

June 2007

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Next Races:

- June 2**
Trojan Trot
8:00 AM
Sharpsville, IN
- June 9**
John Norris Greentown
8:00 AM
Greentown, IN
- June 15-17**
Relay for Life
3:00 PM—3:00 PM
Kokomo HS Track
- June 23**
Race for Grace
8:00 AM
Logansport, IN

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FIRST'S, Female Inspired Road Running Support and Training System

By Rebekah Kinney



The time has finally arrived for the first annual women's running program, FIRST'S, to begin. This is a great opportunity for the women of the community and club to unite together in an effort to help one another achieve their running goals by accessing the necessary resources and networking system. There are pre-registration

forms available on the club's website but Shannon and I will also be registering women at the first meeting as well. So if you are unsure and want a little preview of our program please join us at our first official meeting which will held at the Highland Park "Big Ben" Pavilion on Wednesday, June 13th at 5 PM. The program will run for 13 weeks but weekly organized runs will extend into the New Year. The program's cost is a one time fee of \$35 which includes a trendy tee-shirt and individualized goal specific running strategies. Shannon and I have huge plans for our ladies and the future of the program and are hoping for a good turnout on Wednesday. This is not

your grandmother's running group...we have planned some fun and exciting running courses through out Kokomo and weekly challenges that will incorporate resistant training and terrain drills. This program is designed to fit all aspects of a woman's needs and wants. It is time to step up ladies and make the lifestyle changes you have been debating about for the last few years. Shannon and I welcome anyone interested to join us on the 13th. For further information about the program please contact Shannon Reinagle at (765) 473-9149, reinaagle@yahoo.com or Rebekah Kinney at (765)461-7408, rakinney@insightbb.com.

Club Takes on the Mini in Numbers

By Brian Reinhardt

Once again this year our club fielded over 100 runners and walkers for the 31st running of the Indianapolis 500 Mini-marathon. It never ceases to amaze me at how many of our own make the trip to Indy to line up for what has become one of the premier endurance events in the United States and certainly the biggest in Indiana.

I don't know about any of the other 104 of you that ran it, but I found the humidity very tough this year. It was certainly cool enough, but with the humidity at about 90% to start the race it seemed like we were running under water! Even so, it was fun to be out there and I found myself in constant amaze-

ment that God gave so many the ability to run, walk, stumble, crawl, or simply survive 13.1 miles. Great stuff!

On top of that we had some strong performances this year as well. Scott Colford managed to place 46th overall in a field of over 29,000 finishers with a 1:16:36 and Dana Neer was our first masters shortly after Scott with a 1:18:27 – very impressive for both! Another new club member running his first half-marathon, Matt York, finished in the top 500 with a 1:29:12. That's quite an accomplishment for a first timer!

I could write all day listing all of the impressive performances in tough conditions, but

I'm sure I'd bore you quickly. You can see complete club results on pages 12-13 of this newsletter and can read all of the good articles this month.



Matt York in the finishing stretch.

From the President

By William Irvin



Indy MINI 2007-

A big thank you goes out to Charlie Skoog for putting up, stocking up, and tearing down the Club Tent at the MINI marathon in Indianapolis this year. I would also again like to thank TA Weber at Weber speakers for sponsoring this year's tent. We had a record crowd of members and non-members from all around, mostly from Kokomo, to join us at the tent. It was awesome to have such a great turn out from friends and family and other people in the area and have them lounge around after 13.1. This will hopefully show how much fun and supportive Club Kokomo is which in turn we hope to drive our membership higher!

The MINI this year was excellent weather wise once again. Maybe a bit on the humid side, but the sun stayed back behind the clouds and the temps were perfect. Be sure to register early this year as it seems as if the sell out date gets quicker and quicker.

Dances With Dirt (DWD), Brown County Gnaw Bone, IN-

When Allison asked me what it was that I wanted for my birthday, I don't think that she was prepared for what I told her that I really wanted. I told her that I wanted to spend the day in Brown County and enter the Dances With Dirt 100K relay. Of course she was not really surprised with that request. So on May 12th, as I was fortunate to turn

34, I participated in one of the toughest running races that I have yet to enter. As tough as the hills and the trails were, you really had to take in the beauty of Brown County State Park and what God has created for us all to enjoy. The beauty that was all around you took your mind off of the pain, for the most part.

A few months ago, some guys from where I work sent me an email and asked if I would want to join in on their DWD relay team. Of course I accepted their proposal and we began to put together our survival gear list. After reading through DWD website and their recommended survival gear list I was pretty much intimidated and thought, "Should I be doing this race?!"

The race started at 7:30 AM and with a 2-2 1/2 hour drive to Brown County, Allison and I decided to join the other team members and drive down the night before and go camping-in a tent. Having spent most of our childhood weekends camping, Allison and I were up for the one nighter in a tent. However, I should have taken into consideration that I was getting ready to turn 34 the next day and sleeping on the ground was easier as a child. Needless to say we should have packed a dozen more sleeping bags for softer bedding.

One of the team members, Matt Yarosz, who has frequented the Wednesday night runs in the past few years, decided that he was going to sleep under the stars to really appreciate nature. He lay his bedding down by the small campfire that we had going, which was about 10 feet from the woods and settled in for the night. As I exited my tent the next morning I peered out and noticed that Matt was no where to be found. I had to stop and think if there were bears in Southern Indiana or not when suddenly Matt popped up from the other side of the vehicles. Apparently during the night, Matt described what he thought to be a decent sized animal getting closer than what he wanted to in the nearby woods. After he had heard the animal getting closer and closer Matt thought that it would be wise to get closer to the tents and the main road and away from the woods.

After we cleaned up camp for our one night stay, we made it to the starting line where there must have been 40-50 vehicles with their relay teams hanging out beside them. Some of the team vehicles were decked out in costumes just as their team was. There was a team in orange jump suits (jail apparel) and there was a team where some of the members had diapers on. I have to say that if there was a place where eccentric runners gathered for a good time, this was the place to be.

The idea of the race was each team had 5 members. The race consisted of 15 legs all of different lengths. Each team member had to run 3 of the 15 legs. The legs were all very different in length anywhere from 1.55 miles to 6.75 miles, all on trail, up a ski slope (yes-UP a ski slope), and a couple legs just darted into the woods with tree markings that you had to follow. The race website had some discussion of removing or moving of trail markers as if to encourage for 'the fun' of the DWD experience.

As the day drew on, more and more trail markers were not where they should have been. I began to prepare for the 14th leg of our relay, a 6.19 mile hilly trail, in which I was hoping that all the trail markers were still intact. What should have taken me around an hour to run a 10k, close to a 10 minute mile-yes it was that hilly-actually took me 2 hours. I had been lost running through 16,000 acres of the Brown County State Park at roughly 4-5 o'clock with dusk coming soon and I was in fear of being lost all night. Tired and hungry and thinking that I did not take this much time to run the MINI this year that was twice the distance that I was supposed to run, out of the corner of my eye I spotted a runner on another trail adjacent to mine that put me back on track.

When the race was over and my legs began to tighten up and muscle cramps began to set in, I looked back on the day and thought "WOW!" that was a lot of fun. How much more beautiful could it have been!? As the team awards were being given out and my team and I were hosing the days dirt off of our legs, we all looked at each other and said that as soon as we can sign up (continued on page 3)

On the Trails

By Charlie Skoog



CK Weekly Fun Mile Adds Noon Version - I am happy to report that the growing turnouts for the Wednesday Fun Mile have begun to exceed even my own overly optimistic expectations. The Free Fun Mile is for both runners and walkers and is held every Wednesday on the bike path at Highland Park. Starting May 30th we added a Noon version to accommodate 2nd shift workers and others who can not make the 6:00 PM race. Registration for each event takes place at the Concession Stand shelter 15 minutes before the noon and 6 PM starting times. Each runner and walker is given a place and time and the results are published in the Kokomo Tribune weekly. Winner of the first Fun Mile on

April 11 was Mike Williams in 5:41. The May 23 Fun Mile saw a record turnout with 31 official finishers. The current course records for the run are 5:34 by Matt York and 6:39 by collegiate hoops star, Lisa Thompson. The walk records are 10:35 by Jerry Lambert and 10:39 by Mary Miller. Participants have included a number of new club members and many are motivated to improve not only their fitness but speed as well. For many pounds are dropping along with the times! Another plus is the families that are participating together including spouses, kids, grandkids, and grandparents. It truly is a fun mile!

