

THE ROADRUNNER

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RUN FOR SHELTER RACE PROVIDES VALUABLE DOLLARS
FOR AREA HOMELESS

By Dana Neer



Beautiful Oakbrook Valley Park was the setting for the 4th annual Run For Shelter 5k Race. Unlike almost all other area races which are run on pavement, this event staged some of the finest trail running in North Central Indiana. Oakbrook Valley is graced with gentle rolling hills, well manicured and spacious. The Valley also has pine tree and hardwood lined trails that combine both beauty and challenge. Several years ago, I spoke with Mr. Bob Auth about using his adjacent property to add an additional 800 meters of narrow trail running that navigated through the Koh-Koh-Mah and Foster Living History Encampment. He was more than happy to open his land for our cause. And now, we have an environment that includes all the right elements for a truly remarkable 5k course. You won't run your personal best time in this race because of the terrain, but the benefits far outweigh a PR.

The primary benefit and purpose is to raise funds for CAM

(Coordinated Assistance Ministries) which provides resources and encouragement to area people who are either homeless or are in need of immediate assistance with a difficult situation. Over the years, CAM has helped hundreds of individuals with housing needs, food, medical attention and counseling. Executive Director, Ruth Lawson and her staff are always on call and always in need for volunteers to help at the shelter located on Market Street, next to the downtown library. If you can paint, clean, drive, do minor carpentry work or assist with individual care, give Ruth a call at 765-434-0687. Helping at CAM is so rewarding and beneficial to all.

A big thank you to Oakbrook Community Church. Doug Mygrant and Carl Stoneking are so well organized and helpful in keeping the grounds in top condition. Thanks to Bob Auth for allowing us to use the Koh-Koh-Mah Encampment, and thanks to the 118 runners and walkers

NEXT RACES:

September 5
Symphony 5K Run/Walk
Location: Highland Park
Non-Points Event

September 26
BeeBumble 5k-10k Run/5k Walk
Time: 8 AM
Location: Burnettsville, IN

October 2
2nd Annual Ladies Night Out
5K Non-Points Event

October 3
Cole Porter 5k-15K Run/5k Walk

who enjoyed a morning together assisting CAM in what they do best: Helping those in need.



Robin Cole at Run for Shelter

INSIDE THIS
ISSUE:FROM THE
PRESIDENT 2GNO & SYM-
PHONY 5K 3

AGE GRADED 3

THE CRIM 4

BIRTHDAYS 4

MINUTES/
AGENDA 5

CONVERSE 5K 5

POINT STAND-
INGS 6RACE
RESULTS 7RACE
RESULTS 8RACE
CALENDARS 9

FROM THE PRESIDENT

By Gina Sheets



2009 Converse

They had fangs.... I am sure of it.

I started my new job this month and my time has all been for every tax payer in Indiana, clearly not my own. My running schedule has been about none or crazy hours or just long runs, no runs, long runs. One night I decided I needed to get in something so I went out and hit our farm trail. Trav and I live on a small farm in northern Clinton County. To keep me off the roads in the dark Trav has cut a trail through our hay fields, over the hills and through the woods. I can get three miles without a repeat and have a nice six mile with some repeats. Night time on the trail is scary and when you are tired it is scarier. Out the door I went with head lamp and trail shoes and no sense. I run the hay fields, over the hills (slight inclines) and start through the woods – danger danger danger, I spot my first wild fanged animal – a huge trail eating spider (aka garden spider) who has crafted her web head high across the trail about four feet across, yuck. I hate spiders and especially when they have fangs. Fortunately for me, my head lamp caught the

flicker off her web so I did not end up in it, I would have been naked by the time I got back to the house! I carefully stepped around her and continued on my run. I was in the smaller hay field making my way around when stomp, stomp, stomp from all around me was heard. I stop dead in my tracks and about three feet in front of me was a deer, a buck I believe, who was not happy with my intrusion. It was dark, I could not see him real well but I believe that he was the buck with fangs, ready to eat trail runners. After getting the deer in the head lamp look several times I inched forward and he stomped away. Off I went to try and get in some type of decent continuous run. That is when I looked down and guess what I noticed, hundreds of spiders, their beady eyes glow in the head lamp, all scattering along the trail, they had very large fangs in spite of their tiny size. I got about six miles in that night, kept my clothes on and carried a stick with me on the repeat, gotta love running to deal with the fangs.

My new job has brought me together with several CKRR members in their professional jobs. What a pleasure it was to spend time down at the State Fair and run into Darrin Hollingsworth who is President of his Indiana Lumber Hardwoods Trade Association. I actually sat in on his board meeting to learn more about how I can work for his organization and generate economic opportunities.

Earl has an article about running the CRIM, I loved it and I am ready to go back next year, great course (I love the hills), and the people were very supportive. I really enjoy just spending time with my friends, which I miss the Wednesday night group, I hope to get back there soon.

I have one more item to share with you, this article has been all over the place, when you are President you can do that. I am running my first 24 hour race October 2nd and 3rd, Friday/Saturday. The race starts at 3:00pm on Friday and finishes at

