



July 2009

Club Kokomo Roadrunners



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Upcoming Races

Coyote Kids

July 2, July 9, July 16,
July 23 (Awards)

Time: 6:30PM

Location: Jackson
Morrow

July 11

Race for Grace 5K Run
Time: 8 AM

Location: Logansport,
IN

July 18

Panther Prowl 4 Mile
Run/5k Walk

Time: 8 AM

Location: Western
H.S., Russiaville

August 1

Norris Insurance 5K
Run/ Walk

Time: 8 AM

Location: Converse,
IN

The Roadrunner



Coyote Kids is Back

By Scott Riggie

Coyote kids started this summer on June 4 right where it left last year. There were over 800 kids that ran on the first night. Ray and Robin have this down to such a science now that the first race started exactly on time, not 6:40 or 6:35 but exactly 6:30. I know because I thought I could help park cars until 6:30 then head up for the first 1/4 mile race in time to lead the kids. Wrong! I get close enough to hear Ready, Set and

Go. Thankfully there were plenty of volunteers there to cover for me.

I was able to run with the kids in the next couple of races and quickly learned to leave a buffer zone between my self and the kids. Even the younger kids in the quarter and the half come off the start line like they were shot out of a cannon.

It is great to see all the parents, grand parents or whoever it may be bring there kids out to run and even run

with them.

If you have not already check out the [Coyote kids website](#). Megan Tetrault has been taking a ton of pictures that are posted there as well as the results from each week.

There are still three weeks of running left plus the awards on July 23. Robin & Ray still need volunteers to come out each week. If you have not come out, you still can, there is plenty to do. See you on Thursday!!



Over 800 kids ran the first evening of Coyote Kids

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From the President—Haynes and more

By Gina Sheets



Greetings CKRR Members and Friends –

The month of June has come and went so quickly, I think it is because I was very nervous about the Club's largest event (the Haynes Apper-son) taking place and the fact that Rebekah and I, both relative newbies to race directing stepped up to direct this very important event. I have learned much directing this race and look forward to learning more next year. I really need everyone's input on what went well (I hope a few things) and what did not go so well and how the race can be improved. I have a list started so please let me hear from you, you can reach my email at sheets.gina@yahoo.com.

I really want to thank all of the volunteers for making this event wonderful and this list is long so please forgive me if I leave someone out I am so sorry, I am sure there were many folks who jumped in and worked without letting me know, thank you. John Wiles, Mark Shorter, Charlie Skoog, Rebekah Monroe, The Riggle Family, Dave White, Stan Shuey, the Tetrault Family (wow they can sing), Bill Barnett, Tom Miklik, Steve Wand, Mike Deardorff, Nicole Peel, Joni McCrakin, Mike Graham, Steve Inman, Diana Brown, Robin Cole, Theresa Barlow, Mary Miller, Pat Robertson, Joyce Pennycoff, Milt Brown, Anne Wiles, Barb Wand, Kathie Barnett, Patti Reinhardt,

Jerry Leach, Laura Rosenstangel, Jeannie Clark, Lindsley Thompson, Michelle Boyd, Dave Harrison, Gary Willis, Wes White, James Longwith and my wonderful husband Travis. I want to be sure we give a big shout out to the ladies from the Gilead House and the volunteers with the Kokomo Symphony, Karen, Angie, Patti, Barbara, Richard, Jane, Melanie and Amy, who worked water stop number one – thank you! We owe special thanks to the Goodfells our major sponsor, to American Water Company for taking charge of water stop number two, to Young's Culligan for keeping us hydrated, to Kroger, WalMart and Meijers for their refreshment support, Soupleys for keeping us cool, Millers donuts and Coffee Junkiez for fueling us up in the morning. Larry Smith and his crew from EMA are outstanding folks in our community. Kokomo Schools thanks for allowing us the use of the gym and Dale is the absolute BEST. The City of Kokomo and the Mayor for all the support needs a big thank you. Dana Neer gets a big thank you for giving me the support that we can do this and for staying in contact with me. Remember, the Club and the races are a success because of our volunteers please be sure to thank these folks.

I hope you noticed that the Haynes course was changed this year to incorporate the Walk of Excellence, the walk is a nice addition to the community and it was nice to use it in our race. You may have wondered why we did not do the large amount of door prizes that we did in the past. The reason is economics, the Club has always purchased a large amount of the prizes and this year we were down a large sponsor and could not justify the expense. Milt Brown did a

very nice job securing two nice certificates and I appreciate his work.

As I am saying my thanks, I would like to say a big thank you to Nicole Peel and Teresa Long. Nicole gets a thank you for organizing the going away party for the Irvin's and Teresa gets a thank you for hosting the party at her home. The weather cooperated, the carry in was nice with many yummy dishes to share and of course keeping company with the Irvin family and other club members was very special.

I know several of our Club members are subscribers to the Pharos Tribune out of Logansport. I hope you have noticed a familiar name writing in the Sports section. CKRR's very own Mark Shorter is penning, or in this day and age, typing articles for the Logan paper. This is the link for the on line article, http://www.pharostribune.com/localsports/local_story_156003550.html, entitled "What To Do After the Indy Mini". Mark did a really nice job with the article and gave some nice plugs for Coyote Kids and other CKRR events. He also reminded us that it is important if you register as a walker for an event to walk, never run. It does make things difficult for the finish line people if they see you running towards them but you are registered as a walker to count your WALKING time. Please be sure to tell Mark thanks for mentioning the Club events, especially Coyote Kids.

Our fun mile event happens every Wednesday night, 5:30pm, at Highland Park we hope to see you there. This is a great way to meet new club members, get in some speed work and have a fun time.

Be careful out there –

Gina



Hatfield and McCoy Marathon

By Robin Tetrault and Brian Reinhardt



All Smiles before the run

From Robin –

What a great trip it was to West Virginia with our daughter, Melissa, Ray, Brian, and Patti Reinhardt, and myself! We were continuing our quest for a marathon in every state. Williamson was a small town nestled in the valley along a beautiful mountain stream at Blackberry Mountain. They had flooding during the previous weeks and there were scars from the 3 floods they had endured. The pavement was gouged out all along the route. Some places were worse than others. The beauty of the mountains and streams were a welcome change for these Up-state New Yorkers transplanted in Indiana!

Missy, Ray, and I ran together at a slow pace so we could complete the marathon. There was no time limit to this marathon and that gave us a HUGE relief. The month before the marathon

I had slipped, fallen, and twisted my ankle on a long run. Ray had fallen on a wet, morning run. He twisted his ankle, knee, and banged up his arm. Melissa hadn't run much all winter. WE were NOT "marathon ready"....but the time

had come to run, so we did. We knew it would be hot, humid, and hilly. We were not disappointed! The heat and humidity really wore on us in the second half of the marathon. The water stops were plentiful and very well staffed. The people were friendly from the start to the finish!

Blackberry Mountain was a two mile challenge UPHILL, which we walked. You don't HAVE to ONLY run during a marathon! The beauty of a hill is hopefully there is a downhill afterwards. We were NOT disappointed again! It was a STEEP downhill over 1 mile long. Oh I love the downhill. I just flew down letting my legs take me away after that tremendous climb. Brian, Ray, and everyone said running down the hill fast would kill your quads. I do that all the time and it never hurts my quads. A policeman was driving alongside us to keep the traffic on the other side of the road from going too fast, so I asked him how fast I was going! He followed me for a while and said "12 miles an hour!"