Trails, Build Them and the People Will Come - Many of you have visited the Monon, Cardinal Greenway, Indy Greenways System, or the nearby Nickel Plate Trail. In Kokomo we have the 1.1 mile loop at Jackson Morrow, which despite the lack of shade, is often teeming with walkers and runners. Imagine what our community would be like if we had a system of trails and bikeways to safely navigate for both recreation and practical purposes. Imagine if you could walk, run, or bike to the park, library, or store without having to pack all the kids in the car or van. Many in the Breakaway Bicycle Club are tired of waiting on the right official(s) to act on this and are taking actions to insist that community leaders "get with it." We have already started a letter writing

and email campaign to elected officials and policy makers. We are in the process of creating a petition in support of a local trails and greenways plan as a significant quality of life issue. I know a number of you share our passion and desire for a more user friendly community. Please join us in our campaign by writing letters and making phone calls in support of this agenda. Below is a letter from fellow cyclist Cindy Bernard that appeared in the May 30th Kokomo Tribune. There will be many more. Please feel free to jump on the bandwagon!

Kokomo and Howard County need to become more progressive in promoting cycling in our community. Growing cities and counties not only in Indiana, but throughout United States are all active in promoting bicycling, but locally we seem to be behind the times. Our city and county officials need to realize a community promoting healthy lifestyles can only benefit the citizens and bring an interest for those now commuting to work in Kokomo to consider living here ~ a win-win situation for everyone.

Fort Collins, Colorado is a very bike friendly city about the same size as Kokomo and has consistently been listed as one of the top places to live in the United States. In checking this website <http://www.ci.fort-collins.co.us/parks/trails.php> you will be able to see the many trails available (continued on page 11)

From the President (continued)

we were all game for next year.

If there is anyone of you that are looking for a challenge, enjoy a team atmosphere, enjoy the beauty of the outdoors, and have the ability to live off the land for a short period of time while they send out search parties, then this race is for you!

Allison is looking for 4 others to join a team, but that does not stop anyone else from joining a team of their own. I encourage anyone who likes trail runs to do this race!

There was also a 50K and a 50 miler for those of you interested.

Coyote Kids-

The first week of Coyote Kids is the week of June 7th. Ray has expressed his concerns in the past few weeks of not having enough volunteers contact him before the day it all starts. If you are planning on being at Coyote Kids and would not mind helping out PLEASE CONTACT RAY!! His email is rayraobin@email.com. Even if you do not plan on coming, but live in the area please come and help out, we need as many as possible to help out with this event! Ray talked to me the other morning and said that we have

more pre-registered than the total amount of kids we had last year receive trophies!

Haynes Appearance-

The Haynes Appearance 4 miler is at the end of this month, please if you know that you are running the Haynes race pre-register! Also, if you would like to volunteer let Bill Barnett or myself know so that we can have Bill's committee lists updated with those who plan on volunteering.

On the Roads

By Johnnie 'O


CK scholarship winners share important lessons of life, running

Club Kokomo Roadrunners Mike Cowan Memorial Scholarship Committee members Lorene Sandifur and

John Wiles are proud to announce that the 2007 scholarship recipients are Laura and Sarah Bauson, Cameron Cunningham, Sarah Lee, Amber Longwith, Vanessa Lorenz, and Megan Tetrault.

We are even more proud to share some of the 'lessons' the recipients learned during the past year.

Cameron Cunningham, son of Greg and Renee Cunningham and June graduate of Kokomo High School, plans to attend Anderson University to study criminal justice and play baseball.

While at KHS, Cameron ran cross country for four years. In Cameron's junior season, the team won the North Central Conference and Cameron was Top 10 All-Conference. In his senior year, the team won the sectional and advanced to semi-state for the second year in a row.

"I started running cross country my freshman year for Coach (Ricke) Stucker," Cameron wrote on his scholarship application. "I was hooked after my first year of running."

Running cross country and Club Kokomo races have made Cameron stronger mentally and physically, which he believes will help him throughout life.

"Running for Coach (Stucker) was a joy," Cameron wrote. "My father ran for him in his high school years. Coach always wanted the best for us and worked us hard numerous times. He always wanted us to do better and see us succeed."

Vanessa Lorenz, the daughter of Toney and Angela Lorenz and a June Western High School graduate, plans to attend Indiana University Kokomo, study psychology, and run with Club Kokomo.

Vanessa cannot remember her life without running. However, when she started running in the sixth grade, she believes she did it for the wrong reasons.

"I always wanted to do exactly what my brother (Vincente) did, which was cross country, basketball, and track," Vanessa wrote. "So I did. Also, I ran because my best

friend, Anna, ran, and I didn't want to do anything alone. I wasn't running because I enjoyed it. I was running because I didn't know what else to do with my life. Now that I have become older and hopefully wiser, I have seen myself grow and now I truly believe that I honestly run for the right reasons."

Vanessa has grown mentally, physically, and spiritually. She is proud of the person she has become.

"My heart feels for others. I want them to succeed, and I want to help them grow into the good people that they are meant to be."

Amber Longwith, the daughter of Bob and Cathy Longwith, is a Kokomo High School graduate. She will be a junior next fall at University of Indianapolis, where she is working on a degree in communication. She has a 3.6 grade point average on a 4-point scale. Her goal is to work for a professional sports organization.

While in high school, Amber ran for Coach Stucker. She still makes time for running, because it is an important part of her life. When she can, she participates in Club Kokomo races, because the races provide her the opportunity to compete and see many friends she has made through running.

"Running is an activity that I really enjoy. I may not be the fastest runner that there is, but I have fun doing it (most of the time). I am glad that I run because I think it is a great stress reliever for me. I always have a lot of stress from school. Also, running is keeping me healthy. I am grateful that I have met many amazing people that I would not have met if it weren't for running."

Sarah Lee, the daughter of Kim and Carrie Lee, is studying nursing at Indiana University Kokomo. She has a 3.6 grade point average on a 4-point scale. She will be a sophomore this fall.

Sarah ran cross country in high school, and "even though I don't run at the college level, I still participate in Club Kokomo and other local races." Sarah was a points award age qualifier, and volunteers with her church youth group at the Kokomo Rescue Mission.

Laura and Sarah Bauson are the daughters of Bill and Cassie Bauson...

Laura will be a junior at Michigan State University in the fall. She had a 3.77 grade point average on a 4-point scale after the first semester of the past school year. She is an animal science/pre-vet student.

Last October was a high point for Laura as she finished her first marathon – The Detroit Free Press/Flagstar Bank International Marathon.

"After watching my mom run the South

Dakota marathon with Club Kokomo and after hearing about others who had completed marathons, I was inspired and I decided that I would like to run a marathon before the age of 20," Laura wrote. "So my mom helped me to fulfill that dream."

Laura and Cassie began training together in Africa when the Bausom family visited "God's mission field" in Zambia. In the fall, Laura continued her training at Michigan State, where she loves to run, "because it's a great way to get out of the dorms and have some personal time; there's a fun trail to run on along the Red Cedar River that takes you past Potter Park Zoo and on Impression 5 Science Museum's Planet Walk; you'll see other people out enjoying the day and runners will smile as they pass by."

When marathon weekend arrived, Laura was anxious and "somewhat worried," but she looked forward to accomplishing "something big" and "enjoying quality time" with her mother.

"The course was beautiful and the marathon was all it could be. When at last, weary and tired, I managed to cross that finish line, I was absolutely thrilled. I knew then that despite the groans that the thought of running sometimes elicited, and despite the times when it seemed I had to force myself to get up and run, running truly is an ability from God that I am so thankful for. Without a doubt, I know I love to run!"

In the fall, **Sarah** will be a senior at Anderson University where she is studying piano and flute performance. She has a 3.927 grade point average on a 4-point scale, has been on the Dean's list every semester, and a member of Alphi Chi (top 10 percent of the class) and Pi Kappa Lambda (music) honor societies.

"I am actively involved in the community at Anderson as the pianist for the Anderson Church of the Brethren. I am also employed as an accompanist and tutor for theory and aural comprehension at Anderson University."

