December 2005

Email address: ckrr@comcast.net

Web address: www.ckrr.us



For sale:

Club Kokomo Logo (as pictured above) is a 5 inch diameter self stick sticker. It can easily be removed and placed at another location. Cost is \$1. See Treasurer Mark Shorter at a CK event.

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Over thirty CK members survived the previous nights extreme storms, including tornados, and braved more threatening weather to participate in the 24th annual races at the beautiful Mounds State Park. The Mounds will always be one of my favorite events. It features a low entry fee, special rates for scholastic runners, great

By Charlie Skoog

Run the Mounds 5 Mile Run and 5k Walk

competition, food and awards, and a challenging well maintained trail course in a natural setting.

What more could one ask for other than moving the race into our own back yard, and we are working on that but it is slow progress. As most of you know, there are virtually no public, natural trails in Howard County. This year, thanks to Dana Neer's dream, and the generous cooperation of Oakbrook Valley and adjacent landowner Bob Auth, we were able to experience the joy of real cross country running. Unfortunately the beautiful Western XC course is private and only available on a very limited basis, so when I close my articles with "see ya on the

roads and trails!", the trail part means a road trip to Eagle Creek, Kickapoo, Lake Mingo, Mounds, or the Huntington Reservoir.

Club Kokomo Roadrunners

The Roadrunner

I will continue to advocate the development of paved and natural trails and greenways in Howard County and I hope all of you will join me in this endeavor. Experiencing the trails can renew your mind, body, and spirit in a way that slapping the pavement never will. Congratulations to the many CK award winners at the recent Mounds races. Next years CK trail points races will once again be the Western XC Open on August 26 and the Mounds Race on November 5 and I can hardly wait to see you all, on the trails!

Thanksgiving Run/Walk Gets New Moniker

Next Race: Charity Run Time: Dec 4, 2005 at 2:00 P.M. Location: UAW Local 292 1201 West Alto Road (at the corner of Alto and Park in Kokomo) "Across the frozen tundra of Lambeau Field..." Oops! Wrong story; wrong sport. Well, it was Thanksgiving morning, and it was cold and blustery for the 10th annual Club Kokomo Annie 'O Pies 5K Fun Run/Walk in Highland Park. By Johnnie 'O

At Charlie Skoog's suggestion, Johnny O' added "Annie 'O Pies to the run/walk name. The designation is appropriate, (continued on page 12)



Why show up for the run? Annie O's Pies, of course!

From the President



Our annual meeting to give awards is February 19th at the Senior Citizen Center. which is located in Foster Park. The festivities and eating begins at 2:00! I look forward to seeing everyone make it to celebrate last years memories and look ahead to the coming years memories.

By Ray Tetrault

We have been planning for our annual year-end awards. Our annual meeting to give awards is February 19th at the Senior Citizen Center, which is located in Foster Park. The festivities and eating begins at 2:00! I look forward to seeing everyone make it to celebrate last years memories and look ahead to the coming years memories.

If you are interested in meeting to discuss year-end awards, please email me to let me know you are interested. This is your time to give your perspective on those who have performed well through this past year. There are several awards open for your input: Runner of the Year, Youth Runner of the Year, Master Runner of the Year, Senior Master Runner of the Year. Walker of the Year, Contributor of the Year, and other possible awards. DEADWOOD-

MICKELSON

The trickle of people signing up for the Deadwood Mickelson Marathon is beginning to come in. It was pointed out to me that there are 4 different times for the Pasta Dinner. Our group is signing up for the 5:00 p.m. Pasta Dinner. I have been communicating with Black Hills Reservations. We are planning to go to Devils Tower for a day trip, an evening at Mount Rushmore for their military tribute and light show, and some scenic drives through

the Black Hills. The plane fare is expected to be \$385 round trip leaving from Indianapolis on Friday morning June 2nd and returning Monday afternoon June 5th. Our hotel

are still being



reservations

negotiated, but we have tentatively agreed on \$85 per night for rooms with 2 queen size beds per room. I am planning on driving the bus to Deadwood. If gasoline prices stay the same, the trip should cost approximately \$125 per person round trip. We are limited to a maximum of 15 on the bus. If you want to reserve a spot on the bus you must let me know. The bus is a first come basis. I have been asked if there is a minimarathon at this marathon. The answer is YES. There is also a kids 1k race and a 5k race. If you only want to come out to be a part of this

annual trip, and you want to stay in the same hotel as your CKRR friends, I will need to know that. Check this run out on www. deadwoodmickelsontrailmarat hon.com

I hope to see all of you at the Charity Run at U.A.W. 292. Come out and enjoy the afternoon run with your club.

See you on the roads, parks, and any place we happen to meet!

Ray Tetrault, Captain Coyote



Downtown Deadwood.

