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Next Races:

October 4
Cole Porter 15k Run and 5k Run/Walk
9:00 AM
Circus Building
Peru, IN

October 26
Nickel Plate 8k Run and 3 mile walk
2:00 PM
Nickel Plate Trail-head
Peru, IN



October 2008

The Roadrunner

Club Kokomo Roadrunners



F.I.R.R.S.T.'S First Annual "GIRLS NIGHT OUT"!!

By Robin Tetrault



What does F.I.R.R.S.T.'S stand for - "Female Inspired Road Running Support & Training System" of CKRR.

We are so excited to put this race for women (walkers or runners) on Friday, October 3, 2008.

The race is being sponsored by Sony's Sycamore Grille. It will begin and end downtown in front of Sony's on Sycamore Street. We have a fun-packed evening planned starting at 6:30PM with a 20 yd "high heel 'fun' hustle" (heels required, men welcome!), at 6:45PM a 5K run or walk (females only), door prizes, goody (and we mean GOODY) bags, snacks and drinks at the Grille, then at 8PM a Zumba after party on the square.

We are offering a trendy, feminine cut t-shirt that we may run out of if you haven't pre

registered. The cost is \$18 the day of the race. Registration and pre registered pick up will begin at 5:00PM until 6:15 PM the night of the race. Please get your girlfriends, sisters, daughters, mothers, and even your grandmothers together and join us for a totally outrageous night out on the square. As of September 25th we had 45 women registered to run!

We don't want the guys to feel left out, so come and support the special woman in your life and volunteer on the race course or just come and cheer her on. We really do need volunteers. So if you would like to help, please feel free to contact Rebekah Monroe at rebekah.a.monroe@gmail.com. Please volunteer ASAP!

It's too late to pre register, but you can download a registration form from our website so you have all of the information in hand. We hope to see you there!

Nickel Plate 8 and Some Good Grub

By Brian Reinhardt



Mark your calendars for Sunday October 26th to come and join us on the Nickel Plate Trail for the 2nd Annual Nickel Plate 8! Okay, so last year it was a 5-miler and this year it's an 8k [4.97 miles] but you have to admit that Nickel Plate 8

sounds better than the Nickel Plate 5-miler!

Besides, we haven't had an 8k race around

here for years so some of those old club records need to be broken!

Last year's race was a fun run, but this year's race will be a club event and will be scored as a points race for the first time. For a cost of \$4 for club members and \$5 for non club members you can't beat it for an afternoon on a beautiful trail.

On top of that we'll be throwing some burgers and dogs on the grill and asking each of you to bring your favorite dish and beverage

(Continued on page 9)

Next month: Article and Photos from the BeeBumble.

Reminder: The McKinley School 4-miler date has been moved from November 8th to November 15th due to a scheduling conflict at the school.



From the President

By William Irvin



If you have a desire to lead CKRR in certain direction or would like to be a bigger part of CKRR please contact anyone of the current officers to be added to the ballot or to have the positions further explained.

2009 Race Calendar

The 2009 Race Calendar was discussed September 6th at the monthly CKRR meeting at the Half Moon Brewery. There were a handful of members on hand to help determine the race schedule for next year. There were two races added to the schedule, the Sam Costa Half and Quarter Marathon and the Mounds Trail race in Anderson, IN. This race is a very popular and well organized event that many CKRR members, both runners and walkers, attend every year. It is a beautiful yet challenging course at the Mounds State Park and it is held just as the trees have turned colors and have begun to loose their leaves. There was one race that was deleted from the schedule not by our decision, but by the Kokomo Symphony's decision. The Kokomo Symphony 5K will not be held next year due to the dissolution of the Kokomo Symphony organization.

The other races that were on the schedule for the 2008 race calendar will be kept with, of course, different dates.

Officer Elections

2009 marks the year for new CKRR Officer Elections. As the Vice President, Gina Sheets has the opportunity to take her experience to the President position. Gina is looking for a running mate (no pun intended) to succeed her as the Vice President. Brian Reinhardt is also stepping down as the newsletter editor after 4 years so we'll be actively pursuing someone to fill that office as well. Of course our Club is a democracy and uses a voting system to determine all officers for the Club. With this said, all officer positions will be voted upon with the ballot to be mailed to you by Mark Shorter. If you have a desire to lead CKRR in certain direction or would like to be a bigger part of CKRR please contact anyone of the current officers to be added to the ballot or to have the positions further explained. Please respond before the next newsletter so that ballots can be sent out.

