

May 2013

# The RoadRunner

Club Kokomo Road Runners

## Coyote Kids 2013

By Robin Tetrault

It is time to start gearing up for Coyote Kids 2013. It is hard to believe we are starting our 10<sup>th</sup> year in just a few short weeks. Our first week is June 6<sup>th</sup> and it runs through July 25<sup>th</sup> this year. We have built in an extra week again this year in case of a rain week. We will be doing awards on **Thursday night, August 1<sup>st</sup>** at Morningstar Church's Connection building on Markland Blvd.

We are starting the 25/50 yard kids at 6:15 PM and the other races will begin at 6:30 PM. As always, WE NEED YOU to make 2013 another successful year. We are excited to be giving FREE t-shirts to any children that pre-register, or any children that register the first week. I will need someone that is organized to take care of passing out the shirts and keeping track of the order as the pre-registered will pick up their shirts the first night and those that register the first night will pick up their shirts 2 weeks later.

I have a couple of "regulars" that have told me they will do what they always do but we will need a lot more folks for Pre-registered kids, new registrations, finish line, timing, set up, course directors, parking, the 25/50 yd runs, team leaders for the different age groups, runners with the kids, and help passing out popsicles and ribbons. If you have helped in the past **please** send out a quick email to me. Also, if you would like to coordinate the t-shirts, please let me know. Tell me what area you have interest in so we can make our team complete again this year. Please email Ray and me at [rayrobin@email.com](mailto:rayrobin@email.com) to tell us where you would like to fit in. We MUST get our plans in focus as June 6<sup>th</sup> is just around the corner! Our sponsors are stepping up again this year and we need YOU to make the program successful once again. Mark your calendars because you don't want to miss a single week of COYOTE KIDS! Thank you for your part in creating a dynamic program.

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## April Mtg Minutes

April 8, 2013

Club Kokomo Roadrunners

1. Brief Treasurer's report by Mark Shorter

2. Old Business

a. Bona Vista Run director Vicki Boles reported the race will be held on Sat. April 20, 2013 with race day registration from 6:30AM to 8AM

b. Central Indiana Health and Fitness Expo on April 20 at Kokomo Event Center 10Am to 3PM. Charlie Skoog moved and Milt Brown seconded, "the club spend \$100 for booth space at the Expo." Passed

c. Since the April newsletter was not published before the meeting, the proposed constitution change cannot be voted on until next meeting

d. Charlie Skoog informed us that Highland Park cannot be closed for our May 25 run due to possible youth league baseball games. The course for the race will be the Club Kokomo Cares course. Charlie will meet with the Park Dept. again to finalize plans.

e. Ultimate Race director Rhenda Acton requested that we keep the race on the first Saturday of April and not change as we did this year.

3. New Business

a. The YMCA and St. Joseph Hospital requested that the club host training sessions for their events. Charlie Skoog moved and Milt Brown seconded "Club Kokomo pay for Patty Weitzel to attend RRCA training session." passed. The cost is \$315.

b. Ricke Stucker reported that of our 23 club races, 17 are 5Ks. We have 4 distances for which we have records that we do not have races. He asked how those records can be broken. The distances are 3mile, 6K, 8K and 7mile. Charlie Skoog stated that the Gilead House race will change from 5K to 3 Mile this year.

c. Haynes-Apperson race director Charlie Skoog discussed the possible changes to the entry form and which company to use for online entries.

Meeting adjourned at 6:52 PM Those attending were Rhenda Acton, Milt Brown, Vicki Boles, Jean Heflin, Scott Riggle, Bruce and Carol Savage, Charlie Skoog, Ricke Stucker, Patty Weitzel, and Mark Shorter.

# Boston Tradition

By Heather Weber

Boston brings many thoughts and dreams for runners. The most prestigious marathon, Boston has run for 117 years in 2013. For most marathoners the goal of qualifying has been as long standing. The tradition is one that is like no other.

Being a runner means being a part of a sport with many wonderful aspects, including one of great support and camaraderie. This year's Boston marathon proved to carry on that institution.

