



The Roadrunner

CLUB KOKOMO ROADRUNNERS

January 2006

Email address: ckrr@comcast.net

Web address: www.ckrr.us

Club Kokomo Ends 2005 on a High Note

By Charlie Skoog



Matthew Robertson and Mason McGovern await the start of the New Year's Eve 5k.

Thanks to all the participants and volunteers who contributed to the Charity Run and New Years Eve 5K. Special thanks to UAW Local 292 for providing their wonderful facility at no cost and my sidekick, Stan Shuey, who accurately measured, provided detailed maps, identified volunteer locations, and set-up the course perfectly for both races. Cindy Sanders did a great job coordinating the sloppy joe's for the Charity Run and Travis Sheets and Lori Kniesly ran the kitchen for the awesome pitch-in lunch. This years Charity Run raised \$1,546 which was much ap-

preciated by Nesting Doves and the Magic and Care Closets. Thanks again to all who contributed!

Mother Nature had provided record high temperatures for our December 2004 races but this was not to be the case for 2005. Our participant numbers were down for the Charity Run and with the cold and wet forecast we expected the same for NYE. Amazingly we had a record day of event turnout of 87 and Mark Shorter's registration team performed flawlessly as all 40 pre-registered folks also showed up for a total of 127 racers. (continued on page 14)



For sale:
Club Kokomo Logo (as pictured above) is a 5 inch diameter self stick sticker. It can easily be removed and placed at another location. Cost is \$1. See Treasurer Mark Shorter at a CK event.

My Prediction.....7

By Lorene Sandifur

Lorene was nice enough to forward to me an old newsletter article that still embodies what club Kokomo has been about for many years. Enjoy reading about what the crazies on Wednesday night once did.....and still do.

My predictionseven. As I put on my gear to do battle with the elements, I pondered who would join me in my snow adventure. John and Anne were givens. Charlie could be counted on. His long

legs could have run through the blizzard of '78 and this storm paled in comparison to that blizzard. Dave #1 would show up. After all, he wears shorts in sub-freezing weather. Dave #2 would be there at the last minute. He would just be getting off work and his truck would automatic pilot him to Highland Park. Now Mike I wasn't sure of since he was a relative newcomer to the group. Mike had been hanging out with Charlie though and I knew Charlie's running craziness (continued on page 6)



Lorene at the age-graded race earlier this year.

Inside this issue:

FROM THE PRESIDENT WITH RAY TETRAULT	2
ON THE ROADS WITH JOHNNIE 'O	4
TRAIL NEWS WITH CHARLIE SKOOG	5
NEW MEMBERS	7
ROCKET CITY RUNNIN' WITH DAN LUTES	8
RACE CALENDAR	9
BIRTHDAY LIST	9
RACE RESULTS	10
MEETING MINUTES	11
POINTS STANDINGS	12

Next Race:
Groundhog 7
Zionsville High School
Feb 5, 2006 at 1:00 P.M.



From the President

By Ray Tetrault



My life revolves around people. I get to see the best of people and the worst of people. This privilege comes as a result of being a pastor, counseling and being a part of CKRR. I can still vividly recall a man approaching me about becoming a member of our church. He wanted to "be a part of Grace Fellowship." He asked me for a membership application for the church. I told him I didn't have any applications. He thought I meant I didn't have any on me. So he asked the next logical question. "How much does it cost to be a member of Grace?" No membership could ever cost as much as Grace membership costs. I told him that membership at Grace

would cost his life. He was horrified. The reality is that salvation is free, it is a gift given to us by a gracious God. But to be a member cost a life, and that life was given by Jesus. He was so relieved to know I wasn't speaking literally about his life, that he laughed and said, "I thought for a moment you wanted me to do something as a member of Grace." And my mind went into motion. In order to be a member, you need to be active. There is the requirement of Jesus that you "deny yourself, take up your cross and follow Me." Now that is active membership!

Which brings me to membership with CKRR and what I believe is the best way to make your membership count for something. Your membership at CKRR will not be of any value if you are not active in your club. There are going to be those moments when you must decide for yourself what you can do for CKRR. Your membership without active participation isn't worth the few dollars it costs to be a part of the club. It may mean you show up on Wednesday evenings to run with and encourage other runners/walkers. It may mean that you volunteer to help at any race you are not going to run or walk in. Maybe it means that you are going to be a CKRR evangelist, going out and finding others who don't know about CKRR and signing them up. I wonder how many people that didn't renew their CKRR memberships are able to be brought back into the club. It may mean you making a phone call and inviting someone back. It may mean you getting involved enough to make peace or help find a solution for someone.

Can you look at 2006 as "THE YEAR" you are going to set new personal bests, participate in more races than ever before, run your first marathon, go on our annual CKRR marathon trip to Deadwood South Dakota, maybe run your first mini-marathon. This is the year you are going to finally lose the weight you have fought with for so long, or planning weekly training with a core of runners slightly better than you. This is the year you are going to step forward and tell the club that you are going to be counted on to help direct or volunteer at a race, or maybe 2006 is the year you adopt someone in CKRR to be their secret best fan. This is the time to set your goals. And 2006 is the time to meet those goals!

You belong to a very privileged group of people. You have membership in CKRR. And membership has privileges, but it is only the active members that understand it best. 2006 is filled with opportunity!

Long Runs

Starting January 7th at 9:00 each Saturday morning I am opening my house to all those who want to begin running long runs. We will run loops so we can have varying distances enabling some to run less or more depending on conditioning status. Here are the times when I will be running long runs and anyone is welcome to be a part.

January 7, 14, 21, 28 at 9:00 a.m.

February 5 is the Groundhog Run.

February 11 meet at my house at 6:15 a.m. for a drive to Eagles Creek to meet up with Dan Lutes and the Race

Director for the Deadwood Mickelson Marathon for a long run starting at 8:00 a.m.

February 18 at 9:00 a.m.

February 26 at 1:00 p.m.

March 5, 12 at 1:00 p.m.

This schedule takes into account playoffs, Superbowl, Groundhog Run, and our annual awards meeting. I hope to see you for some runs!

Financial Issues

We have been talking at our CKRR meetings about the financial condition of our club. It isn't that we are in terrible shape or are hurting financially. I asked those at our monthly meeting to talk about our financial future. Our club spends over \$6000 a year to carry out the mission of helping others celebrate a healthy and active lifestyle. This is in addition to our membership fees, our race costs, and our awards. This does NOT include our Coyote Kids program which needs around \$5000 a year to maintain the program. This also does not include our scholarship program.

We have found it more challenging than ever before to raise sponsorship dollars for the ongoing support of CKRR programs. As a result of these challenges we are going to try and raise sponsorship annually rather than for a single race only. This means when someone sponsors CKRR, they are sponsoring every event the club is doing, we will list them on our website and in our monthly newsletter. This will give them more exposure for their dollars and should enable us to focus on fundraising once per year, rather than for each race.



From the President (continued)

But here is the big catch. I am asking each member to review the list of sponsors and thank them for their part in making our club what it is. More importantly I am asking you to support these sponsors by purchasing their products and calling them first when you have a need for the products they offer. I am asking you to help us in identifying potential businesses who might be willing to help us with donations ranging from \$250 per year and up. We will send a brochure outlining our club's mission statement and what we are doing to try and accomplish it.

Can you imagine the cost of CKRR membership without the almost \$12,000 we raise annually to support the club? It would mean we would need to raise the price of membership an extra \$60 per person at the minimum to continue what we are doing. Our community, our friends, and our families need the kind of programs CKRR offers. We offer a way to make our bodies healthy. We offer the friendships necessary to stay on a fitness for life program. We offer the partnerships and support to manage life through the difficulties, diseases, and challenges you will face as you walk through your life.

