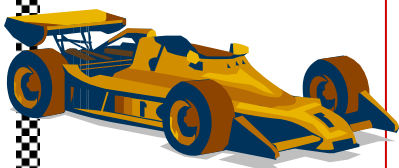


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June 7

**Trojan Trot 5KRun/ Walk**

**Time: 8 AM**

**Location: Sharpville, IN**

June 14

**Norris Ins. 5 Mile Run/5K Walk**

**Time: 8 AM**

**Location: Greentown, IN**

June 20-21

**Relay for Life**

**Location: Kokomo High School**

**10 points for each finisher**

June 28

**Race for Grace 5K Run**

**Time: 8 AM**

**Location: Logansport, IN**

## Meant to Be

By Steve Wand



***I captured this photo at the Blueberry Stomp a couple of years ago. Seems that they really do run together.***

out why I was standing there and before long it became a very popular spot on that chilly Saturday morning. Soon Tom showed up and we enjoyed the free heat together while catching up on our latest family stories.

Before long, one of us noticed that Tom was assigned to corral L, while I was assigned to corral E. No problem, we thought. First we tried to find a magic marker so that we could change his L to an E. I know what your thinking ..... don't tell me you never thought of doing anything like that too. Right A.I.? Well, we couldn't find a marker, so plan B was for Tom to just casually walk into my corral behind me with his arms folded over his bib. Brilliant idea!! WRONG! That worked enough to get him into my corral, but I after he was in, I asked him to put my packet of energy gel into his fanny pack. That meant he had to move his arms away from his bib, and wouldn't you know it, the Corral

I guess it was just meant to be that Tom Miklik and I were to run another Indy Mini together. This year was my 18<sup>th</sup> mini and like the past several years, Tom and I agreed to meet at the northeast corner of Washington and West Street as our rendezvous point. I got there first and was standing next to a gasoline powered generator enjoying the warmth of the motor. A few other people figured

Police caught him at just that moment. BUSTED! Tom meekly and politely left my corral and headed back somewhere behind me. Maybe it was L, maybe not. I'll never say.

I was bummed out. Our tradition was broken and you know how impossible it is to find one individual during the mini unless you are NOT trying to. I guess I could have moved back to his corral. Somehow that just didn't seem like a good option to me. I guess that's a pride issue I need to work on. But.....hold on just a minute. Somewhere between mile 1 and 2 nature called me to the little green stinky closet. I was in there about a minute and a half. I ran back onto the course and lo and behold there he was! I practically ran into Tom as I filtered back into the crowd. We ran together until about mile 10 or 11 when Tom said he was going to walk the next water stop. I kept going and I thought he would catch back up to me, but I didn't see him again until he called out my name after we went through the finish chutes on opposite sides. "Congratulations", he called out, "you broke two hours". I said "no, you're mistaken I came it at about 2:02". "That can't be" he said. "I was at 2:01 and you came in before me!" It took us old guys a while to figure it out, but it was due to my minute and a half or so in the port-a-pot.

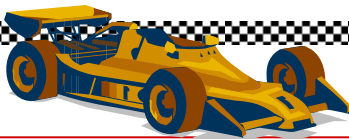
Just a side note here. I really didn't think this story was worth putting in the newsletter, but I think Brian was desperate for another article to fill up space.

Editors note: That simply isn't true that I was looking for an article to fill up space. I love to invite other club members to write articles to give a fresh perspective on what goes on in our running community. Thanks for pacifying me, Chicken Leggs. If anybody wants to write an article for any race just let me know and I'd be glad to hand you the pen.



***A little over 50 of our 124 club finishers pose for a photo at the club tent.***

***See page ## for a complete list of club finishers and how they did.***



## From the President

By William Irvin



**Team #1: Todd Brandenburg, Matt Yarosz, William Irvin, Matt York, and Michelle Clendenning.**

### Friends

Most of us have to admit that as runners we are a special breed. We all have our oddities, but it is our oddities that make us special and our oddities that make us close friends as runners. Even if you have not been a runner for very long or do not call yourself a runner just yet, when you finish reading this you are going to analyze yourself and think "I am like that!"

Having these oddities makes us all unique, however it is what makes us 'runners'. The 'other people' would look at our oddities as either not normal habits of the average person or having Obsessive Compulsive tendencies. These oddities are accepted by other runners and it is what makes us runners understand each other and accept one another. It is also an area of respect that we have for one another, especially your running buddy or buddies. Sure we may harass one another on race day or before a long run on the weekend, but we also respect each others oddities.

Brian (Reinhardt) would not be Brian if he did not have the weekend long run planned out the Monday

before or in case of a strong head wind from a certain direction he would always have a back up plan. Little Chuck (Masters) would not be little Chuck if he did not have his large coffee before he ran-even if it were 80 degrees and 90% humidity at 7AM! Allison (Irvin) would not be Allison if she did not nervously fret about *everything* and question *everything* up to the time the gun goes off or before the 10 mile long run started! Believe me I can go on here with quite a few of you, but I will not embarrass too many other people.

The friends that we make along the way during our

running life are friends that we will all have for a life time. We may move from place to place and make new friends with new oddities, but the friends that we make along the way remain your friends for life. New runners will enter your 'running circle' and for those who stick with it and convert from the 'other people' will become your running buddies and a chance to harass yet another runner with their oddities.

There are only a few places in life that we really make friends that have such a lasting affect on each others life: the military, college, social clubs, and at our jobs. I have had the privilege of having experience in all of them. With the exception of the military where you rely on another to save your life (or protect your butt!) being a runner and having running buddies is a far greater friendship to have in life than any other I have experienced.

If you do not have a running buddy, maybe you are not showing your oddities, or maybe you don't know you're a runner-yet.

What are your oddities?

### Dances with Dirt 100K Relay

More like Dances with Mud this year! Three days leading into the weekend for Dances with Dirt it had began to rain and rain and rain, 2-3 inches of rain to be more accurate. We all camped the night before (in tents!) in Brown County State Park and by night time, when it had stopped raining, were all

soaked.

Brown County this time of year (and I am sure any time of year) is just beautiful even if you are covered in mud and running through woods like a bear is chasing you! One reason why I said that I would return this year is just to marvel at the beauty of God's creation. Another reason why I (and many others) have said that they would be back next year.

Club Kokomo was represented very well for this race as we all tromped through the mud with smiles on our face (right Kathleen?!). We actually had two teams of five present this year. Allison and I both were on separate teams filled up by Club Kokomo members. My team consisted of Todd Brandenburg, Matt Yarosz, Matt York, and Michelle Clendenning. Last year we finished in a time approximately 11-11.5 hours. This year we bettered that time by over two hours with a time of 9 hours and 2 minutes! Giving us a 9<sup>th</sup> overall actual finish place and a 44<sup>th</sup> overall with the calculated handicap, which makes me wonder about the race directors' math!

Allison's team consisted of Gina Sheets (CKRR VP), Roxane Burrous, Rebekah Kinney, and Kathleen Bagwell. The girls (G. I. Jane's) had an exceptional finishing time of 9 hours and 44 minutes placing 17<sup>th</sup> overall with the calculated handicap. They all received Nike dri-fit DWD hats for their hard work.

I highly recommend this race as a chance to have a great time, meet new people (read above), enjoy the beauty that God has given to us, and if it rains to get MUDDY! Most of us are well trained to tackle the average 13 miles each person runs (5 man teams) since we have just come off MINI training. If you are interested in running I suggest getting a team together and going down to Brown County next May for a good time! Register early as teams form early and the event fills up!





## Doin' the Dirt Down in Gnawbone

By Rebekah Kinney



**Team #2: Rebekah Kinney, Allison Irvin, Roxane Burrous, Gina Sheets, Travis "I'm in the picture because I'm dressed in camouflage" Sheets, and Kathy Bagwell.**

Rain; rain everywhere... and not a dry pair of socks to spare! That brief synopsis grips the heart of how our adventure began as we embarked on the 60 mile ultra team trail marathon in Brown County State Park known as Dances with Dirt or as we have dubbed it "Mayhem in the Mud". Arriving Friday evening at camp the constant drizzle began and lingered well into the early morning. But that surely didn't stop us from creating a little fun before we met our fate the next morning. Great props go out to Travis and Gina for their awesome "campfire lasagna"... yum.

