

August 2009

URL: www.ckrr.usckrr.newseditor@att.net

The Roadrunner



Kona Marathon (Fifty Down, Zero to Go!)

By Dan Lutes

August 1
Norris Insurance 5K
 Run/ Walk
 8 AM
 Converse, IN

August 8
CKRR Age-Graded 4 Mile
Run & 5K Walk
 8 AM
 Highland Park

August 22
CAM Run for Shelter 5k
 Run/Walk
 8 AM
 Oakbrook Valley

Inside this issue:

From the President	2
On the Trails	3
Coyote Kids	4
Panther Prowl	4
Race for Grace	5
Race Results	6
Meeting Minutes	8
Other Race Results	8
Points Standings	9
Haynes Photos	10
Birthday List	11
Race Calendar	11
Other Races	11



Yeah! Check off number 50. That feels pretty good! With the Kona Marathon completed on June 28th, my goal of running a marathon in all 50 States was complete after almost 16 years of craziness. My family and I saved Hawaii for last, thinking that would be a pretty good place to finish this trek, and Hawaii did not disappoint. We had an awesome vacation, covering two islands, with the marathon sandwiched in between. We started off with 6 nights on Oahu staying in Waikiki. We did a lot of swimming, snorkeling and sightseeing, using our Honolulu PowerPass to maximize our activity. So we were pretty tired after a week of constant running around and were ready for our week on the Big Island (Hawaii) which is much more laid back. We flew in the Friday before the marathon and then went to the host hotel

Saturday to pick up the packets. I had requested bib number 50 a few months back to the race director and she had obliged. It was a good thing I had asked, as there was actually another "50-Stater," Dennis Jennings from Illinois, there to finish his 50 on Sunday as well.

There was a 5:30 AM start, which was good, with a starting temperature of 68. Once the sun popped over the mountain at ~7am the temperature rose quickly to an eventual high of ~86. The course ran along the famed out-and-back Ironman course from Alii Drive in Kona along the ocean out to the Natural Energy Lab and then back again. I went out with the goal of running "eights" and even though the temperatures were high, I kept my 7:53 average going through about mile 16. I was even able to keep the pace going during the decent into the Energy Lab to the turnaround and back up and out, running through the black lava fields back to the main highway. At about mile 16, I saw another 50-Stater on his way out. He looked to be about 65 years old and was struggling. He had his 50 States shirt on, and looked to be in last place. We exchanged encouragement and congratulations, and I marveled at his determination. But then...I struggled to keep my own pace. Somewhere between mile 16 and 18, I hit the wall...and hard. The scenery suddenly wasn't so impressive, and my "race" turned into an effort to "just not walk." I did pick it up a little at the end and passed two runners in the last half mile to sneak into the top 30 (I came in 29th!)

I took advantage of the post race massages to cool down and thoroughly enjoyed the post race activities. The food included local favorites such as shaved ice, Kona Coffee, and Kona Longboard beer. The post race activities were hosted by Olympian Frank Shorter who had run the 5K earlier with a broken toe. I met up with the other 50-State finisher, Dennis, and we swapped stories and snapped photos for each other. After that, our family went back to the condo and spent a relaxing afternoon by the pool. The rest of the week was spent touring the Big Island's waterfalls and active volcanoes and, of course, more swimming and snorkeling. Our last night (4th of July) we went to the "Gathering of the Kings" Luau. There, we gorged ourselves on island delicacies and enjoyed the show which included song and dance from all the Polynesian Islands along with the traditional Hawaiian theme. What a perfect ending to the perfect trip! After 16 days, we almost didn't want to come back...but we did...and here I sit typing.

I must say, I thought I'd be a lot more reflective after doing all 50 States, but to tell you the truth, it feels pretty similar to the normal "post race recovery." I'm already planning the next race, either Indy Monumental or Las Vegas (or both). I've worked with both the 50 States Club and 50+DC Group

(Continued on page 2)

From the President

By Gina Sheets



"I always loved running...it was something you could do by yourself, and under your own power. You could go in any direction, fast or slow as you wanted, fighting the wind if you felt like it, seeking out new sights just on the strength of your feet and the courage of your lungs."

-Jesse Owens

I recently created two new routes in our "country neighborhood" to run. My very generous running partners eagerly tackled my new hill route and had nothing but pleasant comments to share with me when we finished with our 12 mile mountainous climb, (as mountainous as Clinton County can be). I agree with Jesse Owens, running or walking gives me more than I leave on the road/trail. Running gives me something I can control, whether it is the pace, the route, the time or the direction I decide what to do. Running gives me a time to converse with GOD, to praise, cry out, to seek, to listen and to grow in HIM. Running is a release from the conversations and encounters of the day. Running is a great way to explore a community, a park, a downtown. Running is an opportunity to learn more about my friends, to make new friends, to engage in good dialogue and solve the worlds' problems. Running helps me maintain good mental and

physical health. I hope you can find the same rewards in your walking and running.

If you are looking for a great event to start your walking or running habit, look no further than your own Club Kokomo Website and in this newsletter. I would encourage you to come down to the 5:30pm, Wednesday night Fun Mile walk/run at Highland Park. This is a great way to meet new people, start your walking and running program with a marked and timed mile, or those of you who are wanting to improve their race times at any distance, the Fun Mile is a great speed work out for you.

Are you looking for a fall half marathon or marathon to do? We have a group going to Dayton Ohio to run the United States Air Force Marathon (and Half) at the Wright Patterson Base. The race is on Saturday, September 19th and you can find more information at www.usafmarathon.com We have two car loads going at this time so let me know if you have interest, it is always fun to travel with a group of friends and cheer for each other at the finish line.

Remember Club Kokomo Roadrunners is your Club and I would encourage you to attend the Board meetings which take place the second Monday of the month, 5:30 to socialize and 6:30 meeting start time at the Half Moon Brew Pub. I value your input and your thoughts. Our next meeting is Monday, August 10th. I hope to see you.

Be careful out there –

Gina

(Continued from page 1)

and am now listed as a certified finisher on both websites. (439th on one, and 349th on the other...whoo hoo, top 500!) I know there are several others in Club Kokomo who are working on this 50-State goal as well. Earl is the closest right now with 46 down (he and Brycen came over to show his Alaska pictures last week – very nice!) All I can say to the rest is keep running, and keep good documentation if you want your finish to be certified. Proof is required! Good luck to all.

More articles can be seen at the following links.

