May 2010

Web Address:

Ckrr.us

The Roadrunner



Next Races:

Miracle Mile

Every Wednesday 6:00pm at Highland Park

May 15

Norris Insurance 4 Mile Run/ 3 Mile Walk

May 29

14th Kokomo Symphony Composer Classic 5K

June 03

Coyote Kids First Day

Location: Jackson Morrow Park

Next Club Meeting

May 10, 2010

5:30 pm social hour 6:30pm meeting start

Location

Olive Garden

Inside this issue:

From the President	2
May Brithdays	2
On the Trails	3
The Ultimate	4
Coyote Kids	5
Race for Cure	6
Race Results	7 & 8
Points Standings	9
Other Race Results Meeting Minutes/Agenda	10

Club Kokomo Roadrunners

Maple Crest Elementary Running Club



Alexis Kranz & Cinnamon Andrews

The idea of starting a running club at Maple Crest Elementary evolved from the Coyote Kids summer running program. Our Wellness educators wanted to provide a variety of healthy ways to stay fit. Thus, the running club became part of our yearly curriculum. This is the third year for our running club and students are as enthusiastic as ever to run!

The running club involves students in first grade through 8th grade. The expectations and goals are to encourage students to learn how to love running and to be able to run at least one mile by the end of the year. All elementary students begin with a three minute run and the middle school students begin with the four minute run. All students must run the entire time without

stopping. Students learn about pacing themselves, breathing techniques, how to take their pulse, and how to cool down.

Students are provided incentives as they complete each running goal. Kokomo club runners provide trophies for our students. This is the motivation and highlight that cultivates a successful program. In addition, students receive a silver chain to add shoe and foot tokens as well as the numbers 5, 10, & 15 upon completion of that specific run.

First and second grade students are challenged to complete a ten minute run. Third, fourth, and fifth grade are challenged to complete a 12 minute run. Middle School students are challenged to complete a 15 minute run. Students run daily in class but once a week they run for the designated minutes for that week. Students additionally sign the wall of fame in the gym. This consists of the gym being covered with paper and students signing each time they achieve their goal. This too is highly motivating for our students to see their name each week. Often they challenge themselves to sign their name every week.

The elementary student success rate is almost 90%. This equates to many happy feet and smiles when they receive their awards. This also prepares them for each year as we introduce our running pro-

gram. Our students look forward to participating in this running activity. We then encourage them to participate in the Coyote Kids Running program to continue their running career and achievements!

I often see parents out in our community and they share how excited their children are about our running program and how this has helped them in all their other sporting activities. In addition, this also gives them a feeling of success and achievement! Running is the catalyst for getting students ready for any physical activity they may encounter throughout their life. This is lifetime skill that they can continue with friends or by themselves.

My next goal is to create and organize a culminating activity. This would consist of a family fun run and 5K. I would enlist the help of my fellow club runners. My plan is to apply for the IND Run for Something Better grant. We would utilize the running club timers (we would pay of course), purchase prizes, tshirts, water, etc. This would be next year on a Saturday that we do not have a run scheduled. I will be talking to many of you to see if you are willing to help.

If you are interested in donating trophies, medals, or t-shirts, please contact Vicki Boles at vbo-les@kokomo.k12.in.us or 455-8085 ext. 331.

Page 2 The Roadrunner

From the President



"finding a potty stop can be a risky business"

The Indianapolis Mini is just around the corner and I am sure many CKRR members will be towing the start line. Before and after please sure to visit our tent, thanks to TA and Heather Weber, we really benefit from their kindness to the Club, thank them when you see them. I believe it is the best place for you to meet with your cheer leaders after the race. They can be relaxing while you make your way through the finishing chutes and exit corrals; that can take a while.

The Haynes race will soon be upon us, please let Rebekah know how you are willing to help. The success of the race depends on the hard work of volunteers. She needs your help so please contact her and offer your assistance.

The spring season is in full

bloom, I have my first case of poison ivy, finding a potty stop can be a risky business. Remember with the season change the line of sight for vehicular traffic changes. During the winter months the landscape is barren without leaves and brush. This often makes for a longer distance of sight and better vision of walkers and runners on the road. Now that the trees are greening and blooming and the grass is beginning to grow again be wise of those blind hills and corners. Always make eye contact with the drivers make sure they see you before you cross into their path and as they pass beside you. Be aware, be courteous, and be sure you slow down and share the road when you are behind the wheel.

I have not been racing much, seems like I have a presentation

to make or am a guest speaker some where every weekend there is a CKRR event. I hope you are taking the time to go to the races. It is a great way to meet new people and make new friends. I miss my friends and think of you often.

The location of our monthly club meetings has changed. I hope our new location at the Olive Garden works for everyone, they are certainly happy we are there. CKRR is your club; I appreciate hearing from you if you have any questions, suggestions or just want to chat. Please contact me. Be sure to check your newsletter for the agenda and minutes of each meeting.

Be careful out there -

Gina

May Birthday Wishes

5-1 Ben Bradshaw

5-3 Karly Sprouse

5-4 Russ Hovermale

5-5 Kayla Chilcutt

5-5 Matt King

5-5 Tyler King

5-6 Sam Tweed

5-7 Bryan Phillips

5-7 Matt Tetrault

5-10 Michael Campbell

5-10 Eric Mathew

5-11 Blythe Smith

5-12 William Irvin

5-13 Joni McCracken

5-13 Dana Neer

5-13 Mindy Tetrault

5-14 Kelly Carden

5-15 Byron Bundrent

5-17 Mike Deardorff

5-17 Jim Gross

5-17 Keith McAndrews

5-19 David Emry

5-19 Pat Robertson

5-20 Sarah Swinehart

5-20 Matt York

5-21 Kathryn Wall

5-22 Noreen Forgrave

5-22 Griffin Irvin

5-22 Kathleen Leach

5-23 Alexandria Parr

5-24 Cynthia Campbell

5-24 Joyce Pennycoff

5-25 Fred Chew

5-25 Jane Inman

5-28 Keith Bauson

5-29 Lien Koztecki

Mini Marathon Tent

Weber Speakers has once again sponsored a CKRR club tent. Please thank Heather and T.A when you see them. We look forward to seeing everyone after the Mini in the CKRR tent in Military Park. Our tent will be part of the Running Club Village located on the West side of Military Park (opposite side from the entry point for runners finishing the Race). The location of the tent will be close to last years location.