Sarah has been a member of Club Kokomo since she was in elementary school and has run many races with her family. She has been a points award qualifier the last four years and age division winner several times.

"I enjoy running in my spare time on trails and sometimes on the indoor track," she wrote.

Megan Tetrault, the daughter of Ray and Robin Tetrault, will be a junior in the fall at Indiana Wesleyan University where she carries a 3.0 on a 4-point scale.

Last fall, Megan changed her major from elementary education to social work. She plans

On the Roads (continued)

to work with school social work, foster care, or teen moms and adolescent girls. As a requirement for social work classes, she was a volunteer at the Boys and Girls Club of Grant County.

This fall, Megan will be a resident assistant in a new mentoring hall – Eastside. Her unit will have 18 freshmen girls. “I will be a resource, a friend, a sister in Christ, and a mentor to every girl in my unit and in Eastside Hall. I am excited to see the ways Christ will use me to build unity and relationships within the dorm and among the freshmen in my unit.”

A major accomplishment for Megan during her sophomore year was finishing the Hodson Half Marathon, which has been hosted the last nine years in the spring by Hodson, the all-male dormitory on campus. She ran the mini with her sister, Melissa, and Melissa’s husband, Jon. She had her second best mini-marathon performance, and her “legs felt great afterwards.”

“One of the more eye-opening events of the past school year was the tragic death of Jenise Gang (Kokomo High School student who died in a traffic accident). She and I had run track together my senior year of high school, and her smile always lit up the track. She was a talented, spirited, and genuine

young woman. We were never super close, but she would always give me a hug when she saw me. Her hugs were not the typical reach-out-hold-for-two-seconds-and-pull-away type. Her hugs were genuine; they reminded you that you were important in the world. They reminded you that you were genuinely loved and cared for. They reminded you how blessed you were to be alive.

“I wish I would have gotten to know her better, but Jenise’s death taught me a very valuable lesson – cherish every breath, everything that makes you happy, and even to cherish every bad day, every heartache, and every disappointment. One day Jesus will call you home – maybe earlier than expected or maybe later. But the day is coming when your earthly body will cease, and your entrance into Heaven will be glorified and rejoiced. When that day comes, I want to know that I cherished every moment and opportunity life served me.

“Indeed, Jenise’s death was tragic, but her life is one to be celebrated. Her life was one that you felt blessed to be a part of, even if it was only in one, small way.”

The lessons our young, scholarship recipients received this past year are lessons many of us have learned but perhaps have forgotten. We are thankful to them for the insightful reminders of what life and running are really about.

\$9,680 IN SCHOLARSHIPS

There have been 42 Club Kokomo Mike Cowan Memorial Scholarships worth \$9,680 given to 23 youth since the scholarship was established nine years ago.

Encouraging youth to run was one of Lorene Sandifur’s goals when she became president of Club Kokomo in 1998. CK sponsored the first Mike Cowan Youth Races that year. Three years ago, the one-day Cowan races were expanded into CK’s six-week Coyote Kids Program.

With \$2,000 raised by the late David Kasey from Kokomo businesses, CK established the Mike Cowan Memorial Scholarship in 1999. Receiving \$250 each that year were Seth Daugherty, Jill Pennycoff, and Elizabeth Shockey.

Other scholarship recipients over the years include Christian Bahler, Grace Bauson, Ben Bruce, Josh Daugherty, Melia Harrison, Ryan Hurlock, William Irvin, Tim McBee, Stephanie Miller, Zach Newman, Bryan Phillips, Matthew Robertson, and Melissa Tetrault.

Today, the scholarship is funded by 50-50 drawings at CK races, and CK’s Age-graded Race in August, which is directed by Club Treasurer Mark Shorter and past Club president Gary Jewell.

The amount of the scholarship depends on the money available and the number of recipients. Each 2007 scholarship recipient will received \$200.



Scholarship winners

First Row:

Cameron Cunningham
Vanessa Lorenz
Amber Longwith
Sarah Lee

Second Row:

Laura Bauson
Sarah Bauson
Megan Tetrault



Fargo Marathon

By Robin Tetrault

The North Dakota marathon was a wonderful marathon. The city of Fargo has embraced this race that runs through neighborhoods and brings out crowd support the entire length of the marathon. For a city that size, I have not seen anything like it in all of my 11 marathons! Thursday, May 17th after my daughter Melissa got out of work, Scott Colford, Amy Black, and myself headed north to the next marathon. I was first to drive this 12 plus hour trip. I got the leg to Chicago during rush hour.... Yes, Chicago is a big city and it takes over 2 hours to drive through it during rush hour. Why do they call it "rush hour"? NOBODY was rushing! It was bumper to bumper ALL the way through the city. The company was too fun to make us complain too much. We laughed and joked all the way through the traffic. A trip with Scott and Amy only means FUN! I'm not used to the IPass lane and cash lane and was trying to avoid getting stuck behind cars in the right lane....a sign about construction...the cash lane.. "what did that sign say?" Nobody else was paying attention. A fine sign...\$200 plus for something.. oh no! Cash lane...better get over...oops.. barricades..I guess I am going through the IPass WITHOUT an IPass! What was that FINE for?? "It wasn't my fault, officer, there was no warning..." Yes, Scott was very helpful coming up with ideas about what to do. NONE of them GOOD ideas. Finally we stopped and asked at a toll booth and they threw a paper at us and said, "Fill this out!" Wonderful! I am not getting sent BACK to Indiana. They aren't impounding my car! There was one problem... I had NO idea WHAT the toll was where I missed it! I had NO idea what lane I was in! I had NO idea WHERE the booth was! I filled it out as best I could and sent 2 bucks! Keep the change!

We stopped for the night at 11:00 or so and decided to hit the road as soon as we were all ready in the morning. We arrived in Fargo in the early afternoon to 90 degree temperatures. NICE! We went to the awesome Expo and packet pick up at the Fargo Dome. The next order of business was finding pasta! We decided to eat a late lunch/early dinner. We got directions to an Olive Garden. Directions?!?!.....in Fargo this became an adventure! All of the streets are numbered....in ALL directions....and the numbers repeat...AND Moorhead, Minn is NEXT to Fargo and also has numbered streets....the SAME numbers! We did find the restaurant pretty easily with great directions from a woman at the Expo. It was DELICIOUS! Now off to the hotel....we drove around a LOT before we realized all of the information I just gave you. Our hotel was in Moorhead, Mn on 30th st NOT 30th St



in Fargo. Little detail...We finally stopped and asked for help as our map was a hopeless, endless ride down "No Outlet" streets that didn't tell you that. Once settled in our room we relaxed for the evening and prepared for the next morning. We hit the hay pretty early. It was HOT out that night when the thunderstorms blew in! They were loud!

Marathon morning...cloudy??.. NO, overcast and storms predicted...40 degrees or so...and 25 mile an hour winds! YUK! Just like in Indiana! We were COLD! We waited in the dome as long as we could. The flag was hanging from cranes and was HUGE. It was blowing STRAIGHT OUT! NOT GOOD! The race had half marathon runners, marathon runners, relays for the marathon, and a 5K race after we started. Over 6000 runners. They also had over 2000 kids in a youth run. Scott was up front and in the paper and Missy and I were at the back of the pack. It was warmer back there! Missy and I ran together, as usual, and chattered and listened to our music. We totally enjoyed the cheering spectators! They were out there ALL day with blankets, coats, gloves, fire pits, music, food, snacks, and smiles for us! It was truly amazing! At the 6 mile mark or so we saw Scott heading toward us in 2nd place. He was at the 14 mile mark, though! And he was clearly ahead of 3rd place! We cheered and smiled, waved, and whistled. He saw us! How could he MISS us! Somewhere around halfway I wasn't feeling very strong but thankfully Missy was. She kept me going. She kept saying after 14 miles, "I feel great today!" I was SO glad, because I wasn't. With about 5 miles or so left I told her to go on ahead and finish strong! I knew I could make it. I was starting to feel better, but not as good as her. We knew Scott was done and showered and waiting for us with Amy, her camera in hand. The race finished in the dome and as you come around the parking lot a TV camera flashes your face on the huge screens in the dome. How cool is that? Scott's finish was a lot more amazing than ours, I am sure! He finished in fourth place with an awesome race! The leaders were way ahead early and it was apparent they were going to stay there. When we saw Scott at mile 14 he was actually in fourth place. The 1st two runners were so far out there that we didn't even see them in the couple of miles we shared with the 2nd half of the race. Scott's time was 2:39:31! He was AWESOME! They paid prize money for the first 3 places. You will have to take a trip with Scott and ask him how many times he missed prize money by 1 place! He has some GREAT stories! Melissa finished strong in 5:32:51. That's her best time in quite a while. I finished close behind (continued on page 7)

“Captain Coyote” Needs Some Volunteers

By Ray Tetrault

How did summer get here so fast? By the time you are reading this, there will be less than a week to Coyote Kids. We are still looking for people to help us with this program.

