovers to be served then on with it! I can't complain as much as most. I was lucky enough to be in Florida twice this winter. I left the first day of January on a road trip with an old friend destination Fernadina Beach Florida [northeast corner]. I was lucky again because I missed the really big snowfall. I enjoyed walking to the beach and back, about 3 miles round trip and it was pretty cool there too. Robin Cole and Richard Kerkhof invited me in February, so I flew down the last week. The weather was perfection low 80s everyday, but I was farther south, this time in Ft. Myers. I was there a couple years ago and did the Edison 5K with Robin and Anna Rangel. Anna won her age group which is a big deal since there are over 2500

participants. Well this year we did something different......Robin, Kathy and I did back to back 5Ks. Nothing for them but I am not used to that, vikes my shins were sore. The first race we did was the Swamp Trot in LaBelle Florida...yep you guessed it, much smaller race than the Edison. Proceeds for this race went to local humane society. It was foggy driving over that morning and still a little foggy at the after. I wish I had taken my camera because it finished under a row of live oak trees with myrtle hanging down and a little foggy would have made a great picture. Kathy did well in her age group. Sunday Richard and Kathy's husband Larry drove us over to Gasparillo Island Boca Grande, Florida. It is a small island with private homes and rentable condo dwellings, beautiful beaches. No fog but it was very

humid! The race started behind the small school, really neat open air building named what else, The Island School. There was no shade for this race except a little at the beginning and the finish. The finish was really neat because we turned onto Banyun Rd and it was lined with huge Banyun trees. They are really beautiful trees that grow up of course but drop tentacles down that take root. There is not really a bark on the tree just a smooth skin. Alas you are probably wondering where Greg was, he is a school bus driver so he was home waiting for snow days! Well I'm off to Gulf Shores with the grandkids for spring break. Just savinthis retirement life is tough to keep up with. Thanks Robin and Richard and thanks to Esther for inviting me!

Individual Highlights:

1 Winter in Florida

- 1 Next Club Meeting
- 1 Indy 500 Packet Pick Up
- 2 Wednesday Night Race
- Results 2 Sam Costa Results
- 2 Cancer.....
- 2 April Birthdavs
- 2 May Newsletter Deadline
- 2 Race Reports / News
- 3 2014 Club Points Schedule
- 3 Additional 2014 Schedule
- 3 Running Tips
- 4 Race Results
- 5 Points Standing
- 5 Chaplin Chatter
- 6 Club Minutes



NEXT CLUB MEETING – MONDAY, APR. 14TH AT 6 P.M. AT MARTINO'S RESTURANT SOCIAL HOUR AT 5 P.M.

Indy 500 Mini Marathon - Packet Pick Up Available

For those of you who would like Robin Cole to pick up your Mini-marathon packets for you be sure to get the back page of your pamphlet to her by Wednesday April 30th. The earlier you get the back page to her, the easier it is for her so don't wait until the last minute. Robin is available most Wednesday nights in Highland Park. Please include your phone number on the page in case she needs to contact you. You can pick up your packet any time on Friday, May 2^{nd,} on the Tetrault's front porch. The Tetrault's live in the large brick home behind the maintenance garage in Highland Park. If you want to mail your back page to Robin's address is – Robin Cole 7071 W 500 S, Russiaville, IN 46979

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Wednesday Night Race Results

- Jackie Sanders Miracle Mile Wednesday, March 5, 2014 Highland Park Walk/Bike Path 1. Charlie Skoog 9:40
- 2. Parker Jones 10:50
- 3. Melissa Jones 11:08
- 4. Ken Huston 11:56

Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

- 1. Parker Jones 27:36
- 2. Gwen Grimes 27:43
- 3. Rick Kerr 29:31
- 4. Charlie Skoog 30:37

Jackie Sanders Miracle Mile Wednesday, March 19, 2014 Highland Park Walk/Bike Path

- 1. Sam Grant 7:07
- 2. Parker Jones 7:13
- 3. Charlie Skoog 9:46
- 4. Emily Riggle 10:54

Cancer...

