

Web Address:
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ckrr@comcast.net



For sale:
Club Kokomo Logo (as
pictured above) is a 5 inch
diameter self stick sticker.
It can easily be removed
and placed at another loca-
tion. Cost is \$1. See
Treasurer Mark Shorter
at a CK event.

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Next Race:
Cole Porter 15k Run
and 5k Run/Walk
Time: 8:30 A.M.
Where: Peru, IN

The Roadrunner

Club Kokomo Roadrunners

October 2005

Sweet Music to His Ears

By Brian Reinhardt

Dave Gardner didn't win a trophy for his victory in the Symphony 5k on Saturday morning, September 24th. What he did win was season passes to the Kokomo Symphony; something that is sure to not collect dust like most of our trophies do.

Dave led from the opening gun and never looked back in taking the win with a time of 18:20. His trip from Indianapolis to visit with his Kokomo friends proved to be much worth while. While he was taking the win 17 of the next 19 runners to finish were members of Club Kokomo including the top female finisher, Kelly Wright, with a time of 21:13.

Other winners were Masters winner Chuck Masters with a 3rd place and time of 19:08 and Angela Minnefield with a 9th place finish and a time of 21:56.

In the walking division the race was won by Jerry Lambert with a time of 31:29 and the women's race was won by Amanda Pena with a time of 35:39.

It was a perfect morning for a run and walk as the temperature at race time was in the mid 60's with an overcast sky. The Kokomo Symphony pulled out all the stops with a nice assortment of fruit, cookies, drinks, and more as well.

Of the 60 total runners/walkers who competed in the event 46 of them were members of Club Kokomo. What an awesome example of support for a community event to see so many club members show up! Congratulations Club Kokomo for making a huge difference once again!



Dave Gardner shows his winning form in the Symphony 5k.



David "Ultra-Dude" Hughes running "just a 5k".



T.A. Weber and Allison Irvin don't seem to be too concerned with racing.

From the President

By Ray Tetrault



“I am only as well rounded as the number of diverse people I have around me and I am in relationship with. “

The heat of summer is giving way to the heat of fall. I am looking forward to needing to pull on something warmer to run in! The past several weeks I have been asking questions about next years running schedule. The race schedule is recommended by the president and voted on at the monthly meeting. I know what I would like to run and which races I enjoy personally. But we have some CKRR members, like Dave Hughes, who runs more ultra marathons a year than 5k races. I like Dave, but I don't want to participate in his race schedule! I believe my role as president isn't to have the club do what I want it to do. (I can't even get my kids to agree to do what I want.) My role is to discover what each member wants and listen to their reasons. We have some in our club who would like to see our race reduced to 15-17 races. Others are saying they would prefer at least 30-35 races. When it comes to the distance we run I have heard from some who only want to have 5k's. There are others who would like to do more 10ks or higher. One member asked me this question, "Don't you wish everyone wanted to do the same thing so it would be easier?" My answer was, "NO!" This month I want to tell everyone why my answer was no.

I am only as well rounded as the number of diverse people I have around me and I am in relationship with. When it comes to runners, I never considered running marathons again. There was a time when running under 3 hours was routine, but my body isn't going to let me do that any longer. I gave up on marathons. Then I became friends with some CKRR members who run marathons or were running their first one ever. I listened to them and was inspired to run one more. I want to do ONE more. Ten marathons later I can honestly say what I wanted for me wasn't the best thing for me. The

diversity of CKRR moved me to a greater challenge and I was the beneficiary of that diversity.

Speed workouts are another story all together. It was a part of my life for SEVEN years. I always loved to be on the track doing intervals and pushing my body faster. (I have never claimed sanity.) When my times and runs became slower and harder I became disenchanted with hours on the track. In time I gave up on them completely. A few years ago some of our diverse CKRR members began having interval/speed training. I expressed my belief that they were nuts to think I would join them. Thankfully I worked on their speed workout days. But this group of diverse members became faster. Their mini marathon times dropped. Their 5k times dipped lower and lower. And I ended up with the interval bug. I began doing some intervals by myself or with Robin. I still don't enjoy them like I did years ago, but I am making them a part of my routine. My speed is improving. The diversity of CKRR moved me to a greater challenge and I was the beneficiary of that diversity.

So let's as a club look for what is best for the majority of members, not just what we want. Here are the issues I have had to consider when looking at next years racing schedule.

If we were to make our race schedule 15-17 races there are less opportunities for CKRR members to complete their 10 race minimum to be eligible for club points. If someone were injured during the summer months it would be impossible for them to complete their 10 races.