7:45 am... race begins, well... we think, those crazy people down in Gnaw Bone are not known for their precision on time as most races and that is not due to disorganization just pure sneakiness on their part which becomes just another part of the adventure. Do your homework and read the course descriptions of the different legs of the race...especially the one's you are running! They sound like exag-

gerations but it doesn't take long to realize that they are pretty accurate. The following is a description provided for the first leg of the race which I was privileged to run, "We advertise DWD as a trail run with "Stupid Spots"; leg one is more of a stupid run with "Trail Spots". Start the Stampede on road then grass then the @#\*& hits the fan as you head up 250' of Black Diamond Ski terrain. After a hundred feet of bad footing and crap, crawl back to the top ... the thorns will grab and save you from any fall. Once on the ridge, continue on OK footing with a great view for

*about a mile before heading down then up a blue square ski slope, down a dirt ladder, double black diamond (Take this serious.) Finish with a splash across a river, a half mile flat then on to the exchange ... where you started! 15 minute pace would be world class."* Yeah, it was accurate alright except for the fact that it had been raining for the past three days so add tons of thick shoe sucking mud to the aforementioned and you've got it.

Remember these people are crazy. So not only is the course outrageous but so are the participants in their costumes, teams themes and racing strate-



gies. You will have the diehards, the cheaters, the simple competitors and of course the drunkards and it all makes for an unforgettable race. The guy's team with Michelle busted their bottoms and ran a very strong race. The girl's team kicked some trail tail as well...right ladies. After 10 hours of wrestling with thorns and climbing the side of a mountain we were all ready to get out of the dirt and into some clean clothes and hot food!!!

All legs of this race are unique in every way imaginable: distance, duration, obstacles, terrain, elevations, footing and trail markings. Even though I can say I have "done the Dirt" I do not have a complete working knowledge of what this race entails. The ONLY way to even get a glimpse of that understanding is to do it yourself—no picture or verbal imagery can give this monster of a race the justice or appreciation it deserves. It is very difficult to capture a true sense of what this race was like because everyone's perspective was so different and experiences were greatly varied. The degree of enthusiasm ranges from "why did I ever do this?" to "why have I never done this before and when can I do it again?". All in all it was an experience, none the less, that I think all of us are glad we did whether it was the one of many or the first of the last. Great campers, great racers!

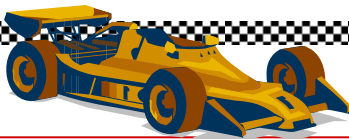
From Roxane:

FYI..anyone who is planning on doing DWD in Gnawbone, IN be prepared because it is harder then Hell! Really it is, meaning it is harder then the DWD in Hell, Mi. There is not as much water and muck in Indiana but there are sure way to many hills, logs, ravines and briars. The bushwacking

(Continued on page 8)

On July 26th, Kokomo will once again have its own triathlon! Many of you may remember back in the day when Kokomo hosted a triathlon at Champagne Shores. The city of Kokomo will have a new triathlon at Emerald Lake at Oakbrook church. The swim will be 400 yards, the bike will be 10.5 miles, and the run will be a 5K. A very manageable distance for everyone. If you are interested please go to the following website:

[http://www.cityofkokomo.org/egov/docs/1211479753\\_999969.pdf](http://www.cityofkokomo.org/egov/docs/1211479753_999969.pdf) and download an entry or go to Active.com to register. Hope to see you there!



## On the Roads

By Johnnie 'O



**10 years, 50 scholarships totaling \$11,680**

Stand up and take a bow, because in this the 10<sup>th</sup> year for the Club Kokomo Mike Cowan Memorial

Scholarship program, you have given 50 scholarships worth \$11,280 to 26 students.

Encouraging youth to run was one of Lorene Sandifur's goals when she became president of Club Kokomo in 1998. CK sponsored the first Mike Cowan Youth Races that year. Four years ago, the one-day Cowan races were expanded into CK's six-week Coyote Kids Program.

With \$2,000 raised by the late David Kasey from Kokomo businesses, CK established the Mike Cowan Memorial Scholarship in 1999 in memory of Mike, a Kokomo high school runner who died of leukemia. Receiving \$250 each that year were Seth Daugherty, Jill Pennycoff, and Elizabeth Shockey.

Other scholarship recipients over the years include Christian Bahler, Grace and Sarah Bauson, Ben Bruce, Cameron Cunningham, Josh Daugherty, Melia Harrison, Ryan Hurlock, William Irvin, Tim McBee, Stephanie Miller, Zach Newsman, Bryan Phillips, Matthew Robertson, and Melissa Tetrault.

Today, the scholarship is funded by 50-50 drawings at CK races, and CK's Age-graded Race in August, which is directed by Club Treasurer Mark Shorter and past Club president Gary Jewell.

The amount of the scholarship depends on the money available and the number of recipients. Each 2008 scholarship recipient will receive \$200.

### 2008 Scholarship Recipients

Club Kokomo Roadrunners Mike Cowan Memorial Scholarship Committee members Lorene Sandifur and John Wiles are proud to announce

that in the 10th year of the scholarship, the 2008 recipients are Laura Bauson, Katie Hollingsworth, Sarah Lee, Amber Longwith, Vanessa Lorenz, Mason McGovern, Nikki Parry, and Megan Tetrault.

We are even more proud to share some of the recipients' thoughts about running and life.



**Laura Bauson** is the daughter of Bill and Casie Bauson. She will be a senior at Michigan State University in the fall. She had a 3.8 grade point average on a 4-point scale after the first semester of the past school year. She is an animal science/pre-vet student.

"This is my third year as an Animal Science student at Michigan State University, and, as usual, running has played a part of my college experience...This year has been fun for me because I have been able to run with friends and really gain some bonding time through running... During the summer, I was at a four-week training program through InterVarsity Christian Fellowship. We spent those four weeks at a camp in the Upper Peninsula, and many mornings I and others got to run together. We even had an official 14-mile run in which some of us participated. I ran with a friend, and we encouraged each other along the way. That same friend was also able to run with me in the Detroit Free Press Marathon in October, my second marathon, his first. That was a really neat experience because not only did we encourage each other and push each other to the finish, but we also were able to spend time looking back on some of things we had learned during the summer camp in the Upper Peninsula."

In April, Laura invited her friend Rachel to run a half marathon with her. "It was really exciting to share in her first experience running a 13.1-mile race. I always smile and enjoy it whenever a friend excitedly tells me about his/her last run. I like to think that my love for running can inspire others to get out and enjoy creation and the ability to run!"



**Katie Hollingsworth**, the daughter of Darin and Michelle Hollingsworth, graduated from Western High School this spring. She had an 11.43 grade point average on a 12-point scale, and she was named to the Mid-Indiana Conference Academic All-

Conference Cross Country team. In 2006, Katie won the Howard County cross country meet and finished eighth at the Marion Regional cross country race. She plans to attend Indiana University Kokomo.

"Running has been an extremely important part of my life. I believe that runners are among the strongest and most determined people. Since I began running, I have gained a better outlook on life. I have learned that I am capable of much more than I think I am and how to push myself through challenges...Not only has running allowed me to feel better about myself, it has also allowed me a way to connect with my friends and family. I plan to continue my love of running throughout my life..."



**Sarah Lee**, the daughter of Kim and Carrie Lee, will be a junior this fall at Indiana University Kokomo. She is studying nursing. She has a 2.867 grade point average on a 4-point scale.

Sarah ran cross country in high school, and "even though I don't run at the college level, I still participate in Club Kokomo and other local races." Sarah was a point's award age qualifier. She volunteers with her church youth group at the Kokomo Rescue Mission.



**Amber Longwith**, the daughter of Bob and Cathy Longwith, is a Kokomo High School graduate. She will be a senior this fall at University of

Indianapolis, where she is working on a degree in communication. She has a 3.661 grade point average on a 4-point

(Continued on page 5)





## On the Roads (continued)

scale. Her goal is to work for a professional sports organization. While in high school, Amber ran for Coach Ricke Stucker.

"It is hard for me to believe that my college years are coming to a close...To me, it seems like just yesterday I graduated from high school. Through it all, I have always had running as a diversion from the every day stress of college. I look forward to being able to run in the Club races and seeing everyone in the Club. At school, I enjoy running with friends, who also share this crazy passion called running. I must say that I have had some interesting runs in college and others not as interesting; however, they have all been enjoyable. Running is something I look forward to doing...I know that running will always remain a part of my life as I continue on and see what lies ahead of me."