Melissa Jones 11:17
Gretchen Riggle 11:25
Scott Riggle 11:29
Bruce Savage 11:44
Jerry Leach 14:54
Melissa Grant 16:18

Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

11. Shirley Bugher 16:44

- 1. Parker Jones 18:14 2. Charley Werst 24:13 3. Emilie Hubbard 29:08 4. Charlie Skoog 30:29 5. Zoe Hubbard 32:29 6. Ann Hubbard 32:30 7. Vern Keller 34:45 8. Ken Huston 38:34 9. Sue Keller 45:38
- Jackie Sanders Miracle Mile Wednesday, March 26, 2014 Highland Park Walk/Bike Path 1. Charlie Skoog 8:52 2. Ken Huston 12:09 3. Jerry Leach 14:59 4. Shirley Bugher 16:30
- Joe Kidd Rangel 5K

Old Ben/Highland Park 5K Course

1. Jeremy Breedlove 17:20 2. Jordan Fivecoate 18:49 3. Riley Jones 18:55 4. Parker Jones 18:56 5. Mike Daugherty 29:50 6. Vern Keller 31:34 7. Zoe Hubbard 31:40

- 8. Ann Hubbard 31:40
- 9. Jeff LaDow 31:52
- 10. Kevin Campbell 37:34
- 11. Sue Keller 44:51

Jeannie Townsend

...Just saying the word gets our attention. Anyone of us can probably say we know someone, friend or family who has had cancer. Rhenda Acton is currently going thru treatment for breast cancer. Rhenda has been a member of Club Kokomo for many years, as you may know her from running against her in a race or by competing in the Ultimate just to taste her delicious cookies. The Cass and Fulton County Extension Homemakers are hosting a 5K run/walk May 17th to raise funds for Purdue Cancer Research. Rhenda did this race last year and was planning to do it this year but will be unable due to ongoing treatment and recent surgery. Let's support Rhenda and the cause by participating in the race or making a monetary donation. The pre-registration deadline is April 28th. I have been on this course and it really is very pretty as it runs along the EEL River. I know this isn't a point's race but it is for much needed research and could be a fun day with some different scenery!

(registration and contribution

May Newsletter Deadline

Do you have something for our May newsletter? Please forward it to me by April 30^{th} for publication.

Race Reports

Have you ran a race outside of our club calendar? Remember you can earn points for two half marathons, one marathon, one volunteer and one Ultra.

I can be reached either by email or phone - - -

Linda Kendall – editor Jbm1100@gmail.com 765-860-4564



Sam Costa 2014

Congratulations to everyone who participated in the 45th Annual Sam Costa Half Marathon. The links to the results are posted on their facebook page as well as their home page. Below are the results for our members that I pulled. If you are a club member that I missed, please let me know so I can add your points for completing a half marathon.

435 Finishers with an 1:55:16 Average Time 182 Females and 253 Males

26	Jay Priest	1:31:11
176	Ron Greene	1:49:36
63	Charlie Skoog	1:58:59
113	Mike Deardorff	2:02:49
56	Jana Skoog	2:06:53
122	Scott Deyoe	2:10:12
512	Megan Tetrault	2:36:14
259	Robin Tetrault	2:37:06

April Birthdays

5-6 Matt Tetrault 5-9 Shawna Werst 5-10 Luke Bailev 5-12 Dana Neer 5-12 Joni McCracken 5-12 Nathan Nicholson 5-13 Jeremy Breedlove 5-14 Lisa Price 5-16 Jim Gross 5-16 Keith McAndrews 5-16 Mike Deardorff 5-17 Benjamin Weitzel 5-20 Kathrvn Wall 5-20 Sue O. Keller 5-21 Kathleen Leach 5-23 Adrian Glover 5-23 Braden Timmons 5-24 Jane Inman 5-26 Bob McBride 5-27 Alex Anderson 5-28 Isaac Werst 5-31 Natalie Hoch

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2014 Club Point Races

April 5

CKRR Ultimate 10-Mile Run & 5-Mile Run/Walk& 1 mile fun run Time: 9 am Location: Tierney Warehouse 1401 W. Cliff Dr, Logansport Contact: Ricke& Jayne Stucker

May 10

Norris Insurance 3m Walk/ 4m Run Time: 8:30 am Location: Jackson Morrow Park, Kokomo, In Contact: John Norris Website: norrisinsurance.com