3:00pm on Saturday. The course is about a one mile loop on “various” terrain and will be held in Memphis Tennessee. I am doing this race because I wanted to try a 24 hour run, yes, just to see how far I can go in 24 hours. More importantly, I am doing this race because I am using it as a fund raiser to help cover the costs for the Vietnam trip I am taking with World Mission Builders in January. As many of you know Trav is a missionary with World Mission Builders, several of CKRR members have joined Trav on mission trips and if it were not for CKRR and knowing Steve and Barb Wand, Trav would not be a missionary. I have gone on several mission trips and directed several but I have not gone on one since it has become Trav’s full time job, until the opportunity to go to Vietnam. World Mission Builders has been working on this project for years, our passport information was submitted many months ago to see if the Vietnam government would let volunteers enter the country. World Mission Builders has been invited by the government to build the first approved Protestant Church. This means we come in with the purpose to build this church but we are not allowed to do the extra community evangelizing. So while the government is allowing the church they are not allowing much else. This may be a once in a lifetime opportunity and I, after considerable prayer, de-

cided to go. Several people you know from CKRR are making plans to go, what a blessing. In order for me to go I need to raise funds and support. Trav has to raise his own support for every trip he makes and with the economy it has been challenging to find support. This trip will cost over \$2,000 per person to go thus I need to raise my funds and I am going to do that with the 24 hour race. I am asking for your support. For every mile I run would you consider giving a tax free donation to World Mission Builders and mailed/given to me? I plan to complete 83 miles in 24 hours. Any amount you want to contribute per mile I complete would be great. Please think about it and email sheets.gina@yahoo.com or 765-490-2821 and call and talk to me about it. Our mailing address: World Mission Builders, 2282 East County Road 250 North, Frankfort IN 46041. Thanks for your support.

Remember this is your Club; please plan on attending the board meeting this month September 14, 5:30pm to socialize and 6:30pm board meeting, Half Moon Brew Pub.

Watch out for the fangs –

Gina



Ferocious Garden Spider with fangs removed

University of Nebraska
Department of Entomology

ANOTHER GIRLS NIGHT OUT & SYMPHONY 5K

By Rebekah Monroe



I am so excited about the second annual GNO race coming up Friday evening, October 2nd. It is hard to fathom that what was once an idea floating amongst a group of giddy girls sitting around a picnic table in Highland Park exploded into an over 200 person event! It is truly an amazing feeling to experience and be a part of the process of a mental image manifesting itself into a

tangible reality and this year's race is planned to be even better. The race is already beginning to grow and take on a more structured and permanent status by having National City Now a part of PNC become a major sponsor with their generous monetary donation. The Windmill Grill will be donating the post-race food for all the race participants, J. Edwards Chocolates is creating a

unique sweet treat for the ladies as they cross the finish line, and Papa Johns Pizza will be onsite selling pizza slices and whole pizzas to spectators as they cheer on their favorite lady. Don't forget about Zumba, this Latin style fitness craze, will again be part of the post-race celebration beginning at 7:45 pm and everyone is welcome to join in. This year's race packets will again include great products/ discounts graciously donated by local vendors and the super cute GNO t-shirt which is available in either a fitted or traditional t-shirt. Also this year we are going a little greener with our packets by offering a pink "reusable" nylon drawstring bag in place of the traditional plastic throw-aways. And due to the high number of first timers from last year's race we are offering a 5 week training series that began August 27th and will continue to meet every Thursday on the eastside of the court house, downtown, at 7pm.

As the event continues to grow and have success so will our obligation to "pay it forward" among the community. That is why part of this year's race proceeds will be donated to benefit Bridges Outreach, a local not-for-profit organization whose purpose is best described in the following passage from their website, "Bridges Outreach exists to bridge com-

munities, schools and churches through programming that feeds, tutors, and mentors at-risk youth. Bridges Outreach creates windows of opportunity for youth with hopes of developing each student academically, socially, emotionally and spiritually." To find out more or to volunteer please visit [their](http://www.bridgesoutreach.com) website at www.bridgesoutreach.com.

Keep in mind early registration deadline (Sept. 14th) is coming up so get registered soon. So come out, bring the family and enjoy a Girls Night Out (GNO)!

Symphony 5K Labor Day Weekend

What will you be doing this Labor Day weekend...sitting on the couch in your comfy pants watching television and snacking on "feel good" treats? Why not spend at least Saturday morning enjoying beautiful music in the presence of nature while reaping the health benefits of physical activity by participating in the Kokomo Symphonic's Society Symphony 5K Run/Walk in Highland Park on Saturday, Sept. 5th. The event will begin with a Melodic Fun/Run 1 mile at 7:30am and will be followed by the 5K Run/Walk at 8am. Registration forms are downloadable at www.kokomosymphony.net or day of registration will be available beginning at 6:45 am. Note to all those newbie GNO racers...this is a great opportunity to get some race experience in before October.



Gary Jewel when he won the Age Graded

RANGEL TAKES AGE GRADED – AGAIN

By Gary Jewel

Just like last year Joe Rangel made his mark on the annual Club Kokomo Age Graded Race in Highland Park on Saturday, August 9th. The Age Graded Race is a fund raiser for the Club Kokomo Youth Scholarship.

In 2008 Rangel torched the double-loop course for a new race record of 28:15. This year Rangel made the most of an additional 15 second handicap the bonus for turning 60. While his split time was :10 slower (24:55) his overall time of 28:10 was good enough Rangel broke his own record by 5 seconds.

Waverly Neer finished a distant

second in 30:39.

Recent Northwestern High School graduate, Kory Kennedy, recorded the fastest split of the day. His time of 23:27 was good enough for sixth place overall. Eastern High School's Ryan Horner had the second fastest split of 23:33 and finished one place ahead of Kennedy.

In the 5K Walk, Rick Spencer took home the top honors in 31:38. Mary

Miller was the first female. Her time of 31:54 was good enough for second place.

This year's sponsors were Mid-American Beverage, Thrivent Financial for Lutherans, and Premier Printing.



The walkers swear to follow the walking rules!

THE CRIM

By Earl Strong



The highlight is the
Bradley hills that
start about mile five
and climb until mile
six

Several club members took on the CRIM 10 mile road race in Flint MI on August 22. No, CRIM is not an acronym for Crappy Race in Michigan. The race is named after House Speaker Bobby Crim and started in 1977 as a fund raising event for fitness. Those that can run a 7:00 pace or better (in a 10K or longer race) are seeded ahead of the pack. I have been running this race for 23 years in a row now and have been seeded a few times.

