

April 2005

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Club Kokomo Roadrunners

The Roadrunner



For sale:

Club Kokomo Logo (as pictured above) is a 5 inch diameter self stick sticker. It can easily be removed and placed at another location. Cost is \$1. See Treasurer Mark Shorter at a CK event.

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April 02
CKRR Ultimate 10 Mile Run
& 5 Mile Run/Walk
Time: 9 AM
Location: Logansport, IN

A Special Day

By Charlie Skoog

As I've gotten older and the days, months, and years seem to fly by faster and faster, I've finally learned to take more time to smell the roses and thank my Creator for the beauty and wonder that surrounds us all. For much of my life I struggled to see beyond all the "stuff" and "junk" that attacks us and can easily rule or ruin our lives. As I searched for the answers and

happiness that escaped me I had many influences, some good and some bad. The journey has not ended but I'm finally able to say that the good influences have

prevailed. We are all surrounded by heroes and angels. This is a thank you to all of mine, a list that includes many of you. Any day we have the strength and freedom to gather as a Club, to run, walk, volunteer, and fellowship together is a special day; a gift to be appreciated, a gift that can easily be taken



Jackie, with his angels, Cindy and Sharon.

(continued on page 2)

Kelly Wright Slips and Slides to Amboy Victory

By Brian Reinhardt

On a day when anybody with more common sense than a runner would have stayed inside, Kelly Wright proved to be the toughest woman in Amboy.

Ice-covered roads, cold temperatures, and high winds greeted 119 runners and walkers on March 12th for John Norris' annual "pancake pilgrimage".

The talk on the streets was of just how slick the conditions were outside of town, but when the runners and walkers made it inside the talk quickly turned to how many pancakes one could force down one's cold, but hungry throat. Personally I was able to devour 6, but I know that I was a mere rookie compared to some.

Earl?

Kelly found a way to conquer those tough conditions and came across with a time of 22:55 to claim the women's race. Another Club Kokomo member, Angela Minnefield claimed the women's masters division with a time of 24:25.

The men's race went to Logansports Scott Colford with a time of 17:29. Club Chaplain Dana Neer claimed the masters division with a time of 19:07.

As is always the case at a John Norris event we were all treated as family and got to get a good laugh at just how bad John can butcher most of our last names. I know I can safely say that because he laughs at himself as much as

we enjoy his races. Thank you again, John, for making another Saturday morning special for all of us.



Kelly nears the finish of her Amboy win.

From the President

By Ray Tetrault



"Captain Coyote" instructs the kids before the start of one of eight races.

When one part of the body hurts, the whole body is affected. After spending some weeks getting over pleurisy, I have discovered this truth to be absolutely true! Thanks CKRR cheerleaders who encouraged me with emails, phone calls, and visits. You make my world a better place.

The second season of Coyote Kids is rapidly approaching us. I am looking for 7 team leaders, 6 finish line workers, and 4 snackers (those who pass drink and food to the finishers). Last year we ran all 8 races in 1 hour each Thursday evening. This year we will be starting Coyote Kids on June 9th and we will run every Thursday evening until our awards night July 21st. The first race begins at 6:00 p.m. from Jackson Morrow Park. If you can volunteer for those 6 weeks of running plus one awards eve-

ning, you will find a whole lot of satisfaction by being a part of this great program. Give me a call if you can help at 765-854-5497 or email me at rayrobin@email.com.

The Bar Harbor, Maine marathon is shaping up to be quite a group of people. The following have expressed some desire to possibly go. Ray and Robin Tetrault, Jon and Missy Polk, Dan and Sara Miller, Jim and Roxanne Burrous, Tom Miklik, Charlie Skoog, Dan Lutes, Kelly Wright, Brian and Patti Reinhardt, Shannon Reinagle Will and Allison Irvin, Angela Minnifield, Steve and Barb Wand, John Norris, Jeff Lowery, Brent and Cheryl Marner. Some are still on the "undecided for sure list." If your name is NOT on the list and you are interested in going please give me a call. This is not an absolute commitment, but I am beginning the process of finding hotels and plane tickets at group rates. You can begin your training for the marathon or just go

along for the trip. No matter what, this trip will be one to remember for a lifetime.

Speaking of marathons, I was introduced to the race director of the Mickelson Deadwood marathon in South Dakota. This is the marathon trip our club is looking to participate in June 2006. He was a participant in the Sam Costa Mini Marathon. He is going to go out of his way to be sure we have the best accommodations possible when we give him a number who will be going out. If you haven't been to Mount Rushmore or the Black Hills this is the trip to go. Let's try for 40 people... or more!

President Ray Tetrault
"Captain Coyote"



Most of the Top of Utah crew poses for a group shot before heading out to celebrate a successful marathon.

A Special Day (Continued from page 1)

Wednesday, March 16, was such a day. A community fun run with 40-45 participants, warm and sunny, a welcome respite, from a winter which had lingered too long. As we began to run and walk, none of us could see the storm on the horizon, not all of us were prepared, but by the Grace of God, some of us were. Included in our gathering was Jackie Sanders, a hero and inspiration to all of us, the guy with the bright blue eyes, kind smile, and the perpetual thumb's up. As Cindy Sutherland and I were 2.5 miles into our running of the Old Ben 5K course I looked ahead and noticed that someone had fallen on the bridge.

Cindy, a nurse by profession, left me

in her dust as she sprinted to the rescue. Rescue does not adequately describe what was to follow. Sharon Miller, another nurse and angel, was already doing chest compressions on Jack, as Cindy began mouth-to-mouth on a best friend and my fallen hero. I held Jack's hand, whispered "Come on Jack!", and we all prayed. People that work in hospitals know that prayer works, miracles do happen, and Jack is living proof of that. Jack was without a pulse for way to long, how could he possibly survive? Sharon and Cindy, the paramedics, doctors, and your prayers saved Jack's life. Look at Jack's picture and you see a miracle, look in Jack's eyes and I see something more special than a miracle. I see

love but greater than that I see the answer I searched for all those years. Jack Sanders found the answer long ago. Are you still searching?

Amy Black took the picture of Jack with his special angels, Cindy and Sharon. Amy custom made a poster card for Jack and his family that has over 70 cameo pictures of many of you. If you would like to sign the card and/or your picture please see me as soon as possible. Amy's special card reads "They say everyone has a Guardian Angel. You must be pretty special to have a whole club of Angels." Truer words were never spoken.

Christan Bahler takes Old Ben

By Brian Reinhardt

On a day made for running, Christan Bahler ran away with the women's race at this year's Old Ben 5k. She led the entire way and was never threatened. Her 19:11 was nearly a minute ahead of yet another impressive performance by 12 year old Waverly Neer with a 20:06.