Triathlon Updates

TRI-America

The Tri-America triathlon series made a stop up in Michigan City on September 7th, so Ron and I thought we would convince the wives going up north for a family weekend, which of course included a triathlon. Once they saw the bikes loaded up on the back of the Trail Blazer and all of our TRI gear in with our luggage, the cat was out of the bag. The gig was up and Ron and I had some major explaining to do. However, once we told them how much fun it would be they were accepting of our little race weekend getaway! What a beautiful area! We drove the course the night before and we were both very worried about the bike portion of the event, which was held on very rough road. The run course was very nice running along the coast line of Lake Michigan and the million dollar homes, what a sight!

Race morning approached and Ron and I were up and going by 5:30AM. As we were setting up our gear we noticed the water was a little rough. Leading up to race weekend there were storms and rip-tide warnings throughout the region and we quickly found out that the water had not calmed down any and it had certainly cooled down a lot! Luckily Ron and I both donned on the wetsuits to keep us warm in the mid 60 degree water.

I think for Ron and I both the swim was the worst part of the race, even compared with the rough road on the bike. It was the roughest water that I think that I had been in! We both survived and had a good bike and a good run.

Besides the extreme swim conditions and rougher roads on the bike, it turned out to be a great family weekend.

Place	Swim	Bike	Run	Finish
3. WILL IRVIN	24:56	52:21	29:39	1:50:33
9. RON MOORE	27:57	52:49	34:43	1:59:33

Mighty Mississinewa Triathlon

What a great event! That is all I can say. The MMT gets bigger and better every year. Going out to Mississinewa for the MMT always takes me back to when I was growing up. My father used to take my brother and me swimming at the Miami Recreational area for many years when I was younger. It is always



Training with a Friend

By Gina Sheets

I have always trained alone for five years with the exception of Wednesday nights at Highland Park and maybe some long training runs I have trained alone, until this year. In 2007, after having a great time getting to, running and returning from the Red Woods Marathon in California, Nicole Peel immediately picked another fall marathon for 2008, the Marine Corp Marathon in Washington D.C.

I was in because I enjoyed Nicole's company and had heard Steve Wand and Tom Miklik say nice things about the event. Around May I wanted to be accountable to someone for my weekly running just so I would do it and have to do it because I was being held accountable. I asked Nicole if she could do an email program with me and she being ever resourceful said how about one better, why don't we train together.

For a billion weeks we have been training very hard,

this is the only program I have ever done and so it automatically is the hardest but seriously ask Earl Strong, it is hard.

In August Nicole suggests we do the new Fort Wayne Fort -4-Fitness half marathon and I agree. On Friday the 26th we drove up to Fort Wayne, picked up our packets, ate way too much at the Olive Garden and crashed with a friend in a really nice home. Saturday morning we were up at a decent time (5:30) and shortly after 6:30 we were dropped off a few blocks from the Start/Finish line. This race for a first time event was organized like it had been going on for 20 years. The start line had pace markers so you could line up in your appropriate pace group. We lined up at the 8:00 minute pace along with all the 10:00 minute pace people who had high ambitions but really frustrated me for the first three miles. Something or someone notified the folks in front that it was time to start

so we went and we went and we just kept righting running until we turned a corner and saw the finish line.

We finished together in PR time for both of us, 1:40:50, which is a 7:42 smoking pace.

We were the 17th and 18th overall female finishers out of 908

and we were 136 out of 1651 finisher. I finished second in my age group; turning 40 has its rewards.

It was a nice day, a well organized race and I would encourage anyone looking for a nice training race premarathon to do this. Nicole and I had a great time together. I never imagined I would take 11 minutes off my best half marathon time but I did thanks to training with a friend. Go find a friend and hit the roads or trails.



Go find a friend and hit the roads or trails.

From the President (continued)

a chance to see people from the Peru area that I knew as a kid or those that I went to school with.

CKRR was well represented this year as in the past 2 years that this event has been held. The swim took place at the Miami Recreational Area with 4 waves. The bike course takes competitors all the way around (cutting across Red Bridge on the back side for the return) Mississinewa reservoir with rolling hills. The run is half on trail and half on country roads. Congratulations to all the CKRR members who participated in the 3rd Annual MMT!

