

CLUB KOKOMO ROADRUNNERS

The Roadrunner

22nd Annual Charity Run

By Charlie Skoog



Tom Miklik is back on the roads after an ankle injury sidelined him for a few weeks. Amber Longwith follows closely behind.

Club Kokomo's version of We Care is always a special event and 2006 was no exception. Despite a severe wind-chill and competition from the Colts a near record crowd of 95 runners and walkers turned out. Participants turned in a total of \$1743 and those much needed contributions have been equally distributed to Nesting Doves and the Magic and Care Closets.

The walkers were led by Jerry Lambert in 33:31 with training partner Mary Miller in close pursuit. Scott Colford led the runners with a cool 17:02. Hollingsworth paced the ladies with a time of 22:50. Michelle was introduced to competitive running by daughter Katie a

little over a year ago and has come a long way in a short time. At Michelle's current rate of improvement she will break the women's world record about this time next year! Go Michelle!

The Hollingsworth family is a perfect example of the difference Club Kokomo can make in our community and people's lives and health. A year ago at the Charity Run I had the pleasure of meeting father and husband Darin who explained to me that he was not a runner. WRONG! Darin is now clocking sub eight minute miles and along with son Kaleb are now a complete running family which includes being a fixture volunteering at club programs such as Coyote Kids.

The walking Allen family from Flora is another fine example. Dad Brian is walking his way to better health and bringing kids Nicholas and Emily along the same path. At this year's Charity Run Nick took his turn as a volunteer and Emily pushed grandmother Kathy the entire 3.1 miles in her wheelchair finishing in an amazing time of 48:52. I know this because I thought I was ready to return to the racing scene following my recent hospital stay and soon discovered that despite my long legs I was no match for an awesome group of walkers who were all giving it their best shot on a very nippy day. As I slipped

to the back of the pack I can say the view was beautiful as we fought the cold and wind. I also gained a greater appreciation of the job our course monitors do as they battled the cold from their stationary positions keeping us all on course.

Looking through the results I see all the families and individuals I have come to know through my involvement in Club Kokomo and realize how much you have enriched my life. What riches lie ahead in 2007? My wish for each of you is that we can all grow together in welcoming and encouraging others to share in the wealth and benefits our club provides. What better way to celebrate a HAPPY NEW YEAR!



Scott Colford won the Charity Run after joining CK the same day.



JANUARY 2007

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Inside this issue:

From the President	2
Ancient Oaks 100-Miler	3
Sunmart 50-Miler	3
On the Roads	4
Thunder Road Marathon	6
Meeting Minutes	6
Otter Creek Trail Marathon	7
Birthday List	7
Race Results	8
Points Standings	9
New Year's Eve Race	10
New Members	10
Race Calendar	11

Awards Banquet

February 25, 2007

2:00 PM

Senior Citizens Center

Foster Park



From the President

by Ray Tetrault



The New Year is right around the corner. This means we all look back over last year at the accomplishments and memories of another year gone by. It is also the time of year when we not only reflect on last year, but look ahead to the New Year coming. Inside we want to commit ourselves to a running lifestyle. Many have expressed they aren't able to run as much as they'd like. We all know that regular exercise is a key component to health and fitness. Running packs in more fitness and calorie burning than any other exercise. The issue for us is how to make a lifestyle of running. Here are some helpful tips to accomplishing this in 2007.

Make Running a Priority- This one is key. If something is important to you then it always shows up on the days list of events. Once it's there, it can't be ignored. Make running a priority for you.

Schedule Workouts in Advance- Decide each week what you will be running based on your other life commitments. If you have a school event with your child, it isn't a good day to schedule a long run. This day will need to be a short run. You

can always modify your weekly schedule as things come up, but decide at the beginning that you are going to get these workouts in.

Remember Why You Run- Taking an hour a day for exercise is not a selfish act. Committing personal time to exercise will make you healthier, happier, and more able to perform effectively through the day. As a result of running, you will have more energy for work and other activities, which means everyone around you benefits by your decision.

Run in the Morning- Many time stressed people have taken to running at early hours. None I have met started out excited by the prospect, but once they began a morning routine, they like getting up. Some find their workouts are premium because their energy hasn't been used up all day yet. It is easier to get up in the morning while refreshed than to go out in the evenings after a long day of normal, everyday life.

Commute to Work- If a locker room facility is available to you, consider running to work. It will save you water and you get two workouts in each day as you will need to run back home. One runner packs one week worth of clothes to his office on Monday mornings. This way he has to run to work to get his clothes!

Let Others Know What You Are Doing- Build accountability with your friends, some of whom will never be a workout partner. These people will be impressed with your dedication and brag to others about you. They will constantly ask how your running is going.

Find a Training Buddy- One way to make certain you fit running into your busy schedule is to find other runners who will depend on you to show up. Knowing someone will be waiting for you is incentive to get there on time ready to run. If you don't go, you will feel guilty. Find runners who are close to your abilities or slightly faster and work to stay with them.

Make running a choice for yourself in 2007. Don't do it for just you alone. We have a slowly dying country with no answers except more pills for health problems. Do it as a way of helping others help themselves. I always think of Kelly Wright who comes to

our club runs with kids from her school. How many of you bring others to run with you?

SYMPHONY RUN- We have had several conversations with Kokomo Symphony Orchestra concerning their event. This used to be a larger race, but in recent years has become smaller and smaller. This coming year 2007 the organizers are making a tremendous effort to put this race back on the map. I am strongly encouraging you to participate in this years race. All of the money goes towards supporting the Kokomo Symphony Orchestra.