The previous two years (2007 & 2008) Aurelien Mozipo and I both participated. Since he is now in tropical Northwest, I was looking for some one else to enjoy scenic

Flint. Nicole Peel and Gina Sheets accepted the opportunity. We briefly drove a portion of the course on Friday but it was getting late. It was time for supper and bedtime. The course starts and finishes downtown on the bricks of Saginaw street, but the highlight is the Bradley hills that start at about mile 5 and climb until mile 6. The next two miles are rolling but I forgot to tell Nicole that part. The decent starts at mile 8 and finishes on Saginaw street.

Nicole decided that it was more fun to talk to the dogs on the course while Gina felt at home on the hills. There are two parts to this race, before the hills and after the hills. Check the splits below to see who enjoyed the

hills. Just when I was going to use my age as an excuse I see the times of Joe Rangel and my friend from Detroit who is a year older than me. I better get on another training plan.

This is a race that other club members have ran in the past. If you like the Ultimate in Logansport then you'll love this one it's easier. It is also a nice way to have a fun long run as you tune up for a fall marathon. We parked two miles away from the start so we could get in a few miles before and after the race. This also made for easier parking and less hassle. There are drinks and pizza at the finish.

What is keeping you from signing up?

Results from The Crim

Place	Oall	Name	City	Ag	Half	Time	Time	Pace
1	1	Enoc Mitei	KENYA	28	23:11	46:50		4:41
1	32	Alemitu Albera	ETHIOPIA	23	26:57	53:49		5:23
1	277	Joe Rangel	Kokomo	60	31:55	1:05:29	1:05:27	6:33
17	938	Gina Sheets	Frankfort	41	38:01	1:15:43	1:15:17	7:32
25	1210	Nicole Peel	Kokomo	39	38:28	1:18:19	1:17:53	7:48
163	2120	Earl Strong	Kokomo	53	40:46	1:24:58	1:24:32	8:28
106	4719	Anna Dollens	Kokomo	53	46:25	1:41:20	1:40:59	10:06

BIRTHDAY LIST

9/1	Christian Pownall	9/8	Lillian York	9/17	Sandy Knowland	9/25	Sam Williamson Jr.
9/1	Stephanie Bolinger	9/9	Kerrigan Forgrave	9/17	Corey Moore	9/26	Ryan Bagwell
9/1	Graysen Neer	9/10	Kevin Forgrave	9/18	Lisa Hobbs	9/26	Grace Bagwell
9/3	Deborah Cardwell	9/13	Earl Strong	9/18	Barbara Hobbs	9/26	Teresa Barlow
9/4	Ron Moore	9/14	Linda Donovan	9/20	Bowe Brooks	9/26	Holly Hurlburt
9/4	Graysen Neer	9/14	Larry Sullivan	9/20	Tim Miller	9/28	Anne Elliott
9/6	Anna Dollens	9/16	Bill Bennett	9/21	Kayla Greene	9/28	Scot Hamilton
9/6	Don Gifford	9/16	Emily Riggle	9/21	Sophie Frazier	9/29	Mike Anderson
9/8	Michelle Larson	9/17	Tanna Connor	9/21	Marschand Todd	9/30	Carrie Lee
9/8	Michael Tetrault	9/17	Steve Kilcline	9/24	Glenn Artis	9/30	Ernie Strawn

CONVERSE 5K

By Scott Riggle



Emily (running off with trophy), Gretchen and Scott

It was a great morning to run, but I have to admit it was one of those mornings where your just not 100% into it. We got the kids up and headed that direction anyway so I could run while Adriene watched ours and a few other kids so that their parents could run as well.

I thought it would be just an average day for me, but I was able to hang with Joe through 2.5 miles at which point he said I needed to get by at least the two kids in front us. I did manage to pass them by the 3rd mile at which point they went into full sprint. I went as hard as I could, but my not quite forty year old legs just didn't have enough left and they got by me at the line. It was still fun and I was able to record a PR. Thanks for the push Joe!

BJ Needler won while Dana Neer and Matt York were the first two club members across in fourth and fifth place.

MEETING MINUTES

Club Kokomo Roadrunners Meeting Minutes

August 10, 2009

Members Present: Dana Neer, Steve Inman, Joni McCracken, Rebekah Monroe, Vicki Boles, Sylvia Burgen, Mark Shorter, Diana Brown, Robin Cole, Charlie Skoogs

Reports:

Financial Report given by Mark Shorter.

General Fund \$3162.96

Cowan Fund \$1231.03

Coyote Kids Fund \$10,080.58

Race Director Reports

Coyote Kids :1021 Kids registered, 249 perfect attendance & 296 participation awards

Kokomo Triathlon— All equipment was returned to the club.

Age Graded— Mark Shorter 93 registered & 86 finished

GNO—Flyers are out

Charity Run—Everything is on coarse

We Care Race— Still need location

SEPTEMBER AGENDA

CLUB KOKOMO ROADRUNNERS AGENDA

September 14th, 2009, Monday
5:30 social hour - 6:30pm meeting start

LOCATION – Half Moon Brew Pub

Welcome
Minutes
Financial Report

Race Director Reports:

Symphony Race –

GNO –

Charity Run – Discussion for the Charities the Club will support in 2009

WE CARE Run – any updates

Old Business:

New Business:

2010 race calendar discussion.