Stan “the man” Shuey will need another couple of people to help with the parking of cars. This is one of those MUST have responsibilities. Listed below is a list of the areas we need help with. Please take time to consider how you can be involved. Give me a call during the day at 454-5497 or evenings 854-1393.

The website for Coyote Kids is www.coyotekids.org The registration forms are available online. Tell as many kids as possible about this great running event. Pick up kids and bring them. Set up a carpool in your neighborhood. This is a tremendous opportunity for us to make a difference in a young persons life. And this makes a difference for our community!

Parking Lot

Stan Shuey

- 1.
- 2.

3.
4.
Registration:

Robin Tetrault

1. Sylvia Burgin
2. Vicki Boles
- 3.
- 4.
- 5.
- 6.

Finish Line:

Michelle Tetrault

1. Mike Deardorf
- 2.
- 3.

Refreshment Line

Grace Fellowship Church

Course Set-Up and Management

Matt Tetrault

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Staging Area Set-up

Ray Tetrault

Rebekah McKinney
Charlie Skoog

Starters

- 1.
- 2.
- 3.

Chief Statistician and Web

Mike Tetrault

Ray Tetrault

25-50 Yard Dash Team

Team Captains: T.A. and Heather

Weber

- 1.
- 2.

Quarter Mile Girls

Team Captains:

Quarter Mile Boys

Team Captains: Jeff Kuczera

Half Mile Girls

Team Captains:

Half Mile Boys

Team Captains:

One Mile Red Team

Team Captains:

One Mile Black Team

Team Captains:

Two Mile Orange Team

Team Captains:

Relay for Life is from 3:00 PM on Friday, June 15, 2007 until 3:00 PM, Sunday, June 17, 2007. The survivor walk is at 6:00 PM and luminaries start at 9:30 PM. People can pick available windows of one hour to walk or run beginning at 3:00 PM.

Contact Cindy Sanders for available times at 455-3129.

Fargo Marathon (continued)

at 5:35:51! EXACTLY 3 minutes after her. What a great feeling to finish! People were still on the course for ALL of the marathoners. It was the best boost those last miles!

The highs and lows...Missy only had "highs"! My high was the finish on the big screen! My low was missing the cash booth! Scott and Amy said the same as Missy, "There weren't any lows.", except Scott missed the \$\$ Money!! He is a GREAT competitor and yet, he takes it

as it comes! Amy and Scott said, "It's never a boring trip with the Tetraults!" Missy and I would say the same thing about a trip with them!

We plan on going back next year so Ray can get North Dakota. His knee surgery postponed THAT race for him. Missy and I would like to go back and do the relay. So if you just want a great trip and a great experience, but only want to run a few miles, come join us in the relay! They had over 600 people in the relay this

year. The aid stations and support were super. NO complaints, and it's FLAT! Think about it! The relay is a lot shorter than 26.2 miles!

Get involved with Club Kokomo events. Don't stand outside and say "I don't know anybody". Get involved. Help with Coyote Kids, sign up for the Wisconsin marathon club trip in the fall. You won't be disappointed. Our club is FULL of wonderful people just waiting to become your friend!

Composer Classic

By Charlie Skoog

The Composer Classic 5K & Melodic Mile was held on May 26 in Highland Park. The former Symphony Run had a new name and that was just the beginning of the improvements. Credit for this outstanding race should start with the Kokomo Symphonic Society Executive Director, Beth Cecile Gentry, who came to Club Kokomo last fall and asked what must be done to improve the race. Working together with CK's Shannon Reinagle who is also a Symphony board member this dynamic duo produced a spiffy tri-fold flyer to promote the event, they secured sponsors and arranged to have improved awards and refreshments along with the excitement of having live music to start the race and keep the racers going. Unfortunately the rain put a damper on some of the planned music out on the course but what a difference the Sound of Music made and next year should be even better!

Despite the rain, which was heavy at times, numbers more than doubled this year over last, with over 130 finishers in the 5K races and Melodic Mile. With sunshine the event may have approached 200 participants but a fun time was had by all who decided to brave the elements. Winning the run in a time of 16:28 was B. J. Needler who has been dominating the local road running scene recently. The women's race was won in a fine time of 18:06 by Western Middle School 8th grader Waverly Neer. Waverly is ranked nationally for her age group as a track runner as well as XC and will further strengthen the Western Panthers already strong girls XC team in the fall. The Master's race was won by dad, Dana Neer in 17:18. Dana was challenged by Byron Bundrent who clocked 17:33. The Walk was won by Keith McAndrews in 32:59 closely followed by Mary Miller in 33:29.

Thanks to the many CK members who helped make this race a success. First of all CK Webmaster Garry Jewell took some outstanding photos illustrating both the racing action and the elements. To see all of the shots

from this race visit www.ckrr.us and click on Pictures. Thanks also to John Wiles who captained the Melodic Mile, Ray Tetrault directed the 5K finish, Kent Acton (Rhenda's main squeeze) was our timer, and Shannon Reinagle helped plan, stuff packets, worked registration, and still had enough energy to be the first Wyman Group finisher but was closely followed by boss Paul and his better half Shelly. By assisting in the direction, support, and execution of this race Club Kokomo was recognized as a major sponsor and further enhanced our reputation as an important quality of life contributor to our community. We hope to see everyone next year along with some sunshine at the new and improved Composer Classic 5K & Melodic Mile.



Above: Waverly Neer dominates the women's race.

Below: Jane Inman and Raye Jean Swinehart enjoy a nice wet walk.



Other Races Ran

Kentucky Derby Half-marathon
April 28, 2007
Louisville, KY

1. Matthew Downin 1:07:29
1w. Jill Jones (unknown time)
4951. Karen Bush 2:23:07
8252 Finishers

Free State Trail Run 40-miler
April 29, 2007
Clinton Lake, KS

1. Michael Adams 5:54:22
1w. Deanna Stoppler 8:15:18
16. Gina Sheets 10:06:10
20 Finishers

Fargo Marathon
May 19, 20067
Fargo, ND

1. Chad Wallin 2:31:20
1w. Valerie Gortmaker 2:50
4. Scott Colford 2:39:31
1115. Robin Tetrault 5:35:51
1195 Finishers

The Great Race Half Marathon
May 28, 2007

Goshen to Elkhart, IN
1. Nathan Usher 1:10:18
1w. Blaine Freeze 1:29:58
80. Rhenda Action 2:17:38
89 Finishers

The Great Race 10k
May 28, 2007
Elkhart, IN

1. Daniel Kipkoech 29:19
1w. Mercy Cheburet 35:32
168. Doris Griffith 1:03:47

Meeting Minutes

Club Kokomo Road Runners Meeting
May 7, 2007 6:00 PM

Members Present: Will Irvin – President, Ray Tetrault – Vice-President, Mark Shorter – Treasurer, Brian Reinhardt – Newsletter Editor, Jack Sanders, Charlie Skoog, Pat Robertson, Robin Tetrault, Milt Brown, Stan Shuey, Sylvia Burgin, Bill Barnett, Joyce Pennycoff, Chris James

Treasurer Mark Shorter opened the meeting at 6:10 P.M.

REPORTS

Financial Report given by Mark Shorter

OLD BUSINESS

- Hall of Fame Committee
2nd reading of vote for committee to consist of Hall of Fame members only
Voted 13-0 in favor of. Adopted as a change to the constitution.
- Sponsorship Money
By meeting time McGonigals, UAW 685 and Goodfells had verbally committed sponsorship to the club,

but no money had yet been collected.

