

"Big Chuck" Enters Hall

By Brian Reinhardt

Johnny 'O always does a much better job of writing his "On the Roads" than I could ever dream of writing and he's included a segment this month on Charlie Skoog's induction into the Club Kokomo Hall of Fame. He'll give a great run down of all of the specifics of what this means, but I just had to write a little bit about what this means to me—one of the benefits of being the newsletter editor.

I love Charlie. Yeah, as a Christian I'm commanded to do so just as I am everyone else that was created. Some are difficult to love and it takes everything I have and lots of prayer to do so. Charlie isn't one of them. He's one of the most genuine and sincere people that I've ever met and it brings a tear to the corner of my eye when I actually stop to consider what he's meant in my life as well as so many others

in this community.

Most of us have a handful of people in their lives that they feel that they can count on when things get rough and they know that they'll be there. But how many of those people would be there for anybody that needed them? THAT is Charlie. He'll be there for anyone at any time without considering what it might mean to his own well-being. In fact, he's so well-meaning that he doesn't even understand it when we're all not that way. You know, we're all supposed to be.

I guarantee you as I type this that Charlie is up to something good and is thanking his Lord and Savior for his abilities just as he did at the banquet. I also guarantee you that someone is aggravated about getting a call from him about something that needs done that simply wouldn't get done with-



Charlie inspires the crowd at the annual awards banquet.

out his encouragement. It just goes with the territory.

Yeah, I love him, but I also respect him, admire him, and cherish his friendship.

Best part of this all was that he is so humble that he was completely surprised by his induction. We weren't.

Neer, Sandifur Take Overall Honors

By Brian Reinhardt



Our Overall Runner of the Year Award winners for 2006 took two very different paths to their wins.

Dana didn't get to do a lot of races so had some tight competition from many other runners, but in the end was set apart by his domination of the masters division in which he placed first in every race he ran. As a note, he also beat almost every other runner as well each time out.

The vote for the women's winner was considerably more obvious considering that Lorene set 6 age group records for the club this year and has 10 records overall. Pretty impres-

sive when you consider that she set records in nearly every distance that she ran this year. Some other significant awards in need of mention are the Rookie of the Year - Michelle Hollingsworth, the Outstanding Performance - David Hughes - 13 100-milers, the Contributor of the Year - Tetrault Family for Coyote Kids, the Volunteer of the Year - Mark Shorter, and the Presidents Award - John Norris. For a complete list turn to page two of this newsletter.

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Next Races:

John Norris Amboy 5k
March 10
9:00 A.M.
Amboy, IN

Run for Sara 5k
March 17
10:00 A.M.
Peru, IN
(non-points)



From the President

By William Irvin



On a recent Wednesday night run I was running with Gary Jewell and he brought up the subject of a picture that was posted on the club website from the 1999 or 2000 Norris Insurance Bunker Hill 5 miler. The picture included me as well as half a dozen other members, but it was a picture of my first race with the club. At the time I was not even a member, but I remember how much of a struggle it was for me to run that distance. It really took me back to when I first started running and trying to get into some kind of shape.

When I first joined the club, just after the Norris Insurance Bunker Hill 5 miler, I weighed in at roughly 220-230 pounds and was struggling to get control of a healthier lifestyle. I was very content with the local 5K here and there, however, I

still struggled through the two 5 milers per summer (Greentown & Bunker Hill) only due to peer pressure. As I met more people in the club and got to know them better and realized that most of them were training for or had run a marathon. I was still very content with running the local 5K and thought to myself that there is no way in "H" "E" double hockey sticks that I would put myself through that kind of punishment. Besides my mind telling me not even to think about running a marathon, I was still in weight loss mode and was very happy with the occasional 5K.

So many years after that cool rainy October Sunday afternoon with John Norris and many of you, running soon took over my life. I look back and remember how I just said 'NO' to marathons and pretty much any distance beyond 5 miles (except twice a year). Since that day in October, I have dropped 40 to 50 pounds (permanently) and have 4 marathons under my belt and am looking to add many more in the years coming. It is amazing what time, consistency, and dedication can do to ones life. I have many of you to thank for the peer pressure and camaraderie.

In the past couple of years as the VP of the club I have had the opportunity to meet many of you who I had not met in my previous years as a club member. I usually get the same story from each of you that I can relate back to my own experience with running. Many of you who have stated that either that you would not

make it through a marathon or that you are not even sure if you could run more than a 5K or a 5 miler, each race begins with putting one foot in front of the other. Of course, the difference is the amount of foot steps that you have to take between a 5K and a marathon.

Many of you, however, have a similar story to mine and can attest that anyone who wills themselves to put the training in and sets their mind to run a marathon can run a marathon. There are also many of you out there who have similar stories with regard to the weight loss. Those who have put there mind to it and set the goal of not only losing weight, but also becoming a runner.

If you have a weight loss experience as a result from running or a marathon success story send it to Brian and ask him to put it in the newsletter. I have spoken with many of you about your experiences in weight loss and/or marathon training/racing and I know you are out there. These words can be used as encouragement to those who are in a place in their running career where a lot of us have been before. Your stories can help a member get off of the fence and decide that this year is their marathon year or help a new member lose weight-permanently and become an active runner in the community.

Get those stories in and either help a member lose weight or help a member earn one of the coveted marathon medals.

Neer, Sandifur Take Overall Honors (continued)

Running

Female

Youth - Amber Longwith
20-39 - Kelly Wright and Heather Weber
Masters - Michelle Hollingsworth
Senior Masters - No winner

Male

Youth - James Longwith
20-39 - William Irvin
Masters - Brian Reinhardt
Senior Masters - Ricke Stucker

Overall Female - Lorene Sandifur
Overall Male - Dana Neer
Rookie - Michelle Hollingsworth

Outstanding Performance - David Hughes - 13 100-milers
Contributor - Tetrault Family for Coyote Kids
Volunteer - Mark Shorter
Presidents Award - John Norris

Walking

Female

49- - Mary Miller
50+ - Sylvia Burgin

Male

49- - Keith McAndrews
50+ - Jerry Lambert

Overall Female - Mary Miller
Overall Male - Jerry Lambert

If you don't make it a habit to attend this annual event put it on your calendar for next year. It is typically on the last Sunday in February, 2:00 P.M. We have a chili cook-off, some great desserts, and a great time!



Mark even volunteers his time for the awards banquet collecting 50/50 tickets and handing out door prizes.



Ten Days in a Mexican Prison

By Steve Wand



Travis, Steve, and Charlie take a short break to pose for a picture while building the prison.

In late January, three Club Kokomo members, Travis Sheets, Charlie Skoog, and I went on a mission trip with World Mission Builders to help build a permanent church building for Christian men living inside the walls of a Mexican prison in Piedras Negras, Mexico. Prior to our trip, the men had been meeting for worship in a temporary structure made from a blue tarp. There were a total of twenty-six volunteers from at least eight states who volunteered for this trip. We ranged in age from 17 to 78. Marcel, from Iowa, celebrated her 17th birthday with us. She was there with two of her sisters. Doc, who came to Kokomo in 2005 to help the church I belong to build an education building, was the oldest at 78.

There are a lot of details I would like to share with you, but space in our newsletter would not allow that, so I will try to be concise and hit the main points.

Luke 10:1-3

After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he

was about to go. He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. Go! I am sending you out like lambs among wolves."

