



Age Graded Race

By Mark Shorter



When I awoke Saturday morning I looked outside to see that the ground was wet. I thought that maybe the temperature had dropped. As I drove to Highland Park with a few sprinkles hitting my windshield, I still had hope that it was cooler. WRONG! It had cooled to 80 (it had been hotter for several days before), but the humidity was high and there was no breeze. The trees were not moving. The air was thick. Everyone was going to have a tough day for the 13th annual Age Graded Race. For the walkers the course was the usual 5K course that is used for the Old Ben (IUK) race and Composers Classic (Kokomo Symphony) race. The runners added a section (ran twice) to make the distance 4 miles. Normally in Highland Park there is a breeze to go along with the shade from the trees. Ha ha, not today! The shade was not needed since the sun was hidden by thick clouds. As 8 AM approached everyone was checking their bibs and looking at their group number since they were told to listen for the group number. At 8AM Steve Inman began, "Group one to the line---go." And thus began the fight of man and woman vs. Mother Nature (heat and humidity). As each group was called to the line, each person was anticipating their individual battle with the elements. Anything on your mind vanished when it was your turn and you heard Steve say, "Go."

We ran or walked our own time and our own pace. Everyone had their own random thoughts while on the course. How fast can I go today? The air is so thick I can barely breathe. Is there a water stop? Do we have oxygen on the course? Another lap ---I hope I make it. I think I can, I think I can. Finally it is over.

For the 3rd consecutive year Master runner Joe Rangel led the way. Joe finished with a clock time of 29:01 but ran a 4 mile split time of 26:01 followed by fellow master runner Gary Callahan. Third place was women's winner Brittany Neeley. Vince Lorenz continued his outstanding walk season winning in 28:38 followed by our woman's winner Mary Miller. There were 62 runners and 19 walkers finishing. In 2009 there were 70 runners and 16 walkers and in 2008 there were 56 runners and 19 walkers. The numbers over the past 3 years are fairly consistent. Gary and I wish there were more participants but we are thankful for those that attend. Many club members helped us with registration, course management, etc. We would like to thank all of you because without you it would not be possible.

Purpose of the race
Remember the purpose of this race is to raise funds for the Club Kokomo-Mike Cowan Scholarship Fund. Others monies for this fund are raised through our 50/50s we have at our races. Each year high school and college Club Kokomo members apply for these scholarships. And each year we try to awards as many as possible. We wish we could give more to each winner. The 2010 scholarship winners are Sarah Lee, Jordan Lee, Katie Hollingsworth, and Austin Young. To be eligible for the scholarship, you must be an active participant as a senior in high school cross country, collegiate runner or CK points award age group qualifier in the previous year, a good citizen, a member of Club Kokomo for the previous year, continuing your education after high school and volunteer at a Club Kokomo event. Applications are online at our web site and are due May 1.

We have some 2010 (13th annual) Medium and Large Age Graded Race t-shirts for sale for \$10 each. All money goes to the scholarship fund. Contact CK Treasurer Mark Shorter.

Next Races:

September 18
Girls Night Out
5:00pm
Downtown kokomo

September 25
BeeBumble 5k/10k
8 AM
Burnetsville, IN

Inside this issue:

From the President	2
Run for Shelter	2
Birthday List	2
On the Trails	3
Other Races	3
Another Worthy Cause	3
Meeting Minutes/ CKRR Constitution Change Proposals	4,5, 6
Race Results	7
Other Race Results	9
Points Standings	10
September Agenda	11
Race Calendar	11



From the President

By Gina Sheet

Cool mornings, are they here to stay? I am doubtful; my guess is an Indian summer, so enjoy this break in the heat. The changes in the seasons just serve as my reminder to thank GOD for blessing us with so much beauty, how much more there is that we cannot see.

If you missed the last board meeting you missed a doozy. First, we had a great attendance, thanks to those of you who give your time. Second, the constitution and by-law recommendations amendments were discussed and approved. Third, we talked about some great partnerships for races and support in the future.

In this newsletter your Club's constitution and by-laws with amendments have been printed. Please review these documents very closely. At our September meeting we will vote to approve these amendments as printed in this newsletter but the vote must be passed by a majority vote of those members in attendance. If passed the amendments will take place immedi-

ately. Do you know what that means to me? NO WHINING!!! Please do not catch me at a race in November or heaven forbid what until next June and say to me "Gina, I absolutely am disappointed that the Club's by-laws were changed to". If you have a concern and you do not attend the September board meeting, NO WHINING!!! I think I have typed enough on this matter.

Now that I have mentioned the September board meeting the agenda is posted in this newsletter and it is full of items to discuss in September and October. This is your Club please plan on attending. This is your club and we are looking for Club Officers. September 13th at the board meeting we will be looking for nominations for the office of President, Vice President, Treasurer, Newsletter Editor/Secretary and Chaplain. If you are interested contact me at sheets.gina@yahoo.com or better yet come to the September board meeting.

If you ran the Howl at the Moon for the very first time this year (the Howl is an 8 hour

race over in Danville Illinois, yes you run as far as you can in 8 hours and yes I love it) you might want to consider running for an office. Just a thought. There were many Club Kokomo folks there and many friends from the Logansport area. Several in our Club received special recognition for their years of running the race. To me it is just a fun way to get in a long run, enjoy some beverages and see many great friends, around and around and around.

I would not be doing my paid job very well if I did not remind you that the weather is bringing on a much earlier harvest in many areas. That means to be careful driving and running around large farm machinery. Do not assume they see you! The sun is also rising a little later now so that means be extra careful.

Be careful out there –

Gina

Time to Hit the Trial—CAM Run

By Aidan Frazier

The morning started out a little wet but the rain held. It was a scenic trail run through Oakbrook Valley & Koh-Koh-Mah. Running through Koh-Koh-Mah was cool because I got to experience some history as I ran. The course takes you through the encampment where they reenact the French and Indian War. I saw the Wildcat Creek, the Battleground, the Amphitheatre, The Merchants' Village and some forts.

I was also excited to run this race because this will be part of the course I run in cross country this year (except I have to wear my shoes).

Not only was this race course challenging and scenic but it helped people in need. CAM helps people find shelter.

Kory Kennedy with a time of 18:26 and Heather Weber through the finish in 21:01 take top honors. Walking their way to victory are Vince Lorenz and Mary Miller. Lorez completes the course in 29:05 and Miller in 33:52.

Birthday List

HAPPY BIRTHDAY

Happy birthday from Club Kokomo!