Thank you for your help and your active participation in taking up this challenge.

Sara's Supporters:

I just hung up my phone from talking with Sara Miller and her husband Dan. They were part of our marathon trip to Top of Utah marathon. We have been talking about her health journey through the unknown world of cancer. I asked her to write something for the newsletter and called her to-night to see what she would have ready for this newsletter.

She received bad news from her doctor and had a mastectomy December 27th. Enclosed is a copy of a letter she sent to me to share with the club before she knew she needed a mastectomy.

Ray,

Thank you so much for your kind words of support and encouragement. They help tremendously at a time like this. And as always, it is so good to hear from you and Robin at any time about any thing. You're both special to Dan & I.

I would be happy to share my story with you and the club if it will help anyone going through this or anything like it.

I had gone in for my routine annual mammogram in Oct and received a phone call a week later that something suspicious had shown up and I needed more films taken. On Nov 8th I had that done and met with a radiologist from Indy (in Kokomo) who recommended a biopsy. Arrangements were made for a stereotactic biopsy that same week on the 11th at St. Francis Hosp in Indy and the same radiologist performed the biopsy, which was very reassuring. On Nov 16th I was diagnosed with ductal carcinoma insitu but mine had

already filtrated outside the ducts. I met with my oncologist on Nov 21st and he recommended a wonderful breast surgeon in Indianapolis for me. I have already told this doctor that he is the Peyton Manning of breast surgeons! After viewing my MRI, the surgeon told me he saw nothing on my reports that indicated I needed a mastectomy and we would try to get all of it with a lumpectomy and radiation.

I just had the surgery Tues, Dec 13th and am recuperating

at home right now. They were to remove the breast cancer and hope for "clean margins" and also remove the two sentinel lymph nodes. I awakened from surgery to learn that only one lymph node had been removed and it was cancer-free! At this time, I am awaiting results from the breast cancer itself. My future treatments will depend on what they reveal.

The last time I ran was Sunday, Nov 27th with Marie Nichols and she has been an angel on earth. My wish for everyone in the world is to have a friend like her. Through this whole experience with cancer I have felt very blessed. I don't really know what is ahead for me but I know God is with me and I have the wonderful support of family and friends, like you. There are so many ways God has shown his presence to me at this time in my life and I am totally at peace with anything I have to face. Dan, Matthew, Emily & Joel have had this to deal with, too, and through their pain, were strong for me. They have been so loving and supportive, it just breaks my heart.

Ray, we look forward to being with you and our CK family. Thank you for the invite Sun. - don't know about this Sun but maybe one soon. I look forward to running with all of you again. Will you be giving an award for last place? I'll take it!!

Love to all,
Sara

My open letter to Dan and



Sara, with her husband, Dan, and other club members at the 2004 Top of Utah Marathon.

Sara is this. We all run together; no matter where the trail takes you, we are going to run with you there. Nothing gets to you unless it first goes through the hands of a loving God. So stay on your journey, don't worry about the aid stations you will need to finish this race, we are running to the finish line together, no matter the cost. We love you and miss you!

For anyone interested, Jim and Roxane Burrous have both mens and a womens club singlets for sale in red and a size medium for both. The cost is \$15 each. If you're interested in purchasing both or either of them email me at the address on the front of the newsletter and I'll let Jim and Roxane know.

Also, Mary Miller has 2 of the women's club shorts in royal blue in a medium and a large. Each pair would be \$16 each. If you're interested in either contact me as suggested above.



On the Roads

By Johnnie 'O



CK hosting chili contest at Award's Luncheon

Club Kokomo Roadrunners will host its first Chili Contest at this year's Awards Luncheon at the Senior Citizen Center on Feb. 12.

In recent years, Steve Miscoi, with Annie 'O's help, cooked chili for the annual Awards Luncheon. Steve will not be able to serve up his famous soup this year. Last fall, he became a corrections officer at the Howard County Jail. His schedule varies, and he does not know at this time if he will be off the day of the luncheon.

So, CK's officers decided to have the club's first Chili Cooking Contest. There will be a prize; we just don't know what. Chili makers need to get their name to Ray by Jan. 27. A crock pot per entry is requested.

When it comes to chili recipes, there is a planet-size list in cookbooks and Online at cooksrecipes.com. At the risk of sounding like Bubba in the Forrest Gump movie, you have your Sirloin Chili, Five Alarm Beef Chili, Spicy Sausage Chili, Lamb Chili, Venison Chili, Buffalo Chili, Chicken Chili, Southwestern Chicken Chili, Crawfish Chili, Turkey Chili, Brazos Turkey Chili, and West Coast Turkey Chili. I

wonder if there is an East Coast Turkey Chili.

Then you have your Vegetarian Chili, your Spicy Vegetarian Chili, Vegetable Bean Chili, Black Bean Chili, White Bean Chili, Black Bean Turkey Chili, White Bean Turkey Chili, Mushroom Superbowl Chili, and Laszlo's Eggplant-Soy Chili (Ugh!).

Or you could have your Cincinnati Chili I, Cincinnati Chili II, Texas Chili, Tex-Mex Chili, Pat's Real Texas Chili, New Mexico Chili, Greek Chili, Zuppa (Italian-Southwestern) Chili, or Cajun Chili.

You could also have Three-Alarm Chili, Cheesy Macaroni Chili, Coffee Liqueur-Mayan Chili, Grandpa Snub's Chili, and Max's Chili. There is even a Nell's Chili Con Carne in Paul Newman's cookbook.

Annie 'O already has signed up to bring a crock pot of her favorite chili. If we do not receive enough entries, Johnny 'O will have to open his "Are You Hungry Tonight?" book of Elvis' favorite recipes. Instead of chili, you may find on the Luncheon table Biscuits and Red-Eye Gravy, Sweet Breakfast Grits, Burnt Bacon and Mustard on Toasted Rye, Fried Peanut Butter and Banana Sandwich, Old-fashioned Scrapple served with catsup and creamed onions, and Johnny 'O's favorite – Chicken a la King.

If Elvis' recipes don't scare you into contacting Ray, then maybe Johnny 'O' will ask Lorene Sandifur to cook for the Awards Luncheon. Ray's telephone number: 854-1393; email: rayrobin@email.com.

GOODFELLOWS

Since 1911, the local Goodfellows organization has

been helping mothers buy clothes for their children.

Johnny 'O has been a member of Goodfellows for more than 30 years. Providing clothing for 2,000 children each year is the best present Johnny 'O receives at Christmas. He didn't believe such a present could get better, but it did this year because friends joined him in the effort.

At Christmas this year, Johnny 'O raised a glass of Guinness in appreciation to fellow Goodfellows and Club Kokomo members Annie 'O, Lorene Sandifur, Charlie Skoog, Dave, Nancy and Kylie White, Mike and Marsha Daugherty, Dan Lutes, and Brian Reinhardt, and CK members and Wildcat Guardians Debra Bowman, and Lynn and daughter Kierra Howell.

They made Johnny 'O's Christmas special this year.

RACE FOR THE CURE

Mark April 22, 2006, for the 2006 Komen Indianapolis Race for the Cure. Johnny 'O again will be forming a team. He will attend a 1:30 p.m. captain's meeting in Indy Jan. 7 at St. Luke's United Methodist Church. He will have team information in February's newsletter and at the Awards Luncheon.

THE KOZTECKI'S

Long-time CK members John and Lien Koztecki, who have been living in Japan, are moving to San Antonio, Texas. John has accepted a job at the family center at Randolph AFB. "Hope to see all you guys in April – we'll be back for Joe's (their son) wedding."