So let's make our race schedule with 35 or more races. That is the quick and obvious answer. Then everyone has a lot of opportunities to complete their 10 races. At first it seemed like the best alternative to me. But I am concerned with giving out year end awards for completing

10 out of let's say 35 races. It means a member would only need to compete in less than 1/3 of our race schedule to be eligible for an award. There is a sense that when everyone earns an award, that nobody really earned one.

Let's add longer distance races to our schedule is another area I am hearing about. The idea that we only want to participate in shorter races because more people will participate in them is alarming to me. I understand that some do not like running longer distances, but is that really a fair shake we are giving to those who are better suited for longer runs? And as a club, I think it is important that we stretch our members. We should encourage runners to go beyond what they think they are capable of. Most of the members of CKRR I have spoken with have indicated they would like to do more longer races, or different venue kinds of races.

We also have to seriously look at what our club is doing with our races. If we can't find enough volunteers, specifically race directors, it is not going to be possible to continue having CKRR races. If we don't hold races, we will not be keeping our club financially secure. This will have an adverse affect on what we are currently doing in our club.

There are other considerations that I may not have taken into account. Please call me with your ideas and concerns. My ears and mind are always open to your voices.

See you on the trails, the roads, the races, Bar Harbor, or wherever else our paths may cross.

Ray Tetrault, Captain Coyote

Lewis and Clark Marathon

By Dan Lutes

Earl and I ran a beautiful mountain marathon this weekend in Bozeman, Montana. The Lewis and Clark Marathon starts in the "foothills" outside of Bozeman and winds past Jackson Creek, Bridger Canyon and Kelly Canyon, at one point retracing about 2 miles of the original William Clark return expedition (when Lewis and Clark had separated their exploration parties). The cresting of the Kelly Canyon hill (a gravel stretch rising from 5000 to 5400 feet in ~1.5 miles) at about mile 12 brings the winded runners to the site of the Clark 1806 campsite and then passes the Fort Ellis archeological site. The course then winds into town though many residential neighborhoods and trails, ending on the track at Montana State University.



Earl finishing #36 on the track at Montana State.

In true 50 stater "Git-'r-dun" style, Earl and I decided to just make this a quick turn around weekend. I flew out on Saturday and back on Sunday, while Earl at least had the sense to wait to fly back on Monday morning. Since I arrived ahead of Earl on Saturday morning I was in charge of the packet pickup. I arrived at the hotel, caught the last of the Purdue/Minnesota game (disappointing!) and started out on the 2 mile hike to get the race packets. I stopped off for lunch on the way, sampling some local brew at the same time. Montana has some very strange beers...I passed on the "Bong Water", "Dirty Bong Water" and "Major Blow to the Head" and opted for the tamer sounding "Bozone Amber" which hit the spot. Arriving at the downtown packet pickup I

met up with Dan from Danville KY, who I had talked to on the plane earlier, and his friend Lisa from Lexington KY. Afterward we walked around the quaint downtown area, shopping and sampling the local ciders and mocha latte's before heading back to the hotel. Earl arrived later that night and we carbo loaded at Famous Dave's Bar-B-Que. Race day morning arrived with 39 degree briskness and an early morning bus ride to the start line. We met many new people on the bus and some more 50 stater as well. Runners were scrambling to figure out the right combination of headbands, gloves, singlets and throw away long sleeve shirts since the high was predicted to climb into the mid

60's. The course ran uphill for the first 3.5 miles which helped runners hold back for the tough grind ahead. I had decided to make this one a long training run, but, as usual, started out too fast. I did eventually find my rhythm and the hills help to slow my pace where it need to be to recover in time for the MDI in October. At mile 19, facing an oncoming train threatening to stop us at a crossing, several of us ran down into a ditch and crossed the tracks 500 or so yards in front of the train to run on the rail bed on the other side of the track. The distance turned out to be exactly the same and got our hearts going even faster as the train pounded past about 15 feet away! The 5 or 6 of us that jumped across the tracks

early figured we saved ~2 minutes verses waiting at the crossing (although a 2 minute wait might have been nice at that point!) Earl said his worst part of the course was the dirt trail with severe downhill switch backs that killed your feet and quads at the 21 mile mark. He also noted that Shannon wouldn't have liked the course since he saw dogs 4 different times (actually, I only saw one dog... they might just like Earl in his neon green hat!) Once in town, most people shedded the headbands and gloves as the temperatures got into the upper 50s.

Afterward, we got the free massages, stood around swapping war stories and then I had to grab a taxi for the airport. Since my departure time was 2 hours and 15 minutes after I crossed the finish line, I was glad I hit my time goal! Most people said that the hills and elevation kept them from getting hitting their target times exactly although the cooler temperatures did help. All in all, it was a great race and one more state down (Earl 36, Dan 37 yessss!). Looking forward to Baaa Habaaa in 3 weeks!