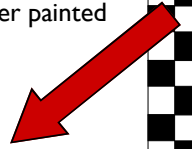
NEW BUSINESS

- Pasta Feed at Grace Fellowship for Haynes Apperson Race
\$6.00 for all you can eat
6:00-9:00 PM
Entertainment included
Profits will be split between the club and Grace Fellowship
- New trailer is ready for pick-up
Will check on possibility of having trailer painted with club colors and logos.

Meeting adjourned at 6:53 P.M.

Next meeting scheduled for June 4, 2007 at Grace Fellowship Church at 7:00 P.M.

Grace Fellowship is located on the northeast corner of Union and Jefferson Streets. Feel free to bring a snack to share with all. Drinks will be provided by Grace Fellowship.



New members

Diana Brown
Brandon Mink
David Mygrant
Don Rogers

Tosha Rogers
Donny Smith
Dona Smith



**Welcome to Club
Kokomo!**

Birthday List

6/1 Kelly Swinehart	6/10 Ken Swinehart	6/22 Michael Lake
6/2 Melvin W. Hobbs III	6/11 Indy Mathew	6/22 Carol Savage
6/2 Sergio Kubicek	6/11 Sharon Miller	6/23 Gina Sheets
6/3 Teena Van Meter	6/11 Tony Robinette	6/24 Zoe Irvin
6/4 Kylie White	6/12 Sean Callaghan	6/24 Joe Rangel
6/4 Christine Williamson	6/13 Diane Gifford	6/25 Heather Mehring
6/7 Ray Tetrault	6/15 Vernon Graves	6/26 Raye Jean Swinehart
6/8 Jake Bradway	6/15 Brandon Mink	6/27 Ray Bradway
6/8 Dona Smith	6/18 Lillian Elliott	6/27 Marie Nichols
6/8 Dave White	6/18 Bruce Savage	6/27 Mark Shorter
6/10 Kim Anderson	6/19 Dick Summerton	6/28 Debbie Riffe
6/10 Katie Hollinsworth	6/21 Brett A. Sanders	

And a sincere apology to a very special Griffin Irvin for failing to include his first birthday, May 22nd of last month.



John Norris Jackson Morrow

By Brian Reinhardt



Dana Neer closes in on the finish line for a strong second place finish.

It seems to me that in most cases John tried to challenge us with tough weather conditions for his races, but he decided to be very kind for this years Jackson Morrow event. Runners and walkers were greeted with perfect 50 degree weather, sunshine, and very little wind. Who wouldn't like that?

I personally like courses where you



Phil Leininger brings it home just in front of Josh Revils.

get to pass other runners and walkers going in the other direction so this course is a fun one for me. Yeah, it might slow us down a little bit, but the chance to offer an encouraging word or be cheered by fellow runners and friends is well worth the 2 or 3 seconds that we might lose along the way. All might not think so, but they might just have more fun if they did.

Following local runner BJ Needler from Wabash was our own Dana Neer as both the first club finisher and the first masters runner as well. I don't know how he runs like that "at his age" but he sure does pick them up and put them down. He finished with an impressive 22:34. I feel sorry for the 45-49 age group record next year!

Our top female club finisher was also the first master as well. Michelle Hollingsworth finished with a very solid 30:16.

In the 5k walking competition we had a very exciting finish as both Rick Spencer and Mary Miller finished with identical times of 32:17 with Rick edging out Mary for the overall win. However, Mary shattered her own club record by almost a minute. Seems that an opportunity to win a race outright had a very positive affect on her performance.

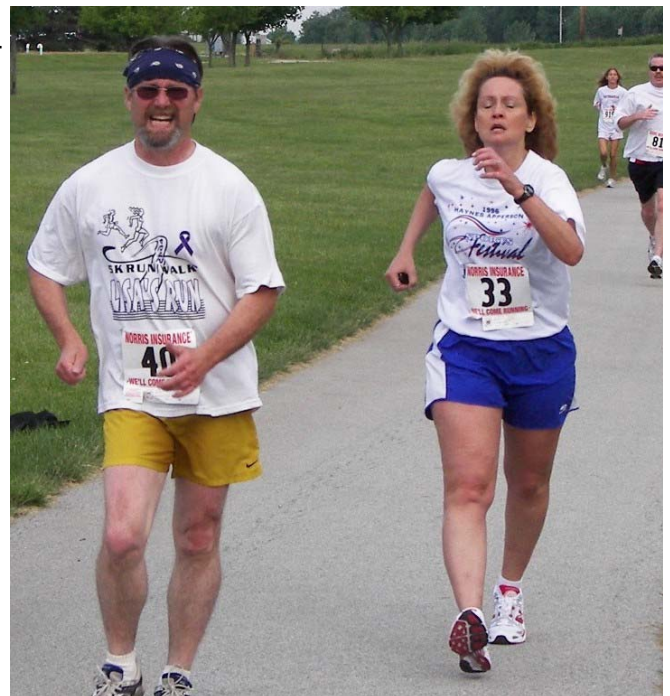
Another noticeable detail of this event was the change in logo design of the Norris Insurance shirt given out to all race participants. While there is differing opinions about whether change is good, I personally like the new design. For those that don't like change it sure didn't change much so all should be at least somewhat appeased by that. John did assure me that it was the young blood in his organization that made the decision because he simply didn't have the design capability to do that on his own. I guess a man of many tal-



Michelle Hollingsworth was the 1st club finisher as well as the first Master.

ents doesn't necessarily have them all.

Once again I first offer thanks to my Lord and Savior and secondly to John and his crew for putting on another stellar event. John, you ROCK!



Rick Spencer nips Mary Miller at the line to win the 5k Walk event.



Everywhere you look you see a Bauson! For example, at the Jackson Morrow race I saw Bill, Cassie, Sarah, and Grace. What, only 4 of 8? Below are Mark Rodgers, Kim Lee, Keith Hill, and Earl Strong just in front of Kathy and Emily Allen and Tim Revils.



If you want to order club gear you need to get your order form with check attached in to me as soon as possible. I have to have at least 12 items to screen in order to be able to place the order. If you have any questions contact me at the email address on the front of the newsletter.

On the Trails (continued)

throughout the city for biking, walking, running, etc., as well as the ongoing future plans for more trails. In addition, nearly every street in Fort Collins has a bike path. It is safe and easy to get around town on a bicycle. A recent study states that 78% of its citizens use the trails. Kokomo could have similar usage if trails were available. The heavy

usage of the trails in Jackson-Morrow park show there is a strong interest in our community.

Marion and Hamilton Counties in Indiana are very progressive in encouraging bicycling, providing many trails available for old and young alike to bike and walk. In addition many other counties throughout the state have constructed

bike trails which are heavily used. Check this website <http://www.indianatrails.org/> to see what is currently available and being constructed. Kokomo and Howard County need to join our neighbors in promoting healthy lifestyles and safe bicycle riding.