NEW YEARS EVE RUN- I don't care about the possibility of bad weather! Running is a choice each day. And with all the gear you have, it doesn't matter if it is sunny, snowing, sleeting, or pouring rain. This event helps our Coyote Kids Summer Running Program. The support we receive from this race supports the kids. I was asked what my goals were for Coyote Kids this year. Let me give you my long-term vision. A complete running park with trails maintained by CKRR members. A multi-purpose building used for our awards meetings and other club events throughout the year; our CKRR clubhouse for all to use. A concession style trailer for our results and sound system to be used at our runs so we can HEAR what is being said. Club membership over 1000 participants. Coyote Kids over 3000 participants. Enthusiasm so high it's unmeasurable. Electronic monitoring equipment for all our events as they are filled beyond capacity. Annual marathon trips surpassing 100 participants each year. Indoor track facility with a full calendar of events. Where does it all begin? By coming out in force to the New Years Eve Run and bring along some new friends. It's seeing the potential rather than the problems. It's thinking bigger and better. See you on New Years Eve! (In case you are wondering, I AM SERIOUS about my long-term vision).

See you on the roads,
Ray Tetrault a.k.a. Captain Coyote

Ancient Oaks 100-Mile Run

by David Hughes

Now that I've gotten a good night's sleep without being wakened by intense foot pain and throbbing, here's my account of the Ancient Oaks 100 mile run. This race is held each year in the Enchanted Forest in Titusville FL the Saturday after the Day of Infamy (Pearl Harbor Day, December 7th). Starting at 7am just after sunrise, we headed out onto a mile of loose to compacted sand, then mostly single track compacted sand with an over abundance of roots in some areas, and three boardwalks of a hundred yards down to ten yards for a total loop distance of 3.459 miles or so.

The first part of the run is along part of the forest being restored to scrub land which supports a different type of wild life than the mature forest in which the rest of the loop is run. To achieve this, the park management cut down most of the vegetation in this area which makes it ugly for now. It was in this section that I spotted the first

live armadillos I've seen in the wild. There was also a foot and a half long turtle watching us on our journey through his home.

The rest of the loop is amongst live oaks and pine and Hercules' club, a tree with curious bumps all over its trunk. The live oaks support epiphytes, harmless plants which grow on the trees without harming them, plants like ancient pine and resurrection fern. It's really weird since I'm not used to seeing forest floor plants growing all along huge tree branches. Why did I notice this stuff?

Because we had to transverse the same loop 29 times!

Since the space shuttle launch was delayed from Thursday night to Saturday night we kept close track of when it was scheduled to take off. As the time approached, I grabbed my binoculars and headed out for another loop hoping to get to the part of the course closest to the launch site. Then just at 8:52 pm I saw the eastern sky light up near

the ground and heard spectators cheering. So I raised my binoculars to see the great fireball ascending and waited for the part I was most looking forward to—the deep rumble to be felt. The woods got all dark again, and we resumed our trek knowing we had experienced one of the most dramatic events produced by mankind. The day before I had stood at the Canaveral seashore in a strong wind watching another dramatic event and thinking of a verse from the Psalms: "The floods have lifted up, O Lord, the floods have lifted up their voice, the floods lift up their roaring. Mightier than the thunders of many waters, mightier than the waves of the sea, the Lord on high is mighty!" (Psalms 93:3,4, RSV) Again thanks to God's help I finished. My time was 31:23:48, near last place, but, hey, who's keeping track?

Sunmart Texas Trail Endurance Run

by Gina Sheets

The SunMart Texas Trail Endurance Run took place on Saturday, Dec. 9th in Huntsville State Park. We Hoosiers were expecting to find Texas warmer than Indiana, like really warm, but the at the 7:00am start for the 50 mile it was 22 degrees. I am not sure if the high temp even reached 47. This course was a 12.5 mile loop around a Lake Raven, no mountains just sand and tree roots and some good slopes. So I ran around this loop four times and I had a goal to finish in 10 hours and 10 minutes. Well 11 hours and 6 minutes later I crossed the finish line in the dusk. Two days later I am walking on the treadmill and when I finished I told Trav that I walked that same pace for my 50 miler "RUN", 13:19. I finished 159 (my bib number was 160) out of

284 starters. I was on target for the first two loops. I did not account for two bathroom breaks each loop and a shoe change. I must confess I actually sat down at an aid station on the last loop (I was sure I was dying). If you can believe this I never hit the dirt one time, tripped a lot but did not make ground contact. I tried talking Trav into running the 50k and after he saw all the swagg he was jealous. The SunMart is known for its hospitality, great shirts, bags, travel kits, sun glasses, rain poncho's and much more plus once you finish your choice of a jacket or an afghan and a medal. Did I mention the food yet? You all know the reason I "RUN" these 50 milers is to do the two things I enjoy doing the most, eating and "running". Well the SunMart has the food. A great pasta meal

the night before, and then the day of the race they have a huge cafeteria set up at the race site and feed everyone, breakfast, lunch and supper and it is great food, lots of choices. The aid stations are just as good and the volunteers are super. What I enjoyed about the race was the fellowship, I recently was accepted into the Marathon Maniacs Club and I met three Maniacs and ran with one for three loops. (In order to get into the Marathon Maniacs the minimum qualifier is three marathons or ultras in my case, in 90 days. I have completed four ultras in 90 days.) Next year if you want to see the top trail runners in the world be sure to go to SunMart as it will be the course for the international ultra run.

FOR RENT in Highland Park- Three bedroom house with two full bathrooms, laundry facilities, newly updated kitchen, all new electricity. The house is located directly behind the Parks and Recreation Building in Highland Park. Your neighbors are the Tetrault family. No mowing or snow removal. If you are a club member we will rent it for \$550 per month plus utilities. Damage deposit is \$300. See Ray Tetrault or call during the day at 454-5497 or evenings at 854-1393.

On the Roads

By Johnnie 'O



It was the night before Club Kokomo's turn at helping Goodfellows, and all through the house, Johnny 'O was pacing and fretting about. "My volunteer list is short, it keeps

shrinking, and I may not have enough helpers," Johnny 'O exclaimed.

"No need to worry," Annie 'O replied. "Your friends always respond when needs arise."