Logansport's Scott Colford won the men's race with a time of 17:23 and was followed very closely by Waverly's dad and club chaplain Dana Neer with a time of 17:36. Dana also took the Master's win with a second place over-

all finish. The women's masters winner was Angela Minnefield with a time of 22:06.

In the walking division Jerry Lambert and Mary Miller were able to come away with convincing victories.

There were 139 runners and 41 walkers for this 2005 edition of the Old Ben and they were

greeted by nearly perfect running conditions and a very well organized event. The race organizers were even willing to put on a fun run even though it wasn't on the application and approximately 20-25 kids took advantage.



Runners and Walkers receive final race instructions.

CK Wins Sam Costa!

By Charlie Skoog

Club Kokomo accounted for about 10% of the 322 finishers at the 36th Annual Sam Costa 1/2 Marathon winning numerous age group awards. Equally impressive and winning the hearts of Costa Director Terry Townsend and the Indy Runners, were the awesome group of CK volunteers, who populated 3 of the 5 aid stations as well as several road sentry positions. Running a favorite race 50 miles from home and having our own friends and family providing cheers and much needed support must be experienced to be appreciated. Our crack volunteer lineup in-

cluded John "Captain Jack" Wiles, Dan "Marathon Man" Lutes, Mason and Rodney McGovern, A.J. Robinette, Jarred Hall, Amy "Kodak" Black, Alec and Quinn Reinhardt, Michelle, Mindy, and Matt Tetrault, the

incomparable Ridge, Marsha Daugherty, Mike "Boston Bound" Deardorff, and special friends of CK., Lisa Estock, Theresa Anthony, Kent Hogan, and Michael Schaffer.

Thanks all for braving the cold and supporting our expanding local running community!

ADOPT-A-HIGHWAY

It's that time again! Spring, baseball, Earth Day, and the first Adopt-A-Highway work session of 2005. The date will be Thursday, April 7, and we will meet at the Macedonia Christian Church on State Road 19. For more info call 457-2607 or runckrr@aol.com. See ya on the road!



Mother and Daughter Jill and Joyce Pennycoff ran Sam Costa together.

Meet Nicole Peel



Name: Nicole Peel

Age: 34

Family: Single (parents live in Kokomo)

Hometown: Kokomo

Occupation: Marketing director/partner for Incredibly Edible Delites in Indy

Years running: 2 1/2 years

Reason for starting to run: Lose weight/get in shape

Running goals: Qualify for Boston—boy do I have some work to do!

Favorite Run: Chicago Marathon

Hobbies and other interests: Working out, hanging out with friends, watching sports (especially IU basketball), operating a small pet sitting business I've had for 15 years.

Reason for joining Club Kokomo: To run with a group and have someone to push me.

On the Roads

By Johnnie 'O



BOSTON-BOUND ROAD-RUNNERS

Four Club Kokomo Roadrunners trained hard and achieved the dream of most long-distance runners. April 18

(Monday), they will realize that dream when they run in the 109th Boston Marathon.

Boston is the world's oldest annual marathon, and one of the world's most prestigious road-running events. One of the reasons for its Holy Grail status is that runners must qualify by meeting stringent time standards at certified marathons. Another reason is Boston's infamous Heartbreak Hill that has broken many a heart on not one but a series of its hills.

Boston-bound CK runners are Kelly Wright, Mike Deardorff, Dan Lutes, and Ricke Stucker. Kelly and Mike are Boston rookies; Dan and Ricke, veterans.

THE ROOKIES

Kelly, 27, is a fifth grade teacher at Pettit Park School in Kokomo. She was always an "athlete by participation," but never considered herself a "natural athlete." She competed in volleyball and gymnastics at Peru High School, and, like a lot of kids in Miami County, she performed from age 10 to 18 in a variety of Peru Circus acts, including "swinging ladders, anchors, Spanish Web, and trapeze." Kelly, however, never "really ran."

"I feel a lot more athletic now than I did in school. When I was younger, I didn't think I was that athletic, but now looking back I may have been more than I thought. As for inheriting it, my dad (Ron Byram) was an all-star athlete in high school and college, but I never thought I was following too well in his footsteps."

The Indiana University Bloomington graduate started running in college as something else to do to stay in shape. Running was a random thing Kelly did on her own at the recreation center and around campus.

"Then I had a friend who talked me into running my first 5K in Bloomington. Another college buddy talked me into my first Indy Mini Marathon. I was hooked af-

ter that."

The next couple of years Kelly ran on and off, gradually becoming more consistent until running became a regular part of her day. "Now I have found some wonderful running partners to keep me going!"

Kelly joined Club Kokomo in 2003. She had been running by herself just for fun since she was back in Kokomo and heard about the club from various people. "I then met Shannon Reinagle and started running with her and after that I started doing regular club events."

Kelly has completed four marathons - Disney World, Chicago, Myrtle Beach (S.C.) and Top of Utah.

"The first one (Disney) was just a 'see if you can finish deal.' I was getting over mononucleosis and the longest run I had done recently was about 10 miles. Chicago was kind of a half-attempt at qualifying for Boston. Everyone was saying I should be able to do it but I didn't really know. At Chicago and Myrtle Beach, I was within two minutes or less of qualifying for Boston."

In those marathons, Kelly started out okay and on pace but she "drastically" slowed down at about 18 miles. "No big reasons, just the usual - tired, pain, suffering, and weather not 100 percent perfect. It's all a mental game and I just lost mentally each time."

Kelly was determined to qualify for Boston at September's Top of Utah Marathon. Utah bills itself as a fast marathon. The first 13 miles are down hill, and temperatures normally are in the 50s.

The high point at Top of Utah for Kelly was the first 13 miles. The weather was perfect, the scenery was beautiful, and the pace was rolling right along.

"And then I hit the bottom of the mountain and all of a sudden the excitement was gone. The day heated up, the

scenery changed, and the pain started. I was watching my pace very closely and mile by mile I was losing that little bit of padding I had built up in the first half. I actually walked through a few water stops and a few short distances.

"As I got closer to the end, I realized if I missed it (and it would be close), it was going to be another miss by just a minute or so. With another failure on the brink, I became more frustrated and really tried to push myself to 'just get it over with.' Once I could see the finish line it was all good."

Kelly finished Top of Utah in 3 hours, 38 minutes and 21 seconds, meeting the 3:40 Boston standard for her age. "The trip itself was exciting enough. I would have come home happy either way."

Kelly does daily runs at 5:15 a.m., long runs on the weekend, and some Wednesday night club runs. She sprinkles in a few speed workouts and weight training. She averages 35-45 miles a week.



"I have two very dedicated training partners (Shannon Reinagle and Earl Strong) who keep pushing me."

Kelly, her husband Moe, and Shannon and her husband Dave are flying out together Saturday

(April 16). They are staying in a motel about 3.5 miles from the finish line in Somerville. They will fly home on Tuesday (April 19).

