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The Roadrunner



Haynes Apperson

By Brian Reinhardt



Bryan Phillips races down Apperson to the track around Kautz Field.

Well, the Haynes Apperson is over for another year and once again it was a very successful event put on by Club Kokomo. The transition from Bill Barnett to William Irvin as the race director "seemed seamless" to all of us who participated and in the end that is the final determination of whether an event was successful or not. Absolutely great job to Will and all of the volunteers that make this race such a huge event for the city of Kokomo every year. These kinds of things just

can't happen without members of organizations like Club Kokomo coming though and making a difference and once again the rubber met the road and we got it done.

On top of a first rate event the weather cooperated with brilliant sunshine and temperatures in the mid 60's at the start of the race. I've run a lot of these things and I sure can't remember weather anything close to that nice, or even close for that matter! It's not often you see folks running around in jackets and long sleeves before the Haynes Apperson!

Bryan Phillips and Waverly Neer took advantage of the cool weather to take victories in the 4 mile run. Fresh off of a club record setting performance in the one mile run (4:36) Bryan ran with the lead pack for the first 2 miles before pulling away for a comfortable victory in 21:00. Waverly had to work a bit harder to hold off club member Heather Weber by only 5 seconds for the win in 23:55.

In the 3 Mile walk event Jerry Lambert and Mary Miller once again claimed victory with overall first and second place finishes.

I don't know if we've ever kept official records for the 1 mile

fun run, but I'd have to guess that we had record numbers for that event this year. It was amazing to see all of those smiling young faces as more than 80% of the 73 participants were 12 years or younger. I wonder which of those kids will be the future of running for the local high schools?

Once again, great job Club Kokomo for putting on a spectacular event!



Less than 3 minutes later Waverly Neer nears Kautz Field and the finish line.

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Logansport's Ironhorse Race

By Mark Shorter



looked at the weather radar early in the morning. It showed rain north of Kokomo; I hoped it would rain before or after the race. Two weeks

WET! That describes the 28th annual Iron Horse Race in Logansport on July 12, 2008. As usual I

before it rained after the Race for Grace (also in Logansport) during the awards ceremony. After I arrived at the Cass County Family YMCA, the wind increased in its intensity. Mike Graham and I helped the race officials move their materials inside the Y just before it began pouring. Before the race, the rain decreased to a light sprinkle, and I hoped that it would stay the same or stop. It contin-

ued to sprinkle when we started, but when I got to the 2 mile mark, it began to pour. At that point it really didn't matter, everyone was wet.

The course was the same as last year. Beginning on 10th Street, around Riverside Park, to 17th Street to North Street, to 26th Street, to Davis St., across the bridge then onto the paved trail along the north side of the

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From the President

By William Irvin



Haynes Apperson

First of all, I would like to thank all of the volunteers who came out to the Haynes Apperson 4 Mile Run/3 Mile Walk and helped out with the race. It went very well from my point of view and we would not have had such great results if the volunteers were not there to help out.

We had great numbers this year at the Haynes race even though gas prices are

extreme and the race fell right on the 4th of July weekend. Nevertheless, it is a community event and there are a large number of participants who make it every year. We saw a significant increase in the number of 1 Mile Fun Run entries with the help of many kids and parents for Coyote Kids as well as the Wednesday night Duckling Dash 1 Mile Run. This tells us that our mission to move through the community of Kokomo and promote healthy living and healthy lifestyles is working! Thanks to all of you who help promote healthy lifestyles in the community.

Kokomo Triathlon

For those of you who participated, were involved in planning, or happened to be one of the great volunteers, then you are already aware of how well the 1st Kokomo Triathlon went. Approximately 125 athletes participated in what can only be described as an excellent beginning for a superb event in Kokomo for years to come.

There were many Club Kokomo members who participated in the 1st annual triathlon and just as many who volunteered for the event. Ron Moore and I would like to thank you all for either participating or volunteering for the triathlon. The event turned out 10 times better and 10 times bigger than what both of us had imagined.

There were many first time participants in the event, making yet another event that promotes the well being of the community.

Club Meetings

Club meetings held on the first Monday of each month are now located in the conference room of the Half Moon Grill on the south end of US31. The next couple of months we will be discussing next years race schedule and will be voting on what races we would like to keep, like to add, or like to remove for the 2009 race calendar. I know that I have spoken with many of you who have voiced your opinion on why we have or do not have certain races on the race schedule. This will be a great time for you to add your two cents and your vote to which races you want and don't want on the race schedule.

Last months meeting (July 6th) was our first meeting at Half Moon, which turned out really nice, our discussions were based off of the Haynes results and what we would like to do for next year.

Please join us August 4th at the Half Moon Grill at 6:00 PM for a quick bite and then 6:30 PM for the meeting. It is an excellent time for all of you to make this Club function that way that you want it to.

Coyote Kids in Review

By Ray Tetrault



What a summer of running this turned out to be. This year we ended with almost 1200 runners. This beats the old record of 1,014.

This was also

the largest number of trophies the Coyote Kids ever earned. There were numerous changes this year that we had to resolve. First, let me say thank you to all of you who came out and volunteered time and effort to make this another summer of memories for the runners and personal stories. Having said that it was a challenge this year because we didn't have consistent volunteer help. Each week there was someone else stepping up to take over for someone who couldn't be there. Each week there was the learning

curve we all are familiar with.

I am especially thankful for Mark Shorter stepping up and taking over the 25 and 50 yard dash group. This group is always large and given how young they are, it is a challenge. Not only did he recruit people each week to assist him, but he started the 25 yard dash early each week to allow parents to come over and watch a different child run the ¼ mile. Then Mark worked at dismantling the course and taking down the course, which meant that when the last 1 mile group came in, we were almost ready to go home for the evening.

This year my work schedule was more demanding than normal (or else I am just slowing down a lot). My son Mike, who handled the website and the results last year, has moved on to Madagascar for a few years of service with the Peace Corp. This left a big gaping hole for us to fill. Daughter Mindy to the rescue- she handled the music

each week, the finishing results, the attendance, and the website. My wife, Robin, kept the nametags up to date each week. What a great crew of people she had this year assisting with registration, nametags, and other administrative work. If you were one of her corps of people, pat yourself on the back for a job well done! She answered any emails concerning Coyote Kids. I was gone most of the two last weeks of Coyote Kids, leaving her with responsibility to order trophies and food for the last evening. We had new timers this year. Charlie, Jayne and Ricke looked like old pros at this. I can't forget my daughter Michelle and her team of finish line workers – they did a fabulous job and kept the kids organized and happy when they finished. They passed the kids on to the wonderful folks from Grace Fellowship who passed out popsicles to some hot and thirsty kids. Thank you so much Grace

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On the Trails

By Charlie Skoog



On Saturday, July 12, many of you, despite a morning downpour, participated in the dedication of the beautiful bridge over Pipe Creek in Bunker Hill. Over 50 brave souls, including Senator Weatherwax and Peru's Mayor Walker attended the 11 am

dedication. The sun and humidity came out for the arrival of Governor Daniel's at 2 pm. Mitch has been a committed supporter of trails and greenways and I'm sure the big crowd that greeted the Governor at the bridge only reinforced that support. I must say that all of us were very impressed by Mitch. He was not just there for publicity or glad handing. He asked lot's of questions and really wanted to know what he could do to best make use of the limited funding that is available.