**Vanessa Lorenz**, the daughter of Toney and Angela Lorenz and a Western High School graduate, will be a sophomore this fall at Indiana

University Kokomo. She is studying psychology. Her grade point average after the fall semester was 3.425 on a 4-point scale.

Vanessa has been "very involved" at IU Kokomo. She has participated in Leadership Fiesta, Susan G. Komen Race for the Cure in Chicago and Indianapolis, We Care Tree Auction, and Take Back the Night. She is a member of Phi Sigma Sigma, Psychology Club, Student Union Board, Student Athletic Board, and works at IU Kokomo's Art Gallery.

"Overall this past year has been nothing short of absolute madness...the Race for the Cure was exhilarating. Both times were amazing. It was great getting to see all of the survivors and their families supporting a cause that is so close to their hearts. The Take Back the Night Walk and

Auction was another event that I really enjoyed. Phi Sigma Sigma did an auction to raise money. We collected gift cards...pitched in to make our own spa and kids baskets, and sold paper hands. At the end of the Take Back the Night festivities, Phi Sigma Sigma was acknowledged for winning our division. Between going to college, working, running, school activities, and friends and family, I have learned that there are things greater than myself and I want to be a part of them...I have dedicated my life to becoming a better person and becoming more involved in community events that affect me as well as those I care most about."



**Mason McGovern**, son of Rodney McGovern, graduated from Kokomo High School this spring. Mason was a four-year varsity letter winner in cross-country, a three-year varsity letter winner in track, and earned the Athletic Honors ring. Mason has been a member of Club Kokomo for the last seven years. He has won several age group awards and worked as a volunteer for many Club Kokomo events.

Mason plans to study sports management at Manchester College. "I plan to use that degree in a career that will allow me to continue a healthy lifestyle."



**Nicole Parry**, daughter of Jill Parry, graduated from Kokomo High School this spring. She had a 10.714 grade point average on a 12-point scale and ranked 30<sup>th</sup> in the senior class. She received a running scholarship from IUPUI Fort Wayne.

Nicole has participated in Club Kokomo since she began running in high school four years ago. She has received many medals and trophies at road races and was the overall female winner at the Greentown Five-Mile Race. She ran Coyote Kids during her freshman and sophomore years and was a volunteer during her junior and senior years.

Nicole has participated in Kokomo High School track and cross country all four years. In cross country, she received the Most Valuable Player Award and was a regional qualifier as a freshman; she was fifth at the North Central Conference meet, was named All-Conference, and was a regional qualifier

as a sophomore; she was All-Conference and won the team's Mental Attitude Award and the Booster Academic Award as a junior; and she set a school record of 19:50 for the 5K, was named All-Conference with a fourth place finish at the conference meet, received Academic All-Conference, won the sectional meet, and placed third at the regional and qualified for the semi-state for the first time. In track, she placed in the two-mile sectional race and qualified for regional as a junior.

Nicole was a Mayor's Youth Advisory member of the Alcoholic Beverage Commission, a member of the Future Business Leaders of America and drama club, and secretary of National Honor Society. She sings in a church choir and is a member of the St. Joan of Arc Youth Council.

"I am active, hard-working, accomplished, studious, and passionate. I absolutely love running..."

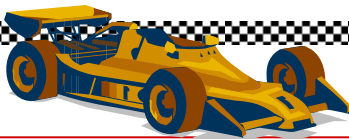


**Megan Tetrault**, the daughter of Ray and Robin Tetrault, will be a senior in the fall at Indiana Wesleyan University where she carries a 3.09 on a 4-

point scale. She is working on a bachelor's degree in addictions counseling.

"When I began the 2007-2008 school year, I had no idea what I was getting myself into. I was a resident assistant for 22 loud, energetic, and fun freshmen in the new residential facility at Indiana Wesleyan. Being an RA was more difficult than I thought, as I had to attend five weekly meetings, enforce IWU rules and policies, work out any roommate problems, build relationships with freshmen dorm-wide, build community, and still be able to juggle my own academic and social rigors. I dealt with odd issues, like finding out some girls kept a dog in their room. I dealt with the typical issues of girls sneaking out past

(Continued on page 9)



## Fargo Marathon

By Committee



**From left: Earl, Robin, Ray, Dan, Brian, Patti, Cassie, and Laura. Earl's son Brycen volunteered to take the photo.**

From Robin:

If you haven't taken a club trip marathon, you need to. All of us said the experience of the marathon was great, but the best part was the time spent getting to know those we traveled with better. You don't even have to run to go on a club trip! You can be a spectator! You can run a ½ marathon, a relay marathon, or a marathon. In North Dakota they even had a 5K race that day. The drive was a long one, but the company was fantastic. Due to rising gas costs, we decided it was cheaper to drive 2 vehicles rather than our "gas hog" van. Ray and I had to be back for services at church on Sunday. We were going to have to drive back right after the marathon. If we took 2 cars the other group could stay over night and return on Sunday.

Ray and I drove with Cassie and Laura Bauson in their mini-van. We were grateful for the comfortable, roomy vehicle. We shared lots of stories of our families. We have a lot in common...especially each having 6 children. We encouraged one another to not worry about not being prepared for a full marathon, because sometimes you just aren't ready. Laura's preparation was the Indy mini! She has youth on her side!

I had already run the full marathon last year, so I went along for the fun of it and ran a half marathon. I ran it in 2 hrs 16 min. I was very happy with my time. I really hadn't trained for it. I was just running regularly in the mornings with my 5 am running partners. I had done a couple of long runs. It was really fun watching all my friends come in and cheering for all the runners in the chute at the Fargo Dome. I got to run the first 5 miles with Patti and she kept me going at a good pace. Then the ½ split off from the marathon and I was on my own.

Ray, Laura, and Cassie ran together the first 10 miles or so. Cassie settled back a little slower and Ray ran with Laura to mile 20. She was looking way too comfortable so Ray told her to go on ahead. She finished really well! Ray, on the other hand, realized at that point that he was dehydrating. He was seeing spots and knew he had better take in a lot of fluid at the rest of the water stations. Somehow he finished that marathon in the gusting winds with a finishing time of 5 hrs 30 min. I went backwards through the chute to meet him and he was not looking good. He said, "I think I am going to be sick."

They grabbed him a chair as he was starting to wobble on his feet. He flopped to the chair where he proceeded to pass out. They kept talking to him and moved him to the wheelchair to get him to the table to begin an IV on him. He doesn't remember any of this, but he gave me quite a scare. I thought "you have to get better, Ray. We have to drive back to Indiana today! It is going to be about a 14 hour drive home, and I can't stay awake THAT long." It is a good thing I didn't run the full marathon. I would've been exhausted. God gave me, Laura, and Cassie the strength to drive that trip home. Cassie did a great job driving at midnight. When she was wiped out, I took over again. Ray will tell you that it was a miracle that I was awake to drive in the middle of the night. I have NEVER been able to do that. I got us from somewhere in Chicago to W Lafayette. Ray drove the last 45 minutes as I couldn't keep my eyes open any longer. He had been able to rest most of the way home so he was ready to take over at 5 a.m. That ordeal took quite a toll on him. He has been recovering all week long.

On Monday Ray was looking for his wallet and realized it was missing. He had put it in our gym bag as we were not returning to the hotel. We were going to take our showers in the dome locker rooms. We searched everywhere and prayed a LOT! I made phone calls and combed through our bags over and over again! It seemed to be the "lost weekend". Reinhardt's "lost" their camera. Dan "lost" his key to the rental car. I "lost" Bryce for a while as he got stuck out on the race course when he couldn't find a shuttle bus to bring him back to the dome. Then on Monday afternoon we realized we couldn't find Ray's wallet. Whenever I thought of it I prayed to find that wallet soon! Tuesday morning I put my running shoes on for our 5 AM run (Ray stayed home to rest) and I checked in my shoes. You never know! My son lost his keys one day and found them the next day in his work shoes. But, alas, no wallet in my shoes. Ray's running shoes were laying next to mine, so I put my hand in his shoes to check. You never know... EUREKA! The wallet must've gotten lodged in there. I had taken his shoes off while he was getting the IV. After that crazy finish of his, nothing surprised me. Thank God, we found that wallet early Tuesday morning! In fact, we had found all of our "lost" things before it was too late.

Thanks to all of our friends for a great adventure and another wonderful, well, mostly wonderful marathon trip!