- 9-4 Ron Moore
- 9-4 Graysen Neer
- 9-6 Anna Dollens
- 9-6 Don Gifford
- 9-8 Amy Irick
- 9-8 Michelle Larson
- 9-8 Michael Tetrault
- 9-8 Lilly York
- 9-9 Kerrigan Forgrave
- 9-9 Kallee Taflinger
- 9-10 Kevin Forgrave
- 9-13 Earl Strong
- 9-14 Linda Donovan
- 9-14 Zach Overman
- 9-14 Larry Sullivan
- 9-16 Bill Bennett
- 9-16 Emily Riggie
- 9-17 Tanna Connor
- 9-17 Steve Kilcline
- 9-17 Sandy Knowland
- 9-17 Corey Moore
- 9-18 Barbara Hobbs

- 9-18 Lisa Hobbs
- 9-19 Patrick Tweed
- 9-20 Bowe Brooks
- 9-20 Eric Metz
- 9-20 Tim Miller
- 9-20 Tiffany Parr
- 9-20 Madelynn Shoaff
- 9-20 Kelsey Weber
- 9-21 Sophie Frazier
- 9-21 Todd Marschand
- 9-22 Donald E. Andrews
- 9-23 Scott Carden
- 9-24 Glenn Artis
- 9-25 Sam Williamson, Jr.
- 9-26 Grace Bagwell
- 9-26 Ryan Bagwell
- 9-26 Teresa Barlow
- 9-26 Lydia Emry
- 9-26 Holly Hurlburt
- 9-28 Scot Hamilton
- 9-29 Mike Anderson
- 9-29 Regina Tweed
- 9-30 Jeff Hauswald
- 9-30 Carrie Lee
- 9-30 Ernie Strawn

On the Trails

By Charlie Skoog



The Third Annual Girls Night Out 5K coming Saturday evening, September 18, promises to be a special

event. We are expecting 4-500 participants for this women's only event that starts and finishes on the east side of the courthouse square and incorporates much of the newly improved Walk of Excellence Trail. The big race starts downtown at 5:00 pm but the awards and prize drawing will be held in Foster Park followed by an outstanding party band, The Tides. Mayor Goodnight will be in attendance so make sure you thank him for the cost effective improve-

ments he is making to our downtown and trail system. Plans to connect downtown Kokomo with the Nickel Plate Trail continue to evolve. City of Kokomo and Howard County officials are now working effectively with state transportation planners with additional assistance and support from the Governor's staff. Our local planners are also looking at other alternative transportation initiatives such as more bike lanes and improved safe routes to schools and other destinations for pedestrians and cyclist alike. You may not know that our new Kokomo Center Schools Superintendent, Jeff Hauswald and his wife Cassie our both avid runners and trail users as well as new Club Kokomo members! Jeff is totally on board with the concept of creating safe means for kids to walk and bike to school not only improving kids health but also saving major \$\$\$'s on busing

costs. I'm with you all the way Jeff!

The Nickel Plate Trail continues to be a high priority visionary trail for North Central Indiana. The grand opening and dedication of 20 plus newly paved miles will take place on Saturday, October 2, in Denver Indiana. The day will begin at the Circus Building in downtown Peru with the 24th annual Cole Porter 5K and 15K Road Race starting at 9 am. All proceeds from this event will benefit the continuing expansion of the Nickel Plate Trail. For a downloadable registration form and more information on the grand opening celebration including a special bicycle tour, visit www.nickelplatetrail.org. Hope to see you running, hiking and biking this beautiful linear park on October 2nd!

September 11 - Another Worthy Cause!

This Saturday, 9:00 am, the Gilead House is hosting it's first annual Steps for Recovery 5K and Club Kokomo will be managing the course and finish line logistics. Gilead House is located at 4031 S. Webster in the Webster Plaza. It's mission is to restore and rebuild the lives of women recovering from chemical dependency. There is a huge unmet need for this ministry in our community. Cost is \$10 and those raising another \$50 or more in sponsorship will earn a commemorative shirt. There will be refreshments, prize drawings, tours of Gilead House and some personal testimonies of lives changed. The Stan Shuey designed route will follow much of our Charity Run course, including a lap around Jackson Morrow. Thanks also to Rebekah Monroe and Melissa Landrum for creating the event flyer. If you're running long or short Saturday morning, please consider participating and supporting the women of Gilead House. For more information including registration form call Reba Harris at 865-9427, Charlie at 457-2607 or email runckrr@aol.com.

Other Races

Steps for Recovery 5K

Sept 11 2010 at 9am
Gilead House
For more information contact Reba Harris at 865-9427 or Charlie at 457-2607 or email runckrr@aol.com.

Dunn's Fun Run

Sept 11, 2010
Cass County YMCA
Location: River Bluff Trails
At 8:00am

Runnin' the Shores

St. Joseph Foundation
Oct 9, 2010 9am
Champagne Shores
Kokomo, IN
Contact Todd Moser
765-456-5406 or email at tmoser@stjoseph.stvincent.org

Jackolantern Jog

YMCA
Oct 23, 2010
Downtown Kokomo 8am
Free childcare
Contact: Brandi Cupp
765-457-4447

2011 Club Kokomo Event Calendar

It's that time of year we decide what our official club points race schedule will be for next year. If you would like to be part of the decision making process plan on attending the September meeting or let a club officer know your preferences. Earlier this year I was asked by Y Director, Dave Dubois, to assist the Y in adding a 5K Fun Run to the annual Huston/Davis Memorial Golf Outing. The Y Board recognizes and appreciates the many things we do to promote health and fitness events in our community. As planning for this event unfolded the Y Board decided to tithe 10% of the event proceeds back to Club Kokomo to support our programs. The event was a big success and we recently received a check for \$1,951.67. I am not proposing that the Fun Run be a points race for 2011 but I would like the club to officially endorse our participation in next years outing. I would also like to thank each of you who fundraised or sponsored a runner or golfer in this years event.



Meeting Minutes from August 9, 2010
 Has Proposed Constitution Changes

August 9, 2010

1. Treasurer gave a brief report.
2. Race Director reports
 - a. Girls Night Brochure is finished and is available on the club's web site.
 - b. Haynes-Apperson Festival received their portion of the profits which was \$890.35.
 - c. Age Graded Race has 26 entries. The race is Saturday Aug 14. T-Shirts and awards have arrived.
 - d. Y-fundraiser-Charlie Skoog reported that the Club's 10% will probably be \$1,000 or more. He asked if the club will be involved next year? It will probably be at the same time in 2011. Charlie will write an article for the newsletter for next year's event.
 - e. Charlie announced that Governor Mitch Daniels would be at Highland Park during the Wednesday Miracle Mile run this week Aug 11.

3. Constitution Changes committee presented its report.

CLUB KOKOMO ROADRUNNERS - CONSTITUTION

Article II Membership

Section 2. Upon payment of dues the payee is a member.

****Change to : Upon payment of dues to the treasurer, the payee is a member.

Article III Officers

Section 2. All elected officers of this club are to serve for a term of two years beginning

with 1997 (elections held in odd numbered years) with no limit on consecutive years in any office.

***Change odd to even

Article V Amendments

Section 1. A proposed amendment may be introduced at a quarterly general meeting.

****Change quarterly to monthly

Section 3. Proposed amendment shall then be published in each issue of the newsletter prior to the next quarterly general meeting.

*****Change quarterly to monthly

Section 4. At the next quarterly meeting, the proposed amendment (without changes) shall be voted on for a second time.