1. Zach Rosenbarger 1:15:53

6. William Irvin 1:20:44
8. Mark Massengill 1:22:37
13. Matt York 1:26:17
16. Ron Moore 1:27:07
75. Kyle Pattison 1:39:18
86. Paul Lyman 1:39:51
87. Scott Riggle 1:40:00
95. Todd Brandenburg 1:41:58
116. Kathryn Touloukian 1:45:02
123. Rebekah Monroe 1:45:45
138. Connie Gamble 1:47:53
139. Garrett Davis 1:47:57
143. Michelle Clendenning 1:48:24
159. Tom Miklik 1:50:52
- Team
2. Don Rogers 1:27:42

***I would like to add a quick note to those of you who know Donnie Rogers, Matt Bolinger, Clayton Nix, and Jay Priest. I would like to congratulate all of them for completing Ironman Louisville (Donnie, Matt, and Clayton) and Ironman Wisconsin (Jay). This is a major athletic accomplishment and is deserving of a spot in my monthly column. For those of you who do not know the Ironman is a 2.4 mile swim, a 112 mile bike, and a 26.2 mile run (a full marathon!) all back to back. It is a very tough event that takes all day to complete and takes months of preparation to finish. Welcome to the Kokomo Ironman Club guys!



Race for Kim

By Robin Tetrault



It was a beautiful, sunny, crisp morning for the "Race for Kim." There was a good turnout for such a busy weekend. It was very well organized and the award medals added a very nice touch for the runners. Her brother gave words of appreciation for the support for the scholarship fund in

memory of Kim. It was plain to see that the family did a wonderful job organizing the race and putting together this "young club race". Ray and I were very glad to be a part. We would encourage the club to embrace this very worthy cause.

Nickel Plate Trail Update

By Charlie Skoog

Work continues north of Peru and we hope to have another 6 mile section of the trail connecting Peru and Denver ready for paving by early spring, 2009.

In the past month volunteers including club member Greg Townsend built and installed 36 beautiful stop signs designed by Harry Denham. We have pretty much completed the back grading and raking of recently paved sections and continue to work on parking areas in Cassville, Bunker Hill, and Bennett Switch. With the improved and expanded parking areas we will be placing portable toilets at the above locations and Wallick Road which will be a welcome "relief" for all the trail users and volunteers!

Work continues north of Peru and we hope to have another 6 mile section of the trail connecting Peru and Denver

ready for paving by early spring, 2009. Included in that section is the 312 foot trestle over the Eel River which we plan to build this fall using the same design as the bridges in Cassville and Bunker Hill. Vol-

unteers and donations to build and maintain the trail are always needed, especially now, so please call 457-2607 or runckrr@aol for more details. Hope to see you on the trail soon!



The work is never easy, but if you've spent any time at all on the almost 13 miles that is completed you'll realize it is more than worth your time.

Birthday List

- 10/1 Aurelien Mozipo
- 10/5 Jeff Perkins
- 10/5 Natalie Weber
- 10/6 Ashley Taflinger
- 10/8 Charley Eltringham
- 10/8 Mary Miller
- 10/9 Rick Spencer
- 10/12 David A. Hughes
- 10/13 Austin Forgrave
- 10/13 Keith Kruger
- 10/13 John Robertson



- 10/15 Sarah Lee
- 10/16 Kyla King
- 10/17 Landrum Neer
- 10/17 Julie Pownall
- 10/19 Jack Mellinger
- 10/20 Henry Yu
- 10/21 Anne Wiles
- 10/23 Peter Bauson
- 10/23 Jensen Freeman
- 10/23 Ricke Stucker
- 10/23 Rebekah Kinney
- 10/25 Henry Johnson
- 10/25 Joe Orr
- 10/26 Jeannie Clark
- 10/27 Adriana Freeman
- 10/28 Zach Miller
- 10/30 Vicki Boles
- 10/30 Shawn Fain
- 10/30 Maya James
- 10/31 Alexander Bolinger
- 10/31 Geana Moore
- 10/31 Scott Riggle