From Cassie:

I wasn't sure whether to sign up for the marathon in North Dakota. I hadn't really been running the way I'd like since the previous year. I'd signed up for the Seattle marathon and had to scratch because I may have had a stress fracture - and I don't like to spend money for nothing. And this year my left heel had started to hurt a bit. So, shortly before the price was to go up, I went out and did 10 miles and survived, talked with Laura and we decided to go for it. She said she was really going to train for this one - she can tell her own story on that one.

About the time for my 12-mile run we got a phone call that our son Jesse was in a serious ski accident in Michigan and we really should come. He wasn't in any danger, but had done some serious

(Continued on page 7)





## Fargo Marathon (continued)

damage to his facial bones. About 5 weeks after my 10 mile run, I decided that if I was going to make it through a marathon, I needed to push it and ran a 13 after very little running in between. That was tough. But I squeezed in a 16 and 19 as well, ran one of my slowest mini-marathons ever, and just hoped to make it through.

I was more nervous about this whole trip and marathon than most. Laura and I rode with Ray and Robin and the trip out was pretty uneventful. The community was very welcoming with signs in lots of businesses welcoming the runners. It was nice to have all of Friday to relax before the marathon.

Race day conditions were pretty nice. Laura, Ray and I started together with the run/walk strategy. Somewhere between miles 10 and 12 I completely lost them as I needed to go a bit slower than they were. I'd been doing some coughing and felt I couldn't breathe well at that pace. It was kind of tough watching them slowly pull away and wondering how I would do, but after a while of just keeping going, I was doing fine. I just went a little slower and walked a little bit more and ended up finishing feeling pretty good (that's a relative term) in 5:36:20. I was the last one in, but everyone stayed to cheer for me except Robin, who seemed to think her place was with Ray instead.

The course was great and the volunteers thanked US for running in their town. What a neat attitude. The wind did get a bit nasty by the end. So much for the prediction that it would be with us for the last 5K. And the company was wonderful. I really enjoyed the chance to get to know some of our club members a bit better. Thanks to Ray and Robin for the effort to organize this and count me in again sometime in the future.

From Laura:

I guess my mother already provided me with an intro. After running one marathon, you just can't wait to do the next...and the next. But, at least for me, my enthusiasm for the race does not necessarily positively influence the months ahead of time that should be devoted to training. After a semester of just being caught up in many things other than training, I told my mom that I really could not do the marathon. (I didn't think it could possibly be good for my body.) Of course, she was convinced that I could do it and expected me to run anyway.

Intending to go along, but not necessarily to finish the race, I got in the car with my mom and Ray and Robin Tetrault for the drive to North Dakota. Hours on the road to go run 26 miles somewhere may sound crazy to some (and I concur!), but the trip was really so worthwhile! This was the first I'd spent a significant amount of time with other runners from Club Kokomo, and they were such

a great and fun group! The conversations in our car and the crazy running stories that I couldn't help smiling to hear made me thankful for the trip before we even arrived at our destination.

So, encouraged by all the marathon veterans surrounding me, I knew I couldn't give up on the race. And on Saturday during the run, Fargo really lived up to their motto, "Run Friendly," as so many people came out to cheer like they were really excited to see us! I truly enjoyed the run so much and was glad to be able to run with my mom and with Ray. The whole experience was neat for me, being encouraged by the people around me both in my race to the Fargo dome and in my race with Christ. Thanks! Needless to say, I did finish the race, and, of course, I'm excited to do the next!

From Earl:

The Fargo North Dakota Marathon would be the 42nd state in my

quest to run all fifty states. It presented yet another unique experience! The trip started with King and Queen Reinhardt being on board for the journey. For those of you who don't know Brian is the driving King and Patti is (well she knows). Brycen and I enjoyed having both of them along. It was a longer drive there because we chose to bypass Chicago and caught the Minneapolis rush hour traffic. That's probably was for the best as it allowed Dan to have enough room for a second dinner.

Friday was a rest day and a chance to sightsee. We enjoyed the rest day. Listening to weather forecasts had us hoping for a timely start to avoid the projected high wind. But

that was for the next day. Friday night it was time for Dairy Queen to make use of the free coupon. Also, it was a nice way to top off an afternoon at Scheels Sporting Store (a major sponsor of the marathon.)

Saturday when got to the start line all seemed well, low fifties and no wind. The marathon was ran along with half marathoners and marathon relay teams so the start was somewhat crowded. The half marathoners went on a different route after five miles making for easier running. About two hours in both the temperature and wind went up. The route had many turns so you were never in the wind too long until the last mile or so! I wanted to average a nine pace for the last six miles and was happy with a ten minute pace to get in just under four hours.

The real fun was watching Patti, Laura, Ray and Cassie finish. The finish line was inside the Fargo Dome where the expo was also held. I got some pictures of those finishing after me but I missed the one priceless shot. Dan lost the key to the rental car. So after a search for the key and a call to the rental place I told Dan where the

(Continued on page 8)



***We didn't just run a marathon ya know. We had to "carbo load" before the big event followed by Dairy Queen later. What?***



## Fargo Marathon (continued)

key was. He decided to humor me and check to see if I was right. His expression was priceless! The key, well let's just say Monk would have to destroy it.

Ray, Robin, Cassie, and Laura hit the road after the marathon and Ray's I.V. in the medical station. Something about feeding some sheep the next day, so they drove through the night. The rest of us were happy to stay and do some more sightseeing from the Ferris wheel at Scheels. The Sunday drive went well until we got slowed down in Chicago. But that was not too bad. Brycen and I dropped of the king and queen and were back in Kokomo by 8:30 PM.

From Dan:

Fargo was a blast! This was a great opportunity to spend time with 7 fellow runners from Kokomo and capture state #48 at the same time. I was able to combine the trip with some business travel as well and visited a customer in Fargo while the rest of the group went to the expo. I met up with the group afterward at the local Olive Garden for some carbo loading...followed by Ruby Tuesdays a few hours later for MORE carbo loading!...and then Dairy Queen for sugar loading?!?

Race day brought warmer than normal temps and winds howling at 35+ MPH by the end of the race. Brian and I ran the entire race together with the goal of getting my sub 3:30 for next year's Boston qualifier. We ran fairly consistent until about the 21 mile marker when the sun and wind slowed us down about 20 seconds per mile, but we did enough mental math to know we would still hit

the time. Still, it was great to have Brian there to get me back on pace after each water station. Without him as my "rabbit" I may have slowed more at the end and not hit the qualify time (Thanks again Brian!)

The real adventure started after the race when I "lost" the rental car key which I had carried in my key pocket during the entire race. I couldn't believe I had lost it since I remember checking to see if it was still there as I pulled out my last PowerGel at mile 21. I checked my jacket pockets and my bag...went back to



**Ray is as tough as they get and it helps to have an IV handy to prove it.**

the massage area to look...asked at the lost and found...it was no where to be found. Patti, Brian and I went back to look in the grass where we had been standing, but no luck. So finally in desperation, I called the Avis counter at the airport and arranged to have a spare key delivered. After waiting in the howling wind for a half hour (while Ray was on the gurney...see other story) a key was delivered. I walked proudly back into the FargoDome, and brandished my brand new key to Earl, who looked at me and said, "I know where the other key is." "It's in the lining of your shorts, and has been there since it fell out of your key pocket," he went on. I defiantly said, "No way, I would have felt it!" And to prove it I reached into my shorts and...Oops! There it was! Needless to say, I took a lot of abuse the rest of the weekend on my "lack of sensitivity" down there, since I had been running around looking for it for over an hour without knowing it was in my crotch the whole time! Oh well, finally all the lost items (keys, cameras, and wallets) were located and we all made it back home to Indiana safely.

I like these ad hoc "un-official" club marathons. Next up, Earl and I capture Oregon in August and a large group goes to Washington DC in October.

From Brian:

I'm not sure what I can add after all of that and Patti and I feel like rookies at only 16 states completed compared to Dan and Earl! Those two are machines!

Once again it was an amazingly good time with some good friends and the opportunity to get to know some better. Patti and Brycen made good friends on the way up and back (thank you for driving Earl!) and we all four got to know each other better as the weekend wore on. Who knew that Earl could eat 10 bags of Skittles in a 14 hour

drive or that Snickers were good for you?

The Fargo Marathon would come highly recommended by this entire group I think. Even with the warm temperatures and high winds we all had a great time running a very organized marathon in one of the friendliest places we've ever been. They couldn't do much about the weather or the concrete roads, but they sure could do something about everything else and did!