DATE OF NEXT MEETING –

October 12th, 2009



Left Greg Townsend, Joni McCracken and others



Middle Michael Graham



right is Sara Lee at Converse

2009 CKRR POINTS STANDINGS

Races included are JN Amboy, Old Ben, Sam Costa, Ultimate Challenge, Race for the Cure, JN Jackson Morrow, Trojan Trot, JN Greentown, Haynes Apperson, Race for Grace, Panther Prowl, Converse, Age Graded, CAM and any one marathon, half-marathon or volunteer. 10 points are awarded for both the Race for the Cure and the Relay for Life. Legend C=Race for Cure, R=Relay for Life, V=Volunteer, M=marathon, H=Half Marathon

Runners	Jennifer Sinka 1-10	Waylon Coulter 9-118	Ken Swinehart 13-203HV	70+
	40-44	Ben Bradshaw 6-104H	Al Hochgesang 9-150	Robert Cupp 8-130R
W O M E N	Gina Sheets 11-210MRV	Jordan Lee 6-100R	Kim Lee 12-141HR	Bill Heck 5-100V
	Patti Reinhardt 8-135MHCV	Nich Lipari 5-82	Brian Reinhardt 6-110MHC	
0-12	Laura Cook 9-124H	Jacob Bradshaw 4-54H	Dana Neer 5-100	Walkers
Breeze Gunter 4-80	Joni McCracken 5-90HV	Brent Noll 4-43	Ernie Hurst 8-96H	
Aubry Jackson 1-15	Michelle Larson 3-55H	Joshua Revils 3-34	Rich Bradshaw 3-48H	WOMEN
Kelsey Weber 1-10R	Kim Anderson 3-47H	Peter Bauson 2-27H	Phil Rozzi 3-42	
Lauren Weber 1-10R	Shelly Wyman 3-47H	Keith Bauson 2-26H	Mike Schoenrad 4-40	49-
Natalie Weber 1-10R	Laura Rosenstengel 3-39RV	Jesse Bauson 1-20H	Bill Bauson 3-38H	Mary Miller 16-290HCR
	Kim Coy 2-35H	James Longwith 1-20V	Matt Bolinger 1-20H	Raye Jean Swinehart 11-180HV
13-19	Tami Moore 2-35H	Andrew Swinehart 1-20H	Byron Bundrent 1-20H	Carol Savage 4-56H
Emily Allen 9-150HCRV	Lisa Hobbs 1-20	Austin Young 1-20	Scott Deyoe 1-20H	Cindy Sullivan 3-34
Katie Hollingsworth 2-40		Kyle Starich 1-15	Eric Mathew 1-20H	Nicole Parry 1-15
Maya Brooks 2-35		Billy Pasquale 1-7	Gary Jewell 1-10R	Sophie Frazier 1-9
Brittany Deyoe 1-20H				
Christina Deyoe 1-20H	45-49	20-24	50-54	50+
Diana Deyoe 1-20H	Roxane Burrous 4-80M	Sam Williamson, Jr. 3-60	Jeff Cardwell 11-220H	Jane Inman 14-230HRV
Emily Hobbs 1-20	Cheryl Marner 4-80H	Zach Miller 2-30HR	Ray Tetrault 13-186MHRV	Amanda Pena 13-230CRV
Waverly Neer 1-20	Stephanie Bolinger 1-20H	Bryan Phillips 1-20	Greg Townsend 12-148	Jayne Hiatt 16-200HCR
	Chari Deyoe 1-20H		Earl Strong 8-135MH	Debbie Riffe 13-133CRV
20-24	Carla Yerkes 1-20H	25-29	Scott Hamilton 8-113	Pat Robertson 10-102HCRV
Sarah Lee 7-130HR	Carrie Lee 1-10R	Mark Eads 4-80	Jerry Meiring 10-110H	Diana Brown 10-91CV
Amber Longwith 7-105R		Jason Rush 1-20H	Mike Deardorff 8-85H	Jeannie Clark 6-69V
Vanessa Lorenz 2-32		Cory Jackson 1-15	Keith McAndrews 4-60H	Kathy Allen 7-68RV
Laura Bauson 1-20	50-54		Russ Hovermale 5-47	Barbara Hobbs 5-63H
Sarah Bauson 1-20H	Anna Dollens 14-255HC	30-34	Michael Campbell 2-40H	Cynthia Sanders 7-55CR
Megan Tetrault 1-20H	Robin Tetrault 12-197MHRV	Matt York 9-170HC	Jeff LaDow 4-31	Angela Lorenz 5-42R
	Vicki Boles 10-162HRV	Aaron McQuiston 3-50	Tim Miller 1-10R	Trudy Pierce 2-25H
25-29	Cassie Bauson 5-79H	Ryan Pownall 2-32H		Helen Brown 1-10R
Michelle Clendenning 6-120H	Theresa Barlow 3-31R	Ryan Bagwell 1-20H	55-59	Renita Taflinger 1-10R
Rebekah Monroe 5-95MV	Lorene Sandifur 2-30HC		Joe Rangel 13-250HC	Cathy Weidler 1-10C
Kathleen Bagwell 3-55MH		35-39	Mark Shorter 14-215HCR	Tanna Connor 1-9
Michelle Tetrault 2-40HV	55-59	Scott Riggle 11-167HCR	Dave White 13-163HCRV	Sherry Stoneking 1-9
Justine Eads 1-20	Robin Cole 13-199C	Scott Colford 8-160H	Charlie Skoog 11-152RV	
Jaime Jackson 1-15	Joyce Pennycoff 10-180HCRV	Chris James 8-145H	Tom Miklik 7-99HRV	MEN
	Rhenda Acton 8-150HV	T.A. Weber 10-126HR	Steve Wand 5-82HCV	
30-34	Judy Smith 3-50HCV	Dave Harrison 6-94HV	Fred Chew 4-58H	49-
Adriene Riggle 11-161HCR	Chris Williamson 3-47V	William Irvin 4-67H	Rick Maughmer 3-47H	Vincente Lorenz 9-160R
Allison Irvin 6-120H	Kathie Barnett 2-30RV	Chris Frazier 5-64	Bruce Cook 2-40H	Chris Sullivan 6-95
Darcie York 6-92HC	Barb Wand 2-30CV	David Reinagle 2-29H	Rocky Smith 2-40HV	Bruce Savage 4-56H
Karen Bush 4-62HC		Michael Rood 2-28H	Jack Mellinger 3-30	Tim Revils 3-34
Michelle Boyd 4-60HV	60-64	Tim Taflinger II 2-27	Don Gifford 1-20H	
Kelly Wright 3-55H	Sylvia Burgin 11-195HCR	Keith Hill 1-20H	Steve Kilcline 1-20H	50+
Julie Pownall 3-45H	Anne Wiles 5-80CRV	Travis Sheets 1-20V	Karl Stoneking 1-15	Rick Spencer 13-239H
Sharon Whelan 3-39	Doris Griffith 1-20V	Derick Brooks 2-18		Jerry Lambert 16-222HCRV
Mary Cameron 2-29H	Shirley Wilson 1-20		60-64	Tim Taflinger 13-186HCR
Jeanette Merritt 1-20H		40-44	Ricke Stucker 15-237CR	Steve Inman 11-163HRV
Monica Brooks 1-15	65-69	Gary Willis 14-239HCRV	John Wiles 9-137HCRV	Robin Michael 11-115H
	Susan Gerhart 2-40H	Michael Graham 14-206HCRV	David Hughes 7-122C	Toney Lorenz 10-94R
35-39	Kathleen Leach 1-20	Brian Allen 11-138HCRV	Darrell York 4-75	Jackie Sanders 11-80CR
Nicole Peel 12-210MHRV	MEN	Ron Moore 7-130HC	Bill Barnett 4-70MHRV	Robin Hehr 6-57
Heather Weber 10-190HR		Dan Lutes 4-75MH	Phil Leininger 2-32H	Jim Burrous 3-50HV
Barb Millsbaugh 12-184HC	0-12	Paul Wyman 5-67H	Walter Brown 1-20H	Melvin Hobbs III 5-49H
Nikki Frazier 6-83	Aidan Frazier 1-20	Todd Moser 3-45	65-69	Dick Summerton 5-41
Lisa Jones 2-32H	Keagan James 1-20	Don Rogers 2-35H	Stan Shuey 8-140C	David Mygrant 3-38H
Stella Rood 1-20H	13-19	Kevin Forgrave 1-20	Doug Mankell 7-122H	Milt Brown 4-29R
		Todd Marschand 1-12	John Norris 3-60H	Bob Longwith 2-15R
			Dale Sullivan 2-35	John McGinty 1-5
			Jerry Leach 1-10	
		45-49		