Kokomo Tribune:

http://www.kokomotribune.com/archivesearch/lo-cal_story_177231443.html

Indianapolis Star (before marathon):

<http://www.indystar.com/apps/pbcs.dll/article?AID=2009906270424>

Indianapolis Star (after marathon):

<http://www.indystar.com/apps/pbcs.dll/article?AID=2009907020396>



Dan and family in Hawaii

On the Trails — More Than Just Fun

By Charlie Skoog



Jackie and Charlie at 2009 Panther Prowl

The first Club Kokomo Fun Mile was held on April 11, 2007, at 6:00 PM with 3 participants including current club member Sylvia Burgin. As the weeks have rolled by there have been some special memories for hundreds of runners and walkers. We have had many beginners exploring what it feels like to pick up the pace as well as folks in a more serious mode striving for a personal best measuring their training against the clock. There are others like me, on the downside of fast, but still enjoying the race we all eventually lose against father time. Recognizing that makes the memories I am about to share all the more special.

As we moved into the summer of 2007 more folks were discovering the Fun Mile including several families, moms, dads and grandparents alternating pushing the kids in a stroller or baby jogger while another family member might go for a personal or seasonal best time. And of course anybody who might happen to be visiting Highland Park on Wed. evening would be invited to participate! Most would recoil a bit wondering what's the catch and why would I be asking them to run or walk a free fun mile. Every now and then someone with a spirit of adven-

ture will say yes. My favorite "victim" has to be Wanda Wood who was visiting the park on June 20, 2007, planning to enjoy a stroll before the Park Band Concert commenced. Wanda, who is in her 80's, was impeccably dressed but was sporting some nice walking shoes. She shared with me how she used to frolic in the park over 70 years ago and was curious to see if she could finish a mile before the concert started. Wanda strolled the mile in 27:51 that day, perhaps slowed down by her 80 year old friend Mary Cogill. That same day, Zoe Irvin who was 4 days shy of 3 years old decided to abandon her brother in mom's baby jogger and blazed a time of 13:10 in her baby Croc's. That was enough for Zoe but Wanda was hooked and the next week she showed up with a younger faster friend clocking 20:06. The next week she crashed more time barriers with a 17:53 saying that friends enjoyed seeing her name in the KT's scoreboard section. On July 11, Wanda's "faster" friend could not compete but undeterred my 80 something inspiration registered yet another astonishing PR of 16:28.

That same day saw college student and Indiana Wesleyan All American basketball player, Lisa Thompson, run a then, women's course record 6:30. By the end of summer, Lisa, who was also an Indiana All Star as a Lady Kat shared with me that competing in the Fun Mile had gotten her in the best shape of her life as she entered her senior season.

Finishing just ahead of Wanda on her record setting day was another dear friend and inspiration, Jackie Sanders. Jackie had a stroke in the mid-90's but he has a Spirit inside him that will never be denied and can conquer all things. He is a man of few words, much love and many hugs! Jack is a fixture at the Fun Mile and used to ride his bike to the event until a crash last year grounded him with several broken bones. Jackie worked his way back to competing in the Fun Mile, depending on family members to drive him to the park. Several weeks ago, on one of the hottest days of the year, I was concerned that Jack had not arrived as the 5:30 start time neared. Then as

we headed to the start line I saw my inspiration walking towards me, with a ride unavailable, Jackie had willed himself to starting line on foot. Jack's body has been beaten down, burdened and broken but the spirit that lives inside him will never be defeated and in that we can all take comfort.

**Wednesday evening
group runs are back
starting this week.**

**CKRR club run will be at
5:45 PM at Highland Park
by the concession stand.**

**We will meet there every
Wednesday evening and
start together.**

The Fun Mile Run/Walk continues to start at 5:30 every Wednesday at Highland Park. Many runners and walkers gather at the park that night for the synergy and fellowship of a group run of 3 or more miles while others have incorporated interval workouts into the training mix. Some of you would like to see the Fun Mile start as early as 5:00 while others would prefer a later starting time all the way up to 6:00 PM. In the coming weeks I will be conducting a poll of participants to achieve consensus on a starting time that best matches our varied schedules. If you have an opinion we would like to hear from you and better yet Jackie and I would love for you to share our experience remembering and knowing "There is more than just fun at the Fun Mile!"

Coyote Kids 2009

By Mr. and Mrs. Coyote

Coyote Kids had another fun-filled, successful year. We were disappointed to have to cancel week 2 because of rain. We seemed to lose momentum after registering a record 800 runners by the first week of races. Keep spreading the word about our program! We had many first timers again this year. We still finished the season with 1037 registrations! We are proud to say we had 249 perfect attendance award winners, running ALL 6 weeks! We also had 296 participation medal winners! THAT is a wonderful percentage of participants coming at least 4 of the 6 weeks! This shows commitment on the part of the kids and the parents.

Thank you to all of you that volunteered every week parking cars, registering runners, passing out nametags, popsicles, ribbons, timing the runs, working the finish line, setting up the course, and taking it down, taking pictures, those that ran along with the kids, and thank you to Mindy Tetrault for the HOURS she spent putting the results on the website each week and maintaining the site! We needed ALL of you and we APPRECIATE



ALL of YOU! Without our volunteers and sponsors Coyote Kids doesn't happen.

Speaking of sponsors, we want to give them one more "shout out"! Thanks so much to our major sponsors and friends that helped with their donations!

UAW Local 292, First Congregational United Church of Christ, Herbst Apothecary, Inc., Grace Fellowship Church, Goodfellows of Kokomo, Norris Insurance,

Mark Dabrowski, The Wyman Group, Howard Regional Health Systems, North Central Pediatrics, Club Fitness 24 by Powerhouse Gym, Kiwanis Club of Metropolitan Kokomo, Red Dot Trophies, and Coca Cola

Thanks again, for your commitment to health and fitness in our community through running Coyote Kids! Capt and Mrs. Coyote and family

Panther Prowl

By Ben Bradshaw



Long-sleeves were essential for many runners on a Saturday morning 5k race in mid-July. The temperature was in the mid-fifties and with a little wind, most runners found it hard to get "warmed up". This race, called the Panther Prowl, has been held as a fundraiser benefiting Western High School's cross country programs since 2002. The course is located on roads behind

Western High School and is relatively flat.

Austin Young, a Western High School runner, took the overall 5k title with an impressive pre-season 16:27. Eastern runner Ryan Horner finished second, and local runner Joshua Hughes was third. Bethany Neely, also an Eastern runner, won the women's 5k in 21:04. Vincente Lorenz and Mary Miller won the Men's and Women's 5k walks, respectively. As a Western High School runner myself, I would like to thank all who participated and supported Western High School's cross country programs.



