

The Roadrunner

A Purpose-Driven Run

by Ryan Horner

Hello all! My name is Ryan Horner, and I'm currently finishing up my freshman track season at Wabash College. I ran for Eastern High School "back in the day" and raced quite a few of the Club Kokomo summer road races! As quickly as word spreads in the running community, you may or may not have heard about the race I'm hosting this summer. On **July 7 at 9 a.m.** (the Saturday after the Haynes Apperson 4 miler), I'll be hosting the **Jerome ActiveWater 5k Run/**

Walk at Jerome Christian Church just south and east of Greentown. It's a very flat course and should be great for setting personal bests! However, regardless of whether you are chasing fast times or looking to spend time running with friends and family, I ask that you consider coming out and supporting an awesome cause!

Thanks to the help of local sponsors, we're going to be able to do something special with the registration fee that each participant pays. 100% of the money will go to a non-profit organization that I've worked with over the last few years called ActiveWater. ActiveWater is an organization that uses athletic lifestyles and events to raise awareness and funds to solve the water crisis on Earth. Almost 1 BILLION people in the world today have no access to safe drinking water, and many are walking an average of 6 miles per day just to fetch a single bucket of water. ActiveWater is fighting the crisis by traveling to countries like Zambia (in Africa) and Cambodia (Asia) and helping the local residents combat the

water problem by setting up wells and bio-sand filters with their help.

I've had a calling to help ActiveWater for about a year now. Last summer I attended a Christ In Youth summer conference with my youth group at Jerome Christian Church. We spent a week at Johnson Bible College praising, worshipping, and learning about the Word. Early in the conference, the CIY staff played a few videos about ActiveWater, including a documentary that showed the difficulty of living in countries like Zambia without clean water access. As I said earlier, ActiveWater focuses on using athletics, and this really hit me hard at the conference. At the time I was in training for my first cross-country season at Wabash College, so I spent almost 2 hours each day at the conference running and doing strength exercises.

On one of my runs that week, I started to realize just how individual and, for lack of a better term, *selfish* running can be. I spend over an hour every single day of the year on an activity that rarely benefits

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Next Club Meeting

Monday, June 11 at 6 pm

**Kokomo YMCA's
Conference Room**

anyone but me. Yes, I realized, running is a great thing, but who is it great for? The answer, almost every time, is that it is great for *me*. During that week, I resolved to get involved with ActiveWater and use my obsession with running for something bigger than myself. From this realization sprouted an idea: Even though training in a small town like Greentown is often an individual activity, races aren't! I decided to host a race to raise awareness and funding for ActiveWater, and use my (and others') obsession with running to do something bigger!

I hope you'll consider coming out to support ActiveWater by participating in the race. Feel free to register on the day of the race, but if you'd like to pre-register and save a few dollars, by June 25th, sign up online ([www.http://www.active.com/running/greentown-in/jerome-activewater-5k-2012](http://www.active.com/running/greentown-in/jerome-activewater-5k-2012)) or by mailing in a paper registration, which is available at most local road races and the Miracle Mile. The race starts from Jerome Christian Church... to get there from Greentown, drive East on 22, then South for a mile on 213, and then head east. The church is less than a mile down the road, on the South side.

For additional information email jeromeactivewater5k@gmail.com or call 765-438-7214. Thank you, God Bless, and please spread the word! :)

Boston Marathon Records Shattered

By Heather Weber

On Saturday, April 14, 2012, Jay Priest, Ron Moore, and I jet set with high hopes for a fun weekend with friends and especially for Boston marathon PR's. Knowing we are training buddies and great friends, with many memories from traveling together to other races, ski trips, concerts, etc., there was no doubt it would be a fun weekend. We were excited to meet Matt York, Bob Atkins and their cheer crew in Boston for some time in the city, race expo/preparations, Red Sox baseball and great food. Other runners from the area that took part in the race included Denise Bradley and Cheryl Marner.

Upon arrival we were met with frequent heat advisories that continued to escalate as the weekend grew nearer to Marathon Monday. The race was expected to start at record high temperatures. By Sunday the news/email we were receiving nearly hourly indicated that only the "most fit of athletes" should run the marathon and all others were encouraged to defer till next year.

There was discussion about whether we should defer till next year when we hoped to return with our other running buddies--

UPCOMING EVENTS:

June 2 at 8 am

Trojan Trot 5K Run/Walk
Sharpville, IN

June 9 at 8 am

Norris Ins 5 Mile Run/
5K Walk
Greentown, IN

June 16

Relay for Life
NEW LOCATION:
Howard County 4H
Fairgrounds

June 30 at 8 am

Haynes-Apperson
4 Mile run/ 3 Mile Walk
Memorial Gym, Central
Middle School
Kokomo, IN

Other Area Races:

June 3 at 1:30 pm

Western Days Festival
5K Run/Walk
Russiaville Town Hall
Russiaville, IN

June 23 at 8 am

Be A Fan 5K Run/Walk
First Assembly of God
831 Burlington Ave
Logansport, IN

Chris James, Tony White, Nicole Peel and several other hopeful qualifiers. That discussion only lasted but a moment, knowing none of us would defer and that we all came prepared and trained to run our best race. Under any ordinary circumstances our requalifying times were very reachable. The fear of not requalifying at Boston due to the weather conditions was on the minds of many runners... 4290 registered runners either deferred or didn't even pick up their race numbers.

For those of you who have run Boston, you know it's an early morning bus ride to athletes' village to wait in a holding area until 10 am when the race begins. If the race had begun at 6 am, we may have had different results. As we proceeded the ½ mile to the start line looking for any possible shade, it was apparent we weren't going to find shade on the course. It was a beautiful, very sunny, cloudless day, perfect for a beach day, unfortunately, not for a marathon!

Jay and I started together, anticipating we would run near the same race pace. Standing at the start I was nervous about starting to sweat without starting to run. Although my training partners can attest I tend to be the biggest sweater amount the group of guys! Not a good combo when mixed with 80 degrees and running 26 miles at noon.

At mile 9.5 I started getting stomach cramps and told Jay to go ahead without me. At mile ten I drank three cups of Gatorade and said a prayer that God would get me through in good health. I almost instantly felt I could survive but knew that was all I could expect for the day. Normally drinking at every water station would concern me about becoming hyponatremic or getting stomach cramps, but on April 16th I was afraid without drinking at every stop it would be a real struggle to make it home to my four little girls and husband.

