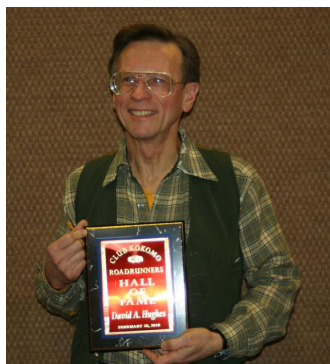




## The Roadrunner



### NEW HALL OF FAME MEMBER



At the Awards meeting on February 28, 2010, David Hughes was elected to the Club Kokomo Hall of Fame. Being elected to the Hall of Fame is the highest

honor that Club Kokomo can bestow upon a member. David is a state and nationally renowned ultra marathoner. He is ranked in fifth place in the United States in the number of completed 100 milers with 56, compiled by realendurance.com. In 2006 he did thirteen 100 milers including four doubles. (run a week apart) He ran his first 100 miler in 1993 and is still running them now. Also, he has an impressive record of marathons and 50 milers and other ultra marathons. In 1992-1995 he ran 42 mara-

thons including finishing three marathons in three days in 1993. That year he ran a total of 19 marathons. In 1994 he completed eleven 50 milers. Three times in 1994-1995 he completed a 50 miler on Saturday followed by a marathon on Sunday. He has had 78 ultras less than 100 miles. (50K, 50 miles, 6 hr., 8 hr., 24 hr. runs) From 1988-2009 he completed 208 races under the marathon distance.

The eleven members of the Hall of Fame function as the Hall of Fame committee.

### 2009 Award Winners

#### Youth of the Year

Aidan Frazier  
Emily Allen

#### Master Runners of the Year

Michael Graham  
Anna Dollens

#### Senior Master Runner of the Year

Joe Rangel

#### Runners of the Year

Matt York  
Nicole Peel

#### Walkers of the Year

Rick Spencer  
Mary Miller

#### Contributors of the Year

Anne & John Wiles

#### Rookie Runners of the Year

Gary Willis  
Nikki Frazier

#### Rookie Walker of the Year

Vince Lorenz

#### Most Improved

Scott Riggle  
Barb Millsbaugh

#### Outstanding Volunteer

Joni McCracken

#### Most Outstanding Performance

Gina Sheets (24 hour race)

#### 20 Year Member

Dave White

#### Hall of Fame Inductee

David Hughes

This years banquet was a great event held at First Church of the Nazarene with an attendance of approximately 100. There was plenty of Chili (14 pots) and other food for all. Thank you to all the people that brought chili, sides and deserts.

To be qualified for year end awards you must meet the requirements for the number of events in the year, five or more for youth 0-19 and 10 or more for 20 and up. This includes volun-

(Continued on page 4)

### Upcoming Races

**Every Wednesday  
6:00pm**

**Jackie Sanders  
Miracle Mile  
Highland Park  
Walk/Bike Path**

**March 06**

**Norris Insurance  
5K Run/ Walk  
Time: 9 AM**

**Location:** Community Building, Amboy, IN  
**Contact:** John Norris,

**March 13**

**Old Ben 5K Run/  
Walk**

**Time: 9 AM**

**Location:** Rogers Pavilion, Highland Park

**March 27**

**Sam Costa 1/4 & 1/2  
Marathon**

**Time: 9 AM**

**April 03**

**CKRR Ultimate 10  
Mile Run & 5 Mile  
Run/ Walk**

**Time: 9 AM**

### Inside this issue:

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## From the President



*Dave thinks he knows the winner*



*Treats for all*

Where do I even begin this article? Since I last typed and you last perused your newsletter so much has happened in our lives. I hope that your experiences even the most challenging have been rewarding, or if still in the midst, you find the silver lining.

As I am sure Charlie will report the trip he, Dan, Trav and I made to Vietnam was awesome. For me it was a redirection, a realignment and a homecoming to my faith and walk with Christ. I went rather deflated and lost but returned restored and renewed. That is what having a relationship with Christ does even in our darkness times, HE is there waiting for us to just open our minds, our hearts, our thoughts – all of us to HIM. I saw GOD in action, situations were resolved, and doors opened that only HE could open for us. It was amazing. If you want more information, our blog on our farm website has a couple of posts with more to come.