Running the Boston marathon was a great event, for me, but became more special with training partners and friends along. I met Charlie Skoog, in 2001, while running in Highland Park. I was training for Boston alone. Shortly after meeting Charlie, I found out about something that I never knew existed, Club Kokomo! The friendships that were forged, during the next few years of training, gave me the incentive to return to Boston in 2010, 12 and 13. I didn't want to miss sharing the Boston experience with my husband, TA, and training partners (close friends) Ron Moore, Jay Priest, Tony White, Nicole Peel and Matt York. This year, I had the privilege of having my sister-in-law, Megan and my brother, Ryan also running.

The weather was beautiful at the start. This year, in Boston, it was 30 degrees cooler than at the start of 2012 Boston marathon. This made for a great race day, for most.

My race took a turn for the worst, the pain that I felt back in November (and again at the Ultimate Challenge) had returned with a vengeance. I tried to find a more comfortable position on the road but the pain, in the ball of my foot, continued to get worse. By mile 15, the pain was no longer bearable. With extreme disappointment, a pain in my

foot and a bruised ego, I made a decision I thought I would never make.... I quit running.

As I made my way back to the finish area, via the medical bus, I had so many emotions. I focused on trying to put my pity party aside and waited anxiously to meet my friends at the finish to share in their accomplishment. I found Matt York, who was a welcomed sight and great support. I decided I was too emotional and struggled back to the hotel, in pain, knowing Tony and Jay would soon arrive.

As I was icing my foot, I heard what sounded like an empty dumpster drop from the sky. Then a second one boomed. I went to the window, in my 6th floor hotel room, and saw people picking up their children and running while looking behind them as if a tsunami was following.

TA had just returned to the room, after searching for me, and we both realized something was going on near the hotel. We quickly went to the lobby. I began praying and sending out prayer requests. It was very chaotic and the details of the bombings were sketchy. It was impossible to get phone service but within minutes, we realized that texting and Facebook worked. Despite being a pain sometimes, it turns out that these modes of modern technology became a blessing.

It was only a matter of minutes before I knew that all of my friends were safe and sound. However, it was a long 45 minutes before I knew my brother was ok. He had just crossed the finish line and was stretching on the sidewalk 200 yards from the first bomb. I knew the Lord had protected him. The second bomb was across from his hotel.

The heroes that day were innumerable. Spectators and runners risked their own lives to help the injured and dying. People who didn't know one another reached out to help. Runners who had finished gave their medals to those who couldn't finish. The people of

Boston offered up their homes (extra rooms) to runners. People rushed to give blood, even after running the marathon. The amazing stories were too many to recount and retell. In the hours and days that followed, I experienced many emotions. I felt a sense of bonding and support from fellow runners. That love and support that, as a runner, I have taken for granted. It is a part of our sport. Running friendships are forged by our support for one another through pain, sweat, tears and defeat. Laughter and tears, our best and worst days... it's all there, on the concrete!

I am more grateful than ever to those who, along the way, have stood by me when I stopped and motivated me to keep going. They stuck with me when I fell. That is what was exhibited in Boston, that horrific afternoon. Runners doing what they do for each other, for strangers, for the love of the sport and the freedom to run. This was exhibited by the running community in Kokomo. We received an overwhelming number of calls, messages and prayers. That you for that loving support we felt from all of you. This is the same love and support that I have taken for granted from Christ, who has been with me each and every day.

I went to Boston with the anticipation of running a race, finishing with a medal and being a representative of a great tradition. That day I didn't end up with a medal, I ended up with so much more. I hope to carry on that runner's tradition.



## Race Results –

highlighted names indicate CKRR member and points recorded. If I missed your time please call or email me – It is always fixable

### Bona Vista Run, Walk, & Roll

Saturday April 20, 2013  
Kokomo, IN  
cool 35 degrees  
Originally distance was a 5K but due to flooding on part of the course the distance was changed to 2 miles.

