

July 2010

Email: ckrr.newseditor@att.net

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The Roadrunne

Now What? What's Next Dan?

By Dan Lutes

I've been asked these questions a lot since finishing the 50 States Marathon Club goal last year. I originally gave some generic answers like "Rest!" or "Just go back and run the ones I want." But then I was approached on joining a new quest. The organizer of the 50 Sub 4 Marathon Club recruited me to join his newly formed club. He promised no dues and even gave me a free technical team shirt just for joining. The club's goal is to run a 26.2 mile marathon in all 50 States in under 4 hours. The motto is "Life is Short, Run Fast." The website (www.50sub4.com) organizes the participants into animal categories based on speed. I'm classified as a "Mustang," which is faster than a "Wolf," but not as fast as a "Cheetah" or "Gazelle." I'm currently ranked 14th on the website based on the speed of the "sub4" marathons completed so far.

With this new goal, I only need to repeat six of the 50 states, meaning only six states were slower than 4 hours the first time around. As it turns those states are all pretty good destination states, and aren't AK or HI, so that made the decision to do the new quest even easier. The repeats are VT, DE, FL, WY, CO & NM. Of course, my family is now already planning on a vacation in each spot, and they are actually disappointed that Hawaii doesn't need to be repeated.

With the new goal in mind, the family set off last month for the Vermont City Marathon in Burlington VT. We waited for the kids to get out of school the last day and hopped in the van for the 16+ hour drive. Linda and I traded off driving through the night, with one extended sleep stop, and made it early on Saturday afternoon. We went to the expo to pick up the packet and meet up with Uncle Earl (aka, Earl Strong). Yes, of course I couldn't pass up the opportunity to do one more marathon with Earl since he is now only two states away from his 50 States achievement. Earl and I have done 20 of my 50 states together, including my first (IL) at Chicago in 1993 (even though we didn't know each other at the time and still finished within a minute of each other!!) And now we've technically done 21 together, if you count Vermont. Earl has been a great

The course was beautiful and the marathon went well. I held a fairly consistent pace and finished in 3:38. This included a 2 minute port-o-let stop at a construction site around mile 14...note to self, don't carbo load on rich, creamy lobster mac-and-cheese the night before a marathon! The weather was overcast, which held the temps down. At this point, I'll save space for Earl to tell the rest of the story, but suffice it

travelling buddy over the years

and my only regret is that he's

not taking me along to Hawaii.

to say, a good time was had by

Okay, now 45 down, 5 to go... any upcoming club races in DE, FL, WY, CO or NM???

50 States. 26.2 Miles. Under 4 Hours. Life is Short. Run Fast. 50 sub 4 MARATHON CLUB

Logo for 50 in under 4

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Next Races:

July 10 Race for Grace 5K 8:00 AM Logansport

*****July 17*****
Panther Prowl 5k
8:00 AM
Russiaville Fire Station

From the President

By Gina Sheets



Greetings Club Kokomo Roadrunners!

At last the weather is hot with unpredicted thunderstorms blowing in and then out again, sometimes dumping buckets of rain and sometimes leaving only sprinkles. For those of you that run out in the middle of nowhere please think about this on your next run - if threatening weather catches you out there what will you do? Lightening often is much closer than you think, never take chances and never think you can out run a storm. I know how many times we watch storms move one way and then turn back around. Always run with caution when bad weather is forecasted and always let someone know what route you are taking just in case you need a ride.

What a ride I have had these past 30 days. The picture used with this article was taken on the Great Wall in China. I traveled to China as a part of the Lt. Governor's Jobs. Investment and Agriculture Trade Mission the first part of June. There were 26 participants and it was one of the most successful business development trade missions on which I have been. The first few days we were working in Zhejiang, Indiana's sister state in China. Our hotel was located just off West Lake so I had the pleasure of getting in a 6 and once a 7 mile run around the lake every morning. When we arrived in Beijing the smog was so bad and so dense I never ran outside, it was the gym for me. I cannot imagine what it must have been like for those Olympic marathon runners or any outdoor athletes. We did see several venues that were used in the Olympics including the birds nest – interesting. I am very grateful for the work that I do that takes me to interest- Gina

ing places but nothing is better than my Indiana home.

We are half way into the year or half finished with the year, and it is time to make a call out for Club officers. The official voting will not take place for a few more months, but please, if you are interested in getting involved and serving the Club being an officer is a great way to learn more about what we do and why.

Last month I listed out all the award recipients whose award I am still toting around. It is absolutely amazing to me that none of those folks listed contacted me to get their award. Do I have your award and would you like to have it? Take a look at the last newsletter to see if you are missing what you don't know you have.

As always I leave you with the plea to get involved this is your Club and we are here to serve you, contact me via phone or email if you have any suggestions.