If you have never run Boston, it is quite an experience in itself. The crowd is like NO other. Having been there in the past I knew the crowd

would be helpful but it was beyond my greatest expectation to see the crowds really get their game on for every runner in the heat. There were kids with squirt guns, candy, fruit, brownies, and front yard water hoses. People refilling water cups and Gatorade bottles, trying to assist volunteers between water stations where they couldn't keep up filling cups.

The city opened numerous fire hydrants and set up carwash-like water tunnels. They tried to staff water stops to keep runners hydrated. 2100 people were treated at the medical tents along the course and last year's winner was airlifted during the race. The list goes on.

Jay and I ended up finding one another again at mile 20.5 and realized neither of us were able to maintain the pace we hoped, so we made a pact to finish together, which we did. At mile 20, T.A. Weber, Geana Moore, members of the York family, and the Atkins family greeted runners and at mile 24 we got a boost from our club president Rebekah and her fiancé. At the finish we found Matt York, our younger training partner who apparently never sweats and held up better than we did but couldn't pull off a PR due to the effect of the heat late in the race.

Once we finished, we knew we had trained for four months and had not run the race we had hoped for. We had not been able to beat the heat; we had run one of the most disappointing races yet. There were no records set... not for us, only for Boston where the records were shattered... the temperature records (80 at the start, 89 when we finished), the number of runners treated at the medical tent, the number of runners who had dropped out, the number of runners who had deferred or didn't pick up their race numbers.

Although most everyone was disappointed with their personal time, the victory was that *God* sustained us through the race. Not one of us ended up in the medical tent. (Ron Moore did receive some medical treatment from fellow running buddies on the train but was upright at

all times.) Through our training and experience we became closer friends, ran one of the most all-time amazing races, experienced the greatest race fans, and have memories to add to our list of great times together. For Ron Moore, Bob Atkins and Denise Bradley this was their first Boston, what an achievement! To accomplish a BQ in itself is a *victory!*

May Meeting Minutes

1. Treasurer Mark Shorter opened the meeting due to the absence of all the other officers at 6 PM.
2. Brief Treasurer's report.
3. **Relay for Life** leader Patty Weitzel reported once again that **it will be held at the Howard Co. 4-h Fairgrounds**. Contact Patty to sign up for a time to run.
4. Bona Vista Rock, Walk and Roll race. Vicki Boles reported that attendance was down due to weather. Vicki Boles moved and Dan Coughlin seconded, "Club Kokomo should return to Bona Vista the \$200 that was donated to the Club." Passed.
5. Haynes-Apperson forms are now available. Committees are now needed.
6. Robin Tetrault reported that Coyote Kids forms are now available. Coyote Kids begins June 14.
7. Charlie Skoog reported that two gift certificates will be given at each Wednesday's Miracle Mile until the Haynes-Apperson Race.
8. Patty Weitzel is leading a Couch to 5K program at Lafayette Park school track on Tuesdays and Thursdays at 7PM.
9. Vicki Boles reported that the HESP run will not occur in 2012.
10. A local American Cancer Run was held in April on the same day as the Race for the Cure. A discussion will be held later to determine if either will be a points race in 2013.
11. Charlie Skoog reported that there is some desire to have a US 31 race to open the new

bypass in the fall of 2012 but no one wants to take charge of the event.

12. Equipment paperwork and check has been received for the Prison Breakout 5K run in May at Bunker Hill.
13. Vicki Boles reported that help is need for the Girls Night Out race.
14. Rumors were discussed about new possible fall races in 2012. Hopefully more information will be available later.
15. Mark Shorter suggested that perhaps we need to have some guidelines on what is expected for a non-Club Kokomo owned race to be a points race. He said he would put further thought into the idea.

Meeting adjourned.

Those attending: Dan Coughlin, Diana Brown, Vicki Boles, Mark Shorter, Patty Weitzel, Robin Cole, Richard Kerkoff, Stan Shuey, Robin Tetrault, Bruce and Carol Savage, Scott Riggles, Mike Thatcher, Charlie Skoog, Teresa Barlow, and Tim Taflinger II.

WELCOME NEW CKRR MEMBERS

Chad Shackelford, Tasha Shackelford, Cody Merriman, and Alexia Shackelford

Announcements

Club Kokomo's Kory Kennedy qualified for the U.S. Paralympics Trials in his second event on Saturday night at IUPUI. Kory needed a 2:07.50 to qualify for the U.S. Paralympics in the 800 meters and ran a 2:05.04 at the Fast Cow Invitational. He will now compete in the 1500 and 800 in the U.S. Paralympics Trials at IUPUI on June 29- July 1.

We extend our heartfelt condolences to Rhenda Acton on the passing of her husband, Kent, on March 19 and also to Milt Brown on the passing of his wife, Helen Brown, on May 22.

Coyote Kids

Hi faithful CKRR volunteers! We are always in need of helpers at Coyote Kids. If you cannot make it every week, we will take you for the weeks you are available! This is what I have so far. I apologize if I forgot you on the list. Please just email me at rayrobin@email.com and I will sign you up!

Parking: Greg Townsend (we **need 5 more people** committed to parking-you are very important to make the first impression to those as they arrive!)

Course Set up- Mike Thrasher, Jerry Lambert (must be available at 4:30 PM or so)

Day of registration: Diana Brown, Jeannie Townsend, Adrienne Riggle (this year is much easier....no nametags - just bracelets)

Pre-registration: Jean Heflin, Laura Heflin, Jane Inman, Theresa Barlow

Finish Line: Mike Thrasher, Mary Rutherford, Jayne Stucker, Joni McCracken

Timers: Ricke Stucker, Charlie Skoog

Team leaders: Adrienne Shepherd, Dana Neer, Jordan Ousley... These are people that will run with the kids to guide and bring up the rear. If you are a cross country high school runner, we would love to have your assistance.

25/50 yard crew – Mark Shorter

Popsicles & Ribbons – Grace Fellowship Church group

Remember, we can't do this without YOU! The registration forms are at Club Fitness 24 by Powerhouse Gym, online at ckrr.us under the Coyote Kids



Captain and Mrs. Coyote

link, the YMCA, and Charlie Skoog. Please pass out registration forms to your friends, neighbors, and family and help us make this the biggest year yet! Thanks again!