Running With a Great Kid

By Brian Reinhardt

With an opportunity to enjoy some nice weather, great baked goods, and even better friends, I decided to line up next to my favorite 8-year old runner to enjoy the McKinley School 4miler. Quinn and I decided to run the race together and with Patti cheering us on and taking pictures it was sure to be a great time!

Because Quinn hadn't run since he'd started his football season I told him that we'd just go very easy and see how it went and not have any expectations. It was really fun to run this way because we just chatted and laughed and generally enjoyed being a dad and son. So many people cheered along the way and I

mile event.

still smile when I hear in my head, "Go Reinhardt's!". There's nothing like a kid running to inspire others to get actively involved in cheering and not so secretly hoping that they do well.

We managed to get into a groove and finished strong and I got to be a proud dad once again. I love to run with Patti and with Quinn and to get to be a part of their accomplishments. I suppose I'm selfish and I should just let them have their own glory, but why not sneak in there when I can?

In the real race Tony Robinette managed to come way with a victory as the high school fast crowd are back after cross country season. In the women's race Kelly

Wright hald off all comers for another CK win! In the walking race the winners were Jerry Lambert and Karen Frank.

A big thank you to the ladies of Grace Fellowship for providing lots of treats for the race. They were simply delicious as they are every year. More of

you should make it a point to run this low frills event just to be able to enjoy the goodies! I hope to see you next year!

There's nothing like a kid running to inspire others to get actively involved in cheering and not so secretly hoping that they do well.

Tony Robinette on his way to victory in the 4-Roxane Burrous and John Norris compete on a beautiful November day.





On the Roads



Bryan, who is a red-shirt freshman, helped Butler to a 25th place finish with a time of 33 minutes and 31 seconds for his 10K.



By Johnnie 'O

Charlie and friends VIPs at NCAA championships

Thanks to Travis and Gina Sheets, and Greg Gibson, four Club Kokomo Roadrunners received the "Very Important People" treatment at the NCAA Cross Country Championships near Terre Haute. The men's and

women's championships were held Nov. 21 at the Wabash Valley Family Sports Center, which is nine miles east of Terre Haute. The races were run on the LeVern Gibson Cross Country Course, which is part of the 560-acre complex.

The cross country course has one large loop with three inside loops. A funnel-shaped starting area is 900 yards in length and passes bleachers and a press box. A stage and big screen TV are located behind the press box and inside the large loop. The course is rolling, and trees are along the outside of the large loop.

CK members receiving the VIP treatment were Brian Reinhardt, Charlie Skoog, Brad Swain, and Johnny 'O. Travis and Gina made arrangements for the VIP passes with Greg, whose grandfather LaVern donated the land for the sports center.

The passes allowed us to watch the races from the press box, which afforded us an unobstructed view of the runners, whose pack resembled a huge Anaconda snaking along a green highway, and the thousands of fans, whose running from point to point to cheer runners was reminiscent of armies clashing in huge movie battle scenes.

There were 38 teams and 255 runners in the men's 10K race and in the women's 6K race. The races came by the press box twice before finishing at its base. The location allowed the CK boys to see and cheer for Kokomo High School graduate and CK Youth Scholarship winner Bryan Phillips, who was running for Butler University. Bryan, who is a red-shirt freshman, helped Butler to a 25th place finish with a time of 33 minutes and 31 seconds for his IOK.

The big screen TV flipped between video of the runners and the team and individual standings during the race.

Johnny 'O was thrilled that his Notre Dame Irishmen moved from fifth at 5K, to fourth at 8K, and then third at the 10K finish. Even more special to Johnny 'O was going to N.D.'s tent, congratulating the runners, and shaking the coach's hand.

The camaraderie and VIP treatment made a special event even more special for the four CK members. The Wabash Valley complex is a wonderful place to watch a cross country race, and, fortunately for us all, the NCAA championships will be held there again next year.

GOODFELLOWS

Johnny 'O has 15 volunteers for Club Kokomo's Goodfellows shopping night Dec. 13, but he could use a few more hands.

Joining Johnny 'O on Club Kokomo's team are Annie 'O, Brian and Patti Reinhardt, Lorene Sandifur, Dave, Nancy, Kylie and Wesley White, Charlie Skoog, Mike and Marsha Daugherty, Debra Bowman, and Lynn and Kierra Howell.

Founded in 1911, Goodfellows is a not-for-profit organization that provides clothing to needy Howard County children during the Christmas season. Goodfellows has no paid positions. All the work is done by volunteers.

Last year, Goodfellows provided 1,869 children in 890 households with clothing at a



Club Kokomo member Bryan Phillips competes for Butler in the NCAA Championships.

On the Roads (continued)

cost of \$121,127. Goodfellows' funding comes from WWKI's annual We Care program and individual donations. It is the only organization that can say that all the money it receives from We Care and individual donations is used at Christmas to buy clothing for the needy.