RACE RESULTS

2009 NORRIS INSURANCE 5K

Saturday, August 01, 2009
Converse, IN

1. B.J. Needler 17:05
2. Kory Kennedy 17:14
3. Mark Massengill 17:43
4. Dana Neer 18:12
5. Matt York 18:17
6. Nich Lipari 18:51
7. Jay Priest 18:51
8. Jordan Lee 19:08
9. James Norris 19:08
10. Scott Riggle 19:09
11. Andrew Norris 19:15
12. Joe Rangel 19:25
13. James Boyer 19:46
14. Jake Althouse 19:57
15. Waylon Coulter 19:58
16. Ron Moore 19:59
17. Heather Weber 20:11 1st Female
18. Connor Mitchener 20:11
19. Natasha Ringenberg 20:14
20. Zach Powell 20:21
21. Ryan Newell 20:27
22. Don Rogers 20:58
23. Stefan Watkins 21:01
24. Greg Steele 21:07
25. Gary Callahan 21:07
26. Greg Willis 21:14
27. Devon Mitchener 21:19
28. Lucas Nieko 21:34
29. Neal Harshman 21:34
30. Michael Graham 21:40
31. Justin Whelchel 21:50
32. Gina Sheets 21:54
33. Ken Swinehart 21:59
34. Nicole Peel 22:04
35. Morgan Tinkel 22:08
36. Sophie Seward 22:15
37. Scot Hamilton 22:17
38. Jace Martin 22:33
39. John Hochstedler 22:37
40. Ken Austin 22:38
41. Kellie Miles 22:44
42. Larry Emmons 22:47
43. Mark Shorter 22:47
44. Tony Grandstaff 22:53
45. T.A. Weber 22:57
46. Eric Steward 23:00
47. Earl Strong 23:09
48. Michelle Glendenning 23:11
49. Brian Dawson 23:35
50. Kim Lee 24:03
51. Lorrie Newhouse 24:05
52. Jerry Meiring 24:13
53. Matthew McDivitt 24:14
54. Kegan Anderson 24:14
55. Charlie Skoog 24:14
56. Josh Colvin 24:23
57. Shannon Newhouse 24:33
58. Richard Hohenberger 24:39
59. Joni McCracken 24:43
60. Gregory Townsend 24:43
61. Mike McDivitt 24:46
62. Rob Martin 24:49
63. Melissa Goad 24:51
64. Ann Morris 24:53
65. Russ Hovermale 24:54
66. Kristi Carmichael 24:56
67. Michael Lake 24:57
68. Rick Hasty 25:07
69. Connie Gamble 25:08
70. Rebekah Monroe 25:09
71. Ray Tetrault 25:22
72. Mike Deardorff 25:44
73. Nicole Frazier 25:48
74. Anna Dollens 25:49
75. Kristin Massengill 25:52
76. Joe Stetz 26:03
77. Alisha Sweet 26:06
78. Elaine Sweet 26:07
79. Ted Little 26:14
80. Darrell York 26:16
81. Tina Barber 26:16
82. Darcie York 26:24
83. Tamika Forestal 26:25
84. Joe Kinney 26:30
85. Stan Ridlen 26:42
86. Matt Hisey 27:00
87. Bud Ozman 27:10
88. Jackie Hasty 27:14
89. Abby Michael 27:31
90. Dave White 27:41
91. Tara Fastburn 27:44
92. Brian Allen 27:45
93. Seth Eltzinger 27:49
94. Robin Tetrault 27:58
95. Sierra Colvin 27:59
96. Melodie Smith 28:10
97. Theresa Barlow 28:15
98. Amber Sweet 28:15
99. Sarah Lee 28:15
100. Ricke Stucker 28:33
101. David Hughes 28:34
102. Ryan Martin 28:39
103. Tonya Newhouse 28:43
104. Cole Mobley 28:44
105. Rhenda Acton 28:53
106. Hannah Seward 29:06
107. Jeff Lowry 29:06
108. Laura Cook 29:19
109. Adam Frazier 30:46
110. Chris Frazier 30:46
111. Kara Ozman 31:05
112. Jennifer Boyer 31:13
113. Jennifer King 31:16
114. Robin Cole 31:20
115. Dean Eshelman 31:24
116. Amber Longwith 32:07
117. Bill Heck 32:55
118. Robert Cupp 34:54
119. Tawna Leffel 35:47
120. Doyt Grossman 35:56
121. Sharon Whelan 36:42
122. Nicky Sanders 37:07
123. Jodi Hunt 37:08
124. Anita Frazier 39:41
125. Kathy Allen 40:18
126. Emily Allen 40:18
127. Sue Keller 48:42
128. Vernon Keller 48:42
129. Taylor Becker 52:10
130. Adam Clark 54:12