May 17

MCF Prison Breakout 5K Time: Location: Bunker Hill Contact: Anne Hubbard

May 24

CKRR Almost Free 5K Time: 8 am Location: Highland Park Contact: Mark Shorter

June 7 Bona Vista 5K Run/Walk

Time: 8 am Location: Contact: Vicki Boles

June 14

Norris Insurance 5m Run/ 3m Walk Time: 8 am Location: Greentown, IN Contact: John Norris Phone: (765) 395-7761 Website: norrisinsurance.com

July 5

CKRR Haynes Apperson 4m, 3m and 1m Time: 8 am Location: Memorial Gym, Kokomo, IN Contact: Mike Anderson & family

July 12

Race for Grace 5K Run Time: 8 am ? Location: Calvary Presby, 7th & Spencer Strs, Logansport Contact: Phone: (574) 753-0505

Julv 19

Western Panther Prowl 5K Run/Walk Time: 8 am Location: Russiaville, IN Contact: Gary Jewell NOTE: Please do NOT park in the lot at Waddell's IGA. It is reserved for their customers only.

August 2

Norris Insurance 5K Run/ Walk Time: 8 am Location: Converse, IN Contact: John Norris Website: norrisinsurance.com

August 16

CAM Race for Shelter 5K Run/Walk Time: 8 am Location: Oakbrook Valley, Russiaville, IN Contact: Oakbrook Community Church Phone: (765) 252-7030

August 23

Runnin the Shores 5K -Time: Location: Contact: Rebecca Monroe

September 6

5th Annual Steps to Recovery 5K Time: Location: Contact: Reba Harris

September 13

Annual CK Girls Night Out 5K Time: 5:00 pm Location: Downtown Kokomo Contact: Rebecca Monroe

September 27

14th Bee Bumble 5K/10K Time: 8:00 am Burnettsville, IN Contact: Don Hurd

October 4

Cole Porter 5K Run/Walk, 15K Run Time: 9:00 AM Location: Circus Bldg, Peru, IN Contact: Jim Yates

October 25

YMCA Jack-o-lantern Jog - maybe 5K Run/Walk Time: 8am Location:YMCA, Kokomo Contact:

November 8

CKRR Charity 5K Run/ Walk Points 20 for Each Finisher Time: 9 AM Location: UAW 292 Union Hall Contact: Jeannie Townsend

November 27

Club Kokomo Cares 5K Run/Walk Time: 8 AM Location: Rogers Pavilion Highland Park, Kokomo, IN Highland Park Contact: Ray & Robin Tetrault, Mark Shorter

Contact: Ray & Robin Tetrault, Mark Shorter Phone: (765) 854-1393 December 31

CKRR New Year's Eve 5K Run/ Walk Time: 2 PM Location: UAW Local 292 Contact: Joni McCraken

Additional Schedule Dates

Apperson Kids Track & Field

July 5 Location: Memorial Gym Track Field Kokomo, IN Contact: Jordan Ousley

Coyote Kids Schedule

Location: Jackson Morrow Park Kokomo, IN Contact: Robin & Ray Tetrault June 5, 12, 19 & 26 July10, 17, 24 (rain date if necessary) July 31-Awards

2014 – 44th Annual Kokomo Summer Distance Camp – (KSDC)

5 camp sessions (track meets) with distance coaches available as well as informative/instructional handouts, meeting 5 Tuesdays: June 17, June 24, July 8, July 15 and July 22. Meet starts at 6pm and gates open at 5pm at KHS-Walter Cross Field. \$30, or \$8 per session with checks payable to Ricke Stucker. Session ribbons for top 3 places (male & female) in 4 age groups. T-shirt for pre-paid \$30. Plaques for top 3 in age group male and female, at conclusion of camp (must attend 3 of 5 sessions). Age groups 10 & under, 11-13, 14-19 and Open. Please see Ricke Stucker if interested, or email me for a registration form.



If you wish to participate in the Crossroads of Northwest Indiana Marathon Half Marathon on April 27 and would like a discount code, please contact Frank Johnson, for a discount code that will offer ten dollars off the half and twenty off the full. They have Olympian Debbi Sullivan scheduled to be at the expo on Saturday. Frank's email address is <u>fdkbjohn@dbcglobal.net</u> and phone *#* is <u>219 805 6526</u>

RUNNING TIPS

- Running (and walking) is simple, accessible, and affordable activity that just about any person can do

- Improved fitness and health status, accessibility, cost, stress reduction, access to networking opportunities and flexibility of participation make running easy to begin and even easier to continue.