#### 2 Mile Run

1. Kory Kennedy 10:23
2. Chad Carver 11:02
3. Jeremy Gilman 12:10
4. Minh Pham 12:25
5. Travis Barnes 12:44
6. Jerry Long 13:09
7. John Anderson 13:44
8. Cami Hansen 13:45 1st woman
9. Glen Otto 13:48
10. Tara Rodriguez 13:50
11. Amanda Fernandes 14:00
12. Gary Callahan 14:13
13. Michael Anderson 14:32
14. Phil Rozzi 14:52
15. Gerald Miller 15:02
16. Jack Reed 15:06
17. Mark Shorter 15:28
18. Rachel Sargent 15:30
19. Dana Culp 15:30
20. Billy Stanton 15:43
21. Zach Barnes 15:49
22. Brian Pier 15:50
23. TA Weber 15:53
24. Lauren Longshore 15:58
25. Warren Tierney 15:59
26. Heather McCallum 16:00
27. Scott Deyoe 16:25
28. Mike Deardorff 16:45
29. Chris Sullivan 16:48
30. Anna Rangel 16:54
31. Jana Curry 16:55
32. Jennifer Van Horn 16:55
33. Ella Kantz 16:56

35. Angel Castro 17:05
36. Valerie Merrick 17:10
37. Tausha Shackelford 17:12
38. Isaac Maurer 17:12
39. Vinh Lee 17:13
40. Randy Maurer 17:15
41. Chase Hinkle 17:16
42. Roxane Burrous 17:24
43. Gregory Townsend 17:29
44. Alice Bowers 17:35
45. Kelsey Kennedy 17:38
46. Heather DeLon 17:43
47. Kelley Land 17:48
48. Michael Graham 17:56
49. Drake Morris 17:57
50. Cara McKellar 17:59
51. Robin Tetrault 18:15
52. Ray Tetrault 18:23
53. Emilie Hubbard 18:25
54. Laurie Ousley 18:36
55. David Hughes 18:43
56. Sarah Castillo 18:46
57. Brandie Davis 18:49
58. Corey Moore 18:53
59. Tami Moore 18:53
60. Joyce Pennycoff 18:59
61. Tom Miklik 18:59
62. Leonard Baxter 19:27
63. M.Ray Fairchild 19:28
64. Marianne Wilson 19:35
65. Robert Hines 19:39
66. Steve DeLon 19:39
67. Ricke Stucker 19:42
68. Laura Cook 19:50
69. Andy Baker 20:01
70. Rhenda Acton 20:02
71. Carlee Glassburn 20:08
72. Joseph Dudley 20:12
73. Margo Crabtree 20:14
74. Alex Anderson 20:24
75. Doug Mankell 20:30
76. Hannah Sexton 21:13
77. Tracy Brown 21:29

78. Robin Cole 21:41
79. Marietta Miles 21:45
80. Luke Leger 21:50
81. Amy Baxter 22:01
82. Kathryn Wall 22:11
83. Sharon Whelan 22:20
84. Amy Young 22:24
85. Mary Barnes 22:25
86. Brett Heininger 22:38
87. Valerie Leger 22:53
88. Bruce Savage 22:57
89. Ann Hubbard 22:58
90. Janet Leeder 23:11
91. Angela Anderson 24:36
92. Victoria Collins 24:41
93. Cindy Dudley 24:41
94. Madysen Baxter 25:02
95. Thomas Bergin 25:03
96. Karen Bergin 25:04
97. Lauren Weber 25:04
98. Will Baxter 25:07
99. Laura Heflin 25:39
100. Ashley Cone 25:54
101. Patricia Weitzel 26:38
102. Molly Hedrick 28:48
103. Misty Kennedy 29:43
104. Randy Kennedy 29:43
105. Delina Murphy 33:50
106. Judy Russell 33:57
107. Janet Ellison 34:54
108. Annette Smith 35:40

#### 2 Mile Walk

1. Mary Miller 20:01
2. Greg Wall 24:01 1st man
3. Jerry Lambert 24:47
4. Kathy Snyder 25:00
5. Janet Wall 27:20
6. Robin Michael 27:30
7. Rick Spencer 27:40
8. Kevin Whitted 27:40
9. Anita Dillman 27:51
10. Carrie Williams 28:27

11. Mary Baker 28:28
12. Jayne Stucker 28:45
13. Teng Lee 28:47
14. Anh Lee 28:48
15. Jean Heflin 28:57
16. Mymia Johnson 29:39
17. Linda Allen 29:45
18. Paxtyn Bailey 30:01
19. Debrah Hughes 30:51
20. Carol Savage 31:39
21. Stephen Wilson 31:40
22. Felicia Tierney 31:59
23. BreAnna Horace 32:09
24. Janelle Howard 32:09
25. Mary Lou Rutherford 32:36
26. Dawn Novinger 32:42
27. Crystal Kilander 32:42
28. Erin Brandt 33:42
29. Amy Hayes 33:43
30. Karen Miller 33:46
31. Ana Hurt 34:36
32. Karen Walck 34:54
33. Renee Cunningham 35:40