Feel free to leave gear bags, coolers and family there before the Mini. When you finish be sure to stop back to share your Mini experience with the other club members. One change from previous years is that Charlie usually brings some refreshments but this year he has decided to join everyone in the race. Please plan to bring your own this year and maybe a little extra to share with a friend.

On the Trails By Charlie Skoog



Charlie at Sam Costa 2010

New Huston/Davis Memorial Golf Outing and Fun Run! Wednesday, June 16, 2010 Run, Walk, Golf Raise \$40,000, What!!

Another fundraiser? You want me to try and raise how much?? As tennis great, John McEnroe used to exclaim to the line judges, "You can't be serious!!" but of course I am serious, so please let me explain why every member of Club Kokomo should participate in and/or support this event.

I am a member of the Club Kokomo family but I also belong to several other families including my church and the YMCA. As a lifetime Y member I know the impact the Y has had on my life and many others from all walks of life. Ďid you know ľast year our local Y provided over \$200,000 in waived membership and program fees? Did you know the Y hosts the Bridges Outreach, Bridges to College program and partners with Kokomo Rescue Mission, Bona Vista and CAM to provide services and hope to those that might otherwise be without hope? Did you know that the Y hosts a prayer meeting each Wed. at noon where nearly 170 men from all walks of life meet for bible study, fellowship and prayer for each other and our community?

These programs need to continue and grow. With your help they can! First I would like to invite you to a Parent's Night Out and Kickoff Dinner which will be held Friday evening, May 7, 6:00, PM at Camp Tycony. That IS the night before the Mini but we WILL be serving baked spaghetti and parents can drop the kids off at the Y at 5:30 PM. If you are able to attend, which I greatly encourage, please R.S.V.P to Brandi Cupp, (765) 457-4447, brandi.cupp@kokomoymca.org so we can plan for dinner and programming fand staff or the kids.

The event itself will take place on Wednesday, June 16, at Wildcat Creek Golf Course. Golfers register at noon with a shotgun start at 1:00 PM. The 5K run/walk registration will open at 4:45 PM and start at 5:00 PM followed by a celebration dinner at 6:00 PM. The beautiful 5K loop around the golf course will be family friendly with a mile loop for those not wanting or able to do a 5K and also some Coyote Kids trots and gallops for the toddlers.

We will be keeping track of times and golf scores but the event is really about helping the Y and that is what we will be celebrating. The real competition will be between individual fundraisers and teams of fundraisers which will include golf foursomes going against foursomes of runners and/or walkers. There is already a team of runners from Eastern High School committed to fundraise. I would like to see other schools get involved as well as professions, businesses, hospitals, and maybe even media teams. The goal we set for each fundraiser is lofty so we ask that each participant sign a commitment to give a best effort to reach that goal as well as help recruit other participants. That commitment will include a self sponsorship and agreement to send out 25+ sponsor letters or 20+ email letters and 15+ sponsor letters which we will provide. That takes care of your entry fee but you also agree to do follow-up phone calls to letter recipients and that is where your best effort comes in!

OK? Why did I start this article saying each of you should participate or sponsor someone in this event? You may already support 10 other good causes and we just got done with Race for the Cure and our ramping up for Relay for Life. I want to share that the YMCA board has agreed to partner in a special way with Club Kokomo by agreeing to tithe 10% of the net proceeds for this event to Club Kokomo. Why would they do this? I suspect it is because they realize that more and more Club Kokomo and it's members are providing resources, programs and events that build a healthy body, mind and spirit for all, just as the Y does.

Let me give an example that moved me to tears of joy the morning I composed this article. Last Wednesday Noon I was approached by Casey Cline at Huddle. Casey and Travis Taflinger co-founded the amazing Bridges Outreach program which mentors at -risk kids in our community. Casey told me of two seventh grade track runners who have a special talent for running but are running in dilapidated basketball shoes. I've witnessed this many times in my years of coaching middle school cross country and track and many of you have provided gently used shoes to pass on to some of these kids. I told Casey I would have Scott Riggle send out an email request for two pairs of 8.5 running

shoes thinking we could match the kids with some of your shoes.

When I turned the computer on this morning I was welcomed by three offers to buy these kids brand new running shoes! Sometimes blessings come from unexpected sources. Below is the email I sent to our clubs three "shoe angels." Please read it and seriously consider getting involved in the New Huston/Davis Memorial Golf Outing and Fun Run. We need individuals but also team ideas. For more information come to the Kickoff Dinner on May 7. If you can't make that please call or email me and I will be glad to answer any questions or meet with you in person.

Dear shoe angels. These two kids you graciously offered to help are just the tip of the iceberg but there is a clear vision developing where Club Kokomo can and will be partnering with Bridges and the YMCA to dramatically impact each of our missions.

For these two kids I have told Casey to buy the shoes and that Club Kokomo will cover it. I say that because I know they will. You guys can still help though and here's how.

The Kokomo YMCA has an event coming up on June 16 which will support all the Y programs which includes the Bridges to College ministry. The annual Huston/Davis Golf Outing on Wed., June 16 at Wildcat Creek golf course is now going to include a Fun Run/Walk. The goal is to raise \$40,000 for the Y and I am on a team that is recruiting runners, walkers and golfers to participate.

I wanted you all to know that the YMCA board had decided to tithe 10% of the proceeds to Club Kokomo. This will allow Club Kokomo to continue and better serve everyone in our community in promoting health and fitness, both physical and spiritual.

I know this personally from the impact Club Kokomo has had on my life in both of these areas! There is going to be a kickoff for this event on Friday, May 7 which is the day before the Mini. I will be writing more about it in the May CK newsletter which will be coming out early next week and we just sent out a snail mail invite to the Kick Off Dinner.

It's hard to ask people donate and even harder asking them to help you raise money when there are so many needs. I was wondering just exactly how I was going to write that request but God and one of his faithful servants, Casey Cline, just showed me a way.

Thanks guys for letting your lights shine and in doing so illuminating my path! Have a great day!

Page 4 The Roadrunner

The Ultimate Challenge



The Ultimate Race morning

I find myself wondering sometimes since this race is called the Ultimate Challenge if the 5-Mile running race is the "ultimate" challenge or is it the 10-Mile running race or 5-Mile walking race that is the "ultimate" challenge? It's quite apparent upon first thinking about it that not all three could be the Ultimate Challenge since the difficulty level has to be different for differing distances and types of competition. But then one has to ask whether or not the effort needed to complete any of them could tax one to the point of ultimate exhaustion and therefore rendering each of them ultimately challenging? You know, I just don't know, but I suspect that if you showed up to run or walk any of them that you left Logansport realizing that you'd put in some serious effort and that it ultimately gave you your own "ultimate" challenge. I know I remember going up and down more than a handful of times and was sucking wind at the top of every hill so I got my ultimate challenge checked off for another year!