- Running three to four times a week for 30 minutes or more will result in improved physical fitness. Running strengthens the heart and lungs and the major muscles of the body. Running reduces stress and can improve selfesteem.

(Copied by permission from RRCA.org)



29th Annual Old Ben 5K March 8, 2014 **Highland Park** Kokomo, IN 5K Run 1 Kory Kennedy 17:31.1

2 Chad Carver 17:59.9 3 Matt York 18:14.8 4 Braden Timmons 18:30.1 5 Dana Neer 18:40.1 6 Jordan Fivecoate 19:28.9 7 Jordan Ousley 20:05.8 8 Heather Weber 20:08.4 1st woman 9 Noel Shafer 20:14.3 10 Brad Tomlinson 20:23.3 11 Chad Raber 20:37.9 12 Christian High 20:53.3 13 Mitchell Padfield 20:59.8 14 Brittiani Gillen 21:02.3 15 Troy Avergonzado 21:03.8 16 Chris Lasley 21:16.9 17 Brad Jakes 21:21.6 18 Jay Priest 21:23.9 19 Tyler Lucas 21:32.6 20 Shane Hillman 22:30.6 21 Parker Jones 22:36.4 22 Gwen Grimes 22:36.8 23 Rick Schwartz 22:48.2 24 Jacob Riley 22:50.2 25 Jodi Lake 22:52.3 26 Ella Kantz 23:11.1 27 Phil Rozzi 23:23.3 28 Andrew Doran 23:25.7 29 Jack Johnson 23:27.8 30 Michael Anderson 23:42.3 31 Don Smith 23:57.1 32 Brandon Podgorski 24:05.9 33 Amy McCauley 24:07.2 34 Jas Lake 24:09.9 35 Madison Cleaver 24:14.4 36 Lindsay Timm 24:24.9 37 Michele Nicholson 24:29.9 38 Keith Hill 24:31.2 39 Samuel Bettegnies 24:43.8 40 Leigh Swartzendruber 24:51.5 41 Anne Kantz 24:53.8 42 Jennifer Van Horn 24:58.5 43 Natalie Nicholson 25:00.2 44 Andrew Durham 25:02.9 45 Billy Stanton 25:04.3 46 Tanika Forestal 25:04.9 47 Stacey Bettegnies 25:15.2 48 Shyla Moss 25:22.1 49 Keith Vautaw 25:24.8 50 Keith McAndrews 25:43.1 51 Charlie Skoog 25:44.9 52 Scott Deyoe 25:47.3 53 Jana Skoog 25:52.1

55 Allysha Brown 26:01.0 56 David Mobley 26:03.4 57 Mark Shorter 26:10.7

54. RJ Kerr 25:54.0

58 Zachery Barnes 26:13.6 59 Brooke Runvon 26:17.1 60 Debbie Overton 26:19.5 61 Breanne Robertson 26:22.6 62 Bill Barnett 26:25.9

63 Mike Deardorff 26:26.0

64 Tim Voss 26:28.0 65 Andy Smith 26:28.9 66 John Sites 26:33.7 67 Warren Tierney 26:49.5 68 Melissa Goad 26:53.3 69 Emilie Hubbard 26:58.2 70 Morgan Mobley 26:59.2

71 Caroline Conrad 27:05.1 72 Joni McCracken 27:30.3 73 Sean VerLee 27:35.7 74 Rudy Suryantoro 27:46.5 75 Nikki McCracken 27:49.1 76 Hannah Moore 27:55.3 77 Ron Moore 27:56.3 78 Paul Weaver 28:02.8 79 Rommel Malimas 28:16.6 80 Leonard Baxter 28:20.7 81 Stephanie Foster 28:54.7 82 Olivia Uncapher 28:56.6 83 Tami Moore 28:57.5 84 Corey Moore 28:57.7 85 Kaya Holmes 28:57.9 86 Max Garro 28:58.0 87 Heather Delon 29:02.5 88 Adam Jones 29:03.0 89 Bradley Breedlove 29:09.8 90 Wendy Wise 29:17.5 91 Mike Wise 29:18.7 92 Laurie Ousley 29:33.2 93 John Peters 29:42.4 94 Tom Miklik 29:52.6 95 Phil Leininger 29:52.7 96 Karen Smith 29:57.8 97 Glamary Salsbery 30:20.1 98 Athena Beaty 30:27.4 99 Trisha Gordon 30:31.8 100 Cara McKeller 31:15.8 101 Michelle Boyd 31:30.2 102 Elli West 31:37.5 103 Laura Cook 31:45.4 104 Michael Graham 31:48.3 105 Ray Tetrault 32:20.1 106 Kathryn Huntzinger 32:27.9 107 Carrie Gruel 32:28.1 108 Carol Raines 32:30.0 109 Effie Jones 32:39.3 110 Kaitlyn McGraw 33:12.8 111 David Hughes 33:14.4 112 Ann Morris 33:18.1 113 Steve Delon 33:31.4 114 Ann Hubbard 33:36.0