“At mile 19, facing an oncoming train threatening to stop us at a crossing, several of us ran down into a ditch and crossed the tracks 500 or so yards in front of the train to run on the rail bed on the other side of the track.”



Dan and Earl pose with “the musket starting gun dude” in Dan’s words.

On the Roads

By Johnnie 'O



Running with Bill

I could see the Indy man in front of me. I was gaining on him with each foot strike. More importantly, I knew I

was going to catch him, because a friend had trained me to do so.

I had chased the Indy man at triathlons throughout the Midwest. He would finish third and I would finish fourth in our age division. He would get a trophy and I would get a "good race" nod.

Shelbyville, Ind., has a triathlon in June, July, and August. Triathletes swim a half-mile, cycle 16 miles, and run three miles on the same course. The Indy man always beat me out of the water. He then would maintain his lead on the bike and run.

The Shelbyville run was on an out and back course. I would catch sight of the Indy man near the turn around as he was heading back to the finish. He was close, but I never could close the gap.

After the July race, I figured I could beat the Indy man if I ran the three miles in 21 minutes. I asked my friend, Bill Bennett, to get me there. He eagerly accepted the challenge.

I had known Bill for several years. On Sundays, I would cycle 25 miles and then run six miles on a course that would take me through Highland Park. Normally, I would hook up with Bill and another CK friend, Shirley Wilson, for three miles in the park at a time when my mind was telling me: "Slow down. You can run hard tomorrow."

To stay with Shirley and Bill, however, I had to pick up my pace. Bill made my running harder easier by engaging me in a conversation. My mind dropped thinking about how I felt, and picked up Bill's questions.

When I told Bill about the Indy man and what I wanted to do, our running together became focused on cutting my pace 15 seconds per mile. We did speed work on Wednesdays and tempo runs on Sundays for three and a

half weeks. Bill kept each session fresh by making it different. Often, other Club Kokomo Roadrunners would join us.

On one workout, Bill had six of us running in a single line. About each quarter, the last runner had to sprint to the front and take the lead. At first we laughed at our comments about how other people in the park were viewing our running "train," but then our comments turned to encouragement as a person surged to the front. We ended up running negative splits for six miles.

Prior to the start of the August Shelbyville race, I knew I was running faster but I did not know if I could beat the Indy man. It wasn't until I saw his back with 1.5 miles to go in the run that I knew I was going to achieve my goal. The Indy man was coming back to me with each stride I took. My confidence and strength grew as I approached him. As I passed the Indy man, I gave him a "good race" nod, and I could see the surprise on his face. I never looked back or worried that he would catch me.

Bill has since moved to Dalton, GA. Through May of 2004, he has run 22 marathons, and 515 road races of varying distances. Earlier this year, he asked me to edit a draft of a book he was writing. It was only then that I discovered the non-running side of Bill's life.

In "Running With Jesus, From Addictions to Devotion" Bill takes the reader on a journey through his running and personal life. He details his experiences in running marathons and road races. Club Kokomo readers will recognize many of the names, races and places described in the book. They also will recognize some of Bill's poems, which he shared on special occasions.

One poem was about the 1994 Columbus Marathon. Bill trained several Club Kokomo runners for that race.

"At Columbus, once I'd finished I walked around the finish area checking on other runners...It was Sue who brought the meaning back, the meaning of finishing a first marathon. Once I saw her, I could see the tears streaming down her cheeks and recognized the chills and weakened knees of success. After a big hug, I congratulated her remembering the finish to my first marathon and another at South Bend '93 when I qualified for Boston. It was for Sue that I wrote the first part of the poem 'The Finish Line.'"



Bill finishing one of many Haynes Apperson races over the years.

The Finish Line '94 Part 1

There it is the finish line; I can see it just ahead,
And I'm going to make it, just like everyone said.

I was warned how tough it'd be and told about the pain,
But thanks to the hard training, it feels about the same.

Still no one told me 'bout the finish line,
feeling of success.
That pride of crossing it, for the first time or personal best.

For I've relived many frustrations, trying to succeed,
And now with this great effort, at last I will be free.

So what I started months ago, in a few steps will be done,
And for me the thrill of crossing it will mean indeed I won.

On the Roads (continued)

In his book, Bill's running is intertwined into his daily life experiences. He writes about the loss of a little friend, an automobile accident that almost took his life, the death of people close to his heart, and his acceptance of the will of God.

Five years after he wrote "The Finish Line," Bill added Part II for his doctor and friend. Looking at Part II years later, Bill writes in his book that he realized he was "now captured in thoughts of that more important other race to finish."

The Finish Line '99 Part II

But we're also runnin' another race, to
different finish lines,
Some seem short; others long; all with
mountains to climb.