Next up for Patti and I (and Ray, Robin, and Missy) is Grandma's Marathon in Duluth Minnesota on June 21st so I suspect you'll be reading about that one in next month's newsletter. With a short recovery time it'll take the hand of God to get us through that one unscathed!

## Doin' the Dirt Down in Gnowbone (continued)

they talk about is more like thistle whipping! I actually looked forward to the creek crossings (there were plenty!) because they were the only flat part on the course. As I was running leg 10 I tried to imagine the organizers of

the race coming up with the courses. I could picture them out in the middle of the most dense part of the woods with their little ribbons (to mark the course) laughing as they found the biggest hills, the most briars, logs, steps, ravines and bad footing to make sure we had our share of fun. I sure wasn't

having any fun! I was ready to quit and never do it again! It is sure a good thing it is over because now, YES, I would do it again and YES it was fun. You should all try it. You wouldn't get bored, it is guaranteed!





## Composer Classic

By Brian Reinhardt

Whoever it was that ordered the perfect running weather for the Composer Classic this year THANK YOU! It was beautiful out there! I was particularly fast (as you are all aware) but I did have a somewhat valid excuse this time around since we ran the Fargo Marathon the weekend before. If I'm not going to be as fast as I like then I'm certainly going to think of a reason why!

Our top club finisher was 3rd place Byron Bundrent with an 18:04, but most impressive were the

women's winner Heather Weber with a 35-39 age group record of 18:22 and Joe Rangel with a 55-59 age group record of 18:47! Joe broke John Norris' record of more than 10 years ago and Heather broke her own record from a couple of years ago. I tease Joe about being an old guy, but it's really a compliment that he's still running so well at nearly 59 years of age!

Club runners claimed 10 of the top 12 spots with 15 year old relative club newcomer Nich Lipari shattering a personal best with a 19:26.

In the walking race club walkers Jerry Lambert and Mary Miller walked in together in a time of 33:24 to claim the male and female titles. Club

walkers placed 1 through 10 and secured 15 of the top 20 spots in the race.

The Kokomo Symphony put on a good race with the help of many Club Kokomo volunteers and offered a number of nice door prizes as well. Once again thank yourselves as well as 76 of the 119 participants (64%) in the run and walk were Club Kokomo members. Way to support your community CKRR! Make sure to mark your calendars for all of the upcoming CKRR points races!



**From left to right: Kim Lee loses his hat while trying to outkick new club member Derick Brooks. New club member Jeff Cardwell looks calm and comfortable in the closing yards. New club member Ernie Hurst sneaks by long time club member Rhenda Acton at the finish.**

## On the Roads (continued)

curfew. I also dealt with the serious issue of discovering that one of the ladies in my unit was cutting classes. Life came at me fast this year and I was forced to adapt and think quickly to solve any and all of the issues that happened."

Megan wrote that the most valuable lesson she learned was the value of relationships and com-

munity. She did not always have time to make sure all the girls in her unit were okay. Her roommate did, and "her acts of selflessness helped bond the unit in a way that would not have been possible otherwise."

Megan also wanted to eat better and exercise more, because she did not do so during her first two years in college. She participated in Swim Across Indiana, which was a swimming relay during the second semester. Swimmers kept track of laps

they swam and applied them to a team total. She was on a team in the Inside-Out Triathlon. "We did not do amazing, but we did not get last either." Megan also ran the Hodson Half Marathon, which is an annual run at the University.

"Overall, I did not attain my fitness goals, but I am going to continue to push for them this summer."



## Haynes Apperson Races of Years Ago

By Milt Brown



My favorite Haynes Apperson race was in 1998. Our grandchildren, Emily Cooke, age 16 and Zack Cooke, age 14, and I were entered in the 4-Mile Run. Emily had been running high school cross-country and track, but Zack had not

been training for running but just playing some basketball. We started together, but Emily quickly moved ahead of Zack and I. After about 2 miles we passed her. Zack had been running ahead of me and then walking until I passed him. We continued this until I passed Zack with about a half mile to go. I thought, "I've got him now." As we entered the track at Kautz Field I still led Zack by a few yards. Suddenly he shifted into high gear, passed me and the next two people

that were ahead of us. Zack finished in 35:38, I had 35:45 and Emily had 35:56 and was right behind me. We finished close to one another, but did not actually run together. Helen walked with our daughter, Jill, and they finished close together in the 3-mile walk. We stayed until the last prize was awarded and Emily won it... a large stereo player. She tried to carry it by herself, but she needed help. Emily's only other Haynes Apperson race was in 2003 while she was in college.

Another favorite Haynes race was in 1978 when it was a half marathon and I won the 40+ division at age 51. There were only 48 people in the race and Gary Mumaw was the winner. My Haynes Apperson totals – 24 races-1-13.1 mile run, 1-10K run, 1-1500 Yd. Track Run, 5-5 mile runs, 12-4 mile runs, 2-3 mile walks and 2 full time volunteer races. My lifetime totals are 396 total races including high school and college and over 23,000 miles. The Haynes Apperson runs and walks have been great fun.



**CKRR Hall of Fame member Milt Brown at the 2007 Haynes Apperson race.**

## Jackson Morrow

By Brian Reinhardt



Well, I wasn't able to make it to the Jackson Morrow run this year because we were in North Dakota for the marathon, but I'm sure you all had a great time!

I hated that I wasn't able to make arrangements for you to have both an article and photos, but I did try. Sometimes it's just not possible to make it work. Many of you have written arti-

cles for the newsletter in the past and I appreciate it ever time. I'll be asking many times in the near and distant future I'm sure as I just can't make it to every race.

What I do know is that Byron Bundrent was our top club finisher in 25:02 with Jeff Kuczera, Chris James, Matt York, and Joe Rangel all within 34 seconds of him. In the women's race Katie Hollingsworth ran away with it with a time of 28:56.

In the walk Jerry Lambert and Mary Miller walked together and came in at 32:49 for their respective wins.

## Relay for Life

When: Friday June 20<sup>th</sup> 3p.m. to Saturday June 21<sup>st</sup> 3p.m.

Where: Kokomo High School track

How do I register: you may register online at <http://events.cancer.org/rflhowardcoin> and click on join a team (Club Kokomo Roadrunners) If you don't have internet access you may get a form from Cindy Sanders. You can also sign up to walk or run for one hour on a sign up sheet that will also be at events. Call Cindy at 765-455-3129 for more information.

Before going on the track pick up a wrist band at the tent located to the west when you enter the gate. Also go to our tent site on the northwest side of track to sign in. This list goes to Brian so you get team points.

Survivors will have their pictures taken between 5p.m. and 5:30p.m. The survivors lap will be at 6p.m. and the luminaria ceremony at around 9:30p.m.

Every Relay For life has been memorable and Jack and I look forward to seeing all of you as we come together as a community in our quest to eradicate cancer.

Your CKRR Relay for Life Team Captains are Jack and Cindy Sanders.





## Race Results

Indianapolis 500 Mini Marathon  
May 3, 2008  
Indianapolis, IN

1 (tie). Lamech Mokono 1:02:53  
Valentine Orare 1:02:53  
1w. Janet Cherobon 1:14:11  
31. Scott Colford 1:13:44  
107. Dana Neer 1:20:13  
139. Byron Bunderent 1:21:50  
203. Brian Reinhardt 1:24:15  
241. Heather Weber 1:25:15  
252. William Irvin 1:25:32  
302. Matt York 1:26:28  
457. Joe Rangel 1:28:51  
544. Auerelien Mozipo 1:29:55  
956. Ron Moore 1:34:59  
1056. Carl Christenson 1:35:50  
1470. Dan Lutes 1:38:40  
1512. Carla Yerkes 1:38:57  
2008. Don Gifford 1:41:44  
2290. Ryan Pownall 1:43:11  
2291. Joseph Hubbs 1:43:11  
2296. Eric Mathew 1:43:13  
2367. Earl Strong 1:43:29  
2984. Henry Yu 1:46:03  
3103. Mark Shorter 1:46:29  
3117. Allison Irvin 1:46:32  
3153. Phil Rozzi 1:46:39  
3355. Kelly Wright 1:47:23  
3392. Katie Hollingsworth  
1:47:33  
3394. Kaleb Hollingsworth  
1:47:33  
3491. Brian Moore 1:47:52  
3686. Mike Deardorff 1:48:31  
3878. Bill Barnett 1:49:05  
4206. Keith Hill 1:50:11  
4415. Jeff Cardwell 1:50:52  
4417. Don Rogers 1:50:53  
4475. Carey Stranahan 1:51:05  
4534. Matt Bolinger 1:51:17  
4755. T.A. Weber 1:52:00  
4952. Michael Graham 1:52:36  
5061. Ricke Stucker 1:52:56  
5294. Michelle Larson 1:53:35  
5419. Jack Lotzgeselle 1:53:54  
5520. Michelle Clendenning  
1:54:07  
5999. Roxane Burrous 1:55:23  
6813. David Hughes 1:57:23  
6869. Jillian Weaver 1:57:33  
7328. Mark Rodgers 1:58:31  
7336. Rebekah Kinney 1:58:32  
7403. Jason Rush 1:58:41  
7900. Joni McCracken 1:59:49  
8101. Mike Anderson 2:00:25  
8611. Tom Miklik 2:01:53  
8788. Steve Wand 2:02:21  
9308. Kim Anderson 2:03:54