Shannon will be volunteering at the Runners' Expo on Sunday, and "the boys will just be along for the fun."

Kelly is excited about Boston. She wants to better her Utah time (sub 3:38) and run as well as she can.

"I hope to peak with a good, solid 22-mile or so training run. We've been hitting the weight room pretty good and working in a few hill workouts. I also hope that all those beautiful Indiana 20-degree, icy/snowy runs will be worth something."

As for runners wanting to qualify for Boston, Kelly offered the following advice: "Just go for it! Run like the wind and

On the Roads (continued)

keep trying until you reach your goal. If you had told me five years ago that I would run Boston, I would have thought you were crazy. When the time is right, things will work out. Just keep working at it."

Mike Deardorff, 50, is a caseworker with Child Welfare. He started running in 1980. Rick Parsons, a great track runner in high school, was Mike's best friend. One day, Mike boasted that he was in good shape. Rick challenged him to prove it by running an 8-minute mile.

"I did not make half a mile. I was flat dead, and I was shocked."

Running became Mike's "challenge," and when Rick told him that races gave out T-shirts, he "was hooked."

Mike joined Club Kokomo in 1998, because friend and CK member Charlie Skoog would not "leave me alone until I joined."

Mike has run 10 marathons, but it wasn't until his last two that he attempted to qualify for Boston. "I just didn't think I was good enough."

Mike began to think Boston was possible when he set a personal best by 10 minutes at 2003 Grandma's Marathon, and friends convinced him to give it a try.

In September, Mike joined Kelly and other CK members at the Top of Utah Marathon. During the race, Mike "overheated" in the unexpected 70-degree weather.

Mike's second attempt came at January's Houston Marathon.

"I went to Houston with the idea of qualifying for Boston. Around 22 and 23 miles I knew it would be very close but my legs were dead. I finished in 3:36.45, and missed qualifying by 46 seconds."

Charlie and club member Tom Miklik also ran Houston, and they urged Mike to apply for Boston anyway. Charlie even called Boston, and officials said they would take a look at Mike's application. Mike found out Feb. 7 that he had been accepted.

Mike and Charlie will fly from Indianapolis on Saturday morning. They will stay with Dan Lutes in Cambridge, and will return home on Tuesday. Charlie will be a volunteer in the Athletes' Village on race day.

Mike trains with Don Gifford and Ricke Stucker. They push him to do his long runs "fast." Mike had weighed 180 pounds for years, but Ricke convinced him to drop his weight to what it was in high school.

"I ran Houston at 165, and it made a huge difference."

How did he lose weight? "I quit eating so much ice cream. I also started weighing myself. When my weight would start going up, I'd cut back on eating."

Mike's advice for a person attempting to qualify for Boston is to lose weight and have training partners.

Mike plans to enjoy the Boston experience. "This is the one goal in running I have wanted to do for 20 years but I never figured I could do it. I am going to have fun or at least as much fun as you can during a marathon."

THE VETERANS

Ricke Stucker, 57, is a teacher and cross country coach at Kokomo High School, and he's run 12 marathons, including seven Bostons. He has been a CK member for 28 years, and was its president for several terms.

Ricke qualified in October at the Detroit Marathon. He ran 3:37. His best Boston time is 2:48; his worst, 3:15. He runs Boston because "it's tough, (its) history, no joggers, (and) scenic." His goal this year is to run at least 3:45, which will qualify him for Boston 2006.

Ricke averages 50-70 miles a week. His typical training week consists of running twice a day, working out with weights twice a week, and running hills once a week.

Ricke plans to fly to New York City and stay with an "old" IU cross-country buddy. They'll drive together to Boston.

"Heartbreak Hill actually is a series of four hills that are followed by a long, steep downhill section. They start at mile 18 and end at mile 22. You don't run a PR at Boston."

Dan Lutes, 41, is a warranty engineer at Delphi Electronics & Safety. Dan's been a Club Kokomo member for 11 years. He's been running for 18 years, but running marathons for only 12 years. He's completed 44 marathons in 35 states. He once ran two marathons on consecutive days. His goal is to join the 50 States plus D.C. Marathon Club.

This will be Dan's 10 consecutive Boston Marathon. He finished his first Boston in 1996 in 3:26.12. His best Boston time is 3:09:48.

Dan qualified for Boston in January 2004 when he finished the Las Vegas Marathon in 3:15.06. Since Boston 2004, Dan

has run four marathons - Jay Peak in Vermont, Top of Utah, Midsouth Marathon in Arkansas, and Valley of the Sun Marathon on March 12, 2005, in Arizona.

His typical training week is an easy run on Monday, Wednesday, and Friday. Tuesday is either hills or a track workout. He switched to 200s from 800s this year, but injured himself so he's backed off the track workouts. Thursdays are tempo runs between 0.75 and 2.25 miles with rest intervals in between. Saturdays are long runs of 15 to 20 miles. While maintaining the "intensity" of his workouts, he starts to taper three weeks before the marathon.

All of Dan's runs are done in the morning, because "...that is the only time of the day I can control." He starts at 5 a.m. on easy days, and 4 a.m. on hard days.

"I love Boston! The history, the crowd, the course...what's not to like. The course is the most technically challenging marathon out there. The hills are perfectly placed to hit at the exact moment most runners are worrying about hitting the wall. I have run much hillier marathons. Actually, the hills aren't even that big at Boston, but the timing is the big thing. You have to be almost 'fresh as a daisy' when you get to the first hill and you have to keep your mind in the race for 'Heartbreak' and the entire set of hills.

"I love seeing the Spires of Boston College because that means the hills are over. This will be my 10th Boston and I have yet to run a good one! There always seems to be something I could have done better. Maybe it will come this year."

Our Boston-bound Roadrunners trained hard, and achieved their goal of qualifying for the Mecca of marathons. We wish them well, and hope Heartbreak doesn't break their hearts. If it does, they have proven they have the moxy to mend their hearts and try again.

"Every completed marathon is a great accomplishment, so just be thankful that you have the ability to get up everyday and be a runner," Kelly said. "It doesn't really matter if you run a two-hour marathon or a six. The point is that you ran it and that you push yourself to improve a little every time. Love life. It's a wonderful thing!"



Valley of the Sun Marathon

By Dan Lutes



Just got back from out west where I ran the Valley of the Sun Marathon in Mesa Arizona.

I kept my 7:35 pace going through the first 14 miles, BUT, when the wall hits EARLY, it hits HARD!

Linda and I went out together without the kids and made a five day weekend out of it.

I knew it was going to be a hot one when I heard Friday's high was 90 degrees but rested my hopes on Sunday's forecast of highs only in the lower 80s! The other promising factor was that the race was advertised to be a 6:15am start to beat the heat.