Vincente Lorenz at the Panther Prowl

Race for Grace

By Ray Tetrault



Looking out the window of my bedroom it looked like a great day to run. It was overcast and in my house it felt cool. After stepping outside my view was altered considerably! The moisture in the air would have kept fish alive for days. All the way over to Logansport I kept asking God for rain.

Apparently Elijah had more pull than I do as no rain appeared on the ride over.

Arriving at registration I was greeted with the usual smiling faces. Everyone was glad to see each other and it looked like a family reunion. The shirts this year were incredibly awesome. I heard tons of positive comments about them. I made some myself! The humidity was forgotten because I have another really great shirt to wear.

Robin and I started out on a simple 1 mile warm-up. We got to the bottom of the hill that we would have to run up to the finish line and we were both as wet as the air. By the time we were ready to turn around my body was leaking in places I didn't know could sweat. On our return back to get ready for the start some raindrops started coming down. "Hey Lord, I gave up on that prayer. I hate running in the rain so You can hold up on the rain for a bit." The rain stopped. Maybe

Elijah isn't too far removed from me after all!

I determined to start the race at a slower pace than my original plan, given I would be breathing humid air. This plan was challenged in the first mile as other runners went out quick. By the time I reached the turnaround point I was glad to have started out slower. I felt fine and saw others laboring. The return trip felt great with it's long, slow downhill descent. The benefit of starting slower helped me. I began to look ahead to people to try and catch. In my mind I could see me catching up to the speedy guys. Where's Joe Rangel? I couldn't see him. Where's Shorter? Couldn't see him either. Where's Skoog? I couldn't even see him. Eventually I set my sights on easier targets. And my body began to laugh at my mind as I passed none of my targets. I hit the bottom of the hill to start the first of the last two uphill climbs with my heart pounding, my breathing labored, and no energy left. As I struggled in I once again realized my limitations and how blessed we all are to have a God who still loves us in spite of ourselves. The final push to the finish line was to honor Him.

Crossing the finish line was a relief. I immediately went over to grab water and head back out to the course to cool down with a slow jog.

"Thank you Lord for holding back the rain while I was running. You know how much I hate squishy shoes and

wet socks." I made it out about a half mile and began to head in cheering for friends and others I didn't know. God laughed and let loose the rains He had held back. It wasn't a drizzle. It was a downpour. I came back in with soaked sock and squishy shoes. Elijah is the man! Reflecting on the race I am once again reminded that this life isn't permanent. The race I run is to gain the prize from the One who loved me enough to die for me. My one goal in life isn't to catch up with others, it's to become as much like Him as possible. All the awards given at the Race for Grace are nothing compared to the reward of hearing Jesus say, "Well done, good and faithful servant." See you on the roads and at the Race for Grace next year!



Waiting for the prizes & awards at Race for Grace



Congratulations to Charlie Skoogs on being named Good-fellows volunteer of the year!!

Race Results

Club Kokomo Fun Mile Wednesday, July 1, 2009 Highland Park

1. Tim Taflinger II 5:55
2. Jordan Ousley 6:04
3. Joe Rangel 6:06
4. Jeff Johnson 7:00
5. Tahnee Azure 7:04
6. Charlie Skoog 7:05
7. Tami Moore 7:26
8. Laura Rosenstengel 7:30
9. Ray Tetrault 7:37
10. Anna Dollens 7:50
11. Kailee Taflinger 8:06
12. Riley Girton 8:30
13. Amber Longwith 8:40
14. Alison Brantley 8:58
15. Robin Tetrault 8:58
16. Alan Girton 9:19
17. Bob Longwith 10:20
18. Steve Geiselman 11:03
19. Sylvia Burgin 12:08
20. Jackie Sanders 16:57
21. Cindy Sanders 17:00

Club Kokomo Fun Mile Wednesday, July 8, 2009 Highland Park

1. Tim Taflinger II 5:32
2. Jordan Ousley 5:58
3. Matt Scharenbrock 6:07
4. Kim Lee 6:51
5. McKayle Brewer 6:52
6. Spencer Traylor 6:52
7. Charlie Skoog 6:56
8. Andreus Eddington 7:09
9. Laura Rosenstengel 7:14
10. Ray Tetrault 7:16
11. Sarah Lee 7:35
12. Anna Dollens 7:44
13. Joe Rangel 7:44
14. Bowe Brooks 7:51
15. Derick Brooks 7:51
16. Kailee Taflinger 8:04
17. Riley Girton 8:33
18. Amber Longwith 8:45
19. Brody Brooks 8:51
20. Maya Brooks 8:51
21. Alan Girton 9:28
22. Bob Longwith 9:59
23. Sharon Whelan 10:58
24. Sylvia Burgin 12:06
25. Jia Eddington 15:15
26. Jania Eddington 15:15
27. Jody Howell 15:23
28. Diana Brown 16:25

Race For Grace July 11, 2009

1. Scott Easley 18:30
2. Jordan Lee 18:54
3. Chris James 18:54
4. Joe Rangel 19:10
5. Brian Van Soest 19:35
6. Steve Humphrey 19:57
7. Kyle Wyson 19:58
8. Curtis Wilson 20:00
9. Ron Wilkinson 20:05
10. Shanna Bonnell 20:06 1st Female
11. Tim Taflinger II 20:18
12. Heather Weber 20:30
13. Sam Williamson 20:50
14. KK Maughmer 20:50
15. Hunter Upton 21:15
16. Matt Scharenbrock 21:27
17. Madison Carney 21:29
18. Brent Noll 21:33
19. Jeff Scott 21:50
20. Gary Willis 21:51
21. Jacob Graf 22:08
22. Meaghan Collin 22:11
23. Terry Engle 22:15
24. Chuck LaDow 22:16
25. Tony Graf 22:21
26. Michael Graham 22:27
27. Garrett Redweik 22:36
28. Ken Swinehart 22:38
29. Darryl Bollhoefer 22:48
30. Christie Olson 22:55
31. Ashley Baber 23:03
32. Jeff Austen 23:04
33. Jim McCarthy 23:07
34. Brian Shockley 23:16
35. Steve Carney 23:18
36. Mark Shorter 23:20
37. Ken Austen 23:22
38. Phil Rozzi 23:30
39. Jevon Beany 23:32
40. TA Weber 23:45
41. Mike Ott 23:48
42. Jazzmin Humphrey 23:49
43. Rick Maughmer 23:51
44. Craig Blume 23:54
45. Bill Bauman 24:01
46. Julie Rausch 24:02
47. Mark Wamsley 24:11
48. Kim Lee 24:15
49. Kristina Durr 24:15
50. David Wagoner 24:16
51. David Hughes 24:53
52. Charlie Skoog 24:23
53. Mike Daugherty 24:45
54. Donnie Johnson 24:45
55. Bill Graybeal 24:50
56. Talie Jones 24:51
57. Alex Calisto 24:56
58. Laura Snipes 24:57
59. Mike Schoenrad 25:10