#### 1 Mile

1. Reagan Barnes 11:30 1st female
2. Kobi Moore 11:36 1st male
3. Ryland Barnes 11:47
4. Lilly York 12:30
5. David Barnes 18:08
6. Sommer Kitts 18:18
7. Beth Barnett 18:19
8. Robert Manalo 18:20
9. Cathy Miller 19:13
10. Melissa Wiley 19:14
11. Ray Smith 19:16
12. Diane Diske 20:27
13. Cindy Rasor 20:29
14. Sherry Otto 20:30
15. Jodi Ortman 23:23
16. Melissa Ellis 23:24
17. Stan Ortman 23:26

### New Members

Jack Reed  
Christian Steiner  
Kate Steiner  
Mate Steiner

*Be sure to welcome them at the next run!*



### WORTHY NOTES

Jenni Ortman – completed the Carmel Marathon with a time of 4:53:58 with a pace of 11:14



## MEMBER VOTE NOTICE –

During our Club Meeting on May 13<sup>th</sup>, members who are present will vote on the following motion. Please plan to attend to cast your vote. If you have questions about the motion, please contact a board member.

Mark Short makes a motion to change the points awarding in the constitution where a member could complete two ½ marathon races. Seconded by Joe Yeagle. This will be discussed at the April meeting and voted on in May.

*Currently:*

*6. Twenty (20) points will be given to CK members who finish one half-marathon and/or marathon and/or ultramarathon (distance 30 miles or more) during the race year other than any club designated points race. Ten (10) points will be given for finishing the Race For the Cure in Indianapolis. [This means a person could get 20 points for ½ marathon plus 1 marathon and 1 ultramarathon other than a CK designated point race such as Sam Costa ½ marathon.]. No points for 5K at Indy Mini.*

**Change to:**

**6. Twenty (20) points will be given to CK members who finish one or two half-marathon(s) (20 points each) and/or one marathon and/or one ultra-marathon (distance 30 miles or more) during the race year other than any Club Kokomo designated points race. [This means a member could get 20 points each for 2 half-marathons plus 20 points for one marathon plus 20 points for one ultra-marathon of 30 miles or more.] No points for 5K at Indianapolis 500 Festival.**

## NEXT CLUB MEETING – MONDAY, MAY 13<sup>TH</sup> AT 6 P.M. AT MARTINO'S RESTURANT SOCIAL HOUR AT 5 P.M.

### AGENDA –

- Review of minutes of March & April meetings
- Treasure's Report
- Old Business –  
Highway Half Status  
Race Reviews  
Vote on constitution change
- New Business –

## Chaplain's Chatter

Our Club Kokomo family has survived the month of April, with its Boston Marathon bombings and the Kokomo Flood of 2013. We rejoice that our members endured each tragedy. The month of May offers many track meets, morels, and motorcycle rides. Enjoy!

God is strong and he wants you strong. Take everything the Master has set out for you, well-made weapons of the best materials. Put them to use so you will be able to stand up to everything the Devil throws your way. This is no afternoon athletic contest that we'll walk away from and forget about in a couple of hours. This is for keeps, a life-or-death fight to the finish against the Devil and all his angels.

Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet. Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout your life. God's Word is an indispensable weapon. In the same way, prayer is essential in this ongoing warfare. Pray hard and long. Pray for your brothers and sisters. Keep your eyes open. Keep each other's spirits up so that no one falls behind or drops out.

And don't forget to pray for me. Pray that I'll know what to say and have the courage to say it at the right time, telling the mystery to one and all, The Message that I, jailbird preacher/chaplain that I am, am responsible for getting out. Ephesians 6:10-18. (The Message)

Always thank God for his gift of grace.