Speaking of amazing, 14 pots of chili made their way to our Awards Banquet, aka CKRR Great Chili cook off. We certainly are a walking running club that knows how to eat! We feasted on great bowls of chili and plenty of sweets – now that is a party. We gathered to recognize our Club's finest 2009 performances in the lovely setting in the fellowship hall of the First Church of the Nazarene. Thanks and kudos' to our award recipients, many of their pictures are included in this newsletter.

Thanks to those of you who agreed to serve on the committee to review the constitution/by-laws and the long term planning committee. I am sure you will be hearing from someone on that committee in this newsletter in the future.

I know this newsletter will be full so I will be brief. Check out your newsletter as the running season is upon us and the races have begun.

On another note:

Travis is training for the Muncie triathlon this July. While Tom has generously loaned him a bike to use, he is looking for a bike to call his own. We do not have the funds to purchase a bike outright but we do have Food, yes food to trade. If someone is looking to fill their freezer with premium pasture raised natural beef (no hormones or steroids given) we have that. We also could do a combination of ground beef, beef patties, some steaks and eggs, or we could add fresh produce and pasture poultry to the mix if some one was willing to wait for the summer season for the rest of the trade. We are flexible and we are looking for a flexible person who is looking for a healthy and fresh food source. If interested call Trav at 765-490-9277 or email him at [wmbtrav@yahoo.com](mailto:wmbtrav@yahoo.com)

Be careful out there –

Gina

## A Different Kind of Race

Being a runner, I love the Bible verses that allude to running. My absolute favorite is Hebrews 11:1 - 12:3. In Hebrews 12:1 we read, "Let us run the race set before us, keeping our eyes on Jesus."

After much time, deliberation and prayer, Bill and I have concluded that God is calling us to move to Zambia to be a part of a mission we visited there in 2006. The place is Kafakumba Training Center (<http://sites.google.com/site/bcbauson/>) and the main emphasis is the training facility where they hold pastor's school for 3 months each year. Pastors from all over this region of Africa come and after 8 years in the program, they are ordained in

the Methodist Church. The center is also available for other retreats and conferences.

In addition to ministering to the people's souls, Kafakumba has also started some economic development projects. In an area where crime was rampant and unemployment around 90%, Kafakumba employs over 1000 people, bringing hope where life seemed hopeless.

We are planning to make our big move in September. Bill is expecting to use his managerial and technical skills in the woodshop there. I, Cassie, will likely become involved in the women's ministries along with home schooling our son

Keith, who will make the move with us.

We will miss all of you and being a part of the running community. I don't think they have races in this part of Zambia. We would ask for your prayers, and if anyone would like to receive our prayer letters, support us, or have us speak at your church or small group, please contact us at [bcbauson@aol.com](mailto:bcbauson@aol.com) or 459-8716.



*Laura, Cassie & Bill*

## Volunteers needed for CKRR Ultimate Race on April 3

Volunteers are still needed for this event. Please contact Rhenda Acton at [runtrtle@hughes.net](mailto:runtrtle@hughes.net)

This event counts for your club volunteer points.

No need to wait, contact Rhenda today.





## Jackie Sanders Miracle Mile — By Charlie Skoog

Club Kokomo's popular weekly Fun Mile will resume in Highland Park on Wednesday, March 3 with a new name and starting time of 6:00 PM. In honor and memory of our good friend and inspiration who graduated to heaven on December 23, the Fun Mile will forever be known as the Jackie Sanders Miracle Mile. For those of you new to the club the Miracle Mile is a timed event for runners and walkers of all abilities. Participants meet and register at the concession stand shelter and the times will be reported in the Kokomo Tribune the next day. We will have information and forms for all upcoming local club races including Old Ben, Sam Costa and the Ultimate Challenge. Please invite and bring family and friends to

the Miracle Mile!