60. Gregory Townsend 25:46
61. Kelly Young 25:17
62. Kelsey Danhauser 25:19
63. Ray Tetrault 25:20
64. Jeff Saylor 25:24
65. Emilie Hobbs 25:35
66. Zachary Klinkhamer 25:41
67. Mark Smith 25:49
68. Lisa Hobbs 25:51
69. Nolan Pugh 25:53
70. Roxanne Burrous 25:55
71. Mark Eads 26:33
72. Kelsey Durr 26:06
73. Mike Deardorff 26:08
74. Kara Smith 26:13
75. Michale Cox 26:16
76. Sarah Lee 26:19
77. Russ Hovermale 26:23
78. Andrew Achey 26:38
79. Bryan Ellis 26:39
80. Jacob Johnson 26:40
81. Anna Dollens 26:43
82. Kevin Mast 26:46
83. Isaiah Scott 26:49
84. David Calisto 26:50
85. Melanee Howard 26:51
86. Scott Smith 26:58
87. Dave White 27:07
88. Joe Stetz 27:09
89. Kim Anderson 27:12
90. Robin Tetrault 27:18
91. Gabi Carney 27:19
92. Matthew McLaughlin 27:22
93. Charlotte Scott 27:25
94. Anthony Grandstaff 27:39
95. Ernie Hurst 27:40
96. Mitchell Johnson 27:43
97. Lamar Stovall 27:45
98. Brian Allen 27:47
99. Tonika Forrestal 27:55
100. Stan Shuey 27:56
101. Abby Michael 27:57
102. Todd Hosteller 27:58
103. Amy Sarkar 28:02
104. Ryan Edge 28:03
105. Lauren Fincher 28:06
106. Bridget Muller 28:08
107. Jim Truman 28:14
108. Tom Miklik 28:16
109. Kelly Smith 28:35
110. Ezra Lewellen 28:36
111. Michelle Bryan 28:40
112. Kellie Shideler 28:42
113. Nicole Beaun 28:43
114. Roger Baber 28:47
115. Will Scott 28:53
116. Ricke Stucker 29:28
117. Kayla Turner 29:35
118. Amy Werner 29:38
119. Nancy Musselman 29:40
120. Dave Nicoles 29:45
121. Norma Humphrey 30:06
122. Dale Sullivan 30:16
123. Adriene Riggle 30:27
124. Danna Myers 30:34
125. Angela Kelley 30:57
126. Lori Myers 31:06
127. Rhenda Acton 31:07
128. Wendy Orpurt 31:07
129. Lisa Kimbrough 31:08
130. Sarah Shockney 31:11
131. Bryan Johnson 31:25
132. Brian Saunders 31:30
133. Addai Lewellen 31:52
134. Barb Durr 32:00
135. Tammy Tolle 32:12
136. Melinda Peterson 32:07
137. Robin Cole 32:11
138. Nina Gilford 32:18
139. Ryan Lewellen 32:30
140. Megan Mannering 32:31
141. Stacy Rans 32:32
142. Melinda Rogers 32:32
143. Robert Cupp 32:52
144. Samantha Thompson 33:23
145. Tyler Thompson 33:24
146. James Ferguson 33:25
147. Nicole Erny 33:26
148. Abigail Russow 33:30
149. Jerry Lambert 33:31
150. Linda Scott 33:37
151. Amanda Cosby 33:47
152. Leo Burns 33:50
153. Ellen Kuker 34:10
154. Jennifer Baar 34:31
155. Charles Baar 34:31
156. Marsha Daugherty 34:42
157. Tessa Persley 34:59
158. Paige Bowditch 35:10
159. Dick Sims 35:19
160. Randi Peach 35:20
161. Christy Bean 35:21
162. Kristen Erny 35:23
163. Michael Erny 35:24
164. Stacy Lods 35:28
165. Hillery Taylor 35:48
166. Deborah Kiser 36:25
167. Janet Erny 36:50
168. Emily Fawcett 36:56
169. Janelle Zabst 36:59
170. Natalie Baber 37:05
171. Mary Miller 38:08
172. Vince Lorenz 38:09
173. Rick Spencer 38:10
174. Michael Doty 38:11
175. Kayla Miller 38:13
176. Christine Williamson 38:16
177. Rachelle Pearson 38:17
178. Andra Blume 38:18
179. Stephanie Lewellen 38:20
180. Lois Stevens 38:20
181. Carmen Danhauser 38:53
182. Nathaniel Tritt 39:12
183. Mary Babb 39:14
184. Rachel Calisto 39:20
185. Adrian Calisto 39:21
186. Heidi Lucy 39:22
187. Brandi Rozzi 39:23
188. Lucy Burns 39:27
189. Dirk Raderstorf 39:32
190. Drake Michael 39:44
191. Jade Herr 39:53
192. Beth Moon 40:06
193. Amanda McCain 40:07
194. Holly Knight 40:07
195. Shantel Cuppy 40:08
196. Lori Kimbrell 40:17
197. Carly Ott 40:18
198. Reed Nethercutt 40:23
199. Beth Kinsey 40:38
200. Kathy Allen 40:39
201. Emily Allen 40:40
202. Bob Kinsey 40:42
203. Natalie Harpe 40:48
204. James Burrous 40:49
205. Charlie Slavens 41:09
206. Jeff Howard 41:59
207. Ann Sims 42:11
208. Robert McBride 43:15
209. Carleigh Raderstorf 43:19
210. Toney Lorenz 43:19
211. Tim Taflinger 43:20
212. Matt Vianco 43:21
213. Jayne Hiatt 43:35
214. Lynette Baber 43:40
215. Shirley Bishop 43:55
216. Chris Hess 43:56
217. Tami McMahan 43:58
218. Jackie Danhauser 44:03
219. Sarah Raderstorf 44:17
220. Hayley LaDow 44:34
221. Lisa Raderstorf 44:36
222. Larissa Oliver 45:45
223. Sue Kistler 46:18
224. Dick Summerton 46:37
225. Carson Miller 47:12
226. Bruce Kindem 47:54
227. Jooyce Gibbs 48:22
228. Emily Galbreath 48:38
229. Sharon Iantz 48:55
230. Lindsey Dolick 48:56
231. Jeanie Andrews 48:57
232. Allison Young 48:59
233. Heather Erny 49:44
234. Steve Miller 50:35