5K Walk

1. Matt Ringenberg 28:35
2. Rick Spencer 31:29
3. Mary Miller 32:30 1st Female
4. Jerry Lambert 33:56
5. Fred Taylor 35:31
6. Steve Inman 35:33
7. Toney Lorenz 36:06
8. Amanda Pena 36:57
9. Dave Mygrant 37:28
10. Robin Michael 39:29
11. Jane Inman 39:49
12. Raye Jean Swinehart 39:53
13. Jami Brunner 42:55
14. Jayne Hiatt 43:02
15. Debbie Riffe 47:02
16. Matt Clark 48:44
17. Laura McGraw 48:50
18. Diana Brown 49:19
19. Pat Robertson 49:27
20. Jennifer Mobley 52:10
21. Rich Mobley 52:10
22. Jackie Sanders 53:46
23. Cynthia Sanders 53:50
24. Kim Frazier 53:52
25. Aaron Clark 54:12

1 Mile Fun Run

1mile Fun Run

Boys:

1. Adam McDivitt 6:31
2. Renn Martin 6:34
3. Braydon York 8:11

Girls:

1. Brooke Hasty 6:40
2. Margo Hornocker 7:22
3. Jenessa Hasty 8:25
4. Elizabeth McDivitt 8:34
5. Shaye Martin 9:12
6. Lauren Weber 9:14

Club Kokomo Weekly Fun Mile
Wednesday, August 5, 2009
Highland Park Walk/Bike Path

1. Joe Rangel 5:46
2. Dan Lutes 6:01
3. Chris Frazier 6:02
4. Charlie Skoog 6:57
5. Nikki Frazier 7:39
6. Robin Tetrault 8:23
7. Amber Longwith 8:41
8. Aidan Frazier 9:22

9. Mandy Oaks 9:37
10. Jordan Ousley 9:37
11. Bob Longwith 9:53
12. Hannah Moore 10:56
13. Byron Bundrent 10:57
14. Sam Tweed 11:10
15. Andrea Eckelbarger 11:22
16. Sylvia Burgin 11:44
17. Geana Moore 12:20
18. Cathy Longwith 15:17
19. Diana Brown 16:14
20. Markus Henderson 17:39
21. Taliyah Davis 17:43

Club Kokomo Weekly Fun Mile
Wednesday, August 12, 2009
Highland Park Walk/Bike Path

1. Chris Frazier 5:34
2. Joseph Williams 6:32
3. Justin Taflinger 6:43
4. Charlie Skoog 7:09
5. Anna Dollens 7:38
6. Joe Rangel 7:39
7. Kailee Taflinger 8:23
8. Mandy Oaks 8:38
9. Jordan Ousley 8:39
10. Aidan Frazier 10:03
11. Vince Lorenz 10:26
12. Andrea Eckelbarger 11:14
13. Sam Tweed 11:16
14. Hannah Moore 11:24
15. Ron Moore 11:26
16. Geana Moore 13:33
17. Tanna Connor 14:14
18. Jackie Sanders 16:33
19. Cindy Sanders 16:38
20. Betty Rose 19:37

Club Kokomo Weekly Fun Mile
Wednesday, August 19, 2009
Highland Park Walk/Bike Path

1. Chris Frazier 5:32
2. Jordan Ousley 5:48
3. Joe Rangel 6:31
4. Todd Moser 6:49
5. Charlie Skoog 6:53
6. Tahnee Azure 7:05
7. Justin Taflinger 7:07
8. Jeff Johnson 7:13
9. Nikki Frazier 7:41
10. Anna Dollens 8:00
11. Kailee Taflinger 8:34
12. Pat Tweed 8:53
13. Amber Longwith 9:25
14. Bob Longwith 10:05
15. Sam Tweed 10:26
16. Aidan Frazier 10:35
17. Andrea Eckelbarger 10:55
18. Jackie Sanders 17:03
19. Cindy Sanders 17:12