I was pretty pleased! I have, however, never run a steep hill for 1 mile! It KILLS your quads! Another lesson learned. This time I WAS disappointed. Missy and Ray only laughed at me.

You would think being out there so long would get boring and hot but the scenery was so beautiful and the path on River Road was well shaded. We talked and laughed and listened to our music. In the last 5 miles we concentrated on passing people that were tiring out. That is the beauty of running in the back of a marathon. If you can run more than walk you will pass a lot of people. We made a game out of passing people. Ray said we passed 14 people. It was wonderful to cross the line together at 6 hours and 15 minutes. Then we got cleaned up, packed, and went out to eat with the Reinhardt's! The great reward....FOOD!

Once again, we encourage you to take a trip with others in the club! It's a great way to see our country, get to know others better, and enjoy running somewhere different! My next marathon will be the Airforce in Ohio in September! There are others also planning on this marathon that gets rave reviews every year. Start training now and you can join us! Never say NEVER...I said that a few times...and NOW look at me. I have 17 marathons completed in since September 2004, and I'm NEVER disappointed!

From Brian –

West Virginia was to be a quick turnaround trip just to get another state, but it turned into much more because this was an awesome marathon! Of course, we love traveling and hanging with Ray and Robin because they're a hoot so we knew that this

one would be lots of fun regardless of what happened for those few hours that we were actually on the course!

We got started about 7:30 on Friday morning (12 June) from R&R's and were off to Williamson, WV, right on the WV and KY border, about as far south as you can get in either state. From us it was only about 400 miles so we didn't need

to get a real early start like we normally do. We'd be there in less than 7 hours, even with a stop for some pasta at lunch.

We arrived in WV at around 2:30, got checked into our hotel and then headed over to pick up our packets. Patti and Robin collect magnets from every state as well and on the way to the pick-up we

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Relay for Life Remembered

By Charlie Skoog



Relay for Life is a special fundraising event to all of us for a multitude of reasons. Some come to celebrate and give thanks, others come to honor and remember, many of us came to do both. It is a time of prayer and meditation along with great joy and many tears. Some use running and walking as a "secret place" where we can commune with our creator, others enjoy the fellowship with like minded individuals. I have found past Relay's to be the perfect venue for both activities and this year was no different.

When I signed up for the 10 pm slot I expected to be sharing the track with thousands as this is when the Luminaria Ceremony takes place recognizing those fighting cancer, as well as lost loved ones and survivors. This year God had a different plan. Shortly after 9 pm a violent storm front came through with high winds, driving rain and lightning. For safety reasons the track was cleared so upon my arrival the track and facility were completely deserted and our popup shelter was on the verge of collapse. I made a mad dash to secure our tent and then retreated to my vehicle for some quiet time of prayer and reflection as a natural light show illuminated the sky. Eventually the rain and lightning subsided and I decided to take a few laps and was soon joined by Mike Graham and

some others hoping that Relay would continue. Mike and I helped volunteers replace the candles that lined the track but because of high winds the Luminaria's could not stay lit although a few families huddled around their own loved ones "candle in the wind" determined to keep the flame alive as long as they could.

About this time I ran into a mother walking with her young daughter. Diana is a recent breast cancer survivor who I met while coaching her middle school age son. As we slowly walked around the track it was announced that the Luminaria Ceremony would commence with only a few lit candles. Amazing Grace played on bagpipes, a prayer was offered up, and then the roll call of survivors began with names scrolling down a video display provided by the Technocats. I shared with Diana that my Mom was a twenty plus year survivor of breast cancer when she passed away from coronary heart disease. We both had much to celebrate and remember including a shared faith in a life to come with no suffering and pain. As we passed the Technocats display Taylor wanted to stop and rest with others silently observing the scrolling of names. I quietly left mother and daughter, alone, to share the special moment when the name they share would pass by. Pass by it did and moments later the heavens opened up and a torrential downpour commenced effectively shutting down relay once again. As I dashed for our shaky CK shelter I was joined by Gina Sheets, Nicole Peel, Gary Willis and Paul Wyman who had just arrived and had plans to run some long miles, up to the marathon distance through the night. Those plans were put on hold for quite some time but the girls did eventually complete the distance, shortly before dawn's early light.

This year was the 14th anniversary of Howard County's Relay and Club Kokomo Team #76 celebrated 10 years of participation. Our first team Captain was a

new club member, Barbara Hobbs, who ably demonstrated that a newcomer with a willingness to serve can make a profound difference in both our club and many individual lives. Thanks Barb! That first year was dedicated to survivor Kathie Barnett and 25 club members participated. Rhenda Acton provided our tent which was memorably decorated with old running shoes. The second year the tent and old running shoes returned as 26 club members carried and passed a baton which contained the names of 23 remembered loved ones along with honoring 9 survivors. In the next 3 years CK's Team #76 grew each year to 63 participants. In '04 Barbara found love and a co-director in Melvin Hobbs and together they committed to direct that years Haynes Race. In 2005 Cindy and Jack Sanders stepped forward to ably captain our team and have done so to the present. We all should gratefully thank Barbara, Mel, Jackie and Cindy for all the special memories of the last 10 years.

This years team members are listed below. Ricke Stucker, Jayne Hiatt, Adriene and Scott Riggie; Kim, Carrie, Sarah and Jordan Lee, Jerry Lambert; Tim, Mary and Zack Miller; TA, Heather, Lauren, Natalie, Kelsey (and one on the way!) Weber; Brian and Patti Reinhardt, Gary Jewell, Charlie Skoog, Gina Sheets, Nicole Peel, Gary Willis; Amber and Bob Longwith; Vince, Tony and Angie Lorenz; Mike Graham, Dave White, Tom Miklik, Laura Rosenstengel, Mark Shorter; John and Anne Wiles, Theresa Barlow, Sylvia Burgin, Amanda Pena, Debbie Rife, Ray and Robin Tetrault, Vicki Boles, Joyce Pennycoff, Pat Robertson, Paul Wyman, Bill and Kathie Barnett, Bob Cupp; Brian, Kathy and Emily Allen, Jane and Steve Inman, Tim and Renita Taflinger, Cindy and Jackie Sanders and last but not least Milt and Helen Brown. Thanks to each of you as well as all past team members. If we have omitted your name please contact Editor Scott Riggie and we will make the correction as we remember and look forward to past and future Relay's.



(Continued from page 3)

passed the local CofC and low and behold they had magnets made of coal! How perfect! That was easy and we didn't have to endure the "magnet hunt"! We got our packets picked up quickly and easily and since there was no expo for such a small marathon we decided that we'd drive the course before the pasta dinner.

We started out on the course and read along the description as we went. It listed a number of key sites in the HM Feud and was nicely paved road all the way from Williamson to Matewan with some rollers, grades and one HUGE HILL! Even so, it seemed doable and we didn't foresee any real issues for tomorrow – YET. We continued on the trek and onto "Country Road" which was described as narrower and rougher as we continued on to the cart path of the golf course at mile 19. That was a major understatement as this eventually became a trail and we had a heck of a time getting back out of there without a 4x4! We were the first to try to drive the course and we turned back numerous others as we headed back out the way we came (there was no way to get through the golf course at the other end). Some listened and some didn't and we even stopped a two-tooth local (I'm not kidding!), but we saw some of them at the pasta dinner later and they appreciated the heads up!