Mrs Coyote (Robin)

Race Results

**2nd Bona Vista Rock, Roll, & Run
April 28, 2012
Kokomo, IN**

5K Run

1. Kory Kennedy 16:48
2. Parker Jones 17:39
3. Joshua Hughes 18:58
4. Byron Bundrent 19:55
5. Matt York 18:45
6. Jay Priest 20:07
7. Travis Barnes 20:49
8. Heather Weber 20:50 1st woman
9. Gary Callahan 21:20
10. Jerry Long 21:36
11. Greg Sipe 22:46
12. John Cooper 22:35
13. Kimberly Cumbo 23:48
14. Michelle Larson 24:12
15. Mark Shorter 24:34
16. David Emry 24:41
17. Randy Maurer 24:51
18. Roxane Burrous 24:59
19. Scott Morrow 25:06
20. Dana Culp 25:18
21. Mike Deardorff 25:28
22. Brent Taylor 25:32

23. Tarin Serra 25:37
24. Cara McKellar 25:53
25. Charlie Skoog 25:55
26. Scott Deyoe 26:17
27. Zachary Barnes 26:37
28. Michael Graham 26:38
29. Michelle Castillo 26:45
30. Ken Swinehart 26:56
31. Bill Barnett 26:57
32. Jerry Meiring 27:09
33. Anna Dollens-Rangel 27:16
34. Brian Pier 27:21
35. Vinh Lee 27:43
36. Ray Tetrault 27:46
37. Alice Bowers 27:59
38. Tom Miklik 28:31
39. Leanne Bergman 28:36
40. Ricke Stucker 28:41
41. Laurie Ousley 28:55
42. Kelsey Kennedy 29:06
43. Ryan Sipe 29:08
44. Jennifer Van Horn 29:11
45. Shelly Nelson 29:21
46. Kathy Murdock 29:40
47. Laura Cook 29:59
48. Stan Shuey 30:40
49. Brandie Davis 30:42
50. Robin Tetrault 31:08
51. Shelby Rooze 31:30
52. Monte Arvin 31:33
53. Vickie Bennett Thomas 31:55
54. Hannah Sexton 32:04
55. Julie Hertzog 32:32
56. Molly Hedrick 33:17
57. Tracy Brown 33:20
58. Amanda Flick 33:23
59. Maria Cline 34:01
60. Laura Heflin 34:27
61. Robin Cole 34:34
62. Molly Menges 34:42
63. Bill Menges 34:43
64. Bruce Savage 35:36
65. Robert Hines 35:40
66. Billy Cox 34:46
67. Christopher Long 35:54
68. Anh Lee 36:07
69. Jennifer Cecil 36:59
70. Amy Young 37:00
71. Mitchell Van Horn 37:06
72. Jennifer Van Horn 37:07
73. Sharon Geiselman 37:11
74. Melissa Willits 37:12
75. Amanda Oakes 37:52
76. Matt Martin 37:53
77. Justin Miller 38:52
78. Missy Maverick 39:56
79. Mary Barnes 39:57
80. Melissa Jones 40:04
81. Terry Jones 40:05
82. Robert Cupp 41:09
83. Janet Leeder 41:25
84. Tina Marcus 41:29

- 85. Michelle Milam 42:30
- 86. Kalee Barnes 43:18
- 87. Christina Arvin 44:22
- 88. Lisa Price 45:23
- 89. Paxtyn Bailey 45:18
- 90. Tiffany Barnes 45:31
- 91. Monica Mathew 46:17
- 92. Eric Mathew 46:17
- 93. Carol Savage 49:58

5K Walk

- 1. Vince Lorenz 29:09
 - 2. Mary Miller 32:09 1st woman
 - 3. Jerry Lambert 38:05
 - 4. Linda Miller 38:10
 - 5. Ronald Eller 38:32
 - 6. Joe Rangel 39:07
 - 7. Rick Spencer 40:00
 - 8. Rick Weed 41:37
 - 9. Robin Michael 41:41
 - 10. Geralynn Smalling 41:44
 - 11. Greg Wall 42:07
 - 12. John Mohr 42:39
 - 13. Jenne De Angulo 43:46
 - 14. Allyson Nohns 43:47
 - 15. Adria Snoddy 43:58
 - 16. Jan Wall 44:21
 - 17. Jean Heflin 44:22
 - 18. Erica Huffman 45:32
 - 19. Liz Gaddis 45:44
 - 20. Jane Cloum 46:17
 - 21. Jane Inman 46:21
 - 22. Raye Jean Swinehart 46:22
 - 23. Paula Kucholick 47:12
 - 24. Cole Kucholick 47:12
 - 25. Jana Miller 48:20
 - 26. Linda Allen 48:34
 - 27. Sonia Johnson 48:36
 - 28. Yolanda Mote 48:44
 - 29. Mary Lou Rutherford 49:58
 - 30. Rayetta Carroll 50:01
 - 31. Alysha Sims 50:02
 - 32. Kevin Whitted 51:24
 - 33. George Emry 51:27
 - 34. Jill Arvin 5:25
 - 35. Mymia Johnson 51:28
 - 36. Diana Brown 55:23
 - 37. Dan Coughlin 55:25
 - 38. Martha Sipe 55:52
 - 39. Delina Murphy 56:38
 - 40. Judy Russell 56:39
 - 41. Sharon Colglazier 57:17
 - 42. Paul Minaker 58:50
- 1 Mile Fun Run and Walk**
- 1. Abby Castillo 9:45
 - 2. Maria DeCleene 9:48
 - 3. Jason Gioffredo 9:49
 - 4. Lauren Weber 9:50
 - 5. Tyler Gioffredo 18:05
 - 6. Jennifer Gioffredo 18:06
 - 7. Kylie Gioffredo 18:07
 - 8. Stephanie Bergin 18:08
 - 9. Karen Bergin 19:50

- 10. Shirley Delon 19:51
- 11. Jackie Clary 19:53
- 12. Allison Hunt 21:30
- 13. Patty Pelfrey 21:32
- 14. Jack Pierce 21:37
- 15. Jill Dunn 23:09
- 16. Jorretta Abraham 23:24
- 17. Amanda Rudd 23:26
- 18. Cathy Miller 23:31
- 19. Jordan Hatfield 23:32
- 20. Christy Matson 23:37
- 21. Sabrina Boucher 23:41

NORRIS INSURANCE 4 MILE RUN and 3 MILE WALK

May 12, 2012

Kokomo, Indiana

1. 21:03 B. J. Needler (overall male winner)