On shopping nights, Goodfellows recipients pick out clothes from the children's section in Meijer. Volunteers use handheld scanners to total dollar amounts so recipients know if they have more money to spend before they go to the cash register line.

Last year, Kokomo firefighters, the Kokomo Tribune, and the Marine Corps League each took a shopping night. Thanks to volunteers from the club, CK will have a night this year. We will meet inside Meijer near



The lead men reach the half-way point of the beautiful 10k course.

its east entrance at 5:50 p.m. Recipients shop from 6 to 9 p. m.

Johnny 'O has been involved with Goodfellows for more than 30 years, because helping children is the best present he receives at Christmas. You can have this present too. Just contact Johnny 'O at home (765) 452-6706; at work, (765) 454-7926; or email, jwiles9890@aol. com.

FINAL THOUGHT

Johnny 'O's Irish eyes will be smiling Dec 10 (Saturday) as he and his granddaughters welcome Santa Claus to downtown Kokomo. Santa will arrive on the Courthouse Square at 8 a.m. You and your children or grandchildren can then join Johnny 'O and Santa for breakfast at Shoppes on the Square or On the Point while listening to Kokomo High School students singing Christmas carols. Following breakfast, you can take the kids to the library for a story at 10 a.m. Downtown businesses also plan special sales and open houses.

New Year's Eve 5k

For the second straight year we have a new location for this annual event which benefits our own Coyote Kids summer running program. Last year we had a great event at Foster Park but four days later the park was completely submerged by flood waters. The success and safety of the new Charity Run course and the convenience and familiarity of using the Local 292 Fellowship Hall has prompted this move.

This year we have lowered our registration prices but you will have to earn the gloves which will be given as age group awards. In addition to gloves, overall winners in the run and walk will receive gift certificates from our new sponsor, The Running Com-

By Charlie Skoog

pany. Each participant will receive a goody bag which will include a \$10 custom fit footware coupon

which combined with our 15% Club discount is a significant savings. The Running Company has locations in Broadripple, Fishers, and is scheduled to open a new Westfield location on US 31 in early December.

Once again Powerhouse Gym, Kokomo Sports Center, and Kokomo Family YMCA are donating three month gym memberships which will be given away as random prize drawings. For out-of-towner's we will have additional RC gift certificates as prizes.

Highlighting the post race festivities will be outstanding refreshments including the return of Charlie's Famous Lentil Soup and Annie O's equally famous hot rolls. Plan on ending your year on a positive note by running, walking and enjoying fellowship with new and old Club Kokomo friends. Volunteers and the perpetually lost can call 765 457-2607 for additional information or visit www.ckrr.us to download the race application and access a map to the location.

For all of you I wish peace, happiness, and enjoyment of the blessings that will come from the race well run.

Please note the new location at UAW Local 292 at 1201 West Alto Road.

Owen Putnam 50/50 Trail Race



As the lead runners began to come back out and we would pass each other they would tell me how fresh I looked, how easy my stride was and how I looked good.

This is the third year I have ran Norm Carlson's OP 50 50 Trail race. The first year I ran the 15 miler and was sure I was going to die. I learned my first trail race lesson, always wear shorts no matter how cold it is. I wore running pants which weighed 15 pounds when I was finished. Last year I ran the 50K, my first 50k. I had just completed the Indy Marathon two weeks before and thus began my IT band injury

(which I am still fighting). The course was muddy as it had rained most of the week before, but I wore shorts. What I did not wear was trail shoes and if I turned my ankle once I turned it 30 times. I found a buddy to run with and we ran 27 miles together. Or sort of ran, you actually climb up and down a lot on this course. Anyways I finished my first 50k in 8 hours 53 minutes. I was so sore the next two days I had to use a cane to lift my hinny out of the chair.

This year I went to the race prepared. I had trail shoes, shorts, a variety of snacks, my bright orange shirt, (as it is hunting season), I also have my IT band pain, a real pain in the hind end. Trav and I watched the weather all week and to our relief very little rain and decent weather on race day. He was relieved so he did not have to listen to my whine all week about the poor weather and poor race I was sure to have.

By Gina Sheets

We went down to Spencer on Friday afternoon, we drove to the Horseman's campground to make sure we knew where we were going, as it is dark on Saturday morning and you are driving in the back woods, that Deliverance music plays in the back of your mind. Norm and his wife, Carolyn, work with local organizations to do a fund raising spaghetti dinner. This year it was for the art guild. I had a miserable night of rest; I think it was the Tylenol I was taking. 4:30am came too early; we got back to the Horseman's Campground at 6:30am for a 7:00am start. I like standing around meeting people, listening to the "pro's" talk and the new people who know they will finish the 50k in four hours. It soon gets light enough to start and Norm offers up instructions and a prayer and off the 50k and 50 milers go, the 13.5 milers wait and start five minutes later.