Race Results

CKRR Weekly Fun Mile
September 3, 2008

11:00 AM Race

1. Michael McCune 14:39
2. Charlie Skoog 14:40
3. Jackie Sanders 17:12
4. Brett Sanders 17:14

5:30 PM Race

1. Jordan Ousley 6:07
3. Cory Jackson 7:05
5. Lisa Jones 7:11
6. Greg Sumpter 7:20
7. Laura Rosenstengel 7:28
8. Greg Townsend 7:47
9. Kathy Murdoch 7:48
10. Jeremy Sumpter 8:55
11. Aubry Jackson 10:06
12. Jaime Jackson 10:06
13. Anna Dollens 10:07
14. Bob Longwith 10:15
15. Cathy Longwith 14:51

2nd Annual Team Kim 5k
September 6, 2008
Sharpsville, IN

5K Run

1. Byron Bundrent 18:10
2. Gary Jewell 19:47
6. Scot Hamilton 22:11
7. Michael Graham 22:19
10. Brittiani Gillem 22:31 1st woman
13. Mark Shorter 23:10
15. Gregory Townsend 23:56
16. Ricke Stucker 23:58
18. Ken Swinehart 24:11
19. Ernie Hurst 24:28
20. Lisa Jones 24:31
22. Steve Wand 24:48
23. Russ Hovermale 25:03
25. Stan Shuey 25:11
26. Ray Tetrault 25:24
27. Mike Daugherty 25:46
30. Jason Rush 25:55
31. Cory Jackson 26:27
32. Robin Tetrault 27:00
34. Christopher Sullivan 27:24
37. Doug Mankell 27:49

38. Joyce Pennycoff 28:10
43. Robin Cole 31:02
48. Robert Cupp 35:08
50. Sylvia Burgin 38:57
- 54 Finishers

5k Walk

1. Jerry Lambert 33:08
2. Rick Spencer 34:33
3. Tim Taflinger 35:23
4. Steve Inman 35:58
5. Amanda Pena 36:00 1st woman Russiaville
6. Anna Dollens 36:25
7. Robin Michael 36:40
9. Jane Inman 40:18
10. Raye Jean Swinehart 40:35
11. Jayne Hiatt 40:41
13. Jeanie Clark 41:35
15. Milt Brown 42:22
16. Mary Miller 42:51
17. Cynthia Sullivan 43:45
20. Debbie Riffe 46:34
27. Jackie Sanders 53:31
- 27 Finishers

CKRR Weekly Fun Mile
Wednesday, September 10,
2008

11:00 AM Race

1. Joe Rangel 7:12
2. Jack Mellinger 8:11
4. Jackie Sanders 17:19
5. Cindy Sanders 17:28

5:30 PM Race

1. Matt York 5:56
1. William Irvin 5:56
3. Jeff Cardwell 6:04
4. Brittiani Gillem 6:19 (Women's Course Record!)
5. Kim Lee 6:32
10. Ernie Hurst 6:59
11. Ray Tetrault 7:12
12. Laura Rosenstengel 7:20
13. Cory Jackson 7:30
14. Greg Townsend 7:32
15. Tami Moore 7:53
16. Jack Mellinger 7:57

17. Brian Allen 8:12
19. Aubry Jackson 9:53
20. Jaime Jackson 9:54
21. Anna Dollens 9:54
22. Bob Longwith 10:16
23. Sylvia Burgin 11:53
24. Lauren Weber 12:43
25. Natalie Weber 12:51
26. Kelsey Weber 12:52
27. TA Weber 12:52
29. Cathy Longwith 14:45
30. Diana Brown 16:45

CKRR Weekly Fun Mile
Wednesday, September 17,
2008

11:00 AM Race

1. Joe Rangel 6:26
2. Jack Mellinger 7:30
3. Charlie Skoog 7:44
4. Cathy Longwith 15:04
5. Jackie Sanders 17:30
6. Cindy Sanders 17:34

5:30 PM Race

1. Dan Lutes 6:08
2. Maya Brooks 6:57
6. Greg Sumpter 7:07
7. Lisa Jones 7:19
8. Laura Rosenstengel 7:22
9. Jack Mellinger 7:35
10. Bowie Brooks 7:38
11. Mike Daugherty 7:45
12. Chris Sullivan 7:47
13. Greg Townsend 7:52
14. Brian Allen 7:54
15. Ernie Hurst 7:54
16. Jeremy Sumpter 8:27
18. Anna Dollens 9:16
19. Jaime Jackson 9:16
20. Aubry Jackson 9:37
21. Brody Brooks 9:38
22. Monica Brooks 9:38
23. Christian Cox 12:56
24. Jeanie Clark 13:07
25. Cindy Sullivan 13:18
27. Diana Brown 15:59