And I can see they're not measured, by
age, distance or time,
Instead how true the course, when you
reach that finish line.

I can't tell who'll get there first, perhaps
me, maybe you,
But I know I'll join the finished, helping
others get through.

I can see it now as I approach, my last long
run nearly done,
Once again the thrill of crossing it will
mean indeed I won.

In the spring, I edited a second draft of Bill's book. In September, I read the finish product. Each time, I had a tough time putting the book down. You can get Bill's book by going to www.amazon.com. Under books, search for "Running with Jesus" by W.R. Bennett. It should be fourth or fifth on the list.

I no longer have the Shelbyville trophy that Bill helped me win. I, however, have something more important. I have a story of a friend.

BILL'S SON

Bill Bennett's son, Carl, has been battling leukemia for five years. His fight was "headed for a showdown" with a bone marrow transplant scheduled for Sept. 21 at IU Med Center in Indianapolis. Prayers are welcomed. Bill's email address is wrbennett@hotmail.com

UPDATED EMAIL FROM BILL AS OF SEP 24

Friends,

Per Carl's doctor this morning his status is excellent. He's responded well to the variety of treatment changes and is progressing satisfactorily. It will be a few weeks before we'll know the benefits through his blood counts that indicate fusion of the new bone marrow and improvement in his body's immune system. We feel comfortable starting back because of the type of intensive monitoring and care he's receiving. We will be praying that his next chemo treatments (tomorrow 9/25, Wednesday 9/28 and the last on Monday 10/3) go well. These treatments will help increase the possibility of ultimate success. After the treatments he'll need to be isolated in an efficiency near the hospital for up to 30 days before being released to home quarantine for up to 6 months. The trip back tomorrow may be interesting given the recent weather, but we'll be watching closely the weather as we proceed. Thanks so much for your prayers and support for we know through God it doesn't end, but "keeps on, keeping on...."

A WORD FROM MILT BROWN

This is an e-mail I received in early 2002 thanking Club Kokomo members for taking him in to the the Club Kokomo Hall of Fame.

Please extend my appreciation to the Hall of Fame Committee and Club Kokomo for the honor of the Hall of Fame award. Unfortunately I do not have e-mail addresses or the time to thank each and everyone you or the club members that have meant so much through the years. On my way to Kokomo I wrote a small verse to try to express the appreciation I have for my running friends. Please accept it as my note of thanks.

Midst Footsteps Present
By W R Bennett, 1/12/02

While stretching he scanned the horizon,
A familiar silhouette to see,
For someone to join his evening run,
But that day it wasn't meant to be.

So he started out oh so slow,
Down an old familiar path,
And midst his footsteps present,
He thought of footsteps past.

Then corner after corner,
Up or down hill, slow or fast
Running midst his footsteps present,
He heard those footsteps past.

He recalled the joys and laughter,
Hardships and burdens too,
And times the footsteps past
Had helped pull him through.

Tho' slower than ever before,
As he plugged along his way,
His feet felt a little lighter
With footsteps from yesterday.

Weary but refreshed, he finished,
His daily burdens washed away.
His response was spontaneous when
asked,
If he had anyone to run with that day.

He said, "Tho' sometimes I'm on my own,
Thanks to the good Lord and His blessing
me
With the many running friends I've known,
No matter when or where I run, I never run
alone.

W. R. Bennett



**RUNNING
WITH JESUS**

from addictions to devotion

2004-2005 CKRR Points Standings

Races scored include the Charity Run, New Year's Eve Race, Oakbrook Valley Race, Amboy Race, Old Ben, Ultimate Challenge, Race for the Cure, Indy 500 Mini-marathon, Peru Trail Run, Jackson Morrow Run, Helping Hands 5k, Greentown Race, Relay for Life, Race for Grace, Haynes Apperson, Ironhorse, Panther Prowl, Converse Race, Age-graded, Western CC Invitational, Symphony and any one marathon, one half-marathon, or one volunteer.

Runners

Women

0-12

Waverly Neer 5-100
Shelby Revils 6-87V
Kierra Howell 3-50V
Kayla Reinagle 2-35
Mindy Tetrault 1-20V
Zoe Irvin 1-10
Lauren Weber 1-10

13-19

Vanessa Lorenz 13-184
Amber Longwith 12-160V
Anna Hurlock 6-120
Sarah Bauson 8-109H
Laura Bauson 7-92H
Tiffany Williams 5-62
Megan Tetrault 4-57
Annina Gruber 3-55
Nicole Parry 3-42
Erin Talbert 2-29V
Becky Elliott 1-10
Felicia Fiacco 1-8
Sarah Lee 1-6