The 50k and 50 milers make a five mile loop around big power lines. Then we go back through the start finish line and head out for a 13.5 mile loop, back through the start finish for another round on the 13.5 mile loop and finish for the 50k. I had a bit of company on the 5 five mile loop. The first obstacle is what is called the butt slide. Last year because of the rain that is what it was, this year I stayed up right all the way down and was able to navigate the stream right at the bottom. Some new people hit the stream and soaked their

feet for the first time but not the last on the course. With my IT band inconvenience my strategy was go around a 9:30 pace on the first five mile loop because it is really the only relatively flat part of the course. As I entered back into the start finish area the clock showed 53 minutes, so much for my strategy. Off I go for the next 13.5 mile loop. I think the course was pretty, you can't see much as you are watching for the trail, trying to avoid horse poop and trying to stay up right. At 2.5 miles you come to the first aid station. I take some grapes and off I go another 4.5 miles to the next aid station. I get to that aid station and I am doing okay, I am catching some of the 13.5 mile people at this point. I head out to the next aid station. Somewhere along here I begin to feel really sorry for myself. I have tripped a couple times, while I did not fall, my toe was hurting, my hind end was hurting, my leg, my.... You get the point and I was starting to get lonely, no one to run with, no one in sight. Miserable me was starting to over take my state of mind. By the time I got to the next aid station I was convinced that I was going to struggle back into the start finish area where I would promptly quit. It is at this aid station, that you share the course with runners who are coming back onto the loop. As the lead runners began to come back out and we would pass each other they would tell me how fresh I looked, how easy my stride was and how I looked good. I was not really buying into all this but I

Owen Putnam 50/50 Trail Race (continued)

realized as I entered into the start finish area that I told Trav not to come back for 9 hours (because of my injury I was going to be slow). So I had a choice. I could sit around for five hours or I could go back out and if necessary walk the 13.5 miles. I got some food, and decided to go back out again. Before I got to the aid station I began feeling really good and stayed that way the entire race. I think I bonked on not eating much before the race. By eating at the start finish area I refueled and my mind was in the game.

I had some troubled areas, the hills are steep and the mud bogs are deep. Because it is hunting season I did not see a lot of wildlife but I did see a huge snake on the trail, yuck.

The lead 50 mile runner passed me, which meant he was on his third 13.5 mile loop. I watched him, he did not carefully dodge the creeks, mud bogs or streams, he ran right through them. Well then, after that I did too. When I reached that last aid station and I had 2.5 miles to go I was pumped because I realized that I might be able to do this in under 8 hours. I pushed as much as I thought I could, I passed several runners who were going to do the course in four, and as I came out of the woods and down the final road to the finish I was just past 8 hours. I finished as the second female finisher, first in my age and in 8:02. I was so happy. Trav

was there, some how he knows not to listen to me. We stayed to watch the 50 miler winner cross the line. This was his 10th year to run the race and his fourth straight year to win. We talked to guys who knew Charlie, imagine that.

This year I did not use a cane and by the fourth day I was up to running three miles.

Charlie's friends told me that the OP was by far the hardest 50k course in Indiana but Norm is such a nice guy you just want to support his race. Since I have not ran any other courses I do not know about the difficulty but I do know Norm is super. This is a favorite of mine to run. The lead 50 mile runner passed me, which meant he was on his third 13.5 mile loop. I watched him, he did not carefully dodge the creeks, mud bogs or streams, he ran right through them. Well then, after that I did too.

21st Annual Charity Run/Walk

I hope you all have this coming Sunday marked on your calendars as we prepare for Club Kokomo's very own "We Care" celebration. As most of you know, there is no entry fee for the event but participants are encouraged to give what they can and many seek additional contributions from friends, relatives, and co-workers. This years event will benefit Nesting Doves, a Christian home nurturing unwed mothers through and beyond their pregnancies, and the Magic and Care Closets, which provide special needs to students through out Howard County.

The Charity Run can be considered a race but it is more a family fun run for many. It will be hard to top last years balmy temperatures but we guarantee the food and fellowship will be unsurpassed so invite your family and friends and please plan on joining

By Charlie Skoog

us for lunch. Cindy Sanders assures me there will be plenty of Sloppy Joe's and Club Kokomo will provide table service

but drinks, desserts, side dishes, and veggies are always welcome.

Special thanks to UAW Local 292 for providing a wonderful host facility for this event. We need your participation and support so run, walk, or volunteer at the Charity Run and experience what Club Kokomo is all about. For more information call 765 457-2607 or email runckrr@aol.com.



Remember the perfect weather from last year's charity run?