CKRR Weekly Fun Mile
Wednesday, September 24,
2008

11:00 AM Race

1. Joe Rangel 5:59
2. Steve Wand 6:56
4. Bill Heck 8:30
5. Jackie Sanders 18:55
6. Cindy Sanders 19:04

5:30 PM Race

1. Lisa Thompson 6:46
3. Greg Sumpter 7:12
5. Ernie Hurst 7:16
6. Laura Rosenstengel 7:22
8. Jack Mellinger 7:39
9. Mike Daugherty 7:50
10. Kathy Murdoch 7:51
11. Jeremy Sumpter 8:06
13. Jaime Jackson 8:51
14. Anna Dollens 8:51
15. Cindy Coulter 9:06
17. Aubry Jackson 10:37
18. Cory Jackson 10:37
19. Bob Longwith 10:45
20. Diana Brown 15:22

BeeBumble 10K Run Results
Burnettsville, IN
September 27, 2008

1. Scott Colford 33:52
2. Heather Weber 38:14
3. William Irvin 38:29
4. Matt York 39:09
5. Chris James 39:30
6. Joe Rangel 39:35
10. Scott Riggle 43:41
13. Joseph Hubbs II 46:31
17. T. A. Weber 48:44
18. Michelle Clendenning 49:01
20. Allison Irvin 49:20
21. Dennis Ball 50:11
22. Keith McAndrews 50:12
26. Gregory Townsend 51:18
37. David Hughes 54:22
38. Jillian Weaver 54:32
40. Ken Swinehart 55:07
48. Shelley Wyman 56:28

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2008 CKRR Points Standings

Races included are JN Amboy, Old Ben, Ultimate Challenge, Race for the Cure, JN Jackson Morrow, Composer Classic, Trojan Trot, JN Greentown, Race for Grace (Runners only), Haynes Apperson, Ironhorse, Panther Prowl, JN Converse, Age-graded, Run for Shelter, Race for Kim, BeeBumble, and any one marathon, half-marathon or volunteer. 10 points are awarded for both the Race for the Cure and the Relay for Life.