9525. Mike Campbell 2:04:30  
9589. Jesse Bauson 2:04:40  
9932. Tami Moore 2:05:38  
10300. Patti Reinhardt 2:06:45  
10532. Mitch Reeves 2:07:22  
10587. Kathy Bagwell 2:07:32  
10597. Ryan Bagwell 2:07:33  
11118. Darcie York 2:08:57  
11344. Monica Brooks 2:09:32  
11681. Jerry Meiring 2:10:26  
11704. Donny Smith 2:10:29  
12681. Mark Eads 2:13:15  
13360. Stella Rood 2:15:13  
13363. Michael Rood 2:15:13  
13697. Fred Chew 2:16:16  
13725. Laura Cook 2:16:22  
14113. Jennifer Mayfield  
2:17:33  
14188. Peter Bauson 2:17:46  
14190. Bill Bauson 2:17:46  
14434. Walter Brown 2:18:35  
14473. Lisa Jones 2:18:40  
14803. Cassie Bauson 2:19:42  
14837. Kim Lee 2:19:47  
14879. John Norris 2:19:55  
15064. Phil Leininger 2:20:29  
15349. Doug Mankell 2:21:29  
15816. Crystal Cherry 2:23:07  
15820. Steve Kildine 2:23:09  
16130. David Reinagle 2:24:19  
16146. Justine Eads 2:24:21  
16522. Brianne Boles 2:25:39  
16528. Joyce Pennycoff 2:25:39  
16888. Jessica Irvin 2:26:52  
16930. Mary Miller 2:27:02  
17110. Dave White 2:27:43  
17597. Sarah Lee 2:29:45  
17662. Stephen Batey 2:30:01  
18829. Rhenda Acton 2:35:17  
18986. Tara Steele 2:36:13  
19419. Ashley Taflinger 2:38:31  
19762. Robin Michael 2:40:21  
19977. Brian Allen 2:41:36  
20153. Jeanette Merritt 2:42:39  
20192. Steve Inman 2:42:54  
20295. Jerry Lambert 2:43:32  
20360. Victoria Christenson  
2:43:52  
21225. Vicki Boles 2:48:45  
22020. Anne Wiles 2:54:03  
22022. John Wiles 2:54:04  
22133. Emily Christenson  
2:54:41  
22239. Shawn Mayfield 2:55:24  
22255. Judy Smith 2:55:25  
22256. Rocky Smith 2:55:26  
22469. Becky Christenson  
2:56:43  
22626. Rick Spencer 2:57:43  
23093. Sylvia Burgin 3:00:51

23595. Raye Jean Swinehart  
3:03:57  
23677. Melvin Hobbs III 3:04:41  
24518. Kathleen Leach 3:10:45  
25007. Jim Burrous 3:14:02  
25035. Jessica Austin 3:14:15  
25203. Charles Johnson 3:15:30  
25235. Susan Gerhart 3:15:45  
25341. Ken Swinehart 3:16:32  
25344. Andrew Swinehart  
3:16:33  
25521. Trudy Pierce 3:17:52  
26146. Pamela Batey 3:22:32  
26148. Sally McAndrews  
3:22:34  
26149. Keith McAndrews  
3:22:34  
27503. Tim Taflinger 3:33:01  
28216. Pat Robertson 3:39:27  
29003. Carol Savage 3:46:39  
29004. Bruce Savage 3:46:39  
123 Club Kokomo Finishers  
30063 Finishers  
  
Norris Insurance Jackson  
Morrow  
May 17, 2008  
Kokomo, IN  
  
4-Mile Run  
1. B.J. Needler 21:57  
3. Bryon Bunderent 25:02  
4. Jeff Kuczera 25:14  
5. Chris James 25:29  
6. Matt York 25:32  
7. Joe Rangel 25:36  
10. Brian Moore 27:10  
12. Ron Moore 27:26  
13. Al Hochgesang 27:43  
14. Michael Graham 28:27  
18. Katie Hollingsworth  
28:56 1st Female  
19. Jeff Cardwell 29:18  
20. Eric Mathew 29:47  
21. Phil Rozzi 30:00  
22. Heidi Freeman 30:22  
23. Mark Shorter 30:27  
25. Bill Barnett 30:36  
26. Charlie Skoog 31:08  
27. Waylon Coulter 31:21  
28. Mike Deardorff 31:27  
31. Roxane Burrous 31:42  
32. Charley Eltringham 31:43  
34. Ricke Stucker 32:08  
35. Jillian Weaver 32:12  
36. Rebekah Kinney 32:23  
37. Kathy Bagwell 32:24  
38. Maya Brooks 32:35  
39. Jason Rush 32:42  
41. Kim Lee 33:05

42. Steve Wand 33:07  
43. Monica Brooks 33:46  
44. Derick Brooks 33:47  
45. Tom Miklik 33:52  
46. Michelle Clendenning  
34:02  
47. Darcie York 34:21  
48. Ken Swinehart 34:26  
50. Shelly Wyman 34:46  
51. Greg Townsend 34:49  
52. Stan Shuey 34:58  
53. Barb Millsbaugh 35:17  
54. Lisa Jones 35:18  
55. Kathy Murdoch 35:18  
56. Tami Moore 35:38  
57. Scott Riggle 35:58  
58. Laura Cook 36:11  
59. Sarah Lee 37:14  
60. Vicki Boles 37:20  
62. Joyce Pennycoff 38:03  
63. Doug Mankell 38:41  
66. Bill Heck 39:56  
67. Brian Allen 40:07  
68. Ernie Hurst 40:12  
69. Robin Cole 41:09  
70. Laura Rosenstengal  
41:28  
71. Rocky Smith 43:28  
74. Adriane Freeman 45:50  
76. Judy Smith 46:43  
78. Robert Cupp 48:45  
79. Sylvia Burgin 49:44  
79 Finishers  
  
5K Walk  
1. Jerry Lambert 32:49  
2. Mary Miller 32:49 1st  
Female  
3. Amanda Pena 35:09  
4. Steve Inman 35:35  
5. Robin Michael 36:13  
6. Tim Taflinger 36:34  
7. Anna Dollens 36:38  
8. Dave Mygrant 37:59  
9. Jane Inman 39:06  
10. Raye Jean Swinehart  
39:07  
11. Jayne Hiatt 39:45  
13. Darrell Pennycoff 41:06  
14. Jim Burrous 42:48  
15. Debbie Riffe 43:04  
17. Monica Mathew 45:36  
18. Milt Brown 46:34  
19. Pat Robertson 46:39  
20. Tim Revils 47:22  
21. Diana Brown 47:38  
22. Emily Allen 47:55  
23. Jackie Sanders 49:02  
23 Finishers