Once we arrived back in town (2 hours later!) we headed over to the pasta feed. The RD Dave Hatfield, was an awesome Christian guy who gave a wonderful prayer and had tons of stories to tell and many recognitions of runners past –

even those who had done all previous 9 events (the first race in 2000 had 11 finishers). Then, before we ate, two local gentlemen did a skit of the HM Feud which was very entertaining and kept us all rapt for a good half hour! The same guys would be at the finish the next day giving high 5's – a very neat idea! So we ate some pasta after and had a wonderful time – by far the best pasta dinner that I can remember! We heard a number of folks planning to drive the course after the pasta dinner so we stopped all that we could because any normal car could not make it through miles 16-18! I'm sure we didn't catch them all!

Race morning arrived to 65* and 95% humidity. Uh oh. That isn't good, especially considering the difficulty of the course! Didn't matter – we had a race to run and the weather sure wasn't going to stop us! We gathered outside our room and headed down to see what 65*/95% felt like and weren't at all surprised that it felt very WET. We were in for a long day and any smart runner would have just realized that it was a



It's good to be done

good day to just go easy. I'm not a smart runner.

The musket shot rang out and we were off, mostly at a very easy pace, except for those of us who aren't very smart. I really didn't run hard at all, but it was miserable and I should have been holding WAY back. The first 6 miles are mostly up a slight grade that you can barely feel (climbs maybe 100-150' total) and I was at a 7:05-7:10 pace all along, but noticed that I was already dripping sweat from my shorts! Yeah, I had already soaked through my shirt and shorts in 6 miles! No worries, I had a mile and a half long hill to climb and I set off on the task. I was trying to think if I'd ever run a hill this big before and the answer was a simple NO – I hadn't. My pace for the first mile of it was just over an 8 minute pace and we'd climbed over 400'. I was pretty pleased with that, but it took me almost 5 minutes to climb that last ½ mile which was another 400'! Holy cow! I reached the top and down the other side I went, losing the entire 900' we'd climbed in less than a mile! Talk about quad pounding fury! Yikes!

I started to realize way to early on that this was going to be REALLY hard. I started to feel tired and a little cramped between miles 11 and 12 and figured I might as well just continue on for as long as I could before I died. I hooked up with another guy at mile 10 and we ran to-



Medals in hand

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Trojan Trot

By Scott Riggle

It always seems like this race is on a hot day, but this year was perfect for a lot of fast times.

The one usual complaint about this race is the lack of bathrooms, but there must have been more this year as I never saw a line for the usual one. Lisa Jones and all her volunteers put on a great event. Even with the state of the economy they had a lot of door prizes to hand out.



Editors Note:

Charlie limits the number of pages for the newsletter so to get some race pics in I'm just putting in short snippets for these two events



L-R clockwise— Jayne Hiatt, Aaron McQuiston, Rich Bradshaw, Greg Townsend and start of Greentown.

Norris Greentown

By Scott Riggle

John & Carolyn put on another smooth race and CKRR had another great showing. The first five positions in the walk and run were taken by club members.

I was standing close enough to the finish as Colford came across to hear his time read off (I didn't run obviously). The time was 24:55. I thought wow I knew Scott was fast, but that was blistering. I later later learn that the finishing timer had some how gotten 2 minutes off, so Scott won in a time of 26:55.





Other Upcoming Races

Tiger Trot 5k

On July 25, 2009 the Peru High School cross country team will be hosting the Tiger Trot 5k race at South Peru Elementary School in Peru. It will be run on pavement going through Maconaquah Park. This is a fundraiser for the team and any additional donations will be greatly appreciated. The race is \$12 to enter before-hand and \$15 if registration is done day of (make checks payable to Peru High School). Race will begin at 9:00am and registration begins at 7:30am. If you are interested and would like a race form please email Nich Lipari at master5krun@yahoo.com and I will mail you an entry form, or if Thanks for all your help and I hope to see you there on race day

Nich Lipari and the Peru Cross Country team

Ashley-Hudson Festival

The Ashley-Hudson Chamber of Commerce is again holding a 10K/5K Run and 2 Mile walk in conjunction with the Ashley Hudson Festival. The run/walk is on July 31 and the festival is August 1. A registration form is available on the Town of Hudson web site at <http://www.hudson-town.org/Hudson%20Indiana%20Town%20Calendar.htm>.

Right— Chris James cruises to a third place finish.

Kokomo Parks Triathlon

Location: Emerald Lake at Oakbrook Church

Registrations: May 25 - July 10

Date: July 25, 2009

Time: 8 a.m.

Packet pick-up: July 25 (race day) 6 a.m. - 7:30 a.m.

Fee: \$40 - Individuals; \$60 - Teams.

Ages: 15 and up

Timing and Scoring: River City Race Management will be using chip timing system.

Triathlon features: A 0.25 mile swim, 10.5 mile bike and 3.1 mile run. More information at <http://www.cityofkokomo.org/departments/division.asp?FDD=13-50>

You may also register at active.com



Meeting Minutes

Club Kokomo Roadrunners Meeting Minutes

June 8, 2009

Members Present: Rebekah Monroe, Robin Tetrault, Diana Brown, Charlie Skoog, Gina Sheets, Mark Shorter, Bill Barnett, Ron Moore, Stan Shuey, Milt Brown, Scott Riggle and Sylvia Burgin.

Reports:

Financial Report given by Mark Shorter.

General Fund \$2593.08

Cowan Fund \$1435.05

Coyote Kids Fund \$8858.27

Race Director Reports

Haynes:

Everything on track for race day.
Packet Stuffing the 24th at Sports Center

Symphony Race
Mary Rowe and Amy Lucas present from Symphony cmt.

Date Sept 5

Agree to \$200 dollar donation.

Want club input on how to put on successful event

Ray to provide a race directors guide.

GNO— Rebekah Monroe
Ray motioned to hold event on Oct 2 instead of Sept. Sylvia seconded. Vote Mark opposed all others in favor.

New Business:

Request by Ron Moore to use equipment for Kokomo Sprint Tri and waive club donation.

Mark motioned to NOT waive the donation. Stan seconded.

Vote 2—Yes 8-No 2—obtained Motioned failed

Charlie motioned to wave donation but the KPD would be responsible for all damages to club equipment. Dana seconded. Vote: 2— No, 8 Yes and 2 abstain. Motion passed.

Next Meeting scheduled for July 13, 2009



gether for the next 12 miles. His name was Joe and he'd passed me at the Triple Lakes Marathon in Greensboro, NC – his home trails – and beat me by a few minutes. We really enjoyed running and talking and dying together! We made it to the halfway point in Matewan with another group that caught us right before and we all crossed the mat together, some of looking more worse for the wear than others! From there we turned onto Country Road and the wheels began to fall off for Joe and I. We were like two peas in a pod except that he was 5'7" and 128 pounds so I was slogging along an additional 37 pounds! No worries because at this point it was just getting to the finish that mattered.

He showed his trail adeptness as I attempted and he successfully ran through the 3 miles of mud, rocks and water. My shoes and legs were covered in mud and he didn't have a single speck of mud on his shoes or legs! Talk about light on his feet! One of the guys who'd crossed the half point slightly behind us got by us we came off of the trail and onto the golf course, traversing a swinging bridge, 3 wide. Yikes! Needless to say we all ended up walking to keep from falling in the river below! Up and out of the golf course with 7 miles to go and we were starting to realize we might make it.