Be careful out there -

Birthday List

7-8 Kyle Starich	7-20 Tosha Rogers	
7-10 John McGinty	7-21 Kim Lee	
7-11 Maya Brooks	7-21 Brayden Shoaff	
7-12 Hannah Moore	7-22 Grant Pagington	
7-12 Waverly Neer	7-22 Darrell Pennycoff) \ (
7-14 Jerry Lambert	7-23 Kaleb Hollingsworth	(/ /
7-14 Debra Perkins	7-23 Elloit Touloukian	\ •
7-14 Grace White	7-23 Taliah Wright	7-28 Christine McDonough
7-14 Paul Wyman	7-24 Ashley Birkhimer	7-28 Bethany Neeley
7-14 Shelly Wyman	7-24 Nicole Peel	7-28 Brittany Neeley
7-15 Ally White	7-24 Justin Taflinger	7-28 Kinsey Neher
7-16 Helen Brown	7-25 Michelle Hollingsworth	7-29 Jerelyn Bradway
7-16 Kelsey Metz	7-25 Kelly Wright	7-29 Tammy King
7-17 Vincente Lorenz	7-26 Lauryn Merritt	7-29 Don Middleton
	7-10 John McGinty 7-11 Maya Brooks 7-12 Hannah Moore 7-12 Waverly Neer 7-14 Jerry Lambert 7-14 Debra Perkins 7-14 Grace White 7-14 Paul Wyman 7-14 Shelly Wyman 7-15 Ally White 7-16 Helen Brown 7-16 Kelsey Metz	7-10 John McGinty 7-21 Kim Lee 7-11 Maya Brooks 7-21 Brayden Shoaff 7-12 Hannah Moore 7-22 Grant Pagington 7-12 Waverly Neer 7-23 Kaleb Hollingsworth 7-14 Debra Perkins 7-23 Elloit Touloukian 7-14 Grace White 7-23 Taliah Wright 7-14 Paul Wyman 7-24 Ashley Birkhimer 7-15 Ally White 7-24 Justin Taflinger 7-16 Helen Brown 7-25 Michelle Hollingsworth 7-26 Kelsey Metz 7-27 Kim Lee 7-21 Kim Lee 7-22 Grant Pagington 7-22 Darrell Pennycoff 7-23 Kaleb Hollingsworth 7-24 Justin Taflinger 7-25 Michelle Hollingsworth 7-26 Kelsey Metz

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May Marathons

By Earl Strong

It's May and anything can happen weather wise during the month so one never quite knows what to expect. Often what seems like a good idea could turn out altogether different. These marathons have their start late last year.

First up was the Flying Pig in Cincinnati, Ohio because one of my running partners was looking to get back in shape after her second child and it was close by. I already had ran a marathon in Ohio, but had enjoyed running the Flying Pig last year and thought it would be a great time to run with an old friend again.

The forecast was 90% chance of rain on race day. After the Rhode Island marathon I had vowed I would never run a marathon in the rain again if I did not have to. Well, I did not need the marathon for the state, but I had to run because I call myself a gentleman. I could not bear the thought of Kelly running without moral support from me. We both had our families there and mine slept in while Kelly's girl got up to cheer her on as she headed out for the start.

We had a bit of a drive to get to the start line an oversight that I won't let happen again (I hope.) It's early and still dark but there's a flash of light and Kelly asks did we drive under a light pole. No, Kelly that was lightening! So that's how the day started. We managed to get parked and to the start line but without the pre-race rites of the potty break.

We're off and I am with Kelly through mile one. That's when the wardrobe malfunction occurred. One of my shoes had become untied and after I corrected it I lost sight of Kelly. The goal of this marathon quickly became to finish in time to check out before we are charged more money. That proved to be quite a challenge as I had to battle dishpan hands and water logged size 14's. I looked back often for the pickup vehicle.

As my time started to approach 5 hours I was just hoping that Kelly found the car and was okay inside out of the rain. I was surprised when I got to the car not to find her there. My fears were calmed shortly as I looked for the parking deck to see her making her way there. We got back to our families who were totally rested, as rain makes for good sleeping!

Results: Brian List 2:31:55 – Cynthia Arnold 2:55:00 – Kelly Wright 4:54:53 – Earl Strong 4:56:29 (May 2nd)

The next marathon was in Vermont on May 30th. This was a result of me learning not to

run marathons on consecutive days (never again.) This time I got to meet up with Dan and his family, all the makings of a great time. Perhaps one of the best things about travelling with Dan is that he plans very well. Since I did not travel with Dan I was left to my own devices.

I thought the hotel where he was staying cost too much so while searching for a different one I thought I found a deal. But upon further review and too late to change things I ended up in New York. Making matters even more fun was the fact that I would have to take a ferry to get there at a cost of \$18 roundtrip. I could have stayed at the Ho-Hum hotel just a few blocks away from Dan saving time and money.

The weather was good, great compared to the downpour in Ohio! I kept telling, myself I needed to walk but I felt fine until the last hill at about mile 17. The course was nice and one that I would do again. Dan and the family were at the finish line capping another marathon. After we got cleaned up we went out for sushi and of course Ben & Jerry ice cream.

Results: John Crews 2:17:51 – Heidi Westover 2:40:04 – Dan Lutes 3:38:28 – Earl Strong 4:27:59



Earl and Dan after Vermont

This is a Club Officer Election Year

Nominations will be taking place in a few months. Please consider serving your club as a board member.

Officer positions are
President, Vice President,
Treasurer, Newsletter Editor
and Chaplin

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Meeting Minutes

Minutes for June 14, 2010

Attendance:

Robin Cole, Stan & Pat Shuey, Nikki Frazier, Charlie Skoog, Adriene Riggle, Mark Shorter, Brianne Boruff, Vicki Boles, Joyce Pennycoff, Rebekah Monroe, Robin Tetrault, Diana Brown, Scott Riggle

Charlie motioned to approve May meeting minutes. Vicki Seconded.