Ricke



## Remaining 2013 Point Races

### May 11

Norris Insurance 3m Walk/ 4m Run  
Time: 8 am at Jackson Morrow Park, Kokomo, IN  
Contact: John Norris  
Website: norrisinsurance.com

### May 18

MCF Prison Breakout 5K at Bunker Hill  
At Fire station in Bunker Hill  
Race Director Ann Hubbard

### May 25

Club Kokomo Almost Free Race 5K Run/ Walk  
All finishers receive a medal  
Time: 8 AM at Rogers Pavillion Highland Park  
Free for members who register before May 11, 2013  
Race Directors: Mark Shorter  
Phone: (765) 455-2283

### June 1

Trojan Trot 5K Run/Walk  
Time: 8 am at city park  
Location: Sharpsville, IN  
Contact: Lisa Jones  
Phone: (765) 480-2621

### June 8

Norris Insurance 5m Run/ 3m Walk  
Time: 8 am at Greentown, IN  
Contact: John Norris  
Phone: (765) 395-7761  
Website: norrisinsurance.com

### July 6

CKRR Haynes Apperson 3m Walk/ 4m Run  
Time: 8 am at Memorial Gym, Central Middle School, Kokomo, IN  
Contact: Charlie Skoog  
Phone: (765) 457-2607  
Email: runckrr@aol.com

### July 13

Race for Grace 5K Run  
Time: 8 am  
Location: Calvary Presby, 7th & Spencer Strs, Logansport  
Phone: (574) 753-0505  
Race Director - Doug Mankell

### July 20

Western Panther Prowl 5K Run/ Walk  
Time: 8 am at Russiaville, IN  
**NOTE: Please do NOT park in the lot at Waddell's IGA. It is reserved for their customers only.**  
Race Director - Gary Jewell

### August 3

Norris Insurance 5K Run/ Walk  
Time: 8 am at Converse, IN  
Contact: John Norris  
Website: norrisinsurance.com

### NOTICE – DATE CHANGE

### August 10

St. Joseph Foundation's Runnin' the Shores 5K Run/Walk  
Location: Champaign Shores  
Contact: Todd Moser  
Phone: 456-5406

### August 17

CAM Race for Shelter 5K Run/ Walk  
Time: 8 am at Oakbrook Valley, Russiaville, IN  
Contact: Oakbrook Community Church  
Phone: (765) 252-7030  
Race Director – Ruth Lawson

### September 7

4th Annual Steps to Recovery 5K, Kokomo Foster Park Senior Center  
Race Director - Charlie Skoog

### September 14

Annual CK Girls Night Out 5K  
Time: 5:00 pm  
Location: Downtown Kokomo  
Race Director – Rebekah Monroe

### September 21

14th Bee Bumble 5K/10K  
Time: 8:00 am  
Burnettsville, IN  
Race Director - Don Hurd

### September 28

H.E.S.P. 5K Kokomo  
UAW 685  
Race Director - Vicki Boles

### October 5

Cole Porter 5K Run/Walk, 15K Run  
Time: 9:00 AM  
Location: Circus Bldg, Peru, IN  
Race Director - Jim Yates

### October 12

YMCA Highway Half & 5K  
Time: 8am

### November 9

CKRR Charity 5K Run/ Walk  
Time: 9 AM  
Location: UAW 292 Union Hall, Alto & Park Roads, Kokomo, IN  
Race Director – Jeanne Townsend

### November 28

Club Kokomo Cares 5K Run/ Walk Points 20 For Each Finisher  
Time: 8 AM at Rogers Pavillion Highland Park  
Race Directors: Ray & Robin Tetraault & Mark Shorter  
Phone: (765) 854-1393

### December 31 (Tuesday)

CKRR New Year's Eve 5K Run/ Walk  
Time: 2 PM  
Location: UAW Local 292  
Race Director – Joni McCracken

## UPCOMING EVENTS:

### Run To The Cross 5K –

Sat., June 29, 2013 @ 8a.m. Tipton Park, Tipton, IN. presented by Rock Prairie Baptist Church to benefit church camp for youth. Open to all. Gifts to all pre-registered. Registration begins March 1<sup>st</sup>. Contact David Frazier @ dpnafrazier@yahoo.com

## Points Standing

Night Flight, Amboy, Old Ben and Ultimate. U=Ultra, Bona Vista, H=Half, M=Marathon, V=Volunteer