We were blessed with almost perfect

running conditions during the event, depending I suppose on whether or not you were out there for more than about an hour and twenty minutes because at about 10:20 what seemed like gale force winds kicked in. Thankfully, Dana Neer, Jay Priest and I were just turning around after a cooldown and had a 30 mph tail wind to finish up with! Those that were still on the course had that same tail wind so I suspect there were some very fast last couple of miles for many folks. Before

long the rain kicked in as well, but by then most of us were in the warehouse enjoying lots of delicious homemade cookies and some other good for you stuff – fruit I think it's called. I'm positive we have Rhenda to thank for the cookies and I suspect she had some quality help so I'll throw a call-out to her peeps as well.

Many of us show up to races to apparently prove that we're still not all that fast, but there are those among us who show up to prove just the opposite as witnessed by the winners in each race and category. Matt Blume showed up with the intentions of running a sub 53 minute 10-Miler and left with the satisfaction of knowing that he'd accomplished his goal with an impressive 52:43 showing. For those of you who are mathmatically challenged that is a 5:16 per mile pace for THAT course! Club Kokomo's own Bryan Phillips and Scott Colford rounded out the top 3 with impressive times of their own - 55:53 and 57:19 respectively. Nicole Peel took the women's 10-Mile race with a strong 1:19:17.

By Brian Reinhardt

In the 5-Mile Run Waverly Neer was never challenged and took the overall and women's win with a steady and controlled 30:44. The men's winner was Kory Kennedy with a 31:19 and rounding out the top 3 was 13 year old Quinn Reinhardt with a 33:55.

The 5-Mile Walk included a very impressive performance by Vince Lorenz who clocked a 46:52 for that tough course. Again, to save you the trouble of doing your own math that is a 9:23 pace! There are days I have trouble running that fast! Mary Miller was the first woman and second overall with an also impressive 51:55 followed by Don Hurd in 57:59.

Thank you to the Tierney brothers for the use of their facility once again providing us the perfect location for one tough run along the river in beautiful Logansport.



Joe Yeagle

Other Races

The Run For Freedom 5K / 2 mile walk Sponsored by Beacon Credit Union Saturday, May 22, 2010 - 10:00 a.m. Matter Park, Marion, Indiana Packet pick-up and Race Day registration from 8:00 - 9:30 please visit www.runforfreedom5k.com and www.bowenscholarship.com for more information



Top— Pat Tweed & Brittiani Gillem

Right—Al Hochgesang



Welcome our newest Club Kokomo Members

Billy Cox
Ashlee Shoaff
Brayden Shoaff
Deegan Shoaff
Madelynn Shoaff
Stan Shoaff
Greg Wall
Jan Wall
Kathryn Wall
Jerry Warner
Anneliese Weitzel
Benjamin Weitzel
Patricia Weitzel
Virgil Weitzel



More Race for the Cure team members:



Coyote Kids 2009

Coyote Kids 2010

By Robin Tetrault

It is time to start gearing up for Coyote Kids 2010. It is hard to believe we are starting in just a few short weeks. Our first week is June $3^{\rm rd}$ through July $15^{\rm th}$ this year. We have built in an extra week again this year in case of a rain week. We will be doing awards on July $22^{\rm nd}$ at Morningstar Church's Connection building on Markland Blvd.

We are starting the 25/50 yard kids at 6:15 PM and the other races will begin at 6:30 PM. As always, WE NEED YOU to make 2010 another successful year. Our children are growing up and have plans this summer. They will be absent for all or most of Coyote Kids so we really need YOU to step up and commit to volunteer this year. Our oldest daughter, Michelle, is getting married May 12th and moving to North Carolina so we will need someone to step up and be the finish line coordinator. I will also need a team for registration. If you have helped in the past please email me of your interest so I can make my team complete again this year. We will need people to do the timing, pass out popsicles and ribbons, set up the course, team leaders for each age group, lead runners, and encouragers for the slower runners so no one is left behind. Please email Ray and I at rayrobin@email.com to tell us where you would like to fit in. We MUST get our plans in focus as June 3rd is just around the corner! Mark your calendars because you don't want to miss a single week of COYOTE KIDS!

Nike Indoor Track & Field Championships

Waverly's racing results:

At the Nike Indoor Track and Field Championships in Boston, Waverly ran a 17:42 5k, placing 6th which gave her All-American status (top 6 are All-Americans). In the mile, she accomplished her goal of running under 5:00. She ran a 4:59.99, which would be a 4:58.4 for the 1600 meters. We had a fantastic time together, and even got to miss an additional day of school because of a huge wind storm that settled in and delayed our flight for a full dayjust icing on the cake! By Dana Neer



Waverly and Dana at the start of this years Ultimate

Page 6 The Roadrunner



Some of the 2010 Race for Cure Team



And then they were gone. Ultimate 2010

L-R Brian Reinhardt, Dana Neer & Jay Priest

Race for the Cure 2010 By Adriene Riggle

It is never easy to wake up early, especially on a Saturday, but what better event to wake up with the chickens for than an event that raises money for breast cancer research. As I spent the morning walking around through the various tents, it became clear to me that this was not just an event to raise money for a worthy cause, but it was an opportunity for us to honor and memorialize those women and men who have been stricken with the disease.

CKRR should be very proud of the number of members that participated. I thought that we had a great turnout. We had 51 people on our team this year.

The following is the 2010 team: Rhenda Acton, Theresa Barlow, Lisa Birkhimer, Helen Brown, Milt Brown, Sylvia Burgin, Holly Collins, David Emry, Lisa Emry, Cyndy Eyno, Haley Frank, Lisa Frank, Paul Frank, Anita Frazier, Nikki Frazier, Michael Graham, David Hughes, Jerry Lambert, Jerry Leach, Kathleen Leach, Angie Lorenz, Toney Lorenz, Vince Lorenz, Cheryl Marner, Eric Mathew, Mary Miller, Geana Moore, Hannah Moore, Ron Moore, Amanda Pena, Katee Pena, Joyce Pennycoff, David Reinagle, Debbie Riffe, Scott Riggle, Patricia Robertson, Mark Shorter, Pat Shuey, Stan Shuey, Charlie Skoog, Rick Spencer, Jayne Stucker, Ricke Stucker, Patrick Tweed, Vicki Boles, Kylee Wall, Gary Willis, Joe Rangel, Anna Dollens, Kavita Kataria, & Adriene Riggle.