*****Change quarterly to monthly

4. Section 6. If changes do occur to a proposed amendment after it has been approved at a first meeting, then it shall be considered a new amendment and must be published in the newsletter and voted on at the next quarterly general meeting.

*****Change quarterly to monthly

BYLAWS

Article 1. Officers

Section 1. Duties of the President

c. Shall contact Radio React, police, and /or other groups he deems necessary to assist with the club races.

****Change Radio React to Howard County Emergency Management

e. Shall arrange for an annual meeting in January of each year and at least three (3) other quarterly meetings throughout the year.

****change to Shall arrange for an annual awards presentation ceremony in February of each year and business meetings on the second Monday of each month.

g. Shall request volunteers for an Advisory Committee.

1. *Shall consist of the elected officers and a minimum of 5 other club members.*

***Delete

(a) Shall meet a minimum of 4 times a year.

*****Change to : 1. Shall meet to determine the type of awards the year end points awards shall be.

*****Change to : 2. Shall determine the type of awards the special awards shall be.

*****Change to: 3. Shall meet in January of each year.

(b) President shall act as chairperson.

*****Change to: 4. President shall act a chairperson.

Section 4 Duties of the Editor

g. Shall assemble a Points Standing based on a member's finish in Club



Meeting Minutes Continued

Kokomo Points races.

1. Points races shall consist of races decided upon at the fall quarterly meeting.

*****Change fall quarterly meeting to August or September monthly business meeting.

2. Qualifications for year-end points awards.

6. *Twenty (20) points will be given to CK members who finish a half-marathon. Twenty (20) points will also be given for finishing one (1) marathon or ultra-marathon in the race year. Ten (10) points will be given for finishing the Race For the Cure in Indianapolis. Five (5) points shall be given to a CK member who finishes the Indy Mini-marathon 5K but will not get points for that 5K and a half-marathon (member gets points for which ever race is completed first).*

*****Change to: Twenty (20) points shall be given to a member who finish one half-marathon and/or marathon and/or ultramarathon during the race year other than any club designated point race. [This means a person could get 20 points for ½ marathon plus 1 marathon and 1 ultramarathon other than a CK designated point race such as Sam Costa ½ marathon.]. No points for 5K at Indy Mini.

*****Add: Section 6 Newly elected officers shall take office in January of the odd-numbered year after election in the even numbered year.

Article II Meetings

Section 1. There shall be four (4) quarterly general meetings with one to be scheduled in January.

*****Change to : There shall be business meetings on the second Monday of each month along with a yearend awards ceremony in February of each year.

a. Time and place shall be determined by the President/officers.

b. *January meeting.*

*****Change to February Awards Ceremony

(1) Year-end Points Awards shall be presented.

(1a) *If the Advisory Committee determines that sufficient funds exist, then all qualifiers shall receive an award of the Advisory committee's choosing.*

*****Change to : At the November business meeting, it shall be determined if sufficient funds exist to present all qualifiers an award.

(1b) *The Advisory Committee shall determine the type of award that shall be given for points awards.*

****add: and the qualifiers awards (if given).

(2) Special awards may be presented.

(1d) *The Advisory Committee at its December meeting shall determine the Runner of the year from the Editor's lists.*

6. *****Delete DECEMBER or change to January

7. (b) *Youth Runner of the Year (Male and/or Female)*

(1d) *The Advisory Committee at its December meeting shall determine the Youth Runner of the Year from the Editor's lists.*

*****Delete December or change to January

(c) Master Runner of the Year (Male and/or Female)

(1d) *The Advisory Committee at its December meeting shall determine the Master Runner of the Year from the Editor's lists.*

*****Delete December or change to January

(d) Senior Master Runner of the Year (Male and/or Female)

(1d) *The Advisory Committee at its December meeting shall determine the Senior Master Runner of the Year from the Editor's lists.*

*****Delete December or change to January

(e) Walker of the Year (Male and/or Female)

(1d) *The Advisory Committee at its December meeting shall determine the Walker of the Year from the Editor's lists.*

*****delete December or change to January

(f) Contributor of the Year



Meeting Minutes from August 9, 2010
 Has Proposed Constitution Changes

(1a) A list of nominees shall be created by the Advisory Committee

(1b) *The created list shall be published in the November issue of the newsletter.*

1c) *Members may submit other nominations.*

(1d) *The Advisory Committee will make the final determination from all submitted nominees at its December meeting. Those Advisory Committee members unable to be present shall be contacted so they may vote.*

****Delete (1a), (1b), (1c), and (1d)

****Change to: (1a) The Advisory committee at its January meeting shall the contributor of the year.

****Add (1b) Shall be a Club Kokomo Member.

(3) *If it is an election year (odd numbered years), nomination and election of officers for the year shall occur.*

***Delete

Section 2. *There shall be a Charity Run held each year in December.*

****Change to November or December

8. c. *Proceeds shall be used to purchase presents for some of our communities less fortunate.*

****Change to Proceeds shall be given to local groups as determined at the October monthly meeting.

Section 5. Club Kokomo may sponsor races each year.

b. Club Kokomo Fun Runs

2. *Must be approved by a majority of the club officers at an officer meeting prior to the race.*

*****Change to Must be approved by a majority of those present at a monthly business meeting two months prior to the race.

Section 6. Club Kokomo shall establish a Club Kokomo Hall of Fame.

Section 7 Club Kokomo shall establish Longevity Awards

a. *Longevity Awards will be given to those who have been members of Club Kokomo for 20, 30, or 40 years.*

b. *The membership chairman (i.e. Editor) shall verify each candidate based on membership records.*

****Change Editor to Treasurer

c. The total years do not have to be consecutive.

Article III Dues

Section 2. *If more than one member of a family joins, then a family membership must be paid.*

****Change to If more than one member of a household joins, then a family membership must be paid. Household is defined as individuals that reside at one residence.

All of the proposals passed. To be in effect, they must be passed at the next meeting unchanged in their present form.

New Business

1. Charlie announced the Gilead House Steps for Recovery 5K Fun Run on Sept 11, 2010. He asked to use some of the club's equipment and that the club waive the fee. Motion passed. President Gina Sheets reminded Charlie that he needed to complete an equipment request form.

2. Charlie announced that the Kokomo YMCA will be sponsoring the Couch Potato 5K race at 9AM starting at the downtown Y on Oct 23, 2010. He asked to use some of the Club's equipment and that the club waive the fee. Motion passed. President Gina Sheets reminded Charlie that he needed to complete an equipment request form.

3. Vicki Boles reminded everyone about the Bona Vista 5K on April 23, 2011. She was reminded to complete an equipment request form.

4. John Wiles suggested that the club take another look at our equipment request procedure as it pertains to the \$200 donation and to perhaps include a refundable damage deposit.

Reminder:

Everyone was reminded that Club will be timing the Running the Shores 5K on Saturday Oct 9, 2010 race at Champaign Shores.