- 2. 21:43 Kory Kennedy
- 3. 22:43 Parker Jones
- 4. 23:52 Chris James
- 5. 26:41 Jay Priest
- 6. 26:46 Byron Bundrent
- 7. 26:48 Chris Lasley
- 8. 27:09 Ron Moore
- 9. 27:09 Gary Callahan
- 10. 28:06 Jerry Long
- 11. 28:50 Mike Duke
- 12. 30:00 Carlin Hochstedler
- 13. 30:11 Randall Graber
- 14. 31:20 Steve Smith
- 15. 31:33 Mark Shorter
- 16. 31:33 Kenneth Swinehart
- 17. 31:42 Nicole Hampshire (overall female winner)
- 18. 31:45 Rosellen Connolly
- 19. 32:16 Earl Strong
- 20. 32:17 Charlie Skoog
- 21. 32:20 Roxane Burrous
- 22. 32:31 David Emry
- 23. 32:47 Daniel Phillips
- 24. 32:49 Mike Deardorff
- 25. 32:52 Stephen Lawler
- 26. 33:15 Tami Moore
- 27. 33:21 Kristina Gleason
- 28. 33:36 Mike Daugherty
- 29. 33:40 Michael Graham
- 30. 33:53 Cara McKellar
- 31. 34:12 Scott Deyoe
- 32. 34:20 Al Mitchel
- 33. 35:13 Maurice Wright
- 34. 35:14 Amanda Byram
- 35. 35:31 Dustin Wolf
- 36. 35:58 Anna Rangel
- 37. 36:21 Mike Gleason
- 38. 36:23 Ray Tetrault
- 39. 37:06 Ricke Stucker
- 40. 37:15 Kathy Canady-
- 41. 37:27 Bronwyn Getts

- 42. 37:29 Russ Hovermale
- 43. 38:14 Kelsey Kennedy
- 44. 38:18 Shelly Nelson
- 45. 38:37 Jennifer Phillips
- 46. 39:24 Terry Jones
- 47. 40:07 Robin Tetrault
- 48. 40:46 Rhenda Acton
- 49. 41:08 Joyce Pennycoff
- 50. 41:09 Desiree Hughes
- 51. 42:49 Kelsey Metz
- 52. 42:50 Ron Metz
- 53. 43:13 Maria Kline
- 54. 43:19 Ariana Getts
- 55. 43:20 Robin Cole
- 56. 43:30 Tracy Brown
- 57. 44:08 Joe Trueblood
- 58. 44:08 Myra Trueblood
- 59. 44:26 Emilie Hubbard
- 60. 44:30 Ann Hubbard
- 61. 45:34 Carolyn Scholl
- 62. 47:14 Kevin Campbell
- 63. 48:11 Jenna Clark
- 64. 48:36 Robert Cupp
- 65. 49:35 Paul Getts
- 66. 51:27 Melissa Jones
- 67. 52:20 David Hughes
- 68. 59:14 Faith Madison
- 69. 60:09 Sue Keller
- 70. 60:13 Doris Campbell

WALKERS:

1. 29:10 Vincent Lorenz
2. 30:18 Mary Miller (1st woman)

- 3. 35:30 Joe Rangel, Kokomo
- 4. 36:24 Jerry Lambert
- 5. 36:29 Jim Gross
- 6. 37:16 Rick Spencer
- 7. 37:33 Steve Inman
- 8. 37:36 Richard Kerkhof
- 9. 38:39 Marsha Daughterty
- 10. 38:43 Greg Wall
- 11. 39:10 Raye Jean Swinehart
- 12. 39:11 Jane Inman
- 13. 41:05 Chari Deyoe
- 14. 41:35 Gerri Smalling
- 15. 41:59 Jan Wall
- 16. 43:45 Jean Heflin
- 17. 46:52 Dick Summerton
- 18. 47:02 Adrian Cunningham
- 19. 49:40 Mary Lou Rutherford
- 20. 52:15 Donna Babb
- 21. 56:16 Jean Cloud