Thank you to the following team members, family or friends that made extra donations totaling \$615.00.

Aunt Sue and Uncle Steve, David Reinagle, Gary Willis, Karl Lang, LeAnn Atkinson, Lisa Ann Birkhimer, Charlie Skoog, David Alexander Hughes, Pat & Ellen Harvey, Sandra K. Mince, Stana Edwards, Stephanie Farquer and the Linkenhelt family.

One more thought before you go on to the next article. Did anyone see the tent where you could vote on your favorite t-shirt design? My favorite t-shirt was the one that said, "Stop The War In My Rack." Is that not clever? I hope it won. :)) Cheers, all!!

Sam Costa— An Early Gauge

The Sam Costa comes early in the year and is always a good gauge of where you are at in your training. Did your winter training go as you had planned? Whether you are doing the Quarter or the Half marathon many use this race as a training run for an upcoming race later in the season - a race that we have deemed to be the one, the one that we get that PR on.

The morning of the Costa I still had not decided how I wanted to run the race. The race I deemed the one (Geist) was still almost two months out. I got to the starting line without even warming up, unless you count the multiple trips back and forth to the car. I pretty much decided at the point to just go out at a

moderate pace not all out, but not coasting either.

There was a group of CKRR members that run around my pace (most faster than me) that were planning to run or at least start the race together, so I decided I would try to hang with them as long as possible. I do most of my training solo, not because I don't like to run with others, but simply because my schedule is different every week so I'm never sure when I'm going to run each day. The race starts, for us the half, and were off at 7:00 minute pace. A little quicker than I intended but it felt good. There was some talking at first, but that quieted down as everybody got in there zone. The next thing I knew we

By Scott Riggle

were at the ten mile mark just a 5k left. Wow those first ten had flown by. The group had stayed mostly intact through this point and what a difference that made for me. I never would have ran that pace without their support along the way. Only a few a minutes off my mini PR from last year.

Many of you run in groups already, but for those that don't I strongly encourage you to give it a try. It's one of the great benefits of belonging to a running club.

Congratulations to Scott Colford for getting the win after being so close so many times.

Is anybody else running Geist this year?





Top– Jennifer Sinka Bottom– Lisa Birkhimer

Race Results

Sam Costa **Quarter Marathon** March 27,2010

1 Zach Toothman 36:41:00 8 Helen Willman 45:20:00 42 Michael Graham 52:57:00 98 Ken Swinehart 58:08:00 123 David Emry 1:00:00 131 Darcie York 1:00:57 148 Vince Lorenz 1:02:03 157 Jerry Meiring 1:02:46 165 Anna Dollens 1:03:32 192 Vicki Boles 1:06:16 203 Theresa Barlow 1:06:54 224 Rhenda Acton 1:09:09 228 Adriene Riggle 1:10:00 229 Cara McKellar 1:10:02 230 Mary Miller 1:10:13 240 Robin Cole 1:11:57 247 Joyce Pennycoff 1:12:59 267 Jennifer Sinka 1:17:48 275 Jeannie Townsend 1:20:27 277 Amanda Pena 1:20:36 284 Emily Allen 1:21:18 285 Brian Allen 1:21:19 290 Jerry Lambert 1:22:50 294 Jim Gross 1:23:39 296 Raye Jean Swinehart 1:25:29 301 Jane Inman 1:26:44 321 Jayne Stucker 1:37:04 329 Toney Lorenz 1:43:04 330 Tim Taflinger 1:43:05 Total Finishers 341 For complete Results see http://www.samcosta.com/40/

Sam Costa **Half Marathon** March 27,2010

1 Scott Colford 1:15:25 12 Matt York 1:24:40 15 Chris James 1:25:04 17 Lucie Mays-Sulewski 1:25:24 30 Brian Reinhardt 1:29:49 36 Joe Kidd Rangel 1:31:27 46 Jay Priest 1:33:14 48 Scott Riggle 1:33:29 49 Dan Lutes 1:33:47 56 Heather Weber 1:34:45 74 Chris Frazier 1:36:36 78 Ron Moore 1:36:50 121 Al Hochgesang 1:42:20 132 Gary Willis 1:43:18 158 Charlie Skoog 1:46:15 210 T A Weber 1:51:48 224 Gregory Townsend 1:52:34 239 Mike Deardorff 1:54:09 253 Eric Mathew 1:55:27 255 Bill Barnett 1:55:40 260 Tami Moore 1:56:00 274 Brittiani Gillem 1:57:28

298 Roxane Burrous 1:59:16 310 Lisa Birkhimer 2:01:25 322 Donald Gifford 2:02:49 335 Patrick Tweed 2:04:40 359 Nikki Frazier 2:08:16 373 Michelle Boyd 2:11:02 399 Steve Wand 2:16:08 400 Ray Tetrault 2:16:48 407 Joe Yeagle 2:19:13 410 Robin Tetrault 2:20:11 **Total Finishers 447** For Complete Results see http://www.samcosta.com/40/

