

March 2011



# The Roadrunner

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## 2010 Awards Banquet

The CKRR 2010 Awards Banquet was held Sunday February 27 at the Church of Nazarine for the second year in a row. This is a great facility with plenty of room for the hundred club members that attended. Thank you to Nicole Peel for coordinating and allowing us the use of the Church.

Before the awards were handed out everybody got their bowls ready to do some chili tasting. There were twenty-two pots of chili to choose from. That's great considering the Kokomo Chili tasting held the day before only had 31 varieties. There was also lots of side dishes and deserts to fill your plate.

The awards presentations started as everyone was finishing up there lunch. There was one set of awards that did not get presented Sunday by mistake. Longevity awards should have been presented to 20 year member Sandy Knowland and 30 year members Gary Jewell and Mark Shorter. Thank you for your commitment to CKRR. The age group award this year was a red sweatshirt

with the club logo on the front or you could opt for a plaque that listed your place of finish in your age group. The group awards went to the top three in each age group. Please look back at the February newsletter to see the final points standings for 2010.

The following awards were presented.

### Youth Runner of the Year

Male: Justin Taflinger

Female: Brittiani Gillem

### 20-39 Runners of the Year

Male: Matt York

Female: Nikki Frazier

### Master Runners of the Year

Male: Jay Priest

Female: Tami Moore

### Senior Master Runners of the Year

Male: Joe Rangel

Female: Kathy Murdoch

### Runners of the Year

Male: Kory Kennedy

Female: Heather Weber

### Walkers of the Year

Male: Vince Lorenz



Left to Right: Alexandra Parr and Hannah Moore 0-12 age group

Female: Mary Miller

### Contributor of the Year

Don Rogers

### Rookie of the Year

Male: Parker Jones

### Most Improved

Male: Dave Emry

### Outstanding Volunteer

Shelly Wyman

### Most Outstanding Performances –

Bethany & Brittany Neeley

### President's Award

For completing marathons in all 50 states

Dan Lutes & Earl Strong

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## Next Races

March 05  
Norris Insurance  
5K Run/ Walk

March 12  
Old Ben 5K Run/ Walk

March 26  
Sam Costa 1/4 & 1/2  
Marathon

April 02  
CKRR Ultimate  
10 Mile Run & 5 Mile Run/  
Walk

## Inspirational Tip of the Month

From your Club Chaplin

### A Handy Reference List of Emergency Phone Numbers:

Problem	Call:
When you want peace and rest	<a href="#">Matthew 11:28-30</a>
When you are lonely and fearful	<a href="#">Psalm 23</a>
When you feel down and out	<a href="#">Romans 8:31</a>
If your pocketbook is empty	<a href="#">Psalm 37</a>
If people seem unkind	<a href="#">John 15</a>
For understanding of Christianity	<a href="#">II Corinthians 5:15-19</a>
If discouraged about your work	<a href="#">Psalm 126</a>



#### PLEASE NOTE:

Emergency numbers may be dialed direct.  
No operator assistance is necessary.  
All lines to Heaven are open 24 hours a day!



*Left*  
*Outstanding Performances*  
*Bethany & Brittany Neeley*

*Right*  
*Runners of the year*  
*Heather Weber &*  
*Kory Kennedy*



## Larry the Lamp

I do not know how or why Larry the lamp started getting handed down to CKRR members through the years. He has been around for quite awhile, but over the last few years he has lived with Allison and Will Irvin, Gina & Travis Sheets and now his new family Heather and TA Weber. If Larry is given to you it is required that you take good care of

him and keep him in your household for at least six months. After six months you can keep him if you wish, but eventually you must pass him along to another CKRR family that may enjoy his company.

Congratulations to the Weber family and their new addition



Larry the Lamp meets his new family

## On the Trails



The snow should all be gone, it's road racing season, and competition is heating up for area track and field athletes getting ready to move from the indoor to outdoor ovals. Spring officially begins March 20, but for me, I run the Amboy 5K, eat some pancakes and boldly declare "Spring has arrived...Bring on Old Ben!"