The first sign of trouble was, surprisingly, the packet pickup. I showed up at the Air Museum using my preprinted map and the guy at the door said "Oh yeah, you're about the 5,000th person to show up for that!" and gave me directions to the real packet pickup which was 10 miles away. Apparently, they had a last minute change and didn't update the website. Oh well, no big deal.

Second sign of trouble... showing up for the buses to the start at 5am and seeing NO buses but a long line of nervous runners. The buses did slowly trickle in but we all knew that there was no way they could get us all bussed to the start line 6 miles away and still get the race started on time. The start did actually happen at 6:40am so it wasn't too late, and we all still had hopes of cooler temps, although the low only got down to 60.

Third sign of trouble...the sun popping up and hitting our backs within the first mile! The course was a very pretty run starting north of town on a gradual downhill mountain road to a fairly flat city course and ending on the Red Mountain High School track.

Then, the forth sign of trouble...no volunteers at the first water station (it was self serve!)

With all these warning signs, you would think I would have backed off on my goal of a 3:20, but of course, I didn't. I kept my ~7:35 pace going through the first 14 miles, BUT, when the wall hits EARLY, it hits HARD! The last 12 miles

were truly a death march.

Even though Linda was out there cheering me on, taking pictures and videos, and recruiting others to cheer me on, my spirits could not be lifted. I was shuffling. The part of the course I thought I would enjoy the most (the beautiful run along the canal through the orange groves) became a rutty, hot, dusty pollen fest which I was glad to escape back onto the city streets.

I finally ended by reciting in my head, over and over, my final goal of "I'M NOT WALKING!" And while I never walked, any decent speed walker could have easily dusted me in the last 3 miles.

Oh well, I survived, and the post race massage by a "body walker" was a truly unique experience.

We enjoyed the rest of the weekend, getting in 2 rounds of golf, some hot-tubbing, many art museums and a trip up to Sedona. We also experienced a 12 inch snow storm in Flagstaff on our way out to Meteor Crater.

All in all, a very enjoyable trip...in spite of the marathon.

Bulletin Board

The Symphony Run will be held on September 24th and not on October 1st as reported in the race calendar. The race calendar has been updated to reflect this change.

Beyond the Finish Run Club in Marion meets every Tuesday at 5 PM and every Saturday at 9 AM (Matter Park in Marion..off of St Rd 9 North). When it gets warmer they run at 8 a.m.), same place. Contact Connie Gamble for details (765)384-7109

Let me know if there is anybody who still wants to transfer a Mini race entry. I'll do my best to find someone who wants to run and take it off your hands. If you need one let me know as well. Teresa Long emailed and said she had one available. If you need one I can contact her to see if it is still available.

New Members

**Kathleen Leach
Ravi Nagaragu
Jason Rush
Kim, Carrie, Sarah, Cara, and Jordon Lee
Jill Parry
Jerry Land**

Welcome to Club Kokomo!

Mardi Gras Marathon

By Gina Sheets

I have never hung around the aid stations to take a good look at what is available so maybe the Mardi Gras was not too unusual but there were pretzels, chips, cookies, oranges, nuts (including people), brats, ribs, and beer – yep, all that stuff.

I appreciate being a part of Club Kokomo; I have proof for my husband that I am not that crazy because the Wednesday night group folks are just like me. Or, if I am crazy, I am in good company.

After struggling through my last marathon, the Mardi Gras marathon in New Orleans, I realized the power of too much. Perhaps in the first nine months of my long distance running career doing three marathons and one ultra was a wee bit too much.

The Mardi Gras marathon for me was a race just to finish. No hope for a Boston Time, I was just hoping to shuffle the entire race. If you have not done the Mardi Gras I would encourage you do so, IF, you like to train in Indiana winter, the race was Sunday, Feb. 27th.

The race was different for me, being at the back of the pack was a treat; I have always wondered what went on back there, now I know. I finished this race in 5:25, which is over an hour

plus for me. Shuffling this slowly (you know I can run without bending my leg) I had the chance to linger at the porta-potty line. I heard all kinds of interesting stuff while in line.

Past the half way mark I looked forward to all the aid stations and what a spread. I have never hung around the aid stations to take a good look at what is available so maybe the Mardi Gras was not too unusual but there were pretzels, chips, cookies, oranges, nuts (including people), brats, ribs, and beer – yep, all that stuff. People were guzzling down the beer. Now one guy had a pack across his shoulder and it was full of beer. At the back of the pack people were having a great time, some wise people had their own cameras and would stop for pictures, I wish I would have thought of that!

The course was clean, flat (one overpass hill) and seemed to be fast. (My split time was 2:37) Toward the Garden District (the second half) the streets were painful for me because the old street of brick and cobblestone was coming up

through the pavement. Potholes were four layers deep. There were spots where there was not a lot of fan support but the views were always entertaining. Traffic control was super. Weather was raining in the morning which probably chased some humidity away. The day was around 60 degrees with some pretty good wind for about the first 9 miles.

The expo was good, the post party still had beer (more beer) and snacks even when I finished. What was cool is you started right outside the Sugar Bowl and finished inside the Dome. The medals are okay. The shirt is what I like, only marathoners get the marathon shirt, the half marathon had its own shirt and so did the 5k.

New Orleans is a different world! Wow! I am not sure why it is called the Mardi Gras marathon because it is several weeks past Mardi Gras. My husband and I enjoyed the trip; he does not run but got to fish. I would recommend the Mardi Gras Marathon.

Race for the Cure Update

CK's Race for Cure train leaving Lowe's at 5:45 a.m.

Capt. Jack's car-train to the Race for the Cure will be leaving Lowe's northeast parking lot at 6 a.m. April 16. As in the past, we'll take a team picture on the southeast steps of IUPUI Library at 8:15 a.m., race at 9 a.m., and meet for lunch at 11:15 a.m. at Don Pablo's in Carmel.

The train will take U.S. 31 to Indianapolis, make a right onto West Michigan Street, and park west of Indiana University-Purdue University campus or north of West Michigan Street. We will have free parking in all IUPUI parking lots, except Lots 80, 83, 85, and the Blackford Street Garage.

For more information about parking, go to www.komenindy.org, click Race for the Cure, then click Race Day Information, and

scroll down to Parking. Or, you can talk to Stan Shuey (stnshuey@aol.com), who normally finds the best parking spots.