Those attending were Gina and Travis Sheets, Charlie Skoog, Anna Dollens, Vicki

Boles, Kathy Murdoch, Diana Brown, Chris and Nikki Frazier, John Wiles, Milt Brown, and Mark Shorter



Race Results

Jackie Sanders Miracle Mile Wednesday, July 28 Highland Park

1. Parker Jones 5:24
2. Jordan Ousley 5:40
3. Matt York 5:58
4. Tim Taflinger 6:00
5. Paul Sanders 6:38
6. Brittiani Gillem 6:44
7. Justin Taflinger 7:03
8. Jason Watson 7:31
9. Jerry Warner 7:43
10. Ashley Lobeck 7:49
11. Courtney Gilman 7:49
12. Morgan Mohr 7:54
13. Elizabeth Cockrell 7:55
14. Kelly Hopkins 7:56
15. Vern Graves 7:57
16. Tori Lauderbaugh 8:00
17. Samuel Parr 8:05
18. Anna Dollens 8:10
19. Katie McDonald 8:48
20. Bruce Savage 8:55
21. Amber Longwith 9:07
22. Vince Lorenz 9:17
23. Morgan Bailey 9:37
24. Erica James 9:38
25. Bob Longwith 9:39
26. Amy Baron 10:03
27. Shelby Tickfer 10:14
28. Lexie Young 10:15
29. Dave Tickfer 10:45
30. Lisa Swaggerty 12:11
31. Tony Lorenz 12:34
32. Jayden Dollens 14:13
33. Joe Rangel 14:13
34. Charlie Skoog 14:32

Jackie Sanders Miracle Mile Wednesday, August 4 Highland Park

1. Kory Kennedy 4:58
2. Parker Jones 5:11
3. Tim Taflinger 5:51
4. Jordan Ousley 5:58
5. Joe Rangel 6:13
6. Jeff Hauswald 6:29
7. Brittiani Gillem 6:45
8. Taryn Thor 6:58
9. Tyler Thatcher 7:43
10. Charlie Skoog 7:49
11. Anna Dollens 8:19
12. Brooke Gillem 8:46
13. Cara McKellar 9:48
14. Bruce Savage 9:57
15. Bob Longwith 9:58
16. Vince Lorenz 10:06
17. Mary Miller 10:08

18. Dave Tickfer 10:09
19. Carol Savage 13:54

Norris Insurance 5k run and 5K Walk Aug 7, 2010 Converse, IN

- 1 BJ Needler 16:34
- 2 Matt Grider 17:07
- 3 Kory Kennedy 17:18
- 4 Matt York 17:35
- 5 Parker Jones 17:49
- 6 Chris James 17:52
- 7 Matthew Maher 17:58
- 8 Kyle Starich 17:59
- 9 Dana Neer 18:33
- 10 Chris Frazier 18:36
- 11 Jay Priest 18:46
- 12 Brent Noll 19:00
- 13 Austin Elliott 19:05
- 14 Joe Rangel 19:06
- 15 Jordan Ousley 19:22
- 16 Zach Powell 19:26
- 17 Scott Riggle 19:32
- 18 Brian Vinson 19:46
- 19 Sophie Seward 19:56
- 20 Trevor Martin 20:34
- 21 Gary Callahan 20:45
- 22 Mark Flanagan 20:50
- 23 Wade Stowers 20:51
- 24 Dan Hubler 20:53
- 25 Eric Seward 21:24
26. Aaron Hiles 21:36
- 27 Jonathan Hochstedler 21:37
- 28 Jake Althouse 21:45
- 29 Isaac Avala 21:46
- 30 John Robertson 21:49
- 31 Grant Perkins 21:50
- 32 Jon Hullinger 21:50
- 33 Alec Samuels 21:55
- 34 Corey Auginbaugh 21:57
- 35 Ken Austin 22:11
- 36 Connor Johnson 22:24
- 37 Matt McDivitt 22:26
- 38 Ron Metz 22:27
- 39 Justin Taflinger 22:32
- 40 Adam Lyons 22:33
- 41 Levi Hauptert 22:33
- 42 John Sites 22:37
- 43 Michael Graham 22:38
- 44 Brittiani Gillem 22:39
- 45 Michael Fouts 22:41
- 46 Paul Sanders 22:47
- 47 Phil Rozzi 22:49
- 48 Megan Frantz 22:56
- 49 Jenna Norris 22:57
- 50 Danielle Thompson 22:57
- 51 Morgan Tinkle 22:57
- 52 Jim Needler 22:58
- 53 Scot Hamilton 23:01
- 54 Bruce Shanks 23:03
- 55 John Lewis 23:08

- 56 Jared Blue 23:14
- 57 Chris Edgington 23:16
- 58 Kristi Reprogle 23:18
- 59 Janet Huffman 23:19
- 60 Jerry Long 23:19
- 61 Mark Shorter 23:26
- 62 Abby Isenberg 23:36
- 63 Mike Hefner 23:38
- 64 Ken Swinehart 23:45
- 65 Earl Strong 23:54
- 66 Sierra Colvin 24:13
- 67 Tyler Hodson 24:14
- 68 Riley Johnson 24:14
- 69 Matt Slaughter 24:23
- 70 Samantha Simison 24:26
71. Bruce Road 24:28
- 72 Kim Lee 24:28
- 73 Russ Hovermale 24:29
- 74 Simeon Ikadabo 24:30
- 75 Charlie Skoog 24:34
- 76 Arinna Smith 24:37
- 77 Austin Anderson 24:38
- 78 Kegan Anderson 24:38
- 79 Kristi Carmichael 24:42
- 80 Chris Cunningham 24:47
- 81 Keith McAndrews 24:49
- 82 Greg Townsend 24:52
- 83 Mike Deardorff 24:59
- 84 Joni McCracken 25:03
- 85 Hannah Seward 25:11
- 86 Kasey Wisner 25:12
- 87 Toby Hamilton 25:20
- 88 John Peters 25:25
- 89 Alisha Sweet 25:31
- 90 Joe Stetz 25:32
- 91 Brighton Mullinix 25:37
- 92 Jerry Meiring 25:38
- 93 Nikki Frazier 25:41
- 94 Nick McPike 25:46
- 95 Matt Harvey 25:51
- 96 Phil Leininger 25:56
- 97 Al Mitchel 26:02
- 98 Elaine Sweet 26:05
- 99 Art Harper 26:25
- 100 Ryan Mughmaw 26:25
- 101 Logan Smith 26:25
- 102 Scott Deyoe 26:25
- 103 DJ Roberson 26:28
- 104 Brodie O'Banion 26:30
- 105 Brady Whitton 26:40
- 106 David Emry 26:44
- 107 Anna Dollens 26:46
- 108 David Hughes 26:49
- 109 Linzie Middlesworth 26:58
- 110 Seth Elzinga 26:59
- 111 Brooke Hasty 27:01
- 112 Joy Elzinga 27:03
- 113 Bud Ozmun 27:10
- 114 Josh Strange 27:16
- 115 Ashley Corn 27:20
- 116 Kathy Murdoch 27:21
- 117 Tommie Beattie 27:24
- 118 Stan Shuey 27:28
- 119 Kaleb Marin 27:48
- 120 Eli Seward 27:55
- 121 Jamie Seward 28:03
- 122 Jonathon Bengston 28:22
123. Christie Powell 28:29
- 124 Terra Martin 28:35
- 125 Jake Mullinix 28:36
- 126 Danya Long 28:37
- 127 Levi Graff 28:45
- 128 Randy Smith 28:46
- 129 Rob Martin 28:47
- 130 Jagen Millsbaugh 28:49
- 131 Ryan Enochs 28:49
- 132 John McPherson 28:51
- 133 Laura Cook 29:04
- 134 Alexandra Parr 29:09
- 135 Ricke Stucker 29:12
- 136 Stacy Henderson 29:16
- 137 Shannon Griffith 29:17
- 138 Vicki Boles 29:19
- 139 Rhenda Acton 29:22
- 140 Sarah Lee 29:27
- 141 Jordan Millspaugh 29:33
- 142 Christine Deyoe 29:36
- 143 David McDivitt 29:45
- 144 Joyce Pennycoff 29:46
- 145 Laura Ousley 29:47
- 146 Rebekah Brown 30:02
- 147 Kaeleigh Lewis 30:02
- 148 Darcie York 30:20
- 149 Aaron Becker 30:36
- 150 Holly Harvey 30:43
- 151 Nancy Robertson 30:43
- 152 Jessica Off 30:46
- 153 Gloria Millspaugh 30:48
- 154 Brandon Whitton 30:49
- 155 Tyler Adams 30:49
- 156 Derek Durkes 31:12
- 157 Caleb Livingston 31:12
- 158 Danny Brant 31:21
- 159 Isaac Fouts 31:25
- 160 Cindy Stone 31:26
- 161 BJ White 31:27
- 162 Noah Graham 31:30
- 163 Sean West 31:30
- 164 Robin Cole 31:38
- 165 Mindy Butcher 32:05
- 166 Amber Longwith 32:19
- 167 Leah Colvin 32:33
- 168 Anita Frazier 32:35
- 169 Ann Hubbard 32:56
- 170 Meagan Mooney 33:11
- 171 Cara McKeller 33:16
- 172 Kris Bewley 33:43
- 173 Laura McGraw 33:50
- 174 Jennifer Sinka 33:56
- 175 Mason Althouse 34:22
- 176 Ethan Bowland 34:23
- 177 Andrew Pullum 34:28
- 178 Brayden York 34:58