(Continued on page 7)

235. Angie Minglin 50:36
 236. Kelly Rith 50:39
 237. Kim Cramer 50:40
 238. Arden Cramer 50:41
 239. Matt Lange 50:42
 240. Lori Lange 50:43
 241. Alison Cramer 50:44
 242. Bryce Fawcett 51:04
 243. Jean Cole 52:37
 244. Annette Urbin 52:47
 245. Danielle Howard 52:48
 246. Debbie Riffe 52:50
 247. Amanda Pena 53:04
 248. Deb Williamson 53:05
 249. Nancy Zagajewski 53:06
 250. Jim Hall 53:07
 251. Kyle Hall 53:18
 252. Susan Hillis 54:01
 253. Tona McIntyre 54:14
 254. Jackie Sanders 54:16
 255. Cynthia Sanders 55:06
 256. Sue Walker 56:11
 257. Noy Sanders 56:13
 258. Autumn Kinsey 56:22
 259. Carol Leakey 56:25
 260. Gary Kinsey 57:12
 261. Carol Kinsey 57:13
 262. Valerie Sullivan 59:28
 263. Margo Tritt 59:31
 264. John Tritt 59:14
 265. Carol Roth 59:56
 266. Gina Nethercutt 59:57
 267. Katy Baar 59:59
 268. Mary Kay Baar 60:00
 269. Dawn Metzger 60:00

Club Kokomo Fun Mile

Wednesday, July 15, 2009
 Highland Park

1. Joshua Hughes 5:13
 2. Jordan Ousley 6:21
 3. Joseph Williams 6:26
 4. Tim Taflinger II 6:35
 5. Andreus Eddington 6:37
 6. Charlie Skoog 7:04
 7. Austin Williams 7:50
 8. Kailee Taflinger 8:03
 9. Karen Bush 8:06
 10. Andria Eddington 8:16
 11. Doug Mankell 8:39
 12. Riley Girton 8:50

13. Jania Eddington 8:52
 14. Adrienne Riggle 9:07
 15. Alan Girton 9:16
 16. Bob Longwith 9:53
 17. Vince Lorenz 10:31 (first walker)
 18. Kelly McMahan 14:32
 19. Jackie Sanders 16:45
 20. Cindy Sanders 16:48
 21. Jaka Raider 30:44
 22. Andrea Raider 30:45

Panther Prowl

July 18, 2009

1. Austin Young 16:27
 2. Ryan Horner 17:30
 3. Joshua Hughes 17:55
 4. Chris James 18:18
 5. Jordan Lee 18:43
 6. Kyle Young 18:47
 7. Jay Priest 18:49
 8. Braxton Bagwell 19:00
 9. Ben Bradshaw 19:06
 10. Matt Grider 19:10
 11. Brian VanSoest 19:10
 12. Scott Riggle 19:17
 13. Joe Rangel 19:21
 14. Minh Pham 19:23
 15. Waylon Coulter 19:29
 16. Isaac Pressgrove 20:27
 17. Joe Whitmore 20:36
 18. Jacob Bradshaw 20:39
 19. Gary Callahan 20:39
 20. Kyle Wysong 20:45
 21. Jordan Ousley 20:49
 22. Greg Steele 21:01
 23. Bethany Neeley 21:04 1st Female
 24. Al Hochgesang 21:07
 25. Gary Willis 21:08
 26. Brent Noll 21:18
 27. Jeff Cardwell 21:21
 28. Brittany Neeley 21:26
 29. Nicole Peel 21:34
 30. Michael Graham 21:41
 31. Cory Swart 21:44
 32. Ken Swinehart 22:05
 33. Gina Sheets 22:17
 34. Gretchen Catron 22:22
 35. Scott Hamilton 22:35
 36. Brittiani Gillem 22:45

37. Mark Shorter 22:54
 38. Jenn Elliott 23:16
 39. Corianne Myer 23:18
 40. Barb Millsbaugh 23:22
 41. Mike Daugherty 23:53
 42. Charlie Skoog 23:54
 43. Michelle Clendenning 23:57
 44. Breana Nicholas 23:59
 45. Kim Lee 24:05
 46. Jeff LaDow 24:28
 47. Gregory Townsend 24:33
 48. Grant Harbaugh 24:39
 49. Kristina Durr 24:40
 50. Ray Tetrault 24:43
 51. Randall DeSpain 24:46
 52. Jerry Meiring 24:49
 53. Melissa Goad 24:50
 54. Laura Bauson 24:51
 55. Peter Bauson 24:52
 56. Tony Grandstaff 25:02
 57. Michael Lake 25:04
 58. Jim Pressgrove 25:05
 59. Kelsey Durr 25:05
 60. George Grills 25:17
 61. Lacey Myer 25:27
 62. Cassie Myer 25:28
 63. Bill Bauson 25:30
 64. Lisa Frank 25:34
 65. Russ Hovermale 25:45
 66. Erin Weber 26:03
 67. Darrel York 26:08
 68. Anna Dollens 26:15
 69. Madeline Cassidy 26:20
 70. Mitchell Johnson 26:24
 71. Kelsey Griffin 26:26
 72. Lisa Jones 26:31
 73. Brian Allen 26:46
 74. Robin Tetrault 27:01
 75. Cassie Bauson 27:14
 76. Keagan James 27:16
 77. Vicki Boles 27:43
 78. Abby Michael 27:50
 79. Mark Love 28:23
 80. Joyce Pennycoff 28:37
 81. Keith Bauson 28:40
 82. Ricke Stucker 28:48
 83. Doug Mankell 28:50
 84. Paul Frank 28:56
 85. Laura Cook 29:11
 86. Jillian LaDow 30:03
 87. Adriene Riggle 30:17

88. Amber Longwith 30:27
 89. Bill Heck 31:06
 90. Robin Cole 31:17
 91. Adam Clark 31:57
 92. Laurie Ousley 32:54
 93. Jeff LaDow 33:07
 94. Marsha Daugherty 33:08
 95. Sharon Whelan 33:54
 96. Andrea Eckelbarger 35:19
 97. Jeannie Clark 35:27
 98. Robert Cupp 36:14
 99. Emily Allen 41:09
 100. Lynn Waddell 41:10
 101. Aaron Clark 49:24