18th Annual Kokomo Composer Classic 5K
Sat May 26, 2012
Highland Park
Kokomo, IN

Runners

- 1. Kory Kennedy 16:17

2. Mark Messengill, Jr. 16:56
 3. Parker Jones 17:10
 4. Chris James 18:07
 5. Scott Riggle 18:57
 6. Austin Elliott 19:04
 7. Jordan Fivecoate 19:06
 8. Byron Bundrent 19:29
 9. Heather Weber 19:36 (1st woman)
 10. Judy Porter 19:54
 11. Chris Lasley 19:55
 12. Christian High 20:05
 13. Jose Garcia 20:14
 14. Ron Moore 20:17
 15. Chad Carver 20:36
 16. Pablo Morales 20:42
 17. Scott Glover 20:49
 18. Aaron Kirk 20:53
 19. Scott Spinner 21:04
 20. Jerry Long 21:07
 21. Gary Callahan 21:07
 22. Tim Taflinger II 21:11
 23. Avery Ewing 21:31
 24. John Anderson 21:33
 25. Mike Druge 22:00
 26. Diana Jones 22:02
 27. Don Currie 22:10
 28. Paul Sanders 22:30
 29. Jacob Riley 22:33
 30. Nicole Hampshire 23:15
 31. Michael Anderson 23:41
 32. Keagan James 23:49
 33. Kenneth Swinehart 23:59
 34. Bobby Mendoza 24:03
 35. Earl Strong 24:21
 36. Logan Buck 24:26
 37. Mike Schoenrad 24:29
 38. Rosellen Connolly 24:31
 39. Connie Gamble 24:32
 40. Jeff Galvin 24:40
 41. Mike Deardorff 24:43
 42. Rudy Soryantoro 24:52
 43. Roxane Burrous 25:06
 44. Mark Shorter 25:12
 45. Michael Graham 25:13
 46. Cindy Stone 25:24
 47. Charlie Skoog 25:30
 48. Tarin Serra 25:35
 49. Scott Deyoe 25:39
 50. Monte Babb 25:44
 51. Kaylie Forgrare 26:03
 52. Maya James 26:14
 53. TA Weber 26:21
 54. Cara McKellar 26:27
 55. Christopher Sullivan 26:30
 56. Billy Stanton 26:39
 57. Mike Daugherty 26:43
 58. Tricia Harlow 26:44
 59. James Hoffman 26:46
 60. Lisa Lightfoot 26:46
 61. Melissa Goad 26:49
 62. Arlen Hartman 26:56
 63. Terry Jones 27:06
 64. Jim Rogers 27:11
 65. Jaime Dinn 27:19
 66. Ray Tetrault 27:20
 67. Anna Dollens-Rangel 27:30
 68. Christina Deyoe 28:08
 69. Natalie Nicholson 28:08
 70. Anne Berendsen 28:13
 71. Emma Marley 28:24
 72. Michelle Nicholson 28:24
 73. Nikki Frazier 28:34
 74. Lisa Birkhimer 28:35
 75. Kelsey Kennedy 28:40
 76. Trish Miller 28:48
 77. Davy Williams 28:50
 78. Laura Cook 29:02
 79. Michael Frey 29:04
 80. Rhenda Acton 29:12
 81. Robin Tetrault 29:12
 82. Jennifer Van Horn 29:40
 83. Ricke Stucker 29:45
 84. Gary Frederick 29:50
 85. Briar Frederick 29:51
 86. Laurie Ousley 29:56
 87. Jake Gamble 30:05
 88. Kristi Ball 30:08
 89. Shelly Wyman 30:09
 90. David A. Hughes 30:18
 91. Lindsay Chennel 30:41
 92. Ashlynn Hochstedler 30:42
 93. Emilie Hubbard 30:45
 94. Angela Jarrett 30:47
 95. Sarah Spitter 30:47
 96. Erin Washler 30:48
 97. Joyce Pennycoff 30:56
 98. Kim Hale 30:58
 99. Christina Konopa 31:08
 100. Leah Daily 31:13
 101. Tracy Brown 31:38
 102. Eric Wright 31:40
 103. Lynn Pratt 31:41
 104. Kate Shepherd 31:44
 105. Nancy Anderson 31:46
 106. Brandy McKibben 31:47
 107. Beth Silence 31:56
 108. Marti Sholty 31:56
 109. Ashley Morns 31:58
 110. Taylor Frey 32:02
 111. Kathy Pratt 32:09
 112. Mark Schelbert 32:09
 113. Billy Cox 32:21
 114. Shawnda Roussey 32:27
 115. Carmen Larson 32:33
 116. Katie Gorrell 32:39
 117. Bruce Savage 32:41
 118. Jeff Hale 32:48
 119. Ann Hubbard 32:56
 120. Amanda Flick 33:14
 121. Kathy Seybert 33:15
 122. Jakob White 33:49
 123. Jim White 33:49
 124. Hannah Hartman 33:55
 125. Unknown 34:05
 126. Rose Clem 34:53
 127. Natalie Brown 35:03
 128. Elizabeth Chase 35:12
 129. Amanda Kinney 35:14
 130. Kevin Hewitt 35:16
 131. Haley Hewitt 35:16
 132. Dorann Nation 35:23
 133. Laura Heflin 36:58
 134. Sophia Wyman 37:57
 135. Paul Wyman 38:01
 136. Kathryn Wall 38:17
 137. Steve McCiellan 38:50
 138. Missy Maurick 40:26
 139. Sara Cavazos 40:37
 140. Janet Hoffman 40:51
 141. Anitha Sinkfield 41:02
 142. Susan Mack 41:02
 143. Alonzo Watford 42:18
 144. Sue Keller 44:06
 145. Laura Sheets 45:10
 146. Diana Schaff 45:11
 147. Carol Savage 48:12
- Walkers**
1. Vince Lorenz 29:36
 2. Mary Miller 31:27 (1st woman)
 3. Michael Bird 35:24
 4. Miriam Bird 35:24
 5. Linda Miller 36:34
 6. Lisa Spurrier 36:45
 7. Joe Kidd Rangel 37:52
 8. Jim Gross 38:25
 9. Steve Inman 38:51
 10. Dawn Dunn 39:26
 11. Leslie Dunn 39:26
 12. Jerry Lambert 39:27
 13. Greg Wall 39:47
 14. John Mohr 40:51
 15. Raye Jean Swinehart 41:05
 16. Jane Inman 41:06
 17. Patricia Brown 41:15
 18. Robin Michael 41:41
 19. Lynn Berendsen 41:55
 20. Gerri Smalling 43:00
 21. Jan Wall 43:05
 22. Jane Cloum 43:10
 23. Melvin Hobbs 43:27
 24. Barbara Hobbs 43:42
 25. Erica Huffman 44:44
 26. Karmen Glaspy 44:45
 27. Jean Heflin 44:47
 28. Chari Deyoe 45:33
 29. Mary Lou Rutherford 45:48
 30. Jayne Stucker 47:22
 31. Stephanie Whitesell 49:08
 32. Linda Hanson 49:09
 33. Dan Coughlin 56:52
 34. Diana Brown 56:52
 35. Brandy McCord 1:04:22
 36. Kari Cook 1:04:23

CK Wednesday Night Run/Walks

Sponsored by Runner's Forum

Please note that **the start of the 5K is 5:15 p.m. The Miracle Mile starts at 6:00.**

Jackie Sanders Miracle Mile Wednesday, May 2, 2012 Highland Park Walk/Bike Path

1. Parker Jones 5:15
2. Dustin Lytle 6:11
3. John Anderson 6:12
(Barefoot Course Record)
4. Ron Moore 6:50
5. Brad Richmond 6:53
6. Michael Anderson 7:08
7. Adrienne Shepherd 7:19
8. Terry Jones 7:26
9. Charlie Skoog 7:40
10. Ken Swinehart 7:44
11. Derek Lawhead 7:45
12. Arlen Hartman 7:47
13. Rosellen Connolly 7:55
14. Adriene Riggle 8:11
15. Michael Graham 8:44
16. Bart Langevin 8:52
17. Jordan Bradley 8:55
18. Riley Case 8:59 (75 & over
age group record!)
19. Bruce Savage 9:00
20. Tasha Shackelford 9:44
21. Hannah Moore 9:52
22. Ken Huston 9:54
23. Robin Cole 9:56
24. Geana Moore 10:04
25. Lauren Bradley 10:18
26. Denise Bradley 10:18
27. Chad Shackelford 10:20
28. Alex Anderson 10:23
29. Ari Leger 10:27
30. Bob Longwith 10:41
31. Jenna Dillman 11:03
32. Valerie Leger 11:20
33. Kathy Murdoch 11:40
34. Richard Kerkhof 12:05
35. Melissa Jones 12:54
36. Gretchen Riggle 12:54
37. Scott Riggle 12:55
38. Dorian Gray 13:06
39. Raye Jean Swinehart 13:09
40. Jane Inman 13:09
41. Barry Donovan 15:29
42. Cathy Longwith 15:33
43. Dan Coughlin 17:40