Highland Park is a relatively safe haven for area runners and walkers to do their thing and was the destination point of my first run in Kokomo on August 28, 1995. Thinking back my runs and visits to the park now number in the thousands and on those visits I was blessed to meet many of you, most often on Wednesday evenings. For that reason Gina and I would like to invite all to join us for the camaraderie of a group run or walk. We hope to see groups starting on the half hour beginning at 5:00, 5:30 and of course 6:00 PM for the Miracle Mile. I will have maps that trace both the Old Ben 5K course and Ray and Robin's, Club Kokomo Cares Thanksgiving 5K courses. The routes

will be painted with arrows at each turn and mile marks so you don't get lost along the way and also check your pace.

Beginning on Wednesday, April 7, Breakaway Bicycle Club will be hosting a group ride that will depart from the concession stand shelter at 5:30 PM and ride a painted route of up to 32 miles. In recent years there has been an explosion of local interest and participation in the triathlon from sprint tri's up to Ironmen. Our hope is that Wednesday nights will become a convenient and favorite time for beginners and veterans to practice and perfect two of the tri disciplines, remembering that swimming in Kokomo Creek is not recommended or allowed!



**Breeze Gunter, Runner, 0-12, 1<sup>st</sup> place**

## Folly Beach, South Carolina — By Stan Shuey

I'm back from a quick weekend at Folly Beach, SC, having run the 5K on Feb 6 with the Daring Divas and Dashing Dudes from Anderson, SC. This is the group that requested donations to the Anderson Cancer Association. My son, Scott, was not forgotten by all who participated. Our shirts all had "Scott Strong" emblazoned on the front and those cancer-affected names on the back who we remembered as we ran. There were about 40 of us from the Anderson area participating in one of the 2 distances. One of Scott's friends won the 1/2 marathon, and 4 of the top 12 were from Anderson! Another amazing-to-me fact is that the top 3 finishers in the 5-17F age group were all from Anderson in identical 1:59:27 times, having run 13.1 miles together!

Us older and not-so-serious runners/walkers entered the 5K. Scott's older daughter, Lauren, won her 13-17 age group, close behind my win in the 65-69.

1/2 marathon:

- |  |                        |
|--|------------------------|
| 1. Ryan Robinson (37)                  | 1:18:13 Anderson, SC   |
| 8. Anne Clinton (27) 1 <sup>st</sup> F | 1:27:21 Charleston, SC |
| 401 total                              |                        |

5K:

- |   |                      |
|---|----------------------|
| 1. Chris Hicks (44)                       | 17:21 Florence, SC   |
| 3. Anne Cipolla (35) 1 <sup>st</sup> F    | 19:21 Charleston, SC |
| 96. Stan Shuey (69) 1 <sup>st</sup> 65-69 | 27:37 Kokomo, IN     |
| 161. Lauren Shuey (15) 1 <sup>st</sup> F  | 31-37                |
| 386 total finishers                       |                      |

This is always a fun race, being fairly small on a flat, fast course, with plenty of on-lookers cheering you on. In the evening, we all gathered for a southern shrimp, sausage, and potato boil. As shown in the accompanying picture, about half of us stayed in one large condo.



**Stan Shuey and part of the group that participated at Folly Beach**

## New Members

Melissa Goad  
Cinnamon Andrews  
Donald Andrews  
Donna Andrews



**Vincente Lorenz — 1st place Walker 49 and under and Rookie Walker of the Year**

*(Continued from page 1)*

teering, a half marathon, and any one marathon. There are three events this month to start you on your way. We hope to see you there.

Thank you to Nicole Peel for setting up the use of the First Church of the Nazarene. It is a great facility with plenty of room.

## On the Trails — By Charlie Skoog

Many of you share my love of trails and greenways as safe and peaceful havens for running, hiking, biking and experiencing nature. I would like to thank all of you who have supported and volunteered for our trail efforts both locally and around the state. Recently the Nickel Plate Trail was awarded \$4 million dollars in Federal Stimulus Funding and contracts have been signed which will pave and complete in 2010, an additional 20 miles of trail from Lover's Lane on the north side of Peru to Lake Manitou on the southeast side of Rochester. Please read the following article that will appear in the next Wildcat Guardian newsletter which can be read at [www.wildcatguardians.org](http://www.wildcatguardians.org). Our work in Indiana is really only just beginning. Below I describe a visible way you can provide much needed financial support to our advocacy efforts and projects. Thanks to all that have already made a commitment and signed the petition!