Joe and I continued on together for the next 3 miles and I was pulling ahead of him a bit as he began to really struggle. Then BAM, my left groin seized up on me! I'd never had anything like this happen before and I couldn't run at all! There was a huge

hill right in front of us when it happened that was 3 or 4 tenths of a mile long and very steep so I was able to walk about as fast as I could have run anyway and Joe only pulled ahead maybe 100' or so. I tried to run at the top to catch back up, but it wasn't cooperating so I hobbled along in a semi-run/walk for the next two grueling miles before it finally let loose and let me begin to run again. It was just in time as I had a couple of guys closing in on me and needed every second out of those last two miles to keep from dropping a couple of places.

I was able to hold them off and came in at 3:33:13, 10th overall out of 211 finishers, but my biggest positive split EVER! Oh well, I'd never gotten hurt like that in a marathon before and the humidity kicked my butt as well. Someday I'll learn. The finish was very cool as the Hatfield and McCoy fellas were there to slap hands with us as we crossed – a nice touch. They also gave us the medal and a Mason jar for moonshine with a wooden plaque inside with our overall place on it. Since I finished 2nd in my 45-49 age group I'll also receive another plaque to put on the other side of the current one. Very cool indeed!

I found Joe, who'd only finished about 1:30 ahead of me and admitted he'd had to walk some as well. Darn cramps/pulled groin cost me a first in my age group, but I wasn't too concerned with that. I had to get back to the hotel so I could get cleaned up and be there when Patti came in. I started the ¾ of a mile walk back and my groin was screaming at me to just stop and sit! I thumbed down this guy in a John

Deere Gator and he gave me a ride to the hotel. Turns out he was the Mayor of Williamson! What a nice guy! He saved me at least 20 minutes of agony! Anyway, I got cleaned up and drove Ray & Robin's SUV back to the finish and ate my free BBQ chicken "sammich".

Patti came in at 5:13 looking good and smiling, very glad to be done with that tough course! I was so glad to see her and it was so fun to rehash our races as we headed back to the hotel for her to get cleaned up so she could wait for Ray, Robin, and Melissa in clean clothes minus the caked on salt that we'd both had from that brutal humidity. We made it back, got Patti her BBQ chicken "sammich" and parked it under a shade tree just in time to see them coming, side by side, all smiling from ear to ear! They got the high 5's with Hatfield and McCoy, grabbed their medals and jars and we headed back to the hotel for them to clean up so we could eat and drive the 400 miles home.

The drive home was uneventful and included a stop at a DQ about half way of course! Ice cream just might be the proof that God does really love us! Seriously, we all felt so blessed to be able to make this trip, just like all the others. The Lord has rained down His blessings on us time and time again and we pray each time that we honor Him as we travel around the country running these marathons. He certainly humbled us this time around but if you want to run a good one I sure wouldn't hesitate to run the Hatfield McCoy. If you do, say hey to the race director, Dave Hatfield, for us.

Happy Birthday wishes to all the July Birthdays

7/1	Steve Inman	7/12	Waverly Neer	7/22	Darrell Pennycoff
7/2	Levi Parks	7/14	Paul Wyman	7/23	Kaleb Hollingsworth
7/3	Scott Deyoe	7/14	Shelly Wyman	7/23	Taliah Wright
7/4	Phil Leininger	7/14	Jerry Lambert	7/24	Nicole Peel
7/5	Bill Heck	7/14	Debra Perkins	7/25	Mike Rood
7/7	Graham Bagwell	7/16	Helen Brown	7/25	Michelle Hollingsworth
7/7	Kathie Barnett	7/17	Vincente Lorenz	7/25	Kelly Wright
7/8	Vicki Maughmer	7/19	Jackie Sanders	7/29	Tammy King
7/8	Jordan Lee	7/19	James Schneider	7/29	Don Middleton
7/10	John McGinty	7/21	Kim Lee		
7/11	Maya Brooks	7/20	Tosha Rogers		



Race Results

Club Kokomo Weekly Fun Mile Wednesday, June 3 Highland Park

1. Jordan Ousley 6:22
2. Joe Rangel 6:54
2. Mike Daugherty 7:21
4. Charlie Skoog 7:24
5. Bowe Brooks 7:56
6. Anna Dollens 8:10
7. Amber Longwith 9:28
8. Brody Brooks 9:45
9. Derick Brooks 9:45
10. Vince Lorenz 10:25
11. Bob Longwith 11:21
12. Sylvia Burgin 11:55
13. Alan Girton 12:23

4th Annual Trojan Trot June 6, 2009 Sharpville, IN

5K Run

1. Scott Colford 16:33
Logansport
2. Ryan Horner 17:22
3. Adrian Golver 18:08
4. Joe Rangel 18:50
5. Ben Bradshaw 18:53
6. Scott Riggle 18:55
7. Chris Nunan 19:07
8. Jake Bradshaw 19:23
9. Matt Grider 19:28
10. Chris Frazier 19:37
11. Sam Tragesser 19:55
12. Gary Callahan 20:14
13. Waylon Coulter 20:49
14. Jeff Cardwell 21:07
15. Jordan Ousley 21:09
16. Joe Witman 21:19
17. John Carter 21:39
18. Nicole Peel 21:47 1st
Woman
19. Gary Willis 21:56
20. Earl Strong 22:04
21. David Frazier 22:08
22. Michael Graham
22:40
23. Steve Kincaid 22:43
24. Mark Shorter 22:45
25. Gina Sheets 22:57
26. Larry Beard 23:06
27. Kristi Repogle 23:17
28. Scott Hamilton 23:32
29. Rich Bradshaw 23:50
30. Brittiani Gillem 23:56

31. Josh Revils 23:57
32. Kim Lee 23:58
33. Cheryl Marner 24:09
34. Dan Pfleging 24:12
35. Barb Millspaugh 24:13
36. Pat Heck 24:14
37. Chad Gaddis 24:16
38. Jerry Meiring 24:26
39. Doug Nunan 24:31
40. Tiffany Cline 24:40
41. Ernie Hurst 24:52
42. Melissa Goad 24:56
43. Ray Tetrault 25:06
44. Lisa Frank 25:07
45. Steve Wand 25:08
46. Aaron McQuiston 25:13
47. Nikole Frazier 25:52
48. Anna Dollens 26:06
49. Troy Frazier 26:15
50. Donnie Johnson 26:23
51. Ann Morris 26:37
52. Mitchell Johnson 26:38
53. Sarah Lee 26:41
54. Brian Allen 26:49
55. Ricke Stucker 26:57
56. Stan Shuey 27:00
57. Paul Frank 27:30
58. Vicki Boles 27:33
59. Joyce Pennycoff 27:50
60. Rhenda Acton 28:06
61. Laura Cook 28:26
62. Doug Mankell 28:45
63. Robin Cole 30:48
64. Bryon Johnson 30:59
65. Angela Kelley 31:46
66. Bill Heck 31:57
67. Jeff LaDow 32:28
68. Jillian LaDow 32:24
69. John Wiles 32:56
70. Laurie Ousley 34:10
71. Bob Cupp 34:32
72. Sylvia Burgin 38:35
73. Adan Frazier 41:07
74. Anita Frazier 41:09
75. Christine McDonough
45:49
76. Gayle Rood 45:59

5K WALK

1. Rick Spencer 30:57
2. Mary Miller 31:27 1st
Woman
3. Vince Lorenz 32:39
4. Tim Taflinger 33:15
5. Steve Inman 34:42
6. Jerry Lambert 35:00
7. Amanda Pena 35:48
8. Chris Sullivan 36:30