RACE RESULTS CONTINUED

2009 CLUB KOKOMO AGE GRADED RACES

Saturday, August 08th, 2009
Highland Park, Kokomo, IN

4 Mile Age Graded Run

Place	Name	Age	Clock	Split
1.	Joe Rangel	60	28:10	24:55
2.	Waverly Neer	17	30:39	24:39
1 st Female				
3.	Dana Neer	46	30:45	24:15
4.	Gary Callahan	61	30:49	27:49
5.	Ryan Horner	16	31:33	23:33
6.	Kory Kennedy	19	32:12	23:27
7.	Chris Love	17	32:18	24:03
8.	Christopher Nunan	16	32:19	24:19
9.	Ben Bradshaw	16	32:31	24:31
10.	Gina Sheets	41	33:03	29:18
11.	Scott Riggle	39	33:24	25:39
12.	Nicole Peel	39	33:44	29:29
13.	Cheryl Marner	50	33:47	32:17
14.	Kyle Young	19	33:48	25:03
15.	Kyle Starich	17	33:50	25:35
16.	Mark Shorter	57	34:09	30:09
17.	Waylon Coulter	14	34:19	27:19
18.	Chris Frazier	36	34:24	26:24
19.	Nich Lipari	17	34:30	26:15
20.	Jeff Cardwell	51	34:56	29:26
21.	Dave Harrison	38	35:03	27:18
22.	Jordan Garretson	17	35:14	26:59
23.	Al Hochgesang	49	35:21	29:21
24.	Anna Dollens	53	35:21	30:36
25.	Gary Willis	44	35:22	28:37
26.	Mike Daughtery	58	35:53	32:08
27.	Earl Strong	53	36:01	31:01
28.	Michael Graham	43	36:02	29:02
29.	Barb Millspaugh	39	36:02	31:47
30.	Scot Hamilton	53	36:26	31:26
31.	Doug Nunan	45	36:35	29:50
32.	Joe Whitmore	16	36:55	28:55
33.	Lyle Miller	54	36:55	32:10
34.	Keith McAndrews	53	37:06	32:06
35.	Jordan Ousley	21	37:19	28:04
36.	Gregory Townsend	54	37:30	32:45
37.	Mike Deardorff	55	37:36	33:06
38.	Kim Lee	48	37:43	31:43
39.	Paula Kucholik	42	37:45	34:15
40.	Darrell York	62	37:50	35:05
41.	Bre Nicholas	17	37:51	31:51
42.	Jen Elliot	18	37:51	31:36
43.	Nikki Frazier	36	37:59	32:59
44.	Mike Shoenrad	47	38:19	32:04
45.	Dave White	57	39:04	35:04
46.	Corey Swart	29	39:24	30:09
47.	Anthony Grandstaff	38	39:34	31:49
48.	Abby Michael	47	39:37	37:22
49.	Melissa Goad	28	39:38	32:53
50.	Teresa Saenz	48	39:48	37:48
51.	Krissy Durr	15	39:55	35:10
52.	Kim Coy	40	41:09	37:09
53.	Ricke Stucker	61	41:21	38:21
54.	Erin Weber	15	41:30	36:45
55.	Robin Cole	57	42:04	41:34

Place	Name	Age	Clock	Split
56.	Doug Mankell	65	42:08	40:08
57.	Karen Bush	32	42:15	36:15
58.	Nathan Miles	14	42:28	35:28
59.	Brandon Hargraves	17	43:04	37:04
60.	Cara Mckeller	47	43:47	41:32
61.	Christopher Topel	21	43:49	34:34
62.	Tanika Forestal	30	43:56	37:26
63.	Laurie Ousley	50	44:38	43:08
64.	Marsha Daughtery	56	44:41	44:11
65.	Andrea Mayfield	26	45:21	38:06
66.	Robert Cupp	73	45:45	45:15
67.	Christina Sheroan	36	47:18	42:18
68.	Barb Durr	41	49:01	45:16
69.	Amber Longwith	22	51:14	43:59
70.	Sylvia Burgin	64	54:50	54:50

5K Walk

Place	Name	Clock
1.	Rick Spencer	31:38
2.	Mary Miller	31:54
3.	Russell Fox	32:16
4.	Vince Lorenz	33:02
5.	Jerry Lambert	34:40
6.	Tim Taflinger	35:38
7.	Toney Lorenz	35:49
8.	Amanda Pena	36:57
9.	Robin Michael	37:27
10.	Becky Mayfield	40:26
11.	Jayne Hiatt	42:34
12.	Jamie Brunner	43:19
13.	Milt Brown	44:57
14.	Debbie Riffe	45:33
15.	Kimberly Story	55:56
16.	Amy Irick	56:57

1st Female

Club Kokomo Weekly Fun Mile
Wednesday, August 26, 2009
Highland Park Walk/Bike Path

1. Steve Scott 5:17
2. Scott Stucker 6:40
3. Kim Lee 6:42
4. Charlie Skoog 6:54
5. Tahnee Azure 7:14
6. Jeff Johnson 7:54
7. Justin Taflinger 8:00
8. Pat Tweed 8:05
9. Anna Dollens 8:07
10. Kailee Taflinger 8:42
11. Riley Case 8:45
12. Amber Longwith 9:05
13. Bob Longwith 9:57
14. Sam Tweed 10:15
15. S. N. Rangel 15:57
16. Joe Rangel 15:58
17. Jackie Sanders 16:19

RACE CALENDARS

OTHER RACES

September 26
BeeBumble 5k-10k Run/5k
Walk

Time: 8 AM

Location: Burnettsville, IN

October 2
2nd Annual Ladies Night Out 5K
Non-Points Event

Time: 6:00 p.m.