115 Hannah Meyers 33:41.6 116 Hannah Williams 33:59.3 117 Carmen Hornbaker 34:01.4 118 Tina Williams 34:08.3 119 Luke Akers 34:08.3 120 Jennifer Eshelman 34:08.7 121 Chelsey Arvin 34:20.1 122 Calista D'Agostino 34:20.1 123 Wendy Edwards 34:33.2 124 Nicole Freeman 34:33.3 125 Lizzy Hubenthal 34:36.1 126 Emily Matthews 34:36.7 127 Marci Whitesell 34:39.2 128 William Croto 34:48.1 129 Tricia Nelson 34:51.6 130 Marietta Miles 35:05.3 131 Jennifer Stout 35:39.1 132 Charity Morgan 35:39.4 133 Kevin Campbell 35:39.9 134 Kathryn Wall 35:44.0 135 Tom Bergin 35:59.4 136 Christina Devine 36:05.1

137 Mary Barnes 36:12.2 138 Jeffrey Stevens 36:18.5 139 Mitchell Roberts 36:20.2 140 Bea Wiles 37:06.5

141 Laura Roberts 37:38.3 142 Tammy Droscha 37:45.1 143 Amy Baxter 38:19.1 144 Dean Eshelman 38:30.1 145 Jan Halperin 38:37.4 146 Stacy Hogwood 39:02.5 147 Valerie Leger 39:03.3

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148 Julie Rhew 39:04.1

149 Sarah Kleinknight 39:15.1 150 Maria Cline 39:17.7 151 Alexander Studebaker 39:42.5 152 Kelly Studebaker 39:52.9 153 Elizabeth Bevington 40:07.8 154 Geana Moore 40:21.7 155 Krystyne Wilson 41:17.9 156 Angela Anderson 42:09.5 157 Debbie Beachy 43:42.4 158 Brenda Walker 43:55.1 159 DeAndra Beard 44:21.5 160 Jedaiah Beard 44:21.8 161 Aimee Mundy 44:23.8 162 Scott Miller 44:58.8 163 Cheryl Miller 44:58.9 164 Karen Bergin 45:49.3 165 Rachelle Meles 46:03.1 166 Kendra Cline 46:07.7 167 Mary Page 46:52.3 168 Sue Keller 47:16.8 169 Laura Heflin 48:00.5 170 Shirley Baugher 49:24.9 171 Joni Lively 49:26.8 172 Nicole Raber 51:01.8 173 Jim Higgins 52:30.2 174 Lindsey Davison 52:30.4 175 Jaime MacDonald 52:30.6 5K Walk 1 Vince Lorenz 27:51.8 2 Vernon Keller 31:39.9 3 Sarah Clouser 35:36.1 1st woman 4 Greg Wall 36:37.0 5 Jim Gross 39:44.2 6 Toney Lorenz 40:02.9 7 Lisa Price 40:33.4 8 Jan Wall 40:46.3 9 Robert McBride 40:49.9 10 Beth Davis 42:32.2 11 Jerry Lambert 42:55.6 12 Roger Cole 43:05.6 13 Dwight King 43:17.0 14 Elissa Hughes 43:29.8 15 Stephanie Pratt 44:14.8 16 Anita Dillman 44:29.0 17 John Mohr 44:29.1 18 Brooke Cleaver 44:33.0 19 Hanah Randall 44:58.2 20 Robin Michael 45:26.5 21 Kevin Whitted 45:27.0 22 Misty Hartke 47:14.0 23 Carrie Williams 47:28.5 24 Jayne Stucker 47:28.8 25 Suzette Randall 47:43.1 26 Daralea Kailey 47:43.7 27 Jean Heflin 49:03.0 28 Danielle Murphy 49:26.8 29 Jake Cleaver 49:47.5 30 Tom Cleaver 49:48.4 31 Rebecca Barends 50:12.0 32 Mary Rutherford 50:36.3 33 Jennifier Coomer 50:51.1 34 Kimberly Bettegnies 51:06.9 35 Nemramy D'Agostino 51:24.4 36 Kathleen Keppner 51:32.0 37 Heather Meissnest 51:58.8 38 Emily Martin 51:59.6 39 Julia Kennedy 51:59.6 40 Johnny Roberson 52:01.1 41 Carol Savage 52:05.7 42 Deborah Wilson 54:03.4 43 Beth Maxwell 54:17.0 44 Lynne Buckalew 54:18.9