Some Pictures from the McKinley School Race



2006 Race Calendar

February 5 Ground Hog 7 Mile Run Time: I PM Location: Carmel, IN

March II Norris Insurance 5K Run/ Walk Time: 9 AM Location: Amboy

March 18 Old Ben 5K Run/ Walk Time: 9 AM Location: Highland Park

April I CKRR Ultimate 10 Mile Run & 5 Mile Run/ Walk Time: 9 AM Location: Logansport, IN

April 15 Race for the Cure 5K Run/ Walk Time: 9 AM Location: Military Park, Indy 10 points for each finisher

May 13 CKRR 5K Trail Run/ Walk Time: 8 AM Location: Peru River Walk

May 20 Norris Insurance 4 Mile Run/ 3 Mile Walk Time: 8 AM Location: Jackson Morrow Park June 3 Helping Hands 5KRun/ Walk Time: 8 AM Location: Sharpsville, IN

June 10 Norris Insurance 5 Mile Run/ 5K Walk Time: 8 AM Location: Greentown, IN

June 16-17 Relay for Life Location: Kokomo High School

June 24 Race for Grace, 5K Run Time: 8 AM Location: Logansport, IN

July I Haynes-Apperson 4 Mile Run/3 Mile Walk Time: 8 AM Location: Memorial Gym, Kokomo, IN

July 8 Iron Horse 4 Mile Run/ 3 Mile Walk Time: 8 AM Location: Logansport, IN

July 15 Panther Prowl 5K Run/Walk Time: 8 AM Location: Western H.S., Russiaville, IN August 5 Norris Insurance 5K Run/ Walk Time: 8 AM Location: Converse, IN

August 12 CKRR Age-Graded 4 Mile Run & 5K Walk Time: 8 AM Location: Highland Park

August 26 Western CC Open 5k Run Time: 7:30 AM Location: Oakbrook Valley

September 4 Blueberry Stomp 5k/15k Run Time: 9 AM Location: Plymouth, IN

September 23 7th BeeBumble 5k Run/Walk Time: 8 AM Location: Burnetsville, IN

September 30 12th Kokomo Symphony Run 5K Run/Walk Time: 9 AM Location: Highland Park

October 7 Cole Porter 15K Run/ 5K Run/Walk Time: 8:30 AM Location: Peru, IN October 14 Norris Insurance 5 Mile Run/ 5K Walk Time: 8 AM Location: Bunker Hill, IN

November 5 Run the Mounds 5m Run/ Walk Time: 2 PM Location: Anderson, IN

November 11 CKRR 4 Mile Run/ 5K Walk Time: 9 AM Location: McKinley School

November 23 CKRR Thanksgiving Day Fun Run (non points) Time: 8 AM Location: Highland Park

December 4 CKRR Charity Run 5K 2PM (20 pts each finisher) Time: 2 PM Location: UAW Local 292

December 31 CKRR New Years Eve 5k Run/Walk Time: 2 PM Location: UAW Local 292



Other Races

December 3 Jingle Bell Run for Arthritis Location: Indianapolis Tuxedo Brothers (317) 733-3300

December 10 Sleighbell Run 5k Location: Valparaiso, IN Time: Unknown Jenna Charles(219)465-4629 December 17 Huff 50k and 50k Relay Location: Huntington, IN Time: Daybreak www.huff50k.com

January 7 Siberian Express 7.6 M Location: Kickapoo State Park in Danville, IL Time: 12:00 Indiana Time

2004-2005 CKRR Points Standings

Races scored include the Charity Run, New Year's Eve Race, Oakbrook Valley Race, Amboy Race, Old Ben, Ultimate Challenge, Race for the Cure, Indy 500 Mini-marathon, Peru Trail Run, Jackson Morrow Run, Helping Hands 5k, Greentown Race, Relay for Life, Race for Grace, Haynes Apperson, Ironhorse, Panther Prowl, Converse Race, Agegraded, Western CC Invitational, Symphony, Cole Porter, Bunker Hill, Run the Mounds, McKinley School and any one marathon, one half-marathon, or one volunteer.