### *I Support Trails!*

Most of you know my love for trails and greenways ex-

tends far beyond our Wildcat Creek River trail. As a board member of the state wide Greenways Foundation I am asking you to support our efforts to promote the growth, enhancement and use of Indiana greenways. If you visit [www.greenwaysfoundation.org](http://www.greenwaysfoundation.org) you will see the beautiful I SUPPORT TRAILS! license plate we hope the Indiana BMV will approve for 2011 vehicle registrations. For that to happen we need the signatures of at least 500 folks like you, pledging to buy the plate for \$40. Of that amount \$25 for each plate will go to the Foundation helping fund our projects and advocacy. **We need these signatures by March 22.** Please make a decision today to take action! You can download, sign and mail your own petition or contact me in person, [runckrr@aol.com](mailto:runckrr@aol.com) or (765) 457-2607 for assistance.

The Greenways Foundation has provided a great deal of support to local transportation planners as well as the Nickel Plate Trail. We are working diligently to connect the NPT's current southern

terminus in Cassville to downtown Kokomo where it will link with the Wildcat Walk of Excellence and the newly established Riverfront Entertainment District. Recent progress includes an INDOT commitment to build a grade separated crossing of the trail when the new US31 Corridor is constructed.

Going north from Cassville the NPT linear park and greenway crosses five beautiful river systems, Little Deer Creek, Deer Creek, Pipe Creek and the Wabash and Eel rivers. An intersecting system of greenway corridors is what quality of life is all about and this is why the work of the Greenways Foundation is so important. As Friends of the Nickel Plate Trail volunteers were building and paving a 312 foot trestle bridge over the Eel River in Denver last summer we saw many canoeists paddling under this signature bridge which is going to attract visitors from far and wide. River trails and rails to trails is where it's at! For more information visit [www.nickelplatetrail.org](http://www.nickelplatetrail.org) and [www.eelrivertrail.com](http://www.eelrivertrail.com). See ya on the river and trails!

## March Birthday List

- |                         |                         |
|-------------------------|-------------------------|
| 3-1 Jody Howell         | 3-17 Jack Lotzgeselle   |
| 3-2 Drew Moser          | 3-18 Erik Hobbs         |
| 3-3 Austin Young        | 3-18 R.J. Kerr          |
| 3-4 Rick King           | 3-18 Robin Tetrault     |
| 3-5 Andy Hobbs          | 3-19 Emily Allen        |
| 3-5 Cathie Tweed        | 3-20 Chris Frazier      |
| 3-6 Dale Sullivan       | 3-20 Nikki Frazier      |
| 3-8 Cinnamon M. Andrews | 3-21 Waylon Coulter     |
| 3-8 Brittany Deyoe      | 3-21 Toney Lorenz       |
| 3-10 David Mygrant      | 3-22 Betty Ann Oliphant |
| 3-12 Robin Cole         | 3-24 Joe Yeagle         |
| 3-13 Jesse Bauson       | 3-27 John Paul Wyman    |
| 3-16 Laura Bauson       | 3-29 Kaylyane Fernandes |
| 3-16 Karen Bush         | 3-31 Bill Cox           |
| 3-16 Jillian LaDow      | 3-31 Pat Shuey          |

**Happy Birthday!**



**Aidan Frazier & Brayden York, 0-12 Age Group, 1st & 2nd place**





## Sam Costa, back for the 41<sup>st</sup> time – and with something NEW!

You would think that after 40 years of existence the likelihood of change would be very small. We all know how easy it is to develop a set of behaviors that can continue for years, even decades. And as most of us know, the best predictor of future behavior is, of course, past behavior!

But in 2010 the Sam Costa Half Marathon will do what most counselors know is extremely difficult for all of us mature adults – change for the better. (Which reminds me of my favorite Psychiatrist joke: How many psychiatrists does it take to change a light bulb? Only one, but the light bulb has got to really, really want to change!)