45 Julie Byers 54:39.1 46 Tom Byers 54:39.3 47 Linda Śmith 54:43.1 48 Michelle New 55:34.8 49 Karen Walck 58:27.4 50 Brian Maloney 1:00:41.3 51 Melody Scalf 1:10:35.3 52 Alicia Transier 1:10:36.0 53 Linda Dever 1:10:36.6

Norris Insurance 5K March 15, 2014 Amboy, IN Free Pancakes & OJ after race 5K Run 1. Kory Kennedy 17:00 2. Parker Jones 17:24 3. Braden Timmons 17:57 4. Dana Neer 18:50 5. Jerry Williams, Jr. 19:05 6. Jordan Ousley 19:32 7. Alexander Kuepper 19:43 8. Noel Shafer 19:52 9. Nichol Hampshire 20:16 1st woman 10. Lance Hoch 20:18 11. Erma Nixon 20:51 12. Mike Manning 21:00 13. Ron Moore 21:04 14. Tabitha Vermilion 21:10 15. Scott Riggle 21:20 16. Brent Munro 22:08 17. Jim Sisco 22:22 18. Ron Greene 22:41 19. Gwen Grimes 22:44 20. Eric Staff 22:45 21. Greg Cochran 22:46 22. Michelle Nicholson 23:31 23. Jerry Pierce 23:37 24. Phil Rozzi 23:42 25. Dan Hubler 23:46 26. Keith Hill 23:51 27. Ryamm Small 23:57 28. Natalie Hoch 24:37 29. Natalie Nicholson 25:04 30. Jennifer Van Horn 25:05 31. Billy Stanton 25:07 32. Charlie Skoog 25:21 33. Stacy Bettegnies 25:28 34. Scott Deyoe 25:31 35. Mark Shorter 25:45 37. Margo Hornecker 25:51 38. Jordon Sisco 26:04 39. Jana Skoog 26:07 40. Ben Reed 26:18 41. Bethany Kirkwood 26:18 42. Lorraine Gamble 26:20 43. Bronwyn Gatts 26:21 44. Mollie Gamble 26:31 45. Megan Hampshire 26:32 46. Jeanelle Artherholts 26:43 47. Joni McCracken 26:48 48. Warren Tierney 26:54 49. Greg Baldwin 26:59 50. Alex Small 27:26 51. Elilie Hubbard 27:44 52. Douf Berry 27:45 53. Mathew Hershberger 27:58 54. Anna Rangel 28:01 55. Trishia Baldwin 28:10 56. John Peters 28:34 57. Alexis Kordis 28:49