14th Annual Composer  
Classic  
May 24, 2008  
Kokomo, IN  
  
5k Run  
1. Erik Pattison 17:01  
3. Byron Bunderent 18:04  
4. Heather Weber 18:22 1st  
woman  
5. Will Irvin 18:27  
6. Matt Yarusz 18:33  
7. Joe Rangel 18:47  
8. Matt York 18:52  
9. Brian Reinhardt 19:03  
10. Nick Lipari 19:26  
11. Brian Moore 20:11  
12. Ron Moore 20:11  
16. Katie Hollingsworth  
21:12  
18. Michael Graham 21:14  
19. Earl Strong 21:25  
23. Mark Shorter 22:32  
24. Jeff Cardwell 22:40  
26. Nicole Peel 22:53  
27. T.A. Weber 22:59  
28. Allison Irvin 23:02  
29. Scott Riggle 23:03  
30. Charley Eltringham 23:25  
31. Charlie Skoog 23:33  
34. Keith McAndrews 23:51  
35. Jillian Weaver 23:52  
36. Joshua Revils 23:58  
37. Paul Wyman 24:00  
38. Ken Swinehart 24:01  
39. Mike Deardorff 24:03  
40. Michelle Clendenning  
24:07  
41. Ricke Stucker 24:18  
42. Derick Brooks 24:38  
43. Kim Lee 24:39  
44. Jason Rush 24:44  
45. Ryan Bagwell 24:47  
46. Greg Townsend 24:56  
47. Cheryl Marner 25:15  
48. Bill Bauson 25:35  
49. Laura Bauson 25:38  
50. Monica Brooks 25:42  
51. Shelly Wyman 25:51  
53. Robin Tetrault 26:25  
55. Lisa Jones 26:36  
57. Barb Millsbaugh 26:39  
58. Kathy Murdoch 26:48  
60. Cassie Bauson 27:13  
61. Sara Lee 27:23  
62. Vicki Boles 27:28  
63. Theresa Barlow 27:34  
67. Joyce Pennycoff 28:06  
70. Ernie Hurst 28:34  
71. Rhenda Acton 28:35



## Race Results (continued)

76. Laura Rosenstengel 29:20	89. Svlvia Burgin 37:39 89 Finishers	3. Rick Spencer 33:47	10. Raye Jean Swinehart 40:06	21. Adriene Riggie 46:39
77. Brian Allen 29:22		4. Steve Inman 34:52	11. 12. Jayne Hiatt 40:21	23. Diana Brown 46:50
81. Robin Cole 30:39	5K Walk	5. Amanda Pena 35:44	13. Milt Brown 42:29	24. Pat Robertson 46:56
82. Rocky Smith 31:42	1. Jerry Lambert 33:24	6. Anna Dollens 36:11	15. Debbie Riffe 44:12	25. Tim Revils 48:37
87. Bob Cupp 34:46	2. Mary Miller 33:24 1st woman	7. Robin Michael 37:52	16. Emily Allen 44:58	30 Finishers
88. Judy Smith 35:30		8. Tim Taflinger 39:50	17. Kathy Allen 45L01	



*Mike Graham and Jeff Bennington at the Composer Classic.*

## New Members

**Donny Betzner**  
**Jessyka Betzner**  
**Matt Bolinger**  
**Stephanie Bolinger**  
**Alexander Bolinger**  
**Michelle Boyd**  
**Ernie Hurst**  
**Clinton Maclin**  
**Barb Millspaugh**  
**John Mulac**  
**Ryan Pownall**  
**Julie Pownall**  
**Noah Pownall**  
**Christian Pownall**  
**Anna Pownall**  
**Terry Townsend**

**Welcome to Club Kokomo!**

## Birthday List

6/1 Kelly Swinehart  
 6/2 Melvin W. Hobbs III  
 6/2 Jamie Jackson  
 6/4 Kylie White  
 6/4 Christine Williamson  
 6/7 Ray Tetrault  
 6/8 Dona Smith  
 6/8 Dave White  
 6/9 Keagan James  
 6/10 Kim Anderson  
 6/10 Katie Hollinsworth  
 6/10 Ken Swinehart  
 6/11 Indy Mathew  
 6/11 Lee Ann Smith  
 6/13 Diane Gifford  
 6/14 Jessica Irvin  
 6/15 Brandon Cherry  
 6/15 Vernon Graves  
 6/18 Lillian Elliott  
 6/18 Bruce Savage  
 6/19 Dick Summerton  
 6/21 Erika James  
 6/21 Nich Lipari  
 6/21 Brett A. Sanders  
 6/22 Carol Savage  
 6/23 Gina Sheets  
 6/24 Zoe Irvin  
 6/24 Joe Rangel  
 6/26 Raye Jean Swinehart  
 6/27 Marie Nichols  
 6/27 Mark Shorter  
 6/27 Elissa Stranahan  
 6/28 Debbie Riffe

Long sleeve Brooks Club Kokomo shirt in navy size medium - \$15.00. Call Roxane Burrous at 574-626-2052. This is a \$20 shirt folks so is a very good deal.

## Meeting Minutes

Members present: Allison, Zoe, Griffin, and Will Irvin, Charlie Skoog, and Mark Shorter.

1. Brief financial report by Treasurer Mark Shorter.
2. Club decided to allow Charlie to use leftover refreshments from Mini for the Trail Day on May 10.
3. Haynes news
  - a. Culligan and Soupley's will need to be contacted.
  - b. Howard Co. emergency Management will need to be contacted.
  - c. Charlie will print the Haynes application form.

Meeting adjourned.

Next meeting scheduled for June 2, 2008 at Grace Fellowship Church at 6:30 P.M.





## Points Standings

**Races included are JN Amboy, Old Ben, Ultimate Challenge, Race for the Cure, JN Jackson Morrow, Composer Classic, and any one marathon, half-marathon or volunteer. 10 points are awarded for both the Race for the Cure and the Relay for Life.**