FINAL THOUGHT

Go Irish. Beat Buckeyes!





Trail News

By Charlie Skoog



Looking Forward and Looking Back

As I type this report, it is 2:00 PM on December 30, and I am celebrating my 55th birthday and preparing for my 10th New Years Eve 5K which will be tomorrow. My how time flies! I am looking at a picture of the start of that race. Bill Bennett was the race director and 46 bundled up runners showed up. We did not have walk divisions yet and I was new to the club. There I am standing tall, a new kid in town in my skimpy racing shorts and Kenneuk singlet. I was just getting to know some and many of you were not yet club members. That day Dave Gardner out kicked Kenny Bennett to win by 3 seconds in 16:34 and Roxane Osborn won the women's race in 21:28 with Lien Koztecki in close pursuit. I finished right behind Gary Jewell in 19:48. Gary was obviously injured and had much, much faster times in his future and while I also had dreams of faster times, I have discovered that Father Time eventually catches up and passes all of us, but that does not mean that we can no longer enjoy the chase!

This morning I had the pleasure of running out Old Sycamore with Kenny Bennett on

a course I have been running for ten years. Kenny also has fond memories of Old Sycamore going back over 20 years to when Bill Heck would take him to races all over Indiana and Ricke, Bill, Kevin Starich, Chuck McCoskey, and others would regularly be pounding the hills of Old Sycamore and West Defenbaugh. I asked Kenny if he had any running goals for 2006. Kenny, who is one of the all time greats of Howard County, said he would simply like to get more involved in the club to encourage and help other runners, especially the youngsters coming up.

When I returned from this great birthday run my phone rang and it was Don Gifford proudly announcing that he had a new grandson, Joshua Andrew Hinson, who was born this morning at 8 AM and will forever share my birthday. I told Don that I had been praying for his family and especially for Angel as Kenny and I ran. Don informed me that Kenny was Angel's first running coach at Sycamore elementary many years ago. It's funny how God can connect the dots for us if we just give him a chance. It is my hope today that Kenny and all of us can continue to encourage young runners and that someday in the future I can share another birthday run with Kenny and maybe include Don, Angel, Joshua, and all of you! Can life get any better than that?

Last year at this time I penned an article entitled "Looking Forward". What follows is from that article as I realize even more today how true the words have become.

"As we begin a new year I do so with the knowledge that we are truly blessed to have

Club Kokomo as part of our lives. Most of us know that CK is about a lot more than running and walking. The relationships we have developed with each other and the community are what define us, and we, as a group have much to celebrate.

If you are new or on the fringe, I encourage you to get involved in some or all of our club activities. And for us old-timers, we need to take a little time, to welcome the new faces as they appear. If you are not an active part of the growing Club Kokomo family, you are missing out on a lot, so join us soon."

Trails Update and Racing Report

December was a busy month for not only trail racing but trail advocacy as well. In 2005 Club Kokomo welcomed Greg Townsend back as a member. Greg, as some of you remember was quite a runner "back in the day", having qualified for Boston when us males had to run 2:50 or better. By spring 2005 Greg had volunteered at some club races but had yet to race. Greg had a lifetime dream of attempting a thru-hike of the Appalachian Trail. Greg began his adventure in mid-April and completed his amazing trek on September 25, thirty-eight pounds lighter, and surviving two life threatening experiences. Along the way he met an ultra runner, Sue Norwood, who was attempting to run the trail while being supported by her husband Jim. Sue had run the HUFF50K and asked Greg if he knew anything about it. When Greg asked me about the HUFF I was able to tell him ALL about it and gave him an

entry form. I also told him about the Tecumseh Trail Marathon which was held on December 3, two weeks before the HUFF. Since Greg had not raced in over 13 years we he decided he better do a warm up race before attempting a 50K. What better way to prepare for the HUFF than to run one of North America's toughest marathons. Tecumseh is run on the significant hills of Brown County with countless stream crossings and literally hundreds of log jumps. Greg survived the test as did I. Out of 414 starters there were 356 finishers led by Scott Colford in a time of 3:05:40. In third place was Howard Harrell, 3:16:30, who also had competed at Greg's previous race thirteen years ago. I was very happy to finish 71st in a time of 4:13:21 and Greg cruised across the finish line in 4:46:09 to place 188th, beating his goal time by over one hour!

Next up the HUFF! After surviving Tecumseh we thought the HUFF should not be that bad, after all we had two whole weeks to recover and we had scouted the course, running two laps, 22.6 miles, without too much difficulty. What we did not count on race day was the 4-6 inches of snow that covered the course, a starting temperature of nine degrees, and sharing the narrow trail with 600 other runners. Joining us for the adventure were club ultra king David Hughes, Dave White, Teresa Long, and Gina Sheets, with husband Travis as our support crew. Gina was brimming with confidence, having conquered the extremely tough Owen-Putman 50K, back in November, and Dave and Theresa
(continued on page 13)



My Prediction.....7 (continued)

was contagious so I counted him amongst my seven. Never in my wildest dreams would I have imagined we'd reach double digits, but we did. Now ten runners have a great story to tell their grandchildren about the snow storm of '99.

The snow storm of '99 would not claim any more victims, not on this night anyway. This was our night and we would not be denied. The fact that eleven inches of snow had fallen a few days back and three more inches were in the process of falling would not deter the Wednesday night faithful. It was a balmy 27 degrees and the scene was that befit for a Christmas card scene. The covered bridge was draped with snow, children were sledding down the hills, the Wildcat creek was beset by a beautiful snow reflecting the light. Snow covered roads were inviting Asic footsteps to make that first contact in their white powder.

Some might call us crazy, others down right stupid. All would be right to some degree, but no one enjoyed the beauty of the storm off '99 like we did on that Wednesday night. Even

Old Ben seemed to give me a look of disapproval when I first got out of my van. I usually arrive early due to the fact that I am slower than most of the other runners and I like to get warmed up in order to keep up. Mostly, I wanted to arrive early to run a loop, and then proudly point out my footprints as proof of my solo journey. When I arrived, I saw 4 or 5 cars, but they belonged to folks who enjoyed that other winter past time....sledding. Little do those sledders realize that snow running is much more exciting.

As I made my way down the hill, I had to choose my path wisely. I could run in the slush, the tire tracks or the as of yet undisturbed show. I tried all three. It was no contest. The undisturbed snow won out easily. I proceeded on the 1/2 mile loop knowing I would pick up runners each time around. As I climbed the hill to complete my first loop a van pulled up beside me with a smiling Mike. I felt somewhat guilty. He was the one I wasn't quite convinced would show up. It only proved to me that Char-

lie had totally corrupted his good judgment. Way to go Charlie. As I completed my 6:36 half mile loop, Mike joined me for the second trip around. I gave him a snow report and made sure he knew that those Asic tracks were none other than mine. He proceeded to make his own tracks in a proud sort of manner. Each of us had a concern to share. I was worried about my oldest son who was making a trip home from a summer job interview in Columbus, Ohio and he was worried about his wife who was making her way up US 31. Just telling someone that you are worried alleviates the worry to a degree. We decided that the ones driving usually worry less than the ones waiting.

Mike had picked up the pace a bit. Dave #1 could be seen leaving the warmth of his van to join us. He readied to untie his shoestring in order to attach his van door key when I volunteered my pocket in my jacket. It was more self-serving than out of the goodness of my heart. Watching him tie a key on his shoelace in the middle of a snow storm wasn't exactly the way I wanted to spend the next 5 minutes. So off we went, three strong. Dave made his own path as he picked up the pace. I decided to follow in his tracks. After all I had already made two sets of my own. It was his turn.