20-24

Michelle Tetrault 9-162V
Grace Bauson 5-85H
Stephanie Miller 3-60V
Christan Bahler 1-20
Ashley Taffinger 1-20
Diana Anderson 2-15

25-29

Kelly Wright 19-360MHV
Allison Irvin 13-191H
Shannon Reinagle 10-155HV
Justine Eads 8-116
Karen Bush 1-15
Andrea Travers 1-15

30-34

Nicole Peel 9-170MH
Lisa Jones 10-157H
Jeanette Merritt 9-126V
Heather Weber 7-125V
Amy Graves 3-47H
Lisa Stucker 3-45
Julanne Packard 3-44
Robyn Pagington 1-20

35-39

Gina Sheets 14-252MHV
Tami Moore 10-146H
Teresa Long 4-65H
Kim Anderson 3-55
Angie Banush 3-52H
Tracy Carden 1-15

40-44

Patti Reinhardt 20-332MH
Sharon Miller 17-240HV
Angela Minnefield 10-200
Roxane Burrous 10-164MH
Lynn Howell 3-45
Nancy Anderson 2-20

45-49

Cassie Bauson 11-200H
Cheryl Marner 8-150HV
Brenda Masters 7-119HV
Sandy Knowland 4-65
Pam Fisher 2-40H
Carla Yerkes 2-40H
Ellen Marie Nichols 2-35H
Lorie Zandi 1-20H
Jodie Howell 1-10

50-54

Robin Tetrault 20-311MHV
Joyce Pennycoff 13-227HV
Lorene Sandifur 11-210HV
Robin Cole 11-130
Christine Williamson 6-91V
Sara Miller 4-80H
Rhenda Acton 5-75V

55-59

Karmen Glaspay 12-225HV
Doris Griffith 3-60HV
Kathy Barnett 2-20
Lien Koztecki 1-20
Anne Wiles 1-20V
Shirley Wilson 1-20H
Toni Rethlake 1-10

60-64

Susan Gerhart 3-52H
Trudy Pierce 2-35H
Sarah Kleinknight 1-20H
Kathleen Leach 1-20

Men

0-12

Quinn Reinhardt 12-215V
James Longwith 12-197V

Josh Revils 11-172V

Levi Fouch 2-32
Keith Bauson 2-30
Leighton Adair 1-20

13-19

Matthew Robertson 10-148
Sam Williamson, Jr. 10-127
Michael Marley 6-115
Brandon Sheline 7-106
Tony Robinette 6-84
Mason McGovern 6-82
Daniel Riffe 5-67
Jesse Bauson 5-64H
Bryan Phillips 3-60
Jordan Brown 3-45
Jordan Lee 3-40
Peter Bauson 4-39
Adam Bahler 2-22
Devin White 2-22
Alec Digard 1-20V
Steve Peugh 1-20
Matt Tetrault 1-20V
Wesley White 1-20V
Brett Sanders 1-10

20-24

Mark Eads 7-104
Josh Daugherty 5-100
Seth Daugherty 5-95HV
Ryan Hurlock 4-75
Eric Newman 3-42
Kevin Callaghan 2-35V
Michael Anderson 1-20

25-29

Kevin Sites 9-170H
Matt Yarosz 5-100
Ryan Woolever 1-20

30-34

William Irvin 17-295HV
Jeff Kuczera 11-220H
T.A. Weber 10-152H
Keith Hill 7-98H
David Reinagle 4-42
Vernon Graves 3-30
Ravi Nagaragu 1-8

35-39

Michael Graham 19-319HV
Ron Moore 7-125
Anthony Campbell 6-112H
Andrew Maibaum 4-60
Shawn Mayfield 1-20

Rick Wood 1-20
Chuck LaDow 1-15

40-44

Gary Jewell 14-255
Byron Bundrent 15-234H
Brian Reinhardt 14-204MHV
Dana Neer 10-184HV
Ken Swinehart 7-111V
Mark Webster 6-97HV
Kim Lee 5-58
Tony Kirgis 3-52HV
Dan Lutes 3-50MH
Terry Bogue 2-40H
Jack Lotzgeselle 2-32H
Mike Jones 2-30H
Brad Swain 1-12

45-49

Ray Tetrault 20-301MHV
Al Hochgesang 13-232H
Eric Mathew 14-214H
Earl Strong 13-198MHV
Brent Marner 5-78H
Russ Hovermale 5-73
David Gardner 3-60H
Bill Bauson 5-58H
Matthew Bolinger 4-50H
Jerry Meiring 5-45
R.J. Kerr 2-40V
Greg Townsend 1-20V
John Anderson 2-15
Jeff Hemmeger 1-8