For our 41<sup>st</sup> running, the “Costa” will come to you as a USATF certified course. What does that mean to the average runner? It means you can absolutely count on the overall distance being no less than 13 miles,

192.5 yards, or 13.109375 miles. And yes, the USATF does care about those decimal places. If you run the most direct route possible, apex to apex in a perfectly straight line, one foot in from the curb, you will cover no less than the certified distance.

In addition to improved accuracy, the 2010 “Costa” will be the RRCA Half Marathon State Championship for Indiana. The RRCA has been on a mission to raise the stature of their state, regional, and national events. My position is that if there is going to be a Half Marathon State Championship, then you couldn’t make a better choice than the Sam Costa, the oldest and most historic race in Indiana – a serious race, for serious runners who train all winter and show up ready to run on the first weekend of spring.

One more thing of note for 2010. It’s entirely possible

that we could witness “back to back to back” winners. It’s never been done before. Last year Lucie Mays Sulewski and Calon Nara-gon both won for the second consecutive year – that in itself was a first. We’d never had male and female winners repeat at the same time. Lucie is definitely coming back, Calon is currently non-committal. Could we see a “triple” this year?

Whether we do or not, I hope that all of you will participate in one way or another. Go to the link on our CKRR calendar and it will take you to the “Costa” website. There you can register or volunteer (we are looking forward to another strong CKRR contingent at Aid Station #2!). Don’t forget that pre-registration closes at 11:59pm on March 16<sup>th</sup>. And I’ll see all of you on March 27<sup>th</sup> for the 41<sup>st</sup> Annual Sam Costa Half Marathon! By Terry Townsend

### Mini Packet Pick-up Available

For those of you who would like Robin Cole to pick up your Mini-marathon packet for you be sure to get the back page of your pamphlet to her by wednesday, May 5<sup>th</sup>. The earlier you get the back page to her the easier it is for her so don't wait until the last minute. Robin is available most Wednesday nights in Highland Park. Please include your phone number on the page in case she needs to contact you. You can pick up your packet any time on Friday, May 7<sup>th</sup>, on the Tetrault's front porch. The Tetrault's live in the large brick home behind the maintenance garage in Highland Park. If you want to mail your back page to her Robin's address is. Robin Cole 7071w 500s Russiaville In. 46979

## March Agenda

CLUB KOKOMO ROADRUNNERS AGENDA

March 8<sup>th</sup>, 2010

5:30 social hour – 6:30pm meeting start

LOCATION – Half Moon Brew Pub

Welcome

Minutes

Financial Report

Race Director Reports:

Upcoming

Discussion on

Race for a Cure

Sam Costa ¼

and ½ marathon – see Charlie to volunteer!

Haynes needs

and discussion

Old Business:

Committee appointments

New Business:

DATE OF NEXT MEETING –

April 12<sup>th</sup>

May 10<sup>th</sup>

June 14<sup>th</sup> – Sheets

will not be present

July 12<sup>th</sup>

August 9<sup>th</sup>

September 13<sup>th</sup> – nomination of officers, Committee recommendations

October 11<sup>th</sup> – committee recommendations, ballot to be approved

November 8<sup>th</sup>

December 13<sup>th</sup> – Induction of 2011/2012 officers.



## Meeting Minutes from February 2010

Attendance: Vicki Boles, Joyce Pennycoff, Scott Riggle, Gina & Travis Sheets, Charlie Skoog, Terry Townsend, Diana Brown, Robin Cole, Rebekah Monroe, Steve Wand, Milt Brown, Mark Shorter, Rhenda Acton, Kyle Pitt, Nikki Frazier, Chris Fraizer, Joe Rangel, Robin Tetrault.

### Financial Report:

General Fund: \$4630.64

Coyote Kids: \$9295.18

Cowan Fund: \$2310.51

### Race Director Reports:

Old Ben— Looking for a few volunteers. Contact Rebekah Monroe.

Ultimate — Rhenda needs volunteers. Colford is going to set the course. Everything on schedule.

Gina motioned to allow use of club equipment for Big Ben with a \$200 donation. Rebekah seconded. All in favor motion passed.