CK Goodfellows at Meijer's on December 12th.

And she was right! Since 1911, the Kokomo/Howard County Goodfellows organization has been helping mothers buy clothes for their children. Johnny 'O has been a member of Goodfellows for more than 30 years, and providing clothing for 2,000 kids each year is the best present he receives at Christmas. He didn't believe such a present could get better, but it has.

Last year, Johnny 'O asked Club Kokomo to take one of five Goodfellows shopping nights at Meijer, and help mothers figure out if they were above or below their voucher limit before going through the check out line. More than 10 members responded, which prompted Johnny 'O on Christmas to lift a glass of Guinness in appreciation.

At Christmas this year, Johnny 'O raised two glasses of Guinness in appreciation, because his short list expanded quickly as the shopping time neared. Johnny 'O does not know all the sacrifices CK Goodfellows made to help him, but he does know that Mike and Marsha Daugherty drove from Winamac, Charlie Skoog worked despite pain from his mending ribs, and Dave, Nancy, Kylie, and Wesley White helped despite an auto accident earlier in the day.

Also, TA and Heather Weber celebrated Heather's birthday as Goodfellows. We did manage to embarrass Heather with a rousing round of "Happy Birthday" as she stood turning red in the Meijer children's department.

In addition to it being Heather's birthday, she had planned to continue studying for an important final. Instead, she lined up a babysitter, closed her books, and headed out the door to help others.

Will Irvin gave up a poker game and a night out with the boys, and Mike Deardorff had to work with Lorene Sandifur!

Other CK Goodfellows included Sylvia Burgin, Stan Shuey, Joyce Pennycoff, Lenora Hulet, and Lynn and Kierra Howell.

Help from friends once again made Johnny's Christmas special. Thank you and I wish you the best in 2007.

A JOURNEY TO REMEMBER

I took a remarkable journey with kids on a chilly Friday night in December. We traveled through some of Kokomo's toughest neighborhoods where wailing sirens often are heard. This time it wasn't sirens that broke the night's silence; it was the melodious voices of children singing carols and saying "Merry Christmas."

My trip was prompted during lunch after the planting of 12,000 tulip and daffodil bulbs in downtown Kokomo on a Novem-



Mike Deardorff and Lorene Sandifur.

ber Saturday. Amiee Hale, Sts. Joan of Arc and Patrick School teacher and student council sponsor, asked me to accompany her and student council members while they delivered gifts to children of a parent or parents in jail.

The program is called the Angel Tree Project. The Howard County Sheriff's Department provides gift guidelines and a list of recipients. The department advises that adult males go along for safety reasons. Of course, I could not say "no" after Amiee and the kids spent a morning in the cold helping me.

So Dec. 15, Sandy (Snodgrass) the bus driver, Amiee, Principal Annie 'O, Denise (a teacher and student council sponsor), Father Dudzinski, parents Cary and Marci



Sylvia Bugin and Stan Shuey.

On the Roads (continued)



Nancy, Kylie, and Wesley White.

Brown and their third grade daughter Alexi, and I joined 13 fourth through eighth-grade students, including one dressed as Santa, for a memory-making jaunt.

I marveled at Sandy's driving skills as she wheeled a full-size school bus around tight corners and through narrow streets as we searched for our assigned homes. I marveled even more at the fearless spirit and joy of the kids.

My guess is that Father Dudzinski weighs 130 pounds in a soaking wet vestment, so you can understand my apprehension when I was told it was our job to knock on the doors and explain why we were there. Although Father and I were the first people the door answerers saw, Father never had to say much.



Joyce Pennycoff and Lenora Hulet.

When the residents saw Santa and heard the singing students, their suspicious frowns melted into smiles, and they called their children to join them. The little kids' eyes sparkled and their lips broke into smiles when Santa knelt down and talked to them. When he handed them presents, I swear I could see their hearts pounding through their shirts. Mothers took pictures of their children with Santa, and the Sts. Joan-Patrick kids sang loud and long – a bit too long in some cases for my comfort. The students, however, ignored barking pit bulls, a sign on a front door that read, "Don't worry about the dog; beware of the owner," and my let's get-back-to-the-bus-gestures as I watched curious neighbors peaking around closed window blinds.

At each stop, the kids bounded toward a home, filled the night air with song, and joyfully skipped back to the bus. I couldn't help but smile as I experienced their energy, joy, and enthusiasm. Even I jogged when returning to the bus. Of course, I did so because I didn't want to be left behind!

RACE FOR THE CURE

Mark April 21, 2007, for the Komen Indianapolis Race for the Cure. Johnny 'O' again will be forming a team. He will attend a 6:15 p.m. captain's meeting in Indy Jan. 10 at Landmark Center Office Building. He will have team information in February's newsletter and at the Awards Luncheon.

THE KOZTECKI'S

Received a "Hello" from long-time CK members John and Lien Koztecki, who are now living in Texas. John works at the family center at Randolph AFB. Their address is: 1321 Arroyo Verde, Schertz, Texas 781454.

FINAL THOUGHT

Go Irish. Beat LSU!



Lynn Howell and Charlie Skoog.



Mike and Marsha Daugherty drove down from Winimac to help.



Kierra Howell teamed with T.A. and Heather Weber.