Work continues at a feverish pace to complete the paving of the trail from the Wabash to Cassville. All the preparation work is now done. The pavers are scheduled to begin on August 8 and paving will be completed by the end of August. Work has

begun clearing the incredibly scenic 7 mile section of the trail that goes north from Peru to Denver. This section rises out of the Wabash River Valley and then descends into the Eel River Valley. A trail highlight will be the 312 foot trestle bridge over the Eel. Construction of that bridge will occur in early fall, using the Pipe Creek design with enhancements including a covered section in the middle of the bridge. Once again all the work will be done by volunteers so let us know if you would like to get involved. See ya on the trail!

Coyote Kids in Review (continued)

(Continued from page 2)

Fellowship for all that you do!

Here are some of the things we learned this year: Coyote Kids isn't just a running program. The stories we get told each week are both heart-warming and sometimes hilarious. One young girl has lost 35 pounds since starting Coyote Kids last year. She doesn't even look like the same girl! Another young girl who didn't get to run this year because she has moved away stopped in one week to tell us thanks. She began running the first summer we had the program. Her dad assured me she wouldn't finish the first summer. He was wrong and she ran four summers of Coyote Kids. She lost weight, gained confidence, and began to do well in school. Her dad quit smoking because she was running faster and farther than he could. He quit

abusing alcohol and became an attentive dad. He passed away this summer, but she wanted to thank us for giving her "the best

two years of my life with daddy."

Dave White was on Park road signaling people into the park on fair week, when EMS couldn't be there for us. One elderly man pulled into the park and stopped in a parking spot. He sat there for a short while when he asked one of our participating families what was going on. She explained what Coyote Kids was and then found out that he was driving down Park road when he was ordered into the park. He had to wait a while before pulling out because the traffic was so busy. Nice job on getting everyone parked, even those who didn't plan on being at Coyote Kids!



Zoe Irvin was one of many very happy Coyote Kids!

Next year will be Robin and my 6th year of heading up this program. Here are some changes we are considering. **1.** We are planning on eliminating the two mile run. One week we didn't have enough volunteers on the

course and it was a disaster. Also, we only have about 2-5 kids running it each week. This year they finished the season by run-

ning in the 1 mile race. **2.** Another change we want to implement is to start Coyote Kids at 6:30 or 7:00 p.m. With Daylight Savings Time we have plenty of light to start later. This will also help us with setting up later in the day. Another major reason for this is the number of parents who couldn't come out to see their children run because they don't get home from work on time. **3.** We will plan on a 7 week running schedule and the Awards Night on week 8. Week 7 will only be necessary if there is a rainout. What a concept! The schools have used a system like this for years and I don't have any idea why I didn't think of it sooner!

Let me finish by saying I am approaching the Parks Department about putting in permanent trails for Coyote Kids. This will help us out immensely. I spent 3 hours each week setting up the course and getting ready each night. We would like to add another loop through the woods as this is such a favorite part for the young kids. This fall I will be recruiting some help for this. The trail we put in a few years ago only took about 35 minutes because so many showed up to blaze it.

If you have any suggestions or ideas to improve this event, please contact me by email or phone. No program is ever completed or has ever arrived. It always has to be dynamic and changing to meet the adjustments of time. Thanks again to all of you who stepped up in a big way this year!



On the Roads

By Johnnie 'O



Construction of Phase Two of the downtown Kokomo running/walking/cycling path has been in high gear since May with work scheduled to be completed in November. I have asked CK's officers to consider in-

cluding the path, known as the Walk of Excellence, or parts of it, in next year's Haynes Race, because the path is scenic and passes through an historic area.

When Phase Two is completed, the path will link Miller-Highland Park (UCT) on the near west side of downtown to Foster Park, downtown Kokomo, the former athletic fields south of Kokomo Center Schools' Kautz Field, and Water Works Park on the east side of Kokomo.

Phase Two starts on the south side of Wildcat Creek at Main Street. A wooden trail is being constructed between Main and Union, because the path overhangs the creek bank. An asphalt path will run on top of the creek bank from Union to a new bridge in the parking lot just south of Memorial Gym



The bridge was set in place by a 165 ton crane and secured in less than 30 minutes.

and the Apperson Way Bridge. The new bridge will open on the east side of the creek to a looped path in the former athletic field just south of Kautz Field – the track where the Haynes race finishes. The route leaves the looped course on an existing path on the east side of Kautz Field, goes north to Superior Street, east on Superior through Crown Point Cemetery, and south to an existing asphalt path on Carter Street that travels east to Waterworks Park.

Minnesota-based Con-Tech built the 127-foot, 53,700-pound bridge, which was set on July 15, 2008. Rotary Club of Kokomo and Kokomo Early Risers Rotary Club donated more than \$30,000 for the purchase of the bridge that extends the Walk of Excellence through an historic section of Kokomo..

According to local historian Carl Leiter, early Kokomo settler Thomas Faulkner donated the land south of Kautz Field for a cemetery. This was Kokomo's first cemetery, and became known appropriately as Pioneer Cemetery. Deceased children of the early settlers were the first to be laid there in the 1840's.

When land between the railroad bridge near Kokomo's Main Fire Station and Superior Street was being excavated for "Keats Sawmill," workers discovered the area was an Indian burial ground. One set of un-earthed bones was unusually long. Historians believe the bones were Chief Kokomo, the city's namesake. It is believed that Chief

Kokomo died between 1840 and 1842. People who knew the Miami Chief said he was nearly seven feet tall, and Kokomo's first doctor, Corydon Richmond, concluded the long bones were that of Chief Kokomo. Historians also identified the area on the south side of the railroad bridge, where the buildings of the former South Side Lumber sit today, as Chief Kokomo's camp.

The Political Correctness Police were not patrolling Kokomo in those early days, so the Indian bones, including Chief Kokomo's, were dumped with no fanfare in a common grave on the northwest side of Pioneer Cemetery. A monument marks the area today. The Phase Two trail will pass near this monument.

During high water periods, the Wildcat made deep cuts into the banks bordering the cemetery, exposing some graves and



This boardwalk extends over the banks of the Wildcat Creek between Main and Union Streets.

washing others away. To solve what was becoming a ghoulish problem, the town fathers opened Crown Point Cemetery in 1868, and asked relatives of the buried in Pioneer Cemetery to dig up their loved ones and re-intern them in Crown Point.

When Kokomo High School was located at today's Central Middle School, the vacated Pioneer Cemetery ground became its athletic fields. There were two baseball fields, a full-sized practice football field, and tennis courts on nearly 12 acres. One football goal post and a baseball back-stop still stand along with the tennis courts. Kokomo's cross-country teams also used the field. The school corporation deeded the property to the city in 2006. Even though the land has not been used for athletic contests for years, it is flat, smooth, and easy to walk and run on.

Incorporating the Walk of Excellence into the Haynes course will give our number one race a unique feature, a special link to the past as we head toward the future, which should increase participation and money for the club.

SCHOLARSHIP CRITERIA

In the July newsletter, I asked members to offer opinions on the criteria and suggested additions to the criteria for the club's Mike Cowan Memorial Scholarship, because, after awarding 50 scholarships worth \$11,280 to 26 students in 10 years, the scholarship committee believed it was time for a review.