As I just finished saying "Wonder where Charlie is"?, we spotted him. Charlie can be easily picked out of a crowd with his 6'6" frame let alone standing in the middle of the road in a snowstorm. Charlie really picked up the pace. I couldn't run in his footsteps unless I decided to long jump my way around the next loop. Charlie told us about his

previous Saturday's race in Danville, appropriately named the Siberian race. We were up to 4 strong now. Anne, with her big smile and John with his devious smile awaited us at the top of the hill. John can be worrisome mind you. I was convinced he had stockpiled snowballs and was waiting to take aim. Fortunately, I was wrong. He didn't arrive early enough to get the job done it turns out.

We were now up to 6, but Dave #2 would be 7....and he became 7 as we reached the bottom of the hill. I felt pretty smug because these were the 6 other people that I had predicted...but wait off in the distance...2 more. Dan and his girlfriend had kept their Wednesday night date of running at Highland Park after all. What a great idea for a date in a snowstorm. Dave #2 made his presence known to Charlie with a well-aimed snowball. It was rather impressive. He launched the snowball from the Heck memorial speed bump almost 3/4 of the way to the next (yet to be named) speed bump and made contact. When Charlie signaled touchdown, I silently concluded that he must have watched one too many bowl games over the holidays.

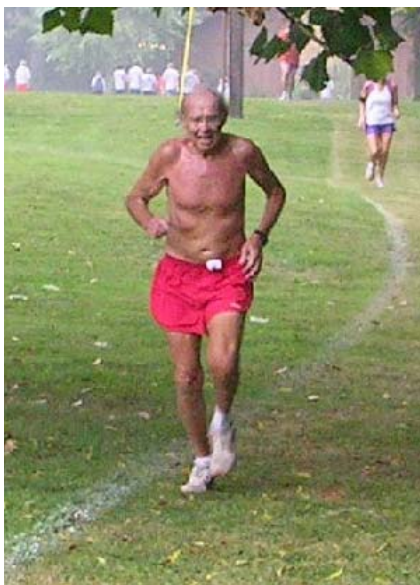
We were now 9 runners strong and enjoying every minute of our slipping and sliding. Anne and I were talking school "stuff" so we didn't notice that we had fallen behind until John came back to join us. When we started to head into what I call "the bear caves", we were greeted by a barrier to our slow progress...the gate. On any other run, it would not be a barrier, but tonight it was. We were forced to make a choice. Climb into the snow-drift on either side and risk
(continued on page 7)



I could come up with no photographic proof that any of these characters actually ran in the park that night. But I suspect that they did.



My Prediction.....7 (continued)



There's no speedbump in front of Bill Heck in this run, but is anybody else curious to hear the story of how that speedbump got it's name?

being gobbled up, go under the gate or go over the gate. How to get from point A to point B seemed a tougher choice than usual. Now Anne was light enough to stay atop the snow-drift. John chose to hurdle the gate and I let my Geometry skills kick in. The shortest distance between two points is a straight line so I got down on all fours and under the gate I went. On our return trip we each followed our previous path. Usually I have some sort of revelation when I run. As I crawled under the gate for the second time, I had my revelation. We runners are as alike as we are different. We were all crazy enough to be out there, but not one of us chose the same path. We hadn't talked about what path we were going to take, it just happened.

As the three of us made our way past the playground we were greeted by a pleasant surprise...runner #10. Steve rarely showed up on Wednesdays. Seems like he should have been given a prize similar

to a 1,000,000 th store customer....after all, he had made us a double digits crazed group of runners. As we approached the turn around on Webster street, John grew extremely uneasy. The 6 other runners were no where to be found. John informed us that they were probably waiting to ambush us with the many snowballs that could have been assembled as they were waiting for us to catch up. John was a former military man so I took his paranoia with a grain of salt although I was looking behind all the trees. We slowed down (not that there was much slowing down left) as we looked for the missing 6.

They were soon forgotten as we got back to our normal conversations.....family, job, childhood memories, Club Kokomo events, and a lot of philosophizing. We had completed our 3 mile run and had no scars to show for it. (At least not until the morning soreness set in.) We always walk a 1/2 mile cool down after our Wednesday night runs. It didn't seem appropriate calling it a cool down on this night, but off we went anyway. It became even more obvious how beautiful it was outside as we walked past the snow-covered trees. Anne was so spellbound by the beauty that she had to be coerced to turn around.

As we were to complete our cool down, it dawned on me that I had Dave's van key. I knew he was still around!!

Turns out the other 6 runners ran the handicapped course which translates to an extra mile and lots more snow. They were really hard core. Dave was waiting at the top of the hill in Mike's soon to be warm

van. We all cleaned off the snow which had accumulated on our vehicles. None of us regretted having run that night. We were the survivors so to speak.

When I tell my grandchildren about the snowstorm off '99 run, the details may get mixed up a bit. By then the story may go as follows: Anne gets gobbled up by the 20' snow drifts. John bravely rescues his wife as I run at speeds never reached on dry pavement to get help. We do get ambushed by the six faster runners and have a snow ball fight unlike any snow ball fight we had in our much younger days. The lead runner in our group because of the poor visibility due to the blizzard conditions falls in the creek and is rescued by a CK runner who had undergone CPR training

the previous summer. I tell my grandchildren that it was none other than their father/uncle who had provided the training which saved that runner's life so they should be very proud. Keyless Dave is left behind as I drive off with his key. He is arrested for burning down Rogers Pavilion. Seems he started a fire in the Pavillion fireplace to keep warm and somehow burned it down. That is why to this day, the Heck Memorial Speed Bump sits next to the White Memorial Concrete Slab. Yes, the story could be told 10 different ways to our grandchildren. In time it could become part of Howard County millenium folklore. Speaking of the millennium, hope it's snowing on the first Wednesday of 2000. If it is, my prediction-----10.

New Members

Please welcome these new members to Club Kokomo when you see them. Welcome Hollingsworth's and Savage's!

Darin Hollingsworth

Michelle Hollingsworth

Katie Hollingsworth

Kaleb Hollingsworth

Bruce Savage

Carol Savage



Rocket City Runnin'

By Dan Lutes



Several Kokomo Roadrunners recently escaped the Indiana snowpack in search of warmer temperatures to participate in the Rocket City Marathon in Huntsville Alabama. Brian and Patti Reinhardt, Robin Tetrault and I made the trek in the Reinhardt-mobile, while Bill Barnett traveled separately and met the group down in Huntsville.

The long car ride down was a good chance for everyone to swap marathon war stories, by playing "best marathon – worst marathon", thanks Robin! Patti was set to capture her 7th state, Robin her 5th, Brian his 13th and I was looking for that ever elusive Boston qualify time.

For those who remember former club member Dan Nelson, Dan and I ran this race in the rain together back in '98, while Gail, Linda and Rachel watched under the umbrellas. However, the weather this year was much better, nice and sunny with temps ranging from 28 to 40. We all stayed at the host hotel which is in downtown Huntsville and located at the Start/Finish line. As a result, we could "sleep in" (of course, all up at 4am!) and relax in the warm hotel lobby right up to 10 minutes before the start.

The flat terrain, cool temps, and small crowd made it very easy to slip into the proper early race pace and stay focused on keeping it there. I was able to find my rhythm and fell into a 7:25 pace and comfortably kept in there through mile 20. After that I did some mental math and figured I had 5 minutes in the bank and decided now was the time to spend it. I truly enjoyed the last 5 miles relaxing the pace back to between 7:50-8:15 and knowing I would still meet my qualify time of 3:20. Usually, I'm gasping and struggling at the end to hit the time, so this was definitely a unique experience for me to be so relaxed.