Runners	30-34	Robin Tetrault 11-220MHV	Kaleb Hollingsworth 1-20H
	Darcie York 12-187HV	Theresa Barlow 3-44V	Andrew Swinehart 1-20H
Women	Monica Brooks 6-112H	Michaelene Anderson 1-10	Mason McGovern 1-15
	Kelly Wright 3-55H	Linda Donovan 1-10	Peyton Yeung 1-15
0-12	Jessica Irvin 4-52H	Jill Parry 1-10	
Aubrey Jackson 7-130V	Karen Bush 3-49H	Debra Perkins 1-10	20-24
Victoria Christenson 1-20H	Jeanette Merritt 3-40H	Lorene Sandifur 1-10	Sam Williamson, Jr. 3-60
Zoe Irvin 1-10	Robyn Pagington 2-40		Charley Eltringham 3-55
Hannah Moore 1-10	Geana Moore 2-30V	55-59	Bryan Phillips 2-40
Lillian York 1-10	Jessica Austin 1-20H	Robin Cole 15-249V	Zach Miller 2-35
	Amy Piazza 1-15	Joyce Pennycoff 12-220HV	
13-19		Judy Smith 7-92HV	25-29
Katie Hollingsworth 6-120H	35-39	Rhenda Acton 5-80HV	Jason Rush 9-165H
Heidi Freeman 4-62	Heather Weber 10-180H	Anne Wiles 3-50HV	Cory Jackson 10-157
Maya Brooks 3-47	Lisa Jones 8-124H	Chris Williamson 3-42	Mark Eads 8-132H
Nicole Jackson 4-43	Nicole Peel 7-110MH	Barb Wand 2-30V	Joseph Hubbs 3-60H
Vanessa Lorenz 4-41	Shelly Wyman 5-79	Kathie Barnett 2-20	Nathan Hovermale 2-40
Nicole Parry 2-22	Barb Millspaugh 5-64		Matt Yarosz 2-40
Emily Christenson 1-20H	Adriane Freeman 4-53	60-64	
Waverly Neer 1-20	Gina Sheets 2-30M	Sylvia Burgin 17-290H	30-34
Katie Christenson 1-15	Stella Rood 2-29H	Kathy Murdoch 7-140	Matt York 15-240H
Kayla Reinagle 1-10	Jennifer Mayfield 1-20H	Susan Gerhart 2-35H	William Irvin 11-210HV
	Lauren Weber 2-20	Roberta Hite 1-15	Ryan Bagwell 7-93H
20-24	Natalie Weber 2-20	Shirley Wilson 1-10	Carey Stranahan 2-32H
Sarah Lee 8-150H	Kelsey Weber 2-20		Ryan Pownall 1-20H
Amber Longwith 6-95		65-69	
Laura Bauson 3-50M	40-44	Kathleen Leach 1-20H	35-39
Megan Tetrault 2-40H	Tami Moore 7-120H		Scott Colford 11-220MH
Grace Bauson 2-30	Laura Rosenstengel 7-117V	Men	Chris James 9-160MH
Sarah Bauson 1-20	Patti Reinhardt 6-105MH		Scott Riggle 9-129
Holly Hurlburt 1-10	Laura Cook 7-102H	0-12	T.A. Weber 9-123H
	Michelle Larson 3-60H	Waylon Coulter 8-160	Paul Wyman 5-69
25-29	Kim Anderson 3-52MH	Joshua Reviis 4-70V	Michael Rood 5-61H
Michelle Clendenning 13-207HV	Joni McCracken 2-30H	Quinn Reinhardt 1-20	Aurelien Mozipo 4-60H
Allison Irvin 10-185H	Lisa Hobbs 1-20	Griffin Irvin 1-10	Jeff Kuczera 3-52H
Jillian Weaver 10-151H	Paula Lucholick 1-15	Corey Moore 1-10	Derick Brooks 4-42
Justine Eads 8-115H	Diana Padgett 1-10	Kobi Moore 1-10	Donny Smith 2-29H
Kathleen Bagwell 8-106H		Brayden York 1-10	David Reinagle 2-27H
Jaime Jackson 6-79V	45-49		Dennis Ball 2-22
Rebekah Kinney 5-77HV	Cassie Bauson 9-160MH	13-19	Keith Hill 1-20H
Tara Steele 4-65H	Roxane Burrous 5-100MH	Nich Lipari 5-85	Mitch Reeves 1-20H
Brianne Boles 1-20H	Cheryl Marner 3-60	James Longwith 5-74	Travis Sheets 1-20H
Crystal Cherry 1-20H	Stephanie Bolinger 1-20H	Peter Bauson 4-65H	Vernon Graves 1-8
Ashley Taflinger 1-20H	Carla Yerkes 1-20H	Keith Bauson 3-45	Shawn Fain 1-6
Michelle Tetrault 1-20H		Sam Freeman 2-40	
	50-54	Carl Christenson 2-32H	40-44
	Vicki Boles 14-240HV	Jesse Bauson 2-30H	

(Continued on page 7)



Race Results (continued)

(Continued from page 5)

49. Paul Wyman 56:29
55. Darrell York 1:00:02
59. Robin Cole 1:06:33
60 Finishers

BeeBumble 5K Run Results
Burnettsville, IN
September 27, 2008

1. Taylor Holmes 16:26
4. Byron Bundrent 18:00
11. Ron Moore 20:15
19. Al Hochgesang 20:53
26. Scot Hamilton 21:44
31. Michael Graham 22:16

35. Mark Shorter 23:08
41. Ricke Stucker 23:57
56. Charlie Skoog 24:58
58. Mike Daugherty 25:29
61. Stan Shuey 25:37
75. Darcie York 26:31
78. Dale Sullivan 27:16
80. Cory Jackson 27:21
81. Chris Sullivan 27:24
95. Bill Heck 28:55
109. Brian Allen 31:15
126. Adriene Riggle 34:09
131. Aubry Jackson 35:08
132. Jaime Jackson 35:08
146. Sylvia Burgin 38:28

159 Finishers

BeeBumble 5K Walk Results
Burnettsville, IN
September 27, 2008

1. Rick Spencer 29:24
2. Jerry Lambert 32:07
3. Tim Taflinger 35:18
4. Steve Inman 35:48
5. Amanda Pena 35:59
6. Anna Dollens 36:09
7. Mary Miller 36:48
9. Robin Michael 37:48
16. Jane Inman 40:45