During the July 7 Club meeting, Ray

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On the Roads (continued)



The path continues on and follows the Wildcat Creek for the majority of the distance.

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Tetrault (Capt. Coyote) noted that the club needs to establish additional criteria, because Coyote Kids' continued success could result in many more applicants than the eight or so we have been receiving each year. We need additional criteria in order to make just and fair decisions concerning scholarship winners.

A possible addition to the criteria, which received serious consideration and discussion at the board meeting, was requiring an applicant to volunteer for a minimum of one club activity during the year prior to applying for the scholarship.

Volunteer opportunities include club races Haynes Apperson, Charity, New Year's Eve, McKinley School, or Coyote Kids. An applicant, who volunteered for two events, could win out over applicants with only one volunteer effort.

No one at the monthly club meeting expressed support for awarding the scholarship to the applicant with the highest grade point average, or for limiting winners to a one time award.

Sylvia Burgin emailed:

"I have been on the scholarship committee of the Friends of the Library for the last three years. I realize that the two situations are different, but I will tell you a couple of things that we do. We give one or two one-time scholarships of \$1,000, depending on

how much money we have. We usually don't have more than four or five applicants. We consider the GPA, but we don't necessarily pick the applicant with the highest. We interview each student individually, asking the same four or five questions. This helps us to see how well they handle themselves and how serious they are about their education. Everyone understands that they won't automatically get a scholarship. It is the committee's decision."

Volunteering at club events and interviewing applicants are two excellent suggests. Are there more? We still have plenty of time to consider criteria additions, so I again request comment on additions or deletions of the following criteria the scholarship committee uses now:

The applicant shall be a(n):

1. Senior in high school who plans to continue his or her post-secondary education or is enrolled in college pursuing an undergraduate degree.
2. Member of Club Kokomo Roadrunners prior to Jan. 1 of application year and/or has renewed for the current year.
3. Active participant in at least one of the following: high school cross country team as a senior in high school, collegiate runner, or CK points award age group qualifier in the previous year.
4. Good citizen within his or her school and community.
5. Applicants are asked to explain why they should be considered as a recipient of the scholarship.

They also must include a copy of their most recent grade report, which includes the student's GPA.

The scholarship is funded by 50-50 drawings at CK races, and CK's Age-graded Race this month, which is directed by Club Treasurer Mark Shorter and past Club president Gary Jewell.

The amount of the scholarship depends on the money available and the number of recipients. CK awarded eight \$200 scholarships this year.

The purpose of the scholarship is to recognize a senior in high school or an undergraduate college student who has enriched his or her life through running. The scholarship is to be applied to post-secondary expenses.

Email your thoughts to jwiles9890@aol.com or attend the Aug. 4 club meeting.

Logansport's Ironhorse Race (continued)

(Continued from page 1)

Eel River (just over a mile), to 6th Street, across the Bridge, back to 10th Street and the finish. While we are on the Trail, there are a couple of wooden bridges to cross which when wet can be slick. Even though we were under trees on the trail, the rain found us.

After the race I talked to Dale Sullivan and Charlie Hastings and none of us could ever recall it raining during the Iron Horse race. And we should know. We have been at all 28 Iron Horse races.

The rain slowed everyone down as cau-

tion was the word of the day. The times reflect this caution since the rain causes the street to be slick and visibility is decreased. As the results show CK member Dana Neer lead the way with a winning time of 23:36 followed by fellow CK runners Byron Buntrent and Joe Rangel. First female was Logansport's Kim Horner (10th overall) followed by Shanna Bonnell (Star City) and Kelly McCall (Rochester). A total of 116 runners finished.

CKers Jerry Lambert and Rick Spencer duelled for supremacy in the walk with Jerry winning by a second. CK member Mary Miller was the 1st female and 3rd overall in

the walk. There were a total of 22 Walkers.

Unfortunately the entries were down at the race. I believe there were several factors such as the weather (rain) and gas prices. I think we are seeing the beginning of a decrease in attendance at races especially from out of town runners/walkers. It is interesting that there 205 finishers at the Race for Grace 5K on June 28 in Logansport and 138 for the Iron Horse 4m on July 12. Hopefully rain was the main cause. If not, the size of race fields will decrease and if the fields decrease dramatically some races could cease to exist. We will see.



Early One Morning Running Saved Our Lives

By Gina Sheets



Last month I wrote about running changing our lives, this month it is running saved our lives. As you all know this summer I began to take my summer training seriously with a goal to qualify in the fall for Boston. This tough

plan includes speed training and tempo runs, I have never used speed work and tempo runs – never. You also may recall that Trav has just started running and hates racing but this summer he has been training with our group, doing some long runs, and slowing down for me on my tempo runs and speed work outs. It was a warm July Wednesday evening, we had arrived late to park and the speed group had started already so I had one speed work out to do on my own. Trav graciously joined me, as he made a 6:41 mile pace look easy compared to my 7:20 speed pace.

After our work out we went out to eat with friends and before heading home we had to buy dog food for our “girls”, Olive (a rescued cross mix from the pound) and Altheia (a 13 year old Dachshund). We arrived back to our farm around 9:00pm that night. Our farm house is separated from our barns and garage by a county road. Because of the dog food we choose to park by our house. We carried our things into the house and got ready for bed, exhausted from a hard work out. It was hot enough in our old farm house we turned on our window air conditioner in our bedroom and finally all of us, including Altheia and Olive hit the sack. It was 2:45am on Thursday morning and I heard a noise, not unusual in an old farm house. Just as I sat up, Olive began barking viciously at two intruders standing in our bedroom. I was up, Trav was up and the chase began. We all ran through our house and out the front door. It was not until I had taken five steps out the door when I thought how many more people are out here and who is calling 911. I ran back in the house and dialed 911. The calm and kind operator some how got the information she needed from me as I was running back out the front

door to find Trav. As I went out and crossed the county road into the barn lot I heard Trav calling to me, “Gina where are you?” I responded that I was coming but I could not see him as in the rush I forgot to put on my glasses. I asked Trav where he was and he responded “I caught him and have him pinned against the cattle gate.” I told the 911 operator my husband had the intruder pinned. She asked does the intruder have any weapons? So I asked Trav “does he have any weapons?” “I don’t know I have him pinned”, was his response he obviously did not have time for a weapons search before he pinned him. Feeling everything was under control we began to question the intruder if was he alone, he did not answer, what was his name, he told us. Thinking this was helpful I called 911 back to tell them his name – it never crossed my mind that the

phone with me as I went back into the house. I know; I too yell and scream during the scary movie with the stupid girl goes back into the house with the scary man. Perhaps she needed her glasses, or wanted to just secure the property. I entered back in the house to a barking Olive. I opened the second door to our bedroom and Altheia finally woke up and began to bark, better late than never. I put on my glasses, grabbed my weapon of choice, a very large flashlight, put on my sandals, and thought I should go back to check on Trav.