With extended daylight please make a note, starting March 16, **the Jackie Sanders Wednesday Night Miracle Mile will move to a 6:00 PM starting time.** If you show up earlier you can run a few miles with me and I am willing to run a 5:30 PM heat if 6:00 is too late for you. For those wanting to run longer, I suggest you use the Miracle Mile as a tempo portion of your longer run. The current record turnout for the Miracle Mile is 56. Let's top that this year! If you desire to run fast, check out the CK one mile age group records in the February newsletter, and maybe you can rewrite some history. If you desire to get faster we can help you with that but not if you don't show up so see ya at the Miracle Mile!

Saturday, March 19, is a break from local road races so the Wildcat Guardians sponsor the Earth Day in March Cleanup on the third Saturday each year. Volunteers will meet at 8:30 AM in Foster Park to register and then disperse to creekside and floodplain areas throughout the local watershed. We will work from 9 AM until Noon and then build a Guardians at Work trash pile at the corner of Park and Markland. We also plan to de-trash the route of the Relay for Life Half Marathon which will be run a month later on March 21. This inaugural event will start at Celebra-

tions on West Sycamore and head out and back 6.5 miles on Old Sycamore following the Wildcat Creek Valley. If you are able to help in cleaning and restoring this beautiful Greenway corridor, please RSVP by calling 457-2607 or email [runckrr@aol.com](mailto:runckrr@aol.com). For more information and pictures of past cleanups visit [www.wildcatguardians.org](http://www.wildcatguardians.org).

The following week, Saturday, March 26 many of us will be running or volunteering at the Sam Costa 1/4 and 1/2 Marathon. For several years the main water stop for this historic race has been populated by Club Kokomo friends and family members. Visit [www.samcosta.com](http://www.samcosta.com) and you will see many familiar faces running or volunteering so get registered (volunteers must register too) and join us!

Moving into April, it's time for the Ultimate 10 & 5, our first CK sponsored race of the year which qualifies for volunteer points. If you're not up for a major challenge this early in the season and would like to volunteer call 765 457-2607 or email [runckrr@aol.com](mailto:runckrr@aol.com). Two weeks later we both remember and celebrate loved ones, past and present as we Race For the Cure. If you would like to Captain and/or promote our Club Kokomo please contact Scott at [ckrr.newseditor@att.net](mailto:ckrr.newseditor@att.net).

On April 23 we have a new addition to our race schedule with the Run, Walk and Roll 5k and 1 Mile, benefiting Bona Vista Programs and ably directed by Vicki Boles. Vicki needs many volunteers so if you're doing the 5K ask a family member or friend to consider helping. If you finish the 5K Run/Walk you can still be a volunteer, helper and encourager for the Special 1 Mile Run/Walk & Roll which will start an hour later at 9:30 AM. There will be many wheelchair bound participants in this event and there will also be many developmentally disabled Life Skills students and adults running walking and rolling.

By Charlie Skoog

This is a special event for some special folks and I promise you it will be a blessing to help out. Vicki can be reached at 765 437-4318 or [vboles@kokomo.k12.in.us](mailto:vboles@kokomo.k12.in.us).

Ok...enough about racing, what about training? The easiest way to train is to find a training partner(s). That's for accountability and the simple fact that it's often easier to share work as well as joy with others, the well known synergy effect. Recently the early morning Run With Ray training group has started back up on every weekday except Wednesday. Sorry, so far no Robin, but that should change when the weather warms up. We meet at the Kokomo Parks Office parking lot on the West side of Highland Park, conveniently located next to Ray and Robin's home. The Ray Run is starting at 6 AM but others are sometimes starting earlier. If you want some good training and great fellowship give the Ray Run a try!