(Continued on page 8)



Race Results (continued)

4 Mile Age Graded Run

Place	Name	Age	Clock	Split
1.	Joe Rangel	61	29:01	26:01
2.	Gary Callahan	62	30:14	27:29
3.	Brittany Neeley	16	32:00	26:45
4.	Bethany Neeley	16	32:00	26:45
5.	Christopher Nunan	17	32:14	23:59
6.	Jay Priest	44	32:21	25:36
7.	Kory Kennedy	20	32:24	23:24
8.	Austin Elliott	14	32:37	25:37
9.	Parker Jones	21	33:20	24:05
10.	Scott Riggle	40	34:09	26:39
11.	Ben Bradshaw	17	34:27	26:12
12.	Eric Mathew	51	35:26	29:56
13.	Bill Barnett	65	35:27	33:27
14.	Kathy Murdoch	63	35:39	35:39
15.	Mark Shorter	58	35:50	32:05
16.	Kyle Starich	18	35:56	27:26
17.	Scott Hamilton	54	35:56	31:11
18.	Joshua Hughes	25	36:15	28:45
19.	Ari Rinaldo	14	36:15	31:45
20.	Rosellen Connolly	47	36:55	34:40
21.	Greg Townsend	55	37:06	32:36
22.	Chris Frazier	37	37:09	29:09
23.	Douglas Hollingsworth	50	37:15	31:30
24.	Paula Kucholick	43	37:17	34:02
25.	Todd Moser	45	37:37	30:52
26.	Diana Jones	30	37:48	31:18
27.	Mike Deardorf	56	37:54	33:39
28.	Ken Swinehart	50	38:12	32:27
29.	Michael Graham	44	38:16	31:31
30.	Earl Strong	54	38:25	33:40
31.	Keith McAndrews	54	38:28	33:43
32.	Shelley Wyman	42	38:40	35:10
33.	Jacob Gillem	12	38:46	33:01
34.	Kim Lee	49	38:49	32:49
35.	Stan Shuey	69	38:52	37:52
36.	Brittani Gillem	20	39:26	32:41
37.	Vinh Lee	11	39:29	34:29
38.	Grant Harbaugh	15	39:34	31:49
39.	Paul Wyman	42	39:37	32:22
40.	Nikki Frazier	37	39:40	34:55
41.	Anna Dollens	54	39:53	39:08
44.	Allen Drattlo	64	40:59	38:44
45.	Joe Stetz	46	41:02	34:32
46.	Robin Cole	58	41:37	41:22
47.	David Emry	44	41:59	35:14
48.	Ricke Stucker	62	42:03	39:18
49.	Alexandra Parr	9	42:29	39:59
50.	Tom Miklik	60	42:39	39:24
51.	Doug Mankell	66	43:02	41:17
52.	Margaret Johnson	34	44:02	38:32
53.	Anita Frazier	59	45:36	45:21
54.	Aidan Frazier	11	45:55	40:55
55.	Cara McKellar	48	46:09	44:09
56.	Samuel Parr	38	46:48	39:03
57.	Kristiva Smith	38	47:10	42:40
58.	Bruce Savage	52	49:30	44:15
59.	Keris Bewley	44	49:59	46:59
60.	Laura Sheets	44	49:59	46:59
61.	Anthony Ripley	22	51:03	41:33
62.	Laura Heflin	23	54:08	46:53

5K Walk

1.	Vince Lorenz	26	28:38	
2.	Mary Miller	50	33:11	1 st Female
3.	Toney Lorenz	61	36:32	
4.	Tim Taflinger	59	36:57	
5.	Frederick Taylor	28	38:13	
6.	Jerry Lambert	74	38:54	
7.	Amanda Thorpe	28	39:32	
8.	Jane Inman	52	41:35	
9.	Raye Jean Swinehart	50	41:36	
10.	Billy Cox	30	42:51	
11.	Kathryn Wall	24	42:54	
12.	Julia Tennent	54	42:57	
13.	Jean Heflin	48	43:21	
14.	Jan Wall	58	44:24	
15.	Angela Lorenz	60	46:07	
16.	Amy Irick	32	47:24	
17.	Robin Michael	61	47:34	
18.	Diana Brown	64	50:22	
19.	Stasha Ford	45	57:00	

(Continued from page 7)

179	Robert Cupp	35:44
180	Laura Heflin	36:05
181	Marcus Thompson	36:18
182	Clem Rose	36:38
183	Evan Doyle	36:43
184	Patricia Weitzel	37:38
185	Westin Hanson	38:10
186	Elijah Powell	38:36
187	Luci Spitznogle	40:02
188	Kim Orzech	41:11
189	Sue Keller	47:53
190	Vernon Keller	47:53
191	Jeannie Townsend	52:13