9. Toney Lorenz 38:15
10. Jane Inamn 38:31
11. Robin Hehr 38:49
12. Robin Michael 39:28
13. Tammy Beard 40:18
14. Penny Frazier 41:58
15. Jayne Hiatt 45:44
16. Debbie Riffe 46:54
17. Carol Savage 46:56
18. Bruce Savage 46:58
19. Tim Revils 48:32
20. Diana Brown 48:47
21. Jackie Sanders 55:44

Club Kokomo Weekly Fun Mile Wednesday, June 10 Highland Park

1. Tim Taflinger 5:38
2. Joe Rangel 5:42
3. Jordan Ousley 5:49
4. Gary Willis 6:22
5. Justin Taflinger 6:44
6. Derick Brooks 6:45
7. Tahnee Azure 7:12
8. Bill Wilson 7:23
9. Jack Mellinger 7:30
10. Laura Rosenstengel 7:31
11. Maya Brooks 7:34
12. Monica Brooks 7:37
13. Anna Dollens 8:02
14. Kailee Taflinger 8:13
15. Amber Longwith 9:18
16. Alan Girton 10:09
17. Bob Longwith 11:19
18. Sharon Whelan 11:42
19. Sylvia Burgin 12:18
20. Amanda Schrimshers
14:03
21. Brittney Trine 14:06
22. Jody Howell 16:57
23. Jackie Sanders 18:19

NORRIS INSURANCE 5K WALK and 5 MILE RUN

Greentown, Indiana
June 13, 2009

5 Mile Run

1. Scott Colford 26:55
2. Dana Neere 30:38
3. Chris James 31:12
4. Joe Rangel 31:40
5. Heather Weber 32:41
6. Brandon Mink 32:53
7. Cody Young 33:35

8. Dave Harrison 34:00
9. Gary Callahan 34:31
10. Waylon Coulter 34:48
11. Andrew Norris 35:00
12. Nich Lipari 35:01
13. Jordan Garretson 35:02
14. Al Hochgesang 35:04
15. John Simpson 35:25
16. Robert Duke 36:00
17. Gary Willis 36:05
18. Jeff Cardwell 36:20
19. Gina Sheets 36:36
20. Greg Steele 36:42
21. Todd Moser 36:47
22. Richard Gamble 37:04
23. Nicole Peel 37:17
24. Larry Emmons 37:46
25. Bruce Shanks 37:49
26. Bethany Neeley 37:50
27. Brent Noll 37:53
28. Josh Hedrick 38:13
29. Amanda Hedrick 38:14
30. Earl Strong 38:25
31. Michael Graham 38:27
32. Mark Shorter 38:37
33. Connie Gamble 39:33
34. Ken Swinehart 39:46
35. Scot Hamilton 40:04
36. Rudy Suryantoro 40:08
37. Michelle Larson 40:31
38. Barb Millspaugh 40:46
39. T. A. Weber 41:06
40. Tiffany Cline 41:09
41. Brittany Neeley 41:12
42. Charlie Skoog 41:15
43. Kim Lee 42:05
44. Jerry Meiring 42:06
45. Melissa Goad 42:13
46. Shannon Newhouse
42:53
47. David Hughes 43:17
48. Victoria Huizonga 43:28
49. Elaine Sweet 43:30
50. Scott Mathias 44:02
51. Jami Maynus 44:18
52. Anna Dollens 44:56
53. Dave White 44:59
54. Ben Reed 45:03
55. Mark Eads 45:08
56. Donnie Johnson 45:10
57. John McPherson 45:11
58. Bud Ozmun 45:18
59. Brian Allen 45:33
60. Greg Townsend 45:44
61. Joy Elzinga 45:48
62. Mitchell Johnson 46:15
63. Ricke Stucker 46:17
64. Stan Shuey 46:44

(Continued on page 10)



Race Results

(Continued from page 9)

65: Joe Stetz 46:44
66: Michelle Clouser 47:28
67: Seth Elzinga 47:31
68: Robin Cole 52:20
69: Bryan Johnson 53:28
70: Lisa Shanks 54:09

5K Walk

1: Mary Miller 31:53
2: Tim Taflinger 34:10
3: Jerry Lambert 35:03
4: Christopher Sullivan 35:39
5: Steve Inman 35:48
6: Fredrick Taylor 37:16
7: Jane Inman 39:31
8: Meridith Marsh 39:35
9: Raye Jean Swinehart 39:41
10: Robin Michael 40:00
11: Rita Baker 40:36
12: Jayne Hiatt 41:32
13: Tonya Newhouse 41:39
14: Debra Taylor 41:57
15: Delores Blackmon 42:12
16: Laura McGraw 43:02
17: Jeannie Clark 43:44
18: Andrea Echelbarger 43:45
19: Greg Wall 43:54
20: Jan Wall 43:55
21: Dick Summerton 48:43
22: Pat Robertson 49:27
23: Jackie Sanders 55:05
24: Cynthia Sanders 55:10

FUN RUN

1: Justin Morgan 8:25
2: Bennie Ruben 8:33

Club Kokomo Weekly Fun Mile

Wednesday, June 17, 2009

1. Tim Taflinger 5:34
2. Jordan Ousley 6:12
3. Justin Taflinger 7:06
4. Jack Mellinger 7:26
5. Bowe Brooks 7:28
6. Laura Rosenstengel

7:28
7. Derick Brooks 7:29
8. Charlie Skoog 8:01
9. Kailee Taflinger 8:34
10. Amber Longwith 9:00
11. Josh Berndt 9:30
12. Mike Berndt 9:33
13. Alan Girton 9:35
14. Bob Longwith 10:52
15. Sharon Whelan 11:37
16. Sylvia Burgin 12:15
17. Amanda Schrimshers 13:41
18. Mike Sadler 13:58
19. Sue Ninja 15:27
20. Joe Rangel 15:27
21. Jackie Sanders 18:07
22. Cindy Sanders 18:15

Club Kokomo Weekly Fun Mile Wednesday, June 24, 2009

1. Joe Rangel 6:05
2. Jordan Ousley 6:08
3. Paul Sanders 7:20
4. Charlie Skoog 7:23
5. Laura Rosenstengel 7:38
6. Jack Mellinger 7:47
7. Anna Dollens 7:59
8. Mike Thrasher 8:13
9. Diana Padgett 8:21
10. Amber Longwith 8:46
11. Bob Longwith 11:09
12. Steve Geiselman 11:51
13. Brooke McGuire 15:45
14. Teena McGuire 15:51
15. Jody Howell 15:56
16. Diana Brown 16:13
17. Dottie Shaffer 16:18
18. Jackie Sanders 17:04
19. Cindy Sanders 17:06

2009 HAYNES-APPERSON June 27, 2009 Kokomo, IN 4 MILE RUN

1: Bryan Phillips 21:34
2 Scott Colford 21:51
3 Blake Mills 22:54
4 Justin Anderson 23:16
5 Dylan Walker 23:45
6 Sam Freeman 23:50
7 Matt York 23:57
8 Joshua Hughes 24:06
9 Trent Sinnett 24:16