I want to begin with this Bible verse because I want you to know that this trip was not about a vacation or an adventure it was about having an opportunity to serve our Lord. Sometimes as we were working, it was easy to forget about the big picture and just concentrate on the physical build-

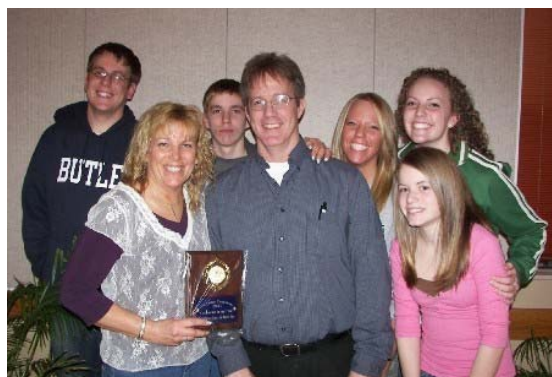
ing of the church. These men in the prison needed something positive to help influence their lives as they lived within the confines of desperate conditions and desperate people. My prayer is that in the short term the church in the prison will grow in numbers of inmates who will come to know Christ, but I also pray that in the long term someday the church will be empty because there is no longer a need for the prison.

For ten days our volunteers worked side by side with somewhere around fifteen prisoners who were also there each day to assist us with the labor. We came to know men with names like Jose, Ezekiel, Oscar, Hector, Orlando 1, Orlando 2, Rubin, Julio, Rudolfo, Jorge and Rocky (Roque?) Charlie Skoog could tell you all of their names and could probably tell you why they were there, how long they were to be there and how they became Christians. Charlie was a real blessing to have with us because of his "people personality". We were amazed at how hard Charlie was able to work considering his

recent bicycle accident. Travis also made friends, did some preaching and worked like a machine at laying concrete block. Myself, I enjoyed working and trying to communicate with our new friends using what words I could remember from my high school Spanish class and my Spanish for Dummies book. I practiced by saying "**Dios te bendiga**" and they replied by saying "God blech chu". I'm sure the way I said "**God bless you**" came out with as funny of an accent as they pronounced.

The building measured 28 ft. by 48 ft. and was made of concrete block. A baptismal was also built. We started working on Monday and by Sunday; we held church services in this building although we had no roof yet. The baptismal was put to use by baptizing three women prisoners on a cold 50 degree day in frigid water. Ten men came forward to be baptized at a later date. Not because of the cold, but culturally, the men don't want to be baptized at the same time as the women. Men and women are in the same prison although in different quarters. I was told by one of the prisoners that there are by his estimation, around thirteen hundred prisoners there. It was surprising to us that anyone could come in to visit. There were wives, girlfriends and even children walking around within the common areas. We were not checked for weapons or contraband; we just had to turn in our driver's license in exchange for a metal prison tag while we were inside.

To keep this article short, as I promised, I will conclude by saying that in ten days we, along with our prisoner helpers, were able to complete building a church and an addition onto an existing infirmary (minus the tin roof that will be completed by the prisoners). Hopefully His intended purpose will be fulfilled and many souls will be saved in years to come.



On the left—Contributor of the Year, the Tetrauli Family—front—Robin, Ray, and Mindy. Back row is Mike, Matt, Michelle, and Megan.

On the right, Senior Masters Runner of the Year Rick Stucker. Who's going to step up to fill the empty spot next year for the women? Ladies?





On the Roads

By Johnny 'O



BIG CHUCK NEW-EST MEMBER OF HALL OF FAME

Election to Club Kokomo Roadrunners Hall of Fame is the highest honor CK can bestow upon a member, and Charlie Skoog

is the newest recipient of that honor. CK's Hall of Fame Committee elected Charlie in his first year of eligibility, and he was inducted into the Hall at the Feb. 24 Awards Luncheon.

It is not easy to get into CK's Hall of Fame, and that's the way it should be. Some nominee debates have been quite heated. In Charlie's case, however, his election was one of the easiest in the Hall's 11-year history.

Charlie joined Club Kokomo 11 years ago after his General Motors' job brought him to Delphi Kokomo from his hometown of Danville, Ill. Kokomo and CK have not been the same since!

It was not just Charlie's 6-foot-6 frame at races that was noticed by CK members; we also saw his work serving the club and its members, and getting the club and its members known throughout the country.

Charlie has been CK's "unofficial" welcoming committee, race director, and goodwill ambassador since he joined the club. He has organized numerous race and volunteer teams, and wherever these teams raced or worked, they were champions. Charlie also served as vice president and president of Club Kokomo. Even though he is not currently a club officer, he remains active in all facets of the club.

Some other major personal accomplishments for the club include chairing a committee that established race director guidelines, and being the driving force behind the highly successful Coyote Kids Program and the welcome tent at the Indy Mini.

Charlie probably has convinced more people to join Club Kokomo than any other person. He certainly is known throughout the state. Actually, he is known throughout the United States. Just go to any race anywhere with Charlie, and you will know what I mean.

As for his running accomplishments,

Charlie's personal best in the marathon is 3:13.52, which he set at the 1992 Lake County Chicago Marathon in pouring rain. His previous best was 3:14.09.

Charlie recorded a 3:26.59 at his first Boston in 1996. He ran a 3:56.49 at the 2004 Boston. In 2005, he ran Houston, Sunburst, Mt. Desert Island, and Tecumseh Trail marathons, the Howl at the Moon 8-Hour Run, and the 50-mile HUFF Run.

Charlie is not sure how many marathons and ultra marathons he has done. He has a list of 25 that he wrote times down. There may have been a few more. He remembers doing 15 ultras, two 50-milers, three 8-hour runs, and several 50Ks. He also has been a CK age group annual award winner.

Charlie qualified for the 2006 Boston with a 3:44.05 in June 2005 at Sunburst. He finished the 2006 Boston, but was slowed by foot problems, which sidelined him for most of 2006.

Charlie is retired from Delphi, but not from volunteering. You name it, and Charlie probably has helped as a volunteer. One of his main interests is establishing running and biking trails in central Indiana, which has resulted in Charlie being the official trail spokesman and advocate in Kokomo and Howard County.

It is an honor to be elected to Club Kokomo's Hall of Fame. In Charlie's case, the Hall is honored to have his name on its



roll.

HALL OF FAME

To be nominated for Hall of Fame consideration, a person must be age 55 or older, unless there are extenuating circumstances, and he or she must be a current CK member and a member for 10 years.

To be elected to the Hall, a nominee must fulfill one or more of the following: be of state renown while a Club Kokomo member, be a past or present Club Kokomo age group record holder, or make a significant contribution to the growth of Club Kokomo while a member; and the nominee must be approved by a vote of 75 percent of the Hall of Fame committee.

The committee always includes the existing Hall of Fame members, and four members from the club. On the 2006 committee were Hall members Bill Bennett, Milt Brown, Bill Heck, Lien Koztecki, John Norris, Jim Schneider, Ricke Stucker, John Wiles, and Shirley Wilson, and club members Mary Miller, Dana Neer, Gina Sheets, and Dave White.

The committee chair is rotated each year among Hall members living in the Kokomo area. I was the 2006 chair; Milt is this year's chair.

The committee normally meets once a year, usually in December, to consider nominees and name a chair for the upcoming year. Members can vote by email or mail.

PRAY FOR SARA

CK member Sara Miller needs more prayers as she battles cancer, but in a note she asked that we pray for fellow member Jerry Lambert, who also is being treated for cancer.

"He (Jerry) is certainly in my prayers and if I can help in any way, I would love to be added to the list Mary mentioned online. It



On the Roads (continued)

may take a few weeks, though," Sara wrote.

Last year, Sara started her inspirational "marathon" against breast cancer. Her notes about her treatment inspired CK to field a record 71-member team that raised a club record \$1,150 for the 15th annual Race for the Cure in Indianapolis.

In CK's February newsletter, I reported that on Jan. 9 Sara received the good news that her cancer was in remission. Unfortunately, the good news was short-lived.