Runners

Women

0-12

Shelby Revils 7-107V Waverly Neer 5-100 Kierra Howell 3-50V Kayla Reinagle 2-35 Mindy Tetrault 1-20V Zoe Irvin 1-10 Lauren Weber 1-10

13-19

Vanessa Lorenz 14-204V Amber Longwith 13-180V Sarah Bauson 9-129H Anna Hurlock 6-120 Laura Bauson 7-92H Tiffany Williams 5-62 Megan Tetrault 4-57 Annina Gruber 3-55 Nicole Parry 3-42 Erin Talbert 2-29V Becky Elliott 1-10 Felicia Fiacco 1-8 Sarah Lee 1-6

20-24

Michelle Tetrault 10-182V Grace Bauson 5-85H Stephanie Miller 3-60V Christan Bahler 2-40M Ashley Taflinger 1-20 Diana Anderson 2-15

25-29

Kelly Wright 22-420MHV Allison Irvin 15-231MHV Shannon Reinagle 11-175HV Justine Eads 9-136 Kim Coy 1-20M Karen Bush 1-15 Andrea Travers 1-15

30-34

Nicole Peel 9-170MH Lisa Jones 10-157H Jeanette Merritt 9-126V Heather Weber 7-125V Amy Graves 3-47H Lisa Stucker 3-45 Julanne Packard 3-44 Robyn Pagington 1-20

35-39

Gina Sheets 14-252MHV Tami Moore 11-166H Teresa Long 5-85MH Kim Anderson 4-75 Angie Banush 3-52H Tracy Carden 1-15

40-44

Patti Reinhardt 23-387MHV Sharon Miller 18-260HV Roxane Burrous 12-204MH Angela Minnefield 10-200 Lynn Howell 3-45 Nancy Anderson 2-20

45-49

Cassie Bauson 14-260MH Cheryl Marner 9-170MHV Brenda Masters 8-134HV Sandy Knowland 4-65 Ellen Marie Nichols 3-55H Pam Fisher 2-40H Carla Yerkes 2-40H Lorie Zandi 2-40H Jodie Howell 1-10

50-54

Robin Tetrault 23-361MHV Lorene Sandifur 14-270HV Joyce Pennycoff 13-227HV Robin Cole 12-145 Christine Williamson 8-126V Sara Miller 4-80H Rhenda Acton 5-75V

55-59

Karmen Glaspy 13-245HV Doris Griffith 3-60HV Shirley Wilson 2-40H Kathy Barnett 2-20 Lien Koztecki I-20 Anne Wiles I-20V Toni Rethlake I-10

60-64

Sarah Kleinknight 3-60H Susan Gerhart 3-52H Trudy Pierce 2-35H Kathleen Leach 1-20

Men

0-12 Quinn Reinhardt 13-235V James Longwith 14-232V Josh Revils 12-192V Keith Bauson 3-50 Levi Fouch 2-32

Leighton Adair 1-20

13-19

Sam Williamson, Jr. 13-187 Matthew Robertson 11-168V Brandon Sheline 8-121 Michael Marley 6-115 Tony Robinette 7-104 lesse Bauson 7-91H Mason McGovern 6-82 Daniel Riffe 5-67 Peter Bauson 6-61 Bryan Phillips 3-60 Jordan Brown 3-45 Jordan Lee 3-40 Adam Bahler 2-22 Devin White 2-22 Alec Digard I-20V Steve Peugh 1-20 Matt Tetrault I-20V Wesley White I-20V Brett Sanders 1-10

20-24

Mark Eads 10-159 Josh Daugherty 5-100 Seth Daugherty 5-95HV Ryan Hurlock 4-75 Kevin Callaghan 3-55V Eric Newman 3-42 Michael Anderson 1-20

25-29 Kevin Sites 10-190H Matt Yarosz 5-100 Ryan Woolever 1-20

30-34 William Irvin 20-350MHV Jeff Kuczera 13-260MH

T.A. Weber 10-152H Keith Hill 7-98H David Reinagle 4-42 Vernon Graves 3-30 Ravi Nagaragu 1-8

35-39

Michael Graham 21-354HV Ron Moore 9-165 Anthony Campbell 6-112H Andrew Maibaum 4-60 Shawn Mayfield 2-40M Paul Cardwell 1-20M Rick Wood 1-20 Chuck LaDow 1-15

40-44

Byron Bundrent 19-314H Gary Jewell 15-275V Brian Reinhardt 16-231MHV Dana Neer 10-184HV Ken Swinehart 9-141V Mark Webster 7-117MHV Kim Lee 5-58 Tony Kirgis 3-52HV Dan Lutes 3-50MH Terry Bogue 2-40H Jack Lotzgeselle 2-32H Mike Jones 2-30H Brad Swain 1-12

45-49

Ray Tetrault 23-348MHV Eric Mathew 16-254MH Al Hochgesang 14-252 Earl Strong 16-248MHV Brent Marner 6-98MH Bill Bauson 7-85H

Points Standings (continued)

Russ Hovermale 5-73 David Gardner 3-60H Matthew Bolinger 4-50H Jerry Meiring 5-45 R.J. Kerr 2-40V Greg Townsend 1-20V John Anderson 2-15 Jeff Hemmeger 1-8

50-54

Chuck Masters 17-330MH Mark Shorter 23-327H Charlie Skoog 20-323MHV John Sites 17-279MHV Mike Deardorff 16-211MH Steve Wand 10-113HV Dave White 7-93MH Michael Campbell 5-75MH Don Gifford 5-72H Rex Piercy 3-48V Larry Grant 3-33H Karl Stoneking 2-27H Brad Shrock 1-20M Mike Rethlake 1-10