Charlie motioned to allow Parks Department to use club equipment for their Sprint Triathlon but waive donation. Rebekah seconded. Vote 17 in favor, 1 opposed. Motion passed.

Haynes Race: School is now charging \$300 dollars for use of the gym. Discussion on who should pay this. Discussion will continue next meeting.

Next Meeting is March 8, 2010



**Sylvia Burgin 60-64 Age group winner**

## Race for Cure

Don't forget to register. The deadline is coming up fast. Refer to last months newsletter for info on how to register for CKRR's team.

Also we will be meeting once again in the North East corner of Lowes Parking lot to car pool at 5:00 am. We will head out at 5:15. Then a group picture on the IUPUI Library steps at 7:00. Race Day is April 17.

See you there.



**Runners of the Year: Matt York & Nicole Peel**



**Outstanding volunteer:  
Joni McCracken**



**Rhenda Action, Robin Cole & Joyce Pennycoff  
55-59 Age Group winners**



## Chili Cook Off Winners



First Place— Brian Allen

Second Place — Scott Riggle

Third Place — Mary Miller

Thank you to all the Chili makers!!





## Dr. D. Douglas Hogan III American Red Cross Blood Drive

GOAL: 65 pints      GOAL: 65 pints      GOAL: 65 pints      GOAL: 65 pints

WHERE: Maple Crest Middle School (new gym)

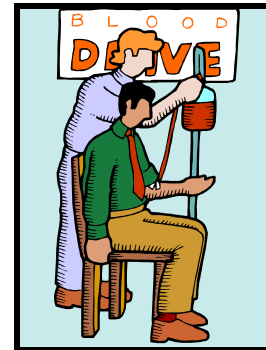
WHEN: Monday, March 22<sup>nd</sup> 3:00 p.m. to 7:00 p.m.

WHY: American Red Cross Blood drive in honor of Dr. D. Douglas Hogan III=

DONOR TIMES: Bring friends and family members too!

3:00	3:15	3:30	3:45	4:00	4:15	4:30	4:45
5:00	5:15	5:30	5:45	6:00	6:15	6:30	6:45

Please contact Vicki Boles no later than March 21<sup>st</sup> at [vboles@kokomo.k12.in.us](mailto:vboles@kokomo.k12.in.us) or 455-8085 ext. 331



**Al Hochgesang 45-49 Age group 2nd place**



**Waylon Coulter 13-19 Age winner**



**Ray Tetrault & Greg Townsend 50-54 age group winners**



Fellowship Hall at the First Church of the Nazarene



**Michelle Clendenning 20-24 Age group winner**



## Race Results

### Jackie Sanders Miracle Mile Wednesday, March 3, 2010 Highland Park Walk/Bike Path

1. Cody Young 5:39
2. Luke Kimmel 5:46
3. Jordan Ousley 6:04
4. Joe Rangel 6:13
5. Derick Brooks 6:57
6. Paul Sanders 7:17
7. Greg Townsend 7:31
8. Charlie Skoog 7:38
9. Ray Tetrault 7:57
10. Steve Wand 8:10
11. Aidan Frazier 8:34
12. Karen Bush 8:34
13. Vince Lorenz 9:20
14. Katee Pena 9:20
15. Amber Longwith 9:45
16. Joe Yeagle 9:56
17. Robin Tetrault 10:01
18. K. Bush 10:02
19. Jennifer Sinka 10:10
20. Rick Crow 11:12
21. Bob Longwith 11:20
22. Amanda Pena 11:41
23. Adriene Riggle 13:06
24. Emily Riggle 13:07
25. Debbie Riffe 13:50
26. Grace Bagwell 13:53
27. Regina Tweed 13:59
28. Jan Wall 14:01
29. Greg Wall 14:29
30. Marina Swaggerty 19:07
31. Cathie Tweed 19:14
32. Lisa Swaggerty 19:16
33. Graham Bagwell 20:06
34. Kathleen Bagwell 20:10

## Other Race Results

### 18th Annual Run with the Nuns

St. Petersburg, Florida  
January 16, 2010

1: Tyler Lewis 17:18  
1W: Briana Whaley  
Joyce Pennycoff 29:10  
248 Runners Finished