Jackie Sanders Miracle Mile Wednesday, March 31, 6:00 **Highland Park**

1. Gary Callahan 6:06 2. Tim Taflinger 6:19 3. Diana Jones 6:21

4. John Anderson 6:33 5. Justin Taflinger 6:38 6. David Reinagle 6:51

7. Earl Strong 7:15 8. Greg Townsend 7:18 9. Karlie Reinagle 7:41

10. Kailee Taflinger 7:42 11. Jerry Warner 7:47

12. Noah Cline 8:09 13. Aiden Frazier 8:09

14. Darrell Frazier 8:15 15. Anna Dollens 8:33

16. Cara McKellar 8:36 17. Amber Longwith 8:39

18. Megan Tetrault 8:43

19. Katie Pena 8:45 20. Robin Tetrault 9:04

21. Brayden York 9:11

22. Matt York 9:12 23. Vince Lorenz 9:17

24. Alex Anderson 9:20

25. Jennifer Sinka 9:21

26. N. J. Rangel 9:48 27. Joe Rangel 9:48

28. Joel Anthony 9:50

29. David Anthony 9:51

30. Mandy Oakes 9:59

31. Jorndan Ouseley 10:00 32. John Alberts 10:10

33. Nick Alberts 10:18

34. Jody Cline 10:18

35. Sophia Wyman 10:20

36. Samantha Cline 10:21 37. Paul Wyman 10:21

38. Bob Longwith 10:26

39. Hannah Moore 10:42

40. Ron Moore 10:43 41. Tim Miller 10:45

42. Anita Frazier 11:00

43. Jerry Lambert 11:02

44. Amanda Pena 11:09

45. J. P. Wyman 12:23 46. Shelly Wyman 12:24

47. Geena Moore 12:54 48. Sophie Frazier 13:53

49. Bailey Miller 14:08

50. Debbie Miller 14:11 51. Debbie Riffe 14:25

52. Cindy Sanders 15:40

53. Lillian York 16:03

54. Darcie York 16:04

55. Linda Munro 16:53 56. Ken Munro 16:54

57. Diana Brown 17:47

56. Cathie Tweed 18:50

11th annual Ultimate Race April 3, 2010 Logansport, IN 10 Mile Results

1 Matt Blume 52:43:00 2 Bryan Phillips 55:53:00 3 Scott Colford 57:19:00

4 Steve Shulze 1:00:52 5 Dana Neer 1:04:55

6 Brian Reinhardt 1:05:40 7 Curtis Wilson 1:07:54

8 James Norris 1:09:02 9 Mitchell Mattingly 1:09:21

10 Jay Priest 1:09:21

11 Joe Rangel 1:09:33 12 Jon Johnson 1:10:14

13 Chris Frazier 1:10:25 14 Chris Norris 1:11:06

15Mark Spitzer 1:12:54

16 Steve Hendricks 1:13:43 17 Andrew Achev 1:14:05

18 Jim McCarthy 1:16:55 19 Eric Seward 1:16:57

20 Al Hochgesang 1:17:25 21 Nicole Peel 1:19:17

1st Woman

22 Larry Emmons 1:19:55 23 Gary Willis 1:20:00

24 Charlie Skoog 1:20:47

25 Craig Blume 1:20:55 26 Mark Shorter 1:22:08

27 Jim Schlie 1:23:13 28 Allison Irvin 1:24:12

29 Greg Townsend 1:25:00 30 Michael Graham 1:25:48

31 Mary Pomasl 1:26:16

32 Jeff Saylor 1:26:17 33 Phil Rozzi 1:26:23

34 Connie Gamble 1:26:32

35 Tami Moore 1:26:41 36 Mike Schoenradt 1:26:43

37 Roxane Burrous 1:26:47

38 Joe Kinney 1:27:50

39 Hope Spitzer 1

40 Earl Strong 1:28:21

41 Mike Deardorff

42 David A. Hughes

43 Paul Sanders 1:30:20

44 Mick Eberle 1:30:29

45 Phil Leininger 1:31:20

46 Dana Culp 1:31:26

47 Michelle Larson 1:31:27

48 Larry Johnson 1:31:31

49 Nikki Frazier 1:33:24

50 Patrick Tweed 1:33:25

51 Lacey Vingy 1:33:38

52 Brittiani Gillem 1:34:20

53 Joe Yeagle 1:35:46

54 Michelle Boyd 1:36:19

55 Jerry Meiring 1:37:11

56 Kim Anderson 1:39:22

57 Joseph Meiring 1:39:38 58 Suzanne Wagner 1:40:12

59 Pam Steinberger 1:41:19

60 Lora Felker 1:41:49

61 John Norris 1:42:04 62 Ashlee Shoaff 1:44:20

63 Anna Dollens 1:45:25

64 Anita Frazier 2:02:08

5 Mile run

1 Waverly Neer 30:44:00

2 Kory Kennedy 31:19:00

3 Quinn Reinhardt 33:55:00 4 Sophie Seward 34:25:00

5 Minh Pham 34:36:00

6 Cody Robison 38:26:00

7 Kord Golliher 39:37:00 8 Brandon Filbey 40:13:00

9 Alex Filbey 40:39:00

10 Keith McAndrews 40:49:00

11 Ken Swinehart 41:59:00

12 Charlie Hastings 44:43:00 13 Mike Cox 45:03:00

14 Kavita Kataria 46:24:00

15 Jessica Kreighbaum 47:21 16 Hannah Seward 47:40:00

17 Robin Tetrault 49:07:00

18 Vicki Boles 49:29:00

19 Ricke Stucker 50:24:00 20 Jamie Seward 50:45:00

21 Erin Enright 50:59:00 22 Cara McKellar 51:18:00

23 Robin Cole 55:50:00

24 Jennifer Sinka 56:48:00 25 Emily Allen 56:55:00

26 Andrea Eckelbarger 59:25

27 Jeannie Townsend 59:27

28 Scott Filbev 1:00:58

29 Cathy Simms 1:01:48 30 Elena Tansy 1:01:50

31 Laura Heflin 1:04:48

5 Mile Walk

1 Vince Lorenz 46:52:00 2 Mary Miller 51:55:00

3 Don Hurd 57:59:00

The Roadrunner Page 8

Race Results Continued

- 4 Barbara Schlie 58:04:00
- 5 Rick Spencer 1:01:46
- 6 Jill Eberle 1:02:24
- 7 Toney Lorenz 1:02:30
- 8 Jane Inman 1:03:57
- 9 Rave Jean Swinehart
- 10 Tim Taflinger 1:05:26
- 11 Brian Allen 1:05:51
- 12 Steve Inman 1:07:53
- 13 Kathy Kreighbaum 1:08:14
- 14 Jim Burrous 1:10:13
- 15 Molly Robison 1:10:51
- 16 Janice Clemons 1:10:52
- 17 Jayne Stucker 1:12:44
- 18 Jean Heflin 1:14:16

1 Mile Fun Run Ultimate

- 1. Ethan Enright 9:30
- 2. Eli Seward 9:42
- 3. Erin Enright 10:34
- 4. Zoe Seward 11:08
- 5. Elena Tansy 11:22
- 6. Brooke Enright 11:40
- 7. Cathy Simms 11:41
- 8. Glenn Simms 14:50

Jackie Sanders Miracle Mile Wednesday, April 7, 6:00 **Highland Park**

- 1. Kevin Storm 5:25
- 2. Chris Frazier 5:29
- 3. James Longwith 6:29
- 4. Joe Rangel 6:36
- 5. Charlie Skoog 7:38
- 6. Nikki Frazier 7:53
- 7. Darrell Frazier 8:07
- 8. Keagan James 8:21
- 9. Samuel Parr 8:25
- 10. Maya James 8:33
- 11. Amber Longwith 8:48
- 12. Vince Lorenz 9:08
- 13. Joe Yeagle 9:45
- 14. Mary Miller 10:04
- 15. Bob Longwith 10:37
- 16. Aiden Frazier 10:37
- 17. Nick Alberts 10:42
- 18. Anita Frazier 10:42
- 19. John Alberts 10:56
- 20. Gregg Alberts 11:09
- 21. Jerry Lambert 11:14
- 22. Erica James 11:16
- 23. Sophie Frazier 13:03
- 24. Adriene Riggle 13:21
- 25. Emily Riggle 13:22
- 26. Cindy Sanders 15:40