While I was doing all of this Travis was having a full conversation with the intruder. For his mission work Trav has a Spiderman suit that he wears through the villages talking about the rival or VBS program he will be doing and that Spiderman will be there. He will pack a house with young people who want to see Spiderman and parents who can hear the Gospel. Travis stood barefoot in his Spiderman boxer shorts, with super hero courage. His first comment to the intruder was “you should have known better coming into the house of a runner; you probably thought you were in an old dude’s house.” The intruder answered “he should have known better when I saw your guns.” Trav then asked what were you doing in our house, the answer, I was just looking around. Trav would have never caught the bad guy if it were not for his Club Kokomo running involvement.

As I was going to cross the county road the first Sheriff Deputy was speeding down the road, the second one arrived a few moments later. When Trav heard the Deputy’s car coming down the heard he taunted the intruder, saying “oh now they are coming to get you, you hear that?” The intruder whined, “I know I am going to jail” and Trav replied “yes you are, not too much longer now.”

A Deputy questioned us about some property he found outside of our garage. We learned that entry had been made into our garage, my car (which was considerably left locked after it was ransacked), my sister’s car and Trav’s truck door was still open, it had been ransacked as well. What was odd to us is that nothing in our home was touched. My purse had been opened but

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Superheroes “Spidey” and Olive.

man was not telling the truth. As I turned away from my husband I noticed a car parked in our barn lot, I ran up to the car to give the operator a plate number, thinking that would be helpful, that is when I knew I needed my glasses. I also became concerned that someone could be stealing us blind as we were dealing with this intruder so I asked the 911 operator to stay on the



Early One Morning Running Saved Our Lives (continued)

(Continued from page 6)

my wallet and my cash was still in my purse. The Ipod, the digital camera, the guns, nothing had been disturbed.

We began to think more than one person was involved but the Deputy believed the intruder who said he was alone.

Later Trav and I began talking about what we saw as we jumped out of bed. We realized that we saw two intruders but since Trav caught an intruder we thought the other person we saw in our room was each other being first out of bed.

We knew then there were two people for sure. We called the Sheriff's department back and give them our new information. The day was filled with waiting for a forensic expert to go over further evidence. We learned that the second intruder we did not catch that morning had a knife that he used

to cut the neighbor's screen while his friend was getting arrested. He also took the time to ransack their vehicles.

Thursday night Trav and Altheia snored away while Olive and I heard every noise and saw every shadow (the air conditioner was off and my glasses were on my face), until a storm blew up around 1:30am. I knew the second intruder would not be motivated to try and get back in our house in the rain.

Much to our happiness, the second intruder was arrested about 18 hours later. These guys were linked to over 80 other crimes in our area. These guys along with five others were busy. Trav ran down and captured very wanted criminals.

The ultimate blessing in this story is this. Travis leaves the country about every month and a half. He returned from the Philippines in May and was suppose to leave for the Philippines on July 3rd. Because of

some unplanned expenses from the April trip, and the July airfare almost doubling in price Travis could not make the July trip. He was very disappointed and felt extremely guilty about letting down the church and people he was suppose to help. That morning after the rush of events, I looked at Trav and said three things; I am thankful you did that warm up mile last night so you were loose for the chase, second I am glad you convinced me to keep Olive and third, you thought you should be in the Philippines and I would have been home alone with two intruders in our bedroom. Clearly there is bigger plan than we fully understand until we see it in action.

In a racing note, full of that extra adrenaline, I ran a 10k in Crystal Falls Michigan, "Run Your Bass Off", I was the third female finisher and first in my age group with 46:19.

Young, Gruber Claim Panther Prowl Titles

By Gary Jewell

Two Western Cross Country runners, Austin Young and Zac Martinez dominated the 2008 edition of the Panther Prowl 5K despite warm and muggy conditions. Young and Martinez opened up a sizeable early lead by cruising through the opening mile a tick under 5:20. Young then eased away from Martinez over the next mile a won going away in a 16:48. Martinez finished 2nd in 17:19. CKRR President Will Irvin finished a distant 3rd in 18:17.

Former Western standout, Annina Gruber, topped the women's field. Gruber, who runs for IPFW, finished 10th overall in was clocked in 20:38. Last year's champion, Katie Hollingsworth, finished 2nd in the women's division in 21:29 while Kokomo coach Andrea Harris was 3rd in 21:43.

In the 5K walk, CKRR veteran Mary Miller claimed the top honors in 33:00. Jerry Lambert was the first male finisher, coming in 2nd in 33:46.

Nine year old Kegan James won the fun run.

The Prowl is a fund raiser for the Western Cross Country teams and features an out-and-back course at Western High School.



Left: Austin Young wins the Panther Prowl.
Above: Runners near the finish of the Panther Prowl.
Below: Chris James leads Matt York to the finish line.





State Senior Games and National Masters

By Bill Heck



**The
Run
Around**

Mike Davis

Footnotes

An all-Indiana team of 50-to-59-year-olds broke the American record for the 3200 meter relay in last weekend's **National Masters Championships**. Hal Higdon of Michigan City led off with a 2:18, six seconds faster than his time in the individual 800 meter run earlier in the meet. **Bill Heck** of Kokomo was the team's second runner, with a 2:19, followed by **Dick Wilson** of Indianapolis (2:14) and **Russ Bonham** of Bloomington (2:15). The overall time of 9:06.43 was seven seconds faster than the mark set in 1982 by a California team. The Indiana delegation was sponsored by Runners' Forum.

Heck a member of record relay team

Kokomo's Bill Heck was a part of an American age-group running record recently. "Being a part of this relay, and going for the national record has been really special," said Heck Wednesday. "I didn't want to broadcast it though until we received confirmation on the record."

The all-Indiana quartet of 50- to 59-year-olds received the official word Tuesday that its time of 9:06.43 for the 3,200-meter relay at the National Masters Championships was a national record. As a matter of fact, it was seven seconds faster than the mark set in 1982 by a California team.

Hal Higdon of Michigan City led with a 2:18, and he handed the baton to Heck, who recorded a 2:19. Dick Wilson of Indianapolis followed with a 2:14, and anchor Russ Bonham of Bloomington ran 2:15.

Heck said he was proud to be on the same track with that group of runners. "Dick Wilson first approached me with the idea after I finished second to him in the 1,500 run at the White River State Games," explained Heck. "Dick asked me if I thought I could run a 2:20, and I told him I didn't know but I would be willing to give it a shot."

"So I spent three weeks doing intense speed work. This was my first competitive 800 since my sophomore year in college."



Bill Heck

Editor's Note: I was made aware of these accomplishments by another club member. Bill is way too humble to let us know of his accomplishments without some prodding, but I'm sure glad he did. Very impressive!
From Bill:

Heck strikes gold in State Senior Games

CARMEL – Longtime Kokomo school administrator and distance runner Bill Heck won three medals in the track and field portion of the Indiana Senior Games held at Carmel High School over the weekend.

Competing in the 70-74 age group, Heck won gold medals in the 1,500 meter run (7:45.4) and 800 run (3:43.3) and claimed the silver medal in the 400 event (1:37.2).

Heck's efforts qualified him for the National Senior Games to be held this December in California.

On June 14th I went to Carmel to compete in the Indiana State Senior Games. Years ago I had run in the White River Park Games and the Hoosier State Games. These state games had been popular with the runners in the first years of their existence, but they soon faded out. The State Senior Games have continued to exist.