5K Walk

1	Vincente Lorenz	27:02
2	Mary Miller	32:11
3	Amanda Pena	35:22
4	Linda Miller	35:36
5	Frederick Taylor	35:51
6	Tim Taflinger	36:25
7	Toney Lorenz	37:18
8.	Jim Gross	37:37
9	Steve Inman	39:57
10	Jane Inman	40:43
11	Raye Jean Swinehart	
12	Cindy Hefner	41:51
13	Jean Heflin	43:01
14	Debbie Riffe	43:49
15	Angela Lorenz	43:59
16	Julia Tennent	44:20
17	Robin Michael	46:56
18	Jill Babcock	47:33
19	Peggy Obermeyer	47:33
20	Abby Van Arsdell	
21	Vicki Augustine	47:54
22	Emily Fouts	48:38
23	Willi Thompson	48:38
24	Michael Thompson	48:38
25	Diane Brown	52:12
26	Tracy Renfrow	52:16
27	Stacia Ford	58:50
28	Pam Wise	60:35
29	Jennifer Fawcett	60:35

Jackie Sanders Miracle Mile Wednesday, August 11 Highland Park

1.	Kory Kennedy	4:49
2.	Parker Jones	5:21
3.	Tim Taflinger	6:04
4.	Joe Rangel	6:12
5.	Henry Yu	7:20
6.	Eric Metz	7:42
7.	Eric Andreas	7:42
8.	Kathy Murdoch	8:13
9.	Claudia Eads	8:39
10.	Amber Lonagwith	9:02

11.	Joe Yeagle	9:07
12.	Bruce Savage	9:21
13.	Amy Baron	9:32
14.	Vince Lorenz	9:39
15.	Bob Longwith	10:21
16.	Lisa Swaggerty	12:19
17.	Carol Savage	14:26

Jackie Sanders Miracle Mile Wednesday, August 18 Highland Park

1.	Kory Kennedy	4:54
2.	Parker Jones	5:11
3.	Cody Young	5:58
4.	Joe Rangel	6:17
5.	Tim Taflinger	6:18
6.	Justin Taflinger	6:31
7.	Brittiani Gillem	6:44
8.	Charlie Skoog	7:28
9.	Anna Dollens	8:02
10.	Steve Wand	8:03
11.	Kathy Murdoch	8:13
12.	Joe Yeagle	8:20
13.	Kailee Taflinger	8:25
14.	Vince Lorenz	8:52
15.	Amber Longwith	8:56
16.	Bruce Savage	9:14
17.	Cara McKellar	9:18
18.	Amy Baron	9:27
19.	Vern Graves	9:27
20.	Addyson Eads	9:34
21.	Claudia Eads	9:35
22.	Ray Tetrault	9:39
23.	Bob Longwith	9:49
24.	Hannah Moore	10:34
25.	Ron Moore	10:36
26.	Cathy Longwith	15:08

CAM RUN FOR SHELTER 5K August 21, 2010

1	Kory Kennedy	18:26
2	Parker Jones	18:31
3	Joshua M. Hughes	19:43
4	Dana Neer	20:19
5	Jordan Ousley	20:34
6	Chris Frazier	20:46
7	Heather Weber	21:01
8	Joe Kiddrangel	21:46
9	Gary Callahan	21:47
10	Joshua Hall	22:28
11	Buck Fuller	23:33
12	Al Hochgesang	23:39
13	Phil Rozzi	24:15
14	Kristi Reprogle	24:24
15	Michael Graham	24:26
16	Angie Fuller	24:31
17	Brittiani Gillem	24:37
18	Scot Hamilton	24:46
19	Kim Lee	24:52
20	Charlie Skoog	24:59

Race Results (continued)

21 Doug Hollingsworth 25:05	5 Tim Taflinger 38:27
22 Jordan Edgington 25:13	6 Jerry Lambert 40:40
23 Chris Edgington 25:29	7 Jennifer Rice 43:45
24 Gary Pearson 25:40	8 Peggy Obermeyer 45:48
25 Bill Barnett 25:45	9 Vickie Augustine 45:49
26 Joshua Edgington 25:54	10 Vincent Prevost 46:06
27 Paula Kucholick 25:58	11 Ray Bradway Jr. 46:06
28 Gregory Townsend 26:05	12 Tom Whitmore 46:07
29 Dave Emry 26:09	13 Angela Lorenz 46:14
30 Russ Hovermale 26:22	14 Julie La Dow 46:27
31 Earl Strong 26:32	15 Robin Gritten 47:15
32 Shelly Wyman 26:37	16 Terry Hall 48:31
33 Paul Wyman 26:37	17 Missy Fox 53:18
34 Jd McCain 26:46	18 Todd Fox 53:19
35 Ta Weber 26:47	19 Stephanie Decamp 53:20
36 Ken Swinehart 27:17	20 Diana Brown 54:14
37 Robb Grant 27:20	21 Lisa McDonald 1:00:15
38 Nikki Frazier 27:25	22 Melissa Byram 1:00:16
39 Melissa Goad 27:29	23 Tami Hellriegel 1:02:30
40 Henry Yu 27:36	24 Sandra Thomas 1:02:31
41 William Wilson 27:52	25 Lynn Deno 1:03:08
42 Jerry Meiring 28:48	
43 Anna Dollens 28:53	
44 Kelly Fox 29:34	
45 Joseph Yeagle 30:07	
46 Kathy Murdoch 30:08	
47 Tom Miklik 30:29	
48 Cindy Stone 30:44	
49 Vickie Boles 31:12	
50 Ricke Stucker 31:40	
51 Jeff La Dow 31:44	
52 Aidan Frazier 32:12	
53 Laurie Ousley 32:22	
54 Marva Pearson 32:42	
55 Heather Delon 32:59	
56 Steve Delon 32:59	
57 Austin Cochran 33:02	
58 John Cochran 33:03	
59 Cathy Skaggs 33:57	
60 Katelyn Van Horn 33:57	
61 Robin Cole 34:06	
62 Tom Pemberton 34:11	
63 Drew Pemberton 34:13	
64 Bret Berry 34:42	
65 Carla Knapp 34:48	
66 Cara McKellar 34:50	
67 Jillian La Dow 35:48	
68 Anita Frazier 36:02	
69 Jeannie Townsend 36:58	
70 Andrea Eckelbarger 36:58	
71 Luci Spitznogle 40:19	
72 Jennifer Van Horn 44:01	
73 Abigaile Van Horn 44:01	
74 Sophie Frazier 51:24	
75 Terri Watson 1:03:04	