10 Joseph Rangel 24:45
11 Jay Priest 24:51
12 Jordan Lee 24:59
13 Christopher Nunan 25:02
14 Nich Lipari 25:08
15 Vince Calabro 25:24
16 Matthew Grider 25:33
17 Scott Riggie 25:40
18 Ben Bradshaw 25:47
19 Kyle Wysong 25:52
20 Brian VanSoest 25:57
21 Heather Weber 26:04
Kokomo 1st Woman
22 Tim Taflinger II 26:14
23 Travis Barnes 26:18
24 Ron Moore 26:22
25 Chris Frazier 26:36
26 Brett Heflin 26:37
27 Matt Wyss 26:42
28 Jordan Garretson 26:44
29 Brian Bordner 26:49
30 Jacob Bradshaw 26:53
31 Jeff Hemmeger 26:54
32 Minh Pham 27:09
33 Walter Burgin 27:12
34 Waylon Coulter 27:29
35 Gary Callahan 27:30
36 Al Hochgesang 27:37
37 Bethany Neeley 27:57
38 Lewis Duke 28:01
39 Brent Noll 28:14
40 Dewey Akers 28:21
41 Greg Steele 28:22
42 Jeff Cardwell 28:22
43 Ashley Bordner 28:27
44 Mark Beals 28:46
45 Ryan Mickelson 28:48
46 Joe Whitmore 28:49
47 Matt Turner 28:52
48 Jeremy Spencer 28:58
49 Mitch Whitham 29:03
50 Corey Swart 29:05
51 Todd Moser 29:07
52 Adam Fessenden 29:09
53 Brittany Neeley 29:10
54 Bob Lechner 29:13
55 Holly Bartelt 29:13
56 John Anderson 29:16
57 Jordan Ousley 29:22
58 Larry Beard 29:33
59 Hannah Ault 29:39
60 Patty Rose 29:46
61 Heidi Freeman 29:50
62 Joseph Williams 29:57
63 Mark Shorter 29:59
64 Annika Taber 30:09
65 Kellie Miles 30:10
66 Todd Marschand 30:12

67 Kristi Reprogle 30:30
68 Paul Wyman 30:35
69 Kenneth Swinehart 30:39
70 Scot Hamilton 30:42
71 John Carter 30:42
72 Phil Rozzi 30:43
73 Michelle Larson 30:43
74 Logan Redman 30:44
75 Gretchen Catron 30:44
76 Brittiani Gillem 30:49
77 Chad Cook 30:51
78 Jacob Barnes 30:54
79 David Lechner 31:05
80 Jeffrey Weed 31:07
81 Nicklus Barnes 31:08
82 Greg Browning 31:19
83 Addie Rayl 31:20
84 Doug Nunan 31:29
85 Anthony Rentz 31:41
86 Angie Banush 31:43
87 Barb Millspaugh 31:45
88 Brian McKinley 31:45
89 Jason Shahan 31:46
90 Jack Reed 31:47
91 Jacob Gillem 32:06
92 Mike Schoenrad 32:08
93 Allsion Irvin 32:12
94 Krissy Durr 32:17
95 Kim Lee 32:19
96 Ross Pierce 32:24
97 Corianne Myer 32:27
98 Michelle Clendenning 32:28
99 Roxane Burrows 32:35
100 David A. Hughes 32:35
101 Rich Bradshaw 32:39
102 Kelly Wright 32:40
103 TA Weber 32:41
104 Tally Biggs 32:43
105 Danny Dean 32:50
106 Tom Lenahan 32:51
107 Tami Moore 32:52
108 Gregory Townsend 32:54
109 William Jones 32:58
110 Tiffany Cline 33:04
111 Rudy Suryantoro 33:13
112 Mike Deardorff 33:13
113 Ernie Hurst 33:21
114 Jerry Meiring 33:24
115 Jeff Saylor 33:25
116 Mick Eberle 33:27
117 Paul Sanders 33:44
118 Scott Mathias 33:45
119 Nikole Frazier 33:49
120 John Norris 33:51
121 Donnie Johnson 33:58



(Continued from page 10)

122 Christopher Topel 34:19
 123 Kara Smith 34:20
 124 Lacey Myer 34:28
 125 Mark Eads 34:31
 126 Erik Atkisson 34:31
 127 Zachary Barnes 34:36
 128 Mark Smith 34:39
 129 Jack Mellinger 34:43
 130 Anna Dollens 34:45
 131 Mitchell Johnson 34:46
 132 Paula Kucholik 34:46
 133 Diana Jones 34:49
 134 Zachary Smith 34:57
 135 Amanda Federspill 35:08
 136 Bill Harmon 35:17
 137 Cassie McKillip 35:18
 138 Kristin Massengill 35:28
 139 Anthony Smith 35:29
 140 Darrell York 5:33
 141 Sarah Lee 35:40
 142 Russ Hovermale 35:42
 143 Andy Cage 35:43
 144 Megan Fennell 35:54
 145 Stan Shuey 36:05
 146 Zachary Whiteman 36:09
 147 Jaqueline Combs 36:11
 148 Tina Dixon 36:19
 149 Jeff Sexton 36:19
 150 Karen Bush 36:25
 151 Nick Reed 36:28
 152 Kelly Smith 36:39
 153 Ted Hinkle 36:41
 154 Alisha Eibel 36:42
 155 Mike Atkisson 36:43
 156 Maxwell Eibel 36:44
 157 Fritz Eibel 36:44
 158 Paula Anderson 36:45
 159 Audrey Sanders 36:45
 160 Jonathan Sanders 36:46
 161 Ricke Stucker 37:02
 162 Vicki Boles 37:10
 163 Billy Pasquale 37:17
 164 Mike Rood 37:17
 165 Andrea Mayfield 37:23
 166 Cindy Harmon 37:44
 167 Joyce Pennycoff 37:52
 168 Laura Cook 37:53
 169 Mike Federspill 37:58
 170 Scott Gill 38:01
 171 Rhenda Acton 38:19

172 Doug Mankell 38:27
 173 Fred Chew 38:32
 174 Nancy Anderson 38:37
 175 Christine Denman 38:46
 176 Pete Anders 38:50
 177 Steve Dishon 38:51
 178 Beth Szerdy 38:58
 179 Daniel Wilcox 39:02
 180 Tanika Forestal 39:13
 181 Anita Upchurch 39:22
 182 Jeff Ladow 39:27
 183 David Stout 39:30
 184 Betsy Wenz 39:31
 185 Abigail Michael 39:34
 186 Alison Brantley 39:43
 187 Christina Sheroan 40:32
 188 Amy Henderson 40:36
 189 Taylor Cook 40:42
 190 Robin Cole 41:03
 191 Angela Kelley 41:33
 192 Breeze Gunter 42:16
 193 Courtney Cardwell 42:21
 194 Dana Olivarez 42:21
 195 Amber Longwith 42:37
 196 Alan Wilson 42:55
 197 Monique Redman 42:58
 198 Margaux Eibel 43:04
 199 John Taylor 43:05
 200 David Granson 43:05
 201 Adriene Riggle 43:23
 202 Barb Durr 43:26
 203 Tammy Tolle 43:26
 204 John Kerker 43:27
 205 Kathleen Leach 43:40
 206 Robert Cupp 43:53
 207 Cindy Kerker 44:08
 208 Steven Larson 44:41
 209 Kala Sheets 45:03
 210 Rebecca Madlin 45:13
 211 Amanda Godfrey 45:21
 212 Carla Knapp 46:09
 213 Laurie Ousley 46:21
 214 Adriane Freeman 46:23
 215 Andrea Eckelbarger 46:39
 216 Melissa Williams 47:41
 217 Sharon Whelan 48:37
 218 Kathy Allen 49:23
 219 Emily Allen 49:23
 220 Vickie Jeslis 51:35
 221 Sylvia Burgin 53:03
 222 Julia Vazquez 53:34
 223 Steve Geiselman 55:00
 224 Aubrey Vazquez 57:14
 225 Dennis Day 57:15
 226 Kathleen Bagwell 57:19
 227 Jerry Leach 57:19
 228 Lindsey Tompson 58:09
 229 Michelle Wilmoth 1:03:01