I sent my entry for the 400, 800, and 1500 meter runs. With a short period of time between each event I didn't know if I'd be able to do all three or not, but I seemed to feel better after each race. I won the gold medal in the 800 with a time of 3:43.3, a silver medal in the 400 with a time of 1:37.2 and a gold medal in the 1500 with a time of 7:45.4.

I qualified for the National Senior Games to be held in California in August of 2009. It seems unlikely that I will be going because of the cost and the distance.

When I was 50 years old, I ran the National Masters Championship that were held in Indianapolis in 1985. I ran on a 3200 meter relay team with some pretty good runners. Hal Higdon, senior writer for Runners World magazine from Michigan City, IN ran the first leg in 2:18. I ran the second leg and ran a 2:19. Dick Wilson on Indianapolis (a teammate of mine on Runner's Forum racing team) ran the third leg in 2:14. He was later ranked #1 in the nation in the 65-69 age group. The anchor leg was run by Russ Bonham of Bloomington in 2:15. We won first place in this race and set a new national masters record by 7 seconds over a California team.

Running has gotten me into some exciting times—National Masters as a 50 year old and the State Senior Games as a 74 year old. I run just as hard now, but do not go quite as fast.



Bill displays his 3 medals won at the recent Indiana State Senior Games.



Race Results

CKRR Weekly Fun Mile
Wednesday, July 2, 2008
Highland Park

11:00 AM Race

1. Joe Rangel 5:43
2. Waylon Coulter 6:20
3. James Longwith 7:56
4. Anna Dollens 8:17
5. Chris Sullivan 8:29
6. Amber Longwith 9:56
7. Cathy Longwith 14:51
8. Jackie Sanders 18:17
9. Cindy Sanders 18:19

5:30 PM Race

1. Bryan Phillips 4:36 (All time CKRR One Mile Record!!)
2. Joe Rangel 5:51
3. Ryan Wells 5:57
4. Skip Wells 6:04
8. Greg Sumpter 7:11
9. Ernie Hurst 7:17
10. Ray Tetrault 7:22
12. Allyson Wells 7:39
13. Donny Betzner 7:39
14. Laura Rosenstengel 7:52
15. Anna Dollens 8:08
17. Robin Tetrault 8:27
18. Amber Longwith 8:48
19. Brian Allen 9:16
20. Emily Allen 9:22
21. Bob Longwith 10:11
22. Sylvia Burgin 12:04
23. Diana Brown 15:02

2008 Haynes-Apperson
July 5, 2008
Kokomo, IN

4 Mile Run

1. Bryan Phillips 21:00
4. Scott Colford 21:43
6. Byron Bundrent 22:52
12. Waverly Neer 23:55 1st Woman
13. Heather Weber 24:00
14. Sam Freeman 24:02
15. Joe Rangel 24:03
16. Matt York 24:19
17. Chris James 24:24
18. Brian Reinhardt 24:37
19. Mason McGovern 24:38
20. Matt Yarusz 24:47
25. Zach Miller 25:10
28. Carl Christenson 25:48
29. Nich Lipari 26:10
31. Robyn Pagington 26:36
34. Ron Moore 27:21
35. Al Hochgesang 27:26
42. Scott Riggle 28:21
43. Earl Strong 28:29
49. Jeff Cardwell 29:04
51. Nicole Peel 29:17

52. Waylon Coulter 29:17
56. Mark Shorter 29:39
57. Aurelien Mozipo 29:40
58. T.A. Weber 29:42
59. Katie Christenson 29:44
60. Allison Irvin 29:47
61. Heidi Freeman 29:50
65. Jack Lotzgeselle 30:19
72. Joe Orr 30:56
75. David Hughes 31:18
84. Ken Swinehart 31:56
85. Nicole Parry 32:01
87. Jillian Weaver 32:06
91. Kathy Bagwell 32:15
92. Ernie Hurst 32:16
93. Paul Wyman 32:21
96. Ricke Stucker 32:36
97. Jerry Meiring 32:44
98. Mark Eads 32:47
102. Keith McAndrews 33:13
103. Ryan Bagwell 33:21
116. Mike Campbell 33:50
124. Kathy Murdoch 34:25
125. Shelly Wyman 34:29
126. Barb Millspaugh 34:32
129. Patti Reinhardt 34:45
132. Stan Shuey 35:07
135. Josh Revils 35:22
143. Laura Cook 35:59
145. Vanessa Lorenz 36:00
150. James Longwith 36:12
162. Doug Mankell 37:12
165. Stella Rood 37:24
166. Mike Rood 37:25
173. Tara Steele 38:05
174. Justine Eads 38:21
176. Robin Cole 39:00
179. Amber Longwith 39:41
186. Adriane Freeman 41:19
189. Chris Sullivan 41:31
190. Brian Allen 41:46
192. Joyce Strong 42:24
194. Robert Cupp 43:14
196. Nicole Jackson 44:10
204. Aubry Jackson 46:33
205. Cory Jackson 46:33
206. Jaime Jackson 47:50
207. Sylvia Burgin 50:07
- 209 Finishers

3Mile Walk

1. Jerry Lambert 30:49
2. Mary Miller 31:26 1st woman
3. Rick Spencer 32:11
7. Steve Inman 33:53
10. Amanda Pena 35:30
11. Robin Michael 35:42
12. Anna Dollens 35:42
15. Vincente Lorenz 36:04
18. David Mygrant 36:35
21. Jane Inman 38:19
22. Toney Lorenz 38:28
23. Toni Orr 38:31
24. Raye Jean Swinehart

- 38:34
25. Jayne Hiatt 38:52
27. John McGinty 39:37
28. Debbie Riffe 40:00
31. Emily Allen 40:05
32. Milt Brown 40:16
34. Bob Longwith 41:17
35. Cindy Sullivan 41:30
39. Bruce Savage 42:14
44. Jim Burrous 42:29
46. Adriene Riggle 43:02
55. Jeannie Clark 44:15
63. Diana Brown 45:36
66. Carol Savage 48:02
69. Tim Revils 50:16
86. Barb Hobbs 56:26
87. Melvin Hobbs 56:27
- 89 Finishers

CKRR Weekly Fun Mile
Wednesday, July 9, 2008
Highland Park

11:00 AM Race

1. Joe Rangel 5:44
2. Steve Wand 6:53
3. Doug Mankell 8:16
4. Charlie Skoog 8:32
5. Jackie Sanders 17:08
6. Cindy Sanders 17:13

5:30 PM Race

1. Joe Rangel 5:38 (CK 55-59 record)
2. Dan Lutes 5:57
3. Kim Lee 7:04
4. Ernie Hurst 7:11
5. Ryan Bagwell 7:24
6. Ray Tetrault 7:37
8. Laura Rosenstengel 7:45
9. Kathy Murdoch 7:57
10. Anna Dollens 8:08
11. Mary Miller 8:08
12. Chris Sullivan 8:19
13. Amber Longwith 8:43
16. Brian Allen 9:03
17. Emily Allen 9:17
19. Aubry Jackson 9:51
20. Jaime Jackson 9:51
21. Cory Jackson 10:00
22. Bob Longwith 10:21
25. Grace Bagwell 12:21
26. Sylvia Burgin 12:24
27. Larry Bagwell 15:10
28. Graham Bagwell 16:16
29. Kathleen Bagwell 16:16