55-59

Ricke Stucker 20-390MHV Tom Miklik 17-233MH Sam Williamson, Sr. 14-217H Ed Oliphant 12-210H David Hughes 14-204M Fred Chew 5-69H John Wiles 3-48V Phil Leininger 2-30H Garry Hill 1-7

60-64

Stan Shuey 22-361V Bill Barnett 13-240MH Dale Sullivan 12-207H Jim Burrous 8-113H Doug Mankell 7-89H Ernie Strawn 2-30

65-69

Robert Cupp 15-260V John Norris 12-240MV Dick Summerton 2-24 Charles Johnson 1-20H

70+

Bill Heck 12-230V Milt Brown 7-110V

Walkers

Women

Mary Miller 24-460HV Amanda Pena 22-345V Debbie Riffe 22-252V Pat Robertson 23-217HV Cynthia Sanders 20-157V Jane Inman 11-142HV Raye Jean Swinehart 10-125HV Edwina Faust 13-111V Sylvia Burgin 13-111 Amy Revils 10-97V Marsha Daugherty 7-84V Renee Minnefield-Black 4-43 Helen Brown 3-40V Geana Moore 2-35 Diane Gifford 3-30 Karen Jewell 2-30V Barb Hobbs 2-30V Sona Camp 2-27V Jill Parry 2-24 Debra Bowman 2-23V Sue Smock I-20H Jan Stucker I-20 || Schmitt 1-12 Jayne Newton 1-7

Men

Jerry Lambert 24-389HV Tim Taflinger 25-317HV Rick Spencer 17-315HV Keith McAndrews 19-281MHV lackie Sanders 21-194V Robin Michael 15-165MH Steve Inman 11-135HV Tim Revils 10-113HV Russell Fox 7-104MH Melvin Hobbs III 4-70HV Toney Lorenz 5-54 Jack Sanders 2-30 Dave Woelfel 2-26V David Plantenga I-20V John McGinty 2-16 Glenn Artis I-10 Stephen Newton I-6

Meeting Minutes

Club Kokomo Road Runners Meeting November 7, 2005 7:00 P.M.

Members Present: Ray Tetrault – President, Will Irvin – Vicepresident, , Mark Shorter – Treasurer, Brian Reinhardt – Newsletter Editor, Jack Sanders, Cindy Sanders, Charlie Skoog, Gary Jewell

President Ray Tetrault opened the meeting at 7:07 P.M.

REPORTS Financial Report given by Mark Shorter

OLD BUSINESS New Year's Run No monetary sponsor \$8 pre-registered/\$10 day of race and gloves for awards Voted 8-0 in favor of Charity Run Cindy Sanders is coordinating food Need volunteers to cook – contact her

NEW BUSINESS

Annual Awards Date changed to February 19, 2006 (Location to be determined) What should be given for awards? Motion to give no awards to qualifiers Voted 4-3 against with 1 abstain Motion to give gloves for awards for qualifiers Voted 8-0 in favor of Motion for age group winners be awarded a \$15 voucher towards purchase of club clothing with plaques for those that prefer those Voted 6-0 in favor of with 2 abstains Brian will coordinate clothing Charlie will coordinate plaques Future and Financial Goals Solicit club sponsorship instead of race sponsorship? Develop committee to determine direction to take Exclude age-graded and Coyote Kids Both will solicit sponsors separately Bee Bumble Will add a 10k race as well Nominations for 2005 RRCA Awards Any nominations submitted through the president Powerhoure Gym Mini-marathon Training Program Contact them for more information YMCA Mini-marathon Training Program Contact them for more information

Meeting adjourned at 8:40 P.M.

Next meeting scheduled for December 5, 2005 at 7:00 P.M.

Thanksgiving Run/Walk Gets New Moniker (continued)

When you peruse the pie winners' names, you will notice "Stan Shuey" is not on the list, as it's not nice to make fun of the person reading the winning names in the drawing.



Stan Shuey competes in the age-graded race earlier this year.

because, as Bill Barnett said at registration, a chance to win an Annie 'O pie was the main reason most people were there.

For the first time, Johnny 'O did not help Annie 'O make the pies. Niece Erin 'O stepped in and stirred the pumpkin mix while Johnny 'O taught in Indy Wednesday night.

This announcement prompted Stan Shuey to ask: "Does this mean the pies will be better this year?" When you peruse the pie winners' names, you will notice "Stan Shuey" is not on the list, as it's not nice to make fun of the person reading the winning names in the drawing.