Team members can pick up their race packets 5:15 p.m. Wednesday (April 13) near Old Ben in Highland Park, or 5:45 a.m. in Lowe's parking lot on race day (April 16). If you can't make the pick-up days, contact Johnny 'O by April 11 at 452-6706 or jwiles9890@aol.com

As of March 23, Club Kokomo's 2005 Komen Indy Race for the Cure team has 48 members, and has received \$877 in donations. The members are: Bill and Kathie Barnett; Milt and Helen Brown; David Downham; Cyndy Eynon; Don and Diane Gifford; Michael Graham; Melvin and Barb Hobbs; William, Allison and Zoe Irvin; Jerry Lambert; Cheryl Marner; Eric Mathew; Kieth McAndrews; Tom Miklik; Mary Miller;

Sharon Miller; Ron Moore; Tami Moore; Shannon Reinagle; Brian, Patti and Quinn Reinhardt; Mike, Toni, Emily and Haley Rethlake; Pat Robertson; Joyce Russell; Jackie Sanders; Lorene Sandifur; Gina Sheets; Stan Shuey; Charlie Skoog; Kevin Starick; Tim Taflinger; Sara Thompson; Erin Wallace; Steve and Barb Wand; John and Anne Wiles; Shirley Wilson; and Kelly Wright.

Charlie, Kelly, and Shannon joined the team even though they are flying to Boston on race day. Charlie can't do the race because his flight leaves in the morning. Kelly and Shannon will be running Race for the Cure, because they have a 1 p.m. flight.

Team registration is closed, but you can still enter as an individual on race day.

2004-2005 CK Points Standings

Races scored include the charity run, NY Eve Race, Oakbrook Valley Race, Amboy Race, Old Ben and any marathon, half-marathon, or volunteer.

Runners

Women

0-12

Waverly Neer 3-60
Kierra Howell 3-50V
Kayla Reinagle 2-35
Shelby Revils 2-32
Mindy Tetrault 1-20V

13-19

Vanessa Lorenz 5-84
Amber Longwith 4-56V
Megan Tetrault 3-50
Annina Gruber 1-20
Anna Hurlock 1-20
Sarah Bauson 2-19
Becky Elliott 1-10
Laura Bauson 1-9

20-24

Michelle Tetrault 4-75
Christan Bahler 1-20
Grace Bauson 1-20

25-29

Kelly Wright 6-120H
Shannon Reinagle 6-100H
Allison Irvin 4-54
Justine Eads 3-42
Geana Moore 1-20

30-34

Heather Weber 3-60
Lisa Jones 3-55H
Nicole Peel 2-40H
Jeanette Merritt 3-37
Julanne Packard 2-32
Amy Graves 1-15
Lisa Stucker 1-15

35-39

Gina Sheets 4-72M
Angie Banush 3-52H
Tami Moore 3-44
Teresa Long 2-30
Tracy Carden 1-15

40-44

Patti Reinhardt 6-105H
Roxane Burrous 4-64H
Sharon Miller 4-52
Lynn Howell 3-45
Angela Minnefield 2-40

45-49

Cassie Bauson 2-40
Sandy Knowland 2-35

Pam Fisher 1-20
Cheryl Marner 1-20
Brenda Masters 1-20V
Ellen Marie Nichols (Mavrick) 1-15

50-54

Robin Tetrault 6-107HV
Joyce Pennycoff 4-75HV
Sara Miller 2-40
Lorene Sandifur 2-40V
Rhenda Acton 3-40
Christine Williamson 2-29
Robin Cole 2-20

55-59

Karmen Glaspy 3-55V
Doris Griffith 1-20
Anne Wiles 1-20V
Shirley Wilson 1-20H

Men

0-12

Quinn Reinhardt 5-100
James Longwith 4-70V
Josh Revils 4-62
Leighton Adair 1-20
Keith Bauson 1-10

13-19

Daniel Riffe 4-57
Brandon Sheline 3-47
Bryan Phillips 2-40
Sam Williamson, Jr. 3-38
Mason McGovern 2-35
Tony Robinette 2-30
Matthew Robertson 2-27
Adam Bahler 2-22
Alec Digard 1-20V
Michael Marley 1-20
Steve Peugh 1-20

20-24

Seth Daugherty 3-55
Mark Eads 3-52
Eric Newman 2-30
Josh Daugherty 1-20

25-29

Matt Yarosz 3-60
Kevin Sites 2-40H

30-34

Jeff Kuczera 4-80H
T.A. Weber 4-62
William Irvin 3-60V
David Reinagle 2-22

35-39

Michael Graham 5-92
Andrew Maibaum 4-60
Ron Moore 2-40

40-44

Byron Bundrent 6-99H
Brian Reinhardt 6-92MH
Dana Neer 4-80
Ken Swinehart 4-51
Gary Jewell 2-35
Dan Lutes 2-30M
Mark Webster 2-29
Terry Bogue 1-20

45-49

Al Hochgesang 6-115H
Eric Mathew 5-74H
Ray Tetrault 5-65H
Earl Strong 4-52
R.J. Kerr 2-40V
Russ Hovermale 2-35
David Gardner 1-20
Brent Marner 1-20
Greg Townsend 1-20V
Jerry Meiring 2-19
Matthew Bolinger 2-18
Jeff Hemmeger 1-8

50-54

Charlie Skoog 7-117MH
John Sites 5-90M
Mike Deardorff 6-80M
Chuck Masters 4-80H
Mark Shorter 5-69
Michael Campbell 3-45M
Steve Wand 3-37H
Dave White 3-35
Larry Grant 2-13
Rex Piercy 1-8

55-59

Ricke Stucker 5-100
Ed Oliphant 5-85H
David Hughes 6-83M
John Wiles 3-48V
Tom Miklik 3-45M
Sam Williamson, Sr. 3-44
Fred Chew 3-40H
Phil Leininger 1-20H
Garry Hill 1-7

60-64

Bill Barnett 4-80
Stan Shuey 5-79
Jim Burrous 4-51H
Dale Sullivan 3-50
Doug Mankell 2-19
Ernie Strawn 1-10

65-69

John Norris 4-80V
Robert Cupp 4-70
Dick Summerton 1-12

70+

Bill Heck 3-60
Milt Brown 2-35V

Walkers

Women

Mary Miller 5-100
Amanda Pena 5-80
Debbie Riffe 5-66
Jane Inman 4-48
Pat Robertson 5-47
Raye Jean Swinehart 4-45
Marsha Daugherty 4-40
Cynthia Sanders 4-35
Sona Camp 2-27V
Debra Bowman 2-23V
Geana Moore 1-20
Jan Stucker 1-20
Sylvia Burgin 2-14
Edwina Faust 2-11
Amy Revils 1-7

Men

Rick Spencer 5-90H
Jerry Lambert 5-90
Tim Taflinger 5-55
Keith McAndrews 4-54
Robin Michael 5-53H
Russell Fox 4-49
Steve Inman 4-46
Jackie Sanders 4-37
Tim Revils 3-33
Toney Lorenz 2-27
Jack Sanders 1-20
Melvin Hobbs III 1-20
David Plantenga 1-20V
John McGinty 1-8
Dave Woelfel 1-6