Walker 50+

2nd Place Tony Lorenz



## March Birthdays

3-2 Drew Moser  
3-3 Austin Young  
3-5 Cathie Tweed  
3-6 Kris Bewley  
3-6 Carolyn Norris  
3-6 Dale Sullivan  
3-7 Teng Lee  
3-8 Cinnamon Andrews  
3-8 Brittany Deyoe  
3-8 Bryce Glover  
3-9 Samuel Parr  
3-10 David Mygrant  
3-12 Robin Cole

3-12 Virgil Weitzel  
3-13 Rhiannon Thompson  
3-15 Phyllis Cox  
3-16 Karen Bush  
3-16 Jillian LaDow  
3-17 Jack Lotzgeselle  
3-18 R.J. Kerr  
3-18 Robin Tetrault  
3-18 Benjamin Weitzel  
3-19 Emily Allen  
3-19 Ken Munro  
3-20 Chris Frazier  
3-20 Nikki Frazier

3-21 Waylon Coulter  
3-21 Toney Lorenz  
3-22 Betty Ann Oliphant  
3-23 Craig Thompson  
3-24 Joe Yeagle  
3-26 Brett Bowman  
3-27 John Paul Wyman  
3-28 Stacey Jones  
3-28 Kathy Touloukian  
3-30 Kyle Pitt  
3-31 Bill Cox  
3-31 Linda Munro  
3-31 Pat Shuey

## February Meeting Minutes

February 7th Meeting Minutes

Attendance: Vicki Boles, Charlie Skoog, Patti Weitzel, Joe Yeagle and Scott Riggle

Charlie opened the meeting at 6:30

Premier Printing will be doing the awards sweatshirts and hats.

Charlie motioned to approve the age group change to the running age group 70+ as printed in the January newsletter. Vicki seconded. Vote was all in favor

Meeting was adjourned at 7:00pm

Next Meeting March 14

Social Hour 5:30-6:30

Meeting 6:30-7:30

Location is Pastariffics



*Walkers of the Year*  
*Mary Miller & Vince Lorenz*



*President's Award*  
*Earl Strong*



*0-12 Age Group*  
*1st Aidan Fraizer, 2nd Justin Taflinger,*  
*3rd Brayden York*



*13-19 Age Group*  
*1st Brittiani Gillem, 2nd Bethany*  
*Neeley, 3rd Emily Allen*

## Other Area Races

### *The Challenge*

*5k run/walk*

*April 9 @ 8:30 am*

*W. Lafayette, IN*

[www.thepurduechallenge.com](http://www.thepurduechallenge.com)

### *Jaycee Spaghetti Run*

*5k run/walk and 10k Run*

*April 9 @ 9:00 am*

[www.jcspaghettrun.com](http://www.jcspaghettrun.com)

### *Relay for Life Half Marathon*

*May 21, 2011 8:00am*

*3437 West Sycamore St.*

*Kokomo, IN 46901*

**Phone: 765-457-3227**

**Email: raeschli-  
man@comcast.net**

[www.KokomoMarathon.com](http://www.KokomoMarathon.com)

### *Prison Breakout*

*5K Fun Run/Walk*

*May 21, 2011 8:00 am*

*Location:*

*Pipe Creek Fire Dept.*

*339 Pearl St., Bunker Hill*



## Chili Contest Winners



Left to Right: Diana Brown 3rd Place, TA Weber 1st Place  
Scott Riggle 2nd Place

There are a lot of opportunities this year to volunteer and help out your club. We will need your help more than ever.

Here are a few of your opportunities: Where will you help?

Race for Cure still needs a captain, Relay for Life, Haynes, Age graded Race, Girls Night Out and all the Charity races.



Most Improved: Dave Emry



Master Runner of the year  
Tami Moore

## Miracle Mile Results

Jackie Sanders Miracle Mile  
Wednesday, February 2, 2011  
Highland Park Walk/Bike Path

1. Charlie Skoog 9:25
2. Jerry Leach 13:11
3. Teresa Barlow 13:11
4. Vicki Boles

Jackie Sanders Miracle Mile  
Wednesday, February 16, 2010  
Highland Park Walk/Bike Path

1. Parker Jones 5:28
2. Paul Sanders 6:08
3. Sam Grant 6:18
4. Byron Bundrent 6:40
5. Brittiani Gillem 6:53
6. Charlie Skoog 7:09
7. Kevin Campbell 8:39
8. Terry Jones 8:44
9. Joe Yeagle 9:07