"The good thing about being realistic is that there are no real surprises when bad news comes along," she wrote.

A little more than two weeks after she was told her cancer was in remission, Sara's platelets plummeted. The same day she learned about her platelets, Dr. Robert Steele ordered an additional blood test that revealed high liver enzymes. One of the three chemo treatments Sara is taking can cause liver malfunctions so this meant either the chemo was working against her liver or the cancer had spread to the liver. Additional CT scans revealed no cancer in the liver or anywhere else in the lower body. The head CT, however, revealed a change from her last CT. After what Dr. Steele suspected to be cancer on the brain, it was confirmed by a neuro-oncologist in Indianapolis that Sara has one small area on her right temporal lobe.

Feb. 8, Sara received treatment at St. Vincent's Hospital in Indianapolis. The treatment, called Novalis, was a concentrated dose of radiation targeted to the area of cancer. It should involve no other brain tissue.

"The worst part (of the Novalis treat-

ment) was having the headpiece screwed into my head (two screws in front and two in back), and then when it was removed, experiencing immediate and excruciating pain in my entire head."

The headpiece was attached at 7:30 a.m., but Sara's treatment was not until noon. She felt pressure but not much pain after she got used to the headpiece.

"It wasn't until half way through my radiation treatment that I began experiencing pain from one temple to the other. I also was a bit nauseated."

After two does of "hefty" pain medication and three hours in a dark room, Sara was released. By the time Sara and husband Dan left St. Vincent's, she was feeling well enough to stop for a sandwich on their way home.

"I feel very good about this but at the same time I am a little scared. God is still carrying me; otherwise, I would not have made it this far. I truly believe that all of your prayers have helped me. If you aren't worn-out in the prayer department, would you please say some more? "My love to all of CK. I miss you all. Sara"

Besides prayers, you can help Sara and our other sisters in running and walking by taking part in the 16th annual Susan G. Komen Indianapolis Race for the Cure on April 21. You also can make a donation in Sara's name.

As of Feb. 21, Club Kokomo's team has 16 members. They are: Walter Brown, Mary Cameron, David Hughes, Michael and Elizabeth Lake, Tom Miklik, Lorene Sandifur, Stan Shuey, Charlie Skoog, Ricke Stucker, T.A. Heather, Lauren and Natalie Weber, and John and Anne Wiles.

Last year, nearly 35,000 people

participated in the Indianapolis Race for Cure. The \$1.7 million they raised was used in a 21-county central Indiana service area for breast health screening, education, and treatment programs for men and women.

Nationwide this year, one in seven women will be diagnosed with breast cancer, and 40,110 women, including 925 Hoosiers and 470 men will die from disease. Breast cancer is the leading cause of death for women ages 40-59 yet, the mortality rate would decrease by 30 percent if every woman over age 50 had a mammogram.

Johnny 'O urges everyone to register online. It's easy. Our team name is Club Kokomo Roadrunners. Just do the following:

Go to www.komenindy.org and click Race for the Cure.

If you registered online last year, you can log in using your username and password. If you don't remember your username and password, you can ask to have it emailed to you.

If you are new to the team, go to the right column and click "Join a team." You do not need to be a CK member to be on our team. Again, our team name is Club Kokomo Roadrunners.

If you do not have access to a computer, contact Johnny 'O at 452-6706 no later than March 22. Online registration ends March 23.

FINAL THOUGHT

Happy St. Patrick's Day!

Birthday List

3/1	Eric Rody	3/17	Rebecca Elliott
3/2	Julia Green	3/17	Jack Lotzgeselle
3/4	Rick King	3/18	R.J. Kerr
3/6	Dale L. Sullivan	3/18	Robin Tetrault
3/6	Becky Christenson	3/19	Emily Allen
3/12	Robin C. Cole	3/19	Seth Daugherty
3/13	Jesse Bauson	3/21	Toney Lorenz
3/13	Amy Piazza-Graves	3/22	Tammy Cody
3/13	Parker Sullivan	3/22	Betty Ann Oliphant
3/16	Laura Bauson	3/28	Kelly Mavrick
3/16	Karen Bush	3/31	Bill Cox





Tybee Island Marathon

By Mike Campbell



On February 3, 2007, I completed my 8th marathon. This year I made plans to run the Tybee Island Marathon. I chose Tybee for a couple of reasons. I'm intrigued by the races Dan Lutes runs and Tybee Island is close to where a former Delphi manager lives, Dwight Callaway. There may be a few people who remember Dwight Callaway. Dwight is the former Manufacturing Engineering manager for plant 8. The West Office Complex in Plant 8 was formerly known as the Callaway Hilton. Some of us still affectionately refer to it as the Callaway Hilton. Dwight was responsible for having the office built so that he could co-locate the entire plant 8 manufacturing engineering group.

OK, Cynt and I left for Savannah early Friday morning. We originally planned to leave Thursday evening but our flight was cancelled due to mechanical problems. This happened to be Super Bowl weekend and the airport was very busy. Of course I didn't realize the Colts were going to the Super Bowl when I registered for the race. Cynthia was in rare form. I was nervous about missing the flight and she was trying to see how long she could shop in the airport and still make it to the gate in time to get a seat. One of the things airlines are doing these days is overbooking to ensure every seat is filled when they fly so they spend a fair amount of time trying to find someone who is willing to give up their seat so someone who has a reservation can get on the plane. This is a good deal for the person giving up their seat. They can book a later flight and they get a free ticket for their trouble.

We met a marathoner/ultra marathoner from Ohio on the plane. His name was John Rehm. John is from Big Prairie, Ohio. He was running Tybee to qualify for Boston. John is 60 years old and has run Boston multiple times. Cynthia asked John about his wife and he said it's best to leave her at home to do housework. Cynt said it was a good thing she doesn't do housework or she wouldn't be able to go with me.

We arrived in Savannah at about 12:30pm. We got a rental and headed for Tybee. After we checked into the hotel we started to relax. We opened the patio door to the room and birds started to congregate near the patio. I'm not talking a few birds. I mean there were lots of birds, black birds, pigeons, sea gulls, lots of birds. It was like a scene out of Alfred Hitchcock's movie "The birds". They weren't afraid. Once we walked away from the patio some of the birds even flew into the room. We politely asked them to leave and shooed them out of the room. That was spooky.

We spent a little time riding around Savannah and had dinner on Tybee Island at St. Michael's. I thought to myself that this is a sign that this is where I should have dinner...the fact that it was St. Michael's. They were having a spaghetti dinner/fund raiser for the school. St. Michael's is a Catholic school. The students served as hosts and were dressed in black and white. They also wore black tams. Our hostess was Rachel. We had unsweetened tea, spaghetti with vegetable sauce, bread and dessert.

I ran into John Rehm again just before the start of the race. It was 42 degrees the day of the race. It was overcast, chilly and windy. The day before the race it was in the 50s and sunny. The day after the race it was in the 60s and sunny. The Tybee Island Marathon also includes a half marathon and a 5K run. There were about 300 marathoners, about a 1000 half marathoners and about 600 people participating in the 5K.

The marathon and half marathon are basically the same course. The marathoners run the half marathon twice. The course winds through the residential areas of Tybee Island. The hard part is finishing the half marathon and seeing the half marathoners finish and seeing the crowd thin out afterwards. Like Dan said last year the course is very flat. OK, let me

get my excuses out of the way. It's difficult to train during the holidays and in general during the winter. I could comfortably do a half marathon but after that my legs started to cramp and I ended up walking and running the last half marathon. I would run until my legs cramped up and then start walking out the cramp. No matter how many marathons I run, it never seems to get any easier.