### Runners 0-12

#### Female

Ella Kantz 2-40  
Maya James 1-20  
Anna Weitzel 1-20V  
Lauren Weber 1-15  
Madison Clever 1-15  
Sophia Wyman 1-12

#### Male

Brayden York 4-80  
Corey Moore 2-27  
Isaac Maurer 1-20  
Vinh Lee 1-15  
John Paul Wyman 1-12  
Kobi Moore 1-10

### Runners 13-19

#### Female

Emilie Hubbard 4-70  
Tara Rodriguez 2-40  
Elise Glover 1-20  
Nicole Hampshire 1-20

#### Male

Jeremy Breedlove 1-20  
Dorian Gray 1-20  
Keagan James 1-20  
Minh Pham 1-20  
Jordan Fivecoate 1-15  
Samuel Bettegnies 1-12

### Runners 20-24

#### Female

Nikki McCracken 1-20  
Jessica Sheets 1-15  
Mindy Oakes 1-12  
Kelsey Kennedy 5-10

#### Male

Kory Kennedy 4-80  
Parker Jones 4-70

### Runners 25-29

#### Female

Jenna Clark 3-60  
Kathryn Wall 2-35  
Laura Heflin 1-15  
Connie Gish 1-12

#### Male

Jordan Ousley 1-20

### Runners 30-34

#### Female

Amanda Fernandes 2-40  
Angela Anderson 2-30

#### Male

Michael Anderson 2-40

### Runners 35-39

#### Female

Jennifer Van Horn 3-52  
Sharon Whelan 4-51  
Adriene Riggle 3-45  
Tarin Serra 2-35  
Anna Kantz 2-30  
Kelly Wright 1-20  
Tausha Shackelford 1-12  
Valerie Leger 1-9

#### Male

Matt York 4-80  
Luke Leger 1-20  
Carey Stranahan 1-20  
Chris Lasley 1-15

### Runners 40-44

#### Female

Shelly Wyman 3-60  
Patricia Weitzel 3-50V  
Dana Culp 1-20  
Heather Weber 1-20  
Mary White 1-20

#### Male

Chris James 3-55H  
Scott Riggle 3-52  
Scott Colford 2-40  
Paul Wyman 3-34  
David Reinagle 2-29  
Steve Williams 2-27  
T.A. Weber 1-20  
Christian High 1-15  
Randy Maurer 1-15  
Tony White 1-15

### Runners 45-49

#### Female

Tami Moore 5-95  
Laura Cook 3-42  
Linda Kendall 1-20V  
Valerie Merrick 1-20  
Jenni Ortman 1-20M  
Joni McCracken 1-15  
Laura Sheets 1-12

#### Male

Michael Graham 4-62  
Ron Moore 3-60M  
Jack Reed 3-50  
Dan Lutes 2-32  
Jay Priest 1-20  
Scott Glover 1-15  
Terry Jones 1-10

### Runners 50-54

#### Female

Roxane Burrous 4-80  
Laurie Ousley 3-44  
Ann Hubbard 3-40V  
Marianne Wilson 3-35  
Tracy Brown 1-9

#### Male

Phil Rozzi 5-85  
Scott Deyoe 4-62MH  
Jerry Long 2-40  
Ken Swinehart 3-36  
Paul Sanders 2-35  
Kevin Campbell 1-10  
Bruce Savage 1-10

### Runners 55-59

#### Female

Anna Rangel 4-80  
Robin Tetrault 2-30  
Mary Barnes 1-12

#### Male

Mike Deardorff 4-80H  
Greg Townsend 3-42  
Ray Tetrault 3-39  
Russ Hovermale 2-32  
Jeff LaDow 1-20  
Keith McAndrews 1-20  
Jerry Meiring 1-15  
Will Daehler 1-10

### Runners 60-64

#### Female

Rhenda Acton 3-47  
Jeanie Townsend 2-40V  
Joyce Pennycoff 2-35  
Robin Cole 2-30  
Sue Keller 2-27  
Jana Curry 1-20  
Anita Frazier 1-20

#### Male

Mark Shorter 3-60  
Charlie Skoog 3-55V  
Tom Miklik 1-15  
Bill Menges 1-12  
Steve Kilcline 1-10