Runners	Shelly Wyman 2-32	Brayden York 1-10	Jack Lotzgeselle 1-20H	65-69
	Nicole Peel 2-30		Shawn Mayfield 1-20H	Stan Shuey 5-85
Women	Gina Sheets 2-30M	13-19		John Norris 2-35H
	Barb Millspaugh 2-24	Nich Lipari 2-40	45-49	Dale Sullivan 1-20
0-12	Jennifer Mayfield 1-20H	Peter Bauson 2-35H	Brian Moore 7-110H	
Aubry Jackson 2-30V	Stella Rood 1-20H	Jesse Bauson 1-20H	Byron Bundrent 5-90H	70+
Victoria Christenson 1-20H	Adriane Freeman 1-10	Carl Christenson 1-20H	Al Hochgesang 4-72H	Robert Cupp 3-55
Hannah Moore 1-10	Lauren Weber 1-10	Kaleb Hollingsworth 1-20H	Ken Swinehart 6-71H	Bill Heck 2-40V
Lillian York 1-10	Natalie Weber 1-10	James Longwith 1-20	Kim Lee 5-58H	Charles Johnson 1-20H
	Kelsey Weber 1-10	Andrew Swinehart 1-20H	Phil Rozzi 4-49H	
13-19			Jeff Cardwell 3-42H	Walkers
Katie Hollingsworth 4-80H	40-44	20-24	Eric Mathew 3-31	
Maya Brooks 2-27	Tami Moore 6-105H	Charley Eltringham 3-55	Bill Bauson 2-28H	Women
Vanessa Lorenz 2-22	Patti Reinhardt 5-85MH	Zach Miller 1-20	Henry Yu 2-28H	
Emily Christenson 1-20H	Laura Rosenstengel 3-47		Matt Bolinger 1-20H	49-
Heidi Freeman 1-15	Laura Cook 3-45H	25-29	Ernie Hurst 2-12	Mary Miller 6-110H
Nicole Jackson 1-10	Michelle Larson 2-40H	Jason Rush 5-90H	Kismet Morrison 1-10	Amanda Pena 6-84V
Kayla Reinagle 1-10	Kim Anderson 2-32H	Joseph Hubbs 2-40H	Greg Sumpter 1-9	Raye Jean Swinehart 6-76H
	Joni McCracken 1-20H	Cory Jackson 3-40		Jayne Hiatt 6-67
20-24		Mark Eads 2-32H	50-54	Debbie Riffe 6-64V
Sarah Lee 5-95H	45-49	Matt Yarosz 1-20	Earl Strong 5-100MH	Jane Inman 4-54
Laura Bauson 2-40M	Cassie Bauson 4-75MH		Keith McAndrews 5-85H	Becky Christenson 1-20H
Grace Bauson 1-20	Roxane Burrous 2-40H	30-34	Greg Townsend 6-85H	Carol Savage 1-20H
Megan Tetrault 1-20H	Cheryl Marner 2-40	Matt York 7-110H	Mike Deardorff 6-84H	Emily Allen 2-14
Amber Longwith 1-15	Carla Yerkes 1-20H	William Irvin 5-100H	Ray Tetrault 5-71MH	Adriene Riggle 1-6
Holly Hurlburt 1-10		Ryan Bagwell 5-66H	Jerry Meiring 4-56H	
	50-54	Carey Stranahan 2-32H	Stephen Batey 1-20H	50+
25-29	Robin Tetrault 6-120MH	Ryan Pownall 1-20H	Michael Campbell 1-20H	Anna Dollens 6-110
Michelle Clendenning 7-102H	Vicki Boles 6-100H		Mark Rodgers 1-20H	Diana Brown 5-66V
Jillian Weaver 5-82H	Theresa Barlow 2-24	35-39	Russ Hovermale 1-9	Pat Robertson 5-65H
Allison Irvin 4-80H	Linda Donovan 1-10	Scott Colford 5-100MH		Cynthia Sanders 3-39V
Kathleen Bagwell 5-64H	Lorene Sandifur 1-10	T.A. Weber 4-65H	55-59	Trudy Pierce 2-35H
Rebekah Kinney 3-47H		Jeff Kuczera 3-52H	Joe Rangel 7-130H	Pamela Batey 1-20H
Jamie Jackson 2-30V	55-59	Christopher James 3-50H	Mark Shorter 7-105H	Kathy Allen 1-15
Justine Eads 2-29H	Joyce Pennycoff 6-110H	Aurelien Mozipo 2-35H	Charlie Skoog 7-98H	Helen Brown 1-10
Brianne Boles 1-20H	Judy Smith 6-82HV	Derick Brooks 3-32	Tom Miklik 5-60H	
Crystal Cherry 1-20H	Rhenda Acton 5-80HV	Paul Wyman 2-32	Steve Wand 5-59H	Men
Tara Steele 1-20H	Robin Cole 5-69V	Michael Rood 2-30H	Rocky Smith 5-53H	
Ashley Taflinger 1-20H	Anne Wiles 2-30H	Donny Smith 2-29H	John Wiles 4-50H	49_
Michelle Tetrault 1-20H	Kathie Barnett 1-10	David Reinagle 2-27H	Phil Leininger 3-37H	Steve Inman 5-100H
		Scott Riggle 2-25	Fred Chew 3-36H	Tim Revils 5-85V
30-34	60-64	Keith Hill 1-20H	Mike Anderson 2-35H	Bruce Savage 1-20H
Monica Brooks 5-100H	Sylvia Burgin 7-120H	Mitch Reeves 1-20H	Dave White 2-30H	
Darcie York 6-92H	Kathy Murdoch 2-40	Travis Sheets 1-20H	Don Gifford 1-20H	50+
Jessica Irvin 3-42H	Susan Gerhart 2-35H	Dennis Ball 1-12	Steve Kilcline 1-20H	Jerry Lambert 7-130HV
Jeanette Merritt 2-30H	Shirley Wilson 1-10	Vernon Graves 1-8	Chris Smith 1-7	Tim Taflinger 7-94H
Jessica Austin 1-20H		Shawn Fain 1-6		Rick Spencer 4-65H
Karen Bush 1-20H	65-69		60-64	Robin Michael 4-59H
Kelly Wright 1-20H	Kathleen Leach 1-20H	40-44	Ricke Stucker 7-125H	Jackie Sanders 5-54V
Amy Piazza 1-15	Men	Brian Reinhardt 5-100MH	Bill Barnett 4-70H	Melvin Hobbs III 2-29H
Jessica Irvin 1-10		Michael Graham 7-94H	David Hughes 4-60H	Jim Burrous 2-28H
Geana Moore 1-10	0-12	Ron Moore 6-92H	Doug Mankell 4-59H	Milt Brown 3-26
	Waylon Coulter 3-60	Dan Lutes 3-55MH	Walter Brown 2-30H	David Mygrant 1-10
35-39	Joshua Revils 3-55V	Brian Allen 3-42H	Barry Donovan 1-10	Darrell Pennycoff 1-9
Heather Weber 5-90H	Corey Moore 1-10	Dana Neer 2-40H		
Lisa Jones 5-72H	Kobi Moore 1-10	Don Rogers 2-29H		
		Paul Cardwell 1-20H		



## 2008 Race Calendar

June 7  
Trojan Trot 5KRun/ Walk  
Time: 8 AM  
Location: Sharpsville, IN

June 14  
Norris Insurance 5 Mile Run/ 5K Walk  
Time: 8 AM  
Location: Greentown, IN

June 20-21  
Relay for Life  
Location: Kokomo High School  
10 points for each finisher

June 28  
Race for Grace 5K Run  
Time: 8 AM  
Location: Logansport, IN

July 5  
Haynes-Apperson 4 Mile Run/3 Mile Walk  
Time: 8 AM  
Location: Memorial Gym, Kokomo, IN

July 12  
Iron Horse 4 Mile Run/ 3 Mile Walk  
Time: 8 AM  
Location: Logansport, IN

July 19  
Panther Prowl 4 Mile Run/5k Walk  
Time: 8 AM  
Location: Western H.S.,  
Russiaville, IN

August 2  
Norris Insurance 5K Run/ Walk  
Time: 8 AM  
Location: Converse, IN

August 9  
CKRR Age-Graded 4 Mile Run & 5K Walk  
Time: 8 AM  
Location: Highland Park

August 23  
CAM Run for Shelter 5k Run/Walk  
Time: TBD  
Location: Oakbrook Valley

September 6  
Kim Adair 5k Run/Walk  
Time: 8 AM  
Location: Sharpsville, IN

September 20 (Tentative)  
Cole Porter 15K Run/ 5K Run/Walk  
Time: 8:30 AM  
Location: Peru, IN

September 27  
9th BeeBumble 5k-10k Run/5k Walk  
Time: 8 AM  
Location: Burnettsville, IN

October 26  
Club Kokomo 5 Mile Run/3 Mile Walk  
Time: 2 PM  
Location: Nickel Plate Trail, Peru, IN

November 8  
CKRR 4 Mile Run/ 5K Walk  
Time: 9 AM  
Location: McKinley School

November 27  
CKRR Thanksgiving Day Fun Run  
Time: 8 AM  
Location: Highland Park  
(Non Points)

December 7  
CKRR Charity 5k Run/Walk  
Time: 2 PM  
Location: UAW 685

December 31  
CKRR New Years Eve 5k Run/Walk  
Time: 2 PM  
Location: UAW 685

## Other Race Results

Geist Half-Marathon  
May 17, 2008  
Geist Reservoir  
1. Chris Swisher  
1w. Lisa Verona 1:28:39  
731. Joseph Hubbs 2:00:33  
774. Keith McAndrews 2:01:32  
1011. Karen Bush 2:10:07  
1867. Melvin Hobbs III 3:06:20  
2077 Finishers

Fargo Marathon  
May 17, 2008  
Fargo, ND  
1. Eric Sondag 2:30:34  
1w. Andrea McGehee 3:08:41  
117. Brian Reinhardt 3:29:32  
118. Dan Lutes 3:29:32  
403. Earl Strong 3:58:14  
991. Patti Reinhardt 4:44:03  
1210. Laura Bauson 5:13:56  
1294. Ray Tetrault 5:30:15  
1318. Cassie Bauson 5:36:17  
1440 Finishers

Fargo Half-Marathon  
May 17, 2008  
Fargo, ND  
1. Sammy Malakwen 1:04:40  
1w. Gabriela Trana 1:20:04  
2221. Robin Tetrault 2:16:36  
3690 Finishers

## Other Races

Outrun the Sun 5 Mile Run/5k Walk  
June 7, 2008  
7:00 PM  
Downtown Indianapolis  
Tuxedo Brothers  
317.733.3300

Run "The Rock" 5k  
June 14, 2008  
6:00 PM  
Rock Hollow Golf Club  
Peru, IN  
Mike Applegate  
mapplegate@peru.k12.in.us

Courthouse Classic 5k  
June 21, 2008  
8:00 AM  
LaGrange, IN  
Connie Richards  
260.463.4962 ex 101

Fishers Freedom Festival 5k  
June 28, 2008  
8:00 AM  
Roy Holland Park  
Fishers, IN  
Thomas Grembowicz  
TNGrembo@aol.com



**Folks, it's about that time. Have you contacted Captain Coyote and Mrs. Coyote to let them know that you'll volunteer for this awesome program. If not, you can reach them at 765.854.1393 or via email at rayrobin@email.com.**





## Photos from Recent Races



*Clockwise from upper left: Post-race Mini grub at "The Claddagh", Matt Bolinger with Dana and Waverly Neer, The Lutes family, Trojan Trot Race Director Lisa Jones, Nicole Peel, Paul Wyman and Josh Revils, and Anna Dollens and Joe Rangel.*