I saw a few Colts fans on the course also. I talked to a lady from Indy who told me she and her husband were going to find a place to watch the game on Sunday. She was like me. She said that when she registered for the race she didn't realize the Colts would be going to the Super bowl.

In Indiana you will often see signs that say "Deer Crossing." On Tybee Island you see signs on the road that say "Turtle Crossing".

After the race I showered and got dressed so that we could meet Dwight and Roberta Callaway for dinner on St. Simon's Island which is about an hour away from Savannah. We had dinner at Frederica's. Cynt ordered crab bisque and Dwight suggested we try adding some sherry to it. The sherry did give the bisque a rather unique taste, unique in a good way. After dinner, they gave us a tour of St. Simons Island. Dwight told us about the live oak trees and how important they are to the people on the island. They don't let you cut down oaks on St. Simon's Island. They will re-route roads to keep from cutting down live oaks. Consequently, they have lots of live oaks that are over a hundred years old. We drove past all the new construction. Property is very expensive on St. Simon's Island these days. They have a special provision of the tax code for people who have spent their entire lives on the island. They get a reprieve. They don't have to pay taxes on the increased value of their property until after the property is sold. The land has become so valuable that investors can buy homes tear them down and divide the land into multiple lots and make a very healthy profit. It's a very popular place for retirees. And for some reason, it's not prone to hurricanes. After our tour we went back to Dwight and Roberta's place for gourmet coffee and key lime pie. We spent the evening reminiscing about people from Delco and telling old war stories. Dwight also gave me an August 1980 edi-



Tybee Island Marathon (continued)

tion of Electronic Business that had a picture and article with him and Jeff Owens in it. Jeff had only been out of school for about two years when the picture was taken. He wanted me to pass the magazine on to Jeff for his archives. Dwight and Roberta have always had a reputation for being gracious hosts. We really had a good time visiting with them.

We had made plans to stay near the Savannah airport so that we would have plenty of time to return the rental, have lunch at Philips at the airport and catch the flight back to Indianapolis. Philips is known for its seafood and crab cakes. They make the best crab cakes.

On the way back we changed planes in DC. There were several service men on the flight and we got into a discussion about who would win the Super Bowl. Of course, they were all pulling for the Bears. I told them, if I knew how to get in touch with them I would make a small wager.

They really talked bad about the Colts. I did have a little help. There was a lady wearing a Manning jersey from Indy who helped me stick up for the Colts.

When we arrived in Indy I called myself being efficient. We had left the vehicle at Ace to store while we were gone. I called Ace to try to retrieve our vehicle while Cynt waited on the luggage. Mind you, the temperature was single digits when we got to Indy. I called for pickup at Ace and waited. They said it would be about 7 minutes. I wait and wait. Finally the Ace van goes by but doesn't stop. I'm a little upset so I call Ace again to tell him the guy didn't stop. He says they would send him back. I wait and wait. By this time Cynt has already retrieved the luggage. The van comes again and doesn't stop. Cynt wanted me to call again because she doesn't like to wait either. The van drives by again while I'm on the phone with the guy back at the office. I

told him, you know it's freezing out here and why didn't the guy stop? I whistle at the Ace van but the driver keeps going. I'm more than a little upset now. I'm thinking to myself, it sure is hard to find good help these days. By this time there's another couple at the pickup stop waiting for Ace. This time the guy stops and I start in with him. I quiz him about not stopping and he says that it was another driver and he just started his shift. So I ease up a little. It was 45 minutes from my 1st call until the Ace van finally arrived to pick us up. When we get to Ace I was planning to give the guy at the office an earful and he doesn't want to hear it so he just says you're all taken care of. In other words, he didn't make me pay for storing our vehicle. I left but I was still upset and very cold.

If you're ever in St. Simon's Island, Georgia, Dwight recommends two restaurants - Red Barn and Barbara Jean's.

Indy Mini Training Series

By Michael Lake

On Saturday February 10 was the first of three training series runs for the Indy Mini Marathon. This first run was a 5K with the 10K being on March 10 (I know same day as Norris Amboy) and the 15K is on April 14. I decided to sign up for all three runs so I can get familiar with the Mini course as the training runs are on the actually course of the race. This is my first Mini so I figured I could use all mental advantages I can get. (HA)

The morning of February 10 was a whopping -3 degrees when my wife (who somehow talked into this) and I left the homestead. The temperature varied between 3 below to 0 on the way to downtown Indy. I definitely had that "what am I doing" feeling on the way down to Indy.

We had the bright idea to park at Circle Center Mall so we could shop and relax after the run. (her shop and me relax). The walk/run from the parking garage to the State Museum for check-in for the race was only a few blocks but seemed like eternity in the sub zero weather. When we finally reached the museum I was amazed at how many people were there. According to the race results there were over 750 participants in the 5K race not including the many volunteers needed to pull this off.

The race started at 8:30 with the

temp at 0 degrees. I guess I should not be surprised but there were a couple guys STILL running in shorts. I guess they are really fast or just real WARM BLOODED!!!!!!

The first mile of the race was into a very cold westerly wind which made me feel like I was standing still. Much to my surprise at the first mile marker I was 9 minutes even.

I normally race closer to 8 Min miles but on this day I just wanted to keep moving. I was relieved when we turned the corner and started running north out of the wind. I was able to finally pick up my pace where at mile 2 I was a little over 17 minutes heading into the final stretch of the race, besides my thumbs being cold and my beard being frozen stiff I was feeling pretty good even working up some sweat during the last 1.1 miles.

I finished the race with a time of 26:24 which is a minute or two off my regular 5K time but under the weather circumstances I'll take it. My wife (Liz) finished with a time of 46:57 which made me very proud as this was her first 5K and I was thrilled we got to do it together. She defiantly enjoyed her shopping and me my R&R in the WARM mall.

I highly recommend the Indy training series to anyone that is running their first

Mini this spring as the races are on the actual race course with mile times and markers and plenty of support volunteers. Check out more about the Indy training series at 500 festival.com.

New Members

Dave Bledsoe

Sylvy Bledsoe

Russell Fox

Chris James

Welcome to Club

Kokomo!



Myrtle Beach Marathon

By Robin Tetrault, Brian and Patti Reinhardt



Another marathon, another state, another great trip!! Robin, Brian, Quinn and I set out for Myrtle Beach, SC on Friday, Feb. 16th. The marathon started at 6:30 on Sat. Feb. 17th, so it was a little chilly for the first couple hours, but it was a pretty, sunny day! The longest training run that Brian and I got in was 14 miles due mainly to the frigid temperatures, so I was worried about being able to complete it. That morning before the marathon, I got out my Bible and read Isaiah 40:31—

Those who hope in the Lord
will renew their strength,
they will soar on wings like Eagles,
they will run and not grow weary,
they will walk and not be faint.

Every time during the marathon when I felt like I couldn't go on or wanted to walk, I said that verse in my head. It helped me so much and I know that God got me through that one. I ran every step, except through the water stops. I was slow, but I kept going. Brian ran it with me, so that helped a lot, too.

We had a fun filled day of eating at Hard Rock Café, going to Ripley's Aquarium, shopping, going to the beach and testing out the cold water, and watching Quinn and Brian swim down the Lazy River at our hotel. We drove home the next day. We were all very tired and glad to be home.