### Race the Roof 8k

Fort Myers, Florida  
January 30, 2010  
Roxane Burrous 41:10  
Jim Burrous 67:31

### Polar Bear Run February 20, 2010 5 Mile Run

1. Stephen Haas 25:07  
1W: Dani Prince 29:57  
48: Joe Kidd Rangel 33:33  
139: Nicole Peel 38:45  
201: Charlie Skoog 41:00  
277: Tami Moore 43:40  
346: Scott Deyoe 45:41  
431: Steve Wand 47:51  
432 Bill Barnett 47:51  
Total Finishers 786

### 3 Mile Run

1: Derek Scott 14:45  
1W: Dani Prince 17:42  
20: Joe Kidd Rangel 19:51  
69: Nicole Peel 22:44  
115: Tami Moore 24:51  
174: Anna Dollens 26:31  
218: Michelle Boyd 28:04  
Total Finishers 536

## Other Races

### The Great Northern Run

. 3/20/2010

8:30am

Distance: 5K

Contact [Ken Long](#) 317-884-4001

Web Site: <http://www.kenlongassoc.com/>

Race Information:

The Great North Run is a 5K Walk/Run through the North Central High School campus. The event features a Fitness Fair. The 5K Walk/Run is open to all walkers and runners. Elementary school children must be accompanied by a parent or guardian.

### Class of 2011 Holy Half Marathon 2010

Holy Half Marathon, sponsored by the Class of 2011 will take place on Notre Dame's campus. 4/11/10. Proceeds benefit the Broadmoor Community in Katrina relief and rebuilding efforts.

Holy Half Marathon registration includes a t-shirt, chip timing, goodie bag, finisher's poster, and awards to top finishers. Just come to ND's campus on race day and we'll take care of the rest.

Registration: <http://nd.edu/~class11/holyhalf/registration.html>



*Walkers of the Year Rick Spencer & Mary Miller*



*Rookies of the Year — Gary Willis & Nikki Frazier*





# 2010 Race Calendar

## February 28

### Club Kokomo Awards Banquet

Time: 2 PM

Location: First Church of the Nazarene, 2734 S. Washington, Kokomo, IN

## March 06

### Norris Insurance 5K Run/ Walk

Time: 9 AM

Location: Community Building, Amboy, IN

Contact: John Norris,

Phone: (765) 395-7761 or (765) 395-7730

## March 13

### Old Ben 5K Run/ Walk

Time: 9 AM

Location: Rogers Pavilion, Highland Park

Contact: Katherine Hightower, Indiana University at Kokomo Alumni Relations Office

Email: [chightow@iuk.edu](mailto:chightow@iuk.edu)

Phone: (765) 455-9941

## March 27

### Sam Costa 1/4 & 1/2 Marathon

Time: 9 AM

Location: Carmel, IN

Website: <http://www.samcosta.com/40/>

## April 03

### CKRR Ultimate 10 Mile Run & 5 Mile Run/ Walk

Time: 9 AM

Location: Tierney Warehouse, 1401 W. Cliff Drive, Logansport, IN

## April 17

### Race for the Cure 5K Run/ Walk

10 points for each finisher

Time: 9 AM

Location: Military Park, Indianapolis, IN

Contact: [tuxbro@indy.rr.com](mailto:tuxbro@indy.rr.com)

Phone: (317) 733-3300

## May 15

### Norris Insurance 4 Mile Run/ 3 Mile Walk

Time: 8 AM

Location: Jackson Morrow Park, Kokomo, IN

Contact: John Norris

Phone: (765) 395-7761 or (765) 395-7730

## May 29

### 14<sup>th</sup> Kokomo Symphony Composer Classic 5K Run/Walk

Time: 9 AM

Location: Rogers Pavillion, Highland Park,

Contact: Beth Gentry

Phone: (765) 236-0251

Email: [kokomosymphony@sbcglobal.net](mailto:kokomosymphony@sbcglobal.net)