After finishing, I went inside for the massage and then back out to the course, recruited a cheering section and video'd Brian and Patti finishing together hand-in-hand... how sweet! Brian and Patti got cleaned up and came back to cheer Robin in. Afterward, I got to witness a truly touching Club Kokomo moment when Brian and Patti gave Robin a charm bracelet with individual charms to commemorate each of her 5 states completed. I thought Robin was going to cry!

Later we found out Bill had done extremely well during the first half of the race. He had actually kept his pace all the way through the 20 mile point, and was actually 5 minutes under target, but then "the wheels fell off." He tried to continue by doing an alternating run/walk but started to get chilled and decided it would be better just to call it a day. We feel for you Bill...no one likes being there...better luck next time!

Later, after everyone was cleaned up and fueled up at

the great post race spread, it was back on the road for the long drive back to the snowbelt.

All in all, an excellent weekend, with great friends (and a few new 50 State buddies!) Thanks everyone! ...and keep in mind the South Dakota Marathon in June...this will be another great set of memories for the club!

Just a note from the editor: If you haven't taken the opportunity to make a trip like this with

some club members you're really missing a great opportunity for fellowship. Not only did I get to run a marathon with my awesome wife, I also got to spend a terrific weekend with great friends.



Group shot minus Bill (because we hadn't found him yet) by a nutty Hoosier that we found before the race. The guy was a hoot!



Robin has no idea that Patti has a special bracelet presentation in mind during this pose after Robin completed the marathon.



2006 Race Calendar

February 5 Ground Hog 7 Mile Run Time: 1 PM Location: Zionsville, IN	June 3 Helping Hands 5KRun/ Walk Time: 8 AM Location: Sharpsville, IN	August 5 Norris Insurance 5K Run/ Walk Time: 8 AM Location: Converse, IN	October 14 Norris Insurance 5 Mile Run/ 5K Walk Time: 8 AM Location: Bunker Hill, IN
March 11 Norris Insurance 5K Run/Walk Time: 9 AM Location: Amboy	June 10 Norris Insurance 5 Mile Run/ 5K Walk Time: 8 AM Location: Greentown, IN	August 12 CKRR Age-Graded 4 Mile Run & 5K Walk Time: 8 AM Location: Highland Park	November 5 Run the Mounds 5m Run/Walk Time: 2 PM Location: Anderson, IN
March 25 Old Ben 5K Run/ Walk Time: 9 AM Location: Highland Park	June 16-17 Relay for Life Location: Kokomo High School	August 26 Western CC Open 5k Run Time: 7:30 AM Location: Oakbrook Valley	November 11 CKRR 4 Mile Run/ 5K Walk Time: 9 AM Location: McKinley School
April 1 CKRR Ultimate 10 Mile Run & 5 Mile Run/ Walk Time: 9 AM Location: Logansport, IN	June 24 Race for Grace 5K Run Time: 8 AM Location: Logansport, IN	September 4 Blueberry Stomp 5k/15k Run Time: 9 AM Location: Plymouth, IN	November 23 CKRR Thanksgiving Day Fun Run (non points) Time: 8 AM Location: Highland Park
April 22 Race for the Cure 5K Run/ Walk Time: 9 AM Location: Military Park, Indy 10 points for each finisher	July 1 Haynes-Apperson 4 Mile Run/3 Mile Walk Time: 8 AM Location: Memorial Gym, Kokomo, IN	September 23 7 th BeeBumble 5k-10k Run/5k Walk Time: 8 AM Location: Burnettsville, IN	December 3 CKRR Charity Run 5K 2PM (20 pts each finisher) Time: 2 PM Location: UAW Local 292
May 13 CKRR 5K Trail Run/ Walk Time: 8 AM Location: Peru River Walk	July 8 Iron Horse 4 Mile Run/ 3 Mile Walk Time: 8 AM Location: Logansport, IN	September 30 12 th Kokomo Symphony Run 5K Run/Walk Time: 9 AM Location: Highland Park	December 31 CKRR New Years Eve 5k Run/ Walk Time: 2 PM Location: UAW Local 292
May 20 Norris Insurance 4 Mile Run/ 3 Mile Walk Time: 8 AM Location: Jackson Morrow Park	July 15 Panther Prowl 5K Run/Walk Time: 8 AM Location: Western H.S., Russiaville, IN	October 7 Cole Porter 15K Run/ 5K Run/ Walk Time: 8:30 AM Location: Peru, IN	

Birthday List

1/2	Ann Miles	1/16	Edwina Faust
1/2	Patti Reinhardt	1/17	Milt Brown
1/3	Marsha Daugherty	1/18	Annina Gruber
1/3	Andrew Maibaum	1/18	Lisa Jones
1/4	Dick Green	1/21	Joshua B. Revils
1/5	T.A. Weber	1/22	Sondra Summerton
1/8	Robin Michael	1/26	Tatum Hemmeger
1/8	David Plantenga	1/27	Eric Newman
1/9	Kim Coy	1/27	Kayla Reinagle
1/11	Pam Fisher	1/30	Jennifer Mayfield
1/11	Trudy Pierce	1/31	Angela Minnefield





Race Results

Including November results which I left out in error in the December newsletter.

Run the Mounds
November 5, 2005
Anderson, Indiana

5-Mile run

1. Kyle Baker 2:47
- 1w. Pam Mertz 33:30
13. Byron Bundrent 32:16
27. Chuck Masters 33:38
39. Sam Williamson Jr. 35:40
42. Jesse Bauson 35:50
59. Kevin Sites 37:32
63. Charlie Skoog 37:48
89. John Sites 40:30
108. Mike Daugherty 42:59
111. Sarah Bauson 43:10
114. Ray Tetrault 43:44
117. Roxane Burrous 43:53
133. Stan Shuey 45:32
138. Sam Williamson Sr. 46:06
144. Mark Eads 46:45
167. Cassie Bauson 48:47
171. Patti Reinhardt 49:18
176. Justine Eads 49:51
185. Robin Tetrault 51:13
191. Jim Burrous 51:40
201. Keith Bauson 53:00
202. Peter Bauson 53:08
204. Bill Bauson 53:09
219. Sarah Kleinknight 54:52
225. Christine Williamson 55:24
- 262 Finishers

5k Walk

1. Jerry Lambert 31:12
- 1w. Mary Miller 37:29 1st woman
2. Rick Spencer 35:29
4. Tim Taflinger 37:42
5. Robin Michael 39:42
17. Pat Robertson 51:33
- 23 Finishers

Club Kokomo 4-Mile Run
Saturday, Nov 12, 2005
Mc Kinley School, Kokomo IN

1. AJ Robinette 24:29
2. Byron Bundrent 25:00
3. Brandon Sheline 26:39
4. Chuck Masters 27:07
5. Will Irvin 27:24
8. Kelly Wright 28:58 1st woman
9. Earl Strong 29:03
10. Ricke Stucker 29:06

11. John Sites 29:42
12. Mark Shorter 29:47
14. Jesse Bauson 29:52
15. Mike Daugherty 30:09
16. Charlie Skoog 30:19
17. Ray Tetrault 30:45
18. John Norris 30:57
19. Roxane Burrous 31:08
20. Sam Williamson Sr. 31:13
21. David Hughes 32:12
22. Lorene Sandifur 32:34
23. Ken Swinehart 32:54
24. Tom Miklik 33:00
25. Dale Sullivan 33:15
26. Mark Eads 33:27
27. Steve Wand 33:37
28. Michelle Hollingsworth 33:41
29. Stan Shuey 34:05
30. Tami Moore 34:14
31. Cassie Bauson 34:43
32. Peter Bauson 35:27
33. Bill Bauson 35:28
34. Mike Graham 35:48
35. Quinn Reinhardt 36:13
36. Brian Reinhardt 36:13
37. Amber Longwith 36:28
38. James Longwith 37:30
39. Robin Tetrault 37:41
40. Brenda Masters 40:25
41. Marsha Daugherty 41:24
42. Bob Cupp 43:00