This was my 12th state in my quest to run a marathon in every state. - Patti

We were so excited to "hit the road" at 5:00 AM on Friday morning with the

temperatures at minus 6, or something like that, knowing by the end of the day it would be 50 degrees and sunny! What a treat! We were looking forward to the "heat wave" in Myrtle Beach, South Carolina. Brian, Patti, Quinn, and I started our trek east and I couldn't stay awake all day. I read and dozed and listened to my MP3 player.... I guess I was MORE than rested for THIS marathon! The cold weather and snow put a real, well, stop to my running! I did manage 6 miles

on the treadmill one Saturday... oh how I missed the outdoors! We got to Myrtle Beach in time for packet pick up and a busy expo. We went to bed and slept as well as you can before a marathon. The next morning was a cool 28 degrees, but not much wind and a promise of sunny skies! It is a very well run marathon with excellent volunteers at all intersections and police at the major ones. It was very much appreciated by me at the back of the pack and they held the traffic for us "slow pokes". It is a marathon worth running with few challenges and beautiful ocean scenery! The only two bad parts for me were the halfway point where you see the 1st place runners coming back and you are JUST heading out for your FINAL 13 miles! Tough to see....The other tough time was the last few miles with a slow upgrade into the wind, which was really picking up by the end of the race. The fun part was meeting a woman my age in the last 5 miles and chatting our way to the finish! It really helps to "find a friend" at the end!

We had a lovely dinner at the Hard Rock Cafe with a "gazillion" stairs...nice pick, Brian! haha The atmosphere, food, and the company were great though! We came home on Sunday and the temperatures began their decline as we headed west... Ahhhh for the ocean, sunshine and warmer temperatures... Another super trip with the Reinhardts and looking forward to 40 more! One state at a time!! - Robin

After driving to Myrtle Beach on one day, running a marathon the next, and

then driving back the next I've come to a conclusion that 850 miles is just about on the outside edge of how far I'm willing to drive in a weekend for a marathon. Why we choose to do that to torture ourselves is something only a runner could understand (or perhaps a walker or two, Keith). That being said, we left with the temperature at -6* and arrived to temperatures around 50* so that in itself might have made it worth while!

Truly, the best part of doing these marathon trips is the quality time spent with family and friends. Patti and I have done the majority of these together and the Tetrault's have been along for many of them. Of course, Patti and Robin are the self-proclaimed ring leaders so it comes as no surprise that they've been pushing this along with stoic determination! Works for me as I just kind of go along for the ride and help when I can. It fits me nicely in that I like to run long distances, like to visit different places, and am always looking for an excuse to take a day off work!

This specific marathon was just a chance to get a state out of the way that Ray had already previously knocked out. Patti and Robin got talking about it and it immediately became a reality. The severe weather we'd had in Indiana kept training to a minimum but when race day rolled around Patti and I just clicked off one consistent mile after another and ended up with a very respectable 4:39:06 for our effort. Our first and second half splits were within a minute and a half of each other in fact. Not bad for a marathon run on very little mileage and a long run of 14 miles!

After "enjoying" the marathon we decided that the rest of the day would be Quinn's day because he was such a good sport about putting up with the traveling, the expo, the marathon, etc.. We decided that the rest of the day would be for him. So he wanted to eat at the Hard Rock café, go to the Ripley's Aquarium, and had to be prodded a bit to dip his feet in the ocean (his first time in the Atlantic), but he sure did have a great time. He even convinced me to take a swim in the pool at the hotel with him for a bit afterward. I was tired and probably wasn't great company, but Patti came along to take a few pictures and provide some much needed camaraderie. It was just fun to have them both there - too bad Alec couldn't make



AT&T Austin Marathon

By Dan Lutes



I just completed the Austin AT&T Marathon on Sunday Feb 18th. I was very fortunate with my new company to turn this one into a business trip, so I had customer visits on the way down to Texas. We started off on Valentine's Day, right after the big snowstorm, which actually interrupted the first customer visit in Flora IL since my contacts were snowbound at home. We stayed in Missouri the first night, and Mesquite Texas (Dallas area) the second night. It was nice to be in the warmer temps finally, and we called back periodically to get updates on our three girls who were being watched by Grandma and Grandpa back in Indiana (what are blessing Linda's parents are, allowing us to do these trips!) Friday morning we headed to Seguin TX (San Antonio area) where I had another customer meeting. After that we headed into San Antonio and took a tour of the Alamo. It hadn't changed a lot since we were here 15 years ago, but it was nice to see it again. We finished the evening with a stroll down the Riverwalk, dinner at Casa Rio's and a drive up to Austin to our Sunset Valley hotel for the weekend. Saturday

morning we slept in a little and made our way to the marathon expo downtown. Linda and I both bought a new pair of Nikes as they had a "Spend \$100 get 26.2 dollars off!" sale. We then toured the state capitol building and the "Story of Texas" museum near the University of Texas just north of downtown. We thoroughly enjoyed this nicely done museum and also saw the IMAX film "Texas: The Big Story." Then it was off to Olive Garden for some brews and carbs.

Race day morning arrived with temps around 40 and a predicted high of 60. Perfect marathon weather! We arrived back downtown and parked with plenty of time and waited for the start. This year was the first for the new "hillier" course and I heard several complaints about the change and those who lamented how the other course (the old Motorola Marathon course) was a much faster "PR-type" course. Oh well, you bunch of whiners...suck it up!...nobody said marathons were supposed to be easy! The start was also a little disorganized with no clear direction to the seeded runners how to get to the front area, so most of us just hopped the fence or found gaps in the gates to get to our promised "just behind the elite's" starting area. The 7am gun went off and 15,000 runners ran south down Commerce Street (site of the famous Commerce Street Bridge and the thousands of bats which return annually) to a good incline for the first 1.5 miles. I got into my ~7:35 pace early and decided I would attempt a 3:20 to qualify for the 2008 Boston (I'm already in for '07). The first 9 miles are overall uphill, with several significant "bumps" so I was happy with splits anywhere between 7:15 and 7:45. At about 11 or 12 the "bumps" had begun to take their toll, along with running with the half marathoners who had now peeled away at mile 10. I began having trouble keeping the 7:45 max pace and the miles began leaking up into the 7:50s with my "ouch" mile 15 coming in at 8:04. My average (per mile) had now caught up with my needed 7:39 pace and I was quickly beginning to realize that today would be a slow death to a "probably 3:33 or so" marathon. I abandoned my 3:20 hopes and let mile 16 pass at 8:25...Yuck...I was not looking forward to the next 10 miles. When all of a sudden from behind I heard cheering and loud voices...not from the crowd...but

from the runners!?

The 3:20 pace group had caught up with me! It was a small group, maybe 12-15 people, led by 2 guys in mullet wigs calling themselves Wayne and Garth. At first, I thought it was a little annoying with the constant chats of "group mentality" and "Let's hear it for Team Mullet!" but I decided I would pick it back up and run with them for at least one mile. That mile passed in 7:38 and I couldn't believe it. I was running faster AND actually feeling better! These two guys would alternate one holding the "3:20 Pace Group" sign and the other running ahead to get the crowd cheering for the "awesome guys and gals in the 3:20 pace group." They would yell at the crowd, "Come on, give it up for the 3:20 group, they just ran 19 miles to see you!" Both kept commenting repeatedly about the positive energy of the group and gave tips and pointers on the upcoming sites or terrain. When more challenging hills approached, they would shout "group up!" and "feed off the group!" to make sure we each kept focused and didn't give up. It was truly amazing...no one else in the group was talking...these guys were saying it all. As each mile clicked by I thought it would be my last with the group but I stayed with them. A couple of times I actually helped lead them up some of the tougher hills. As we neared the capital (half mile from the end) people started talking more and we heard lots of thanks to the group leaders from everyone. They humbly replied, "I didn't run a step of your race, you did it all yourself." I began to break away and sprint to the finish to make up for my lack of gun/chip differential. Since everyone else in the group had started back in the pack, they had a 1 to 3 minute differential. But, I had started in the seeded area and only had 4 seconds from the gun to the chip mat! As I passed the 26 mile point at 3:20 flat I knew I would not make the 3:20:59 I needed and, sure enough, even with an all out sprint at the end I still turned in a 3:21:18 (19 seconds from qualifying!) Oh well, there's always the next race. I still was very happy with the time and felt fortunate to have run with a great group of runners and feel the mind over matter sensation of group dynamics at work. It truly is ALL IN YOUR HEAD (now if I could just get my head right during these races I'd be fine!)...next up... Boston in April (I'm ready for Spring!)