Jackie Sanders Miracle Mile Wednesday, April 14 **Highland Park**

1. Luke Kimmel 5:52

- 2. Scott Riggle 5:54
- 3. Jordan Ousley 6:24
- 4. Justin Taflinger 6:27
- 5. Britiani Gillem 6:44
- 6. David Reinagle 6:46
- 7. Earl Strong 6:47
- 8. Charlie Skoog 6:52 9. Keagan James 7:37
- 10. Tahnee Azure 7:48
- 11. Kailee Taflinger 7:56
- 12. Bravden York 8:28
- 13. Matt York 8:29
- 14. Joe Yeagle 8:47
- 15. Maya James 8:48
- 16. Mathew Harrison 8:50
- 17. Chris James 8:53
- 18. Cameron Poe 8:56
- 19. Nick Alberts 9:39
- 20. Jennifer Sinka 9:40
- 21. Mary Miller 9:52
- 22. Bob Longwith 10:07
- 23. Kasmira Frazier 10:14
- 24. Tim Miller 10:20
- 25. Paula McDorman 10:25
- 26. Vince Lorenz 10:32
- 27. John Alberts 10:59
- 28. Gregg Alberts 11:01
- 29. Erica James 11:09
- 30. Kathy Wert 11:10
- 31. Tricia Harrison 11:10
- 32. Bruce Savage 11:27
- 33. Sharon Whelan 11:33 34. Jerry Lambert 11:41
- 35. Jim Gross 11:51
- 36. Debbie Miller 13:11
- 37. Mike Sadler 13:55
- 38. Cindy Sanders 14:26
- 39. SarahTweed 14:37 40. Brooke Gillem 14:37
- 41. Isaac Scott 15:13
- 42. Grace Bagwell 15:27
- 43. Jan Wall 15:28
- 44. Emily Riggle 15:29
- 45. Adriene Riggle 15:29
- 46. Kathy Bagwell 15:29
- 47. Carol Savage 15:30
- 48. Linda Munro 17:12
- 49. Ken Munro 17:13
- 50. Shane Poe 17:34

Jackie Sanders Miracle Mile Wednesday, April 21 **Highland Park**

- 1. Kory Kennedy 5:13
- 2. Joe Rangel 6:16
- 3. Todd Marschand 6:30
- 4. Britiani Gillem 6:44 5. Jeff Johnson 6:59
- 6. David Reinagle 7:08

- 7. Tahnee Azure 7:09
- 8. Charlie Skoog 7:17
- 9. Mike Schoenradt 7:22
- 10. Steve Wand 7:28
- 11. Lisa Frank 7:36
- 12. Greg Townsend 7:37
- 13. Jerry Warner 7:39
- 14. Megan Tetrault 7:54
- 15. Vern Graves 8:09
- 16. Cara McKellar 8:19
- 17. Cameron Poe 8:34
- 18. Brayden York 8:37
- 19. Joe Yeagle 8:38
- 20. Vince Lorenz 9:07
- 21. Shane Poe 9:16
- 22. Tim Miller 9:18 23. Rick Crow 9:22
- 24. Nick Alberts 9:22
- 25. Amy Baron 9:25
- 26. Jennifer Sinka 9:43
- 27. Monica Sanders 9:53
- 28. Mandy Oakes 9
- 29. Jordan Ousley 9:54
- 30. Bob Longwith 9:56
- 31. Paula McDorman 10:18
- 32. Joel Anthony 10:29
- 33. Dave Anthony 10:29
- 34. Jeannie Clark 10:35
- 35. Jerry Lambert 10:33 36. Sharon Whelan 10:44
- 37. Bruce Savage 10:57
- 38. John Roberts 11:59
- 39. Debbie Miller 12:46
- 40. S. Tweed 13:07 41. Carol Savage 14:05
- 42. Cindy Sanders 14:10
- 43. Ryan Whelan 14:53
- 44. Shelly Roberts 15:34
- 45. Lemon Townsend 16:32
- 46. Pam Roe 16:31
- 47. Walter Logan 16:33
- 48. Lillian York 16:38 49. Darcie York 16:38

Jackie Sanders Miracle Mile Wednesday, April 28 Highland Park

- 1. Cody Young 5:30
- 2. Luke Kimmel 5:32
- 3. Joe Rangel 6:04
- 4. Tim Taflinger 6:07
- 5. Todd Marschand 6:14 6. Justin Taflinger 6:22
- 7. David Reinagle 6:39
- 8. Bill Barnett 6:56 9. Dan Lutes 6:57
- 10. Charlie Skoog 6:57
- 11. Jaden Pratt 7:37

- 12. Aiden Frazier 7:39
- 13. Karlie Reinagle 7:39
- 14. Kailee Taflinger 7:40
- 15. Chris Frazier 7:40
- 16. Vern Graves 7:46
- 17. Cameron Poe 8:31
- 18. Kathy Murdoch 8:47
- 19. Maya James 8:54
- 20. Amber Longwith 8:57
- 21. Vince Lorenz 8:59
- 22. Chris James 9:00
- 23. Adriene Riggle 9:12
- 24. Jennifer Sinka 9:13
- 25. Amy Baron 9:16 26. Mary Miller 9:44
- 27. Paula McDorman 9:50
- 28. Bob Longwith 10:14
- 29. Jerry Lambert 10:18 30. Bruce Savage 10:50
- 31. Sharon Whelan 11:09
- 32. Joel Anthony 11:14
- 33. Dave Anthony 11:15 34. Carol Savage 13:58
- 35. Tim Taflinger Sr. 14:02
- 36. Shirley Hamilton 14:25
- 37. Cindy Sanders 14:29 38. Cathy Longwith 15:15



There is a new store in Lafayette that has offered to give CKRR members a 10% discount.

Helping You Go the Distance Phone: 765-588-6477

TRI-N-RUN

Their website is: www.Tri-N-RunLafayette.com

Email: email-info@tri-n-runlafayette.com

Address:

Mar Jean Village

13 N. Earl Ave Lafayette, IN 47904

Travis and Tami Butts are the owners.