Location: Downtown Kokomo

Contact: Rebekah Monroe

Phone: (765) 461-8387

Email: [re-](mailto:re-bekah.a.monroe@gmail.com)

[bekah.a.monroe@gmail.com](mailto:re-bekah.a.monroe@gmail.com)

October 3

Cole Porter 5k-15K Run/5k
Walk

Time: 8:30 AM

Location: Peru, IN

October 18

Club Kokomo 8k Run/3 Mile Walk

Time: 2 PM

Location: Nickel Plate Trail, Peru

November 8

Run the Mounds 5m Run/Walk

Time: 2 PM

Location: Anderson, IN

November 14

Charity Run/Walk 5k

Time: 9 AM

Location: UAW Local 292

November 26

CKRR Thanksgiving Day Fun
Run

Time: 8 AM

Location: Highland Park

(Non Points)

December 6

CKRR We Care 5k Run/Walk

Time: 2 PM

Location: Grace Fellowship

Church

(20 pts each finisher)

December 31

New Years Eve 5k Run/Walk

Time: 2 PM

Location: UAW Local 292

3rd Annual Tippy Connect

5k Run/Walk Sept 12, 2009

Online Registration

www.tippyconnectyp.com

Soles to Souls

5k run/walk and 10k run.

October 10, 2009

9:00am Westside Park, Muncie,
IN.

on-line registration at

www.solestosouls.com

RACE RESULTS CONTINUED

RUN FOR SHLETER 5K SATURDAY, AUGUST 22

1 Dana Neer 19:26
2 Michael Ladd 20:35
3 Jordan Ousley 21:41
4 Dave Harrison 22:08
5 Greg Steele 22:15
6 Gary Callahan 22:21
7 Jeff Cardwell 22:22
8 Dewey Akers 22:35
9 Al Hochgesang 22:37
10 Gary Willis 22:51
11 Ryan Mickelson 22:54
12 Todd Moser 24:24
13 Paul Wyman 24:41
14 Charlie Skoog 24:48
15 Kim Lee 24:55
16 Dave Horine 24:55
17 Annie Horine 24:56
18 Barb Millspaugh 25:02
19 Ken Swinehart 25:50
20 James Pressgrove 25:54
21 Gregory Townsend 25:56
22 Melissa Goad 26:10
23 James Hullinger 26:24
24 Russ Hovermale 26:38
25 Tanika Forestal 26:41
26 Jerry Meiring 27:02
27 Nikki Frazier 27:20
28 Paula Kucholick 27:24
29 Karl Stoneking 27:27
30 Martin Martino 27:36
31 Tom Miklik 27:55
32 Jason Braun 28:15
33 Dave White 28:21
34 Kirsten Leisure 29:26
35 Cassie Bauson 29:43

36 Brian Allen 29:49
37 Ricke Stucker 30:13
38 Joyce Pennycoff 30:56
39 Renee Hullinger 31:08
40 Clayton Farris 31:12
41 Elizabeth Gill 31:14
42 Darrell Frazier 31:15
43 Laura Cook 31:15
44 Jillian Ladow 31:24
45 Brigit Braun 31:54
46 Melissa Carroll 32:00
47 Adriene Riggle 32:01
48 Cole Braun 32:33
49 Aidon Frazier 32:43
50 Jeff Ladow 33:30
51 Robin Cole 34:07
52 Angela Kelley 34:13
53 Laurie Ousley 34:56
54 Andrea Eckelbarger 38:56
55 Anita Frazier 40:45
56 Sylvia Burgin 47:13
57 Larry Rolland 52:28

5K Walk

1 Rick Spencer 33:18
2 Kim Brewster 34:27
3 Jerry Lambert 35:41
4 Kathy Holcomb 37:52
5 Amanda Pena 38:04
6 Fredrick Taylor 38:33
7 Mary Miller 39:42
8 Robin Hehr 40:23
9 Don Hurd 41:48
10 Jane Inman 43:58

11 Raye Jean Swinehart 44:01
12 Ray Bradway Jr. 45:01
13 Tom Whitmore 45:02
14 Jayne Hiatt 45:30
15 Debbie Riffe 45:58
16 Dick Summerton 46:59
17 Elissa Hughes 48:38
18 Scottie McCowan 48:38
19 Angie Bowman 48:39
20 Beth Green 48:39
21 Marcia Maple 49:44
22 Sherry Stoneking 49:44
23 Sandy McNulty 49:45
24 Mark Malin 52:26
25 Lori Cardwell 53:06
26 Shelia Miller 53:07
27 Aaron Clark 53:10
28 John McCool 53:10
29 Diana Brown 53:23
30 Paul Wilson 53:23
31 Lisa McCool 53:50
32 Michael Torkelson 53:52
33 Susan Torkelson 55:51
34 Jennifer Rice 56:04
35 Raenay Judeika 56:05
36 Jackie Sanders 58:00
37 Patricia Buckley 59:14
38 Laurie Wardrop 59:14
39 Arnie Buckley 59:15
40 Kevin Holloway 59:52
41 Cameron Holloway 1:00:01
42 Deanna Holloway 1:00:53
43 Josh Bargerhuff 1:00:53
44 Connie Bargerhuff 1:01:05
45 Holly Pasquale 1:01:05

Next Club Meeting

is on

September 14

At Half Moon Brew Pub

Social Hour 5:30

Meeting Starts at 6:30

On the agenda is the 2010 race
calendar.

See you there!

Club Kokomo Roadrunners
2936 Congress Avenue
Kokomo, IN 46902

**INSIDE THIS
ISSUE:**

**FROM THE
PRESIDENT 2**

**GNO & SYM-
PHONY 5K 3**

AGE GRADED 3

THE CRIM 4

BIRTHDAYS 4

**MINUTES/
AGENDA 5**

CONVERSE 5K 5

**POINT STAND-
INGS 6**

**RACE
RESULTS 7**

**RACE
RESULTS 8**

**RACE
CALENDARS 9**