Financial Report:

General Fund: \$2558.73 Cowan Fund: \$2559.51 Coyote Kids \$12063.05

Charlie motioned to give financial information from the 2009 & 2010 (when available) Haynes Apperson race to the Haynes festival committee. Stan Shuey seconded. Vote: 1 opposed, 12 were in favor. Motion passed.

New Business:

Bona Vista— Wants to do a race next year. Vicki Boles is working on grants and a date is TBD.

Charlie motioned to support the alternate plan to bring the NPT trail to Kokomo. Adriene seconded. Vote: 1 opposed & 12 in favor. Motion passed.

July Agenda

CLUB KOKOMO ROADRUNNERS AGENDA

July 12th, 2010

5:30 social hour - 6:30pm meeting start

LOCATION - Olive Garden

Welcome

Minutes

Financial Report

Race Director Reports:

Coyote Kids

Haynes Apperson

Upcoming

Age Graded Race

Old Business:

Committee reports?

New Business:

DATE OF NEXT MEETING -

August 9th

September 13^{th} – nomination of officers, Committee recommendations

October 11th – committee recommendations, ballot to be approved

November 8th

December 13th – Induction of 2011/2012 officers.

Kokomo Triathlon

By Ron Moore

The third Kokomo Triathlon was held at Oakbrook Church on June 5th this year instead of late July as in previous year. This did not effect the turnout as 139 finished the race including six teams that represented 5 states.

The race consist of a 500 yard swim, 10.5 mile bike, and a 5k run. There were several members from Club Kokomo that participated in the Kokomo Sprint Triathlon this year. Top local and club athlete was Matt York finishing 6th overall. Heather Weber was the top local woman finishing 2nd in the women's field in her first triathlon.

Club Kokomo Participants

6: Matt York 56:43

14: Jay Priest 1:00:39

15: Chris Frazier 1:00:46

41: Heather Weber 1:09:48

42: Jacob Bradshaw 1:09:50

52: Kathy Touloukian 1:11:24

56: Nicole Peel 1:12:20

80: Shelly Wyman 1:17:28

89: Paul Wyman 1:19:30

94: Kathy Bagwell 1:21:03

75: Team Riggle 1:16:14

Complete results are on http://www.kokomotri.com/



Start of wave 1

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Greentown 5

By Scott Riggle

This was only the second Greentown 5 mile race that I have been able to attend. I'm told it is always either really hot or it is raining for this run.

This year did nothing to change that thought as the race started in a complete down pour. Luckily it was also warm enough that we were not all freezing too. I have heard Ray Tetrault say several times that he hates running in soggy shoes. I have to agree as on miles 4 and 5 all I could hear was my soaked feet sloshing in my shoes even though it had stopped raining early on.

Congratulations to Chris James as he picked up his first over all win.



After the race everybody looks for some shelter

New Members

Welcome to Club Kokomo!

Barbie Casler
Cassandra Hauswald
Jeff Hauswald
Parker Jones
Eric Metz
Kelsey Metz
Lisa Metz
Riley Metz
Ron Metz
Lisa Owens
Leanne Padfield
Mike Padfield
Mitch Padfield



Dave Emry finishes strong in the rain

Other Races

Saturday, August 28, 2010 at 8:00 a.m.

1st Annual Carroll County Community Center Harvest Hustle 5K Run or Walk and Youth ½ mile run and Youth 400 meter

Location: Carroll County Community Center in

Flora Indiana

Register: www.GetMeRegistered.com
www.carrollcountycommunitycenter.com

Email: Don Franklin, Director

franklin@carrollcountycommunitycenter.com

Oct. 9

Runnin' the Shores 5K

Location Champagne Shores.

Time TBD

Contact: Todd Moser 459-4676

St.Joseph Hospital Foundation.

More Info to come.

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Race Results

5th Annual Trojan Trot June 5, 2010 Sharpsville, IN 5k Run

- 1: Kory Kennedy 18:37
- 2: Kyle Starich 19:20
- 3: Brent Noll 20:10
- 4: Nich Lipari 20:31
- 5: Joe Rangel 20:42
- 6: Waylon Coulter 21:10
- 7: Gary Callahan 21:13
- 8: Greg Steele 21:17
- 9: Minh Pham 21:23
- 10: Doug Nunan 22:56
- 11: Tim Taflinger II 23:11
- 12: Justin Taflinger 23:24
- 13: Bill Kirsch 2325 14: Larry Beard 23:25
- 15: Jason Vanalstine 23:26
- 16: Michael Graham 23:44
- 17: Brittiani Gillem 23:47 1st
- woman
- 18: Cameron Colbert 23:56
- 19: Ken Swinehart 24:04
- 20: Mark Shorter 24:32
- 21: Chris Edgington 24:45
- 22: Jordan Edgington 25:13
- 23: Earl Strong 25:33
- 24: Gregory Townsend 25:39
- 25: Paula Kucholick 25:49
- 26: Kim Lee 25:51
- 27: Gabby Vanalstine 25:38
- 28: Tami Moore 26:00
- 29: Mike Deardorff 26:03
- 30: Melissa Goad 26:18
- 31: Jerry Meiring 26:35
- 32: Scot Hamilton 26:36
- 33: Allen Zadary 26:44
- 34: Russ Hovermale 26:55
- 35: David Emry 27:00
- 36: Don Overman 27:09
- 37: Ann Morris 27:10
- 38: Lisa Frank 27:24
- 39: Joshua Edgington 27:29
- 40: Anthony Smith 27:54
- 41: Aidan Frazier 28:23
- 42: Darrell Frazier 28:36
- 43: Anna Dollens 28:39
- 44: Allen Drattlo 28:47
- 45: Ricke Stucker30:02
- 46: Vicki Boles 30:19
- 47: Joe Yeagle 30:39
- 48: Laurie Ousley 31:09
- 49: Doug Mankell 31:20
- 50: Robin Cole 31:46
- 51: Christina Sheroan 31:51
- 52: Danielle Smith 32:42
- 53: Sophanie Mathews 33:06