50-54

Chuck Masters 15-290MH
Mark Shorter 20-280H
Charlie Skoog 17-278MHV
John Sites 14-232MHV
Mike Deardorff 14-187MH
Steve Wand 8-94HV
Michael Campbell 5-75MH
Dave White 6-73H
Don Gifford 4-57H
Rex Piercy 3-48V
Larry Grant 3-33H
Karl Stoneking 2-27H
Mike Rethlake 1-10

55-59

Ricke Stucker 17-330MHV
Tom Miklik 15-211MH
Ed Oliphant 12-210H
David Hughes 12-177M
Sam Williamson, Sr. 11-167H

Race Results

11th Annual Kokomo Symphony
5K Run/Walk
Highland Park, Kokomo, IN
September 24, 2005

5K Run

1. David Gardner 18:20
2. William Irvin 18:37
3. Chuck Masters 19:08
4. Eric Mathew 20:04
5. Al Hochgesang 20:06
7. Kelly Wright 21:13 1st woman
8. Ricke Stucker 21:41
9. Angela Minnefield 21:56

10. Mark Shorter 22:12
11. Ron Moore 22:32
13. Ray Tetrault 23:09
14. David Hughes 23:21
15. Andrea Travers 23:58
16. Ken Swinehart 24:07
17. Mike Deardorff 24:12
18. Stan Shuey 24:20
19. Patti Reinhardt 24:48
20. Brian Reinhardt 24:48
22. James Longwith 25:50
23. Joyce Pennycoff 26:27
24. Allison Irvin 26:32
25. TA Weber 27:20
27. Robin Tetrault 27:27
28. Vern Graves 28:26

30. Tom Miklik 28:52
31. Amber Longwith 28:54
32. Doug Mankell 29:39
33. Lisa Jones 29:53
34. Christine Williamson 30:06
36. Michelle Louer 30:24
37. Robert Cupp 31:46
38. Robin Cole 32:47
39. Michelle Tetrault 33:54
44. Milt Brown 41:47
45. Sharon Miller 42:54
46. Karmen Glaspy 42:54

5K Walk

1. Jerry Lambert 31:29
2. Tim Taflinger 34:37
3. Amanda Pena 35:39 1st woman
4. Steve Wand 38:15
5. Geanna Moore 40:34
6. Renee Minnefield-Black 40:49
7. Jane Inman 40:58
8. Raye Jean Swinehart 41:01
9. Debbie Riffe 41:21
10. Sylvia Burgin 45:40
13. Edwina Foust 49:40
14. Jackie Sanders 49:54
15. Cynthia Sanders 49:58
16. Glenn Artis 54:17

Points Standings (continued)

Fred Chew 5-69H
John Wiles 3-48V
Phil Leininger 2-30H
Garry Hill 1-7

60-64

Stan Shuey 19-306V
Bill Barnett 12-220H
Dale Sullivan 9-152H
Jim Burrous 8-113H
Doug Mankell 7-89H
Ernie Strawn 1-10

65-69

Robert Cupp 15-260V
John Norris 11-220MV
Dick Summerton 2-24
Charles Johnson 1-20H

70+

Bill Heck 11-210V
Milt Brown 7-110V

Walkers

Women

Mary Miller 20-380H
Amanda Pena 19-295V
Debbie Riffe 19-218V
Pat Robertson 19-182HV
Cynthia Sanders 18-147V
Jane Inman 9-120HV
Raye Jean Swinehart 8-103HV
Sylvia Burgin 11-95
Marsha Daugherty 7-84V

Amy Revils 8-81V
Edwina Faust 10-76
Renee Minnefield-Black 4-43
Helen Brown 3-40V
Geana Moore 2-35
Karen Jewell 2-30V
Barb Hobbs 2-30V
Sona Camp 2-27V
Jill Parry 2-24
Debra Bowman 2-23V
Sue Smock 1-20H
Jan Stucker 1-20
Diane Gifford 2-18
JJ Schmitt 1-12
Jayne Newton 1-7

Men

Jerry Lambert 20-309HV
Rick Spencer 14-270HV
Tim Taflinger 21-261H
Keith McAndrews 16-244MHV
Jackie Sanders 19-178V
Robin Michael 13-146MH
Steve Inman 9-115HV
Tim Revils 9-104HV
Russell Fox 7-104MH
Melvin Hobbs III 4-70HV
Toney Lorenz 4-45
Jack Sanders 2-30
Dave Woelfel 2-26V
David Plantenga 1-20V
John McGinty 2-16
Stephen Newton 1-6

Other Race Results

Howl at the Moon 8-hour Ultra
Danville, IL
August 13, 2005
1. Russell Fox 33.4 miles
(First walker)
27 Walkers