18. Raye Jean Swinehart 40:47
22. Jayne Hiatt 40:57
24. Jeannie Clark 41:04
32. Emily Allen 42:13
34. Cindy Sullivan 42:39
35. Debbie Riffe 42:46
47. Sally McAndrews 46:18
61. Timothy Revils 48:15
67. Diana Brown 49:31
68. Pat Robertson 49:40
78. Jackie Sanders 56:40
79. Cindy Sanders 56:53
79 Finishers

Points Standings (continued)

(Continued from page 6)

Michael Graham 19-284HV
Brian Reinhardt 8-155MH
Brian Allen 12-152H
Ron Moore 9-147H
Dana Neer 7-140HV
Dan Lutes 3-55MH
Jack Lotzgeselle 2-32H
Don Rogers 2-29H
Paul Cardwell 1-20H
Shawn Mayfield 1-20H
Kevin Forgrave 1-12

45-49
Byron Bundrent 12-230H
Ken Swinehart 13-170H
Al Hochgesang 9-162H
Brian Moore 8-120H
Kim Lee 9-117H
Ernie Hurst 10-100
Phil Rozzi 6-80H
Chris Sullivan 7-66
Bill Bauson 5-63H
Gary Jewell 3-45
Eric Mathew 4-42
Henry Yu 3-40H
Kismet Morrison 2-30M
Matt Bolinger 1-20H
Greg Sumpter 2-18

50-54
Greg Townsend 17-219HV

Keith McAndrews 11-163H
Mike Deardorff 11-157H
Earl Strong 7-140MH
Jerry Meiring 11-134H
Ray Tetrault 9-120MHV
Jeff Cardwell 6-110H
Scott Hamilton 5-95
Russ Hovermale 6-73
Michael Campbell 2-29H
Stephen Batey 1-20H
Mark Rodgers 1-20H
Karl Stoneking 1-12

55-59
Joe Rangel 17-312H
Mark Shorter 18-280H
Charlie Skoog 16-232MHV
Steve Wand 10-126HV
Tom Miklik 8-104HV
John Wiles 6-80HV
Rocky Smith 6-63H
Dave White 3-50HV
Phil Leiningner 3-37H
Fred Chew 3-36H
Mike Anderson 2-35H
Joe Orr 2-24
Steve Kilcline 1-20H
Chris Smith 1-7

60-64
Ricke Stucker 19-345H
David Hughes 9-150M
Doug Mankell 9-128H

Bill Barnett 5-80H
Walter Brown 2-30H
Barry Donovan 2-30H
Darrell York 1-15

65-69
Stan Shuey 11-205
Dale Sullivan 6-110
John Norris 2-35H

70+
Robert Cupp 10-170
Bill Heck 8-150V
Charles Johnson 1-20H

Walkers

Women

49-
Mary Miller 16-284HV
Amanda Pena 17-264V
Jayne Hiatt 17-186
Jane Inman 12-169HV
Debbie Riffe 17-160V
Raye Jean Swinehart 13-146H
Emily Allen 9-73
Cindy Sullivan 7-58
Adriene Riggle 5-37
Carol Savage 2-24H
Becky Christenson 1-20H

50+

Anna Dollens 17-315H
Pat Robertson 11-146HV
Diana Brown 9-123V
Cynthia Sanders 6-72V
Jenise Clark 4-57
Kathy Allen 3-45
Trudy Pierce 2-35H
Pamela Batey 1-20H
Helen Brown 2-20
Nancy White 1-20V
Barbara Hobbs 1-10

Men

49-
Steve Inman 10-200H
Tim Revils 8-132V
Bruce Savage 2-35H

50+
Jerry Lambert 18-335HV
Tim Taflinger 18-239HV
Robin Michael 15-181H
Rick Spencer 11-172H
Jackie Sanders 11-106V
Milt Brown 10-102V
Jim Burrous 4-41H
Melvin Hobbs III 3-33H
David Mygrant 3-30
John McGinty 2-17
Bob Longwith 2-16
Toney Lorenz 1-9
Darrell Pennycoff 1-9



Meeting Minutes

Club Kokomo Road Runners Meeting
September 8, 2008 6:30 PM

Members Present: Will Irvin, Mark Shorter, Brian Reinhardt, Robin Cole, Joyce Pennycoff, Greg Townsend, Sylvia Burgin, Stan Shuey, Scott Riggle, Michelle Boyd, Bill Barnett, and Diana Brown.

Will opened the meeting at 6:35 P.M.