- 54: Jason Shepard 33:06
- 55: Tami Shepard 33:16
- 56: Tawna Leffel 33:54
- 57: Andrea Eckelbarger 33:54
- 58: Jeanie Townsend 35:16
- 59: Robert Cupp 35:33
- 60: Laura Cook 35:42
- 61: Laura Heflin 35:51
- 62: Anita Frazier 36:09
- 63: Jessica Anderson 36:28
- 64: Christy Badger 36:43
- 65: Sharon Whelan 37:17
- 66: Amanda Flick 38:13
- 67: Emily Allen 38:31
- 68: Shelly Colbert 40:37
- 69: Mallory Beaty 40:55
- 70: Luci Spitznogle 41:58
- 71: Linda Licht 44:44
- 72: Missy Mavrick 45:22
- 73: Shaurela Fish 46:37
- 74: Lily Badger 48:03
- 75: Ian Sheroan 48:04
- 76: Tom Fennel 49:28
- 77: Jerry Fennel 50:16

5K Walk

- 1: Vince Lorenz 29:12
- 2:Mary Miller 31:53 1st woman
- 3: Tia Koon 32:42
- 4: Amanda Pena 35:35
- 5: Jerry Lambert 36:19
- 6: Toney Lorenz 37:35
- 7: Steve Inman 37:43
- 8: Jim Gross 38:05
- 9: Robin Hehr 39:02
- 10: Tim Taflinger 39:10
- 11: Brian Allen 40:07
- 12: Tammy Beard 40:38
- 13: Jane Inman 41:08
- 14: Raye Jean Swinehart 41:21
- 15:Tristyn Koon 42:00
- 16: Debbie Riffe 43:19
- 17: Angela Lorenz 44:15
- 18: Jayne Stucker 44:33
- 19: Robin Michael 45:39
- 20: Jenn Heflin 46:31
- 21: Kathryn Wall 46:40
- 22: Billy Cox 47:35
- 23: David Payne 49:28
- 24: Jennifer Skiles 50:30
- 25: Diana Brown 50:30
- 26: Jessica Harrison 51:42
- 27: Tami Koon 53:44
- 28: Violet Badger 60:15 29: Jason Sheroan 60:34
- 30: Brent Badger 61:09

Jackie Sanders Miracle Mile Wednesday, June 2 **Highland Park**

- 1. Kory Kennedy 5:05
- 2. Cody Young 5:33
- 3. Waylon Coulter 5:44
- 4. Joe Rangel 6:29
- 5. Parker Jones 6:38
- 6. Paul Sanders 6:47
- 7. Brittiani Gillem 7:09
- 8. Vern Graves 7:18
- 9. Joe Yeagle 8:15
- 10. Brooke Gillem 8:25
- 11. Kathy Murdoch 8:36
- 12. Brayden York 8:49
- 13. Amber Longwith 9:04
- 14. Vince Lorenz 9:12
- 15. Bruce Savage 9:31
- 16. Bob Longwith 9:50
- 17. Mary Miller 9:54
- 18. Anna Dollens 10:02
- 19. Vicki Boles 10:04
- 20. Charlie Skoog 10:04 21. Kelsey Kennedy 10:10
- 22. Jerry Lambert 10:37
- 23. Tony Lorenz 11:35
- 24. Marina Swaggerty 12:01
- 25. Allen Drattlo 12:08
- 26. Tim Tafflinger 12:14
- 27. Barbie Casler 12:39
- 28. Kaitlin Davis 13:42
- 29. Carol Savage 13:48
- 30. Lisa Swaggerty 14:57
- 31. Cathy Longwith 15:03
- 32. Brooke Kauble 16:23 33. Jim Chapman 20:32
- 34. Austin Foster 20:32 35. Ashlyn Manion 20:32

Jackie Sanders Miracle Mile Wednesday, June 9 Highland Park Walk/Bike Path

- 1. Parker Jones 5:31
- 2. Jordan Ousley 5:41
- 3. Joe Rangel 6:08
- 4. Justin Taflinger 6:34
- 5. Paul Sanders 6:49
- 6. Brittiani Gillem 7:06
- 7. Jaden Platt 7:25 8. Bo Brooks 7:26
- 9. David Emry 7:31
- 10. Brody Brooks 7:58
- 11. Braden York 8:00 12. Derrick Brooks 8:02
- 13. Joe Yeagle 8:34