Parkersburg Half Marathon
Walk
Parkersburg, WV
Aug. 20, 2005
1 Matthew Boyles 1:42:43
9. Russell Fox 2:32:05
92 Finishers

Pork Festival 8k
September 10, 2005
Tipton, IN
1. Mitch Novy 27:18
3. Byron Bundrent 29:44
9. John Norris 39:40
20. Karen Bush 48:40
25. Robin Cole 55:35
34 Finishers

Air Force Marathon
Wright Patterson AFB, OH
September 17, 2005
1. Hendrik Vanloon 2:41:15
936. Keith McAndrews 5:14:56
1122. Robin Michael 6:27:40
1218 Finishers

Muncie YMCA Mini-marathon
Muncie, IN
September 17, 2005
1. Jason Newport 1:14:35
76. Tim Taflinger 2:22:35
95 Finishers

Lewis and Clark Marathon
Bozeman MT
Sept. 25, 2005
1. Scott Creel Bozeman MT 2:40:28
10. (1F) Nikki Kimball Bozeman MT 3:18:02
18. Dan Lutes Noblesville IN (6th in age) 3:40:54
52. Earl Strong Kokomo IN (11th in age) 4:24:07
81 runners listed in the results

Wild Wild Wilderness 7.6 Mile
Trail Run
Danville, IL
September 25, 2005
1. Josh Banister 43:54
17. Byron Bundrent 50:37
32. William Irvin 53:51
68. Charlie Skoog 58:30
215. Jim Burrous 1:16:50
219. Allison Irvin 1:17:40
235. Roxane Burrous 1:21:06
301 Finishers

The next club gear order will be submitted to the vendor on **November 1, 2005** providing we have at least the minimum of \$500 worth of gear to order. You should be able to get a good look at the gear as a number of club runners and walkers are now wearing it and decide if you'd like to order some as well. Use the form attached to the August newsletter or email me and I'll send you one.

Meeting Minutes

CKRR Meeting
September 12, 2005 7:00 P.M.

President Ray Tetrault opened the meeting at 7:03 P.M.

Members Present:

Will Irvin—Vice President
Mark Shorter—Treasurer
Brian Reinhardt—Newsletter Editor
Charlie Skoog
Gary Jewell
Jody Howell
Stan Shuey
Patti Reinhardt
John Wiles
Milt Brown
Robin Tetrault

Reports

Financial Report given by Mark Shorter
Coyote Kids
Complaints of over-crowding by public at Jackson
Morrow Park
Discussion of moving to a new location
Considering Kautz Field
Possible parking plan to eliminate
congestion

Year End Issues

Committee for special awards needed
Hall of Fame committee needed
Committee for charity run needed

Discussed a date for awards banquet
Discussed possibility of swapping location for charity
run and NY Eve Race or having both at UAW 292.

Old Business

IUK Old Ben
Add fun run before event
Age groups changed to 5-year increments for run
Date: March 25, 2006
Possible promotional event for sign-up on a
Wednesday evening.

Running Gear

New order will be submitted November 1.

New Business

Western CC Invitational
Discussion of whether or not it will remain a points
race
Western HS organizes race
CK stands ready to assist

Race Schedule review

Accept current schedule?
Take other races under review?
Vote to remove Oakbrook Valley Race and add
Groundhog 7 in it's place
Voted 10-2 in favor of.

Meeting adjourned at 8:45 P.M.

Next meeting October 3, 2005.

CKRR Race Calendar

October 8
Cole Porter 15K Run/5K
Run/Walk

Time: 8:30 AM
Location: Peru, IN

October 15
Norris Insurance 5 Mile
Run/5K Walk

Time: 8 AM
Location: Bunker Hill, IN

November 6
Run the Mounds 5 Miler
Mounds State Park

Anderson, IN
2:00 P.M.

November 12
CKRR 4 Mile Run/5K Walk

Time: 9 AM
Location: McKinley School

November 24
CKRR Thanksgiving Day Fun
Run

Time: 8 AM (non points)
Location: Highland Park

December 3
Charity Run
Time: 1 PM
Location: UAW Local 685

December 31
New Year's Eve 5k Run/Walk
Time: 2 PM
Location: TBD



Al Hochgesang and Eric Mathew compete in the Symphony 5k in Highland Park recently.