3 MILE WALK
 1 Rick Spencer 30:02
 2 Mary Miller 30:22 1st Woman
 3 Vince Lorenz 31:38
 4 Carol Aders 32:03
 5 Joann Quinnette 32:49
 6 Tim Taflinger 32:57
 7 Mike Yovanoff 33:09
 8 Bret Shorter 33:12
 9 Jerry Lambert 33:34
 10 Christopher Sullivan 34:34
 11 Amanda Pena 34:45
 12 Nicole Parry 34:48
 13 Rachel Wilson 34:51
 14 Janelle Zabst 34:54
 15 Don Hurd 34:56
 16 Toney Lorenz 35:07
 17 Sue Smith 36:16
 18 David Mygrant 36:18
 19 Robin Hehr 36:37
 20 Linda D. Miller 36:53
 21 Jane Inman 36:58
 22 Rose Anne Hinkle 37:34
 23 Robin Michael 38:24
 24 Becky Mayfield 38:27
 25 Carol Zabst 39:01
 26 Bruce Savage 39:06
 27 Tori Turner 40:04
 28 Kelly Turner 40:07
 29 Jeanie Turner 40:09
 30 Barbara Hobbs 40:11
 31 Melvin Hobbs 40:12
 32 Vicky Martin 40:15
 33 Tammy Beard 40:25
 34 Sona Camp 40:27
 35 Pam Porter 40:43
 36 Kevin Porter 40:44
 37 Nancy Helton 40:45
 38 Jayne Hiatt 40:47
 39 Carol Yovanoff 40:50
 40 Lisa Price 41:58
 41 Sandra Wheeler 41:58
 42 Kim Brewster 42:07
 43 Marcia Maple 42:08
 44 Anita Frazier 42:22
 45 Angela Lorenz 42:36
 46 Robert Longwith, Jr. 42:52
 47 Brenda Catron 43:02
 48 Morgan N. Whiteman 43:10
 49 Debbie Riffe 43:55
 50 Susan Geiselman 43:59
 51 Sue Kistler 44:11
 52 Kristin Trueblood 44:12
 53 Lisa Sheets 45:02
 54 Dick Summerton 45:04
 55 Harold Beal 45:30

56 Charles Clark 45:44
 57 Shelly A. Coram 45:45
 58 Diana Brown 47:31
 59 Carol Savage 47:38
 60 Irene Brantley 47:39
 61 Stan Lay 47:40
 62 Milt Brown 48:14
 63 Pat Robertson 48:17
 64 Elizabeth Beal 50:13
 65 Diane Nickels 50:14
 66 Mary Stine 50:15
 67 Debbie Whitney 52:29
 68 Kiley Yovanoff 52:29
 69 Jackie Sanders 52:56
 70 Cynthia Sanders 52:58
 71 Sophie Frazier 53:21
 72 Matt Craig 55:32
 73 Kristen Craig 55:34
 74 Amy Irick 58:09

1 MILE FUN RUN

1 Landrum Neer 6:43
 2 Andrecus Eddington 6:59
 3 Tanner Heady 7:25
 4 Blake Shrader 7:28
 5 Noah Cline 7:30
 6 Ty Catt 7:31
 7 Taylor Coram 7:35 1st female
 8 Corey Menning 7:47
 9 Casey Lechner 7:48
 10 Kailee Taflinger 8:13
 11 Kiley Yovanoff 8:36
 12 Cinnamon Andrews 8:41
 13 Hunter Purtee 8:45
 14 Andria Eddington 8:48
 15 Nigel Lenoir 9:10
 16 Jania Eddington 9:15
 17 Tanner Robertson 9:17
 18 Brayden York 9:26
 19 JC Barnett 9:33
 20 Maya James 9:35
 21 Claire Moore 9:54
 22 Ann Moore 9:54
 23 Jacob Moore 9:57
 24 Tyler Moore 9:57
 25 Alex Anderson 10:01
 26 Hannah Sexton 10:45
 27 Samantha Cline 11:19
 28 Myles Lenoir 11:52
 29 Stephen Schneider 11:56
 30 Ashley Yovanoff 11:58
 31 Drew Coram 12:03
 32 AJ Robertson 14:07
 33 Nancy Robertson 14:13
 34 Paige Schneider 15:57
 35 Anne Schneider 16:02



2009 Points Standings

Races included are Amboy, Old Ben, Sam Costa, Ultimate Challenge, Race for the Cure, JN Jackson Morrow, Trojan Trot, Greentown and any one marathon, half-marathon or volunteer. 10 points are awarded for both the Race for the Cure and the Relay for Life. Let me know of any issues and I'll be glad to correct them.