"Thunder Road" Marathon

by Robin Tetrault



"Thunder Road" in Charlotte, North Carolina was a super marathon. It is not a marathon for the "faint of heart" or the "hill haters". Ray, Missy, and I traveled to Charlotte, N. Carolina for a beautiful trip through the mountains to continue our quest of a marathon in every state! It was my 9th, Missy's 12th, and Ray's 13th state. We were thrilled when we hit the finish line. As I said, it was rolling hills. The weather was sunny and COLD! The temperature at the start of the race was a crisp 18 degrees...brrrrr and the

high was 38 for the day. At least the sun was shining and there wasn't any wind to speak of. The race ran through the historic neighborhoods and beautiful homes of Charlotte for the first half. The second half was also a very nice run through a more industrial side of the city. Missy and I were ready for the distance, but we weren't ready for the hills that NEVER ended. Even the finish was uphill. Ray ran just to get the state, as we already had it in our plans before he scheduled his hernia surgery. Ray also struggled with stomach problems. I asked Missy and Ray to share their high and low experience of the race on the way home. This has

become a tradition since one of the marathons....I think Brenda started it after Maine. Ray said his low and high was the same..."having to find a port-o-pot" and "finding a port-o-pot"! (funny Ray) Ray's finishing time was 5:18. Missy's low was the last BIG hill at mile 21 and her high was the finish line! My low was between mile 18 and 19, so far to go and so many hills... and my high was the wonderful traffic control and 2 complete lanes to run in at all times. The finish was also a BIG high for me. We were a little concerned we wouldn't finish before

the 6 hour cut off but my time was 5:54 and Missy was 5:55. It is always a treat to run a marathon with my daughter, and with the hills, we kept each other going.

We stayed with our best friends from our hometown that have relocated to Charlotte. We probably stayed up too late and ate too much but the time with them was well spent. We also got to attend their Christmas Extravaganza at their very large church. It was a fabulous outreach event that we enjoyed thoroughly, except for the extreme cold. They even had outdoor activities. The temperatures that weekend were very cold for those southerners! We were dressed for it and only complained a little.

As I write this, Ray is recovering from hernia surgery he had when we returned from our trip. The rest will do him good as we don't have another marathon planned for 2007 until the fall. It will be the club trip to Ashland, Wisconsin. So mark your calendars for the weekend of October 13th and work up the miles to be able to go with us. They also offer a half marathon. More details to come! Have a blessed Christmas as we celebrate Christ's birth, and a happy new year on the roads!

Meeting Minutes

Club Kokomo Meeting

Dec 4, 2006

as reported by Treasurer Mark Shorter

1. Brief financial report by Treasurer Mark Shorter
2. Elections: Many ballots have been returned. Gary Jewell and Mary Miller will be asked to count them.
3. New Year's Eve race: Fliers are available. Charlie Skoog said he would making his lentel soup and invited others to also make other soups. There will be a 1 mile fun run at 1:45 PM prior to the 5K.
4. Coyote Kids trailer: Ray has been looking for several months for a trailer to hold and store all of the Coyote Kids materials, club finish line materials and the sound system. After a discussion, Charlie Skoog moved and Milt Brown seconded, "To appropriate a maximum of \$6,000 for the purchase of a display/concession

trailer." Passed

5. Annual Awards gathering is Sunday February 25, 2007.

6. Year-End Awards Committee: Will meet at a date to be determined and will include Charlie Skoog, Will Irvin, Mark Shorter, and Ray Tetrault.

7. Discussion of Rails to Trails and possibility of rails abandoned in Howard County being converted to Trails.

Next meeting is Monday January 8, 2007 at 6PM at Ray Tetrault's home.

Adjourned

Members present were Sylvia Burgin, Milt Brown, Cynthia and Jackie Sanders, Tom Miklik, Pat Robertson, Will Irvin, Charlie Skoog, Ray Tetrault, and Mark Shorter.

Otter Creek Trail Marathon

by Brian Reinhardt



We had to run a short loop of just over 2 miles before we ran 3 loops of an 8-mile course so we started with that. After what was a pretty easy mostly downhill first mile we saw what the race director was apologizing for, a huge hill that wasn't even runnable followed by a series of hills that just kept on going for the next mile. By the time we made it back to the start so that we could begin our three loops we were all just looking at each other with these "Oh my God" looks on our faces wondering what we'd gotten ourselves in to.

root or rock and over it went. To say that I ran the last 15 miles would be unfair to the sport so we'll have to go with the term "hobbled" for the remainder of the marathon. By the time I hobbled back around to the start/finish for the second time I was seriously contemplating not going on, but I just couldn't see that now that I only had 1 loop to go.

So off I went at a walk for a while trying to get my ankle to loosen up. All that I really managed was to make myself cold so I had no choice but to get back into some type of groove to finish off the last 6 miles or so. I decided that I run all of the "flat" sections and walk the bigger hills. I managed to get into a pretty good groove by doing so and actually got to the point where I felt pretty good by the last couple of miles. I actually passed 4-5 people during that time, most of which had passed me earlier. I came in 26th at 4:56:46 with no boys in sight (again), more tired and sore than I ever remember being, and just wanting to lay down and take a nap. I found the boys and Quinn helped me into some different shoes and he helped me get some pretty good chili as well. I tried to rest as well as keep on the move occasionally as the three of us waited for Patti to come in. She made it in as tired and sore as I was, but I was very proud of her because this truly was what we've decided to call a "brutal" marathon. There's just no other way to describe it.

When the first words out of the race directors mouth are, "I apologize, but....." you know you're in trouble. We were.

Patti, Alec, Quinn, and I got up at 3:30 a.m., packed up, and headed south to Otter Creek Park just south of Louisville for what was supposed to be a somewhat challenging marathon. The boys were just going along to cheer and take pictures (yeah right) but Patti and I were determined to get another state (in our quest for an eventual 50) before the end of the year.

We arrived in plenty of time to get our race packets, which for a small marathon had some nice things, and even had time to walk the first few hundred yards of the course. I'm glad we didn't go further because we may have changed our minds. After getting the instructions that included the "I apologize, but...." we lined up and headed out - all 85-90 of us.

The first 3 miles of the 8 mile loop calmed our nerves somewhat because it was only mildly challenging, although very technical due to many roots, rocks, etc.. We couldn't run fast, but we could run. However, the difficulty of the second half of the loop made the first half necessary because we'd have never been able to complete the whole loop, little own the whole marathon! There were many, many hills, fallen trees to climb over or under, so many roots, large rocks, and creeks that it just never seemed to end. By the time we got around to the start/finish area after 1 loop it was demoralizing knowing that there were still 2 loops to go!