Myrtle Beach Marathon (continued)

the trip.

For any of you that are considering taking on the marathon distance or running multiple ones, take your loved ones along for the ride. If you're lucky like me and your spouse runs them as well and encourages you then it's all the better. I'm a lucky guy and I know it to have a wife, family, and friends who keep me motivated to keep doing what I love. - Brian



It's How We Live Our Lives

From the Frankfort Times

He, as parks superintendent, started the petting zoo and lit up TPA Park every December like the Great White Way. In 2006, he gave up his 9-5 position as Wesley Manor's maintenance director to be a globe-trotting missionary.

She, as chief executive officer of the Clinton County Chamber of Commerce, often is the first contact a new, incoming business makes with the community. The grants she has written for the chamber have brought in hundreds of thousands of dollars, and friends say her reputation for excellence is known throughout the state.

They are active in civic organizations, compassionate landlords to the tenants of their many rental properties, host to foreign students, loving caregivers to a menagerie of exotic critters and nearly always ready to take on the next cause deemed worthy.

They have been called genuine leaders, solid citizens, role models, assets to the community and all-round nice people.

For these reasons, and many more, when The Times undertook the daunting task of selecting its 2006 Citizen of the Year, for the first time in a dozen years, it chose a team - Travis and Gina Sheets.

"I guess I felt definitely undeserving," Gina said of her initial reaction to receiving the visit from The Times. "There are a lot of great people in the community. Our work is who we are, what we do."

Early this week, the Sheetses sat at their dining room table, holding hands, laughing often and finishing one another's sentences as they reflected on their lives, their community and their future goals.

"It's how we live our lives," Travis said.

"It's an honor to be recognized," Gina said, prompting an affirmative nod from her husband.

Apparently their friends and associates agree that perpetual involvement is what defines the couple. Fred Carter, past president of Partners in Progress and Main Street board member, says he'd be

hard pressed to point to something the two haven't had a hand in.

"I think there's a passion for the community," Carter said, speculating on what drives the Sheetses' commitment to the county. "They want to see the success of the community and have a place where people enjoy living. They continually work toward that end. Whatever they can do to make it better is a goal in their life."

Shan Sheridan, assistant chamber director, agreed. "One of the things Gina and Travis bring to our community is unselfishness and no personal agenda," Sheridan said, "except for making the

boss since they played softball together in the 1980s.

"The neatest thing about Gina and Travis is," Stewart said, "they're not snooty. They're just common, down-to-earth people who appreciate what they have."

"I like them because they have aspirations, goals, and they go after them. They're models for us."

Friend Megan Sheets, who is no relation, agreed, noting the couple's willingness to say "Yes" when deserving projects arise. "They can balance a full plate," she said. "Both are go-to people for things that need to get done in our community. They're bedrocks to our community."

Spaceballs

"They're soul mates," said Clinton Circuit Court Judge Kathy Smith, who has known the couple for years. Gina Lucas and Travis Sheets had their first date as Frankfort High School students in 1986 shortly before she graduated. "I kept walking past him until he had enough courage to ask me out," she said amid laughter. "We went to a movie. I think it was 'Spaceballs.'"

Shortly after, Gina went off to college, first to the University of Indianapolis, then to Stanislaus State University near Sacramento, Calif.

Travis graduated in '88

and attended Vincennes University, earning a degree in parks and recreation.

Neither gave the other much thought until 1992, when Gina came home to Frankfort for a short vacation. It was her mother's finagling that brought them together again, and telling of that first meeting brings a wistful grin.

"As soon as I saw him, I knew that I was going to marry him," she said. "I'm home for a week, and I've got to tell him that we're going to get married."

Travis jumps in, continuing the story.

"She told me at Pizza Hut, 'I'm moving home,'" he said. "Scared me to death."

If she did, his scare dissipated quickly.



community better."

Returning last Saturday from a two-week mission with Travis in Mexico, Sheridan praised Travis for keeping an upbeat attitude under extreme conditions.

"He was calm and tried to keep people together," Sheridan said. "That's the kind of leadership he brings to the county council."

Of Gina, to whom he reports at the chamber, Sheridan said, "I enjoy coming to work when your boss is one that challenges you to grow."

Anita Stewart, who joined the chamber staff in November as director of membership and events, has known her



It's How We Live Our Lives (continued)

Some six months later, at the county Republican's Lincoln Day Dinner, in front of a packed house that included Sen. Richard Lugar, Travis proposed.

"They introduce him, and he gets up there, and he's like white as a sheet and kind of stuttering," Gina recalled.

"I finally got it out," he said.

"He asked me, and I just hugged him," she said, "and he was like..."

Travis jumps in, "Well?"

Clinton Circuit Court Judge Kathy Smith was among the attendees at that 1993 dinner and recalls the joy.

"Everyone was so tickled," Smith said.

"It was uniquely romantic, if you can say 'romantic' in a room of 200-300 people - in an election season. It was just fun."

The couple married Sept. 11, 1993.

About Travis

Travis served as the city's parks superintendent 1992-99. County residents remember his tenure for the petting zoo he started and the bright holiday decorations illuminating TPA Park at Christmastime.

From the park position, Travis went to work at Wesley Manor as housing director.

"I enjoyed his outlook," said Megan Sheets, the manor's vice president of marketing and community relations. "He has such compassion, and he goes along in quiet service. He's grounding and very wise."

Last May, Travis took a leap of faith and surprised many of his co-workers. He resigned his full-time, well-paying job in favor of becoming a full-time, volunteer missionary for World Mission Builders, traveling every couple of months to far-away destinations such as the Philippines, Zimbabwe, Dominican Republic and Mexico, his most recent.

"I could see the impact some of his mission trips were having and how he was directed to that," Megan Sheets said. "And for him that might have been a bit of a struggle because he felt so connected to Wesley Manor and the community and, of course, Gina."

Travis vows to perform missions work for "as long as it takes."

"And that might be forever," he said. "I don't know. We'll see what God has in store. It's wonderful work, and I enjoy it. I think we're doing good."

About Gina

Gina holds a degree in business administration. When she returned to Frankfort in 1992, she worked in management for J.C. Penney. After two years, she was elected Clinton County auditor. In 2000, she ran for mayor but was defeated by Don Stock in the primary. Late that same year, she accepted the CEO position with the chamber.

"We are so blessed to have her as our economic developer," Stock said. "I think we would be lost if she weren't here doing the things she's doing."

Fred Carter couldn't agree more. "Gina is an outstanding chamber of commerce executive," Carter said. "I've been around a long time and seen a lot of executives, but she is one of the most outstanding we've had."

Mick Isgrigg, a financial consultant with Edward Jones and past chamber board president, also praises Gina's professional ability. "There are people who do their job, and people who do their job well," Isgrigg said. "Gina epitomizes that. She's just good at what she does. That's the bottom line."

As Carter also pointed out, Gina gained her first business experience pumping gas for customers at her father's gas station.

Some might say she's come full circle now that one of her pet projects is bringing a biodiesel plant to the county and an environmentally efficient, waste-to-energy project called the Quadra Initiative.

Ask her about it, and she goes into professorial mode, explaining the concept in terms of symbiotic environmental functions, BODs and interaction of micro-organisms.