Club Kokomo 3 Mile Walk

1. Jerry Lambert 30:58
2. Rick Spencer 31:20
3. Keith McAndrews 31:44
4. Karen Frank 33:22 1st woman
5. Amanda Pena 33:38
7. Steve Inman 36:36
8. Toney Lorenz 38:26
9. Debbie Riffe 39:57
10. Jane Inman 41:08
11. Rae Jean Swinehart 41:08
12. Sylvia Burgin 45:12
13. Pat Robertson 45:42

CK Charity 5K Run/Walk
December 4, 2005 at UAW 292
5k Run

1. Byron Bundrent 19:03
2. Dana Neer 19:40
3. Matt Robertson 19:51
4. Chuck Masters 20:55
5. Will Irvin 20:55

6. Al Hochgesang 21:31
7. Eric Mathew 22:29
8. Sam Williamson Jr. 22:51
9. Kelly Wright 23:42 1st woman
10. Mark Shorter 23:55
11. Nicole Peel 24:37
12. Earl Strong 25:03
13. Ricke Stucker 25:12
14. John Sites 25:22
15. Katie Hollingsworth 25:51
16. Ray Tetrault 25:56
17. Sam Williamson, Sr. 26:11
18. Eric Newman 26:15
19. Mike Deardorff 26:23
20. Charlie Skoog 26:31
21. Tom Miklik 26:48
22. Mark Eads 26:56
23. David Hughes 26:57
24. Lorene Sandifur 26:59
25. Stan Shuey 27:08
26. Vanessa Lorenz 27:16
27. Michelle Hollingsworth 27:16
28. Gina Sheets 28:23
29. John Norris 28:25
30. Justine Eads 29:07
31. Darin Hollingsworth 29:09
32. Quinn Reinhardt 29:22
33. Patti Reinhardt 29:23
34. Jerry Meiring 30:24
35. Robin Tetrault 30:25
36. Bill Heck 31:17
37. Dave White 31:21
38. Raelee Puckett 32:07
39. Keith Bauson 32:41
40. Peter Bauson 32:42
41. Bill Bauson 32:43
42. Cassie Bauson 32:44
43. Jesse Bauson 32:45
44. Sarah Kleinknight 33:32
45. Christine Williamson 33:42
46. Bob Cupp 36:41
47. Kathleen Leach 39:07
48. Milt Brown 42:39
49. Ken Swinehart 45:57
50. Josh Revils 47:49
51. Shelby Revils 48:24

5K Walk

1. Jerry Lambert 34:29
2. Keith McAndrews 34:47
3. Tim Taflinger 35:47
4. Mary Miller 36:30 1st woman
5. Rick Spencer 44:36
6. Raye Jean Swinehart 45:54
7. Jane Inman 45:55



Race Results (continued)

8. Debbie Riffe 48:02	30. Nicole Peel 23:08	72. David Reinagle 27:46	4. Tim Taflinger 34:46
9. Amanda Pena 48:03	31. Mike Daugherty 23:34	74. Felicia Fiacco 28:06	5. Mary Miller 34:48 1 st woman
10. Sylvia Burgin 48:37	32. Greg Townsend 23:38	75. Jim Burrous 28:28	6. Amanda Pena 36:39
11. Tim Revils 48:58	34. Ricke Stucker 24:00	76. Cassie Bauson 29:03	7. Steve Inman 37:08
12. Pat Robertson 51:15	35. Ken Swinehart 24:27	77. Phil Leininger 29:14	8. Robin Michael 38:07
13. Jackie Sanders 52:39	37. John Norris 24:33	78. Megan Tetrault 29:21	9. John McGinty 40:04
New Year's Eve 5k Run/Walk	38. Steve Wand 24:34	81. Katie Hollingsworth 29:33	11. Toney Lorenz 40:38
UAW Local 292	39. Mike Deardorff 24:39	83. Michelle Hollingsworth	12. Jane Inman 40:51
Kokomo, Indiana	40. Gina Sheets 24:51	29:34	14. Debbie Riffe 42:38
December 31, 2005	41. Lorene Sandifur 24:53	84. Lisa Stucker 29:36	19. Sylvia Burgin 46:01
Run	43. Sam Williamson, Sr.	85. Michael Graham 29:38	20. Pat Robertson 48:12
1. Matthew Maher 16:54	25:06	86. Joyce Pennycoff 29:42	22. Jackie Sanders 50:14
5. Byron Bundrent 18:24	46. Cheryl Marner 25:34	87. Robin Tetrault 29:48	23. Cynthia Sanders 50:18
6. Mason McGovern 18:43	47. Roxane Burrous 25:35	88. Allison Irvin 29:48	
7. Matthew Robertson 18:51	50. Teresa Long 25:42	90. Christine Williamson	
8. Jeff Kuczera 18:53	51. Sarah Bauson 25:42	31:36	
10. William Irvin 19:32	52. Dale Sullivan 25:45	93. Peter Bauson 32:36	
13. Al Hochgesang 20:39	53. Eric Newman 26:08	94. Doris Griffith 32:41	
15. Sam Williamson, Jr. 20:54	54. Stan Shuey 26:13	95. Mark Webster 32:43	
18. Chuck Masters 21:15	56. Tom Miklik 26:16	96. Bill Bauson 32:49	
20. Stephanie Miller 21:49 1 st woman	57. David Hughes 26:17	97. Keith Bauson 34:22	
23. Kelly Wright 22:04	58. Russ Hovermale 26:23	98. Robin Cole 34:25	
25. John Sites 22:22	60. James Longwith 26:45	99. Robert Cupp 34:26	
26. Earl Strong 22:27	61. Nancy Anderson 26:46	100. Rhenda Acton 39:07	
27. Ron Moore 22:28	63. Vanessa Lorenz 26:52	101. Milt Brown 39:29	
28. Mark Shorter 22:35	64. Ernie Strawn 26:53	Walk	
29. Matt Bolinger 23:01	67. Grace Bauson 27:12	1. Jerry Lambert 31:43	
	68. Steve Kilcline 27:33	2. Rick Spencer 31:56	
	69. Darin Hollingsworth 27:39	3. Keith McAndrews 33:00	
	71. Amber Longwith 27:45		

Other Race Results

Huff 50k
Dec 17, 2005
Huntington, Indiana
1. Brendon Moody 3:55:49
90. Charlie Skoog 6:26:31
99. Greg Townsend 6:28:31
150. David Hughes 7:14:59
151. 261 Finishers

Meeting Minutes

By Mark Shorter

Club Kokomo Roadrunners Meeting
December 5, 2005 7:00 P.M.

Members present: President Ray Tetrault, Vice President Will Irvin, Treasurer Mark Shorter, John Wiles, Charlie Skoog, Jack Sanders, Cindy Sanders, Sylvia Burgin, Milt Brown

Brief financial report by treasurer Mark Shorter.

Charlie Skoog needs help for the New Year's Eve Race.

No report on grant applications.

Discussed for the second month about the possible use of some of our money to draw interest.

Try to find community sponsors to be year-long sponsors of the club.

Would like to find total sponsorship of \$6,000 (which would cover one year's expenses). Club would then advertise the sponsors on banner at all events, business card size display in newsletter.

John Wiles suggested that presentations be made to the morning and noon rotary clubs telling about the club's activities.

Charlie Skoog will look into interest rates and plans and report back in January.

Annual awards day is Sunday February 19, 2006 at the Senior Citizens Center at Foster Park.