Iron Horse 4 Mile Run
July 12, 2008
Logansport, IN

4-Mile Run

1. Dana Neer 23:36
2. Byron Bundrent 24:22
3. Joe Rangle 24:58

10. Kim Horner 27:04 1st Woman
11. Sam Williamson 27:14
22. Michael Graham 29:48
23. Phil Rozzi 29:55
24. Nathan Hovermale 30:01
29. Mark Shorter 30:51
39. David Hughes 32:43
42. Ricke Stucker 32:51
43. Mike Deardorff 32:58
46. Ernie Hurst 33:03
47. Keith McAndrews 33:16
48. Roxance Burrous 33:28
51. Russ Hovermale 33:46
56. Tom Miklik 34:13
59. Mark Eads 34:27
62. Gregory Townsend 34:37
63. Jerry Meiring 34:48
75. Doug Mankell 37:05
84. Justine Eads 38:36
85. Bill Heck 38:44
86. Dale Sullivan 38:58
91. Brian Allen 39:40
98. Robin Cole 41:08
112. Christine Williamson 50:44
116. Sylvia Burgin 54:11
- 116 Finishers

4-Mile Walk

- place Name City Time
1. Jerry Lambert 40:45
2. Rick Spencer 40:46
3. Mary Miller 43:59 1st woman
4. Tim Taflinger 45:28
6. Anna Dollens 48:13
7. Amanda Pena 48:17
10. Robin Michael 50:30
13. Jayne Hiatt 54:52
14. John McGinty 56:09
15. Jim Burrous 56:37
16. Debbie Riffe 57:03
20. Emily Allen 57:59
21. Kathy Allen 57:59
22. Sally McAndrews 59:19
- 22 Finishers

CKRR Weekly Fun Mile
Wednesday, July 16, 2008
Highland Park

11:00 AM Race

1. Joe Rangel 5:42
2. Waylon Coulter 6:08
3. Doug Mankell 8:26
4. Jackie Sanders 17:16
5. Cindy Sanders 17:18

5:30 PM Race

1. Matt York 5:25
2. Joe Rangel 5:38
3. Greg Sumpter 7:04
4. Kim Lee 7:17
5. Ernie Hurst 7:25

6. Laura Rosenstengel 7:45
7. Brian Allen 8:01
8. Kathy Murdoch 8:07
10. Shawn Fain 8:25
11. Aubry Jackson 10:02
12. Jaime Jackson 10:03
13. Cory Jackson 10:03
14. Sylvia Burgin 12:24
15. Diana Brown 15:05
16. Michaelene Anderson 15:43

2008 Panther Prowl 4 Mile
Run/ 5K Walk
July 19, 2008
Russiaville, IN

1. Austin Young 16:48
3. William Irvin 18:17
4. Chris James 18:38
5. Matt York 18:44
6. Joe Rangel 18:54
9. Ron Moore 20:03
10. Annina Gruber 20:38 1st Female
13. Scott Riggle 20:52
14. Katie Hollingsworth 21:29
15. Michael Graham 21:40
17. Al Hochgesang 22:02
21. Heidi Freeman 22:28
22. Mark Shorter 22:42
25. Nicole Parry 22:54
26. Allison Irvin 22:57
34. Ricke Stucker 24:04
35. Ken Swinehart 24:12
36. Kim Lee 24:15
39. Ernie Hurst 24:40
40. Kathleen Bagwell 24:42
41. Russ Hovermale 24:45
45. Gregory Townsend 25:11
46. Steve Wand 25:13
48. Mark Eads 25:24
51. Charlie Skoog 25:45
53. Lisa Jones 26:17
55. Stan Shuey 26:44
56. Laura Rosenstengel 26:50
58. Kathy Murdoch 26:55
59. Robin Tetrault 27:21
60. Doug Mankell 27:42
62. Joyce Pennycoff 28:04
63. Bill Heck 28:06
66. Justine Eads 28:54
68. Dale Sullivan 29:01
72. Brian Allen 30:23
73. Chris Sullivan 30:33
74. Laura Cook 30:39
75. Robin Cole 30:46
77. Adriane Freeman 32:29
79. Robert Cupp 33:47
80. Aubry Jackson 34:08
81. Jaime Jackson 34:08
82. Cory Jackson 34:0983.

(Continued on page 10)



Race Results (continued)

(Continued from page 9)

Sylvia Burgin 39:17
84. Vicki Boles 41:07
84 Finishers

5K Walk

1. Mary Miller 33:00
2. Jerry Lambert 33:46 1st
Male
3. Tim Taflinger 34:24
7. Amanda Pena 36:01
8. Anna Dollens 36:21
9. Robin Michael 38:22
10. Jane Inman 40:03
12. Raye Jean Swinehart
40:13
13. Jayne Hiatt 41:06
14. Milt Brown 41:13
15. Cindy Sullivan 42:03
16. Debbie Riffe 42:04
17. Adriene Riggle 42:18
20. Pat Robertson 49:24
25. Jackie Sanders 54:58
26. Cynthia Sanders 55:01
26 Finishers

CKRR Weekly Fun Mile
Wednesday, July 23, 2008
Highland Park Walk/Bike
Path

11:00 AM Race

1. Joe Rangel 5:49
2. Waylon Coulter 5:50
3. Charlie Skoog 7:42
5. Doug Mankell 8:34
6. Jackie Sanders 17:23
7. Cindy Sanders 17:29

5:30 PM Race

1. Joe Rangel 5:46
2. Waylon Coulter 5:55
3. Kim Lee 6:54
4. Ernie Hurst 7:04
5. Michelle Clendenning 7:39
6. Laura Rosenstengel 7:46
7. Brian Allen 7:52
8. Robin Tetrault 8:01
9. Mary Miller 8:05
10. Will Irvin 8:06
11. Darrell York 8:07
12. Matt York 8:08
13. Ron Moore 8:09
14. Chris Sullivan 8:13
15. Cindy Coulter 9:40
16. Aubry Jackson 9:50
17. Nicole Jackson 9:58
18. Sylvia Burgin 11:42
19. Diana Brown 15:19
20. Ken Munro 15:22

Meeting Minutes

July 7, 2008 6:30 PM

Members Present: Will Irvin, Robin and Ray Tetrault, Steve Wand, Gregory Townsend, Robin Cole, Charlie Skoog, Sylvia Burgin, Dana and Waverly Neer, Bill Barnett, John and Anne Wiles, and Mark Shorter

1. Brief financial report by Treasurer Mark Shorter Bills are beginning to come in for the Haynes-Apperson race and a complete report should be available at the next meeting.
2. There was along discussion about the this year's Haynes race. Such items as trophies (order only those listed on entry form), timing (some felt there were problems and suggested that we search for someone else to do it rather than End Results who has done the race for many years), race course

(with the completion of the Walk of Excellence in October, perhaps a course change is possible) were discussed.

3. Haynes Kids Track meet- Dana Neer said a trophy platform is being considered and having seating near the long jump areas for parents.
4. Coyote Kids-Ray Tetrault reported that due to the rain on July 3, the courses at Jackson-Morrow had to be changed and will remain the same for the rest of this year. Also due to a lack of 2 mile entrants, the longest race will be the one mile. There had only been 4 entrants for the 2 mile run the first 2 nights.
5. The race schedule for 2009 will a topic for discussion at the next couple of meetings.