"You asked," Travis says with a grin.

Animal lovers

The Sheetses' are well-known for their affinity for long-distance running. Gina has been a runner for years and finally has managed to spark her husband's participation.

"I run so I can eat," Travis joked, while Gina confessed, "I run because it's addictive."

The two also are known for their deep affection for all sorts of animals ranging from large cows to large tarantulas. Their 77-acre farm on the northeast side of the county is stocked with about 20-head of Scottish Highland cattle, a

variety chickens, ducks, swans exotic birds, fish, muntjac deer, ground squirrels and numerous cats.

The pair also are recognized for their sense of fun, which they've been known to combine with their love of animals.

Shan Sheridan will never forget the time Travis brought him a tin box, claiming it contained some of Gina's homemade cookies. "When he handed it to me," Sheridan said, "I thought, 'Oh, man, I'm so hungry, I'm going to have one of these right now.'" But when he opened it, he found not cookies but a snake. "Just a baby," he added, perhaps hoping to soften the shock.

Driven by faith

If there is one aspect of the Sheetses' lives more precious than any, it is their deep religious conviction. Their love of God permeates every aspect of their life together, friends say, and seeps into everything they do.

"Their faith is evidenced in all they do," Carter said.

"They truly live their faith," said Megan Sheets.

Whether being of service to their community, to their tenants, their friends, and even their livestock and pets, the Sheetses' Christian values drive their actions.

"We're not placed here by accident," Gina said. "We're placed here on purpose by God to be of service. You just pray that you're at the right spot at the right time when someone needs to hear the word of the Lord..."

"Attitudes and hearts can be changed," Travis said.

"...for Christ," she continued. "You might not ever know that what you said has made an impact on someone."

To imagine the county without the Sheetses' contributions isn't easy to do, Isgrigg said.

"We would be at a loss not having her," he said of Gina's work with the chamber.

"I don't think Clinton County would have the vision or the desire to move forward without them," Anita Stewart said. "I think we'd be going backward instead of forward."

Without Sheetses' inner candles shining, the community would be darker, Sheridan said. "They shine a light of hope."



From upper left: Walkers 49 and Under Age-group winners Mary Miller and Keith McAndrews, Walkers 50 and over age group winners Sylvia Burgin and Jerry Lambert, Walkers of the Year Mary Miller and Jerry Lambert, Outstanding Performer of the Year David Hughes, Masters Runners of the Year Michelle Hollingsworth and Brian Reinhardt, Ray explaining Julius the Mind Reading Orange to Katie Hollingsworth, and at bottom the 8 pots of chili for the chili cook-off.





2007 Points Standings

Runners

Women

40-44

Patti Reinhardt 1-20M

50-54

Robin Tetrault 1-20M

Men

40-44

Dan Lutes 1-20M

Brian Reinhardt 1-20M

50-54

Mike Campbell 1-20M

Walkers

Men

50+

Keith McAndrews 2-40MH

Other Races Ran

Tybee Island Marathon

February 2, 2007

Tybee Island, GA

1. Mike Aldrink 2:29:48

1w. Leah Thomas 2:55:24

209. Michael Campbell 4:39:16

274 Finishers

Bop the Top

February 3, 2007

Downtown Indianapolis

1. Martin Wilkey 3:58

1w. Cindy Harris 4:38 12th overall

4. Scott Colford 4:15

410. Stan Shuey 7:51

605. Fred Chew 8:51

720. Karen Bush 9:34

1015 Finishers

Children's Advocacy Center 5k

February 3, 2007

New Braunfels, TX

1. Brandon Chiuminetta 17:15

1w. Deborah James 21:22

60. Lien Koztecki 27:32

192 Finishers

Myrtle Beach Marathon

February 17, 2007

Myrtle Beach, SC

1. Scott Mullins 2:30:09

1w. Tracy Stewart 2:55:50

1184. Patti Reinhardt 4:39:06

1185. Brian Reinhardt 4:39:06

1638. Robin Tetrault

1765 Finishers

AT&T Austin Marathon

February 18, 2007

Austin, TX

1. Jynocel Basweti 2:14:02

1w. Moges Zebenaye 2:39:46

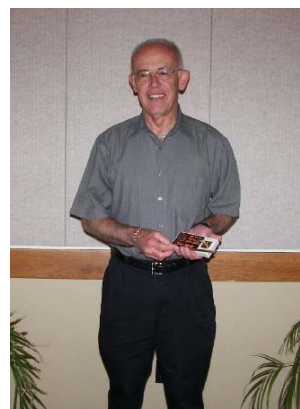
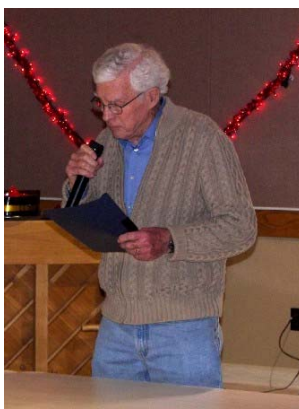
167. Dan Lutes 3:21:18

4554 Finishers

Mini Packet Pick-up Available

For those of you who would like Robin Cole to pick up your Mini-marathon packet for you be sure to get the back page of your pamphlet to her by Wednesday, May 2, in Highland Park. The earlier you get the page to her the easier it is for her so don't wait until the last minute. Robin is available most Wednesday nights in Highland Park since she runs with the Wednesday night group at 5:30. Please include your phone number on the page in case she needs to contact you. You can pick up your packet any time on Friday, May 4 on the Tetrault's front porch. The Tetrault's live in the large brick home behind the maintenance garage in Highland Park.

My sincere apologies to a few of our runners and walkers who set club records that I missed in 2006. Whenever a runner or walker runs an impressive time I hate to miss it, but it's tough to keep up with them all. Thank you to those that let me know so I can keep our records as accurate as possible. Congratulations to Bryan Phillips who broke the 5k record in the 13-19 age division with a 15:45, to Shirley Wilson who broke the half-marathon record in the 55-59 age division with a 2:06:49, and to Milt Brown who broke the the 3-mile walk record in the 70+ age division with a 38:41.



Left: Chili cook-off winners—2nd to Robin, 1st to Keith, and 3rd to Allison.

Middle: Hall of Fame Chairman Milt Brown.

Right: 20 Year member and 65-69 Age Group Winner Stan Shuey.



Meeting Minutes

Club Kokomo Meeting
February 5, 2007

Members Present: William Irvin, Mark Shorter, Brian Reinhardt, Sylvia Burgin, Jack Sanders, Cindy Sanders, Mary Miller, Steve Inman, Jane Inman, Charlie Skoog, Dana Neer

Guests: Ruth Lawson (CAM), Ed Bickel (CAM)

William Irvin opened the meeting at 6:30 P.M.

Brief financial report by Treasurer Mark Shorter

Old Business

Judging Walking Events

Determined that Steve and Jane Inman and Mary Miller would chair a committee to make decisions on when and what to judge.

Colored bibs for walkers to make them more distinguishable was discussed.

New Business

CAM Race for Shelter

Ruth and Ed gave a brief description of CAM activities

Dana gave a brief history of past events

Discussion of including race in newsletter and eventually including it as a points race

Include as a non-points race for 2007 – August 25, 2007

Run for Sara

March 17, 2007 – more information in newsletter

Meeting adjourned at 7:52 P.M.