5K Walk

Place Name Time

1. Mary Miller 31:42 1st Female
 2. Vincente Lorenz 32:12
 3. Jerry Lambert 32:49
 4. Tim Taflinger 32:56
 5. Christopher Sullivan 35:25
 6. Toney Lorenz 36:18
 7. Amanda Pena 36:38
 8. Robin Michael 36:47
 9. Fredrick Taylor 38:02
 10. Jane Inman 38:36
 11. Raye Jean Swinehart 39:36
 12. Kathy Allen 39:43
 13. Cindy Sullivan 41:12
 14. Jayne Hiatt 42:08
 15. Greg Wall 42:37
 16. Brenda Catron 43:44
 17. Jan Wall 43:46
 18. Jamie Brunner 43:59
 19. Dick Summerton 44:21
 20. Tanna Connor 44:22
 21. Milt Brown 44:56
 22. Debbie Rigffe 46:10
 23. Dina Brown 47:02
 24. Carol Savage 47:18
 25. Bruce Savage 49:22
 26. Pat Robertson 49:23
 27. Jackie Sanders 50:24

Fun Run

1. Auston Davenport 5:37
 2. Blake Shrader 5:56

3. Jake Steele 7:16
 4. Maya James 7:17 1st Female
 5. Pete Bradshaw 7:45
 6. Chris Pinto 8:2

Club Kokomo Fun Mile

Wednesday, July 22, 2009
 Highland Park

1. Matt York 5:16
 2. Waylon Coulter 5:28
 3. Dan Lutes 5:57
 4. Ron Moore 5:58
 5. Charlie Skoog 6:40
 6. Ray Tetrault 7:44
 7. Anna Dollens 7:46
 8. Robin Tetrault 8:10
 9. Mike Thrasher 8:20
 10. Amber Longwith 8:35
 11. Bob Longwith 9:36
 12. Jerry Lambert 10:15 (first walker)
 13. Sharon Whelan 10:22
 14. Hannah Moore 10:29
 15. Joe Rangel 10:30
 16. Geana Moore 11:23
 17. Jackie Sanders 16:43

Club Kokomo Fun Mile

Wednesday, July 29, 2009
 Highland Park

1. Joseph Williams 6:15
 2. Jordan Ousley 6:16
 3. Joe Rangel 6:20
 4. Charlie Skoog 6:55
 5. Derick Brooks 7:04
 6. Jeff Johnson 7:07
 7. Tahnee Azure 7:23
 8. Ray Tetrault 7:37
 9. Anna Dollens 7:43
 10. Bowe Brooks 7:57
 11. Robin Tetrault 8:10
 12. Amber Longwith 8:44
 13. Bob Longwith 9:25
 14. Tara Woods 9:33
 15. Andrea Eckelbarger 12:06
 16. Madi Woods 13:59
 17. Cathy Longwith 15:39
 18. Jackie Sanders 16:28

***** New 1 mile Record Holders *****

Kaliece Taflinger Age 0-12 Time 8:04

Anna Dollens Age 50-54 Time 7:43

August Meeting Agenda

CLUB KOKOMO ROADRUNNERS AGENDA
for

August 10th, 2009, Monday

5:30 social hour - 6:30pm meeting start

LOCATION – Half Moon Brew Pub

Welcome

Minutes

Financial Report

Race Director Reports:

Coyote Kids – final numbers

Kokomo Triathlon – report on return of
equipment

Age Graded

GNO

Charity Run

WE CARE Run

Old Business: Spoke with Tyler McClish he
has been give approval for his Eagle Scout
program and is requesting the \$200.00
donation be sent to his attention.

New Business:

DATE OF NEXT MEETING – September 14th,
2009

Meeting Minutes from July

Club Kokomo Roadrunners Meeting Minutes
July 13, 2009

Members Present: Anna Dollens, Rebekah
Monroe, Robin Tetrault, Scott Riggle, Diana
Brown, Robin Cole, Milt Brown, Gary Jewel,
Mark Shorter, Gina Sheets, Charlie Skoog,
Brian Reinhardt, Joni McCracken, Joyce Penny-
coff, Vicki Boles.

Reports:

Financial Report given by Mark Shorter.

General Fund \$2,519.58

Cowan Fund \$1,531.03

Coyote Kids Fund \$11,107.13

Race Director Reports

Haynes:

Race went very well. Need to look at course
where you make left off Walk of Excellence
onto Apperson. 1st runners had to weave
through walkers

Symphony Race:

Symphony is requesting to use club equipment:

Charlie motioned to approve request. Milt
Brown seconded. Unanimous vote.

Coyote Kids:

900 kids have registered.

250 have perfect attendance

Age Graded Race— Gary Jewel

Forms are out. Awards are purchased.

Need to verify park reservation.

GNO — Rebekah Monroe

Vicki motioned to support Bridges Out-
reach with a 50/50 split of profits from
event. Joni seconded. Vote Unanimous.

We Care Race: Possible location is Golden
Corral

New Years Eve 5k:

Joni McCracken will be new race director

Requests to purchase club tent:

Gary Jewel motioned to spend up to \$350
for a club tent. Diana Brown seconded.
14—yes 1- abstain.

Request to purchase Adobe Standard S/W
for newsletter publication.

Robin Tetrault motioned to spend up to
\$265 for Adobe S/W. Charlie Skoogs
seconded. 14—yes 1 abstain.

Tyler McClish is requesting a donation for his
Eagle Scout project to install mile markers on
the NPT.

Milt Brown motioned to support Tyler with a
\$200 donation and that if there is any extra
left over that it go to the NPT. Joni sec-
onded. Unanimous vote

New Business:

Gary Jewel requested to use club equipment
for Western Cross Country. (pylons, old
finish chute, rope, and runners ahead sign).

Charlie motioned to let them use equipment
and wave \$200 donation. Vicki seconded.

Vote 14 yes and 1 abstain.

Other Race Results

16th Annual Kona Marathon

June 28, 2009 - Kona, Hawaii

1 Justin Gilette 2:42:06

12 Gina Slaby 3:16:26

29 Dan Lutes 3:44:13

There were 224 finishers in the marathon.