CK Wednesday 5K May 2, 2012 Old Ben/Highland 5K Course

1. Parker Jones 18:03
2. Adrienne Shepherd 22:17
3. Phil Rozzi 23:40
4. Stefanie Thomas 23:58
5. Michael Graham 28:48
6. Kathy Murdoch 30:15
7. Vickie Bennett Thomas 33:03
8. Tasha Shackelford 33:04
9. Terry Jones 34:22
10. Bart Langevin 35:21
11. Mandy Oakes 36:56

Runner's Forum \$10 Gift
Certificate Winners: Jordan
Bradley & Tasha Shackelford

Jackie Sanders Miracle Mile Wednesday, May 9, 2012 Highland Park Walk/Bike Path

1. Parker Jones 5:19
2. John Anderson 6:21
3. James Longwith 6:32
4. Ken Swinehart 6:58
5. Michael Anderson 7:01
6. Charlie Skoog 7:13
7. Derek Lawhead 7:38
8. Michael Graham 7:56
9. Lissa Stranahan 7:57
10. Kathy Murdoch 8:51
11. Bruce Savage 9:03
12. Stevie Jones 9:12
13. Jaime Hardie 9:18
14. Ken Huston 9:31
15. Alex Anderson 10:30
16. Bob Longwith 10:51
17. Emily Riggle 11:36
18. Shelly O'Bannon 11:41
19. Dorian Gray 11:48
20. Quintina Bell 11:51
21. Steve Workman 11:52
22. Jane Inman 13:09
23. Raye Jean Swinehart 13:10
24. Doris Campbell 13:29
25. Kevin Campbell 13:29
26. Tori Gingerich 13:40
27. Lisa Birkhimer 13:41
28. Milo Hearn 13:41
29. Sue Keller 14:34
30. Gretchen Riggle 15:10
31. Adriene Riggle 15:10
32. Melissa Jones 18:40
33. Amanda Corder 18:40
34. Sam Corder 18:41

CK Wednesday 5K May 9, 2012 Old Ben/Highland 5K Course

1. Parker Jones 17:12
2. Scott Riggle 19:36
3. Lissa Stranahan 26:25
4. Michael Graham 26:33
4. Terry Jones 30:35
6. Steve Wand 32:24
7. Bart Langevin 33:23
8. Melissa Kidwell 34:28
9. Jaime Hardy 34:28
10. Sue Keller 45:29

Runner's Forum \$10 Gift
Certificate Winners: Bart Langevin
& Emily Riggle

Jackie Sanders Miracle Mile Wednesday, May 16, 2012 Highland Park Walk/Bike Path

1. Parker Jones 5:17
2. John Anderson 6:19
3. Charley Werst 6:29
4. Ken Swinehart 6:46
5. Derek Lawhead 7:24
6. Phil Rozzi 7:33
7. Logan Pitner 7:46
8. Arlen Hartman 7:48
9. Mike Graham 8:03
10. Charlie Skoog 8:21
11. Issac Werst 8:31
12. Cara McKellar 8:33
13. Hannah Hartman 8:46
14. Stevie Lynn Jones 8:47
15. Anne Berendsen 8:48
16. Bruce Savage 8:48
17. Jennifer Pitner 9:12
18. Ken Huston 9:30
19. Ari Leger 9:37
20. Luke Leger 9:50
21. Robin Cole 9:57
22. Alex Anderson 10:04
23. Tori Gingerich 10:16
24. Lisa Birkhimer 10:21
25. Milo Hearn 10:22
26. Amber Longwith 10:23
27. Amanda Corder 10:25
28. Sam Corder 10:26
29. Jamie Hardie 11:08
30. Melissa Kidwell 11:09
31. Jenna Dillman 11:12
32. Melissa Jones 12:14
33. Grace Bagwell 12:20
34. Richard Kerkhof 12:53
35. Dorian Gray 14:20
36. Cathy Longwith 15:24
37. Carol Savage 15:25

CK Wednesday 5K
May 16, 2012
Old Ben/Highland 5K Course

1. Parker Jones 17:43
2. Charley Werst 22:32
3. Phil Rozzi 24:05
4. Lissa Stranahan 26:02
5. Michael Graham 26:22
6. Jennifer Pitner 27:13
7. Cara McKellar 28:09
8. Constantin Alexander 28:50
9. Melissa Kidwell 31:07
10. Angie 32:48
11. Jamie Hardie 32:49
12. Bart Langevin 32:54
13. Margaret White 48:42
14. Dawn White 48:48

Runner's Forum \$10 Gift
 Certificate Winners: Mike Graham
 & Tori Gingerich

Jackie Sanders Miracle Mile
Wednesday, May 23, 2012
Highland Park Walk/Bike Path

1. Parker Jones 5:33
2. John Anderson 6:16
3. Ryan Butcher 6:37
4. Paul Sanders 6:41
5. Michael Anderson 6:44
6. Kalin Kidwell 7:16
7. Austin Butcher 7:16
8. Derek Lawhead 7:19
9. Keenan Esteese 7:32
10. Ken Swinehart 7:32
11. Rosellen Connolly 7:34
12. Phil Rozzi 7:51
13. Charlie Skoog 8:10
14. Mike Graham 8:24
15. Terry Jones 8:24
16. Tasha Shackelford 8:38
17. Cara McKellar 8:41
18. Bruce Savage 8:42
19. Steve Hearn 8:51
20. Milo Hearn 8:51
21. Amanda Corder 9:24
22. Ken Huston 9:38
23. Chad Shackelford 9:52
24. Mark Schelbert 10:01
25. Stevie Lynn Jones 10:06
26. Robin Cole 10:08
27. Tori Gingerich 10:11
28. Lisa Birkhimer 10:12
29. Alex Anderson 10:28
30. Jenna Dillman 11:04
31. Dorian Gray 11:40
32. Declan Schelbert 11:53
33. Kaitlyn Schelbert 12:17
34. Trelaine Schelbert 12:26
35. Melissa Jones 12:26

36. Emily Riggle 12:58
37. Jane Inman 13:16
38. Raye Jean Swinehart 13:16
39. Carol Savage 15:36

CK Wednesday 5K
May 23, 2012
Old Ben/Highland 5K Course

1. Parker Jones 17:21
2. Austin Elliott 18:56
3. Scott Riggle 19:57
4. Paul Sanders 25:56
5. Phil Rozzi 25:56
6. Ken Swinehart 27:17
7. Michael Graham 27:19
8. Steve Wand 28:07
9. Cara McKellar 28:09
10. Mary White 29:28
11. Melissa Kidwell 29:31
12. Ray Tetrault 29:36
13. Angie Butcher 30:54
14. Max White 31:06
15. Bart Langevin 34:07
16. Stevie Jones 43:19
17. Sue Keller 45:39