- 14. Kathy Murdoch 8:37
- 15. Amber Longwith 8:55
- 16. Vince Lorenz 8:58
- 17. Lauren Jones 9:00
- 18. Amy Baron 9:29
- 19. Mandy Oakes 9:33
- 20. Bob Longwith 10:09
- 21. Katie Wall 10:11
- 22. Kelly Walker 10:23
- 23. Jerry Lambert 11:02
- 24. Tony Lorenz 11:18
- 25. Barbie Casler 12:28 26. Tony Lorenz 13:38
- 27. Jan Wall 14:05
- 28. Tim Taflinger 14:07
- 29. Angie Lorenz 14:08
- 30. Cindy Sanders 14:27
- 31. Jaxin Phelps 15:10
- 32. Ezra Phelps 15:24
- 33. Deb Keller 15:24
- 34. Cathy Longwith 15:26
- 35. Brooke Kauble 17:39 36. Jim Chapman 19:00

Norris Insurance 5 Mile Run & 5K Walk

Greentown, IN

Saturday, June 12, 2010

- 1 Chris James 30:20
- 2 Kory Kennedy 30:37
- 3 Joshua Hughes 31:18 4 Parker Jones 31:24
- 5 Jared Turner 32:14
- 6 James Norris 32:17
- 7 Mark Haupert 32:19
- 8 Mitch Padfield 32:26
- 9 Joe Rangel 32:55 10 Scott Riggle 33:09
- 11 Kevin Forgrave 33:39
- 12 Brett Buckmaster 33:34
- 13 Brent Noll 33:50
- 14 Luke Miller 33:52 15 Greg Steele 34:21
- 16 Gary Callahan 34:42 17 Dave Harrison 35:08
- 18 Ben Barnett 35:21
- 19 Cody Young 35:23 20 Waylon Coulter 36:05
- 21 Lewis Duke 36:10
- 22 John Simpson 37:30
- 23 Wade Stowers 37:44 24 Israel White 37:53
- 25 Michael Graham 38:15 26 Phil Rozzi 38:34
- 27 Charlie Skoog 38:42
- 28 Al Hochgesang 38:44 29 Ken Austin 38:54

THE ROADRUNNER

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Race Results Continued

- 31 Cameron Colbert 38:50
- 32 Brittani Gillem 39:02 1st Female
- 33 Kristi Reprogle 39:47
- 34 Riley Orrell 39:58
- 35 Merlin Fights 39:59
- 36 Jim Orrell 39:59
- 37 Mark Shorter 40:02
- 38 Emilie Hobbs 40:07
- 39 Emily Wilcox 40:09
- 40 Paul Sanders 40:28
- 41 Bethany Neeley 41:10
- 42 Brittany Neeley 41:10 43 Bill Barnett 41:12
- 44 Steve Smith 41:22
- 45 Connie Gamble 41:53
- 46 Rosellen Connolly 42:19
- 47 Derek Root 42:54
- 48 Shelly Wyman 42:49
- 49 Paul Wyman 42:49
- 50 Gregory Townsend 43:06
- 51 Tonda Cockrell 43:09
- 52 Noah Connolly 43:11
- 53 Joy Elzinga 43:23
- 54 Nikki Frazier 43:27
- 55 Russ Hovermale 43:26
- 56 David Emry 43:30
- 57 Melissa Goad 43:32
- 58 Jerry Meiring 43:42
- 59 Charlie Hubler 44:10
- 60 Karl Stoneking 44:23
- 61 David Hughes 44:38
- 62 Dana Culp 44:41
- 63 Phil Leininger 44:42
- 64 Lynne Werling 44:52
- 65 Don Overman 44:57
- 66 Joe Stetz 45:27
- 67 Anna Dollens 46:04
- 68 Lisa Hobbs 46:51
- 69 Kathy Murdock 47:06
- 70 Tom Miklik 47:53
- 71 Ann Morris 49:17
- 72 Terra Martin 49:21
- 73 Ricke Stucker 50:53
- 74 Robin Cole 52:33
- 75 Doug Mankell 54:46
- 76 Kaylee Colbert 55:20
- 77 Laura Cook 55:38
- 78 Shelly Colbert 64:31

Norris Insurance 5K Walk

- 1 Vince Lorenz 28:19
- 2 Mary Miller 31:21 1st Female
- 3 Frederick Taylor 34:29
- 4 Amanda Pena 34:29
- 5 Jerry Lambert 36:44
- 6 Toney Lorenz 36:54
- 7 Jim Gross 36:54

- 8 Linda Miller 36:58
- 9 Tim Taflinger 39:40
- 10 Jane Inman 39:45
- 11 Raye Jean Swinehart 39:45
- 12 Theresa Weitzel 40:21
- 13 Julia Tennent 42:03
- 14 Debbie Riffe 42:48
- 15 Angela Lorenz 42:56
- 16 Jayne Stucker 43:23
- 17 Kathryn Wall 43:24
- 18 Jan Wall 43:45
- 19 Robin Michael 44:09
- 20 Olivia Mohring 48:33
- 21 Michelle Mohring 48:33
- 22 Leslie Connolly 48:33
- 23 Heather Jones 50:30
- 24 Stasha Ford 51:30

Norris Insurance Fun Run

- 1 Jacob Gillem 6:59
- 2 Clara Hochgesang 9:12 1st Female
- 3 Sean Simpson 9:13
- 4 Jake Simpson 9:25
- 5 Ryan Simpson 10:53