But go on we did. As hard as it was I was okay with it until I severely twisted my ankle at just past 11 miles. I was running through a stand of pine trees with straw covering the ground when I stepped on a hidden

Birthday List

1/2	Patti Reinhardt	1/11	Trudy Pierce	1/21	Alexandra Bletsis
1/2	Keith Kubicek	1/12	Brooke Jones	1/22	Sondra Summerton
1/3	Marsha Daugherty	1/15	Terry Gruel	1/24	Chantel Sullivan
1/3	Andrew Maibaum	1/16	Edwina Foust	1/25	Genna Rodgers
1/5	T.A. Weber	1/17	Milt Brown	1/27	Eric Newman
1/8	Robin Michael	1/18	Annina Gruber	1/27	Kayla Reinagle
1/8	Suzy Landrum	1/18	Lisa Jones	1/30	Jennifer Mayfield
1/9	Kim Coy	1/21	Joshua B. Revils	1/31	Angela Minnefield
1/11	Pam Fisher	1/21	Taxis Bletsis		



Race Results

Club Kokomo Charity Run 5K Sunday, December 03, 2006 UAW 292, Kokomo, IN

1. Scott Colford 17:02
2. Dana Neer 17:46
4. Mason McGovern 19:38
5. Will Irvin 20:01
7. Al Hochgesang 20:57
8. Eric Newman 21:09
11. Kismet Morrison 21:57
12. Ron Moore 21:59
14. Earl Strong 22:44
15. Michelle Hollingsworth 22:50 1st Female
16. Mark Shorter 23:05
17. Eric Mathew 23:16
18. Ricke Stucker 23:21
19. Kelly Wright 23:28
21. Darin Hollingsworth 24:22
22. Mike Daugherty 24:27
23. Travis Sheets 24:28
24. Mike Graham 24:30
25. Michael Lake 24:37
26. Mike Deardorff 24:43
27. Ray Tetrault 25:06
28. John Norris 25:10
29. Mark Rodgers 25:14
30. Scott Goudy 25:35
33. Sam Williamson Sr. 25:56
35. Shannon Reinagle 26:03
36. Gina Sheets 26:04
37. Steve Wand 26:05
38. Teresa Long 26:12
39. Daniel Riffe 26:14
40. Mark Eads 26:38
41. David Hughes 26:40
42. Stan Shuey 26:45
44. David Reinagle 27:18
45. Tom Miklik 27:41
46. James Longwith 27:55
47. Peter Bauson 28:01
48. Jesse Bauson 28:02
50. Bill Bauson 28:39
51. Cassie Bauson 28:39
54. Brett Sanders 29:26
55. Justine Eads 29:52
56. Joyce Pennycoff 29:55
57. Lisa Jones 29:58
59. Robin Tetrault 30:16
60. Amber Longwith 30:35
61. Greg Townsend 31:21
62. Jennifer Mayfield 32:15
64. Marsha Daugherty 32:41
66. Robin Cole 33:55

67. Keith Bauson 34:32
 69. Rhenda Acton 35:01
 71. Bob Cupp 38:07
 73. Milt Brown 40:09
 74. Charlie Skoog 50:29
- 74 Finishers

Club Kokomo 3 Mile Walk

1. Jerry Lambert 33:31
 2. Mary Miller 35:51 1st Female
 3. Tim Taflinger 35:52
 4. Keith McAndrews 37:30
 7. Brian Allen 39:52
 8. Amanda Pena 41:20
 9. Rick Spencer 41:21
 10. Sylvia Burgin 42:44
 11. Debbie Riffe 42:46
 13. Rocky Smith 42:48
 14. Judy Smith 45:53
 15. Emily Allen 48:51
 16. Kathy Allen 48:52
 18. Pat Robertson 49:01
 19. Jackie Sanders 49:28
- 19 Finishers

Club Kokomo New Year's Eve December 31, 2006 Kokomo, IN

5k Run

1. BJ Needler 16:12 Wabash
2. Scott Colford 17:14
3. Dana Neer 17:30
7. Mason McGovern 19:27
10. Rachel Hollinger-Janzen 19:45 1st woman
11. Heather Weber 19:54
13. Kismet Morrison 20:09
15. Annina Gruber 20:39
20. Sam Williamson, Jr. 21:16
22. Tony Campbell 21:50
23. Earl Strong 22:10
26. Eric Matthew 22:44
27. Michelle Hollingsworth 22:46
29. Mark Shorter 23:30
31. Darin Hollingsworth 23:58
32. Greg Townsend 23:59
34. John Norris 24:07
36. Mike Graham 24:10
37. Kelly Wright 24:17
39. Mike Deardorff 24:20
41. Roxane Burrous 24:40
43. Shannon Reinagle 24:44
46. Nicole Peel 24:50

47. Keith Hill 24:57
49. Steve Wand 25:06
50. Ernie Strawn 25:26
51. Teresa Long 25:31
52. Mark Rodgers 25:36
53. David Reinagle 25:49
54. Kim Lee 25:50
55. Vern Graves 26:00
56. Amy Piazza 26:01
57. Stan Shuey 26:06
58. Ricke Stucker 26:11
59. Cassie Bauson 26:25
60. Sam Williamson, Sr. 26:30
61. David Hughes 26:39
62. Lisa Berkheimer 26:44
63. Mark Eads 26:51
65. Ken Swinehart 26:54
66. Sarah Lee 27:12
67. Matt Mince 27:38
71. Estela Mince 27:52
72. Greg Landrum 27:55
73. Tom Miklik 27:59
74. Peter Bauson 28:11
75. Bill Bauson 28:46
79. Joyce Pennycoff 28:55
82. Lisa Jones 30:07
83. James Longwith 30:12
86. Allison Irvin 30:24
87. Patti Reinhardt 30:25
91. Gina Sheets 30:59
92. Justine Eads 31:02
93. Amber Longwith 31:07
94. Robin Tetrault 31:15
96. Jim Burrous 31:45
99. Ryan Bagwell 32:48
101. Chris Williamson 33:11
103. Rhenda Acton 33:20
106. Keith Bauson 33:47
107. Robin Cole 34:26
110. Doris Griffith 35:19
113. Geana Moore 37:46
114. Ron Moore 37:48
- 117 Finishers