Runner's Forum \$10 Gift
 Certificate Winners: Parker Jones
 & Jenna Dillman

Jackie Sanders Miracle Mile
Wednesday, May 30, 2012
Highland Park Walk/Bike Path

1. Parker Jones 5:26
2. Julian Dwerlhotte 5:50
3. Kailey Kidwell 7:01
4. Austin Butcher 7:15
5. Ken Swinehart 7:23
6. Phil Rozzi 7:34
7. Rosellen Connolly 7:39
8. Charlie Skoog 7:39
9. Derek Lawhead 7:42
10. Kathy Murdoch 8:34
11. Liam Hueston 8:51
12. Amanda Hueston 8:51
13. Rachel Sargent 8:58
14. Rhenda Acton 9:03
15. Bruce Savage 9:10
16. Tasha Shackelford 9:20
17. Rosie Levine 9:31
18. Ken Huston 9:41
19. Stevie Jones 9:51
20. Anna Rangel 10:06
21. Cara McKellar 10:06
22. Kevin Campbell 10:10
23. Chad Shackelford 10:11
24. Alex Anderson 10:26
25. Anita Frazier 10:35

26. Jenna Dillman 10:54
27. Dorian Gray 11:46
28. Melissa Jones 11:52
29. Emily Riggle 12:13
30. Joe Kidd Rangel 13:07
31. Raye Jean Swinehart 13:10
32. Jane Inman 13:10
33. Jerry Leach 13:43
34. Linda Kendall 14:03
35. Carol Savage 14:29
36. Cathy Longwith 15:12

CK Wednesday 5K
May 30, 2012
Old Ben/Highland 5K Course

1. Parker Jones 17:30
2. Scott Riggle 23:27
3. Phil Rozzi 24:08
4. Lissa Stranahan 24:58
5. Ken Swinehart 25:32
6. Cara McKellar 27:27
7. Tasha Shackelford 28:17
8. Melissa Kidwell 29:36
9. Jamie Hardie 33:10
10. Bart Langevin 33:13
11. Dorian Gray 36:59
12. Vickie Bennett Thomas 37:26

Runner's Forum \$10 Gift
 Certificate Winners: Jamie Hardie
 & Lissa Stranahan

June Birthdays

- 6-2 Melvin Hobbs III
- 6-4 Rick Stone
- 6-4 Christine Williamson
- 6-5 Jacob Bradshaw
- 6-7 Ray Tetrault
- 6-8 Dave White
- 6-10 Kim Anderson
- 6-10 Ken Swinehart
- 6-10 Sharon Whelan
- 6-15 Vern Graves
- 6-18 Bruce Savage
- 6-19 Dick Summerton
- 6-21 Laurie Ousley
- 6-22 Carol Savage
- 6-23 Gina Sheets
- 6-24 Pete Bradshaw
- 6-24 Joe Rangel
- 6-26 Raye Jean Swinehart
- 6-27 Madison Parr
- 6-27 Mark Shorter

Points Standing

Races included are Amboy, Old Ben, Ultimate, Run/Walk/Roll, JMP 4mi and any one Ultra, Marathon, Half-Marathon or Volunteer. 10 points are awarded for both the Race for the Cure and the Relay for Life.

Runners

Women

0-12

Elizabeth Felker 1-20
Ella Kantz 1-20
Kelsey Metz 1-20
Lauren Weber 1-15

13-19

Kelsey Kennedy 6-90C
Carly Jones 4-70C
Nicole Hampshire 1-20
Stevie Jones 1-12
Sophie Frazier 1-10

20-24

Nikki McCracken 1-10C
Kathryn Wall 1-10C

25-29

Jenna Clark 6-100HC
Laura Heflin 6-84HC
Amanda Flick 3-60

30-34

Jen Atkins 3-60H
Desiree Hughes 3-40C
Rebekah Monroe 2-35V
Adriene Riggle 2-32H
Carla Knapp 1-20
Jennifer Van Horn 1-20
Kelly Wright 1-15

35-39

Nikki Frazier 4-75H
Darcie York 2-40H
Michelle Boyd 2-27
Erika James 1-20H
Tarin Serra 1-20
Carol Sheridan 1-20
Anna Kantz 1-15

40-44

Tami Moore 5-87MH
Heather Weber 4-80MH
Michelle Larson 2-35
Lisa Birkhimer 2-30H
Dana Culp 2-27
Mary White 1-20H
Shelly Wyman 1-20H
Sherrie Alexander 1-12
Carol Savage 1-10
Lora Felker 1-9

45-49

Cara McKellar 6-100C
Laura Cook 3-47
Cindy Stone 2-40
Patti Reinhardt 1-15
Kristine Bewley 1-10
Joni McCracken 1-10C

50-54

Roxane Burrous 4-80H
Tracy Brown 5-75
Laurie Ousley 2-30
Doris Campbell 1-12
Thomas Vicki Bennett 1-12
Marianne Wilson 1-12

55-59

Anna Rangel 6-110C
Robin Tetrault 6-100H
Robin Cole 4-51
Sue Keller 4-44
Lorene Sandifur 1-20H

60-64

Joyce Pennycoff 3-50H
Rhenda Acton 2-40

65-69

Kathy Murdoch 2-40
Susan Gerhart 1-20

Runners

Men

0-12

Vinh Lee 2-35
Brayden York 2-32
Justin Taflinger 1-20

13-19

Samuel Bettegnies 2-29
Bobby Mendoza 2-28
Jeremy Breedlove 1-20
Waylon Coulter 1-15
Jordan Fivecoate 1-12
Cavan Williams 1-10

20-24

Kory Kennedy 6-100C
Parker Jones 6-97H
Neno Bellinotti 3-60H
Jordan Ousley 1-12
Ryan Dollens 1-10
Cody Young 1-10

30-34

Billy Cox 2-30C
Chad Sr. Gaddis 1-20

35-39

Matt York 5-100MH
Chris Frazier 3-60HV
Bob Atkins 3-52MH
Brad Richmond 2-30
Tony White 2-30
Chris Lasley 2-27
Jim Boley 2-24
Chris James 1-20
Randy Maurer 1-15
Maurice Wright 1-12