2010 Points Standings

Races scored include the JN Amboy, Old Ben, Sam Costa, Ultimate, Race for Cure and any one marathon, half-marathon or volunteer. Legend C=Race for Cure, R=Relay for Life, V=Volunteer, M=marathon, H=Half Marathon

Runners Women 0-12

Alexandria Parr 2-40 Hannah Moore 1-10C

13-19

Emily Allen 4-57 Brittiani Gillem 3-50C Maya Brooks 2-27 Bethany Neeley 1-20 Brittany Neeley 1-20 Waverly Neer 1-20 Kayla Reinagle 1-20 Lacy Hunt 1-10

20-24

Sarah Bauson 1-20

25-29

Melissa Goad 1-20 Jillian Weaver 1-20

30-34

Adriene Riggle 4-52C Darcie York 2-35 Monica Brooks 2-32 Michelle Clendenning 1-20 Allison Irvin 1-20 Karen Bush 1-15 Ashlee Shoaff 1-15 Brianne Boruff 1-10 Geana Moore 1-10C

35-39

Heather Weber 4-80M Nikki Frazier 5-75C Jennifer Sinka 3-52 Michelle Boyd 3-44 Nicole Peel 1-20 Amy Henderson 1-10

40-44

Tami Moore 3-60 Shelly Wyman 2-35 Lisa Birkhimer 2-30C Kavita Kataria 2-30C Michelle Larson 1-15 Kim Anderson 1-12 Carol Savage 1-12

45-49

Cara McKellar 3-60 Roxane Burrous 2-40 Laura Cook 1-20 Patti Reinhardt 1-20M

50-54

Anna Dollens 4-70C

Cassie Bauson 1-20 Laurie Ousley 1-15

55-59

Robin Tetrault 5-100M Rhenda Acton 4-65CV Vicki Boles 4-60C Robin Cole 4-56 Theresa Barlow 2-30C Anita Frazier 2-30C Joyce Pennycoff 2-30C Lorene Sandifur 1-20M

60-64

Jeanie Townsend 3-60

65-69

Sylvia Burgin 2-25C Susan Gerhart 1-20 Kathleen Leach 1-10C

70+

Pat Shuey 1-10C

Men

0-12

Aidan Frazier 2-27 Keagan James 1-20 Justin Taflinger 1-20 Bowe Brooks 1-15 Brody Brooks 1-10

13-19

Waylon Coulter 1-20 Quinn Reinhardt 1-20 Cody Young 1-20 Elliot Touloukian 1-15

20-24

Kory Kennedy 2-40 Jordan Ousley 1-15

30-34

Matt York 4-80M Kyle Pitt 1-15

35-39

T.A. Weber 4-70M Chris Frazier 3-60 Chris James 3-60M Derick Brooks 2-24 William Irvin 1-20V David Reinagle 2-20C Samuel Parr 2-18 Rich Boruff 1-9 Vern Graves 1-7

40-44

Jay Priest 4-80M

Gary Willis 5-70C Scott Riggle 4-65C Michael Graham 5-63C Patrick Tweed 5-56C Ron Moore 3-42C David Emry 3-38C Paul Wyman 1-10

45-49

Ken Swinehart 4-80 Brian Reinhardt 3-55M Dan Lutes 2-40M Dana Neer 1-20 Scott Deyoe 1-15 Kim Lee 1-15

50-54

Al Hochgesang 4-80 Eric Mathew 4-60C Ray Tetrault 4-60M Jerry Meiring 4-48 Greg Townsend 3-44 Keith McAndrews 1-20 Jim Schlie 1-15 Phil Rozzi 1-10 Bill Bauson 1-9 Russ Hovermale 1-9 Earl Strong 1-9

55-59

Charlie Skoog 5-77C Mark Shorter 4-60C Mike Deardorff 4-54 Joe Yeagle 3-40 Don Gifford 1-20 John Sites 1-20 Steve Wand 1-20

60-64

Joe Rangel 5-90C Tom Miklik 4-61H David Hughes 4-52C Ricke Stucker 4-48C Phil Leininger 2-22 Gary Callahan 1-15

65-69

Bill Barnett 3-60 Stan Shuey 3-32C Doug Mankell 2-27 Jerry Leach 1-10C

70+

Bill Heck 1-20 John Norris 1-20 Dick Summerton 1-15 Walkers Women 49 and under

Raye Jean Swinehart 4-80 Monica Mathew 2-24 Kelly Carden 1-15 Amy Irick 1-15 Sophie Frazier 1-10

50+

Mary Miller 5-90C Amanda Pena 5-80CV Jayne Stucker 5-60C Jane Inman 4-56 Diana Brown 3-31V Angela Lorenz 3-27C Debbie Riffe 3-25C Cynthia Sanders 2-15 Barbara Schlie 1-15 Helen Brown 1-10C Pat Robertson 1-10C Trudy Pierce 1-7

MEN 49 and under

Vincente Lorenz 5-90C Brian Allen 4-65

50+

Jerry Lambert 4-65C Tim Taflinger 5-57C Jim Gross 3-52H Toney Lorenz 4-52C Robin Hehr 3-45V Don Hurd 2-40 Rick Spencer 3-37C Steve Inman 2-18 Milt Brown 1-10C Jim Burrous 1-8 Robin Michael 1-8



Page 10 The Roadrunner



TA & Heather Weber, Chris James and Matt York can check Boston off their list!

Other Race Results

Southern Indiana Classic Half Marathon Evansville, Indiana April 11, 2010

1: Roger Busch 1:12:25 1W: Courtney Heller 1:30:18 479: Tom Miklik 2:12:47 Total Finishers: 976 114th Boston Marathon April 19, 2010

1:R. Kiprono Cheruiyot 2:05:52 1W: Teyba Erkesso 2:26:11 2077 Matt York 3:06:26 2708 Chris James 3:10:20 3773 Jay Priest 3:16:01 5050 Dan Lutes 3:22:12 7308 Heather Weber 3:30:42 19818 TA Weber 4:33:07 21599 Lorene Sandifur 5:03:45 Total Finishers: 22,629

April Meeting Minutes

Club Kokomo Meeting Minutes From April 12th, 2010

Attendance:

Stan Shuey, Anna Dollens, Vicki Boles, Robin Tetrault, Mark Shorter, Charlie Skoog, Diana Brown, Robin Cole, Nikki Frazier, Joyce Pennycoff, Scott Riggle and Milt Brown

Financial Report:

General Fund: \$3461.71 Coyote Kids: \$11395.65 Cowan Fund: \$2532.51

Goodfellows will be donating the same amount as last year, \$3500.