10. Lisa Hemmeger 9:13
11. Jonathon Rossiter 9:19
12. Charity Rossiter 9:20
13. Konner Boley 10:39
14. Amanda Pena 11:09
15. Vicki Boles 11:17
16. Brenda Catron 11:49
17. Jim Boley 11:53
18. Tanner Boley 12:02
19. Ethan Kinney 12:02
20. Sylvie Boley 12:32
21. Jerry Leach 12:39
22. Teresa Barlow 12:39
23. Rebekah Monroe 12:39
24. Ken Huston 12:49
25. Carol Savage 13:44

Jackie Sanders Miracle Mile  
Wednesday, February 9, 2011  
Highland Park Walk/Bike Path

1. Parker Jones 6:03

2. Paul Sanders 6:50
3. Charlie Skoog 8:40
4. Vince Lorenz 9:55
5. Jerry Leach 13:02
6. Teresa Barlow 13:02
7. Ken Huston 14:06

Jackie Sanders Miracle Mile  
Wednesday, February 23, 2010  
Highland Park Walk/Bike Path

1. Parker Jones 5:49
2. Byron Bundrent 6:18
3. Christopher Cambell 7:18
4. Charlie Skoog 7:44
5. Kevin Campbell 8:22
6. Ray Tetrault 8:41
7. Lisa Hemmeger 8:51
8. Joe Yeagle 8:52
9. Vicki Boles 8:54
10. Amanda Pena 11:14
11. Ken Huston 13:22



*Left:*

*2nd Place Stan Shuey and*

*3rd Place Doug Mankell*

*Right:*

*1st Place Anna Dollens  
and*

*2nd Place Laurie Ousley*



## Mini Packet Pick-up Available

For those of you who would like Robin Cole to pick up your Mini-marathon packet for you be sure to get the back page of your pamphlet to her by Wednesday, May 4th. The earlier you get the back page to her the easier it is for her so don't wait until the last minute. Robin is available most Wednesday nights in Highland Park. Please include your phone number on the page in case she needs to contact you. You can pick up your packet any time on Friday, May 6th, on the Tetrault's front porch. The Tetrault's live in the large brick home behind the maintenance garage in Highland Park. If you want to mail your back page to her Robin's address is.

Robin Cole 7071w 500s Russiaville In. 46979



## 2011 Calendar

March 05  
Norris Insurance 5K Run/ Walk  
Time: 9 AM  
Location: Community Building,  
Amboy, IN  
Contact: John Norris  
Phone: (765) 395-7761  
Website: <http://norrisinsurance.com/>

March 12  
Old Ben 5K Run/ Walk  
Time: 9 AM  
Location: Rogers Pavillion  
Highland Park, Kokomo, IN

March 26  
Sam Costa 1/4 & 1/2 Marathon  
Time: 9 AM  
Location: Carmel, IN  
<http://www.samcosta.com/40/>

April 02  
CKRR Ultimate 10 Mile Run & 5 Mile Run/  
Walk  
Time: 9 AM  
Location: Tierney Warehouse, 1401 W.  
Cliff Drive, Logansport, IN

April 16  
Race for the Cure 5K Run/ Walk 10 points  
for each finisher  
Time: 9 AM  
Location: Military Park, Indianapolis  
Phone: (317) 733-3300  
Email: Tuxedo Brothers

April 23  
Run, Rock, Roll  
5K Run/Walk  
1M Run/Walk/Roll  
Start 5k at 8:30, 1M at 9:30  
Phone: 765-455-8085 ext. 332  
Email: [vboles@kokomo.k12.in.us](mailto:vboles@kokomo.k12.in.us)

May 14  
Norris Insurance 4 Mile Run/ 3 Mile Walk  
Time: 8 AM  
Location: Jackson Morrow Park, Kokomo,  
IN  
Contact: John Norris  
Website: <http://norrisinsurance.com/>