Jackie Sanders Miracle Mile Wednesday, June 16 Highland Park Walk/Bike Path

- 1. Corey Scott 4:57
- 2. Kory Kennedy 5:17
- 3. Parker Jones 5:23
- 4. Cody Young 5:23
- 5. Jordan Ousley 5:46
- 6. Paul Sanders 6:31
- 7. Brittiani Gillem 6:54
- 8. Joe Rangel 6:55
- 9. David Reinagle 7:02
- 10. Cole Walker 7:26
- 11. Vern Graves 7:43
- 12. Joe Yeagle 8:16
- 13. Katie McDonald 8:17
- 14. Shelby Tickfer 8:22
- 15. Kathy Murdoch 8:28
- 16. Amber Longwith 8:39
- 17. Allie Kruger 8:46
- 18. Amanda Kailey 8:49
- 19. Vince Lorenz 9:01
- 20. Lauren Jones 9:03
- 21. Anna Dollens 9:09
- 22. Mandy Oakes 9:33
- 23. Bruce Savage 9:43
- 24. Bob Longwith 9:50 25. Amy Baron 10:03
- 26. Tony Lorenz 11:56
- 27. Geri Claytor 12:00
- 28. Barbie Casler 13:00

- 29. Angie Lorenz 13:47
- 30. Jaxin Phelps 14:40
- 31. Deb Keller 14:41
- 32. Cathy Longwith 15:16
- 33. Brooke Kauble 15:31
- 34. Jim Chapman 18:42
- 35. Ezra Phelps 20:47
- 36. Betsy Phelps 20:48

Jackie Sanders Miracle Mile Wednesday, June 23 Highland Park Walk/Bike Path

- 1. Corey Scott 4:51
- 2. Parker Jones 5:27
- 3. Jordan Ousley 5:51
- 4. James Longwith 6:23
- 5. Paul Sanders 6:29
- 6. Bre Nicholas 6:46
- 7. Brittiani Gillem 6:51
- 8. Krissy Durr 6:55
- 9. Jessica Love 7:08 10. Gina Jakubawicz 7:11
- 11. Vern Graves 7:12
- 12. Cara Love 7:22
- 13. Max White 7:41
- 14. Tony White 7:41
- 15. Aidan Frazier 8:26
- 16. Chris Frazier 8:28 17. Mary White 8:50
- 18. Amber Longwith 9:01
- 19. Bruce Savage 9:10
- 20. Amy Baron 9:30
- 21. Brayden York 9:31
- 22. Bob Longwith 9:57
- 23. Hannah Moore 11:27
- 24. Joe Rangel 11:28
- 25. Jenny Quillen 12:17
- 26. Jada Quillen 12:19
- 27. Barbie Casler 12:25 28. Lisa Swaggerty 13:59
- 29. Carol Savage 14:01
- 30. Sophie Frazier 14:39
- 31. Cathy Longwith 15:49
- 32. Diana Roach 15:50
- 32. Jaxin Phelps 15:54
- 33. Deb Keller 15:54
- 34. Ezra Phelps 22:59
- 35. Betsy Phelps 22:59

Jackie Sanders Miracle Mile Wednesday, June 30 Highland Park Walk/Bike Path

- 1. Corey Scott 4:41
- 2. Kory Kennedy 5:03
- 3. Parker Jones 5:17
- 4. Chris Frazier 5:40 5. Justin Taflinger 6:16
- 6. Brittiani Gillem 6:36 7. Jacob Gillem 6:55

- 8. Joe Rangel 6:56
- 9. Ashley Morrison 7:00
- 10. Vern Graves 7:01
- 11. Kailee Taflinger 7:25
- 12. Brayden York 7:58
- 13. Matt York 7:58
- 14. Byron Bundrent 8:14
- 15. Anna Dollens 8:18
- 16. Charlie Skoog 8:18
- 17. Vince Lorenz 8:46
- 18. Amy Baron 9:00
- 19. Amber Longwith 9:05
- 20. Mandy Oakes 9:23 21. Jordan Ousley 9:24
- 22. Bruce Savage 9:33
- 23. Bob Longwith 9:42
- 24. Marina Swaggerty 9:43
- 25. Jada Quillen 10:14
- 26. Jenny Quillen 10:14 27. Steve Wand 10:16
- 28. Joe Yeagle 10:17
- 29. Tony Lorenz 11:24
- 30. Patricia Weitzel 11:25
- 31. Barbie Casler 11:59 32. Lisa Swaggerty 12:39
- 33. Carol Savage 13:56
- 34. Bizmark Hulet 14:49 35. Cathy Longwith 15:10

Other Race Results

Geist Half Marathon

May 22, 2010 1: Chris Colgan 1:15:45

1W: Lucie Mays 1:22:24

Brittiani Gillem 2:04:50

Patrick Tweed 2:23:12 Joyce Pennycoff 2:34:58

Flora Hog Jog June 19th 2010

1: John Little33:33

1W: Ashley Bordner43:11 81: Brittiani Gillem 51:46

122: Dave Emry 56:09

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2010 Points Standings

Races scored include the JN Amboy, Old Ben, Sam Costa, Ultimate, Race for Cure, Norris 3M/4M, Trojan Trot, Relay for Life, Greentown and any one marathon, half-marathon or volunteer. Legend C=Race for Cure, R=Relay for Life, V=Volunteer, M=marathon, H=Half Marathon

Runners Women

0-12

Alexandria Parr 2-40 Hannah Moore 1-10C Emily Riggle 1-10R Gretchen Riggle 1-10R Kelsey Weber 1-10R Lauren Weber 1-10R Natalie Weber 1-10R Maggie Weber 1-10R