Jackie Sanders Miracle Mile Wednesday, August 25 Highland Park

1. Parker Jones 5:08
2. Jordan Ousley 5:44
3. Tim Taflinger 6:14
4. Justin Taflinger 6:18
5. Joe Rangel 6:18
6. Jeff Hauswald 6:36
7. Matt York 6:36
8. Charlie Skoog 7:09
9. Daniel Metz 7:47
10. Jerry Warner 7:49
11. Dana Culp 8:21
12. Anna Dollens 8:39
13. Steve Wand 8:39
14. Devon Clark 8:46
15. Chris Sullivan 8:47
16. Vince Lorenz 8:53
17. Amy Baron 9:33
18. Joe Yeagle 9:40
19. Brayden York 9:54
20. Mandy Oakes 10:38
21. Ayden McClain 10:41
22. Kelsey Metz 10:47
23. Ron Metz 10:47
24. Daphne Simms 12:03
25. Rex Cable 12:20
26. Connie Cole 13:45
27. Tricia McClain 15:32
28. Darcie York 15:33
29. Sophie York 15:33
30. Dan Coughlin 15:34
31. Angie Wilhelm 16:45 (First Wheelie!)
32. LeeAnn Rehling 16:45

CAM 5K Walk

1 Vince Lorenz 29:05
2 Mary Miller 33:52
3 Don Hurd 37:00
4 Toney Lorenz 37:40



L-R Chris Frazier, Aidan Frazier, Jordan Ousley, Dana Neer, Anna Dollens, Laurie Ousley, Nikki Frazier at the Race for CAM



Top—Earl Strong -What are you looking at?

Left — Kathy Murdoch Had the lead at the Age Graded

Other Race Results

Flora Harvest Hustle 5K - 8 August 2010

Gary Callahan 20:02, 1st 60-64
Scot Hamilton 21:57, 1st 50-54
Jerry Meiring 25:00, 3rd 50-54

Howl at the Moon

1: Brandon Jonisky 53.14 miles
15: Scott Colford 46.06 miles
30: Travis Sheets 40.48 miles
37: Phil Rozzi 40.48 miles
54: Gina Sheets 38.19 miles
91: Nicole Peel 34.9 miles
102: David Hughes 33.9 miles
131: Charlie Skoog 32.9 miles
149: Michelle Boyd 31.11 miles
194: Roxane Burrous 26.82 miles



Points Standings

Races scored include the JN Amboy, Old Ben, Sam Costa, Ultimate, Race for Cure, Norris 3M/4M, Trojan Trot, Relay for Life, Greentown, Haynes, Grace, Prowl, Converse, AGR, CAM and any one marathon, half-marathon or volunteer. Legend C=Race for Cure, R=Relay for Life, V=Volunteer, M=marathon, H=Half Marathon

Runners

Women

0-12

Alexandra Parr 5-100
Hannah Moore 2-30CV
Maya James 1-15
Emily Riggle 1-10R
Gretchen Riggle 1-10R
Kelsey Weber 1-10R
Lauren Weber 1-10R
Maggie Weber 1-10R
Natalie Weber 1-10R

13-19

Brittiani Gillem 15-251HCR
Emily Allen 9-124HR
Bethany Neeley 5-87
Brittany Neeley 5-80
Emily Hobbs 2-35
Sophie Frazier 4-28
Maya Brooks 2-27
Karly Sprouse 2-25
Christina Deyoe 2-24
Jillian LaDow 2-23
Waverly Neer 1-20
Katee Pena 1-20H
Kayla Reinagle 1-20
Brook Gillem 1-10R
Lacy Hunt 1-10

20-24

Sarah Lee 4-70HR
Sarah Bauson 3-60H
Amber Longwith 4-60R
Megan Tetrault 2-40HV
Sarah Swinehart 1-20
Melissa Goad 7-135
Allison Simpson 2-40H
Jillian Weaver 1-20

30-34

Ariene Riggle 10-154HCR
Darcie York 5-90H
Allison Irvin 2-40H
Karen Bush 2-35H
Justine Eads 2-35H
Ashlee Shoaff 2-35H
Kelly Wright 2-35H
Monica Brooks 2-32
Geana Moore 2-30CV
Kathleen Bagwell 1-20V
Michelle Clendenning 1-20
Amanda Fernandes 1-20H
Cassie Hauswald 1-20
Rebekah Monroe 1-20V
Sharon Whelan 1-20
Brienne Boruff 1-10

35-39

Nikki Frazier 14-222HCR

Heather Weber 11-210MHR
Michelle Boyd 7-116MHV
Nicole Peel 6-115MHV
Jennifer Sinka 8-114
Patricia Weitzel 4-54V
Amy Henderson 4-49H
Barb Millsbaugh 2-40MH
Erika James 2-20

40-44

Shelly Wyman 10-182H
Tami Moore 7-125HR
Joni McCracken 3-60HV
Lisa Birkhimer 3-50HC
Kavita Kataria 3-50HC
Carol Savage 3-44H
Gina Sheets 2-40V
Dana Culp 2-35H
Michelle Larson 2-35
Christine McDonough 2-35H
Kim Anderson 2-32H
Lisa Hobbs 2-32
Jerelyn Bradway 1-20H
Tammy Sprouse 1-20H
Regina Tweed 1-20H

45-49

Cara McKellar 8-150H
Laura Cook 6-115
Roxane Burrous 5-100H
Lisa Owens 3-47
Patti Reinhardt 2-40MH
Kathy Touloukian 1-20

50-54

Anna Dollens 16-290HCR
Laurie Ousley 9-142H
Cassie Bauson 3-60H
Carla Yerkes 1-20H

55-59

Vicki Boles 13-230CRV
Robin Cole 14-197
Rhenda Acton 11-164HCRV
Robin Tetrault 8-160MHV
Anita Frazier 10-128HC
Joyce Pennycoff 8-122HCRV
Theresa Barlow 3-50CV
Lorene Sandifur 1-20M

60-64

Jeanie Townsend 12-205RV
Kathy Murdoch 8-160
Barbie Casler 1-12

65-69

Susan Gerhart 3-50HC
Kathleen Leach 3-50HC
Sylvia Burgin 3-45HC

70+

Pat Shuey 1-10C

MEN

0-12

Aidan Frazier 10-147RV
Justin Taflinger 6-120
Jacob Gillem 4-75
Brayden York 4-49
Keagan James 3-47
Bowe Brooks 1-15
Brody Brooks 1-10

13-19

Brent Noll 8-140H
Kyle Starich 5-90
Cody Young 5-73H
Waylon Coulter 4-45
Jacob Bradshaw 3-38H
Nich Lipari 3-33
Peter Bauson 2-32H
Ben Bradshaw 2-32
Mitch Padfield 2-30
Quinn Reinhardt 1-20
Austin Young 1-20
Elliot Touloukian 2-18
Jordan Lee 1-7
Landrum Neer 1-4

20-24

Kory Kennedy 9-180
Parker Jones 7-120
Jordan Ousley 7-101H
Jesse Bauson 1-20H
Brett Sanders 1-10R

25-29

Mark Eads 1-20H
Mark Fernandes 1-20H

30-34

Matt York 8-160MH
Israel White 4-80H
Kyle Pitt 1-15

35-39

Chris James 9-180MV
Chris Frazier 10-175HR
T.A. Weber 10-155MHR
Tim Taflinger II 5-79
Samuel Parr 5-49
David Reinagle 4-49HC
Vern Graves 4-38
Derick Brooks 3-34
Keith Hill 1-20H
William Irvin 1-20V
Jeff Hauswald 1-10
Rich Boruff 1-9