Our Usual Chef, Steve Miscoi, is unavailable. It was decided to have a

Chili contest. The first 10 to enter will need to make 3 to 5 pounds of chili. There will be a prize to the winner. Others should bring desserts, etc. Club will provide drinks. John Wiles will write an article about the contest.

Ray Tetrault will have sign-up sheets at the awards day for members to sign-up for committees, etc.

Discussed election of 4 members from the club to serve on the Hall of Fame committee.

John Wiles stated that as Hall of Fame committee chairman for 2006 that he will take the lead in this matter. More details later.

Next meeting is Monday January 9, 2006



2004-2005 CKRR Final Points Standings

Races scored include the 2004 Charity Run, 2004 New Year's Eve Race, Oakbrook Valley, Amboy, Old Ben, Ultimate Challenge, Race for the Cure, Indy 500 Mini-marathon, Peru Trail Run, Jackson Morrow Run, Helping Hands 5k, Greentown Race, Relay for Life, Race for Grace, Haynes Apperson, Ironhorse, Panther Prowl, Converse Race, Age-graded, Western CC Invitational, Symphony, Cole Porter, Bunker Hill, Run the Mounds, McKinley School, 2005 Charity Run, 2005 New Year's Eve Race and any one marathon, one half-marathon, or one volunteer. Award winners are noted below with an * and qualifiers with a +.

Runners	Robyn Pagington 1-20	Men	35-39
Women	35-39	0-12	*Michael Graham 22-369HV
0-12	*Gina Sheets 16-292MHV	*Quinn Reinhardt 14-255V	*Ron Moore 10-185
*Shelby Revils 8-127V	*Tami Moore 11-166H	*James Longwith 15-252V	Anthony Campbell 6-112H
*Waverly Neer 5-100	Teresa Long 6-100MH	*Josh Revils 13-212V	Andrew Maibaum 4-60
Kierra Howell 3-50V	Kim Anderson 4-75	+Keith Bauson 5-85	Shawn Mayfield 2-40M
Kayla Reinagle 2-35	Angie Banush 3-52H	Levi Fouch 2-32	Paul Cardwell 1-20M
Mindy Tetrault 1-20V	Tracy Carden 1-15	Leighton Adair 1-20	Rick Wood 1-20
Zoe Irvin 1-10	40-44		Chuck LaDow 1-15
Lauren Weber 1-10	*Patti Reinhardt 24-407MHV	13-19	40-44
13-19	*Sharon Miller 18-260HV	*Sam Williamson, Jr. 15-219*	*Byron Bundrent 21-354H
*Vanessa Lorenz 16-239V	*Roxane Burrous 14-244MHV	*Matthew Robertson 13-203V	*Gary Jewell 15-275V
*Amber Longwith 14-192V	+Angela Minnefield 10-200	*Brandon Sheline 8-121	*Brian Reinhardt 16-231MHV
*Sarah Bauson 10-149H	Lynn Howell 3-45	+Michael Marley 6-115	+Dana Neer 11-204HV
+Anna Hurlock 6-120	Nancy Anderson 3-35	+Jesse Bauson 8-111H	+Ken Swinehart 11-176V
+Laura Bauson 7-92H	Michelle Hollingsworth 2-32	+Tony Robinette 7-104	Mark Webster 8-127MHV
+Megan Tetrault 5-66	45-49	+Mason McGovern 7-102	Kim Lee 5-58
+Tiffany Williams 5-62	*Cassie Bauson 16-295MH	+Peter Bauson 8-91	Tony Kirgis 3-52HV
Annina Gruber 3-55	*Cheryl Marner 10-190MHV	+Daniel Riffe 5-67	Dan Lutes 3-50MH
Nicole Parry 3-42	Brenda Masters 8-134HV	Bryan Phillips 3-60	Terry Bogue 2-40H
Erin Talbert 2-29V	Sandy Knowland 4-65	Jordan Brown 3-45	Darin Hollingsworth 2-32
Katie Hollingsworth 2-28	Ellen Marie Nichols 3-55H	Jordan Lee 3-40	Jack Lotzgeselle 2-32H
Felicia Fiacco 2-18	Pam Fisher 2-40H	Adam Bahler 2-22	Mike Jones 2-30H
Becky Elliott 1-10	Carla Yerkes 2-40H	Devin White 2-22	Brad Swain 1-12
Sarah Lee 1-6	Lorie Zandi 2-40H	Alec Digard 1-20V	45-49
20-24	Jodie Howell 2-30V	Steve Peugh 1-20	*Ray Tetrault 24-368MHV
*Michelle Tetrault 10-182V	50-54	Matt Tetrault 1-20V	*Eric Mathew 18-294MHV
Grace Bauson 6-100H	*Robin Tetrault 25-393MHV	Wesley White 1-20V	*Al Hochgesang 16-292
Stephanie Miller 4-80V	*Lorene Sandifur 16-310HV	Brett Sanders 1-10	+Earl Strong 18-283MHV
Christan Bahler 2-40M	*Joyce Pennycoff 14-242HV	20-24	Bill Bauson 9-113H
Ashley Taflinger 1-20	+Christine Williamson 10-156V	*Mark Eads 11-179	Brent Marner 6-98MH
Diana Anderson 2-15	+Robin Cole 13-154	Josh Daugherty 5-100	Russ Hovermale 6-82
25-29	Rhenda Acton 6-83V	Seth Daugherty 5-95HV	Jerry Meiring 6-65
*Kelly Wright 24-460MHV	Sara Miller 4-80H	Eric Newman 5-82	Matthew Bolinger 5-62H
*Allison Irvin 16-246MHV	55-59	Ryan Hurlock 4-75	David Gardner 3-60H
*Justine Eads 11-176V	*Karmen Glaspy 13-245HV	Kevin Callaghan 3-55V	Greg Townsend 3-50MV
+Shannon Reinagle 11-175HV	Doris Griffith 4-80HV	Michael Anderson 1-20	R.J. Kerr 2-40V
Kim Coy 1-20M	Shirley Wilson 2-40H	25-29	John Anderson 2-15
Karen Bush 1-15	Kathy Barnett 2-20	*Kevin Sites 10-190H	Jeff Hemmeger 1-8
Andrea Travers 1-15	Lien Koztecki 1-20	Matt Yarosz 5-100	50-54
30-34	Barb Wand 1-20V	Ryan Woolever 1-20	*Chuck Masters 19-370MH
*Nicole Peel 11-210MH	Anne Wiles 1-20V	30-34	*Mark Shorter 25-359H
*Lisa Jones 10-157H	Toni Rethlake 1-10	*William Irvin 22-385MHV	*Charlie Skoog 21-343MHV
Jeanette Merritt 9-126V	60-64	*Jeff Kuczera 14-280MH	+John Sites 19-314MHV
Heather Weber 7-125V	Sarah Kleinknight 4-80H	*T.A. Weber 10-152H	+Mike Deardorff 18-240MH
Lisa Stucker 4-60	Susan Gerhart 3-52H	Keith Hill 7-98H	+Steve Wand 11-123HV
Amy Graves 3-47H	Kathleen Leach 2-40	David Reinagle 5-54	Dave White 7-93MH
Julanne Packard 3-44	Trudy Pierce 2-35H	Vernon Graves 3-30	Michael Campbell 5-75MH
		Ravi Nagaragu 1-8	Don Gifford 5-72H
			Rex Piercy 3-48V



Trail News (continued)



Greg Townsend endures the cold and snow.

were hoping to complete two laps and maybe shoot for three if they had a great day. At daybreak the cannon boomed, and off we went, down the narrow park road to the trail head. The minute we hit the trail I realized it was going to be another challenging day to say the least. Going hard and clocking 9:45 miles I knew that my hope for a 5:15 finish was unrealistic. I did complete my first lap on pace but started to succumb to the

cold along with blistering feet on lap two. Finishing lap two I was hypothermic with no feeling in my hands. I had revised my goal to 5:45 but now I was wondering if I would survive the day. Spending 20 minutes in the toasty warm soup tent I thawed out enough to hit the trail and run hike the final 11 miles. When I finished lap three I noticed that Dave, Teresa, Gina, and Travis were gone. They had survived two laps and wisely decided to live to run another day. I managed to finish 90th out of 261 starters in 6:26:31. As I thawed out for the second time of the day I was joined in the finish tent

by Greg who was hot on my tail, finishing 99th, just two minutes behind. Later on we found out that David Hughes was able to complete his ninth HUFF and is one of a hearty handful who has survived every HUFF50K to date. Way to go Dave!