Race Calendars

2004-2005 CK Race Schedule

April 02 CKRR Ultimate 10 Mile Run & 5 Mile Run/Walk Time: 9 AM Location: Logansport, IN	June 17-18 Relay for Life Location: Kokomo High School	August 13 CKRR Age-Graded 4 Mile Run & 5K Walk Time: 8 AM Location: Highland Park
April 16 Race for the Cure 5K Run/ Walk Time: 9 AM Location: Military Park, Indy 10 points for each finisher	June 25 Race for Grace, 5K Run/Walk Time: 8 AM Location: Logansport, IN	September 24 11th Kokomo Symphony 5K Run/Walk Time: 9 AM Location: Highland Park
May 14 CKRR 5K Trail Run/Walk Time: 8 AM Location: Peru River Walk	July 02 Haynes-Apperson 4 Mile Run/3 Mile Walk Time: 8 AM Location: Memorial Gymnasium, Kokomo, IN	October 08 Cole Porter 15K Run/5K Run/Walk Time: 8:30 AM Location: Peru, IN
May 21 Norris Insurnace 4 Mile Run/3 Mile Walk Time: 8 AM Location: Jackson Morrow Park	July 09 Iron Horse 4 Mile Run/3 Mile Walk Time: 8 AM Location: Logansport, IN	October 15 Norris Insurance 5 Mile Run/5K Walk Time: 8 AM Location: Bunker Hill, IN
June 04 Helping Hands 5KRun/Walk Time: 8 AM Location: Sharpsville, IN	July 16 Panther Prowl 5K Run/Walk Time: 8 AM Location: Western H.S., Russiaville, IN	November 12 CKRR 4 Mile Run/5K Walk Time: 9 AM Location: McKinley School
June 11 Norris Insurance 5 Mile Run/5K Walk Time: 8 AM Location: Greentown, IN	August 06 Norris Insurance 5K Run/Walk Time: 8 AM Location: Converse, IN	November 24 CKRR Thanksgiving Day Fun Run Time: 8 AM (non points) Location: Highland Park

Other Races Around the Area

Apr 2 Best Buddies Dash for Friendship 5k Run/walk 9 PM Military Park, Downtown Indianapolis, IN Ken Long (317) 884-4001	Apr 17 Mallory's Mad Dash 5k Run 2PM Logansport High School 574-753-9540	Apr 30 Z Run 4 Mile Run/Walk 8 AM Zionsville IN Ken Long (317) 884-4001
Apr 2 IPFW Mastodon Stomp 5k Run/walk 9 AM Hilliard Gates Sports Center, Fort Wayne, IN Judy Tillapaugh (260) 481-6647	Apr 17 "Bricks to Bricks" 10 Mile Run/Walk 7:30 AM Franklin Central HS, Indianapolis, IN Ken Long (317) 884-4001	May 14 Tri-Kappa Trot 10/5k Run 5k Walk Noblesville IN Noblesville Parks Department (317) 776-6350
Apr 9 Pacers Run and Walk 5 Mile Run 5 Km Walk 9 AM Conseco Fieldhouse - Tuxedo Bros (317) 733-3300	Apr 23 Noblesville Sunrisers Kiwanis 15K 9 AM	May 21 White River Run 5k Anderson IN- more information coming soon
Apr 9 WillPower Run & Walk Warren Central H.S. 10K run 5K walk 317-884-4001	Apr 23 Mini-Marathon Training Series 15K run 15k walk 8:30AM Indiana State Museum Indy 317-927-3378	August 6 Run for the Sun 5k Run/Walk 8 AM Connie Gamble at (765)384-7109 or eegamble@prodigy.net
Apr 16 Dino Trail Runs 15K/5k 9AM Washington township Park Avon 317-336-7553	Apr 23 Spotlight on Nursing 15K run 5K walk 317-884-4001	

Club Race Results

Oakbrook Valley 5k Run/Walk
February 12, 2005

Runners

1. Seth Daugherty 17:24
2. Jeff Kuczera 17:33
3. Tony Robinette 18:02
4. Michael Marley 18:13
5. Mason McGovern 18:28
6. Dana Neer 18:35
7. Brandon Sheline 18:42
8. Chris Fink 18:50
9. Byron Bundrent 19:03
10. Brian Reinhardt 19:40
11. Al Hochgesang 20:11
12. Dan Lutes 20:40
13. Daniel Riffe 20:51
14. Trevor Mann 20:57
15. Heather Weber 21:16 1st Female
16. Shaun Parkins 21:21
17. Waverly Neer 21:29
18. Sam Williamson, Jr. 21:39
19. Kelly Wright 21:39
20. Jordan Brown 21:51
21. Ricke Stucker 21:55
22. Earl Strong 22:06
23. Eric Mathew 22:15
24. Charlie Skoog 22:17
25. Mark Shorter 22:22
26. Megan Clearwater 22:42
27. Ray Tetrault 23:31
28. Mike Daugherty 23:35
29. Ed Oliphant 24:06
30. Mike Deardorff 24:12
31. Ken Swinehart 24:25
32. Eric Newman 24:27
33. Shannon Reinagle 24:29
34. Sam Williamson, Sr. 24:39
35. Patti Reinhardt 24:42
36. Vanessa Lorenz 24:46
37. Tiffany Williams 26:29
38. Quinn Reinhardt 26:29
39. Allison Irvin 26:38
40. Joyce Pennycoff 27:02
41. Lewis Mann 27:29
42. David Hughes 27:30
43. Stan Shuey 27:49
44. T.A. Weber 28:17
45. David Reinagle 28:39
46. Rhenda Acton 29:52
47. Michael Graham 30:01
48. Kayla Reinagle 31:13
49. Lisa Jones 31:14
50. Andrew Maibaum 32:50
51. Michelle Tetrault 33:23

52. Kelsey Myers 33:49
53. Pam Fisher 42:23
54. Shelby Revils 47:19
55. Joshua Revils 50:43
56. Lynn Howell 1:01:04
57. Kierra Howell 1:01:52

Walkers

1. Rick Spencer 31:15
2. Jerry Lambert 31:47
3. Russell Fox 33:30
4. Mary Miller 34:47 1st female
5. Amanda Pena 36:08
6. Steve Inman 36:16
7. Tim Taflinger 36:40
8. Robin Michael 36:45
9. Debbie Riffe 40:49
10. Marsha Daugherty 41:25
11. Jane Inman 41:32
12. Raye Jean Swinehart 41:33
13. Pat Robertson 48:38
14. Andrea Eckelbarger 49:50
15. Tim Revils 50:43
16. Jackie Sanders 51:34
17. Cynthia Sanders 51:37



David Reinagle finishes strong at Oakbrook Valley.