### Runners 65-69

#### Female

Susan Gerhart 1-20

#### Male

Ricke Stucker 4-62  
Gary Callahan 3-60  
David Hughes 3-39  
Jim Burrous 1-20V  
Doug Mankell 2-20

### Runners 70-74

#### Male

Billy Stanton 4-80  
Stan Shuey 2-30  
John Norris 1-20V  
John Peters 1-15

### Runners 75-79

#### Male

Riley Case 1-20 M

### Walker 13-19

#### Male

Teng Lee 1-20

### Walker 25-29

#### Male

Vince Lorenz 4-80

### Walker 45-49

#### Female

Anh Lee 1-20  
Carol Savage 1-15

### Walker 50-54

#### Female

Mary Miller 4-80  
Jean Heflin 4-54V  
Raye Jean Swinehart 3-50  
Jayne Stucker 3-47V  
Jane Inman 3-39  
Chari Deyoe 1-20H

#### Male

Steve Inman 1-20  
Kevin Whitted 1-20

### Walker 55-59

#### Female

Barbara Hobbs 1-20

#### Male

Rick Spencer 4-80

### Walker 60-64

#### Female

Jan Wall 3-60  
Angela Lorenz 2-27  
Judy Trobaugh 1-15  
Carrie Williams 1-15

#### Male

Vern Keller 3-60  
Robin Michael 4-54  
Greg Wall 3-50  
Toney Lorenz 3-39  
Steve Wilson 2-18  
Melvin Hobbs III 1-9

### Walker 65-69

#### Female

Anita Dillman 2-40  
Mary Lou Rutherford 2-40

#### Male

Richard Kerkhof 1-20V  
Bob McBride 1-20

### Walker 70-74

#### Male

Jim Gross 2-40  
John Mohr 2-35

### Walker 75-79

#### Male

Jerry Lambert 3-60  
Dick Summerton 2-30

### Walker 80+

#### Male

Milt Brown 1-20

## Wednesday Night Results

### Jackie Sanders Miracle Mile Wednesday, April 3, 2013 Highland Park Walk/Bike Path

1. Joshua Hughes 5:36
2. Charley Werst 6:35
3. Paul Sanders 7:00
4. Grady Rogers 7:23
5. Brendyn Rogers 7:29
6. Greg Townsend 9:04
7. Kevin Campbell 10:36
8. Charlie Skoog 10:39
9. Bruce Savage 11:00
10. Melissa Jones 11:11
11. Parker Jones 11:12
12. Jerry Leach 13:47
13. Joe Yeagle 14:13
14. Doris Campbell 16:35
15. Carol Savage 16:37
16. Diana Brown 19:41
17. Dan Coughlin 19:42

### Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Parker Jones 17:30
2. Joshua Hughes 19:09
3. Jerry Long 21:19
4. Charley Werst 22:19
5. Paul Sanders 23:12
6. Jack Reed 25:55
7. Greg Townsend 28:27
8. Vern Keller 32:57
9. Kevin Campbell 34:31
10. Ken Huston 34:48
11. Tracy Brown 38:12
12. Jackie Brown 38:12

13. Jane Inman 41:56
14. Doris Campbell 44:34
15. Stephanie Uuro-Griffith 44:40
16. Sue Keller 46:37

### Jackie Sanders Miracle Mile Wednesday, April 17, 2013 Highland Park Walk/Bike Path

1. Parker Jones 5:12
2. Joshua Hughes 5:30
3. Max McHaney 5:55
4. Tommy Weir 6:34
5. Paul Sanders 6:58
6. Phil Rozzi 7:15
7. Jack Reed 7:39
8. Rosellen Connolly 8:15
9. Charlie Skoog 9:52
10. Dorian Gray 10:36
11. Bruce Savage 10:46
12. Theresa Barlow 13:41
13. Jerry Leach 13:43
14. Joe Yeagle 14:32
15. Tracy Brown 15:39
16. Jackie Brown 15:40
17. Carol Savage 16:26

### Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Joshua Hughes 18:48
2. Paul Sanders 23:06
3. Phil Rozzi 23:42
4. Parker Jones 25:04
5. Gwen Grimes 25:08
6. Jack Reed 25:20
7. Cara McKellar 29:34