40-44

Terry Jones 6-107H
Scott Colford 3-60H
Scott Riggle 1-20H
Paul Wyman 1-20H
Tim Taflinger II 1-15
Steve Williams 1-15

45-49

Jay Priest 7-140MH
Ron Moore 5-85MH
David Emry 6-81H
Michael Graham 6-74H
Scott Deyoe 4-43
Brian Reinhardt 2-35H
Paul Sanders 2-32H
Dana Neer 1-20
Chee Lee Lee 1-8

50-54

Byron Bundrent 5-100
Jerry Long 5-80
Ray Tetrault 5-63H
Ken Swinehart 5-55
Eric Mathew 3-30
Phil Rozzi 2-27
Ron Metz 1-9
Bruce Savage 1-9
Kevin Campbell 1-8

55-59

Mark Shorter 7-125HC
Jerry Meiring 4-52
Russ Hovermale 4-51
Mike Deardorff 3-39
Jeff LaDow 1-20H
Keith McAndrews 1-20
Earl Strong 1-15

60-64

Gary Callahan 4-80
Charlie Skoog 4-65
Ricke Stucker 6-65C
Tom Miklik 3-37
Phil Leiningner 2-22C
Bill Menges 2-19
Vern Keller 1-12

65-69

David Hughes 4-80
Bill Barnett 2-32
Doug Mankell 2-30
Jim Burrous 1-20V

70-74

Stan Shuey 3-52
John Peters 2-35
Billy Stanton 1-20

75-79

Riley Case 2-40

Robert Cupp 2-40
Ken Huston 1-15

Walkers

Women

45-49

Anh Lee 2-40
Chari Deyoe 1-20
Angie Bowman 1-15

50-54

Mary Miller 5-100
Raye Jean Swinehart 5-66
Jane Inman 5-61
Jean Heflin 5-55C
Monica Mathew 2-20
Jayne Stucker 2-18

55-59

Jan Wall 3-60

60-64

Angela Lorenz 2-35
Judy Trobaugh 2-35

65-69

Mary Lou Rutherford 3-60
Diana Brown 2-35

Walkers

Men

13-19

Teng Lee 1-20

25-29

Vince Lorenz 5-100

50-54

Steve Inman 2-40

55-59

Rick Spencer 5-100

60-64

Joe Rangel 4-110C
Robin Michael 4-70
Greg Wall 3-42

65-69

Richard Kerkhof 1-20

70-74

Jim Gross 3-60
John Mohr 2-40
Dan Coughlin 2-30

75-79

Jerry Lambert 3-60
Dick Summerton 2-35

2012 Race Calendar

June 9

Norris Insurance 5 Mile Run/ 5K Walk
 Time: 8 AM
 Location: Greentown, IN
 Contact: John Norris
 Phone: (765) 395-7761
 Website: <http://norrisingurance.com/>

June 14

Coyote Kids day 1

June 16

Relay for Life
NEW Location: Howard County 4H Fairgrounds, Greentown, IN

June 21

Coyote Kids day 2

June 23

12 Hour relay—**Non CKRR points race**
 Contact: Ray Tetrault

June 30

Haynes-Apperson
 4 Mile Run/ 3 Mile Walk
 Time: 8 AM
 Location: Memorial Gymnasium, Central Middle School, Kokomo
 Contact: Mark Shorter
 Email: Mark@ckrr.us

July 14

Race for Grace
 Time: 8 AM
 Location: Calvary Presbyterian Church, 7th & Spencer Streets, Logansport, IN
 Phone: (574) 753-0505

July 21

Panther Prowl 5K Mile Run/Walk
 Time: 8 AM
 Location: Russiaville, IN
 NOTE: **Please do NOT park in the lot at Waddell's IGA. It is reserved for their customers only.**

August 04

Norris Insurance 5K Run/ Walk
 Time: 8 AM
 Location: Converse, IN
 Contact: John Norris
 Website: <http://norrisingurance.com/>

August 18

CAM Run for Shelter
 5K Run and Walk
 Time: 8 AM
 Location: Oakbrook Valley, Russiaville, IN
 Contact: Oakbrook Church
 Phone: (765) 252-7030

September 1

Steps to Recovery
 3M Run & Walk

September 15

4th GNO
 Time: 5:00 p.m.
 Location: Downtown Kokomo

September 22

Bee Bumble 5K & 10K
 Time: 8:00 a.m.
 Location: Burnettsville, IN

October 06

Cole Porter 15K Run/ 5K Run/ Walk
 Time: 9:00 AM
 Location: Circus Building, Peru

October 13

St. Joseph Foundation's Runnin' the Shores 5K
 Location: Champaign Shores
 Contact: Todd Moser 456-5406

October 27

YMCA Jack-o-lantern Jog
 5K Run/Walk
 Time: 8am
 Location: YMCA, Kokomo

November 10

CKRR Charity 5K Run/ Walk
 Time: 9 AM
 Location: UAW 292 Union Hall, Alto & Park Roads, Kokomo, IN
 Contact: Charlie Skoog
 Phone: (765) 457-2607
 Email: runckrr@aol.com

November 22

Club Kokomo Cares 5K Run/ Walk - 20 points for each finisher
 Time: 8 AM
 Location: Rogers Pavillion Highland Park
 Contact: Ray Tetrault
 Phone: (765) 854-1393

December 31

CKRR New Year's Eve
 5K Run/ Walk
 Time: 2 PM
 Location: UAW Local 292

The 2nd annual Run, Walk, and Roll for our community was a huge success! We were able to raise **\$9,199.80** for Bona Vista.





Inspirational Thought of the Month

by Club Chaplain Steve Wand

I want to wish all of our fathers out there a Happy Father's Day this month. I, like most fathers, kind of fell into the job of being a father. Neither of our children came with an instruction manual or a do-it-yourself video, which I probably wouldn't have read or watched anyway. All I could do is the best that I could do. Fatherhood is more about providing the good soil for the seed to sprout than to provide rigid rules and harsh demands to make it grow.

Proverbs 16:1, 3 New Living Translation (NLT)

We can make our own plans, but the Lord gives the right answer. ³ Commit your actions to the Lord, and your plans will succeed.

THANKS

Thanks to our Club Kokomo family for the beautiful flowers for Helen. She always loved flowers and raised her own flowers every year. We love all of you.

Milt Brown



2936 Congress Drive
Kokomo, IN 46902

We're on the web!
www.ckrr.us