May 28  
17th Composer Classic 5K & Melodic Mile  
Run/ Walk Time: 8 AM  
Location: Rogers Pavillion  
Highland Park, Kokomo, IN  
Contact: Mary Rowe  
Phone: (765) 480-0818

June 04  
3rd Trojan Trot 5K/ Walk  
Time: 8 AM

Location: Sharpsville, IN  
Contact: Lisa Jones  
Phone: (765) 480-2621

June 6  
Coyote Kids (First week)  
Location: Jackson Morrow Park

June 11  
Norris Insurance 5 Mile Run/ 5K Walk  
Time: 8 AM  
Location: Greentown, IN  
Contact: John Norris  
Phone: (765) 395-7761  
Website: <http://norrisinsurance.com/>

June 17-18  
Relay for Life  
Location: Walter Cross Field, Kokomo  
High School, Kokomo, IN

July 02  
Haynes-Apperson  
4 Mile Run/ 3 Mile Walk  
Time: 8 AM  
Location: Memorial Gymnasium, Central  
Middle School, Kokomo, IN  
Contact: Mark Shorter  
Email: [Mark@ckrr.us](mailto:Mark@ckrr.us)

July 9  
Race for Grace  
Time: 8 AM  
Location: Calvary Presbyterian Church,  
7th & Spencer Streets, Logansport, IN  
Phone: (574) 753-0505

July 16

Panther Prowl 5K Mile Run/Walk -  
Time: 8 AM  
Location: Russiaville, IN

August 06  
Norris Insurance 5K Run/ Walk  
Time: 8 AM  
Location: Converse, IN  
Contact: John Norris  
Website: <http://norrisinsurance.com/>

August 13  
CKRR Age-Graded  
4 Mile Run & 5K Walk -  
Time: 8 AM  
Location: Highland Park, Kokomo  
Contact: Mark Shorter  
Phone: (765) 455-2283  
Email: [mshorter13@comcast.net](mailto:mshorter13@comcast.net)

August 20  
CAM Run for Shelter  
5K Run and Walk  
Time: 8 AM

Location: Oakbrook Valley, Russiaville,  
IN  
Contact: Oakbrook Community  
Church, 3409 South 200 West, Koko-  
mo, IN 46902  
Phone: (765) 252-7030

September 17  
4th GNO  
Time: 5:00 p.m.  
Location: Downtown Kokomo, IN

September 24  
Bee Bumble 5K & 10K  
Time: 8:00 a.m.  
Location: Burnettsville, IN

October 01  
Cole Porter 15K Run/ 5K Run/Walk  
Time: 9:00 AM  
Location: Circus Building, Peru, IN

October 08  
Champaign Shores 5K  
Location: Champaign Shores Kokomo,  
IN

October 22  
YMCA Jackolantern Jog  
5K Run/Walk  
Time: 8am  
Location: YMCA, Kokomo

October 23  
Club Kokomo Nickel Plate Trail  
8K /3 Mile Walk  
Time: 2 PM  
Location: Nickel Plate Trail Head, Peru,  
IN

November TBA  
CKRR Charity 5K Run/ Walk  
Time: 9 AM  
Location: UAW 292 Union Hall, Alto &  
Park Roads, Kokomo, IN  
Contact: Charlie Skoog  
Phone: (765) 457-2607  
Email: [runcckrr@aol.com](mailto:runcckrr@aol.com)

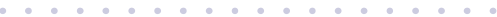
November 25  
Club Kokomo Cares 5K Run/ Walk  
Points 20 For Each Finisher  
Time: 8 AM  
Location: Rogers Pavillion  
Highland Park  
Contact: Ray Tetrault  
Phone: (765) 854-1393

December 31  
CKRR New Year's Eve  
5K Run/ Walk  
Time: 2 PM  
Location: UAW Local 292



**Club Kokomo Roadrunners**

2936 Congress Drive  
Kokomo, Indiana 46902



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**March Club Meeting**  
**Location: Pastariffic**  
**Date: Monday 3-14-2011**  
**Time: 5:30 to 6:30 Social Hr.**  
**Meeting starts at 6:30**