Runners	Jennifer Sinka 1-10	Jacob Bradshaw 2-35H	Kim Lee 6-72HR	Robert Cupp 3-40R
Women		Nich Lipari 2-35	Rich Bradshaw 2-40H	Walkers
0-12	40-44	Joshua Revils 3-34	Dana Neer 2-40	
Breeze Gunter 3-60	Gina Sheets 7-130MR	Jordan Lee 2-30R	Bill Bauson 2-28H	Women
Aubry Jackson 1-15	Patti Reinhardt 8-125MHCR	Jesse Bauson 1-20H	Matt Bolinger 1-20H	49-
Lauren Weber 1-10R	Laura Cook 5-65H	Keith Bauson 1-20H	Scott Deyoe 1-20H	Mary Miller 10-180HCR
Natalie Weber 1-10R	Joni McCracken 3-55H	Peter Bauson 1-20H	Eric Mathew 1-20H	Raye Jean Swinehart 7-115H
Kelsey Weber 1-10R	Shelly Wyman 3-47H	Andrew Swinehart 1-20H	Phil Rozzi 1-15	Emily Allen 4-52HCR
	Michelle Larson 2-35H	Brent Noll 1-12	Gary Jewell 1-10R	Carol Savage 2-35H
13-19	Kim Anderson 2-32H		Mike Schoenradt 1-10	Cindy Sullivan 2-24
Katie Hollingsworth 2-40	Kim Coy 1-20H	20-24		
Maya Brooks 2-35	Tami Moore 1-20H	Sam Williamson, Jr. 2-40	50-54	50+
Brittany Deyoe 1-20H	Laura Rosenstengel 2-19R	Zach Miller 2-30HR	Jeff Cardwell 7-140H	Jane Inman 9-150HR
Christina Deyoe 1-20H			Ray Tetrault 9-128MHR	Jayne Hiatt 10-131HCR
Diana Deyoe 1-20H	45-49	25-29	Earl Strong 6-105MH	Amanda Pena 7-120CRV
	Cheryl Marner 3-60H	Mark Eads 2-40	Greg Townsend 6-75	Debbie Riffe 7-75CRV
20-24	Roxane Burrous 2-40M	Jason Rush 1-20H	Jerry Meiring 6-70H	Barbara Hobbs 4-51H
Sarah Lee 4-70HR	Stephanie Bolinger 1-20H	Cory Jackson 1-15	Scott Hamilton 4-51	Jeannie Clark 4-49
Amber Longwith 3-40R	Chari Deyoe 1-20H		Keith McAndrews 3-50H	Pat Robertson 5-42CR
Vanessa Lorenz 2-32	Carla Yerkes 1-20H	30-34	Mike Deardorff 4-48H	Diana Brown 5-40C
Sarah Bauson 1-20H	Carrie Lee 1-10R	Matt York 7-130HC	Michael Campbell 2-40H	Cynthia Sanders 4-34CR
Megan Tetrault 1-20H		Aaron McQuiston 3-50	Tim Miller 1-10R	Angela Lorenz 4-33R
	50-54	Ryan Pownall 2-32H	Jeff LaDow 1-8	Trudy Pierce 2-25H
25-29	Anna Dollens 9-155HC	Ryan Bagwell 1-20H		Kathy Allen 2-15R
Michelle Clendenning 3-60H	Robin Tetrault 8-132MHR		55-59	Helen Brown 1-10R
Rebekah Monroe 3-60M	Vicki Boles 7-117HR	35-39	Joe Rangel 9-170HC	Renita Taflinger 1-10R
Kathleen Bagwell 2-40MH	Cassie Bauson 3-47H	Scott Colford 7-140H	Mark Shorter 9-135HCR	Kathy Weidler 1-10C
Justine Eads 1-20	Lorene Sandifur 2-30HC	Chris James 6-105H	Dave White 8-99HCR	
Michelle Tetrault 1-20H	Theresa Barlow 2-19R	Scott Riggle 7-97HCR	Charlie Skoog 6-78R	Men
Jaime Jackson 1-15		T.A. Weber 7-90HR	Steve Wand 4-62HC	49-
	55-59	William Irvin 4-67H	Tom Miklik 4-59HR	Vincente Lorenz 5-90R
30-34	Joyce Pennycoff 7-120HCRV	Dave Harrison 3-42H	Fred Chew 3-48H	Chris Sullivan 4-65
Allison Irvin 5-100H	Robin Cole 7-112C	David Reinagle 2-29H	Bruce Cook 2-40H	Tim Revils 3-34
Adriene Riggle 7-91HCR	Rhenda Acton 4-75HV	Chris Frazier 2-27	Rocky Smith 2-40HV	Bruce Savage 2-32H
Darcie York 4-62H	Judy Smith 3-50HCV	Keith Hill 1-20H	Rick Maughmer 2-35H	
Julie Pownall 3-45H	Chris Williamson 2-35V	Michael Rood 1-20H	Don Gifford 1-20H	50+
Michelle Boyd 3-40H	Kathie Barnett 1-10R	Derick Brooks 2-18	Steve Kilcline 1-20H	Rick Spencer 8-149H
Kelly Wright 2-40H	Barb Wand 1-10C		Jack Mellinger 2-18	Jerry Lambert 10-135HCRV
Karen Bush 2-30HC		40-44		Tim Taflinger 9-134HCR
Mary Cameron 2-29H	60-64	Michael Graham 9-131HCR	60-64	Steve Inman 9-131HR
Jeanette Merritt 1-20H	Sylvia Burgin 8-135HCR	Gary Willis 8-127HCR	Ricke Stucker 8-130CR	Robin Michael 7-81H
Monica Brooks 1-15	Anne Wiles 4-60CR	Ron Moore 5-90HC	John Wiles 8-117HCR	Jackie Sanders 6-45CR
	Doris Griffith 1-20V	Brian Allen 6-75HCR	David Hughes 4-70C	Melvin Hobbs III 4-43H
35-39	Shirley Wilson 1-20	Dan Lutes 4-75MH	Bill Barnett 3-50MHR	Toney Lorenz 5-42R
Nicole Peel 8-135MHR		Kevin Forgrave 1-20	Phil Leininger 2-32H	Jim Burrous 2-40HV
Heather Weber 7-130HR		Don Rogers 1-20H	Walter Brown 1-20H	Robin Hehr 4-37
Barb Millspaugh 8-119HC	65-69	Todd Moser 1-15		David Mygrant 1-20H
Nikki Frazier 2-32	Susan Gerhart 2-40H		65-69	Milt Brown 1-10R
Lisa Jones 1-20H	Men	45-49	Stan Shuey 6-105C	Bob Longwith 1-10R
Stella Rood 1-20H	13-19	Brian Reinhardt 7-120MHCR	Doug Mankell 4-70H	Dick Summerton 1-8
	Waylon Coulter 5-77	Ken Swinehart 7-108H	John Norris 2-40H	John McGinty 1-5
	Ben Bradshaw 3-60H	Al Hochgesang 5-80	Dale Sullivan 1-20	
		Ernie Hurst 6-80H	70+	
			Bill Heck 3-60V	



2009 Race Calendar

Coyote Kids July 2, July 9, July 16, July 23 (Awards) Time: 6:30PM Location: Jackson Morrow	Run for Shelter 5k Run/Walk Time: 8 AM Location: Oakbrook Valley	November 8 Run the Mounds 5m Run/Walk Time: 2 PM Location: Anderson, IN
July 11 Race for Grace 5K Run Time: 8 AM Location: Logansport, IN	September 25 2 nd Annual Ladies Night Out 5K <i>Non-Points Event</i> Time: 6:00 p.m. Location: Downtown Kokomo Contact: Rebekah Monroe Phone: (765) 461-8387 Email: rebekah.a.monroe@gmail.com	November 14 Charity Run/Walk 5k Time: 9 AM Location: UAW Local 292
July 18 Panther Prowl 4 Mile Run/5k Walk Time: 8 AM Location: Western H.S., Russiaville	September 26 BeeBumble 5k-10k Run/5k Walk Time: 8 AM Location: Burnettsville, IN	November 26 CKRR Thanksgiving Day Fun Run Time: 8 AM Location: Highland Park (Non Points)
August 1 Norris Insurance 5K Run/ Walk Time: 8 AM Location: Converse, IN	October 3 Cole Porter 5k-15K Run/5k Walk Time: 8:30 AM Location: Peru, IN	December 6 CKRR We Care 5k Run/Walk Time: 2 PM Location: Grace Fellowship Church (20 pts each finisher)
August 8 CKRR Age-Graded 4M Run/5K Walk Time: 8 AM Location: Highland Park	October 18 Club Kokomo 8k Run/3 Mile Walk Time: 2 PM Location: Nickel Plate Trail, Peru	December 31 New Years Eve 5k Run/Walk Time: 2 PM Location: UAW Local 292
August 22		



Coyote Kids: *I don't know what Mark is saying, but I do not think the little girl is buying it.*

Other Race Results

Geist Half Marathon
Fishers, Indiana
May 16, 2009

1: Scott Spitz 1:12:19
1w: Jane Daniels 1:23:42
271: Nicole Peel 1:42:38
682: Earl Strong 1:54:42
853: Cheryl Marner 1:58:06
1727: Kim Coy 2:20:41
2031: Joyce Pennycoff 2:32:42
2543: Barb Hobbs 3:11:25
2544: Mel Hobbs 3:11:26

Hatfield McCoy Results
June 13, 2009
Williamson, WV

1. Karsten Brown 2:51:41

10. Brian Reinhardt 3:33:13
18. Roberta Meyer 3:41:38
(1st woman)
137. Patti Reinhardt 5:13:02
185. Raymond Tetrault 6:15:27
186. Melissa Polk 6:15:27
187. Robin Tetrault 6:15:27
211 Finishers

Mayors Marathon
Anchorage, Alaska
June 20, 2009

1: Michael Wisniewski 2:22:29
1W: Natasha Yaremczuk 3:04:35
269: Earl Strong 4:32:44
460 Finishers

**Club Kokomo
Roadrunners**

2936 Congress Drive
Kokomo, Indiana 46902

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