Race Director Reports:

Relay for Life sign up is at the Miracle Mile each week and usually each club event.

Haynes:

April 21st is hearing with traffic commission.

Symphony:

Rebekah has received the \$200 donation from the Symphony.

Coyote Kids:

Barn & clock more expensive than previously thought.

Vicki Boles motioned to purchase a 12' x 16' storage barn and a clock with 6" numbers with the cost to be split between the General Fund and Coyote Kids Fund. Estimated cost of Barn is \$3450 and the estimated cost of the clock is \$2500. Robin seconded and vote was unanimous. Motion passed.

Charlie motioned to repay the Tetraults \$100 for gas used to take the trailer to Fort Wayne and back for repair. Vick seconded. Vote was unanimous. Motion passed.

New Business:

YMCA is having a fund raiser (golf & 5k run). Kick off is May 7th at Camp Tycony.

May Agenda

CLUB KOKOMO ROADRUNNERS AGENDA May 10th, 2010 5:30 social hour - 6:30pm meeting start

Welcome

Minutes

Financial Report

Race Director Reports:

LOCATION - Olive Garden

Upcoming

Haynes needs and discussion Relay for Life

Old Business:

Shed has been purchased Committee reports?

New Business:

DATE OF NEXT MEETINGS -

June 14th – Sheets will not be present July 12th

August 9th

September 13^{th} – nomination of officers, Committee recommendations

October 11^{th} – committee recommendations, ballot to be approved

November 8th

December 13th - Induction of 2011/2012 officers.

2010 Race Calendar

May 15

Norris Insurance 4 Mile Run/ 3 Mile Walk

Time: 8 AM

Location: Jackson Morrow Park, Kokomo, IN

Contact: John Norris

Phone: (765) 395-7761 or (765) 395-7730

May 29

14th Kokomo Symphony Composer Classic 5K

Run/Walk Time: 9 AM

Location: Rogers Pavillion, Highland Park,

Contact: Mary Rowe Phone: (765) 480-0818 Email: maryrowe2@aol.com

June 03

Coyote Kids First Day

Location: Jackson Morrow Park

June 05

3rd Trojan Trot 5K/ Walk

Time: 8 AM

Location: Sharpsville, IN Contact: Lisa Jones Phone: (765) 480-2621

June 12

Norris Insurance 5 Mile Run/ 5K Walk

Time: 8 AM

Location: Greentown, IN **Contact:** John Norris,

Phone: (765) 395-7761 or (765) 395-7730

June 18-19 Relay for Life

Location: Walter Cross Field, Kokomo High

School,

July 03

Haynes-Apperson 4 Mile Run/ 3 Mile Walk

Time: 8 AM

Location: Memorial Gymnasium, Kokomo, IN

Contact: Rebekah Monroe Phone: (765) 461-8387

Email: rebekah.a.monroe@gmail.com

Haynes-Apperson Day Kids Track Meet

Time: 9:00 AM

Location: Kautz Field, Central Middle School

July 10

Race for Grace, 5K Run -

No Walk Event (10pts to each walker)

Time: 8 AM

Location: Calvary Presbyterian Church, 7th & Spencer Streets, Logansport, IN

Phone: (574) 753-0505

July 17

Panther Prowl 5K Mile Run/Walk -

Time: 8 AM

Location: Western High School, Russiaville, IN

Contact: David Britton Phone: (765) 883-7360

August 07

Norris Insurance 5K Run/ Walk

Time: 8 AM

Location: Converse, IN **Contact:** John Norris,

Phone: (765) 395-7761 or (765) 395-7730

August 14

CKRR Age-Graded 4 Mile Run & 5K Walk

Time: 8 AM

Location: Highland Park, Kokomo, IN **Contact:** Mark Shorter, 2936 Congress Drive,

Kokomo, IN 46902 **Phone:** (765) 455-2283

Email: mshorter13@comcast.net

August 21

CAM Run for Shelter 5K Run and Walk

Time: 8 AM

Location: Oakbrook Valley, Russiaville, IN **Contact:** Oakbrook Community Church

Phone: (765) 252-7030

September 18

3rd Annual Ladies Night Out 5K Time: Expo & Packet Pick up 1-4:30

Race at 5:00 p.m. **Location:** Kokomo, IN **Contact:** Rebekah Monroe

Email: rebekah.a.monroe@gmail.com

September 25 Bee Bumble 5K & 10K Time: 8:00 a.m.

Location: Burnettsville, IN

Website: http://www.beebumble5k.org/

October 02

Cole Porter 15K Run/ 5K Run/Walk

Time: 9:00 AM

Location: Circus Building, Peru, IN

October 17

Club Kokomo 8K /3 Mile Walk

Time: 2 PM

Location: Nickel Plate Trail, Peru, IN

November 07

Run The Mounds 5 Mile Run/ Walk

Time: 2 PM

Location: Mounds State Park, Anderson, IN

Website: http://

www.andersonroadrunners.org/

November 13

CKRR Charity 5K Run/ Walk

Time: 9 AM

Location: UAW 292 Union Hall, Alto & Park

Contact: Charlie Skoog Phone: (765) 457-2607 Email: runckrr@aol.com

November 25

Club Kokomo Cares 5K Run/ Walk 20 points

For Each Finisher
Time: 8 AM

Location: Highland Park, Kokomo, IN

Contact: Ray Tetrault Phone: (765) 854-1393

December 31

CKRR New Year's Eve 5K Run/ Walk

Time: 2 PM

Location: UAW Local 292, Alto Road & Park

Road, Kokomo, IN

Contact: Joni McCracken

Phone: (765) 210-2281

Email: joni.renee@att.net

Contributors to this months newsletter

Vicki Boles

Gina Sheets

Charlie Skoog

Brian Reinhardt

Robin Tetrault

Dana Neer

Adriene Riggle

Gary Jewel for all the Sam Costa pictures.

Sara Tweed for all the pictures from the Ultimate

Erika James for Boston photo via facebook

Thank you all!



Club Kokomo Roadrunners

2936 Congress Drive Kokomo, Indiana 46902

Inside this issue:

From the President	2
May Brithdays	2
On the Trails	3
The Ultimate Other Races	4
Coyote Kids Nike Indoor Champion-	5
Race for Cure Sam Costa	6
Race Results	7 & 8
Points Standings	9
Other Race Results Meeting Minutes/Agenda	10