58. Joshua Ridlen 29:11

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59. Audrey Nixon 29:26

60. Gordon Nixon 29:26 61. Ellen Yoder 29:29 62. Mathew Bartrum 29:56 63. Mark Hovermale 30:07 64. Laura Cook 30:25 65. Michael Graham 30:33 66. Stephanie Hopper 30:34 67. Jackie Azbell 30:36 68. Jocelyn Azbell 30:36 69. Noah Hughes 30:46 70. Cara McKellar 30:49 71. Jenna Clark 30:49 72. Stan Ridlen 30:52 73. Summer Sisco 30:53 74. Wendy Edwards 31:05 75. Ray Tetrault 31:17 76. Allie Conway 31:30 77. Gerry Conway 31:30 78. Kelsie Cook 31:43 79. Jane Horner 31:46 80. Jennifer Eshelman 32:03 81. Michael Kuepper 32:34 82. Ann Hubbard 32:40 83. Dixie Deines 32:40 84. Russ Hovermale 32:45 85. Karen Hershberger 32:35 86. Riley Case 34:08 87. Mary Barnes 35:03 88. Kathryn Wall 35:11 89. Jonah Hughes 35:58 90. Laura McGraw 35:59 91. David Hughes 36:10 92. Renae Miller 36:26 93. Ken Huston 36:56 94. Rebecca Pierce 37:04 95. Dean Eschelman 37:13 96. Melinda Conway 37:21 97. Stephanie Sisco 37:47 98. Deborah Conway 38:12 99. Amy Clark 38:12 100. Robin Tetrault 38:45 101. Kayla Arsenault 40:20 102. Kelley Simmons 40:25 103. Jodi Small 42:08 104. Sue Keller 43:55 105. Laura Heflin 44:58 106. Tara Hershberger 47:58 107. Nicolas Small 48:16 108. Shirley Bugher 51:14 5K Walk 1. Vince Lorenz 27:01 2. Damon Clements 27:07 3. Vernon Keller 32:02 4. Mary Miller 32:10 1st woman 5. Greg Wall 35:35 6. Toney Lorenz 39:34 7. Jim Gross 39:53 8. Jan Wall 39:59 9. Anita Dillman 42:42 10. Carrie Williams 42:50 11. Kevin Witted 42:58 12. Robin Michael 43:01 13. John Mohr 44:01 14. Javne Stucker 46:51 15. Kimberly Bettegnies 48:42 16. Julie Hoch 55:28 17. Brittany Rooze 55:28

Fun Run

- 1. Rachel Mannig 1st female 2. Tai Johnson 1st male
- 3. Grayson Neer
- 4. Wyatt Horner
- 5. Grant Hovermale

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Points Standings

(V= volunteer, H=half marathon, M=marathon)

Runner 0-12

Female Natalie Nicholson 35-2 Ella Kantz 20-1 Hannah Moore 12-1 Male Jonah Hughes 20-1 Corey Moore 20-1 Jake Cleaver 15-1

Runner 13-19 Female

Madison Cleaver 20-1 Male

Braden Timmons 40-2 Samuel Bettegnies 15-1 Noah Hughes 15-1

Runner 13-19 Female

Emilie Hubbard 35-2 Natalie Hoch 20-1 Nikki McCracken 15-1

Male

Kory Kennedy 40-2 Jordan Ousley 30-2 Gwen Grimes 24-2

Runner 25-29

Female Kathryn Wall 40-2 Laura Heflin 30-2 Megan Tetrault 20-1H

Chaplain's Chatter

Male Parker Jones 40-2

Walker 25-29 Male Vince Lorenz 40-2

Runner 30-34 Female Melissa Goad 20-1 Valerie Leger 15-1 Angela Anderson 12-1 Male

Michael Anderson 20-1

Runner 35-39 Female Jennifer Van Horn 40-2 Geana Moore 15-1 Male Chris Lasley 20-1

Runner 40-44

Female Michele Nicholson 40-2 Stacey Bettegnies 27-2 Anne Kantz 15-1 Brooke Cleaver 10-1

Male Keith Hill 27-2 Scott Riggle 20-1 Brad Tomlinson 20-1 Christian High 15-1

Runner 45-49

Female Laura Cook 32-2 Joni McCracken 20-1 Tami Moore 15-1 Carrie Gruel 10-1 Bea Wiles 9-1 Male Noel Shafer 40-2 Jay Priest 35-2H Ron Moore 27-2 Michael Graham 22-2

Walker 45-49 Female Lisa Price 20-1 Carol Savage 15-1

Runner 50-54 Female Ann Hubbard 30-2

Cara McKellar 20-1 Laurie Ousley 20-1 Male

Scott Deyoe 44-3H Dana Neer 40-2 Phil Rozzi 30-2 Warren Tierney 20-2 Kevin Whitted 9-1 Tom Cleaver 8-1 Walker 50-54 Female Jean Heflin 20-1 Mary Miller 20-1