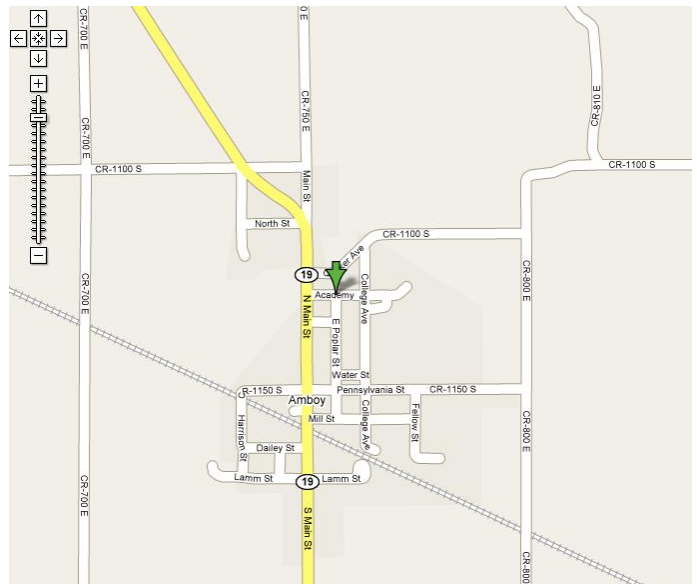
Next meeting is Monday, March 5, 2007 at West Sycamore Pizza Hut at 6:00 P.M. If you want to grab a bite to eat please arrive by 5:30 P.M. so that the meeting can get started on time.



Youth Runners of the Year James and Amber Longwith.

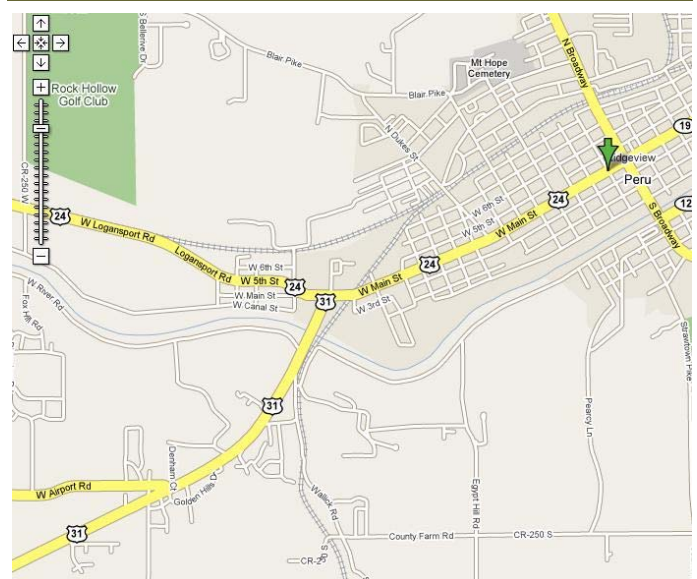
Maps to Upcoming Races

John Norris Amboy



Take US35 east to county road 1100E in Howard County. Travel north on 1100E until you come to SR 18/19. Turn left (north) on SR19 towards Amboy. Once in Amboy travel through town until you get to the north end. Turn right on Academy Street and you'll see the race headquarters 1 block down.

Sara's Run



Take US31 to Business 31N into Peru. Once you cross the green bridge over the Wabash River take a right and head east on Main Street. You'll travel approximately a mile on Main Street and at the second traffic light you'll see a brick building on the northwest corner that is the old fire station in Peru that has been converted to a Christian youth center.



2007 Race Calendar

March 10
Norris Insurance 5K Run/Walk
Time: 9 AM
Location: Amboy, IN

March 17
Sara's Run/Walk 5k
Time: 10 AM
Location: Peru, IN
(non-points)

March 24
Old Ben 5K Run/Walk
Time: 9 AM
Location: Highland Park

March 31
CK Ultimate 10m run or 5m Run/Walk
Time: 9 AM
Location: Logansport, IN

April 21
Race for the Cure 5K Run/Walk
Time: 9 AM
Location: Indianapolis, IN
10 points for each finisher

May 12
CKRR 5K Trail Run/ Walk
Time: 8 AM
Location: Peru River Walk

May 19
Norris Insurance 4M Run/ 3M Walk
Time: 8 AM
Location: Jackson Morrow Park

May 26
Composer Classic 5K Run/Walk
Time: 9 AM
Location: Highland Park
(Former Symphony Run in September)

June 2
Helping Hands 5KRun/ Walk
Time: 8 AM
Location: Sharpsville, IN

June 9
Norris Insurance 5 Mile Run/ 5K Walk
Time: 8 AM
Location: Greentown, IN

June 15-16
Relay for Life
Location: Kokomo High School

June 23
Race for Grace 5K Run
Time: 8 AM
Location: Logansport, IN

June 30
Haynes-Apperson 4 Mile Run/3 Mile Walk
Time: 8 AM
Location: Memorial Gym, Kokomo

July 14
Iron Horse 4 Mile Run/ 3 Mile Walk
Time: 8 AM
Location: Logansport, IN

July 21
Panther Prowl 4 Mile Run/5k Walk
Time: 8 AM
Location: Western H.S., Russiaville

August 4
Norris Insurance 5K Run/ Walk
Time: 8 AM
Location: Converse, IN

August 11
CKRR Age-Graded 4 Mile Run & 5K Walk
Time: 8 AM
Location: Highland Park

Sept 16
Club Kokomo 5 Mile Run/5k Walk
Time: 2 PM
Location: Nickel Plate Trail, Peru
(non-points)

September 22
BeeBumble 5k-10k Run/5k Walk
Time: 8 AM
Location: Burnettsville, IN

October 6
Cole Porter 5k-15K Run/5k Walk
Time: 8:30 AM
Location: Peru, IN

October 20
Norris Insurance 5 Mile Run/ 5K Walk
Time: 9 AM
Location: Bunker Hill, IN

November 4
Run the Mounds 5m Run/Walk
Time: 2 PM
Location: Anderson, IN

November 10
CKRR 4 Mile Run/ 5K Walk
Time: 9 AM
Location: McKinley School

November 22
CKRR Thanksgiving Day Fun Run
Time: 8 AM
Location: Highland Park
(Non Points)

December 2
CKRR Charity Run 5K
Time: 2 PM
Location: UAW Local 292
(20 pts each finisher)

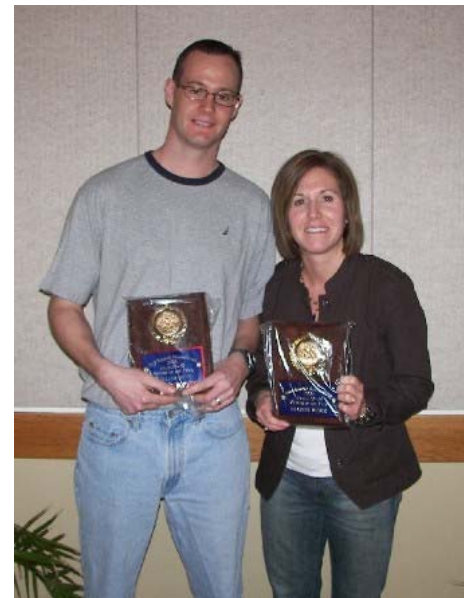
December 31
New Years Eve 5k Run/Walk
Time: 2 PM
Location: UAW Local 292

Other Races

March 3
Bulldog Jog 5k
Time: 9 AM
Location: Hinkle Fieldhouse
Nikki Mazelin (317)940-9809

March 4
Huntington Frozen 4
Time: 3:30 PM
Location: Huntington University
huntingtonfrozenfour@hotmail.com

March 16
Shamrock 5m Run/5k Walk
Time: 9 AM
Location: Downtown Indy
Don Carr (317)733-3300



20-39 Year Age Group Runners of the Year William Irvin and Heather Weber. Kelly Wright tied with Heather but was not in attendance.