Kokomo Sprint Triathlon

July 25, 2009

1 Matt York 58:10

3 Will Irvin 59:30

13 Chris Frazier 1:03:10

26 Scott Riggle 1:08:04

37 Paul Wyman 1:12:00

44 Michelle Clendenning 1:15:10

47 Allison Irvin 1:16:30

73 Kathleen Bagwell 1:24:50

77 Greg Townsend 1:25:30

81 Tom Miklik 1:26:00

92 Stephanie Bolinger 1:32:10

94 Kim Lee 1:33:10

103 Laura Cook 1:46:00

Welcome our

Newest member

Jody Howell

Points Standings

Races included are JN Amboy, Old Ben, Ultimate Challenge, Race for the Cure, JN Jackson Morrow, Trojan Trot, JN Greentown, Hanyes Apperson, Race for Grace, Panther Prowl, and any one marathon, half-marathon or volunteer. 10 points are awarded for both the Race for the Cure and the Relay for Life. Legend C=Race for Cure, R=Relay for Life, V=Volunteer, M=marathon, H=Half Marathon

Runners	40-44	Nich Lipari 3-50	Brian Reinhardt 6-110MHC	70+
Women	Gina Sheets 9-170MRV	Brent Noll 4-43	Kim Lee 9-105HR	Robert Cupp 6-95R
0-12	Patti Reinhardt 8-135MHCV	Joshua Revils 3-34	Ernie Hurst 8-96H	Bill Heck 4-80V
Breeze Gunter 4-80	Laura Cook 7-92H	Peter Bauson 2-27H	Rich Bradshaw 3-48H	Walkers
Aubry Jackson 1-15	Joni McCracken 4-75HV	Keith Bauson 2-26H	Phil Rozzi 3-42	Women
Kelsey Weber 1-10R	Michelle Larson 3-55H	Jesse Bauson 1-20H	Dana Neer 2-40	
Lauren Weber 1-10R	Kim Anderson 3-47H	James Longwith 1-20V	Bill Bauson 3-38H	
Natalie Weber 1-10R	Shelly Wyman 3-47H	Andrew Swinehart 1-20H	Mike Schoenrad 3-30	
	Laura Rosenstengel 3-39RV	Austin Young 1-20	Matt Bolinger 1-20H	49-
	Tami Moore 2-35H	Billy Pasquale 1-7	Byron Bundrent 1-20H	Mary Miller 13-230HCR
	Kim Coy 1-20H		Scott Deyoe 1-20H	Raye Jean Swinehart 8-130H
13-19	Lisa Hobbs 1-20	20-24	Eric Mathew 1-20H	Emily Allen 7-84HCR
Katie Hollingsworth 2-40		Sam Williamson, Jr. 3-60	Gary Jewell 1-10R	Carol Savage 4-56H
Maya Brooks 2-35	45-49	Zach Miller 2-30HR		Cindy Sullivan 3-34
Brittany Deyoe 1-20H	Roxane Burrous 4-80M	Bryan Phillips 1-20	50-54	Nicole Parry 1-15
Christina Deyoe 1-20H	Cheryl Marner 3-60H		Jeff Cardwell 9-180H	Sophie Frazier 1-9
Diana Deyoe 1-20H	Stephanie Bolinger 1-20H	25-29	Ray Tetrault 12-178MHRV	50+
Emily Hobbs 1-20	Chari Deyoe 1-20H	Mark Eads 4-80	Greg Townsend 9-114	Jane Inman 11-180HR
	Carla Yerkes 1-20H	Jason Rush 1-20H	Earl Strong 6-105MH	Amanda Pena 10-170CRV
20-24	Carrie Lee 1-10R	Cory Jackson 1-15	Jerry Meiring 8-88H	Jayne Hiatt 13-161HCR
Sarah Lee 6-110HR	50-54	30-34	Scott Hamilton 6-81	Debbie Riffe 10-101CRV
Amber Longwith 5-70R	Anna Dollens 12-215HC	Matt York 8-150HC	Mike Deardorff 6-70H	Pat Robertson 8-74HCR
Vanessa Lorenz 2-32	Robin Tetrault 11-182MHRV	Aaron McQuiston 3-50	Keith McAndrews 3-50H	Jeannie Clark 6-69V
Laura Bauson 1-20	Vicki Boles 9-142HR	Ryan Pownall 2-32H	Michael Campbell 2-40H	Diana Brown 8-64C10
Sarah Bauson 1-20H	Cassie Bauson 4-59H	Ryan Bagwell 1-20H	Russ Hovermale 3-26	Barbara Hobbs 5-63H
Megan Tetrault 1-20H	Lorene Sandifur 2-30HC		Jeff LaDow 3-22	Cynthia Sanders 6-48CR
	Theresa Barlow 2-19R	35-39	Tim Miller 1-10R	Kathy Allen 5-42R
25-29		Scott Colford 8-160H	55-59	Angela Lorenz 5-42R
Michelle Clendenning 5-100H	55-59	Chris James 8-145H	Joe Rangel 12-230HC	Trudy Pierce 2-25H
Rebekah Monroe 4-80MV	Joyce Pennycoff 9-160HCRV	Scott Riggle 9-127HCR	Mark Shorter 13-200HCRV	Helen Brown 1-10R
Kathleen Bagwell 3-55MH	Robin Cole 10-154C	T.A. Weber 9-111HR	Dave White 10-128HCRV	Renita Taflinger 1-10R
Michelle Tetrault 2-40HV	Rhenda Acton 6-110HV	William Irvin 4-67H	Charlie Skoog 9-120RV	Cathy Weidler 1-10C
Justine Eads 1-20	Judy Smith 3-50HCV	Dave Harrison 4-62HV	Tom Miklik 6-87HRV	Tanna Connor 1-9
Jaime Jackson 1-15	Chris Williamson 3-47V	Chris Frazier 3-37	Steve Wand 5-82HCV	
	Kathie Barnett 2-30RV	David Reinagle 2-29H	Fred Chew 4-58H	Men
30-34	Barb Wand 2-30CV	Michael Rood 2-28H	Rick Maughmer 3-47H	49-
Adriene Riggle 10-141HCR		Tim Taflinger II 2-27	Bruce Cook 2-40H	Vincente Lorenz 8-140R
Allison Irvin 6-120H	60-64	Keith Hill 1-20H	Rocky Smith 2-40HV	Chris Sullivan 6-95
Darcie York 4-62H	Sylvia Burgin 9-155HCR	Travis Sheets 1-20V	Jack Mellinger 3-30	Bruce Savage 4-56H
Michelle Boyd 4-60HV	Anne Wiles 5-80CRV	Derick Brooks 2-18	Don Gifford 1-20H	Tim Revils 3-34
Kelly Wright 3-55H	Doris Griffith 1-20V		Steve Kilcline 1-20H	
Julie Pownall 3-45H	Shirley Wilson 1-20	40-44		50+
Karen Bush 3-42HC		Gary Willis 11-187HCRV	60-64	Rick Spencer 10-179H
Mary Cameron 2-29H	65-69	Michael Graham 12-181HCRV	Ricke Stucker 12-187CR	Jerry Lambert 13-177HCRV
Sharon Whelan 2-24	Susan Gerhart 2-40H	Ron Moore 6-110HC	John Wiles 9-137HCRV	Tim Taflinger 12-174HCR
Jeanette Merritt 1-20H	Kathleen Leach 1-20	Brian Allen 8-99HCR	David Hughes 6-110C	Steve Inman 9-131HR
Monica Brooks 1-15	Men	Dan Lutes 4-75MH	Bill Barnett 4-70MHRV	Robin Michael 9-98H
35-39	0-12	Paul Wyman 4-55H	Darrell York 2-35	Toney Lorenz 8-74R
Nicole Peel 10-175MHRV	Keagan James 1-20	Todd Moser 2-30	Phil Leininger 2-32H	Jackie Sanders 9-64CR
Heather Weber 9-170HR		Kevin Forgrave 1-20	Walter Brown 1-20H	Jim Burrous 3-50HV
Barb Millsbaugh 10-149HC	13-19	Don Rogers 1-20H	65-69	Melvin Hobbs III 5-49H
Nikki Frazier 3-44	Waylon Coulter 7-96	Todd Marschand 1-12	Stan Shuey 8-140C	Robin Hehr 5-45
Lisa Jones 2-32H	Jordan Lee 5-85R		Doug Mankell 6-102H	Dick Summerton 4-31
Stella Rood 1-20H	Ben Bradshaw 5-84H	45-49	John Norris 3-60H	David Mygrant 2-29H
Jennifer Sinka 1-10	Jacob Bradshaw 4-54H	Ken Swinehart 10-158H	Dale Sullivan 2-35	Milt Brown 3-21R
		Al Hochgesang 7-120	Jerry Leach 1-10	Bob Longwith 2-15R
				John McGinty 1-5