Birthday List

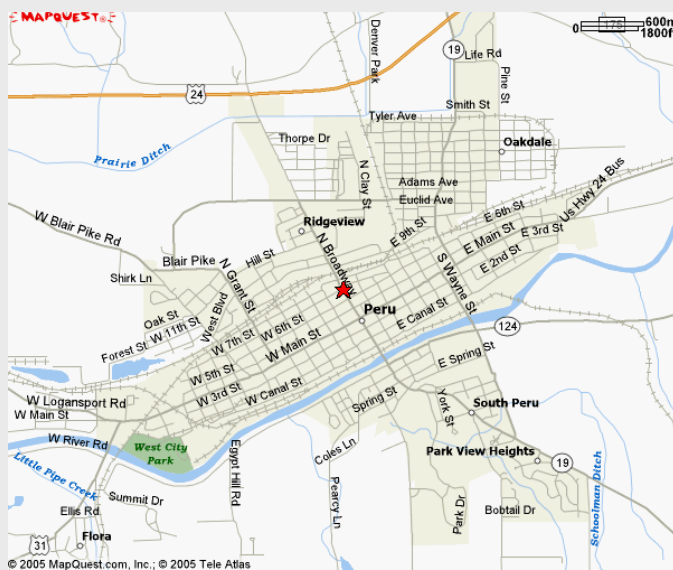
10/1	Christan Bahler	10/12	Anthony Tucker	10/20	Anne Wiles	10/29	Kenny Bennett
10/5	Nancy Anderson	10/12	Sam Williamson, Sr.	10/22	Peter Bauson	10/30	Alexander Bolinger
10/5	Ashley Taflinger	10/14	Sarah Lee	10/22	Ricke Stucker	10/30	Geana Moore
10/7	Mary Miller	10/16	Anthony Campbell	10/24	Brent Marnar	10/30	Dave Woelfel
10/8	Greg Powers	10/16	Landrum Neer	10/26	David Gardner		
10/8	Rick Spencer	10/18	Darrel Peugh	10/27	Kierra Howell		
10/11	David Hughes	10/19	Jayne Newton	10/27	Zach Miller		

Bulletin Board

Tom Miklik has a pair of the royal blue Brooks tempo shorts in a size large that he'd like to sell at cost for \$15. If you have interest in the shorts you can contact me at the email address on the front of the newsletter or by phone at (765)473-4749 and I'll pass the information along to Tom.

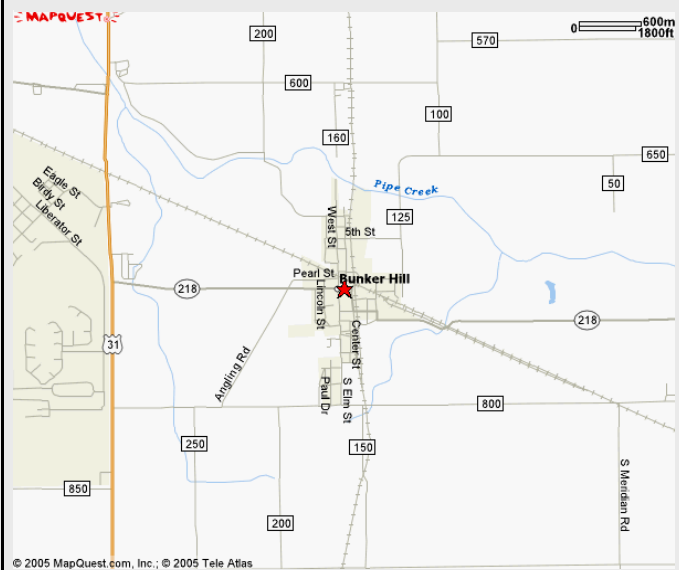
Maps to Upcoming Races

Cole Porter



Due to heavy construction in Peru on Main Street it will be best to enter Peru from US 24 (4-lane) from the north side of town. From the north or south take US31 to US 24 East and take the Business 31 exit into Peru. You'll travel into Peru and after the second light you'll go under an overpass. The circus building is just before the next light on the right side. There is ample parking in the rear of the building.

John Norris Bunker Hill



From US31 take SR 218 east into Bunker Hill. You'll see Norris Insurance Agency on the left side of Broadway just past the intersection with a bank, church, and convenient store.

Other Races

October 8
4th Annual Pumpkin Push 10K
Run 1 Mile Fun Run
 9:00 AM Mar Len Park
 150 East and Wea School Rd
 Lafayette, IN
 Don Franklin (765) 474-3448

October 15
Race for the Cure
 8:00 AM
 Saint Mary's of the Woods
 Terre Haute, IN
 Wabash Valley Affiliate
 (812) 535-5011

October 22
Spooktacular 5K Run/Walk
 9:00AM Winona Lake Park
 Winona Lake, IN
 Kyle Pitt at 574-372-7890 or
 kpitt@kch.com

October 29
Pleasant Run Run 5m Run and Walk
 10:00 AM Historic Irvington,
 Indianapolis, IN
 Tuxedo Brothers
 (317)733-3300





**Club Kokomo Roadrunners
2936 Congress Avenue
Kokomo, IN 46902**

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