5K Walk

1. Jerry Lambert 32:32
2. Keith McAndrews 33:12
3. Mary Miller 34:37 1st woman
4. Tim Taflinger 33:55
5. Steve Inman 35:56
6. Amanda Pena 36:37
10. Robin Michael 39:19
12. Brian Allen 40:38
14. Ray Jean Swinehart 41:38

15. Jane Inman 41:38
 16. John McGinty 41:53
 17. Rocky Smith 42:16
 18. Sylvia Burgin 43:38
 20. Judy Smith 46:52
 22. Pat Robertson 48:08
 25. Cara Mince 48:39
 26. Jackie Sanders 48:42
 27. Cynthia Sanders 48:44
 31. Debbie Riffe 50:40
- 31 Finishers

Other Race Results

Thunder Road Marathon December 9, 2006 Charlotte, NC

1. Birhanu Wukaw 2:24:20
 - 1w. Barbie Dalton 3:13:24
 789. Ray Tetrault 5:18:10
 835. Robin Tetrault 5:54:20
- 848 Finishers

Rocket City Marathon December 9, 2006 Huntsville, AL

1. Joseph Chirlee 2:32:30
 - 1w. Janet Cherobon 2:51:45
 6. Scott Colford 2:38:20
- 950 Finishers

Sunmart Texas Trail Endurance 50-miler December 9, 2006 Huntsville, TX

1. Greg Crowther 5:37:37
 - 1w. Anne Lundblad 6:33:21
 159. Gina Sheets 11:06:12
- 193 Finishers/284 Starters

Otter Creek Trail Marathon December 10, 2006 Otter Creek Park, KY

1. Andrei Volik 3:32:33
 - 1w. Robin Meagher 4:46:10
 26. Brian Reinhardt 4:56:46
 63. Patti Reinhardt 6:38:27
- 83 Finishers

Huff 50k December 30, 2006 Huntington, IN

1. Terry Crompton 4:05:39
 - 1w. Nancy Kleinrock 4:41:01
 143. David Hughes 6:29:48
- 213 Finishers

Final 2006 Points Standings

Races scored include the Groundhog 7, JN Amboy, Old Ben, The Ultimate Challenge, Race for the Cure, Peru Trail Run, JN Jackson Morrow, Trojan Trot, JN Greentown, Relay for Life, Race for Grace, Haynes Apperson, Ironhorse, Panther Prowl, JN Converse, Age-graded, Run for Shelter (runners), Blueberry Stomp (runners), BeeBumble, Symphony, Cole Porter, JN Bunker Hill, The Mounds, McKinley School, Charity Run, New Year's Eve Run and any one marathon, one half-marathon, or one volunteer.

Runners

Women

0-12
 Brianna Jones 240
 Kayla Reinagle 240
 Zoe Irvin 1-10
 Lauren Weber 1-10
 Natalie Weber 1-10

13-19
 Amber Longwith 17-224
 Sarah Lee 11-142
 Sarah Bauson 7-122H
 Vanessa Lorenz 9-122V
 Laura Bauson 7-107MH
 Megan Tetrault 7-97HV
 Annina Gruber 4-80
 Katie Hollingsworth 4-75V
 Nicole Parry 3-45
 Katie Christenson 1-20
 Waverly Neer 1-20
 Kylie White 1-20V
 Mindy Tetrault 1-10

20-24
 Michelle Tetrault 5-80V
 Grace Bauson 3-55
 Stephanie Miller 2-40H
 Ashley Taflinger 1-20
 Holly Hurlburt 1-15
 Jennifer Mahn 1-12

25-29
 Kelly Wright 13-250MH
 Shannon Reinagle 14-235MH
 Justine Eads 11-173
 Karen Bush 7-109H
 Allison Irvin 7-102V
 Kim Coy 3-52MH
 Estela Mince 1-12

30-34
 Lisa Jones 13-235H
 Amy Piazza-Graves 6-120H
 Lisa Stucker 6-100H
 Robyn Pagington 1-20V

35-39
 Gina Sheets 14-239MHV
 Heather Weber 11-210HV
 Jennifer Mayfield 10-149

Teresa Long 6-102MH
 Tami Moore 5-85H
 Nicole Peel 4-75MH
 Jerelyn Bradway 3-52H
 Lisa Berkhimer 1-10
 Carrie Gruel 1-10
 Marti Sholty 1-10

40-44
 Patti Reinhardt 21-360MHV
 Michelle Hollingsworth 19-355H
 Sharon Miller 10-128H
 Tammy Cody 9-126M
 Kim Anderson 1-20M
 Evangeline Bletsis 1-20

45-49
 Cassie Bauson 15-277MH
 Roxane Burrous 14-265MHV
 Carla Yerkes 4-80H
 Sandy Knowland 5-72
 Cheryl Marner 4-70MH
 Nancy Ward 3-55H
 Lorie Zandi 2-35H
 Ellen Nichols 1-20H
 Nancy Anderson 1-12

50-54
 Lorene Sandifur 24-460HV
 Robin Tetrault 18-274MV
 Robin Cole 15-203V
 Joyce Pennycoff 12-200HV
 Christine Williamson 10-151HV
 Marsha Daugherty 6-88V