John Norris Insurance 5k
March 12, 2005
Amboy, Indiana

Runners
93 Finishers

1. Scott Colford 17:29
2. Seth Daugherty 17:49
3. Bryan Phillips 17:49
4. Jeff Kuczera 18:34
5. Dana Neer 19:07 1st Masters
7. Brian Reinhardt 19:21



Mary Miller is ready for a very tough Amboy race to end. Every competitor felt the same way.

9. Matthew Robertson 20:14
10. Byron Bundrent 20:25
11. Al Hochgesang 20:35
17. Ricke Stucker 21:36
18. John Sites 21:46
19. Adam Bahler 21:53
20. Charlie Skoog 22:02
23. Earl Strong 22:31
26. Kelly Wright 22:55 1st Female
30. Mark Shorter 23:26
31. Eric Newman 24:03
37. Angela Minnefield 24:25 1st Female Masters
38. Mike Daugherty 24:28
39. Shannon Reinagle 24:40
41. Mike Deardorff 24:59
42. Steve Wand 25:03
43. Bill Barnett 25:09
44. Patti Reinhardt 25:12
45. Tom Miklik 25:15
47. Roxane Burrous 25:21
48. Vanessa Lorenz 25:21
51. Dale Sullivan 26:06

52. Sara Miller 26:27
55. Stan Shuey 27:15
57. Jerry Meiring 27:26
58. David Hughes 27:30
60. Jim Burrous 27:54
68. Quinn Reinhardt 29:35
69. Lisa Jones 29:37
71. Michael Graham 29:42
73. Rex Piercy 29:59
75. Fred Chew 30:25
76. Robin Tetrault 30:38
77. Andrew Maibaum 31:07
79. Sandy Knowland 31:37
81. Shelby Revils 32:48
83. Ken Swinehart 33:59
84. Robert Cupp 34:00
87. Joshua Revils 35:00
88. Michelle Tetrault 35:14
89. Jeanette Merritt 39:09
90. Sharon Miller 42:09
91. Karmen Glasby 42:09

Walkers
26 Finishers

1. Jerry Lambert 31:22
2. Rick Spencer 32:32
3. Russell Fox 33:12
4. Keith McAndrews 33:27
7. Mary Miller 35:06
8. Steve Inman 35:48
9. Robin Michael 36:03
10. Tim Taflinger 36:40
11. Amanda Pena 37:18
12. Debbie Riffe 42:02
13. Jane Inman 43:05



Robin Tetrault is forever in high spirits.

Club Race Results (Continued)

- 14. Raye Jean Swinehart 43:05
- 16. Marsha Daugherty 45:22
- 17. Tim Revils 47:43
- 20. Amy Revils 48:49
- 22. Pat Robertson 50:12
- 23. Jackie Sanders 51:24
- 24. Cynthia Sanders 51:25
- 25. Edwina Faust 51:39



New member Edwina Faust finishes her 2nd 5k strong with some encouragement from Robin and Megan Tetrault.

Old Ben 5K Run & Walk
Saturday, March 26, 2005
Highland Park

5K Run

139 Runners

- 1. Scott Colford, 17:23
- 2. Dana Neer, 17:36
- 3. Michael Marley, 17:39
- 4. Gary Jewell, 17:51
- 5. Matt Yarosz, 18:15
- 7. Byron Bundrent, 18:25
- 8. Daniel Riffe, 18:35
- 9. David Gardner, 18:39
- 10. Brian Reinhardt, 18:48
- 12. Chuck Masters, 18:55
- 15. Christan Bahler, 19:11 1st Female
- 16. Matthew Robertson, 19:15
- 19. Al Hochgesang, 19:58
- 20. Waverly Neer, 20:06
- 22. John Sites, 20:14
- 23. Earl Strong, 20:25
- 24. Annina Gruber, 20:27
- 25. Eric Mathew, 20:29

- 27. Kelly Wright, 20:36
- 29. Ricke Stucker 20:37
- 30. William Irvin, 21:12
- 33. Matt Bolinger, 21:36
- 35. Mark Shorter, 21:49
- 37. Angela Minnefield, 22:03
- 40. Charlie Skoog, 22:12
- 41. Nicole Peel, 22:28
- 43. Ed Oliphant, 22:43
- 44. Keith Hill, 22:45
- 48. Adam Bahler, 23:05
- 49. Mike Daugherty, 23:06
- 50. Shannon Reinagle, 23:13
- 52. Patti Reinhardt, 23:21
- 53. John Norris, 23:29
- 55. Mike Deardorff, 23:37
- 58. Megan Tetrault, 23:47

- 61. Vanessa Lorenz 23:49
- 62. Becky Elliott, 23:49
- 63. Ray Tetrault, 23:50
- 64. Bill Barnett, 23:52
- 66. Roxane Burrous, 24:23
- 69. Quinn Reinhardt, 24:57
- 71. Stan Shuey, 25:12
- 72. Dave White, 25:14
- 73. Teresa Long, 25:19
- 78. Bill Heck, 25:38
- 79. Allison Irvin, 25:41
- 80. Jerry Meiring, 26:12
- 81. Jim Burrous, 26:13
- 82. Larry Grant, 26:15
- 83. Amy Graves, 26:17
- 84. Sarah Bauson, 26:19
- 85. Cassie Bauson, 26:20
- 87. T.A. Weber, 26:31
- 88. David Reinagle, 26:32
- 92. Amber Longwith, 26:54
- 94. Tami Moore, 27:17
- 95. Vern Graves, 27:36
- 97. Mark Eads, 27:45
- 98. Justine Eads, 27:51
- 99. Rhenda Acton, 28:13
- 101. Michael Graham, 28:31
- 102. Robin Tetrault, 28:33
- 103. Sandy Knowland, 28:44
- 105. David Hughes, 28:46
- 106. Fred Chew, 29:00
- 108. Doug Mankell, 29:40
- 109. Doris Griffith, 29:52
- 111. Ravi Nagaraju, 30:48
- 113. Mark Webster, 31:10
- 114. James Longwith, 31:13
- 115. Gina Sheets, 31:15

- 116. Julianne Packard, 31:17
- 120. Bob Cupp, 32:17
- 123. Michelle Tetrault, 33:12
- 124. Milt Brown, 34:15
- 126. Jeanette Merritt, 35:02
- 128. Robin Cole, 35:22
- 132. Karmen Glaspy, 38:26
- 136. Sharon Miller, 39:27
- 137. Susan Gerhart, 39:51

5K Walk

41 Walkers

- 1. Jerry Lambert, 29:34
- 2. Rick Spencer, 31:31
- 3. Russell Fox, 31:38
- 4. Keith McAndrews, 32:15
- 5. Mary Miller, 33:21 1st Female
- 6. Tim Taflinger, 35:00
- 8. Robin Michael, 35:13
- 9. Amanda Pena, 36:14
- 12. John McGinty, 38:55
- 14. Marsha Daugherty, 39:42
- 16. Toney K. Lorenz, 40:04
- 18. Debbie Riffe, 40:59
- 22. Sylvia Burgin, 45:58
- 23. Tim Revils, 46:55
- 25. Pat Robertson, 47:11
- 29. Edwina Foust, 47:48



Club Chaplain Dana Neer speeds by with Gary Jewell in hot pursuit. Dana went on to finish 2nd.