Race Results

Indianapolis Mini-marathon
May 5, 2007
Downtown Indianapolis

1. Joseph Chirlee 1:04:04
1w. Janet Colford 1:16:01
46. Scott Colford 1:16:36
70. Dana Neer 1:18:27
245. Brian Reinhardt 1:25:13
409. William Irvin 1:28:30
461. Matt York 1:29:12
663. Mike Williams 1:32:29
669. Dan Lutes 1:32:32
679. Jesse Bauson 1:32:36
778. Christopher James 1:33:42
1274. Carla Yerkes 1:38:17
1313. Ron Moore 1:38:31
1431. Eric Mathew 1:39:20
1548. Heather Weber 1:39:53
2528. Earl Strong 1:44:54
2764. Mark Shorter 1:45:58
3104. B. Scott Riggle 1:37:20
3452. Mike Jones 1:48:43
3462. Don Gifford 1:48:44
3964. T.A. Weber 1:50:44
4033. Allison Irvin 1:51:00
4376. Carl Christenson 1:52:06
4473. Zach Overman 1:52:23
4475. Stephanie Overman 1:52:23
4531. Kaitlin Christenson 1:52:33
4688. Lorene Sandifur 1:53:04
4698. Mike Deardorff 1:53:05
5196. Darin Hollingsworth 1:54:36
5307. Keith Hill 1:54:54
5636. Cheryl Marnier 1:55:53
6110. Mitch Reeves 1:57:07
6251. Michelle Hollingsworth
1:57:26
6256. Sarah Bauson 1:57:26
6670. John Norris 1:58:28
6989. Kathy Bagwell 1:59:11
7051. Mark Rodgers 1:59:22
7480. Rebekah Kinney 2:00:31
7913. Mike Campbell 2:01:45
7977. Jordan Lee 2:01:56
8217. Amy Piazza 2:02:44
8286. Lisa Birkhimer 2:02:52
8531. Michael Graham 2:03:38
8824. Phil Leininger 2:04:30
8932. Steve Wand 2:04:50
9417. Roxane Burrous 2:06:11
9468. Tom Miklik 2:06:20
9913. Donny Smith 2:07:37
10193. Michael Lake 2:08:23
10523. Vern Graves 2:09:17
10971. Fred Chew 2:10:26
11011. Dave White 2:10:33
11015. Teresa Long 2:10:34
11638. Cassie Bauson 2:12:12
12018. Kim Anderson 2:13:14
12231. Justine Eads 2:13:51
12232. Mark Eads 2:13:51
12965. Patti Reinhardt 2:16:00
13565. Maureen Prentice 2:17:51
14293. Kim Lee 2:20:18
14027. Brent Marnier 2:19:19
14411. Sarah Lee 2:20:40
14417. Lisa Jones 2:20:41
14944. Joyce Pennycoff 2:22:29
15893. Bill Bauson 2:25:57
16843. Dave Reinagle 2:29:29
16953. Russell Fox 2:30:00
17189. Tami Moore 2:31:00
17354. Debra Perkins 2:31:52
17901. Kevin Callaghan 2:34:24
18370. Mary Miller 2:36:44
18772. Rhenda Acton 2:38:44
19020. Shawn Mayfield 2:39:57
19282. Steve Inman 2:41:20
19998. John Wiles 2:45:53
20156. Sandy Knowland 2:46:37
20344. Brian Allen 2:47:51
20503. Darcie York 2:48:52
20740. Doug Mankell 2:50:21
21036. Rick Spencer 2:52:10
21152. Vicki Boles 2:52:55
21644. Jeanette Merritt 2:55:53
22101. Victoria Christenson
2:58:41
22221. Jerry Lambert 2:59:29
22222. Tim Taflinger 2:59:29
22386. Becky Christenson 3:00:34
22543. Emily Christenson 3:01:40
22788. Brianne Boles 3:03:16
23194. Sylvia Burgin 3:06:21
23223. Melvin Hobbs 3:06:36
23369. Raye Jean Swinehart 3:07:36
23583. Robin Michael 3:09:06
23689. Charles Johnson 3:09:59
24178. Jane Inman 3:13:31
24598. Trudy Pierce 3:16:28
24607. Susan Gerhart 3:16:32
25433. Cara Lee 3:22:09
25442. Sylvia Bledsoe 3:22:10
25912. Judy Smith 3:25:58
25917. Rocky Smith 3:25:58
26214. Andrew Swinehart 3:28:04
26220. Ken Swinehart 3:28:07
26719. Shannon Reinagle 3:32:03
26721. Kelly Wright 3:32:04
28171. Pat Robertson 3:47:23
28220. Mark Webster 3:48:01
28221. Nick Webster 3:48:01
105 Club Kokomo Finishers
29213 Finishers
Indianapolis 500 5k
May 5, 2007
Indianapolis, IN
1. Kyle Overway 17:04
1w. Pamela Mertz 18:29
571. Ryan Bagwell 28:06
2183. Debbie Riffe 44:42

2185. Amanda Pena 44:43
2580. Cindy Sanders 48:59
2590. Jackie Sanders 49:05
2909. Barb Hobbs 51:39
3118. Bruce Savage 53:12
3119. Carol Savage 53:13
8 Club Kokomo Finishers
3549 Finishers
Norris Insurance 4 Mile Run & 5K
Walk
Saturday, May 19, 2007
Jackson Morrow Park
Kokomo, IN

Run
1. B. J. Needler 21:49
2. Dana Neer 22:34
7. Brian Reinhardt 24:33
10. Matt York 25:32
12. Joe Rangel 26:28
14. Al Hochgesang 27:05
15. Eric Mathew 27:41
17. Scott Riggle 27:50
21. Brittiani Gillem 28:34 1st
Female
22. Earl Strong 28:45
23. Michael Graham 28:54
25. Mark Shorter 30:00
26. Keith Hill 30:09
27. Michelle Hollingsworth 30:16
29. Darin Hollingsworth 30:27
30. Ricke Stucker 30:40
32. Sarah Bauson 31:09
33. Roxane Burrous 31:31
34. Mike Deardorff 31:32
35. Lorene Sandifur 31:46
36. Kim Lee 32:20
37. Don Rogers 32:23
38. Grace Bauson 32:24
39. Stan Shuey 32:24
40. Laura Bauson 32:26
42. Kathy Bagwell 32:40
43. Rebekah Kinney 32:40
46. Mark Rodgers 33:45
47. Kaleb Hollingsworth 33:51
49. Ken Swinehart 33:51
54. Cassie Bauson 34:43
55. Phil Leininger 35:04
56. Joshua Revils 35:10
57. Jerry Meiring 35:18
58. Karen Bush 35:21
59. Sarah Lee 35:29
60. Michael Lake 35:29
61. Joyce Pennycoff 35:45
62. Vern Graves 35:46
63. Bill Bauson 36:02
64. Charlie Skoog 36:28
65. Jillian Weaver 36:45
66. Donny Smith 36:48
67. Rhenda Acton 36:48
68. Ryan Bagwell 37:15

69. Dale Sullivan 38:07
72. Vicki Boles 38:46
73. Bill Heck 38:54
74. Lisa Jones 39:12
78. Robin Cole 42:44
79. Robert Cupp 44:19
80. Darcie York 44:32
81. Geana Moore 44:33
83. Katie Hollingsworth 44:50
85. Holly Hurlburt 53:13
85 Finishers

Walk
1. Rick Spencer 32:17
2. Mary Miller 32:17 1st Fe-
male
3. Steve Inman 33:24
5. Amanda Pena 34:43
6. Tim Taflinger 35:11
7. Rocky Smith 37:24
8. Jerry Lambert 39:07
9. Jane Inman 39:17
10. Raye Jean Swinehart 39:23
11. Brian Allen 39:40
13. Sylvie Bledsoe 40:07
15. Cara Lee 40:38
16. Debbie Riffe 40:43
17. Nicholas Allen 41:10
18. Judy Smith 41:15
19. Sylvia Burgin 41:20
22. Diana Brown 44:43
23. Tim Revils 45:35
24. Emily Allen 47:42
25. Kathy Allen 47:42
26. Jackie Sanders 48:11
27. Cynthia Sanders 48:13
30 Finishers

13th Annual Composers Classic
May 26, 2007
Kokomo, IN

5K run
1. B.J. Needler 16:28
3. Dana Neer 17:18
5. Byron Bundrent 17:33
8. Waverly Neer 18:06 1st
woman
12. Matt York 19:01
15. Brandon Sheline 19:56
17. Robyn Paighton 20:14
18. Joe Rangel 20:17
19. Al Hochgesang 20:31
20. Scott Riggle 20:41
21. Eric Matthew 20:52
23. Justin Ashcraft 21:30
26. Earl Strong 21:54
27. Michael Graham 21:59
29. Heather Weber 22:26
30. Keith Hill 22:31
31. Mark Shorter 22:44
32. Michelle Hollingsworth 23:03

Race Results (continued)