55-59
 Rhenda Acton 8-160HV
 Anne Wiles 3-50V
 Karmen Gaspy 3-45H
 Kathy Barnett 3-40V
 Susan Coghill 2-35
 Barb Wand 2-30V
 Shirley Wilson 2-30H
 Toni Rethlake 1-10

60-64
 Doris Griffith 5-100MHV
 Trudy Pierce 3-45H
 Susan Gerhart 2-40H
 Sarah Kleinknight 2-40H
 Kathleen Leach 2-35H

Men

0-12
 James Longwith 17-294
 Josh Revils 8-140
 Keith Bauson 6-110
 Ben Bradshaw 2-40
 Nicholas Webster 2-27
 Quinn Reinhardt 1-20V
 Corey Moore 1-10

13-19
 Mason McGovern 10-185V
 Sam Williamson Jr. 10-143H
 Matthew Robertson 8-142
 Peter Bauson 6-97
 Jesse Bauson 4-80H
 Jordan Lee 7-77
 Bryan Phillips 3-60
 Tony Robinette 3-34
 Brandon Sheline 3-34
 Caleb Cole 3-30
 Brett Sanders 2-30
 Kaleb Hollingsworth 3-28V
 Jordan Brown 2-24
 Carl Christenson 1-20
 Daniel Riffe 1-20
 Andrew Swinehart 1-20H
 Levi Parks 1-5

20-24
 Seth Daugherty 3-60
 Eric Newman 3-50
 Nathan Havermale 3-47
 Ryan Hurlock 2-40
 Josh Daugherty 1-15

25-29
 Mark Eads 10-195
 Matt Mince 4-67H
 Jason Rush 2-40H
 Ryan Woolever 2-40H
 Matt Yarosz 2-40
 Greg Sullivan 1-20

30-34
 William Irvin 15-285H
 David Reinagle 13-202H
 T.A. Weber 10-143HV
 Keith Hill 9-134H
 Jeff Kuczera 7-125

35-39
 Ron Moore 15-280H
 Michael Lake 8-140
 Vern Graves 8-126H
 Travis Sheets 6-105MHV
 Scott Colford 3-60M
 Mitch Reeves 3-50H
 Anthony Campbell 2-35H
 Shawn Mayfield 2-32H
 Mark Jones 1-12

40-44
 Brian Reinhardt 17-305MHV
 Michael Graham 21-259HV
 Darin Hollingsworth 15-215V
 Kim Lee 14-192
 Dana Neer 10-190HV
 Dan Lutes 7-130MH
 Mark Webster 6-86HV
 Mike Williams 4-59H
 Kismet Morrison 3-47
 Mike Jones 2-30H
 Rich Bradshaw 2-27
 Scott Goudy 1-20
 Gary Jewell 1-20V
 Jack Lotzgeselle 1-20H

45-49
 Eric Mathew 20-323MH
 Al Hochgesang 17-279V
 Byron Burendt 13-250H
 Mark Rodgers 19-249H
 Ray Tetrault 16-229MV
 Ken Swinehart 7-96H
 Bill Bauson 6-81H
 Jerry Meiring 5-51

50-54
 Mike Deardorff 27-354MHV
 Mark Shorter 23-350HV
 Earl Strong 19-338MH
 Greg Townsend 13-180V
 Don Gifford 11-176H
 Chuck Masters 5-100H
 Russ Hovermale 7-98H
 Dave White 3-60MH
 Michael Campbell 4-47M
 John Sites 2-40HV
 Karl Stoneking 2-32H
 Dave Zandi 2-32H
 Rex Piercy 1-20M
 Mike Rethlake 1-10
 Greg Landrum 1-9

55-59
 Ricke Stucker 24-425HV
 Steve Wand 19-294HV
 Charlie Skoog 14-235MV
 Tom Miklik 15-223MHV
 Steve Kildine 6-91HV
 Fred Chew 4-52H
 John Wiles 3-50HV
 Joe Rangel 2-40
 Phil Leininger 3-30

60-64
 Sam Williamson Sr. 13-237H
 David Hughes 13-217M
 Jim Burrous 11-184MH
 Doug Mankell 10-162V
 Bill Barnett 7-120MHV
 Dale Sullivan 4-59

65-69
 Stan Shuey 18-342
 John Norris 7-130HV
 Charles Johnson 3-45
 Ernie Strawn 2-35
 Darrell Pennycoff 1-20V
 Jerry Leach 1-15

70+
 Robert Cupp 14-257
 Milt Brown 6-92
 Bill Heck 3-60V
 Riley Case 1-15

Walkers

Women

49-
 Mary Miller 23-440HV
 Amanda Pena 18-275V
 Debbie Riffe 19-231V
 Emily Allen 12-140
 Jane Inman 11-129HV
 Raye Jean Swinehart 10-125H
 Cara Lee 5-49
 Geana Moore 3-29
 Carol Savage 2-29H
 Karen Jewell 1-20V
 Nancy White 1-20V
 Teena Van Meter 2-16
 Becky Christenson 1-10
 Doris Carden 1-9
 Susan Robertson 1-7
 (continued on page 10)

New Year's Eve "Gift Race"

by Brian Reinhardt



Lisa Berkheimer finishes just ahead of Mark Eads.

With a record turnout, including about 100 race day registrants, the New Year's Race was a huge success this year. Nobody seemed to mind the drizzly weather, considering it could have been -20* out there instead of over 50*. With very little overhead for this race Coyote Kids will benefit greatly from all of the local runners and many from afar coming to Kokomo to enjoy another well run Club Kokomo event.

Wabash runner BJ Needler took the overall run and club member Jerry Lambert took the walk. Ther

women's winners were a Goshen woman, Rachel Hollinger-Janzen, and club member Mary Miller in the walk. The top finishing club runners for the run were Scott Colford and Heather Weber.

Once again, club members came together and provided some delicious soups, chilis, rolls, and sweets to the participants. It always amazes me at just how great this group of people that we call Club Kokomo really are. Good stuff!