Runner 55-59 Female

Jana Skoog 60-3H Robin Tetrault 30-2H Mary Barnes 27-2 Anna Rangel 15-1

Male

Mike Deardorff 32-2H Ray Tetrault 30-2 Keith McAndrews 20-1 RJ Kerr 15-1

Walker 55-59

Female Jayne Stucker 40-2 Male Damon Clements 20-1

Runner 60-64

Female Sue Keller 40-2 Shirley Bugher 15-1

Male Charlie Skoog 55-3H Ron Greene 40-2H

Mark Shorter 27-2

Walker 60-64 Female Jan Wall 40-2 Carrie Williams 30-2 Male

Vernon Keller 40-2 Greg Wall 30-2 Toney Lorenz 24-2

Runner 65-69 Male

David Hughes 35-2 Robin Michael 27-2 Phil Leininger 20-1

Walker 60-64 Female Anita Dillman 40-2 Mary Lou Rutherford 15-1 Male Bob McBride 20-1

Runner 70-74

Male Billy Stanton 40-2 John Peters 30-2

Runner 70-74 Male

Jim Gross 40-2 John Mohr 30-2

Walker 75-79 Male Jerry Lambert 20-1

Runner 80+ Male Riley Case



high school rides. Getting to mow green grass. The Boston Marathon. We say good-bye to the Penncoffs and says prayers for Rhenda Acton.

The Ultimate Challenge 5 & 10 Milers. The NCAA Final Four, men and women's basketball tourney. Boys' and girls' Indiana All-Star basketball teams are announced. We celebrate Easter. Relays in

If you're facing an important decision, how do you discover what God wants you to do? The first step is to realize that God cares about you and wants you to make right decisions, and because of this, He wants to show you His will.

How does God guide us? First, He guides us through His word, the Bible. In it, He gives us principles for living, and many of our questions about life would be answered if we only knew these principles and followed them. Make the Bible a part of your life every day; a good place to start might be the book of Proverbs, which gives us practical wisdom for daily living. The Psalmist rightly said, "Your word is a lamp for my feet, a light on my path" (Psalm 119:105).

God also guides us through wise and godly counselors. Have you shared your problem with someone who can see it more clearly? The Bible says, "Listen to advice and accept discipline, and at the end you will be counted among the wise" (Proverbs 19:20). Listen, read, seek wise counsel and you'll know what God wants you to do. Always thanking God for His gift of grace,



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Club Kokomo Roadrunners Meeting –March 10, 2014

- 1. Prayer by Chaplain Ricke Stucker
- 2. Brief Treasurer's report by Mark Shorter. Grand Total \$27,524.88
- 3. Previous minutes were approved and passed.
- 4. Scholarship committee is currently reviewing two applications for this year.

5. Mark Shorter received info for the Mini Marathon tent set up. Military Park will be designated for alcohol so it is believed that our tent will be moved. For those who signed up, please be aware that they will not be mailing your registration packet but rather emailing. Robin Cole has once again volunteered to pick up packets for our members. Please see Robin's contact information on front page of this newsletter.

6. Members need to remember that they must submit their club membership prior to races so their participation will count for club points.

7. CKRR Ultimate - VOLUNTEERS are needed as there are several opportunities during this 10K race.

8. Prison Breakout forms are now available.

 Almost Free Race – We need to change the location due to actives at last year's site. A request to use Foster Park will be made to the Park Board. Motion was made by Linda Kendall and seconded by Robin Tetrault. Motion passed.
An update was given for Bona Vista races. Currently getting donations in place as well as community backing.

11. Mike Anderson is currently planning the Haynes Apperson race. Additional details during upcoming meetings. A reminder was given about the needs of notifying the Traffic Commission to get permission for the events.

12. Sam Costa event is in two weeks and CKRR is sponsoring a water stop. Information is currently on their website. 13. Trisha Severns from YMCA discussed the Y's desire to work with Weber Fest & First Friday on May 2 offering an evening/night 5K run/walk as a fund raiser for the Y Building Fund. Those members present expressed how this even would compete with club race the following morning. Also several were concerned about the safety of running/walking on city streets with potholes during dusk or dark settings. The club will currently not take an active involvement but Trisha was invited to provide our editor with race information to share with our members for individual support. Meeting adjourned

Those present include Patty Weitzel, Charlie Skoog, Diana Brown, Dan Coughlin, Joe Yeagle, Milt Brown, Myrna Tappen, Ron Greene, Mark Shorter, Linda Kendall, Ricke Stucker, Vicki Boles, Scott Deyoe, and Robin Tetrault.



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