Many of you may be wondering why we do this and I guess you would have to ask each individual his or her reasons. If you choose to join us we should have plenty of time to fill you in on all the details as we train together for our next adventure!

In next months newsletter I plan to have a more extensive re-

port but I am happy to announce that Purdue will be doing a detailed Trails and Greenways study for Howard County in the spring semester. Howard County will also be part of a regional trails study that will include Carroll, Clinton, Cass, Tippecanoe, and White Counties. In the spring, paving of the Nickel Plate Trail will commence and it is my hope that within 3 years we will have a paved trail from downtown Peru to Cassville in northern Howard County. The more we support this worthwhile agenda the sooner it will become a reality. See ya on the roads and trails!

Opportunity to Meet Jerry Dunn

Attention Deadwood Marathoners: Training Run Feb. 11th. I have been in touch with the Deadwood-Mickelson race organizer, Jerry Dunn, and guess what?! He's a former hoosier and will be in town the first week of February to visit. We've arranged a group run at

Eagle Creek Park in Indy for Sat. Feb. 11th at 8am. This will give you a chance to meet Jerry and talk about the course or any other questions you have, and get in a mid-winter hill training run at the same time. Afterward, we will be going out for breakfast or lunch

as a group. And, even better!, Ray has volunteered to drive "The Bus" from Kokomo for anyone wanting to make the run...tentative schedule, leave Lowe's parking lot at 6:30am, stop @ Westfield Taco Bell @ ~7:15am for any southern riders, (i.e. me!), arrive @ Eagle

Creek north gate @~7:50am. Mark your calendars now and drop me an email @ danroad-runr@aol.com so we have an idea of how crowded the bus will be. All are welcome, not just marathoners! Happy New Year! Dan Lutes

Final Point Standings (continued)

Larry Grant 3-33H
Karl Stoneking 2-27H
Brad Shrock 1-20M
Mike Rethlake 1-10

55-59
*Ricke Stucker 22-430MHV
*Tom Miklik 19-265MH
*Sam Williamson, Sr. 16-252H
+David Hughes 16-234M
+Ed Oliphant 12-210H
Fred Chew 5-69H
John Wiles 3-48V
Phil Leininger 3-38H
Steve Kiline 1-9
Garry Hill 1-7

60-64
*Stan Shuey 24-396V
*Bill Barnett 13-240MH
*Dale Sullivan 13-227H

+Jim Burrous 11-158H
Doug Mankell 7-89H
Ernie Strawn 3-42

65-69
*Robert Cupp 18-310V
*John Norris 14-280MV
Dick Summerton 2-24
Charles Johnson 1-20H

70+
*Bill Heck 13-250V
Milt Brown 9-150V

Walkers

Women

*Mary Miller 26-500HV
*Amanda Pena 24-380V
*Debbie Riffe 24-281V

+Pat Robertson 25-244HV
+Jane Inman 13-172HV
+Cynthia Sanders 21-163V
+Raye Jean Swinehart 11-145HV
+Sylvia Burgin 15-139
+Edwina Faust 13-111V
+Amy Revils 10-97V
Marsha Daugherty 7-84V
Renee Minnefield-Black 4-43
Helen Brown 3-40V
Geana Moore 2-35
Diane Gifford 3-30
Karen Jewell 2-30V
Barb Hobbs 2-30V
Sona Camp 2-27V
Jill Parry 2-24
Debra Bowman 2-23V
Sue Smock 1-20H
Jan Stucker 1-20
JJ Schmitt 1-12

Jayne Newton 1-7

Men

*Jerry Lambert 26-429HV
*Rick Spencer 19-350HV
*Tim Taflinger 27-347HV
+Keith McAndrews 21-313MHV
+Jackie Sanders 23-219V
+Robin Michael 16-173MH
+Steve Inman 12-144HV
+Tim Revils 11-133HV
Russell Fox 7-104MH
Melvin Hobbs III 4-70HV
Toney Lorenz 6-60
Jack Sanders 2-30
Dave Woelfel 2-26V
John McGinty 3-23
David Plantenga 1-20V
Glenn Artis 1-10
Stephen Newton 1-6



Club Kokomo Ends 2005 on a High Note (continued)

They must have smelled the soup and Annie O's homemade rolls! Once again Stan set the course up, Ray's Transition Team volunteers kept us on course, and Travis and Lori were joined in the kitchen by Barb Wand and an injured Edwina Foust, who kept the drinks coming and stretched the soup and rolls as far as they could. The UAW Assembly Hall was packed for fun and fellowship as we passed out over 150 awards, gift certificates, and prizes. Please remember our generous sponsors including The Running Company, Powerhouse Gym (Cool Towels!), YMCA, Sports Center, and Comprehensive Planning (Great Gloves!). Plans for the 2006 include the same great soup only more of it!, faster awards (it can and will be done!), and some special live musical entertainment. You won't want to miss it!

Upcoming Races and Road Trips

Those wanting to car-pool for the Siberian on Saturday January 7 should call Charlie at 765.457.2607. We will leave from Lowe's parking lot with departure time determined by the weather. Race starts at 12 Noon Indiana time. Entry forms available at www.kennekuk.com. Remember....No Wimps!!

The Bop to The Top is January 28 benefiting Riley Hospital for Children. Club Kokomo women will be defending their team championship. This will be the toughest 515 feet race you will ever do! Course description... Straight Up!! For more information call me or visit www.tuxbro.com.

The first CK points race of the year will be the Ground Hog 7 Mile Run on Sunday, February 5 at 1 PM. The



Al Hochgesang works hard to hold off Logansport runner Craig Overway.

Ground Hog has moved to Zionsville High School. The race is free and you can register online at www.indyrunners.org. Gary also has a link and map on our www.ckrr.us race calendar. Participants are asked to donate their old running shoes. Gently used

shoes will be sent to Africa and the rest will be recycled to make synthetic tracks. For car-pooling information call Charlie or Ray at 854-1393.

Some photos from the Charity Run



Eric Mathew



Men's Winner Byron Bundrent



Dave White and Bill Heck



Women's Winner Kelly Wright



Justine Eads



Gina Sheets



Jackie Sanders, the Revils', and Sylvia Burgin



Ricke Stucker

Club Kokomo Roadrunners
2936 Congress Drive
Kokomo IN 46902

Inside this issue:

FROM THE PRESIDENT WITH RAY TETRAULT	2
ON THE ROADS WITH JOHNNIE 'O	4
TRAIL NEWS WITH CHARLIE SKOOG	5
NEW MEMBERS	7
ROCKET CITY RUNNIN' WITH DAN LUTES	8
RACE CALENDAR	9
BIRTHDAY LIST	9
RACE RESULTS	10
MEETING MINUTES	11
POINTS STANDINGS	12