The lucky pie winners were David Hughes, Matt Robertson, Landrum and Waverly Neer, Quinn Reinhardt, Tim Taflinger, Matt Maher, Dave White, and Anita Albright.

Perennial 50-50 winner Stan Shuey won again this year, and, as he always does, he donated his share of the winnings to CK's Youth Scholarship fund. Johnny 'O did not read the winning number in this drawing. Mark Shorter, who handled registration, did.

CK's Dana Neer led the 34 shivering runners and walkers in a prayer of "Thanks" and, as tradition dictates, the Annie 'O pie winners led the way up Deffenbaugh on the 5K start.

Johnny 'O had the pleasure of jogging with retired Army Sergeant Major Bill Rhoals from Alabama. Bill comes to Kokomo on special occasions because his wife grew up here. Although Bill once ran the Haynes race, this was his first CK Thanksgiving run. Fortunately for Johnny O, the former 1:19 half marathoner had not run in several years. The 'slog" pace, as Bill called it, allowed the two to reminisce about races of the past and life in the Army. They ran several Kentucky Derby half marathons and the 1979 Mini Indy that did not have water stations but their paths never crossed until this Thanksgiving.

The participants in this year's Annie 'O Pies' Run/Walk included:

Anita Albright Bill Barnett Keith Hill David Hughes William Irvin Steve Kilcline **Teresa Long** Matt Maher Monica McTaggert Tom Miklik **Bethany Miklik** Landrum Neer Waverly Neer Dana Neer Amanda Pena **Bryan Phillips** Steve Phillips **Bill Rawls** Brian Reinhardt Patti Reinhardt Debbie Riffe Matthew Robertson **Jackie Sanders Cynthia Sanders** Lorene Sandifur Stan Shuey Todd Shuey Charlie Skoog Brad Swain Tim Taflinger Tim Taflinger II Dave White **John Wiles** Brad Wood

Birthday List

12/1	Amanda Pena
12/1	Andrew Swinehart
12/2	Robert Cupp
12/2	Richard H. Elliott
12/5	Quinn Reinhardt
12/7	Shawn Mayfield
12/8	Carla Yerkes
12/9	Al Hochgesang
12/10	Terry Bogue
12/11	Cassie Bauson
12/12	Heather Weber
12/13	Cara Lee
12/15	Mark Eads

12/15 Allison Irvin 12/18 Kevin Callaghan 12/18 Michael Graham 12/18 **Kismet Morrison** 12/21 lerry Meiring Michelle Tetrault 12/21 Heather Wilkerson 12/21 12/22 Timothy J. Chew 12/22 Brad Swain 12/24 lim Burrous 12/25 Karl Stoneking 12/26 **Charles Pennington** 12/27 Alec Digard

12/27	Gary Jewell
12/27	Mike Rethlake
12/28	Kristine E. Bolinger
12/28	Robyn Pagington
12/29	Rhenda Acton
12/29	James Longwith
12/30	Charlie Skoog



When you see them wish all of these club members a very happy birthday.

New Year's Eve 5k Run/Walk

Time and Location:

Saturday, December 31, 2005 at 2:00 P.M.

UAW Local 292 Fellowship Hall—1201 West Alto Road, Kokomo, Indiana. For more information call (765)457-2607 or email runckrr@aol.com

Registration:

\$8 postmarked on or before December 24, 2005. \$10 thereafter and race day.

Race day registration and packet pick-up will be from 12:30 to 1:30 P.M. All registered participants will receive a race packet and be eligible for random prize drawings.

Food and Fellowship:

You've completed your last great race of 2005. Time to celebrate and plan for next year!

Course:

A 5,000 meter (3.1 mile) loop course through residential neighborhoods and Jackson Morrow Park. The course will be accurately measured and timed by Club Kokomo.

Awards:

- Runners. Knit gloves will be given to the top performers in each age group based on number of participants.
- Walkers. Knit gloves for top performers based on age groups as suggested below.
- Overall top performers will receive \$15 gift certificates from the Running Company.

Run Divisions:

Men and Women: Open—Ist thru 5th place, II & under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over. For classes with more than 5 entries it will be broken down into 5 year increments.

Walk Divisions:

Men and Women: Age Divisions will be determined by number of participants. Walkers must walk entire course.

Name:		Address:		
City:	State:	Zip Code:	Phone:	
Age on Race Day::	Sex:	Event: R	un:	Walk:

I know that walking or running a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking this event, including, but not limited to: falls, contact with other participants, the effects of the weather including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Club Kokomo Roadrunners, the City of Kokomo and it's Park Department, UAW Local 292 and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that bicyles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. I grant permission to all of the foregoing to use photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

_____ Date:_____

Parent or Guardian if under 18:_____ Date:_____ Date:_____

Send entries and make checks payable to Club Kokomo, 2936 Congress Drive, Kokomo, IN 46902