Next meeting scheduled for August 4, 2008 at the Half Moon Restaurant at 6:30 P.M.

Birthday List

8/3 Rusty Merritt
8/5 Nicholas Webster
8/6 Forest Kenworthy
8/6 Madison Kruger
8/6 Cindy Sullivan
8/7 Chris Sullivan
8/7 Kobi Moore
8/9 Mallory Reeves
8/10 Barb Wand
8/11 Adriene Riggle



8/11 Julie Tennent
8/12 Sophia Moore
8/12 Phil Rozzi
8/15 Susan Gerhart
8/17 Jase Forgrave
8/18 Bob Longwith
8/19 Karlie Reinagle
8/21 David Reinagle
8/21 Rocky Smith
8/22 Chris Smith
8/23 Ernie Hurst
8/23 Matt Bolinger
8/25 Jerry Leach
8/25 Cathy Longwith
8/25 Shirley Wilson
8/28 Lauren Weber
8/28 Chris James
8/31 Jeff Kuczera
8/31 Ryan Pownall
8/31 Anna Pownall

The Perks of Country Living

By Roxane Burrous

I have had my share of experiences while trotting along the beautiful countryside and enjoying the peace and solitude. They include having a cow joining us on our journey down the road, being attacked by wild turkeys and chased a couple of miles by a billy goat until I wore him out and he had to pull over and take a nap in the ditch.

My most recent experience is quite unique. I was doing my usual boring 5 mile route from home and a half of a mile in front of our house when I noticed a plane. It was a crop duster and it was dusting the corn-field right next to our house. How awesome of a sight to watch as it

took away from the same ole, same ole scenery. Also thinking I was glad I was on my own road between the corn fields as I would probably get dusted. The plane was turning around where I was running so I waved a friendly hello to him. He finished dusting and circled to inspect his job. Pretty cool. Being about 1 1/2 miles from home I seen him coming again... right at me. Yep, you guessed it! Flying parallel to me he lowered the plane directly above the corn alongside the road and let er rip! Ya think he would have had the courtesy to start at the other end of the field until I passed.

No.....here comes the spray. It was a real light mist that smelled very strong. I was thinking this crop dusting wasn't so cool at this point. He finished the field and I headed home. When he was done he kept circling and I swear he was checking to see if he succeeded in his attempt to drop me dead like all the bugs he was spraying for! I wanted to wave again but this time not using the full hand!!!

I found out that the spray would keep me fungus free (and if I was lucky they had flea spray in it) and I was good for 6 months!



Points Standings

Races included are JN Amboy, Old Ben, Ultimate Challenge, Race for the Cure, JN Jackson Morrow, Composer Classic, Trojan Trot, JN Greentown, Race for Grace, Haynes Apperson, Ironhorse, Panther Prowl, and any one marathon, half-marathon or volunteer. 10 points are awarded for both the Race for the Cure and the Relay for Life.

Runners	Shelly Wyman 3-44	Kobi Moore 1-10	Paul Cardwell 1-20H	70+
Women	Adriane Freeman 3-33	Brayden York 1-10	Shawn Mayfield 1-20H	Robert Cupp 8-130
	Gina Sheets 2-30M		Kevin Forgrave 1-12	Bill Heck 7-130V
0-12	Stella Rood 2-29H	13-19		Charles Johnson 1-20H
Aubrey Jackson 4-70V	Jennifer Mayfield 1-20H	James Longwith 5-74	45-49	
Victoria Christenson 1-20H	Lauren Weber 2-20	Nich Lipari 4-70	Byron Bundrent 8-150H	Walkers
Zoe Irvin 1-10	Natalie Weber 2-20	Peter Bauson 4-65H	Al Hochgesang 7-127H	
Hannah Moore 1-10	Kelsey Weber 2-20	Carl Christenson 2-32H	Brian Moore 8-120H	Women
Lillian York 1-10		Jesse Bauson 2-30H	Ken Swinehart 9-116H	
	40-44	Keith Bauson 2-25	Phil Rozzi 6-80H	49-
	Tami Moore 7-120H	Sam Freeman 1-20	Kim Lee 6-72H	Mary Miller 12-220H
13-19	Patti Reinhardt 6-105MH	Kaleb Hollingsworth 1-20H	Ernie Hurst 6-58	Amanda Pena 12-169V
Katie Hollingsworth 5-100H	Laura Rosenstengel 6-97V	Andrew Swinehart 1-20H	Bill Bauson 4-54H	Jayne Hiatt 12-128
Maya Brooks 3-47	Laura Cook 5-75H	Mason McGovern 1-15	Eric Mathew 4-42	Debbie Riffe 12-115V
Nicole Jackson 4-43	Michelle Larson 3-60H		Gary Jewell 2-30	Jane Inman 8-110H
Heidi Freeman 3-42	Kim Anderson 2-32H	20-24	Kismet Morrison 2-30M	Raye Jean Swinehart 9-106H
Vanessa Lorenz 4-41	Joni McCracken 2-30H	Sam Williamson, Jr. 3-60	Chris Sullivan 3-28	Emily Allen 6-49
Nicole Parry 2-22	Diana Padgett 1-10	Charley Eltringham 3-55	Henry Yu 2-28H	Adriene Riggie 4-27
Emily Christenson 1-20H		Zach Miller 2-35	Matt Bolinger 1-20H	Carol Savage 2-24H
Waverly Neer 1-20	45-49	Bryan Phillips 1-20	Greg Sumpter 1-9	Cindy Sullivan 3-24
Katie Christenson 1-15	Cassie Bauson 7-120MH			Becky Christenson 1-20H
Kayla Reinagle 1-10	Roxane Burrous 5-100MH	25-29	50-54	
	Cheryl Marner 3-60	Jason Rush 7-130H	Greg Townsend 12-155HV	50+
20-24	Stephanie Bolinger 1-20H	Mark Eads 7-112H	Earl Strong 7-140MH	Anna Dollens 13-235H
Sarah Lee 5-95H	Carla Yerkes 1-20H	Cory Jackson 5-67	Mike Deardorff 9-132H	Pat Robertson 9-116H
Amber Longwith 5-80		Nathan Hovermale 2-40	Keith McAndrews 8-122H	Diana Brown 7-96V
Laura Bauson 3-50M	50-54	Joseph Hubbs 2-40H	Jerry Meiring 9-114H	Cynthia Sanders 4-51V
Grace Bauson 2-30	Vicki Boles 11-185HV	Matt Yarosz 2-40	Ray Tetrault 7-103MHV	Trudy Pierce 2-35H
Sarah Bauson 1-20	Robin Tetrault 9-180MHV		Jeff Cardwell 5-90H	Kathy Allen 2-30
Megan Tetrault 1-20H	Theresa Barlow 3-44V	30-34	Russ Hovermale 4-53	Jenise Clark 2-27
Holly Hurlburt 1-10	Michaelene Anderson 1-10	Matt York 12-190H	Michael Campbell 2-29H	Pamela Batey 1-20H
	Linda Donovan 1-10	William Irvin 9-170HV	Stephen Batey 1-20H	Helen Brown 2-20
25-29	Jill Parry 1-10	Ryan Bagwell 7-93H	Mark Rodgers 1-20H	Nancy White 1-20V
Allison Irvin 9-170H	Debra Perkins 1-10	Carey Stranahan 2-32H		Barbara Hobbs 1-10
Michelle Clendenning 10-147HV	Lorene Sandifur 1-10	Ryan Pownall 1-20H	55-59	
Jillian Weaver 7-109H			Joe Rangel 14-252H	Men
Kathleen Bagwell 8-106H	55-59	35-39	Mark Shorter 14-210H	
Justine Eads 7-103H	Joyce Pennycoff 10-180HV	Scott Colford 9-180MH	Charlie Skoog 12-165HV	49-
Rebekah Kinney 5-77HV	Robin Cole 10-159V	Christopher James 7-120MH	Tom Miklik 8-104HV	Steve Inman 7-140H
Jamie Jackson 4-49V	Judy Smith 7-92HV	T.A. Weber 8-111H	Steve Wand 8-101HV	Tim Revils 6-97V
Tara Steele 3-45H	Rhenda Acton 5-80HV	Scott Riggie 7-89	John Wiles 6-80HV	Bruce Savage 2-35H
Brianne Boles 1-20H	Anne Wiles 3-50HV	Jeff Kuczera 3-52H	Rocky Smith 6-63H	
Crystal Cherry 1-20H	Chris Williamson 3-42	Aurelien Mozipo 3-45H	Dave White 3-50HV	50+
Ashley Taflinger 1-20H	Barb Wand 2-30V	Derrick Brooks 4-42	Phil Leininger 3-37H	Jerry Lambert 13-240HV
Michelle Tetrault 1-20H	Kathie Barnett 2-20	Paul Wyman 3-40	Fred Chew 3-36H	Tim Taflinger 12-158H
		Michael Rood 3-37H	Mike Anderson 2-35H	Robin Michael 10-125H
30-34	60-64	Donny Smith 2-29H	Steve Kilcline 1-20H	Rick Spencer 7-110H
Darcie York 10-147HV	Sylvia Burgin 13-215H	David Reinagle 2-27H	Joe Orr 1-12	Milt Brown 8-83V
Monica Brooks 6-112H	Kathy Murdoch 6-120	Keith Hill 1-20H	Chris Smith 1-7	Jackie Sanders 6-63V
Kelly Wright 3-55H	Susan Gerhart 2-35H	Mitch Reeves 1-20H		Jim Burrous 4-41H
Jessica Irvin 4-52H	Roberta Hite 1-15	Travis Sheets 1-20H	60-64	Melvin Hobbs III 3-33H
Jeanette Merritt 3-40H	Shirley Wilson 1-10	Dennis Ball 1-12	Ricke Stucker 14-245H	David Mygrant 2-20
Robyn Pagington 2-40		Vernon Graves 1-8	David Hughes 8-130M	John McGinty 2-17
Geana Moore 2-30V	65-69	Shawn Fain 1-6	Doug Mankell 8-113H	Bob Longwith 2-16
Karen Bush 2-29H	Kathleen Leach 1-20H		Bill Barnett 5-80HWalter	Toney Lorenz 1-9
Jessica Austin 1-20H	Men	40-44	Brown 2-30H	Darrell Penycoff 1-9
Amy Piazza 1-15		Michael Graham 14-199HV	Barry Donovan 1-10	
	0-12	Brian Reinhardt 8-155MH		
35-39	Waylon Coulter 5-100	Ron Moore 8-127H	65-69	
Heather Weber 9-160H	Joshua Revils 4-70V	Brian Allen 8-101H	Stan Shuey 8-145	
Nicole Peel 7-110MH	Quinn Reinhardt 1-20	Dana Neer 5-100HV	Dale Sullivan 4-75	
Lisa Jones 7-104H	Griffin Irvin 1-10	Dan Lutes 3-55MH	John Norris 2-35H	
Barb Millspaugh 4-44	Corey Moore 1-10	Jack Lotzgeselle 2-32H		
		Don Rogers 2-29H		