- | | | | |
|----------------------------|--------------------------------|--------------------------------|--------------------------------|
| 34. Donnie Smith 23:26 | 53. Mark Rodgers 25:19 | 83. Robin Cole 32:09 | 8. Sylvia Beldsoe 38:55 |
| 35. Ricke Stucker 23:30 | 56. Shannon Reinagle 25:39 | 84. Jeanette Merritt 32:44 | 9. Brian Allen 39:53 |
| 36. Allison Irvin 23:33 | 58. Sarah Lee 25:42 | 86. Katie Hollingsworth 32:54 | 10. Jane Inman 40:02 |
| 37. T.A. Weber 23:41 | 59. Jillian Weaver 25:43 | 87. Robert Cupp 32:56 | 11. Raye Jean Swineheart 40:47 |
| 38. Mike Deardorff 23:58 | 64. Phil Leininger 26:37 | 89. Anna Dollens 33:45 | 12. John McGinty 40:48 |
| 39. Josh Revils 24:06 | 65. Ryan Bagwell 26:38 | 94. Dona Smith 38:57 | 13. Milt Brown 41:15 |
| 40. Lorene Sandifur 24:08 | 66. Karen Bush 27:07 | 95. Finishers | 14. Sylvia Burgin 41:19 |
| 41. Ken Swineheart 24:14 | 67. Michael Lake 27:10 | | 15. Debbie Riffe 41:23 |
| 42. David Hughes 24:20 | 68. Joyce Pennycoff 27:12 | 5K Walk | 16. Judy Smith 42:11 |
| 43. Kathleen Bagwell 24:21 | 72. Riley Case 28:02 | 1. Keith McAndrews 32:59 | 20. Diana Brown 44:46 |
| 44. Rebekah Kinney 24:25 | 74. Rhenda Acton 28:10 | 2. Mary Miller 33:29 1st woman | 21. Kathy Allen 46:28 |
| 46. Greg Townsend 24:43 | 76. Robin Tetrault 29:03 | 3. Steve Inman 34:28 | 22. Emily Allen 46:28 |
| 47. Jenn Elliot 24:44 | 77. Lisa Jones 29:09 | 4. Tim Taflinger 34:45 | 23. Tim Revils 47:19 |
| 50. Vern Graves 25:04 | 79. Sam Williamson 29:39 | 5. Amanda Pena 35:04 | 24. Jackie Sanders 48:38 |
| 51. Jerry Meiring 25:07 | 81. Darcie York 30:28 | 6. Rocky Smith 37:50 | 24. Finishers |
| 52. John Norris 25:18 | 82. Christine Willaimson 30:31 | 7. Robin Michael 38:04 | |

Weekly Fun-mile Results

Club Kokomo Weekly Fun Mile
Wednesday, May 9, 6:00 PM
Highland Park Walk/Bike Path

1. Lisa Thompson 6:39
2. Tim Taflinger II 6:48
3. Justin Taflinger 6:50
4. Jerry Warner 7:14
5. Kailee Taflinger 8:26 (1st woman)
6. Jerry Lambert 10:35 (1st Walker)
7. Andrea Eckelbarger 10:48
8. Jennifer Sinka 12:28
9. Sylvia Burgin 14:25
10. Larry DeWitt 14:29
11. Myron DeWitt 14:30
12. Ethan Kinney 14:31
13. Rebekah Kinney 14:33
14. Grace Bagwell 14:39
15. Kathy Bagwell 14:40
16. Dona Smith 14:45
17. Donny Smith 14:46
18. Graham Bagwell 20:37
19. Ersie Livingston 20:37

Club Kokomo Weekly Fun Mile
Wednesday, May 16, 6:00 PM
Highland Park Walk/Bike Path

1. Dan Lutes 5:59
2. James "Roadrunner" Bruss 6:17
3. Lisa Thompson 6:43 (1st woman)
4. Jerry Warner 7:05
5. Tim Taflinger II 7:06
6. Justin Taflinger 7:10
7. Hannah Moore 7:38
8. Ron Moore 7:39
9. Greg Sumpter 7:59
10. Mike Stader 8:06
11. Kailee Taflinger 8:20

12. Mark Webster 9:08
13. Lisa Jones 9:36
14. Andrea Eckelbarger 10:34
15. Lauryn Conner 10:39.4
16. Mary Miller 10:39.9 (1st walker)
17. Ethan Kinney 10:54.6
18. Natalie Conner 10:54.9
19. Jennifer Sinka 11:53
20. Sylvia Burgin 13:47
21. Sherry Thompson 13:49
22. Larry DeWitt 14:28
23. Myron DeWitt 14:29
24. Grace Bagwell 15:54
25. Rebekah Kinney 15:55
26. Graham Bagwell 19:40
27. Ersie Livingston 19:41
28. Kathy Bagwell 19:42

Club Kokomo Weekly Fun Mile
Wednesday, May 23, 6:00 PM
Highland Park Walk/Bike Path

1. Jeff Kuczera 5:39
2. Brandon Sheline 5:45
3. James Bruss 6:09
4. Kent Hansen 6:37
5. Lisa Thompson 6:44 (1st woman)
6. Tim Taflinger 6:53
7. Justin Taflinger 6:54
8. Kathy Bagwell 6:59
9. Jerry Warner 7:06
10. James Shuck 7:49
11. Mike Stader 7:51
12. Joshua Kuczera 8:26
13. Kailee Taflinger 8:28
14. Bryan Bates 8:29
15. Dave Nelson 9:57
16. Andrea Eckelbarger 10:36
17. Mary Miller 10:40 (1st walker)
18. Sylvia Burgin 11:48

19. Lauren Conner 12:41
20. Ethan Kinney 12:42
21. Rebekah Kinney 12:43
22. Sherry Thompson 13:20
23. Larry Causey 13:34
24. Natalie Conner 15:17
25. Nathan Conner 15:17
26. Teighlor Trine 17:32
27. Renee Murphy 17:33
28. Mindy Tetrault 17:34
29. Ersie Livingston 20:01
30. Graham Bagwell 20:02
31. Grace Bagwell 20:02

Club Kokomo Weekly Fun Mile
Wednesday, May 30, Noon
Highland Park Walk/Bike Path

1. Donny Smith 6:48
2. Roxane Burrous 7:14
3. Ryan Bagwell 7:38
4. Rhenda Acton 8:35
5. Dona Smith 10:26

6:00 PM Race

1. Tim Taflinger 6:12
2. Lisa Thompson 6:42 (first woman)
3. Justin Taflinger 6:57
4. Allison Irvin 7:01
5. Jerry Warner 7:02
6. Greg Sumpter 7:19
7. Mike Stader 7:56
8. Robin Tetrault 8:38
9. Kailee Taflinger 9:37
10. Griffin Irvin 9:54
11. Ray Tetrault 9:55
12. Mary Miller 10:40 (first walker)
13. Andrea Eckelbarger 11:00
14. Sherry Thompson 12:48
15. Ethan Kinney 14:11
16. Rebekah Kinney 14:12
17. Grace Bagwell 17:54
18. Ersie Livingston 20:54
19. Graham Bagwell 20:56
20. Kathy Bagwell 20:57



Al Hochgesang and Lisa Jones compete at the Jackson Morrow race. A total of 115 runners and walkers competed on a beautiful day.

Points Standings

Races scored include the JN Amboy, Ultimate Challenge, Old Ben, Race for the Cure, JN Jackson Morrow, Composer Classic and any one marathon, half-marathon or volunteer.