Haynes Apperson Photos



Top Left: Definitely use caution around these three

Top Right: Rebekah explains to Robin how this works

Middle Left: Nicole counts the cups

*Middle Right and Bottom:
1 mile Fun runners*

2009 Race Calendar

August 1
Norris Insurance 5K Run/ Walk
Time: 8 AM
Location: Converse, IN

August 8
CKRR Age-Graded 4M Run/5K Walk
Time: 8 AM
Location: Highland Park

August 22
Run for Shelter 5k Run/Walk
Time: 8 AM
Location: Oakbrook Valley

September 26
BeeBumble 5k-10k Run/5k Walk
Time: 8 AM
Location: Burnettsville, IN

October 2
2nd Annual Ladies Night Out 5K

Non-Points Event
Time: 6:00 p.m.
Location: Downtown Kokomo
Contact: Rebekah Monroe
Phone: (765) 461-8387
Email: rebekah.a.monroe@gmail.com

October 3
Cole Porter 5k-15K Run/5k Walk
Time: 8:30 AM
Location: Peru, IN

October 18
Club Kokomo 8k Run/3 Mile Walk
Time: 2 PM
Location: Nickel Plate Trail, Peru

November 8
Run the Mounds 5m Run/Walk
Time: 2 PM
Location: Anderson, IN

November 14
Charity Run/Walk 5k
Time: 9 AM
Location: UAW Local 292

November 26
CKRR Thanksgiving Day Fun Run
Time: 8 AM
Location: Highland Park
(Non Points)

December 6
CKRR We Care 5k Run/Walk
Time: 2 PM
Location: Grace Fellowship Church
(20 pts each finisher)

December 31
New Years Eve 5k Run/Walk
Time: 2 PM
Location: UAW Local 292

Other Races

Race Away from Domestic Violence
8/15/2009
5K RUN/WALK AND 10K RUN
8:00 am Downtown Indy
Online Registration at:
<http://www.tuxbro.com/>

3rd Annual Running for World Water 5K
Run and Walk

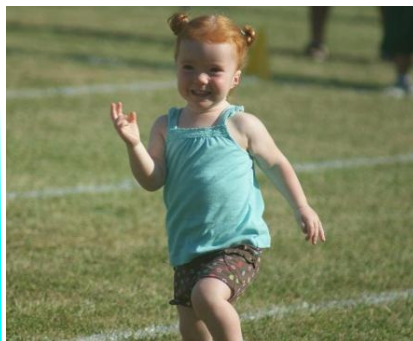
8/29/2009
5k Run 9:00 am
NCAA Hall of Champions
Contact Todd Oliver 317-407-8489

2 Rivers on 2 Wheels
Sept 19, 2009
Downtown Logansport 7:00 am
Cass County YMCA

HAPPY BIRTHDAY



8/1	Chari Deyoe	8/23	Ernie Hurst
8/2	Christina Deyoe	8/23	Matt Bolinger
8/3	Rusty Merritt	8/25	Jerry Leach
8/6	Cindy Sullivan	8/25	Cathy Longwith
8/7	Chris Sullivan	8/25	Shirley Wilson
8/7	Kobi Moore	8/28	Lauren Weber
8/10	Barb Wand	8/28	Chris James
8/11	Adriene Riggle	8/31	Dana Ginter
8/12	Mike Jones	8/31	Hannah Ginter
8/12	Phil Rozzi	8/31	Ryan Pownall
8/15	Susan Gerhart	8/31	Anna Pownall
8/17	Jase Forgrave		
8/18	Bob Longwith		
8/19	Karlie Reinagle		
8/21	David Reinagle		
8/21	Rocky Smith		
8/22	Chris Smith		



Haynes Apperson Kids Track Meet

Next Club Meeting

Is on

August 10

At Half Moon Brew Pub

Social Hour 5:30

Meeting Starts at 6:30

Club Kokomo Roadrunners
2936 Congress Drive
Kokomo, Indiana 46902

Inside this issue:

From the President	2
On the Trails	3
Coyote Kids	4
Panther Prowl	4
Race for Grace	5
Race Results	6
Meeting Minutes	8
Other Race Results	8
Points Standings	9
Haynes Photos	10
Birthday List	11
Race Calendar	11
Other Races	11