8. Kelsey Kennedy 30:55
9. Joe Yeagle 46:25

### Jackie Sanders Miracle Mile Wednesday, April 24, 2013 Highland Park Walk/Bike Path

1. Joshua Hughes 5:37
2. Parker Jones 6:55
3. Paul Sanders 6:55
4. Jack Reed 7:57
5. Greg Townsend 8:48
6. Bruce Savage 10:40
7. Dorian Gray 11:38
8. Melissa Jones 11:50
9. Raye Jean Swinehart 12:30
10. Jane Inman 12:49
11. Jerry Leach 13:42
12. Charlie Skoog 13:59
13. Jackie Brown 15:40
14. Tracy Brown 15:40
15. Carol Savage 16:11
16. Charlotte Sallie 18:27
17. Jewell Sallie 18:27

### Joe Kidd Rangel 5K Old Ben/Highland Park 5K Course

1. Parker Jones 17:39
2. Joshua Hughes 18:25
3. Paul Sanders 22:42
4. Jack Reed 24:48
5. Greg Townsend 28:46
6. Tracy Brown 36:26
7. Jackie Brown 36:26
8. Dorian Gray 42:58

5-1 Sam Luginbuhl

5-4 Russ Hovermale

5-5 Carlos Rodriguez

5-7 Matt Tetrault

5-10 Sharon Werst

5-13 Joni McCracken

5-13 Dana Neer

5-14 Jeremy Breedlove

5-15 Byron Bundrent

5-17 Mike Deardorff

5-17 Jim Gross

5-17 Keith McAndrews

5-20 Matt York

5-21 Sue Keller

5-21 Nick Tokarcik

5-21 Kathryn Wall

5-22 Kathleen Leach

5-23 Tina Dixon

5-23 Karter Fernandes

5-24 Adrian Glover

5-24 Joyce Pennycoff

5-25 Fred Chew

5-25 Jane Inman

5-27 Bob McBride

5-29 Lien Koztecki

5-29 Isaac Werst

HAPPY BIRTHDAY

## JOIN US FOR THIS FREE WEDNESDAY NIGHT 5K OR 1-MILE

Starting times are: 5:00 pm for the 5K and 5:45 pm for the Miracle Mile.  
Registration at the concession at Highland Park.



# WALK OR RUN

# IT'S ALL FOR FUN!

*In running, it doesn't matter whether you come in first, in the middle of the pack, or last. You can say, 'I have finished.' There is a lot of satisfaction in that."*

-Fred Lebow, New York City Marathon  
co-founder



### Electronic or Snail Mail

If you prefer to receive your newsletter electronically rather than via snail mail, please make sure I have your email address.

I have several addresses that return mail, but I forward to all email addresses I have.

E-MAIL:

[editor@ckrr.us](mailto:editor@ckrr.us)

May is shaping up to be a beautiful month and busy month for the Roadrunners of Kokomo. We have three club races this month and I am sure that many of you will be taking part in the Indianapolis Mini Marathon, or other events on the first Saturday of May.

I hope that you are signed up for the 1st Annual Club Kokomo Almost Free Memorial Weekend Race. Quite a mouthful isn't it. I'm excited about this race for a number of reasons. First, of all, this race is **FREE** to club members (if you have your form to Mark Shorter by the deadline). Second, this race is being put on by your slate of club officers. Three of us are totally new to the process of hosting a race. Third, I love the course. I know that some of you get tired of racing the same course at Highland Park, but I want you to think about this. It is an easy place to hold a race. It is safe. The course is smooth and easy to run. And, you can compare times from race to race very easily.

Remember that Mark has to HAVE your form on May 11, or **BEFORE**. If he doesn't have it on that date, you will have to pay \$5 for this race. If you mail your form, please make sure you give it two or three days so that it will be AT his house on the 11th. Or, you can always drop your form off in the box on his front porch. His address is on all of the forms that you would normally mail.

Hope to see you on May 25, as well as at the Norris and Prison Breakout races this month.

Patricia Weitzel, Club President



2936 Congress Drive  
Kokomo, IN 46902

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We're on the Web!

See us at:

[www.ckrr.us](http://www.ckrr.us) or like us on  
facebook – Club Kokomo  
Roadrunners