REPORTS

Financial Report given by Mark Shorter

OLD BUSINESS

Charity Run

Donations to which charities? should move on to a new

Any requirements?

No requirements.

Any recommendations?

New charities come to meeting to express their interest.

Race Calendar

Haynes Apperson

June 27, 2009

Race for Grace

Can the move date?

Walker points?

Stan motioned that 10 points be awarded to each walker since there is no walk division. Brian seconded.

Voted 10-2 in favor of.

Sam Costa ½ and ¼ Marathon

Mark motioned that the race be added to the race calendar and scored in the normal 20,15,12.... format. Joyce seconded.

Voted 12-0 in favor of.

No Symphony Race for this year.

Relay for Life

Will only be included in the race calendar if someone steps up as the new point of contact for the club.

If you're interested in being the POC email Brian at the address on the front of the newsletter.

Mounds

Greg motioned that the race be added to the race calendar.

Robin seconded.

Voted 11-1 in favor of.

Charity Run

Needs a race director for 2009.

NEW BUSINESS

Use of our equipment for other races

Written request in letter format is necessary.

Borrower must be a club member.

Haynes Apperson

Use Microsoft Access to track results.

Brian Reinhardt and Dennis Ball will write software code to use.

Will save the club about \$500.

Nominations for club officers

Will be included in October newsletter.

Brian motioned to adjourn at 8:20 PM. Mark seconded. Meeting adjourned.

Next meeting scheduled for October 6, 2008 at the Half Moon at 6:30 P.M.



New Members

Christian Cox
Jack Mellinger

Welcome to
Club Kokomo!

Club members Waverly Neer and Quinn Reinhardt compete at the Culver CC Invitational recently. Waverly distanced the field of 193 runners in the girl's open division before a wrong turn placed her in 3rd. Quinn finished 105th of 426 finishers in the middle school division.



CKRR Race Calendar

New Date!

October 4
Cole Porter 15K Run/ 5K
Run/5k Walk
Time: 9:00 AM
Location: Circus Building,
Peru, IN

November 27
CKRR Thanksgiving Day Fun
Run
Time: 8 AM
Location: Highland Park
(Non Points)

October 26
Club Kokomo 8k Run/3
Mile Walk
Time: 2 PM
Location: Nickel Plate Trail,
Peru, IN

December 7
CKRR Charity 5k Run/Walk
Time: 2 PM
Location: UAW 292

New Date!

November 15
CKRR 4 Mile Run/ 5K Walk
Time: 9 AM
Location: McKinley School

December 31
CKRR New Years Eve 5k
Run/Walk
Time: 2 PM
Location: UAW 292

Other Races

October 4, 2008
Hoosier Outrun Cancer
I.U. Memorial Stadium
Bloomington, IN
1 Mile 10:15
5K Run 10:30
5K Walk 10:40
www.kenlongassoc.com
317.884.4001

October 25, 2008
Run for their Lives 2008
Hazel Dell Christian Church
1K Run/Walk for Families &
Children 9:00am
7K Run/Walk 9:30am
www.kenlongassoc.com
317.884.4001

October, 11, 2008
Cougar Pride Stride
Greenwood Christian Acad-
emy
10K 9:00am
4 Mile 9:15
www.kenlongassoc.com
317.884.4001

November 1, 2008
Indianapolis Monumental
Marathon & Half Marathon
Indiana State Capitol South
Atrium
8:00am
www.kenlongassoc.com
317.884.4001

Nickel Plate 8 and Some Good Grub (continued)

(Continued from page 1)

choice for a good old fashioned face-stuffin'! It was a great time last year as we all sat around swapping stories and wiled the afternoon away.

If you've never been on the trail be sure to take the opportunity to do so. I suspect that you'll make return trips on a regular basis.

For the walkers the event will be a 3-mile walk, the only one on the race

calendar besides the Haynes Apperson. Be prepared to go after those club records as well because this is a fast course!

For those that run the Cole Porter 15k you'll get to see a portion of the course, but this race will take you further up the trail.

The race will start at the trail head on Riverside just south of Peru, but feel free to park at our house (2522 S. Wal-

lick Road) - just 3/4 of a mile south of the trailhead and a nice warm-up away from the start. We've got a big yard and plenty of places to park and the parking at the trailhead is limited, especially on a Sunday afternoon when trail usage is high.

So bring your shoes, some grub, and a big appetite to the second annual Nickel Plate 8!