## June 03

### Coyote Kids First Day

Location: Jackson Morrow Park

## June 05

### 3<sup>rd</sup> Trojan Trot 5K/ Walk

Time: 8 AM

Location: Sharpsville, IN

Contact: Lisa Jones

Phone: (765) 480-2621

## June 12

### Norris Insurance 5 Mile Run/ 5K Walk

Time: 8 AM

Location: Greentown, IN

Contact: John Norris,

Phone: (765) 395-7761 or (765) 395-7730

## June 18-19

### Relay for Life

Location: Walter Cross Field, Kokomo High School,

## July 03

### Haynes-Apperson 4 Mile Run/ 3 Mile Walk

Time: 8 AM

Location: Memorial Gymnasium, Kokomo, IN

Contact: Rebekah Monroe

Phone: (765) 461-8387

Email: [rebekah.a.monroe@gmail.com](mailto:rebekah.a.monroe@gmail.com)

## Haynes-Apperson Day Kids Track Meet

Time: 9:00 AM

Location: Kautz Field, Central Middle School

## July 10

### Race for Grace , 5K Run -

**No Walk Event (10pts to each walker)**

Time: 8 AM

Location: Calvary Presbyterian Church, 7<sup>th</sup> & Spencer Streets, Logansport, IN

Phone: (574) 753-0505

## July 17

### Panther Prowl 5K Mile Run/Walk -

Time: 8 AM

Location: Western High School, Russiaville, IN

Contact: David Britton

Phone: (765) 883-7360

## August 07

### Norris Insurance 5K Run/ Walk

Time: 8 AM

Location: Converse, IN

Contact: John Norris,

Phone: (765) 395-7761 or (765) 395-7730

## August 14

### CKRR Age-Graded 4 Mile Run & 5K Walk

Time: 8 AM

Location: Highland Park, Kokomo, IN

Contact: Mark Shorter, 2936 Congress Drive, Kokomo, IN 46902

Phone: (765) 455-2283

Email: [mshorter13@comcast.net](mailto:mshorter13@comcast.net)

## August 14 or 21

### CAM Run for Shelter 5K Run and Walk

Time: 8 AM

Location: Oakbrook Valley, Russiaville, IN

Contact: Oakbrook Community Church

Phone: (765) 252-7030

## September 18

### 3<sup>rd</sup> Annual Ladies Night Out 5K

Time: Expo & Packet Pick up 1-4:30

Race at 5:00 p.m.

Location: Kokomo, IN

Contact: Rebekah Monroe

Email: [rebekah.a.monroe@gmail.com](mailto:rebekah.a.monroe@gmail.com)

## September 25

### Bee Bumble 5K & 10K

Time: 8:00 a.m.

Location: Burnettsville, IN

Website: <http://www.beebumble5k.org/>

## October 02

### Cole Porter 15K Run/ 5K Run/Walk

Time: 9:00 AM

Location: Circus Building, Peru, IN

## October 17

### Club Kokomo 8K /3 Mile Walk

Time: 2 PM

Location: Nickel Plate Trail, Peru, IN

## November 07

### Run The Mounds 5 Mile Run/ Walk

Time: 2 PM

Location: Mounds State Park, Anderson, IN

Website: <http://www.andersonroadrunners.org/>

## November 13

### CKRR Charity 5K Run/ Walk

Time: 9 AM

Location: UAW 292 Union Hall, Alto & Park

Contact: Charlie Skoog

Phone: (765) 457-2607

Email: [runckrr@aol.com](mailto:runckrr@aol.com)

## November 25

### Club Kokomo Cares 5K Run/ Walk 20 points For Each Finisher

Time: 8 AM

Location: Highland Park, Kokomo, IN

Contact: Ray Tetrault

Phone: (765) 854-1393

## December 31

### CKRR New Year's Eve 5K Run/ Walk

Time: 2 PM

Location: UAW Local 292, Alto Road & Park Road, Kokomo, IN

Contact: Joni McCracken

Phone: (765) 210-2281

Email: [joni.renee@att.net](mailto:joni.renee@att.net)

# Club Kokomo Roadrunners

2936 Congress Drive  
Kokomo, Indiana 46902



WE ARE ON THE WEB

CKRR.US

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