Mark Shorter had a great idea this year that I think will really grow from year to year. He suggested that anyone that wanted to bring a gift for a gift exchange in place of the typical awards. About 20 runners/walkers did so and it was lots of fun to see the participants be

able to choose a gift. As we get the word out about this I suspect that this will become known as the "Gift Race". Start considering what you might want to bring for your gift next year if you forgot about it this year! This race will continue to grow and will be more and more fun!

Thanks to UAW Local 292 for the use of their building once again. See you there next year!



Shannon Reinagle sprints to the finish.



John Norris seems to be enjoying himself.



Ernie Strawn looking strong.

New Members

Scott Colford

Scott Goudy

Ryan Hanlon

Welcome to Club Kokomo!

Final 2006 Points Standings (continued)

50+
 Sylvia Burgin 21-372
 Pat Robertson 18-244HV
 Judy Smith 15-215
 Cynthia Sanders 16-185V
 Diane Gifford 6-105
 Kathy Allen 3-42
 Edwina Foust 2-32V

Helen Brown 2-30V
 Angie Lorenz 1-20V
 Sherry Stoneking 1-20H
 Jill Parry 1-15
 Julia Green 1-10
 Barb Hobbs 1-10

Men
 49-
 Keith McAndrews 20-375MHV
 Brian Allen 17-253
 Steve Inman 11-190HV
 Nicholas Allen 9-120

Bruce Savage 2-30H
 Ray Bradway 1-15
 50+
 Jerry Lambert 23-440HV
 Tim Taflinger 22-320HV
 Rick Spencer 14-218HV
 Jackie Sanders 20-201V

Robin Michael 14-164MH
 Rocky Smith 11-112
 Toney Lorenz 8-98H
 John Robertson 3-35
 Melvin Hobbs III 2-30H
 John McGinty 2-29
 Walter Brown 1-10

2007 Race Calendar

March 10
Norris Insurance 5K Run/Walk
Time: 9 AM
Location: Amboy, IN

March 24
Old Ben 5K Run/Walk
Time: 9 AM
Location: Highland Park

March 31
CK Ultimate 10m run or 5m Run/Walk
Time: 9 AM
Location: Logansport, IN

April 21
Race for the Cure 5K Run/Walk
Time: 9 AM
Location: Indianapolis, IN
10 points for each finisher

May 12
CKRR 5K Trail Run/ Walk
Time: 8 AM
Location: Peru River Walk

May 19
Norris Insurance 4M Run/ 3M Walk
Time: 8 AM
Location: Jackson Morrow Park

June 2
Helping Hands 5KRun/ Walk
Time: 8 AM
Location: Sharpsville, IN

June 9
Norris Insurance 5 Mile Run/ 5K Walk
Time: 8 AM
Location: Greentown, IN

June 15-16
Relay for Life
Location: Kokomo High School

June 23
Race for Grace 5K Run
Time: 8 AM
Location: Logansport, IN

June 30
Haynes-Apperson 4 Mile Run/3 Mile Walk
Time: 8 AM
Location: Memorial Gym, Kokomo

July 14
Iron Horse 4 Mile Run/ 3 Mile Walk
Time: 8 AM
Location: Logansport, IN

July 21
Panther Prowl 4 Mile Run/5k Walk
Time: 8 AM
Location: Western H.S., Russiaville

August 4
Norris Insurance 5K Run/ Walk
Time: 8 AM
Location: Converse, IN

August 11
CKRR Age-Graded 4 Mile Run & 5K Walk
Time: 8 AM
Location: Highland Park

Sept 16
Club Kokomo 5 Mile Run/5k Walk
Time: 2 PM
Location: Nickel Plate Trail, Peru
(Non Points)

September 22
BeeBumble 5k-10k Run/5k Walk
Time: 8 AM
Location: Burnettsville, IN

September 29
Kokomo Symphony 5K Run/Walk
Time: 9 AM
Location: Highland Park

October 6
Cole Porter 5k-15K Run/5k Walk
Time: 8:30 AM
Location: Peru, IN

October 20
Norris Insurance 5 Mile Run/ 5K Walk
Time: 9 AM
Location: Bunker Hill, IN

November 4
Run the Mounds 5m Run/Walk
Time: 2 PM
Location: Anderson, IN

November 10
CKRR 4 Mile Run/ 5K Walk
Time: 9 AM
Location: McKinley School

November 22
CKRR Thanksgiving Day Fun Run
Time: 8 AM
Location: Highland Park
(Non Points)

December 2
CKRR Charity Run 5K
Time: 2 PM
Location: UAW Local 292
(20 pts each finisher)

December 31
New Years Eve 5k Run/Walk
Time: 2 PM
Location: UAW Local 292

Other Races

January 6
23rd Annual Siberian Express
7.6 Mile Trail Run
11:00 AM
Kickapoo State Park
Danville, IL
Kennekuk (217)431-4243

February 3
Bop to the Top 37 Stair Climb
10:00 AM
One America Building
Downtown Indy
(317)733-3300

February 4
35th Annual Groundhog 7
1:00 PM
Zionsville High School
(317)989-2357

February 10
Cupid's Fling 5k
9:00 AM
Northview Christian Church
Carmel, IN
(800)262-RACE

February 24
Polar Bear 5-Miler
9:00 AM
Indiana War Memorial, Indy
(317)884-4001

Club Kokomo Roadrunners
2936 Congress Drive
Kokomo IN 46902

Thank you to our sponsors!

Goodfellows

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ERIK'S CHEVROLET

Inside this issue:

From the President	2
Ancient Oaks 100-Miler	3
Sunmart 50-Miler	3
On the Roads	4
Thunder Road Marathon	6
Meeting Minutes	6
Otter Creek Trail Marathon	7
Birthday List	7
Race Results	8
Points Standings	9
New Year's Eve Race	10
New Members	10
Race Calendar	11