13-19

Brittiani Gillem 9-160HCR Emily Allen 8-117HR Bethany Neeley 2-32 Brittany Neeley 2-30 Maya Brooks 2-27 Waverly Neer 1-20 Kayla Reinagle 1-20 Emily Hobbs 1-15 Karly Sprouse 1-15 Brook Gillem 1-10R Lacy Hunt 1-10

20-24

Sarah Bauson 3-60H Sarah Lee 2-30HR Amber Longwith 2-25R Sarah Swinehart 1-20 Megan Tetrault 1-20H

25-29

Melissa Goad 5-95 Allison Simpson 2-40H Jillian Weaver 1-20

30-34

Adriene Riggle 8-122HCR Darcie York 4-70H Allison Irvin 2-40H Karen Bush 2-35H Justine Eads 2-35H Ashlee Shoaff 2-35H Monica Brooks 2-32 Michelle Clendenning 1-20 Amanda Fernandes 1-20H Sharon Whelan 1-20 Kelly Wright 1-20H Brianne Boruff 1-10 Geana Moore 1-10C 35-39

Nikki Frazier 10-152HCR Heather Weber 7-130MHR Nicole Peel 6-115MHV Michelle Boyd 6-96MH Jennifer Sinka 5-72 Barb Millspaugh 2-40MH Amy Henderson 3-39H Erika James 1-8 Patricia Weitzel 1-7

40-44

Tami Moore 6-115H
Shelly Wyman 6-107H
Lisa Birkhimer 3-50HC
Kavita Kataria 3-50HC
Dana Culp 2-35H
Christine McDonough 2-35H
Kim Anderson 2-32H
Carol Savage 2-32H
Jerelyn Bradway 1-20H
Joni McCracken 1-20H
Gina Sheets 1-20
Tammy Sprouse 1-20H
Regina Tweed 1-20H
Michelle Larson 1-15
Lisa Hobbs 1-12

45-49

Cara McKellar 5-95H Roxane Burrous 4-80H Laura Cook 3-60 Patti Reinhardt 2-40MH Lisa Owens 1-20 Carla Yerkes 1-20H Carrie Lee 1-10R

50-54

Anna Dollens 10-175HCR Laurie Ousley 5-77H Cassie Bauson 3-60H

55-59

Robin Tetrault 7-140MH Rhenda Acton 8-119HCRV Robin Cole 8-116 Vicki Boles 7-110CR Anita Frazier 5-72HC Joyce Pennycoff 5-75HCR Theresa Barlow 2-30C Lorene Sandifur 1-20M

60-64

Jeanie Townsend 7-125R Kathy Murdoch 2-40

65-69

Susan Gerhart 3-50HC Sylvia Burgin 3-45HC Kathleen Leach 2-30HC

70 +

Pat Shuey 1-10C

Men 0-12

Aidan Frazier 6-82R Justin Taflinger 4-80 Keagan James 2-32 Brayden York 2-22 Bowe Brooks 1-15 Brody Brooks 1-10

13-19

Brent Noll 5-90H Cody Young 4-67H Waylon Coulter 3-40 Peter Bauson 2-32H Jesse Bauson 1-20H Jacob Bradshaw 1-20H Mitch Padfield 1-20 Quinn Reinhardt 1-20 Kyle Starich 1-20 Elliot Touloukian 1-15 Nich Lipari 1-12

20-24

Kory Kennedy 6-120 Jordan Ousley 3-47H Parker Jones 1-15 Brett Sanders 1-10R

25-29

Mark Eads 1-20H Mark Fernandes 1-20H

30-34

Matt York 5-100MH Israel White 4-80H Kyle Pitt 1-15

35-39

T.A. Weber 7-108MHR Chris Frazier 6-105HR Chris James 5-100M Tim Taflinger II 3-52 David Reinagle 4-49HC Derick Brooks 3-34 Vern Graves 3-29 Samuel Parr 3-24 Keith Hill 1-20H William Irvin 1-20V Rich Boruff 1-9

40-44

Jay Priest 8-150MHR
Michael Graham 10-137HCR
Scott Riggle 8-130HCR
David Emry 8-100HCR
Ron Moore 7-99HCR
Gary Willis 6-90HC
Patrick Tweed 7-85HC
Paul Wyman 3-30
Todd Moser 2-30H
Kevin Forgrave 1-15

45-49

Ken Swinehart 8-150H Kim Lee 6-92HR Brian Reinhardt 4-75MH Dan Lutes 3-60MH Dana Neer 3-60H Scott Deyoe 2-25 Rich Bradshaw 1-20H Darin Hollingsworth 1-20H

50-54

Al Hochgesang 7-135
Eric Mathew 8-120HCR
Greg Townsend 8-98R
Jerry Meiring 8-96H
Ray Tetrault 4-60M
Earl Strong 4-57M
Phil Rozzi 4-52
Keith McAndrews 3-49H
Jim Schlie 3-47H
Russ Hovermale 4-35
Jeff LaDow 3-32H
Bill Bauson 2-29H
Scott Hamilton 2-20
Mark Rodgers 1-20H

55-59

Charlie Skoog 10-162HCR Mark Shorter 10-152HCR Mike Deardorff 8-111H Joe Yeagle 7-88H Steve Wand 3-49H

(Continued on page 9)