New club member Ravi Nagaraju competes at Old Ben.

Meeting Minutes

CKRR Meeting
March 7, 2005

William Irvin opened the meeting at 7:03 P.M. in the absence of Ray Tetrault.

Members Present

William Irvin – Vice President
Mark Shorter - Treasurer
Brian Reinhardt – Newsletter Editor
Rhenda Acton
Gary Jewell
Keith McAndrews
Patti Reinhardt
Jackie Sanders
Cynthia Sanders
Charlie Skoog
Robin Tetrault

Reports

Mark Shorter delivered financial report.

Old Business

Rhenda Acton reported on the Ultimate Challenge

Charlie Skoog has the finish line set-up

Flyer was included in the March newsletter

Volunteers needed for water stops and baking cookies

Will set up tent for staging area

Oakbrook Race

Voted 7-2 in favor of adding it to the CKRR race schedule

Race directors

No new volunteers

Silicone Bracelets

Brian Reinhardt gave a brief report on \$ of bracelets

It was decided that if sponsorship comes through that well move ahead with this and they will be given to all kids who run in at least 2 events

Staggered start for walkers

Will do this in our club races when necessary

Newsletter on website

Password protected for current newsletter

No password for past newsletters

New Business

Gary Jewell will take care of Old Ben registration, scoring, and timing

Relay for Life

Cindy Sanders asked for ideas for fundraising for CK

No Ironhorse Festival this year, but race will take place on July 9th.

Other Business

Mark Shorter brought to our attention that club membership has dropped somewhat and ideas were discussed to try to understand why.

The meeting adjourned at 8:25 P.M.

Other Races Ran

Mardi Gras Marathon
New Orleans, LA

Feb 27th

1,976 Finishers

1. Meyer Friedman 2:30:59

1w. Una Broderick 3:07:20

1404. Gina Sheets 5:25:43

Suncoast Classic 10k

St. Petersburg, FL

Feb 26

565 Finishers

1. Valeriy Pisarev 30:58

1w. Tatiana Borisova 34:05

384. Roxane Burrous 50:20

450. Jim Burrous 56:13

Bulldog Jog 5k

Indianapolis, IN

March 5th

131 entrants

1 Scott Overall 15:55

1w. Jenelle Hollis 19:33 (11th overall)

2 Seth Daugherty 16:43

14 John Sites 19:51

23 Kevin Sites 20:34

44 Mike Daugherty 23:07

5k Walk Results - 56 entrants

1 Damon Clements 28:36

1w. Mary Miller 33:41

2 Jerry Lambert 29:55

3 Rick Spencer 30:14

4 Russell Fox 31:54

19 Marsha Daugherty 40:26

Shamrock 5-mile Run 5k Walk

Indianapolis, IN

March 17th

Run - 911 Finishers

1. Aaron Moody 25:55

1w. Collotte Liss 27:42

17. Byron Bundrent 30:05

18. Brian Reinhardt 30:24

55. Carla Yerkes 33:26

88. Charlie Skoog 34:57

188. Nicole Peel 38:32

192. Patti Reinhardt 38:39

250. William Irvin 39:59

318. Dave White 41:34

319. Teresa Long 41:35

353. Allison Irvin 42:11

Walk - 422 Finishers

1. Damon Clements 29:05

3. Russell Fox 31:03

15. Robin Michael 34:36

Mountain Goat Hill Runs

Danville, IL

March 19th

5K walk 30 finishers

1. Russell Fox II 33:07

10K run 113 finishers

18. Charlie Skoog 45:43

26. Angela Minnefield 49:01

15K run 143 finishers

22. Carla Yerkes 1:06:37

Sam Costa Half Marathon

Carmel, IN

March 20th

322 Finishers

1. Neil Weitzel 1:12:51

8. Jeff Kuczera 1:18:44

50. Brian Reinhardt 1:28:59

56. Chuck Masters 1:30:02

68. Eric Mathew 1:34:16

69. Alvin Hochgesang 1:34:40

90. Kelly Wright 1:37:19

93. Charlie Skoog 1:38:05

108. Kevin Sites 1:39:33

142. Ed Oliphant 1:44:20

148. Nicole Peel 1:45:06

158. Shannon Reinagle 1:47:05

169. Patti Reinhardt 1:48:03

200. Roxane Burrous 1:53:33

205. Steve Wand 1:54:04

214. Angie Banush 1:55:07

218. Ray Tetrault 1:56:32

219. Phil Leininger 1:56:41

254. Joyce Pennycoff 2:05:18

259. Jim Burrous 2:07:06

277. Shirley Wilson 2:12:55

279. Fred Chew 2:13:54

282. Robin Tetrault 2:14:24

288. Lisa Jones 2:18:17

292. Rick Spencer 2:21:14

294. Robin Michael 2:22:11

CLUB KOKOMO ROADRUNNERS SCHOLARSHIP CRITERIA/APPLICATION The purpose of the Club Kokomo Roadrunners scholarship is to recognize a senior in high school or an undergraduate college student who has enriched his/her life through running. The scholarship is to be applied to post-secondary expenses. The following criteria are guidelines to be considered as a recipient of the Club Kokomo Roadrunners Scholarship. The applicant shall be a(n) :

- senior in high school who plans to continue his/her post-secondary education or present enrollee in college pursuing an undergraduate degree
- member of Club Kokomo Roadrunners prior to or at the time of application
- active participant on at least one of the following: high school cross country team as a senior in high school, collegiate runner, or CK points award age group qualifier in the previous year
- good citizen within his/her school and community

This application must be postmarked by May 1, 2005.

Send to: Club Kokomo Scholarship Committee c/o Lorene Sandifur
1607 W. Mulberry.
Kokomo, IN 46901

APPLICATION

Applicant's Name _____ GPA _____

Parent(s) Name _____ Home Phone # _____

Address _____

High School or College presently attending _____

Post-Secondary School(s)of acceptance (if high school student)

Did you run on your high school/collegiate cross country team? Yes___ No _____

Cross Country Coach Name Coach Phone Number

On a separate sheet of paper explain why you should be considered as a recipient of the Club Kokomo Roadrunners scholarship?

Students must include a copy of their most recent grade report which includes the student's GPA.

Signature _____ Parent(s) Signature _____ Date _____



**Club Kokomo
Roadrunners
2936 Congress Drive
Kokomo, IN 46902**



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