40-44

Michael Graham 16-231HCRV
Jay Priest 12-230MHR
Scott Riggle 12-195HCRV
David Emry 13-158HCR
Ron Moore 8-114HCR
Gary Willis 6-90HC
Patrick Tweed 7-85HC
Paul Wyman 7-73
Todd Moser 3-42H
Travis Sheets 2-40HV
Kevin Forgrave 1-15

45-49

Ken Swinehart 15-270H
Kim Lee 12-176HR
Dana Neer 5-100H
Brian Reinhardt 4-75MH
Dan Lutes 3-60MH
Scott Deyoe 4-45
Doug Hollingsworth 3-44
Rich Bradshaw 1-20H
Darin Hollingsworth 1-20H
Gary Jewell 1-20V

50-54

Al Hochgesang 11-207V
Eric Mathew 11-175HCR
Greg Townsend 14-158R
Phil Rozzi 9-129
Jerry Meiring 12-125H
Earl Strong 9-104M
Russ Hovermale 9-81
Ray Tetrault 5-80MV
Scott Hamilton 7-76
Keith McAndrews 6-73H
Jim Schlie 3-47H
Jeff LaDow 5-43H
Bill Bauson 2-29H
Ron Metz 1-20
Mark Rodgers 1-20H
Kevin Starich 1-20V

55-59

Charlie Skoog 15-244HCR
Mark Shorter 15-242HCR
Mike Deardorff 13-180HV
Joe Yeagle 9-113H
Steve Wand 5-79HV
John Sites 3-60
Don Gifford 2-40H
Karl Stoneking 2-24
Darrell Frazier 2-22
Michael Campbell 1-20H
Bill Cox 1-20V
Dave White 1-20V

60-64

Joe Rangel 17-320HCR

(Continued on page 11)



2010 Race Calendar

September 18

3rd Annual Ladies Night Out 5K

Time: Expo & Packet Pick up 1-4:30

Race at 5:00 p.m.

Location: Kokomo, IN

Contact: Rebekah Monroe

Email: rebekah.a.monroe@gmail.com

September 25

Bee Bumble 5K & 10K

Time: 8:00 a.m.

Location: Burnettsville, IN

Website: <http://www.beebumble5k.org/>

October 02

Cole Porter 15K Run/ 5K Run/Walk

Time: 9:00 AM

Location: Circus Building, Peru, IN

October 24 ****New DATE****

Club Kokomo 8K /3 Mile Walk

Time: 2 PM

Location: Nickel Plate Trail, Peru, IN

November 07

Run The Mounds 5 Mile Run/ Walk

Time: 2 PM

Location: Mounds State Park, Anderson, IN

Website: <http://www.andersonroadrunners.org/>

November 13

CKRR Charity 5K Run/ Walk

Time: 9 AM

Location: UAW 292 Union Hall, Alto & Park

Contact: Charlie Skoog

Phone: (765) 457-2607

Email: runckrr@aol.com

November 25

Club Kokomo Cares 5K Run/ Walk 20 points For Each Finisher

Time: 8 AM

Location: Highland Park, Kokomo, IN

Contact: Ray Tetrault

Phone: (765) 854-1393

December 31

CKRR New Year's Eve 5K Run/ Walk

Time: 2 PM

Location: UAW Local 292, Alto Road & Park Road, Kokomo, IN

Contact: Joni McCracken

Phone: (765) 210-2281

Email: joni.renee@att.net

Points Standings (continued)

Gary Callahan 11-170H
Ricke Stucker 14-149CR
Phil Leininger 10-128HCV
Tom Miklik 10-123H
David Hughes 8-101C
Steve Kilcline 2-40HV
Fred Chew 2-28H

65-69

Bill Barnett 11-220HV
Doug Mankell 9-141H
Stan Shuey 8-112C
Jerry Leach 3-50HCV
Dale Sullivan 1-20

70+

Robert Cupp 7-125R
Riley Case 2-40
John Norris 2-40H
Dick Summerton 2-30
Bill Heck 1-20
Charles Johnson 1-12

Walkers

Women

49-
Raye Jean Swinehart 13-250H
Kathryn Wall 8-102C
Amy Irick 6-79R
Monica Mathew 2-24
Carrie Lee 2-22R
Julie LaDow 1-20
Kelly Carden 1-15
Vanessa Lorenz 1-10R

50+

Mary Miller 17-310HCR
Amanda Pena 15-225HCRV
Jane Inman 14-191HRV

Jayne Stucker 14-151CRV
Angela Lorenz 14-133CR
Debbie Riffe 12-115CR
Diana Brown 10-85V
Pat Robertson 7-76HCRV
Jan Wall 7-57C
Trudy Pierce 3-37HC
Barbara Schlie 2-27
Barbara Hobbs 1-20H
Cynthia Sanders 2-15
Helen Brown 1-10C
Renita Taflinger 1-10R

MEN

49-

Vince Lorenz 17-310HCR
Brian Allen 11-175HRV
Billy Cox 7-82C
Fredrick Taylor 4-60
Ray Bradway 1-15

50+

Toney Lorenz 16-232HCR
Jerry Lambert 14-219HCR
Tim Taflinger 17-205HCR
Steve Inman 9-112HRV
Jim Gross 8-106H
Don Hurd 4-80H
Robin Michael 8-79H
Rick Spencer 5-77HC
Robin Hehr 5-64V
Bruce Savage 4-49H
Jim Burrous 4-47H
Milt Brown 3-40CRV
Melvin Hobbs III 1-20H
David Mygrant 1-20H
Bob Longwith 1-10R

September Agenda

CLUB KOKOMO ROADRUNNERS AGENDA

September 13th, 2010

5:30 social hour - 6:30pm meeting start

LOCATION – Olive Garden

Welcome

Minutes

Financial Report

Race Director Reports:

GNO Update

Charity Run

Nickel Plate Trail

Charity Run

Thanksgiving Run

News Year Eve Run

Old Business:

Committee changes to the Constitution and By-Laws as presented in the Newsletter. First Reading.

Y Fund Raiser from June, final report?

Vickie Boles 2011 waiver of donation.

Steps to Recover waiver of donation, September 11th

New Business:

Nomination of officers

Discussion of the 2011 Club Runs Calendar

DATE OF NEXT MEETING –

October 11th – Officer ballot to be approved. Donation Policy to be reviewed. Approval of the 2011 Club Runs Calendar
November 8th – Sheets will NOT be present. Donation to Police to be approved (if need be).

December 13th – Induction of 2011/2012 officers.

Club Kokomo Roadrunners
2936 S. Congress
Kokomo, Indiana 46902

Inside this issue:

From the President	2
Run for Shelter	2
Birthday List	2
On the Trails	3
Other Races	3
Another Worthy Cause	3
Meeting Minutes/ CKRR Constitution change Proposals	4,5, 6
Race Results	7
Other Race Results	9
Points Standings	10
September Agenda	11
Race Calendar	11