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2010 Race Calendar

July 03

Haynes-Apperson 4 Mile Run/ 3 Mile Walk

Time: 8 AM

Location: Memorial Gymnasium, Kokomo, IN

Contact: Rebekah Monroe Phone: (765) 461-8387

Email: rebekah.a.monroe@gmail.com

Haynes-Apperson Day Kids Track Meet

Time: 9:00 AM

Location: Kautz Field, Central Middle School

July 10

Race for Grace, 5K Run -

No Walk Event (10pts to each walker)

Time: 8 AM

Location: Calvary Presbyterian Church, 7th & Spencer Streets, Logansport, IN

Phone: (574) 753-0505

July 17

Panther Prowl 5K Mile Run/Walk -

Time: 8 AM

Location: ** Russiaville Fire Station **

Contact: David Britton Phone: (765) 883-7360

August 07

Norris Insurance 5K Run/ Walk

Time: 8 AM

Location: Converse, IN **Contact:** John Norris,

Phone: (765) 395-7761 or (765) 395-7730

August 14

CKRR Age-Graded 4 Mile Run & 5K Walk

Time: 8 AM

Location: Highland Park, Kokomo, IN **Contact:** Mark Shorter, 2936 Congress Drive,

Kokomo, IN 46902 **Phone:** (765) 455-2283

Email: mshorter13@comcast.net

August 21

CAM Run for Shelter 5K Run and Walk

Time: 8 AM

Location: Oakbrook Valley, Russiaville, IN **Contact:** Oakbrook Community Church

Phone: (765) 252-7030

September 18

3rd Annual Ladies Night Out 5K

Time: Expo & Packet Pick up 1-4:30

Race at 5:00 p.m. **Location:** Kokomo, IN **Contact:** Rebekah Monroe

Email: rebekah.a.monroe@gmail.com

September 25

Bee Bumble 5K & 10K

Time: 8:00 a.m.

Location: Burnettsville, IN

Website: http://www.beebumble5k.org/

October 02

Cole Porter 15K Run/ 5K Run/Walk

Time: 9:00 AM

Location: Circus Building, Peru, IN

October 17

Club Kokomo 8K /3 Mile Walk

Time: 2 PM

Location: Nickel Plate Trail, Peru, IN

November 07

Run The Mounds 5 Mile Run/ Walk

Time: 2 PM

Location: Mounds State Park, Anderson, IN

Website:

http://www.andersonroadrunners.org/

November 13

CKRR Charity 5K Run/ Walk

Time: 9 AM

Location: UAW 292 Union Hall, Alto & Park

Contact: Charlie Skoog Phone: (765) 457-2607 Email: runckrr@aol.com

November 25

Club Kokomo Cares 5K Run/ Walk 20 points

For Each Finisher
Time: 8 AM

Location: Highland Park, Kokomo, IN

Contact: Ray Tetrault Phone: (765) 854-1393

December 31

CKRR New Year's Eve 5K Run/ Walk

Time: 2 PM

Location: UAW Local 292. Alto Road & Park

Road, Kokomo, IN
Contact: Joni McCracken
Phone: (765) 210-2281
Email: joni.renee@att.net

Points Continued

Don Gifford 2-40H John Sites 2-40 Michael Campbell 1-20H

Darrell Frazier 1-12 Karl Stoneking 1-12

60-64

Joe Rangel 11-200HCR Ricke Stucker 9-99CR Gary Callahan 6-95H Tom Miklik 6-80H Phil Leininger 6-74HC David Hughes 5-64C Fred Chew 1-20H Steve Kilcline 1-20H

65-69

Bill Barnett 7-140H Doug Mankell 6-97H Stan Shuey 4-47C Jerry Leach 2-30HC 70+

Robert Cupp 4-70R John Norris 2-40H Bill Heck 1-20 Dick Summerton 1-15

Walkers Women 49 & Under

49 & Under
Raye Jean Swinehart 9-180H
Kathryn Wall 5-67C
Amy Irick 4-52R
Monica Mathew 2-24
Katee Pena 1-20H
Kelly Carden 1-15
Sophie Frazier 1-10
Vanessa Lorenz 1-10R

50+

Mary Miller 11-200HCR
Amanda Pena 11-170HCRV
Jane Inman 10-132HR
Jayne Stucker 10-103CR
Debbie Riffe 8-73CR
Angela Lorenz 8-71CR
Diana Brown 6-49V
Pat Robertson 4-44HCR
Trudy Pierce 3-37HC
Jan Wall 4-30C
Barbara Schlie 2-27
Barbara Hobbs 1-20H
Cynthia Sanders 2-15
Helen Brown 1-10C
Renita Taflinger 1-10R

Men 49 and under

Vince Lorenz 11-200HCR

Brian Allen 9-140HR William Cox 4-46C Fredrick Taylor 1-15

50+

Jerry Lambert 9-155HCR
Toney Lorenz 10-142HCR
Tim Taflinger 11-126HCR
Jim Gross 6-84H
Rick Spencer 5-77HC
Steve Inman 6-72HR
Robin Hehr 5-64V
Don Hurd 3-60H
Robin Michael 5-52H
Jim Burrous 3-37H
Milt Brown 2-20CR
Melvin Hobbs III 1-20H
David Mygrant 1-20H
Bruce Savage 1-20H
Bob Longwith 1-10R

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Club Kokomo Roadrunners 2936 Congress Drive Kokomo IN 46901

Next Club Meeting
July 12, 2010
5:30 pm social hour
6:30pm meeting start
Location

Olive Garden

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