Runners	Roxane Burrous 2-40H Cheryl Marner 2-30H	Keith Hill 5-77H William Irvin 4-70H	Charlie Skoog 4-45 Phil Leininger 3-44H	Nicholas Allen 1-12
Women	Sandy Knowland 1-20H Maureen Prentice 1-20H Carla Yerkes 1-20H	Rylan Bagwell 5-64 Christopher James 3-50H David Reinagle 2-32H Ryan Hanlon 2-18	Steve Wand 2-30H John Wiles 2-30H Steve Kilcline 2-21	50+
0-12				Keith McAndrews 6-102MH
Victoria Christenson 1-20H				Rick Spencer 5-100H
	50-54		60-64	Tim Taflinger 7-92H
13-19	Lorene Sandifur 6-110H Robin Tetrault 5-80MH Christine Williamson 3-47 Vicki Boles 2-35H Robin Cole 3-32 Debra Perkins 1-20H	35-39 Vernon Graves 6-87H Scott Colford 4-80MH T.A. Weber 5-66H Michael Lake 5-64H Scott Riggle 3-60H Donny Smith 3-45H Jeff Kuczera 1-20 Mitch Reeves 1-20H Travis Sheets 1-20H	Sam Williamson, Sr. 3-47 David Hughes 3-45 Doug Mankell 2-35H Bill Barnett 2-30 Walter Brown 2-30	Rocky Smith 7-80H Jerry Lambert 5-72HV Jackie Sanders 6-57V Robin Michael 3-38H Russell Fox 2-35H Melvin Hobbs III 1-20H Milt Brown 2-16 Toney Lorenz 2-13 John McGinty 1-9
Sarah Lee 5-82H Amber Longwith 3-42 Laura Bauson 2-40 Vanessa Lorenz 2-27 Katie Hollingsworth 2-22 Katie Christenson 1-20H Emily Christenson 1-20H Waverly Neer 1-20	55-59 Joyce Pennycoff 6-120H Rhenda Acton 6-95H Kathie Barnett 1-10 Barb Wand 1-10 Anne Wiles 1-10 Shirley Wilson 1-10	40-44 Dana Neer 5-100H Brian Reinhardt 5-85MH Michael Graham 6-79H Dan Lutes 3-60MH Ron Moore 4-57H Darin Hollingsworth 4-51H Mike Williams 2-30H Shawn Mayfield 1-20H Mark Webster 1-20H Don Rogers 1-9	65-69 Stan Shuey 4-70 John Norris 3-60H Dale Sullivan 3-50 Charles Johnson 1-20H Darrell Pennycoff 1-12	
20-24				
Holly Hurlburt 3-52 Sarah Bauson 2-40H Stephanie Overman 1-20H Grace Bauson 1-15	60-64 Susan Gerhart 2-40H Doris Griffith 1-20V Trudy Pierce 1-20H		70+	
25-29			Bill Heck 4-80V Robert Cupp 4-60 Riley Case 1-20	
Kathleen Bagwell 6-107H Allison Irvin 6-100H Rebekah Kinney 4-62H Jillian Weaver 4-41 Karen Bush 3-32 Shannon Reinagle 2-30H Brianna Boles 1-20H Justine Eads 1-20H Kelly Wright 1-20H	Men		Walkers	
	0-12		Women	
	Joshua Revils 4-80 James Longwith 2-30 Nicholas Webster 1-20H	45-49 Eric Mathew 7-109MH Kim Lee 5-80H Ken Swinehart 6-78H Al Hochgesang 4-65 Mark Rodgers 4-49H Byron Bundrent 2-40 Bill Bauson 2-28H Mike Jones 1-20H Brent Marner 1-20H Ray Tetrault 1-20VH	49- Mary Miller 6-110H Amanda Pena 6-95VH Jane Inman 6-82H Raye Jean Swinehart 6-72H Debbie Riffe 6-68V Cara Lee 2-29H Emily Allen 3-23 Becky Christenson 1-20H	
30-34	13-19		50+	
Darcie York 5-85H Jeanette Merritt 5-77H Amy Piazza-Graves 2-40H Geana Moore 2-25 Robyn Pagington 1-20 Dona Smith 1-10	Jordan Lee 2-40H Jesse Bauson 2-35H Carl Christenson 1-20H Kaleb Hollingsworth 1-20 Tony Robinette 1-20 Brandon Sheline 1-20 Andrew Swinehart 1-20H Sam Williamson, Jr. 1-20 Peter Bauson 1-12 Keith Bauson 1-10	50-54 Earl Strong 6-115H Mark Shorter 6-92H Mike Deardorff 7-83H Greg Townsend 6-74H Michael Campbell 2-40H Don Gifford 2-40H Dave White 2-30H Russ Hovermale 2-28 Jerry Meiring 3-28	Sylvy Bledsoe 5-100H Sylvia Burgin 7-99H Judy Smith 7-96H Pat Robertson 4-49H Cynthia Sanders 4-45V Kathy Allen 3-27 Diana Brown 2-20 Diane Gifford 1-20 Angela Lorenz 2-20	
35-39	20-24			
Heather Weber 5-90H Lisa Jones 4-70H Lisa Birkhimer 2-30H Teresa Long 1-20H Tami Moore 1-20H Gina Sheets 1-20M	Justin Ashcraft 2-40 Kevin Callaghan 1-20H Zach Overman 1-20H			
40-44	25-29			
Michelle Hollingsworth 5-100H Patti Reinhardt 4-70MH Kim Anderson 1-20H	Seth Daugherty 1-20 Mark Eads 1-20H Nathan Hovermale 1-15	55-59 Ricke Stucker 6-95 Tom Miklik 4-62H Joe Rangel 3-60 Fred Chew 3-50H	Men	
45-49	30-34		49- Steve Inman 5-100H Brian Allen 4-70H Tim Revils 3-37	
Cassie Bauson 4-75H	Matt York 6-105H			



*Neither rain, nor sleet,
nor snow, nor gloom of
night.....uh, excuse
me, I got carried away
there.*

*Really this is just Milt
Brown doing what it
takes to complete a wet
and soggy Composer
Classic 5k..*

2007 Race Calendar

June 2
Trojan Trot 5K Run/ Walk
Time: 8 AM
Location: Sharpsville, IN

June 9
Norris Insurance 5 Mile Run/ 5K Walk
Time: 8 AM
Location: Greentown, IN

June 15-16
Relay for Life
Location: Kokomo High School

June 23
Race for Grace 5K Run
Time: 8 AM
Location: Logansport, IN

June 30
Haynes-Apperson 4 Mile Run/3 Mile Walk
Time: 8 AM
Location: Memorial Gym, Kokomo

July 14
Iron Horse 4 Mile Run/ 3 Mile Walk
Time: 8 AM
Location: Logansport, IN

July 21
Panther Prowl 4 Mile Run/5k Walk
Time: 8 AM
Location: Western H.S., Russiaville

August 4
Norris Insurance 5K Run/ Walk
Time: 8 AM
Location: Converse, IN

August 11
CKRR Age-Graded 4 Mile Run & 5K Walk
Time: 8 AM
Location: Highland Park

Sept 16 (non-points)
Club Kokomo 5 Mile Run/5k Walk
Time: 2 PM
Location: Nickel Plate Trail, Peru

September 22
BeeBumble 5k-10k Run/5k Walk
Time: 8 AM
Location: Burnettsville, IN

October 6
Cole Porter 5k-15K Run/5k Walk
Time: 8:30 AM
Location: Peru, IN

October 20
Norris Insurance 5 Mile Run/ 5K Walk
Time: 9 AM
Location: Bunker Hill, IN

November 4
Run the Mounds 5m Run/Walk
Time: 2 PM
Location: Anderson, IN

November 10
CKRR 4 Mile Run/ 5K Walk
Time: 9 AM
Location: McKinley School

November 22
CKRR Thanksgiving Day Fun Run
Time: 8 AM
Location: Highland Park
(Non Points)

December 2
CKRR Charity Run 5K
Time: 2 PM
Location: UAW Local 292
(20 pts each finisher)

December 31
New Years Eve 5k Run/Walk
Time: 2 PM
Location: UAW Local 292

Other Races

June 8
Rotary Round Barn 5k
Rochester, IN
6:00 PM
Darin Beeker 800-243-2938

June 9
10th Annual Strawberry Stomp 5K
Wabash, Indiana
Fun run - 7:45 AM (free, no shirt)
8:00 AM
Wabash County YMCA 260-563-1917

June 17
Run 4 Trails 5k Trail Run
Metae County Park, Fort Wayne, IN
8:00 AM
Mitch Harper 260-436-4824 or
mitchharper@aol.com
www.run4trails.com

June 30
360 Minutes @ Muscatatuck
Trail Run Relay
Muscatatuck County Park
North Vernon, IN 47265
Brian Holzhausen
Brian07@DINOseries.com
<http://www.DINOseries.com/360>

July 4
Firecracker 5k
Peru, IN
8:00 AM
Stephany Astrup
sastrup@peru.k12.in.us
765-472-7584

Haynes Pasta Dinner

This year for the Haynes Race there will be an all you can eat pasta dinner at Grace Fellowship. It will begin at 5:00 and end at 8:00. During your meal there will be piano dinner music, live singing, and some table magic. What would an all-you-can eat pasta dinner and entertainment cost? If you are under three it's FREE. If you are 12 and under the cost is a measly \$3. Everyone older than 12 pays just \$6. There will be some dessert for an additional .50 cents for those with a sweet tooth. Bring some friends and by all means plan to stay and enjoy the evening. Grace Fellowship meets at Jefferson Place, which is located at 202 E. Jefferson. It is on the corner of Jefferson and Union Street. No tickets, no tips, just Haynes runners/walkers and friends enjoying an evening together.

Hope to see you there June 29th!