Images from the Haynes Apperson



Clockwise from upper left:

Joe Rangel.

James Longwith and Vanessa Lorenz.

Mason McGovern.

Stan Shuey, Robin Michael and Anna Dollens.

Ron Moore.

Start of the 1 Mile Fun Run.

Jerry Lambert.





2008 Race Calendar

August 2
Norris Insurance 5K Run/ Walk
Time: 8 AM
Location: Converse, IN

August 9
CKRR Age-Graded 4 Mile Run & 5K Walk
Time: 8 AM
Location: Highland Park

August 23
CAM Run for Shelter 5k Run/Walk
Time: TBD
Location: Oakbrook Valley

September 6
Kim Adair 5k Run/Walk
Time: 8 AM
Location: Sharpsville, IN

September 20
Cole Porter 15K Run/ 5K Run/Walk
Time: 8:30 AM
Location: Peru, IN

September 27
9th BeeBumble 5k-10k Run/5k Walk
Time: 8 AM
Location: Burnettsville, IN

October 26
Club Kokomo 5 Mile Run/3 Mile Walk
Time: 2 PM
Location: Nickel Plate Trail, Peru, IN

November 8
CKRR 4 Mile Run/ 5K Walk
Time: 9 AM
Location: McKinley School

November 27
CKRR Thanksgiving Day Fun Run
Time: 8 AM
Location: Highland Park
(Non Points)

December 7
CKRR Charity 5k Run/Walk
Time: 2 PM
Location: UAW 685

December 31
CKRR New Years Eve 5k Run/Walk
Time: 2 PM
Location: UAW 685

New Members

Todd Moser
Skip Wells
Ryan Wells
Allyson Wells
Darrell York

*Welcome to
Club Kokomo!*



Gary Jewell is looking for volunteers for the Age Graded Race on August 9th.

If you're interested in serving contact him at funrunr@sbcglobal.net.

Other Races

August 16
Race Against Domestic Violence 5k/10k
Time: 8 AM
Downtown Indy
Don or Kathy (317)733-3300

August 16
2nd Annual Latch Key Run/Walk 5k
Time: 9:15 AM
Ft. Harrison State Park
5753 Glenn Road
Indianapolis, IN
Michael Futch (317)557-8846

August 24
Tour de LaPorte 5k
Time: 8 AM
Kesling Middle School
306 E 18th Street
La Porte, IN
Elizabeth Sawaya (219) 326-2471

August 31
The Ripple Effect 4 Mile Run/Walk
Time: 8 AM
Broad Ripple, IN
Don or Kathy (317)733-3300

September 7
Jason Baker Scholarship 5 Mile Run/Walk
Time: 9 AM
Crown Hill
Indianapolis, IN
Don or Kathy (317)733-3300

September 13
Dick Lugar 5k/10k Run 5k Walk
Time: 8 AM
Butler University
Indianapolis, IN
Don or Kathy (317)733-3300

September 13
Back to the Fifties Festival Rock-n-Roll 5K
Time: 8 AM
Lebanon Memorial Park
130 East Ulen Drive
Lebanon IN 46052
committee@fiftiesfestival.com
www.fiftiesfestival.com
(866)447-5050

September 19
Indy's Irish Festival 5K Night Run & Walk
Military Park Downtown
Time: 8 PM Run 8:15 PM Walk
www.kenlongassoc.com
(317)884.4001